College of Engineering & Applied Science Academic Advising Expectations

At CU Boulder, academic advising is a critical component in the success of students. Its goal is to assist in creating and achieving educational, career and life goals.

CEAS Academic Advising values:

- Collaboration and support
- Learning and growth
- Exploration and curiosity
- CU and the CEAS Experience

What is Academic Advising?

"Academic advising is an educational process that facilitates students' understanding of the meaning and purpose of higher education. It fosters intellectual and personal success development toward academic success and lifelong learning."

(NACADA, 2004)

Mechanical Engineering B.S. Academic Advisor



Kate Seppala

Kate.Seppala@colorado.edu ECME 120

To make an appointment visit

www.colorado.edu/ buffportaladvising/

What Will You Gain from Academic Advising?

As a result of Academic Advising, we hope you will:

- Be able to make informed decisions about your education.
- Understand the requirements of your degree program.
- Create, maintain, and follow through on your academic plan.
- Understand the impact of college and university policies on your education.
- Understand what tools and resources are available to you and how to best use them.
- Enhance your collegiate experience by actively exploring learning opportunities.

Expectations

Advisors and students, in a cooperative partnership built on active participation and respect, both play a role in the academic advising process.

Your role, student responsibilities:

- Cultivate an advising partnership with your advisor by communicating goals, needs, interests, and concerns in a respectful and sincere manner.
- Accept responsibility for your academic career and the impact of your decisions and actions.
- Learn college, department/program, and university policies.
- Read and respond to official University of Colorado emails in a timely manner and use your @colorado.edu email account for all correspondence with CU faculty and staff.
- Arrive on time to your advising appointments and prepare for your appointment by being ready to discuss course options, having questions to ask, researching opportunities and resources in advance, and sharing and clarifying your goals and interests.
- Follow through on advising recommendations in a timely manner and ask questions when unsure.
- Make use of the resources available to you and update your advisor of any circumstances that might influence your academic performance.

My role, advisor responsibilities:

- Develop an individualized partnership with you through careful active listening, respect, and sincere communication, creating a safe environment where you can share thoughts, aspirations, concerns and interests.
- Provide availability to you via access to appointments and drop-in hours (with respect to their overall advisee caseload); provide timely e-mail responses.
- Communicate and deliver individualized, accurate academic and curriculum information in a professional manner.
- Facilitate your learning to navigate and use tools and resources that assist you in making course and program decisions.
- Serve as a referral source for useful resources.
- Support you in making positive life decisions and work collaboratively to assist you in developing decisionmaking skills that are consistent with your personal goals, interests, and objectives.