



STUDIO POLICIES

- Reservations have room priority and drop-in access is permitted outside of these times for fewer than 10 people.
- A reservation is required for 10 or more people by contacting recrequest@colorado.edu.
- Drinks must be in a closed container.
- Personal sound devices are permitted. Dedicated sound system is used for Fitness/Wellness classes only.

Note: Mind/Body Studio - Only mats and foam rollers are permitted. All other equipment is prohibited.