

Recommended texts for trombone fundamentals

| Title | Author | Publisher |
|--------------------------------------|---------------------|-----------------------------|
| Alessi Warm-up 2017 | Joseph Alessi | Alessi Music Studios |
| Arban's Famous Method for Trombone | Jean Baptiste Arban | Carl Fisher |
| Tenor Trombone Handbook | Buddy Baker | Carroll |
| 15 Minute Warm-up Routine | Michael Davis | Hip-Bone Music |
| Lip Slur Melodies | Brad Edwards | Edwards |
| Tuning Drone Melodies | Brad Edwards | Edwards |
| Lip Slurs | Brad Edwards | Edwards |
| Basic Routines for Trombone | Robert Marsteller | Southern Music Company |
| Remington Warm-up Studies | Emory Remington | Accura Music |
| Daily Drills + Technical Studies | Max Schlossberg | M. Baron |
| A "Singing" Approach to The Trombone | Charles Vernon | Atlanta Brass Society Press |

Recommended readings for brass fundamentals

| Title | Author | Publisher |
|--|--------------------|-------------------------------|
| Trombonist's Handbook | Reginald Fink | Accura Music |
| The Art + Science of Trombone Teaching | Andrew Glendening | International Music Diffusion |
| Song + Wind | Arnold Jacobs | Taylor |
| Sing It First | Wycliffe Gordon | Raph |
| The Trombone | Trevor Herbert | Yale Musical Inst. Series |
| Art of Trombone Playing | Edward Kleinhammer | Summy-Richard Music |
| Also Sprach Arnold Jacobs | Bruce Nelson | Polmnia Press |

Ideal Progression for Daily Routine

1. Breathing exercises—breathing gym; simple exercises.
2. Buzz/sing—pick a tune, scales + arpeggios (generally glissando with no articulation).
3. Basic Slurs—easy simple slurs in middle register; striving for ease and best connection of pitches.
4. Interval studies- scales + arpeggios gliss/legato tongue.
5. Wider range/faster lip slurs.
6. Articulation—begin with repeated notes, slowly work into moving through scales + arpeggios with same accuracy + clarity.
7. Warm-down—descending scales into lower register. Very important step to ensure you're efficient in your next practice session/rehearsal.

Supplement your daily routine with the texts above. Keep things fresh and organized. This will ensure your progress remains productive and steady.