



## **Recreation Board Meeting Minutes**

December 12<sup>th</sup>, 2017 5:30pm

Rec Lobby Meeting Room

### **I. Call to Order**

5:31pm

Rafe - Let's go ahead and get settled. We do have someone here for public forum. I am calling this meeting to order now.

### **II. Roll Call**

5:32pm

Rafe - Please get signed in. We do have a quorum.

Nicole LaRocque, Ryder Scheifele, Lee Silbert, Betsy Sabala, Patty McConnell, Emily Carroll, Rafe Kossak, Tony Price, George Hoey, Ryan Coval, Annie Mulvany, Dan Rummel, Steve McGuire, Alec Michels, Jessica Adkisson, Rex Laceby, Nan Lu, Diba Mani, Pauline Olivas

### **III. Changes/Approval of Agenda Items**

5:32pm

Rafe - Any changes? There are 2 edits since I emailed minutes.

Diba - Motion to accept the agenda.

Ryder - Second.

Ryan - Discussion.

Alec - Call to Question.

Rafe - Acclamation.

### **IV. Reading & Approval of 11/28/2017 Minutes**

5:32pm

Rafe - Anything for the minutes from last meeting?

Nan - Motion to accept the minutes from 11/28/17.

Ryder - Second.

Ryan - Discussion.

Alec - Call to Question.

Rafe - Acclamation.

### **V. Public Forum (15 minutes)**

5:33pm

Rafe - Does anyone have anything for public forum?

Steve - My name is Steve Maguire. This is my 4<sup>th</sup> year at CU. I'd like to request dumbbells in the weight room up to 150lbs in 5lb increments. They currently go up to 120lbs, which sounds like enough for anyone, but there are some users and exercises where that's not enough. I'd also like to note that the weights were never rearranged.

Rafe - How many people do you know that use that much weight?

Steve - I know between 1 and 2 dozen students plus myself that use this weight and I'm sure there are more. These are serious lifters.

Patty - We made a conscious effort to not go above 120lbs because the risk of injury from improper form.

Steve - I see people using improper form frequently, and I appreciate the concern for saving people from themselves, but we've already crossed that line with the equipment we have.

Nicole - So would that be 6 more sets of dumbbells?

Steve - Yes, and just one of each 5lb increment would be sufficient.

Nan - What is your connection to the Rec?

Steve - I'm a 4<sup>th</sup> year PhD student. I'm also a veteran. I spent 8 years in the Marine Corps. I play for the men's rugby club. I usually lift every day and come in another time to do cardio.

Tony - We try to find best practices to align with and to see what other institutions are doing.

Steve - I have visited the University of Nevada and their facility goes up to 150lb dumbbells, so I think it is a reasonable request.

Tony - I think we'll start to do some research through NIRSA.

Steve - That sounds like an appropriate forum for larger facility questions. Is there discussion on finer detail items like this?

Tony - Certainly, there are threads about anything from different kinds of exercise equipment to smoothie bars.

Steve - This just seems like a minor purchase.

Lee - What is the cost?

Tony - I think it's about \$0.50 per pound.

Steve - I'd also like to point out that they don't have to look pretty, they just need to weigh 150lbs.

Ryan - For this risk piece, I'll point out that I can't lift a 120lb dumbbell, but someone my size may not be able to but still try. I think the same argument extends to the larger dumbbells.

Alec - I find that there are a lot of people that use larger dumbbells but really shouldn't be, but the threshold for where people typically stop is around 80lb dumbbells, so I don't think people would reach for these larger ones just based on their ego.

Rafe - Thank you Steve. We will continue to discuss this request and give you an answer soon.

Steve - Thank you.

Rafe - Please feel free to grab some pizza or salads and make sure you sign in. This is Rex from Veteran Services. Just to give my perspective on these dumbbells, I think there are lots of guys who would be injured trying to use the 120lb dumbbells and the difference with the suggested heavier ones is they wouldn't be able to get them off the rack.

Alec - What kind of equipment do they have in the football weight rooms?

Patty - I can look into it.

Betsy - Could these go in a separate area?

Rafe - I'm not sure, we can think about it. Patty, are you intending to do research on this?

Patty - Yes, and I know Catie has already done some research.

Rafe - Would it also be possible to look into a compromise, maybe going up to 135lb and tracking usage?

Patty - We'll do some benchmarking first and then move on with our discussion.

## VI. Old Business

5:49pm

### a Showcase Club Sports

Ryder - I have something to show you for the Sport Clubs awards case. We have ideas of how it could look, but we're wondering if there is someone you typically work with for this type of work?

Dan - I have a comment about that location (exterior wall of upper basketball courts). That space by the courts is a great area for display and visibility, but that wall gets slammed against and trophies could get knocked down. I think it could work for banners.

Ryder - We had also thought about making plaques to represent each award to increase uniformity.

Rafe - Can we go back to the display? I am also concerned about the back wall of that space shaking.

Tony - If I'm hearing you right Ryder, there would be a plaque system that's more cohesive.

Annie - What if we had some sort of banners made that would summarize the awards of that sport? It could have CU branding too.

Ryder - We could add to that too.

Dan - I think the banners are cool because it would show the history.

Nicole - Each sport would have more visibility too.

Rafe - I think the cost savings of constructing the case would cover the banners.

Nicole - This would be more sustainable too, financially.

Ryder - Is there someone specific we could work with?

Annie - I know someone from Strategic Relations, but not off the top of my head.

Dan - There's something like this in the Champion Center.

Rafe - Can we take this format and bring it there?

Nicole - Could we help make some connections and get samples, and then you can see what you like from that.

Ryder - That sounds great.

Dan - We have some money set aside that could potentially be used for this purpose if it's approved.

Ryder - That's great. We can move on to the timeline then. I think we can do this by April 1, although I'd like to hear your feedback. When it's finished, I'd like to have a kickoff event. We'd like people to see it and use it to engage the community about Sport Clubs. Any other questions?

Nicole - Could you send us the list of sports you have talked to so we can get started?

Annie - We could share some drafts with you after break.

Nicole - Do you like the banner idea?

Ryder - Yes, it sounds like the best option. Thank you.

Rafe - Thank you Ryder.

## **VII. New Business**

6:04pm

### **a FY1819 Budget: 1<sup>st</sup> Reading-Capital Budget**

Nan - This will be our first reading of the capital budget. Betsy, do you have anything to add about this process?

Betsy - This is Troy's focus, so I will let him speak.

Nan - Great. So this is the budget that we use to purchase large ticket items that the standard operating budget can't support. The first sheet shows a brief overview of last year and this year. The details for this year are on the next page. One of the items is for new compost stations, which is Patty's item.

Patty - This proposal is to replace the old paper towel compost stations throughout the Rec Center. The existing ones will be 4-years-old in January. It was a good product at the time, but they are showing a lot of wear and tear. The current product sells at \$400 each. The new product is made of recycled material and can be branded. They are predicted to last 80 years from recycled mild jugs. Catie talked to the manufacturer today, and we can see a sample in person if we want. This is the same type of material found in the Champions Center. We currently have 44 stations in the facility, and we want to add 24

more to include the Annex and studios. It is one of the best products on the market right now. Does anyone have questions?

Diba - So they cost \$944 each?

Patty - Yes. We're also looking to switch out the paper towel rolls.

Diba - What was the expected life span for the current model?

Nicole - I don't think we considered that when we picked them.

Diba - Also on that note, what is wrong with the current models?

Patty - They're significantly worn out.

Alec - How big are the new ones compared to the current ones?

Patty - I don't have the specifications here. They do stand taller. Part of the reason is the compost receptacle hole is very small and fills up quickly on the current model.

Rafe - Where are they made? And does the cost include shipping?

Patty - They're made in Wisconsin and the price does include shipping.

Rafe - With such a high volume of units, it seems shipping would be a considerable cost.

Patty - Yes, it is a high volume. There are several reasons why we wanted to increase the number of stations.

Lee - What is the cleaning solution?

Dan - It's a hard surface cleaner. The rest time for most solutions is 10 minutes, but our users typically need to just spray and wipe right away. The night cleaning crew does the daily sanitizing.

Alec - Will the operating expense be similar to the current expense?

Patty - Yes, with the exception of the new paper towels we're looking at.

Dan - We actually do hope expenses go up, because that will mean more people are using them.

Rafe - Have we talked to other universities to see how long they're actually lasting?

Patty - I would have to do some more benchmarking. These are the same ones the Champions Center uses which has been around for 3 years now.

Rafe - If they only last 4 years like the current ones, this seems like a ridiculous cost.

Patty - I'll definitely do some more benchmarking to check on the life expectancy. Any other questions?

Rafe - We can move on.

Patty - This next item is mostly for events. These are zero-waste stations, which is what the environmental center on campus uses for events. The units contain trash, compost, and recycling receptacles. What they've found is unless a person is standing at the unit telling users where to put waste, users don't know which bin to use, but these units have labeled lids and clear bags which hopefully will help with that. They recommend 1 unit each per 100 people, so we're requesting 10. We'll get the frames, lids, connectors, bags, etc.

Diba - The cost seems high, can you speak to that?

Patty - These units are large, much bigger than what the UMC uses for events. Other questions?

Diba - Go ahead.

Patty - My last item is for 4 picnic tables to go outside on the plaza. This photo is just for reference, not exactly what we'll get. There are specifications for the type we have to use on campus, so that's why these are more expensive than what we might get elsewhere.

Diba - So these will be outside the facility? The users won't be Rec Center visitors then.

Alec - Will they be fixed to the ground?

Patty - Yes.

Nan - The reason we have to follow these specifications is because they're approved by the campus landscape architect.

Patty - That's all for me.

Dan - These next two items are mine. The first is to replace the gas sensor in the ice rink refrigeration room. The old one is failing and difficult to service. Bad air quality in ice rink refrigeration rooms is serious, so we want to fix it quickly.

Nan - What are we currently using?

Dan - The system that was installed when the facility was built, but it's not working properly.

Nan - Can it wait until next fiscal year?

Dan - I think this is urgent.

Tony - I think we should execute as quickly as possible.

Nan - Should we take it off the list and find other funds to replace this as quickly as possible?

Dan - Yes that sounds great. The next item is a unit to clean carpet and upholstery. The current equipment we have isn't sufficient. We have to hire someone from outside. We also should be cleaning more frequently than we do, and this equipment would enable that. Any questions?

Nan - This would definitely make the custodians' jobs much easier.

Dan - Anything else? I'm done.

Nicole - Crew is requesting another safety launch which is a boat where the coach sits and acts as an emergency vessel. The crew club had 2 launches and a third was requested about 1 ½ years ago and now they're requesting a fourth. The typical ratio of safety boats to crew team shells is 1:2. The total cost is \$21,000. We are proposing to meet them halfway and only pay 50% of the cost.

Diba - Why are we considering covering this?

Nicole - We support many other teams in lots of ways. Soccer has fields, the swimmers have water, the hockey team has ice. This is our way of supporting this team. There are some things we wouldn't fund, like a \$1 million boat house.

Nan - This is also safety related.

Lee - Does this leave us open to other safety-related requests?

Nan - We're preparing to ask clubs to evaluate their scale of operations, membership levels, etc. and see if those match each other. We don't want to be a blank check for Sports Clubs.

Lee - I wasn't aware that we are liable for Sport Club participants.

Nan - Yes we are.

Lee - Have we had legal issues with this before?

Nan - University Risk Management would handle this.

Tony - We also have some additional insurance for things like this.

Dan - The next item is the trophy case. We want the case to look nice, and it's for all of us.

Nan - Ryder, I heard you were planning to fundraise. If \$5,000 isn't enough, could you make up the difference in cost?

Ryder - I think so. CUSG offers ways we can fundraise on our own, and we could also reach out to alumni.

Nan - So we will be committed up to \$5000 and hopefully it will be a collaborative effort to make it look nice. The next two items are based on a calculated annual depreciation for various items. We don't spend all that money every year. Sometimes we spend more, sometimes less.

Lee - Is there a balance in savings now?

Nan - There is a balance of about \$370K for cardio equipment and about \$40K for IT. Any questions? So what I heard is there's a request for additional information on the compost stations. Did I miss anything?

Rafe - So we will vote on this as a bundled package and then give this to finance board as part of our budget.

Nan - Yes, and this is just our first reading. We can make changes as we move along.

Tony - And this is just one facet of the comprehensive budget that we will present to CUSG.

Rafe - So we can approve it with the understanding that we want more information on the compost items.

Alec - And we also want to remove the gas sensor.

Diba - Motion to approve the proposed capital budget, without the gas sensor.

Betsy - Second.

Discussion - Alec.

Ryan - Call to question.

Rafe - Acclamation. We'll push that through then, and look at it again in January with that additional information.

## **VIII. Chair's Report**

6:43pm

Rafe - I would like to talk about music in the Rec. We've seen constant complaints about the music. I've been talking with Catie about some solutions that we may implement next semester. We're looking at a streaming service that we can use to make playlists. The music has been repetitive in the past because we used stations that could be influenced by staff inputs. We're also looking to rezone the gym to keep the heavier music in the weight rooms and keep lighter music in the rest of the Rec. Rezoning and adding a zone costs money and could be complicated.

Lee - What's the common criticism?

Rafe - Too loud, too quiet, too repetitive, and too offensive.

Patty - I'd like to mention this isn't a new issue.

Dan - I agree, we can't make everyone happy.

Tony - Right, I see 80-90% of users with ear buds in.

Rafe - I also talked to Catie about asking for user input. We thought the people who are unhappy will probably be willing to give us input. That's all on that. Also, as you know I worked with Veteran Services over the summer to sponsor gym memberships for veterans over the summer. It was sponsored by the Student Affairs Parent Fund which will probably not be an option next year. We have support in some ways, but not funding. There was some politics and requests from other groups that also want free access.

Nan - A gift fund is the best way to do this because the donor can specify how they want the funds to be used.

Patty - The cost was about \$2,200.

Tony - I think with the right messaging, we could make it happen.

Rafe - That's all I have.

## **IX. Director's Report**

6:52pm

Tony - I mentioned last time we had a senior leadership retreat coming up and it occurred last Tuesday. Our facilitator (Mike Murray) was great. The retreat focused on ideas for the Rec's vision for the next 10 years. We talked about possible new areas to explore and did some work to create a new vision statement. We did a lot of good work, but it needs some wordsmithing, and we also need to write a mission statement. I'll be continuing to work on this. I did mention the Rec Board retreat to Mike and he's willing to be a part of that process. I think using his expertise, as well as the expertise in this room could give us some ideas of how we can focus our energy as a board. We'll get a survey out to the board, so please reply before you go on break. Now we'd like to recognize all George's leadership and contributions over the years. We really appreciate you a lot!

George - Thank you. I do plan to stay involved in some ways, so you will see me around. I will certainly keep my membership. Part of my retirement plan is to keep my 3 days a week playing racquetball.

Tony - After we adjourn we can enjoy some cake from Patty.

## **X. Executive Team Reports**

6:58pm

Nicole - The Inclusive Sports Summit will be Feb 14 - 15, 2018. Annie is waiting for the final ok for the "Save the Date." George will be presenting. We also received \$3,000 in grant money to support this conference. This is a partnered event with Athletics.

Annie - The building theming project will be moving forward, and we will be meeting Thursday to go over the timeline.

Faculty and staff can bring up to 6 guests to enjoy the Rec Center December 22-23 and January 2-7. The University is also pushing to promote finals and de-stressing in a number of ways, and we're taking part in that. Finals breakfast is Monday morning, December 18<sup>th</sup>, 9am - 11am in the Large Ice Rink Overlook Meeting Room for student staff.

Patty - Just a reminder that you can renew lockers soon, and new lockers will be available starting Jan 16. Carlson gym, Sports Dome and Will Vill will be open December 26 - 30 with various activities available.

Nan - The first two weeks of spring semester we may have to meet 2x weekly to meet the budget timeline, so just keep that in mind.

Rafe - Please keep me in the loop so I can communicate that.

Patty - We are also discussing moving the meeting day.

Tony - Yes we are looking at Tuesday or Thursday night.

Ryder - We have Legislative Council on Thursdays, and a few other CUSG members have conflicts on that day also.

Dan - The pool will hopefully have drawings finalized when we return from break so they can move forward on the final bid process. We also talked about the Rec being closed December 24 - Jan 1 for air duct cleaning, which is why the other facilities will be open.

Diba - I completed a student development grant, so I'll share about that. I did a certification class through ACSM. I experienced a lot of humility in how much I had to prepare for the test, and I gained appreciation for the instructors and trainers on staff. I also gained a lot of insight and appreciation for the importance of safety. I wouldn't have done this certification if it wasn't funded at least partially. I think this type of development is important because it allows students to step out of their comfort zone, and it shows students that they're valued. That's all I have.

## **XI. CUSG Report**

7:10pm

Betsy - As all of you know, I will be studying abroad in the spring, and the other Tri-Exec members are on joint boards that have conflicting meeting times with the Tuesday night time, so a meeting change could be good for us, but we may have to look at sending a representative. Thank you for having me on the board.

Ryder - How are the trainings going? There was one training that didn't match the PowerPoint, but the others were all good to go.

Patty - Did you have any ideas to share regarding recruitment for the spring?

Rafe - I don't have a lot of experience with marketing. I do a lot of one-on-one in the gym, but I'm not sure what the best way to reach people is.

Tony - We do have a Marketing and External Relations team, so we can work with them to identify opportunities for us to table and market ourselves, and to highlight the opportunities to build resumes and practice leadership. I think we can use connections on this board to spread the message of why it's good to engage.

Nicole - Is there an avenue through CUSG where we can recruit? We tend to recruit a lot here, but you are involved with many other groups that we'd love to tap into.

Betsy - I can connect you with the director of Student Engagement, Emily Miller.

Tony - We also need to advance a Vice Chair for this board and see what the process looks like.

Nan - I think that person must be a current voting member, and then go through the interview process.

Rafe - As long as they're a voting member, we don't have to involve Legislative Council. We have been missing a voting member due to a conflict in schedule.

Alec - This will be my last meeting for a while, since I will be studying abroad in the spring. I'd love to stay connected while I'm away and re-engage when I return.

## **XII. Announcements**

7:17pm

George - Rex and I were talking about me leaving the board, and as involved as he is, he said he's interested in what the Rec does so he's here to visit.

Rex - I am glad I came to this meeting and I have notes about why I love the Rec Center. I love to work with Inclusive Sports. I'm an avid climber. I'm a certified WFR through NOLS. I'm a public safety diver and very familiar with the reservoir. I'm president of an affinity group with the Alumni Center. I'm very involved with public safety through firefighting and HAZMAT. As far as outreach, I will bring VIP here to the facility. I'd love to support the future of the Rec.

Rafe - Anything else? No.

## **XIII. Adjournment**

7:22pm

Nan - Motion to adjourn.

Betsy - Second.

Diba - Discussion.

Alec - Call to Question.

Rafe - Acclamation.