

2024

AUGUST



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Fall Welcome begins Campus Housing move-in	20	21	22	23	24
25	26 First day of classes	27	28	29	30	31

TIPS

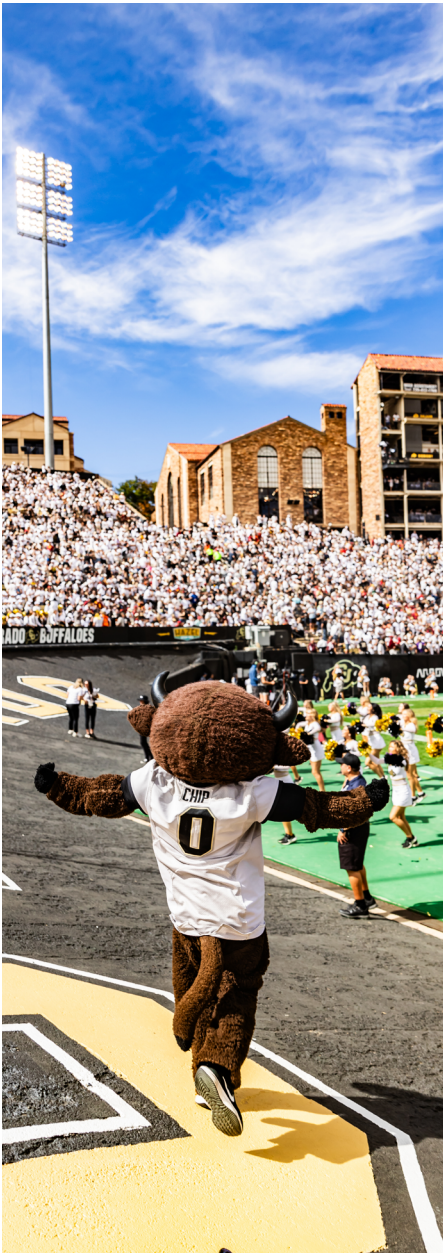
Fall Welcome is Aug. 19-Sept. 6. Encourage your student to attend events to connect with fellow Buffs, faculty and staff.
colorado.edu/fallwelcome

Make sure to check out our Fall Welcome events for families, too! Attend info sessions and stop by the Family Welcome tent while you're on campus.
colorado.edu/orientation/fall-welcome-family-sessions

As your student settles into a new weekly routine, consider a communication plan. Talk about how you'd like to communicate with one another and how often so you're both on the same page.

2024

SEPTEMBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 No classes, university closed	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19 Homecoming	20	21
22	23	24	25	26	27	28
29	30					

TIPS

Are you registered for Family Weekend, held Oct. 24-27? Check out an updated schedule of events and opportunities to connect with your student and meet other Buff families.

colorado.edu/familyweekend

Homesickness is common for students a few weeks into the semester. Support your student by listening to their concerns and encouraging them to reach out for help if needed.

colorado.edu/counseling

Have you talked with your student about budgeting? Discuss financial planning and offer tips to stretch a dollar. Check in with them regularly to see how their budget is working for them.

2024

OCTOBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24 Family Weekend	25	26
27	28	29	30	31		

TIPS

When midterms roll around, students may find themselves needing a little extra help. Remind your student that tutoring services are available.
colorado.edu/academics/academic-resources

Now is a good time to start thinking about financial aid for the 2025-26 academic year. Learn more at **colorado.edu/financialaid**.

August 2025 seems far away, but it's time to start thinking about your student's housing for next year. Students can find housing on or off campus—encourage them to start exploring their options.
colorado.edu/living/housing

2024

NOVEMBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Fall break	26	27	28 university closed	29 university closed	30

TIPS

The CU Boulder scholarship application opens Nov. 1. Many opportunities are available, including the New Student & Family Programs scholarship. Application deadlines for most scholarships are in March.

colorado.edu/scholarships

November is a great time for gratitude and giving to others. There are many opportunities to volunteer in the community through CU's Volunteer Resource Center.

colorado.edu/volunteer

Transportation to the airport from CU Boulder can be simple. Students can use their Buff OneCard on the RTD SkyRide, which is free for students.

rtddenver.com/airport.shtml

2024

DECEMBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12 Last day of classes	13 Reading day	14 Final exams
15	16	17	18	19 Winter break	20	21
22	23	24	25	26	27	28
29	30	31				

TIPS

Finals are here! Remind your student that you're here to support them. Encourage them to check colorado.edu/finals for stress management tips, study locations, events and more.

Remind your student to practice these tips for staying healthy: wash their hands often, get 7–9 hours of sleep, eat regular, balanced meals and get a flu shot.
colorado.edu/health

Some of the best skiing is in Boulder's backyard. Students can ride the Ski Bus, which leaves campus and travels to and from various mountains. Tickets sell out early!
colorado.edu/center/skibus

2025

JANUARY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Winter break	2	3	4
5	6	7	8	9	10	11
12	13 First day of classes	14	15	16	17	18
19	20 No classes, university closed	21	22	23	24	25
26	27	28	29	30	31	

TIPS

It's a new year and a great time for a fresh start! Talk with your student about what they are hoping to accomplish in the coming months. Do they want to ace a specific class or find a great internship? Talking through goals can make them more likely to follow through.

If fall semester didn't go as planned, encourage your student to ask for help early. The Academic Success and Achievement Program (ASAP) offers free peer tutoring to all first-year students and any student living on campus.
colorado.edu/living/asap

Does your student want to work while in school? Encourage them to find an on-campus job on Handshake. Working on campus is a great way to gain experience and meet other students.
colorado.edu/studentemployment

2025

FEBRUARY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

TIPS

As your student finalizes their housing plans for next year, encourage them to check in with Off-Campus Housing & Neighborhood Relations for tips on navigating leases, finding roommates and understanding city ordinances.
colorado.edu/offcampus

When it's cold and the days are short, it's the perfect time to stay inside. The Rec Center offers a variety of classes, sports and more.
colorado.edu/recreation

As your student considers classes for next year, suggest they meet with their academic advisor, who can help them stay on track and keep their momentum going.
colorado.edu/academics/advising

2025 MARCH



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24 Spring break	25	26	27	28 university closed	29
30	31					

TIPS

Now that midterms are underway, share some of your favorite stress management techniques with your student and check out more ideas from our Health & Wellness team.

colorado.edu/health

If your student is looking for things to do in their free time, encourage them to check out student events to meet fellow Buffs. Between DIY nights, free movie screenings, trivia, gaming and more, there's something for everyone!

colorado.edu/studentaffairs/student-events

Did your student have an amazing faculty or staff member support them this semester? Encourage them to nominate a CU staff or faculty member for a Marinus Smith Award!

colorado.edu/orientation/marinus-smith-awards



University of Colorado **Boulder**

2025

APRIL



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

TIPS

Now is the time to start making plans for the summer. Summer classes are a great way for your student to earn the credits they need.

colorado.edu/summer

If your student is considering an internship or job, Career Services has an online job network and resources for resume writing and interviewing skills.

colorado.edu/career

If your student plans to move home for the summer, now is a good time to have a conversation about expectations and household responsibilities before they arrive.

2025

MAY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Last day of classes	2 Reading day	3 Final exams
4	5	6	7	8 Commencement Ceremony Residence halls close	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 No classes, university closed	27	28	29	30	31

TIPS

Most residence halls close Thursday, May 8. For specific information about when your student needs to move out of their hall, visit: colorado.edu/living.

Commencement will be held on Thursday, May 8—visit colorado.edu/commencement for more details. Congratulations, graduates and families!

New Student & Family Programs will be hosting Buff Family Coffee Hours throughout the summer. Join us to connect with other Buff families. colorado.edu/orientation/webinars-and-coffee-hours

2025

JUNE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19 No classes, university closed	20	21
22	23	24	25	26	27	28
29	30					

TIPS

Summer in Boulder is one of a kind. If your student is in town, there are many great hikes, camping spots and activities to choose from. The Rec Center offers gear rentals through Outdoor Pursuits. colorado.edu/recreation/outdoor-pursuits

If your student is home this summer, consider starting a weekly family night tradition. Whether it's a movie or game night, a favorite meal or sports in the park, this is a great way to reconnect with your student.

A summer job allows your student to gain professional experience and save up for the coming school year. Talk with them about how they plan to make the most of their summer job to strengthen their finances and their resume. colorado.edu/career

2025

JULY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4 No classes, university closed	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

TIPS

Now is a good time for your student to reflect back on their school year. What were their favorite classes? What accomplishments are they proud of? What do they wish they had tried? What would make next year even better?

Once they've reflected, encourage them to make a plan for the fall semester. Can they get a head start on reading? If there's a class they feel anxious about, what strategies can they try to feel more at ease? What are three things they can do to improve their time management?

Summer is a great time to catch up with friends! Whether it's staying in touch with fellow Buffs or reconnecting with friends from home, laughter and connection can be great for your student's emotional wellness.