

Sko Serve - Participant Expectations

Spring Break Programs

Required Attendance:

1. **Reveal:** Reveal is an event in which Participants find out which Sko Serve program they have been placed with, as well as the specific destination of the program and the organization their group will partner with for their service project. In addition, it is the first time where participants meet their Site Leaders and group.
2. **Pre-Departure Meetings:** Pre-Departure meetings take place in the weeks between Reveal and the Sko Serve program over spring break. These meetings serve as an opportunity to get to know one another, better understand the community in which the group will be serving, and to learn about the social or environmental issue related to the trip.
3. **Sko Serve:** Participate in your Spring Break program!
4. **Reorientation:** Reorientation takes place after Spring Break and is a time to come together to reflect and convert what has been learned during the trip into action.

Benefits of Participation:

There are countless reasons to take part in an Sko Serve program. Here are a few of our favorites!

- **New Friendships:** Participants often make strong friendships with other participants and with members of the community in which they are serving.
- **Building Bridges:** Participants have the opportunity to meet and network with other CU students as well as professionals in the field to discuss and learn from one another about cultural, social, and environmental issues.
- **Travel Experience:** Participants will be able to see parts of the United States outside of Colorado.
- **Diversity & Social Justice Education:** Participants experience a community different from their own and are able to collaborate with local people to directly confront social issues.
- **Substance-free Environment:** Participants have an opportunity to spend a week in a drug, tobacco, and alcohol free environment.
- **Personal Satisfaction:** One of the greatest feelings in the world is the ability to look back over a week of hard work knowing that your efforts have made a difference.

Participant Expectations:

- Participants must attend the following events: Reveal, all Pre-Departure Meetings, and Reorientation. These meetings and trainings are provided to enhance student learning and ensure quality service experiences for participants and the community partners. Additionally, participants are required to participate in all aspects of the CU Sko Serve program, which includes service work, daily reflections, projects, and reading assignments.
- Participants agree to not engage in drugs, tobacco, or alcohol during their Sko Serve experience, regardless of age.
- Participants must travel to and from the Sko Serve destination with the group and stay with the group for the entire duration of the program. Participants are not permitted to travel on their own.
- Participants must be willing to serve with an openness to learning and addressing the community needs first.
- Participants must be open to processing, at your own comfort level, the Sko Serve experience individually and as a group through daily reflection.
- Participants must respect the community as well as the cultural norms and values that you may experience in the community, including with members of the Sko Serve group.
- Participants must be willing to explore diverse perspectives and opinions while also showing respect for fellow group members, community partners, and community members with whom you serve.

- Participants must represent CU Boulder, the Volunteer Resource Center, and the Sko Serve program in a mature, responsible, and positive way at all times.