



Each year, one student from the graduating AuD cohort is recognized as the EAR award recipient. The EAR award stands for Exceptional AuD student Recognition Award, and it recognizes one student's significant contributions to the CU Boulder Chapter of the Student Academy of Audiology. We're very excited to announce that this year's EAR award winner is **Ashley Malley!** Congratulations on this well-deserved award, Ashley!

# AuDs & Ends:

News about CU's AuD Program

Fall 2020

## IN THIS ISSUE

## Are we there yet?

by Tammy Fredrickson

I suspect we're all about ready for 2020 to be over. I mean, how much stuff can you pack into a year?!

If anything, I think COVID<sub>19</sub> has reminded us all of the need to be flexible: flexible with our expectations of ourselves and one another, flexible (and creative!) with how we provide services to our patients and students, and flexible when it comes to making plans for anything in the near future.

I am amazed at the way audiologists got creative and re-considered how they could provide care to patients so as to continue to provide vital services to those who needed them. In academia, clinical faculty worked hard to develop simulations to help ensure our students continued to have opportunities to "think like a clinician" while audiology clinics were mapping out new directions. I can't help but think that these new and creative ways of serving our patients

and students will be adopted long into the future – not because they HAVE to be, but because we've found new ways to do things that work – and work well!

Speaking of being flexible... ASHA's **new requirement** for 2 hours of CEUs in the area of supervision/clinical instruction for those of us who have our CCCs and supervise student clinicians has been pushed back to January 2021 due to COVID. So you've got a bit more time to get those CEUs under your belt if you haven't already got them!

As always, THANK YOU to preceptors for all you do for our audiology program and for our students – you're vital to our students' success! And THANK YOU for supporting our students during these challenging times.

Tammy

Learn about precepting in a pandemic during [Perspectives on Precepting](#)

Our [Student Academy of Audiology \(SAA\)](#) is (once again) up to all kinds of good!

Congratulations to the [Class of 2020!](#)

REMINDER: [Supervision CEU requirement](#)



# Perspectives on Precepting

By Tammy Fredrickson

Today's topic:

## Precepting during a Pandemic

Needless to say, COVID19 has impacted every aspect of our lives – including precepting.

### Things to Remember

Living through a pandemic is stressful. It's stressful for you and your family, and it's also stressful for students.

The fear and anxiety students experience can be caused by many things, for example: Some students live with someone who is at higher risk for contracting COVID. Some students may be tasked with taking care of a friend or family member who is sick while also trying to complete coursework and clinical requirements for school. Isolation can be particularly difficult for young adults – especially when the recommendation to avoid gatherings with groups of friends seems to go on and on.

Your mentorship can help guide students through the COVID crisis and demonstrate how audiologists can adapt to unforeseen obstacles.

### What can we do?

To best support our students, we can be supportive of their needs and recognize that the stress of living through a pandemic while completing a doctorate degree can and will have an impact on their performance.

- **Ask the student what you can do to best support them.**
  - Some students find that keeping busy and sticking to a

routine is what works best for them. Others may find that a short break proves helpful. Asking the student what you can do offers him/her an opportunity to share their needs with you.

- **Be flexible.**
  - Be flexible with deadlines and expectations as appropriate.
  - Recognize that we all have bad days – and acknowledge that to the student. Let them know it's ok to have a bad day and that you look forward to seeing them try again next time.
- **Be innovative.**
  - Consider new ways of working with students. Perhaps a student can join in patient care via a webcam. He/she could take notes on the appointment and then write the note in the EMR after the appointment is complete.
  - If you have downtime (exciting thought, I know!), consider offering some time to discuss cases with the student. Present case information and then ask the student what he/she would do next. Discuss different options and what the student thinks the outcome of these different options might be.
- **Provide positive feedback** as well as constructive feedback.
  - Pointing out a student's strengths can help the student recognize things in her/himself that can be difficult for the student to see – especially when so many



This Photo by Unknown Author is licensed under [CC BY](#)

things around us seem to be negative.

### That said...

While fear and anxiety are to be expected during times like these, our patients come first. If a student's stress/ability to handle stress is negatively impacting patient care, please don't hesitate to contact me. If having a student with you elevates your stress level more than you can handle, please let me know! If you'd like to brainstorm innovative ways to work with students, please reach out to me!

CU has a fantastic Counseling and Psychological Services (CAPS) office to support our graduate students. They have been provided with the CAPS office's contact information, but sometimes need a reminder that it's absolutely ok to seek help. If you feel the need and feel comfortable doing so, please feel free to remind the student of such the fabulous resource they have.

Our AuD students are the future of audiology. Pandemic or not: clinical education must go on! It's our duty to be innovative and flexible so we can help to grow our next generation of audiologists.

Tammy

## Support SAA!

Purchase a mug, water bottle, or T-shirt and support SAA!

Email SAA at [saa@colorado.edu](mailto:saa@colorado.edu) to learn more or to make a donation!

## Introducing the new SAA Board

The SAA board of 2020-2021 is very excited to announce the following elected positions:

**Amy Sanders** – CAA Representative  
**Elizabeth McNichols** – Vice President  
**Emily Lee** – President  
**Laura Howard** – Social & Education Chair  
**Mara Smith** – Undergrad Representative  
**Mehanaz Oyshi** – UGGS Representative  
**Peyton Mills** – Secretary  
**Tabetha Kabler** – Treasurer



Each of us are very excited about working together within our roles and responsibilities and to welcome the incoming 1st year students. We look forward to our first board meeting in the beginning of the fall semester and to discuss our goals for this upcoming term.

# Student Academy of Audiology

CU's SAA group has been busy! Check out what great things they've been up to....

CU's SAA group has been busy as always! Here is some of the wonderful things we've been doing...

## Care Packages

In March, SAA got together during one of our general meetings to put together care packages for populations that are homeless. Each cohort was involved in bringing a different item to contribute to the care packages (socks, hand warmers, chapstick, granola bars, etc.) Each care package included a note of encouragement and once organized, all members were able to take 1-2 care packages to keep in their car to hand out whenever they come across someone in need.



## Talk from Dr. Brittany Hensley

Audiologist Dr. Brittany Hensley came to SLHS to give a Grand Rounds and Clinical Critical thinking talk to SAA members. Dr. Hensley is also a preceptor for audiology students rotating through the UCH-Boulder clinic!

## Stuffed Animal Sewing

SAA members fit stuffed animals with hearing aids and cochlear implants! These were donated to the Marion Downs Center, so that pediatric patients could have matching hearing aids or cochlear implants with their new stuffed animal. If you have extra stuffed animals that you'd like to donate to SAA, please contact [saa@colorado.edu](mailto:saa@colorado.edu).



## SAA Chapter Challenge Award

Each year, SAA chapters across the US participate in Chapter Challenges, where chapters are awarded points for education, advocacy, humanitarian, and fundraising events. The CU Boulder SAA chapter was awarded the Most Well-Rounded Chapter for the 2019-2020 year and has received a \$500 award to be used for chapter events.



# Congratulations to the Class of 2020!



The Spring 2020 graduation ceremony took place virtually (insert sad face here), so we cannot share a photo of our graduating students in their caps and gowns. This photo is from the send-off party that took place in Spring 2019 as they prepared to leave for their externships. We know these audiologists will do great things! Congratulations!

**Congratulations to Anthony Brownell, Ashley Malley, Emily Nightengale, Eric Kinney, Haley McTee, Liz Pancoast, Maddy Graham, Sam Brumbach, Sarah Schied, and Senia Romero!**

# Reminder: As of January 2021, ASHA will require all preceptors who have their CCCs to have obtained CEUs in the area of clinical supervision/clinical education!

Tammy Fredrickson

Due to COVID19, ASHA pushed back the effective date of this new requirement to January 2021. It requires all audiologists (and speech-language pathologists) who work with student clinicians will need to have obtained (or be in the process of obtaining) 2 hours of continuing education in the area of supervision/instruction. Note that this is a ONE TIME requirement – not something that needs to be re-done every year or two.

**WHO does this requirement affect?** All clinical supervisors who provide supervision/clinical instruction for student clinicians

**WHAT is the requirement?** Complete at least 2 hours of professional development in the area of supervision/clinical instruction

**WHEN does the requirement have to be completed?** Any time after you've obtained your CCC (in other words, if you don't have your CCC, this requirement doesn't affect you!)

**HOW often must you do it?** Only once!

Chances are that you may have already taken 2 hours of courses on working with students (perhaps you have the CH-AP) – you've met the requirement! You can check to see if ASHA has recognized that you have met the requirement by doing the following:

- go to ASHA's website
- log into your account
- go to your account's page
- click the link under the 2nd heading (it says "2020 Requirements for Clinical ...")



This Photo by Unknown Author is licensed under [CC BY-SA](#)

If ASHA's site does NOT indicate you have met the requirement, but you have indeed obtained the 2 hours of professional development (even if it was years ago!), you can click the 'edit' button on the top right to update ASHA's information. You do NOT need to submit documentation of your CEUs to ASHA.

If you need to/want to obtain CEUs in this area, you can do so for free through ASHA. "The Nine Building Blocks of Supervision" is a self-study video that is offered at no cost and fulfills the new requirement. Go to <http://www.asha.org/professional-development/supervision-courses/> Then scroll down and click the 2nd bullet point under "Course Materials" ("Access All Course Materials and Claim your CEUs")

The Council on Academic Programs in Communication Sciences and Disorders (CAPCSD) has also offered some fantastic courses in this area for free to audiologists and speech-language pathologists. The site is undergoing updates and isn't currently available. Once it's back up and running, I'll send an update with details about how to access them!

**AuDs &  
Ends:  
News about  
CU's AuD  
Program**

2501 Kittredge Loop Rd  
Boulder, CO 80309-0409

I hope you've enjoyed this issue of our AuDs & Ends newsletter! We'd like to share news with you twice per year – every August and again in January.

If you think you know someone who'd be interested in receiving this newsletter, please share it with them!

**Thank you for supporting our students and our program!**

*Tammy (tammy.fredrickson@colorado.edu)*