

2019 PLC ORIENTATION – EXPECTATIONS, PACKING LIST

Every year, PLC hosts a two-day, off-campus orientation weekend for the incoming First-Year students. During this weekend, you will get to know one another, pursue challenging initiatives, and become part of the PLC community.

We will meet at **9:00 am on Saturday, August 24th** on the south side of the UMC (the large porch area near the entrance). We will finish the retreat by **2:00 p.m. on Sunday, August 25th**.

Attendance is required for you to enroll and participate in PLC this fall.

What to Expect, What to Pack

PLC Orientation weekend is held at Cal-Wood Outdoor Education Center just outside of Jamestown, Colorado. We will be fairly high in the foothills and likely to experience Colorado's summer-time weather patterns; it is important that you come to the weekend prepared. We will provide lodging and meals, beginning Saturday with lunch at Cal-Wood and ending Sunday with breakfast.

You will have to **carry your belongings on a short hike from the bus drop-off to the lodge**. Wheeled suitcases are not advised for this orientation. Duffel bags or large backpacks are much better suited for this small getaway.

During orientation, we will be outside most of Saturday and Sunday. The weather at that time of year is typically a high of 77+ degrees during the day and a low of 45 degrees at night. Expect sunny weather with afternoon rain showers. Also, note that Cal-Wood is at 8,000 feet above sea level, so the sun is significantly stronger than what you may be accustomed.

SUGGESTED PACKING LIST:

- **Sleeping Bag and Pillow (with a pillow case)**
- **Towel (at least a face towel)**
- **Water Bottle**
- **Hat or Visor**
- **Toiletries (including any **special medicines**)**
- **Bug repellent** – the mosquitoes are fierce!
- **Outdoor shoes** – bring shoes suitable for tromping through the woods – **No sandals or flip-flops**. We recommend anything close-toed that you can run around in and don't mind getting little dirty.
- **Sunscreen and sunglasses** – this is a huge must! The sun is intense, we'll be outside almost all day, and we don't want you to burn your skin or your eyes.
- **Chapstick with SPF rating**
- **Raincoat, poncho, etc.**
- **Outdoor clothing**
 - Shorts and a t-shirt during the day
 - **Long pants and a warm top** (fleece, sweatshirt, etc.) for the mornings and evening
- **Flashlight or Headlamp** – you will need to move between buildings after dark.
- **DO NOT PACK TOO MUCH OR TOO LITTLE** – be strategic about an overnight stay.

If you have any concerns about spending a day outside performing mild physical activities, please contact the PLC office so that we may accommodate you.

Remember, attendance is required. If you believe you have a time conflict due to activities with your RAP, Leeds School of Business, CMCI, or other programs, **please email Jessie Kasynski (jessie.kasynski@colorado.edu) with the name and program with the conflict and the contact information for the person in charge of the conflicting activity**. Jessie will do her best to make accommodations to excuse your absence from the other activity in order for you to attend the PLC orientation.