

RECOMMENDED TEXTS FOR TROMBONE FUNDAMENTALS

Title	Author	Publisher
Alessi Warm Up 2017	Joseph Alessi	Alessi Music Studios
Arban's Famous Method for Trombone	Jean Baptiste Arban	Carl Fisher
Tenor Trombone Handbook	Buddy Baker	Carroll
15 Minute Warm-Up Routine	Michael Davis	Hip-Bone Music
Lip Slur Melodies	Brad Edwards	Edwards
Tuning Drone Melodies	Brad Edwards	Edwards
Lip Slurs	Brad Edwards	Edwards
Basic Routines for Trombone	Robert Marsteller	Southern Music Company
Remington Warm-Up Studies	Emory Remington	Accura Music
Daily Drills & Technical Studies	Max Schlossberg	M. Baron
A "Singing" Approach to The Trombone	Charles Vernon	Atlanta Brass Society Press

Recommended Readings for Brass Fundamentals

Title	Author	Publisher
Trombonist's Handbook	Reginald Fink	Accura Music
The Art & Science of Trombone Teaching	Andrew Glendening	International Music Diffusion
Song & Wind	Arnold Jacobs	Taylor
Sing It First	Wycliffe Gordon	Raph
The Trombone	Trevor Herbert	Yale Musical Inst. Series
Art of Trombone Playing	Edward Kleinhammer	Summy-Richard Music
Also Sprach Arnold Jacobs	Bruce Nelson	Polmnia Press

Ideal Progression for Daily Routine

1. Breathing exercises- Breathing Gym; simple exercises
2. Buzz/Sing- pick a tune, scales & arpeggios (generally glissando with no articulation)
3. Basic Slurs- easy simple slurs in middle register; striving for ease and best connection of pitches
4. Interval studies- scales & arpeggios gliss/legato tongue
5. Wider Range/Faster Lip Slurs
6. Articulation- begin with repeated notes, slowly work into moving through scales & arpeggios with same accuracy & clarity.
7. Warm down- descending scales into lower register. Very important step to ensure you're efficient in your next practice session/rehearsal.

Supplement your daily routine with the texts above. Keep things fresh and organized. This will ensure your progress remains productive and steady.