

#### What is SOCT?

- SOCT is the campus threat assessment team for students
- Central point of contact and information awareness
- A multidisciplinary team that reviews referrals and makes recommendations for interventions
- Refer students
  - Engaging in disruptive behaviors
  - Highly concerning behaviors
  - Threatening behaviors
  - Self-harming behaviors
  - Other concerning behaviors

#### **How We Do It**

- Student Support and Case Management (SSCM) is the referral resource that case manages referrals to SOCT.
- Referrals can be made through the SSCM or SOCT websites.
- Case Managers will engage in initial interventions.
- Higher level concerns are referred to SOCT.



#### How We Do It

- Case Managers consider all possible resources for intervention
  - Community resources, campus resources, listed emergency contacts as appropriate, and other resources.
- SOCT will continue to monitor elevated cases in weekly team meetings until the concerns are less acute
- SSCM Case Managers work on the case until a student is back on track.
- Once a student indicates they are back on track, SSCM closes the case and does not do ongoing monitoring.
- Our database allows us to track trends with individual students
- SSCM will open a new case if further concerns arise.
- We are not confidential!



## **Identifying Distressed Students**

- Clear signs of distress
- Erratic behavior or extreme/sudden behavior change
- Threatening words or actions
- Classroom disruptions
- Lack of responsiveness
- Lack of emotional expression

# **Identifying Distressed Students**

(continued)



- Suicidality, including threats, gestures, ideations and attempts
- Abuse of substances such as alcohol or other drugs
- Alienation or isolation from others
- Insubordination toward university officials, staff, faculty or administrators

### **How to Support Students**

- For low level concerns there are many great campus resources
- CAPS is a great resource for mental health concerns
- Advisors can assist with academic concerns
- Disability Services will assist with ongoing health concerns that may impact academics

Please call our office to consult about best referrals if you are unsure

# How to Refer

- Campus resource page <u>https://www.colorado.edu/resources</u>
- Referrals can be made by completing an online referral form. You can also call 303-492-7348 or email <a href="mailto:sscm@colorado.edu">sscm@colorado.edu</a>
- If you need immediate consultation or response, you should consider calling 911.
  - Ask yourself, is there imminent risk or concern?
  - Can it wait for the next business day?