

VICTIM ASSISTANCE

Auricular Acupressure Therapy

Find balance and calm through the NADA Protocol — a non-invasive ear acupressure technique designed to support emotional and physical well-being.

Benefits include:

- Reduced stress and anxiety
- Improved sleep and relaxation
- Enhanced focus and mental clarity

Shen Men Point

Calms the mind and promotes emotional balance

Sympathetic Point

Supports the nervous system and deep relaxation

Kidney Point

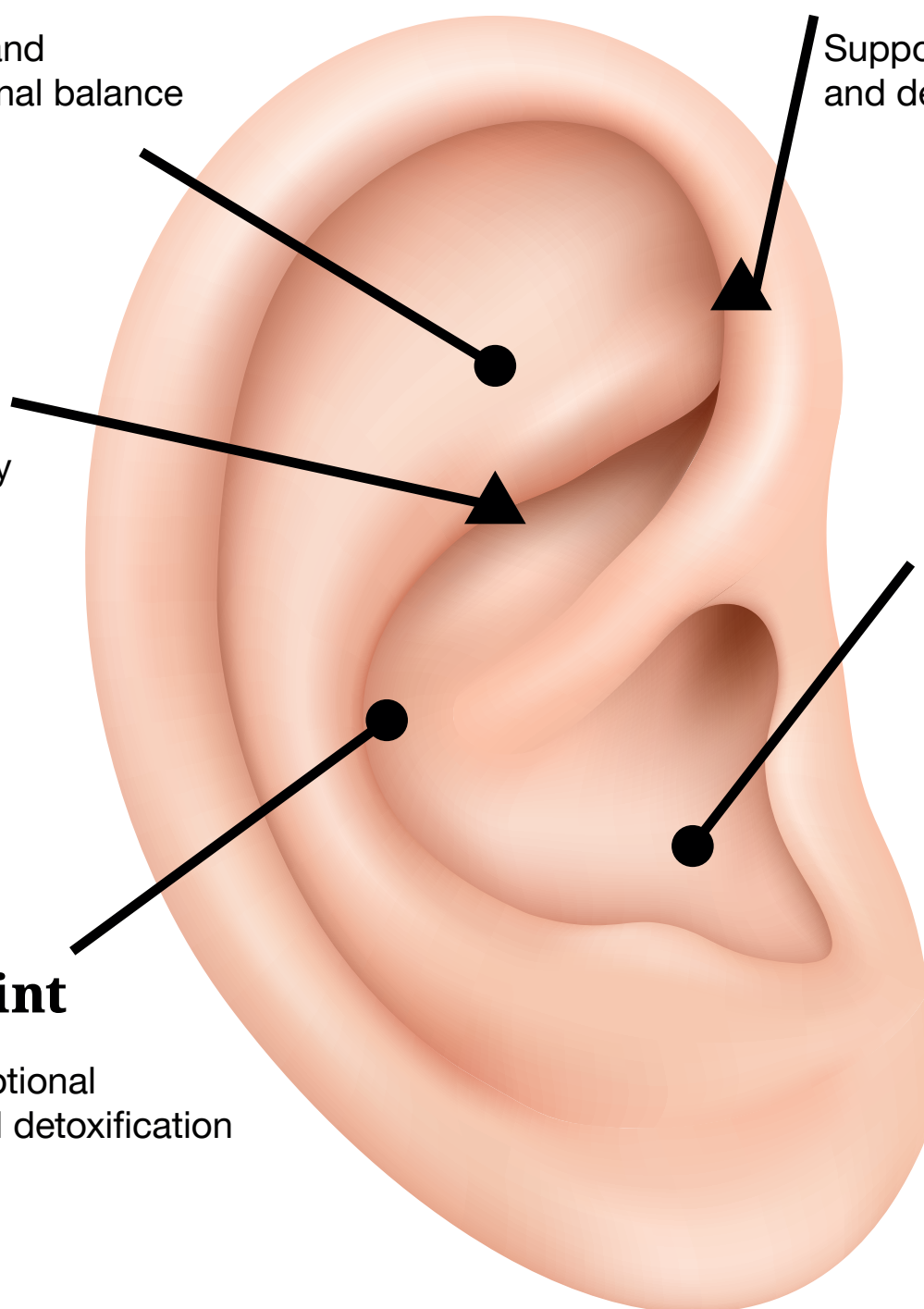
Aids in restoring vitality and grounding

Lung Point

Helps with grief, respiration and inner strength

Liver Point

Assists in emotional regulation and detoxification



No needles.

Just gentle ear seeds or pressure.



Office of Victim Assistance
UNIVERSITY OF COLORADO BOULDER

To schedule or learn more, contact us:

303-492-8855
colorado.edu/ova