

TRiO News

April 17th, 2023



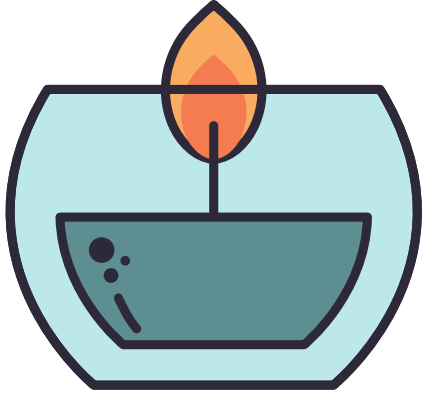
TRiO Events

Preparing for the Workforce

On April 27th at 5PM, we will be having a workshop that gives you information and tools that will help you join and succeed in the workforce. More details to come

Got anything you want to hear about?

If there's anything you want to have included in this newsletter, please reach out to trioss@colorado.edu and we will make sure to include content that peaks your interest!



Resources

Mental Health

If you or someone you know need help coping with the chaos of school or personal issues, you can schedule a meeting with the Counseling and Psychiatric Services office, for a one on one meeting, or you can contact them at 303-492-2277, or visit their site at <https://www.colorado.edu/counseling/about-caps>

Tutoring Services

TRiO SSS Offers Free 24/7 Online Tutoring through [tutor.com](https://www.tutor.com/cubouldertrioss)

Go to www.tutor.com/cubouldertrioss

Enter your email address as your username and password triosss

We recommend you change your password and initial login

SASC Academic Support

Don't forget about our phenomenal tutors and Instructional Assistants (IA's) within SASC. One-on-one tutoring and group support, Monday - Friday from 5:00 - 7:00 p.m. in LBB 239 and via Zoom. Visit www.colorado.edu/sasc/tutoring for more information

The Academic Success and Achievement Program (ASAP)

Free tutoring for students living on campus, in Bear Creek, and first year students who commute.

<https://www.colorado.edu/living/asap>

The Writing Center

Helps writers in any stage of the process to create a well-written and effective piece.

<https://www.colorado.edu/artssciences-advising/resource-library/departments-tutoring>

Career Services

Career Services is available to help you with your career related needs, you can get help with resume writing, finding internships, and exploring career fields.

<https://www.colorado.edu/career>

3 More Mondays!