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## FARMER, RANCHER, AND FARMWORKER EQUITY CAPSTONE

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The Farmer, Rancher, and Farmworker Equity Capstone aimed to discover resource needs of systemically marginalized farmers, ranchers, and farmworkers in Colorado with the intent of providing guidelines for Nourish Colorado, and other interested groups, in entering the realm of farmer, rancher, and farmworker equity work.



## Methodology

Phase 1: Background Research

Conducted a literature review and other preliminary research to better understand farmer and food equity in Colorado.

Phase 2: Process Interviews

Conducted a series of interviews to vet the farmer interview process to ensure the approach reflected the social and cultural norms of the Colorado food system.

Phase 3: Farmer, Rancher & Farmworker Interviews

Interviewed farmers, ranchers, farmworkers, and partner organizations about resource needs, resource-access barriers, and trusted organizations already supporting their operations and livelihoods.

Phase 4: Farmer Equity
Outreach Survey

Created and disseminated a survey based on the questions asked in Phase Three interviews to expand geographic reach.

Phase 5: Analysis

Analyzed findings and compiled a report of recommendations based on the information shared during interviews and survey.



## **Project Outcomes**

The Report of Recommendations for Farmer, Rancher, and Farmworker Equity Work includes demographic, geographic, and thematic analyses of the interview and survey findings, and the resulting recommendations, broken down into the following categories:

- Nourish Colorado Staff
- Conducting Farmer/Farmworker Interviews
- Farmworker Equity Work
- Farmer Equity Work
- Demographic Outreach
- Geographic Outreach
- Primary and Potential Partners
- Farm Equity Legislative Work

Nourish Colorado will use this report to fuel their next steps in farmer, rancher, and farmworker equity work. Additionally, the applicable audience(s) of each recommendation category precede the specific recommendations, with the intent that any person, group, or organization who would like to apply the recommendations to their work could easily do so.

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