

**University of Colorado Collegiate Sport Clubs Athletic Training**

**INFORMATION FOR VISITING TEAMS**

**ATC/Recreation Injury Care Center Access**

The Recreation Injury Care Center is located in the Recreation Center on the 1st floor just west of the ice rink- across from the Mat Room

**ATC is present at the game location 45-60 minutes before the game begins.**

ATC is present during all home games.

ATC will check in for any needs before and immediately following the game.

**RICC Modalities**

Hydrocollator packs

Warm/Cold whirlpool

Bagged ice

\*Electrical stim: **Teams traveling without an ATC *must* have written notice from ATC or team physician detailing modalities and parameters.**

\*Ultrasound: **Teams traveling without an ATC *must* have written notice from ATC or team physician detailing modalities and parameters.**

**Sideline Supplies**

Medical Kit

Treatment Table

Injury ice and bags

Water Cooler

Crutches

Splinting Materials

Please provide your own medical/taping supplies when possible.

**Where to go if you are hurt:**

Please refer to the “Where to go if your hurt” handout on our webpage.

<https://www.colorado.edu/recreation/facilities/student-recreation-center/athletic-training-services>

**EMERGENCY DEPARTMENT LOCATION:**

Boulder Community Health - Foothills 4747 Arapahoe 720-854-7000

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