

# AUGUST 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15 <b>Fall Welcome</b>	16	17	18	19	20	21
22	23 <b>First day of classes</b>	24	25	26	27	28
29	30	31				



## TIPS

Fall Welcome is Aug. 15 - Sept. 12. Encourage your student to attend events to connect with fellow Buffs, faculty and staff. Make sure to check out our Fall Welcome events for families, too.  
[colorado.edu/fallwelcome](https://colorado.edu/fallwelcome)

Send your student a handwritten note with Letters from Home. New Student & Family Programs will deliver these during the third week of school.  
[colorado.edu/families](https://colorado.edu/families)

As your student settles into a new weekly routine, consider a communication plan. Talk about how you'd like to communicate with one another and how often you'd like to communicate so that you're both on the same page.

# SEPTEMBER 2021



**Be Boulder.**  
 University of Colorado **Boulder**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 Colorado vs. Northern Colorado	4
5 Fall tuition due	6 Labor Day – Campus Closed Rosh Hashanah begins at sundown	7	8	9	10	11 Colorado vs. Texas A&M
12	13	14	15 Yom Kippur begins at sundown Colorado vs. Arizona St.	16	17	18 Colorado vs. Minnesota
19	20	21	22 Fall Equinox	23	24	25 Colorado vs. Arizona St.
26	27	28	29	30		



## TIPS

Remember to register for Family Weekend, held Oct. 14–17! This fall tradition gives families an opportunity to connect with their students and meet other CU Boulder families.  
[colorado.edu/familyweekend](https://colorado.edu/familyweekend)

Homesickness is common for students a few weeks into the semester. Support your student by listening to their concerns and encouraging them to reach out for help on campus if needed.  
[colorado.edu/counseling](https://colorado.edu/counseling)

Have you talked to your student about budgeting? Talk about financial planning and offer tips to stretch a dollar. Check in with them regularly to see how their budget is working for them.

# OCTOBER 2021



## Be Boulder.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					1	2 Colorado vs. USC
3	4	5	6	7	8	9
10	11	12	13	14 Family Weekend	15	16 Colorado vs. Arizona
17	18	19	20	21	22	23 Colorado vs. California
24	25	26	27	28	29	30 Colorado vs. Oregon
31 Halloween						



### TIPS

When midterms roll around, students often find themselves needing a little extra help. Remind your student that tutoring services are available.

**[colorado.edu/academics/academic-resources](https://colorado.edu/academics/academic-resources)**

There are hundreds of student organizations on campus. If your student wants to get more involved, encourage them to explore and find the right fit for their interests.

**[colorado.edu/involvement](https://colorado.edu/involvement)**

August seems far away, but it's time to start thinking about your student's housing options for next year. Encourage them to browse the online rental database, Ralphie's List, and set up a budget for housing expenses next year.

**[colorado.edu/offcampus](https://colorado.edu/offcampus)**





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <b>CU Boulder Scholarship</b> <i>available</i>	2	3	4	5 <b>Homecoming weekend</b>	6 <b>Colorado vs. Oregon St.</b>
7 <b>Daylight Saving Time Ends</b>	8	9	10	11 <b>Veterans Day</b>	12	13 <b>Colorado vs. UCLA</b>
14	15	16	17	18	19	20 <b>Colorado vs. Washington</b>
21	22 <b>Fall Break</b>	23	24	25 <b>Thanksgiving</b> <i>Campus Closed</i>	26 <b>Colorado vs. Utah</b> <i>Campus Closed</i>	27
28 <b>Hanukkah</b> <i>Begins at sundown</i>	29	30				

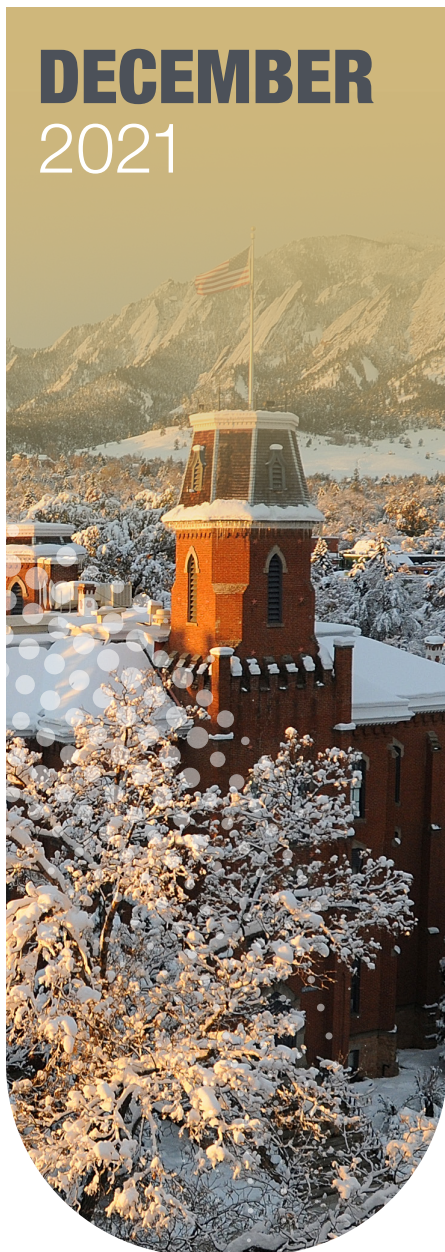


### TIPS

The CU Boulder Scholarship Application opens Nov. 1. Many opportunities are available, including the New Student & Family Programs scholarship. Application deadline is typically Feb. 15.  
[colorado.edu/scholarships](https://colorado.edu/scholarships)

November is a great time for gratitude and giving to others. There are many opportunities to volunteer in the community through CU's Volunteer Resource Center.  
[colorado.edu/volunteer](https://colorado.edu/volunteer)

Transportation to the airport from CU Boulder can be simple. Students can use their College Pass on the RTD SkyRide, which is free for students.  
[rtd-denver.com/airport.shtml](https://rtd-denver.com/airport.shtml)



# DECEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9 Last Day of Classes	10 Reading Day	11 Final Exams
12	13	14	15	16 Winter Degree Conferral Winter Break	17	18
19	20	21 Winter Solstice	22	23	24 Christmas Eve	25 Christmas Day
26 Kwanzaa Begins	27 Campus Closed	28 Campus Closed	29 Campus Closed	30 Campus Closed	31 Campus Closed	



## TIPS

It's time for finals! Remind your student that you're here to support them. Encourage them to check **[colorado.edu/finals](https://colorado.edu/finals)** for stress management and relaxation tips, study locations, events and more!

Does your student want to work while in school? Suggest finding a job through CU Student Employment, which is a great way to gain experience and meet other students.

**[colorado.edu/studentemployment](https://colorado.edu/studentemployment)**

As the semester comes to an end, encourage your Buff to reflect. Did the semester go as planned? Did they take a class they really loved or find a new interest? Have them connect with Career Services to find ways to tie their passions to possible career paths.

**[colorado.edu/career](https://colorado.edu/career)**

# Be Boulder.



# JANUARY 2022



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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						1 <b>New Year's Day</b> <i>Campus Closed</i>
2	3	4	5	6	7	8
9	10 <b>First Day of Classes</b>	11	12	13	14	15
16	17 <b>Martin Luther King Jr. Day</b> <i>Campus Closed</i>	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



## TIPS

It's a new year and a great time for a fresh start! Talk with your student about what they are hoping to accomplish in the coming months. Do they want to ace a specific class or find a great internship? Talking through goals can make them more likely to follow through.

If fall semester didn't go as planned, encourage your student to check out Counseling and Psychiatric Services' free workshops on time management, test anxiety, overcoming procrastination and more. [colorado.edu/counseling](https://colorado.edu/counseling)

Remind your student to practice these tips for staying healthy: wash their hands often, get 7–9 hours of sleep, eat regular, balanced meals and get a flu shot. [colorado.edu/health](https://colorado.edu/health)



# FEBRUARY

## 2022



**Be Boulder.**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5 Spring Tuition Due
6	7	8	9	10	11	12
13	14 Valentine's Day	15 FAFSA Applications Due	16	17	18	19
20	21 President's Day	22	23	24	25	26
27	28					



### TIPS

As your student settles into the semester encourage them to get involved through student events, clubs and organizations or volunteering opportunities.  
[colorado.edu/studentaffairs/student-life](https://colorado.edu/studentaffairs/student-life)

When it's cold and the days are short, it's the perfect time to stay inside. The Student Recreation Center offers a wide variety of fitness classes, sports and more.  
[colorado.edu/recreation](https://colorado.edu/recreation)

As your student considers classes for next year, suggest they meet with their academic advisor, who can help them stay on track and keep their momentum going.  
[colorado.edu/academics/advising](https://colorado.edu/academics/advising)

# MARCH 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13 <b>Daylight Saving Time Begins</b>	14	15 <b>CU Boulder Scholarship Applications Due</b>	16 <b>Purim</b> <i>begins at sundown</i>	17 <b>St. Patrick's Day</b>	18	19
20 <b>Spring Equinox</b>	21 <b>Spring Break</b>	22	23	24	25	26
27	28	29	30	31		



## TIPS

Now that midterms are underway, share some of your favorite stress management techniques with your student and check out more ideas from our Health & Wellness team. [colorado.edu/health](https://colorado.edu/health)

If your student is missing home, consider sending a small care package with a few favorite things from home. You can also order from CU Boulder's care package program. [colorado.edu/living/carepackages](https://colorado.edu/living/carepackages)

Did your student have an amazing faculty or staff member support them this semester? Nominate a CU staff or faculty member for a Marinus Smith Award! [colorado.edu/orientation/marinus-smith-awards](https://colorado.edu/orientation/marinus-smith-awards)





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 <b>Ramadan</b> <i>begins at sundown</i>
3	4	5	6	7	8	9
10	11	12	13	14	15 <b>Passover</b> <i>begins at sundown</i>	16
17 <b>Easter</b>	18	19	20	21	22	23
24	25	26	27	28 <b>Last Day of Classes</b>	29 <b>Reading Day</b>	30 <b>Final Exams</b>



### TIPS

Now is the time to start making plans for the summer. Summer classes are a great way for your student to earn the credits they need—online or in Boulder.  
[colorado.edu/summer](https://colorado.edu/summer)

If your student is considering an internship or job, Career Services has an online job network and resources for résumé writing and interviewing skills.  
[colorado.edu/career](https://colorado.edu/career)

If your student plans to move home for the summer, now is a good time to have a conversation about expectations and household responsibilities before they arrive.



# Be Boulder.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>Final Exams</b> <i>cont.</i>	2	3	4	5 <b>University Commencement Ceremony</b> <b>Res halls close</b>	6	7
8 <b>Mother's Day</b>	9 <b>First Day of Maymester Classes</b>	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 <b>Memorial Day</b> <i>Campus Closed</i>	31 <b>First day of classes</b> <i>Terms A, C and D</i>				



## TIPS

Most residence halls close Thursday, May 5. For specific information about when your student needs to move out of their hall, **visit [colorado.edu/living](https://colorado.edu/living)**.

Commencement will be held on Thursday, May 5. Visit **[colorado.edu/commencement](https://colorado.edu/commencement)** for more details. Congratulations, graduates and families!

# JUNE 2022



**Be Boulder.**  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19 Father's Day Juneteenth	20	21 Summer Solstice	22	23	24	25
26	27	28	29	30		



## TIPS

Summer in Boulder is one of a kind. If your student is in town, there are many great hikes, camping spots and activities to choose from. The Rec Center offers gear rentals through the Outdoor Program. [colorado.edu/recreation/outdoor-program](https://colorado.edu/recreation/outdoor-program)

If your student is home this summer, consider starting a weekly family night tradition. Whether it's a movie or game night, a favorite meal or restaurant, or sports in the park, this is a great way to reconnect with your student.

A summer job or internship allows your student to gain professional experience and save up for the coming school year. Talk with them about how they plan to make the most of their summer job to strengthen their finances and their résumé. [colorado.edu/career](https://colorado.edu/career)





**JULY**  
2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 <b>Independence Day</b> <i>Campus Closed</i>	5	6 <b>First Day of Classes</b> <i>Term B</i>	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



### TIPS

Now is a good time for your student to reflect back on their school year. What were their favorite classes? What accomplishments are they proud of? What do they wish they had tried? What would make next year even better?

Once they've reflected, encourage them to make a plan for the fall semester. Can they get a head start on reading? If there's a class they feel anxious about, what strategies can they try to feel more at ease? What are three things they can do to improve their time management?

Summer is a great time to catch up with friends! Whether it's staying in touch with fellow Buffs or reconnecting with friends from home, laughter and connection can be great for your student's emotional wellness.