

## 2025 PLC FALL RETREAT – EXPECTATIONS, PACKING LIST

Every year, PLC hosts a two-day orientation weekend for the incoming First-Year PLC students. During this weekend, you will get to know one another, pursue challenging initiatives, and become part of the PLC community.

This year, things are about to change in a great way. This year, the first years will be joined by the three other cohorts, so all of PLC will be participate in the PLC Fall Retreat together.

Below is the tentative schedule:

- **Friday, August 22nd** - We will meet at **3:00PM** in front of the University Memorial Center (UMC) to board a charter bus that will bring the First Year class up to Camp Tumblesome Lake.
- **Saturday, August 23rd** – The second, third-, and fourth-year cohorts will join the First-Year cohort after breakfast. PLC 2025 will have the entirety of Saturday and Sunday morning to meet, connect, and bond with the other PLC cohorts – 2024, 2023, and 2022.
- **Sunday, August 24<sup>th</sup>** – All PLCers will depart Camp Tumblesome Lake no later than 1:00PM and arrive on campus no later than 2:00PM. First-Years (PLC 2025) will take a charter bus while all other PLCers will carpool.

**ATTENDANCE IS REQUIRED** at both days of orientation for you to enroll and participate in PLC this fall. Leeds Scholars, The Golden Buffalo Marching Band, and a few other programs have conflicts **that can be negotiated**. Please contact [Assistant Director, Jessie Kasynski](#), if you have organizational conflicts with PLC Fall Retreat.

The first PLC Fall Retreat weekend will be held at the new [YMCA Camp Tumblesome Lake](#) in the high foothills west of Boulder. It is very important that you have your own water bottle and drink a lot of water when you are at altitude.

We will be at high altitude and likely to experience Colorado's summer-time weather patterns; it is important that you come to the day prepared. We will provide meals on Friday (dinner), Saturday (all meals) and Sunday (breakfast). You will ride a bus to and from the camp. Be prepared!

You will have to carry your belongings to and from the coach bus. **Please pack everything in a reasonable duffle or small suitcase. Additionally, please pack a backpack you can comfortably wear all day.** During orientation, we will be outside most of Saturday. The weather at that time of year is typically a high of 77+ degrees during the day and a low of 45 degrees at night. Expect sunny weather with afternoon rain showers. Also, at altitude the sun is significantly stronger than what you may be accustomed. Please bring and apply sunscreen regularly.

SUGGESTED/**REQUIRED** PACKING LIST - This list may have additions...

- **Sleeping bag** (can be rented from Outdoor Ed)
- Top sheet
- Pillow with pillowcase
- Towel (there is a lake and water activities)
- Toiletries necessary for a two night stay
- **Water Bottle**
- Hat or Visor (recommended to keep ticks away in the woods)
- Medicines if needed
- Bug repellent – the mosquitoes are fierce!
- **Outdoor shoes** – bring shoes suitable for tromping through the woods – No sandals or flip-flops except for the

shower. We recommend anything close-toed that you can run around in and don't mind getting little dirty.

- **Sunscreen and sunglasses** – this is a huge must! The sun is intense at high altitude.
- Chapstick with SPF rating
- **Raincoat**, poncho, etc. (highly encouraged)
- **Light jacket AND sweatshirt**- the temperature drops significantly at night
- **Outdoor clothing for two days, two nights**
  - Pajamas
  - Shorts and a t-shirt for two days
  - Long pants and a warm top (fleece, sweatshirt, etc.) for the evening by the campfire
- **Swimsuit** and/or clothing you don't mind getting wet in the lake
- A set of dry clothing if you intend to participate in the lake activities

If you have any concerns about spending two days outside performing mild physical activities, please contact the PLC office so that we may accommodate you.

**Remember, attendance is required.** If you believe you have a time conflict due to activities with your RAP, Leeds School of Business, CMCI, Marching Band, or other programs, please email Jessie Kasynski ([jessie.kasynski@colorado.edu](mailto:jessie.kasynski@colorado.edu)) and **Sante Crutcher** ([sante.crutcher@colorado.edu](mailto:sante.crutcher@colorado.edu)) with the name and program with the conflict and the contact information for the person in charge of the conflicting activity. Jessie and Sante will do their best to make compromises with other program to make your attendance at multiple events possible.