



HealthBuffs Peer Educator Job Description

HealthBuffs peer educators enhance the health of CU Boulder students through a variety of peer-led initiatives in the areas of stress, sleep, sexual health, relationship wellness, self-image, alcohol and other drugs, nicotine cessation, suicide prevention and more. The HealthBuffs peer education program also promotes student leadership by providing essential health and wellness services to campus student groups and organizations.

Benefits:

- Be a part of creating a culture of wellness on campus
- Work with a highly skilled, diverse group of students committed to providing accurate, nonjudgmental health and wellness information to the CU Boulder community
- Develop presentation, facilitation, collaboration, program planning and team building skills
- Enhance your resume or graduate school application
- Mentorship and training, including peer educator certification from a nationally recognized program
- Flexible work schedule

Key Tasks and Responsibilities:

HealthBuffs peer educators provide health and wellness education to their peers through interactive programs, tabling, and planning outreach events. HealthBuffs peer educators are expected to participate in weekly staff meetings (Mondays, 5 – 6:30 pm) and other content-focused training opportunities. HealthBuffs peer educators work collaboratively with one another to help support the entire program from front desk needs to outreach.

Peer educators work closely with Health Promotion staff to initiate and plan programs such as:

- Outreach and events for high-risk times and awareness events, including Welcome Week, Overdose Awareness Day, College Alcohol Awareness Month, Halloween, St. Patrick's Day, finals and graduation
- Lead requested harm reduction and skill building programs in the residence halls and colleges
- Weekly outreach programs: Mindful Mondays, Health Huts, Wellness Wednesdays and Fri-Yay
- Learn and deliver skill-building and psycho-educational workshops and presentations

Qualifications:

Personal Skills

- Interest in public health, health promotion, or health and wellness
- Commitment to inclusivity and multiculturalism
- Strong interpersonal communication and time management skills
- Highly organized, dependable, and accountable

Operational Skills

- Experience in customer service, leadership, outreach, presentation or facilitation
- Knowledge and familiarity with campus organizations and resources
- Previous volunteer and/or peer education experience helpful but not required
- Ability to work independently and as part of a team

Other Requirements

- A full-time degree seeking CU student
- Have and maintain a 2.5 or higher grade point average (GPA)
- Ability to work some evenings and weekends
- Complete mandatory trainings, including the NASPA Certified Peer Educator Training in mid-August
- Attendance at weekly Monday night meetings from 5 - 6:30 p.m. during the academic year

Compensation: Starting at \$15/hour

Applications accepted until positions are filled.