

University Libraries

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Explore CU Scholar scholar.colorado.edu What did you find?:	Meditate for 5 minutes	Attend a CU Libraries event	Enjoy our beautiful campus scenery
Take a mental health day	Find a book about a composer or musician you dig in the Music Library	Visit the Mindfulness Room in Norlin	Use a computer, scanner, printer, or self-checkout machine in one of our libraries

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