Local Heterogeneities Improve Matrix Connectivity in Degradable and Photoclickable Poly(ethylene glycol) Hydrogels for Applications in Tissue Engineering

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ABSTRACT: Hydrolytically degradable poly(ethylene glycol) (PEG) hydrogels are promising platforms for cell encapsulation and tissue engineering. However, hydrolysis leads to bulk degradation and a decrease in hydrogel mechanical integrity. Despite these challenges, hydrolytically degradable hydrogels have supported macroscopic neotissue growth. The goal of this study was to combine experimental methods with a multiscale mathematical model to analyze hydrogel degradation concomitant with neocartilage growth in PEG hydrogels. Primary bovine chondrocytes were encapsulated at increasing densities (50, 100, and 150 million cells/mL of precursor solution) in a radical-mediated photoclickable hydrogel formed from 8-arm PEG-cocaprolactone end-capped with norbornene and cross-linked with PEG dithiol. Two observations were made in the experimental system: (1) the cell distribution was not uniform and cell clustering was evident, which increased with increasing cell density and (2) a significant decrease in the initial hydrogel compressive modulus was observed with increasing cell concentration. By introducing heterogeneities in the form of cell clusters and spatial variations in the network structure around cells, the mathematical model explained the drop in initial modulus and captured the experimentally observed spatial evolution of ECM and the construct modulus as a function of cell density and culture time. Overall, increasing cell density led to improved ECM formation, ECM connectivity, and overall modulus. This study strongly points to the importance of heterogeneities within a cell-laden hydrogel in retaining mechanical integrity as the construct transitions from hydrogel to neotissue.

KEYWORDS: chondrocytes, poly(ethylene glycol), cartilage tissue engineering, hydrolytic degradation

INTRODUCTION

Synthetic hydrogels designed with cross-links that are susceptible to hydrolysis are promising for tissue engineering.1 The use of synthetic precursors enables hydrogels to be formed with highly reproducible and controllable macroscopic properties. Furthermore, the choice of chemistry for the hydrolytically labile linker provides control over the degradation kinetics.2,3 Thus, a wide range of mechanical properties (e.g., moduli of 1 to 1000 kPa) and degradation profiles (e.g., spanning days to months) can be achieved. As such, hydrolytically labile hydrogels have been investigated for a range of tissue engineering applications including cartilage,4–7 bone,8–10 tendon and ligament,11,12 neural,13 and smooth muscle and vascular.14,15

One of the challenges of using synthetic hydrogels for cell encapsulation and tissue engineering is that the mesh size (ca. one to tens of nanometers) of the polymer network is much smaller than the size of many extracellular matrix (ECM) molecules that make up tissues. For example, mature collagen fibers can reach ca. one to tens of thousands of nanometers in length.16,17 Thus, degradation is necessary to achieve macroscopic tissue growth. The highly water-swollen nature of the hydrogel leads to bulk degradation and consequently an exponential decrease in cross-link density with time.18,19 However, a point is reached at which a sufficient number of cross-links has been cleaved and the hydrogel transitions from a cross-linked polymer to a water-soluble branched polymer, a phenomenon referred to as reverse gelation.20 Although the mesh size increases as cross-links are broken during degradation, it is still too small even at reverse gelation to enable the large ECM molecules, like collagen fibers, to diffuse through the network and deposit.21 As a result, reverse gelation must occur simultaneously with ECM macroscopic growth in order to achieve a seamless transition from hydrogel to neotissue and prevent loss of mechanical integrity. This requirement is particularly challenging given the inherent variability in tissue synthesis capabilities by cells as a function of donor (e.g., donor age, cell type, etc.).

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Despite these challenges, hydrolytically degradable hydrogels with encapsulated cells have yielded a macroscopic engineered tissue, with studies suggesting an important underlying phenomenon that is important to their success. A previous study reported polymer network heterogeneities at the micrometer-scale when cartilage cells (i.e., chondrocytes) were encapsulated in poly(ethylene glycol) hydrogels formed by radical mediated chain polymerization. This finding was evident by the observation of large spatial variations in cell deformation, which arise due to spatial variations in the polymer network structure, despite a uniform macroscopic deformation applied to the hydrogel. The spatial variation in cell deformation has also been shown to be dependent on the type of radical polymerization. Although the exact mechanism that contributed to the macroscopic heterogeneities of the network was not identified, another study reported that cells during encapsulation are capable of reacting with propagating radicals and thus can quench these radicals to locally inhibit polymerization. This process reduces the effective cross-linking of the hydrogel immediately around cells. Collectively, these findings point to the existence of network heterogeneities in cell-laden hydrogels that result in spatial variations of the hydrogel cross-link density due to cellular interactions with propagating radicals. Such heterogeneities in cross-linking may help explain why hydrolytically degradable hydrogels have, in some cases, promoted neotissue growth. A better understanding of the role of network heterogeneity on macroscopic tissue growth is, however, needed.

The goal of this study was to combine experimental approaches with computational models to identify spatial heterogeneities that form in a cell-laden hydrogel and investigate their impact on macroscopic tissue evolution. We employed a recently developed mathematical model that describes the coupled phenomena of hydrogel degradation and ECM elaboration by encapsulated cells to identify spatial heterogeneities. For the experimental approach, we chose a hydrolytically degradable and photoclickable poly-(ethylene glycol) (PEG) hydrogel (Figure 1) that we recently synthesized in a two-step process using protocols adapted from Bryant et al. Briefly, 8-arm PEG-hexaglycerol (20 kDa, JenKem Technology, Allen, TX) was reacted with 1.5 molar excess ε-caprolactone using tin(II) ethylhexanoate as the ring opening catalyst. The reaction was carried out at 140 °C for 6 h under vacuum. The intermediate product PEG-CAP was recovered by precipitation in ice-cold diethyl ether. PEG-CAP was reacted overnight at room temperature under argon with N,N′-dissopropylcarbodiimide (1 molar excess), 4-dimethylaminopyridine (1 molar excess), pyridine (10 molar excess), and 5-norbornene-2-carboxylic acid (10 molar excess) in dichloromethane. The final product, PEG-CAP-NB, was purified through filtration over activated carbon and precipitated in diethyl ether. The precipitate was dried and dissolved in a minimal amount of chloroform. The solution was washed twice in a glycine buffer and once in a brine solution. The purified product was recovered via precipitation in diethyl ether, lyophilized, and confirmed by ‘H nuclear magnetic resonance spectroscopy. The number of caprolactones per PEG arm was determined to be on average 1.26 by comparing the peak area for the methylene protons in the caprolactone (δ = 2.25–2.4 ppm) to the peak area of the methylene protons in PEG (δ = 3.25–3.9 ppm). Norbornene conjugation was determined to be 65% by comparing the peak area of the vinyl protons (δ = 5.9–6.25 ppm) to the methylene protons in PEG.

Chondrocyte Isolation. Chondrocytes were harvested from bovine articular cartilage from the femoral patellar groove and femoral

![Figure 1](https://example.com/figure1.png)

Figure 1. (A) PEG-CAP-NB is reacted with (B) PEGdSH in the presence of photoinitiator and UV light to form a (C) cross-linked hydrogel (an ideal network is shown). (D) This network undergoes hydrolysis to form soluble degradation products.
condyles of a 1–3 week old calf (Research 87, Marlborough, MA). Cartilage slices were rinsed in phosphate-buffered saline (PBS) supplemented with 50 U/mL penicillin and 50 μg/mL streptomycin (P/S), 0.5 μg/mL fungizone, and 20 μg/mL gentamicin (Invitrogen, Carlsbad, CA). Cartilage slices were digested for 15–17 h at 37 °C in 600 μL collagenase type II (Worthington Biochemical, Lakewood, NJ) in Dulbecco’s Modified Eagle Medium (DMEM) (Invitrogen, Carlsbad, CA) with 5% fetal bovine serum (FBS) (Atlanta Biologicals, Lawrenceville, GA). The cartilage digest was filtered through a 100 μm cell strainer (Falcon, Corning, NY) and collagenase was inactivated with 0.02% ethylenediaminetetraacetic acid in PBS (Invitrogen, Carlsbad, CA). Chondrocytes were recovered and washed in PBS by several centrifugation steps and resuspended in PBS with antibiotics.

Cell viability was >70% postdigestion as determined using the Trypan Blue exclusion assay (Invitrogen, Carlsbad, CA).

**Chondrocyte Encapsulation and Culture.** PEG-CAP-NB was solubilized in PBS 1 day before cell encapsulation and stored at 4 °C to minimize hydrolysis. A precursor solution was prepared with 10% (g/g) PEG-CAP-NB, PEG dithiol (Figure 1B) (PEGdSH 1 kDa, 1:1 moles of thiol to norbornene, Sigma-Aldrich, St. Louis, MO), and 0.05% (g/g) photoinitiator (Irgacure 2959, Ciba Specialty Chemicals, Tarrytown, NY) in PBS. Freshly isolated chondrocytes were combined with 0.02% ethylenediaminetetraacetic acid in PBS (Invitrogen, Carlsbad, CA). Chondrocytes were recovered and washed in PBS by several centrifugation steps and resuspended in PBS with antibiotics. Cell viability was >70% postdigestion as determined using the Trypan Blue exclusion assay (Invitrogen, Carlsbad, CA).

**Hydrogel Construct Characterization.** Cell viability was assessed with the LIVE/DEAD assay (Invitrogen, Carlsbad, CA) at 0, 4, and 12 weeks on constructs (n = 2) per experimental condition. Constructs were cut in half and images were acquired from different regions of a cross section within the constructs at 100X using a confocal laser scanning microscope (Zeiss LSM 5 Pascal). The other half of each construct was used for immunohistochemistry as described below. At week 0 (i.e., 24 h postencapsulation), 4, and 12 hydrogels were assessed for compressive modulus (n = 3). The diameter and height of the hydrogels were recorded. Hydrogels were compressed to 15% strain at a rate of 0.5 mm/min (MTS Synergy 100, 10 N). The compressive modulus was measured by estimating the slope of the linear region of stress–strain curves from 10 to 15% strain.

**Biochemical Analysis.** The same constructs processed for compression tests were subsequently analyzed for biochemical content (n = 3). The lyophilized hydrogels were homogenized using a TissueLyser and enzymatically digested in 0.125 mg/mL papain for 18 h at 60 °C. The DNA content was determined using Hoechst 33258 (Polysciences, Inc. Warrington, PA).28 Cell number was determined based on DNA content, assuming 7.7 pg of DNA per chondrocyte.28 The dimethyl methylene blue (DMMB, Sigma-Aldrich St. Louis, MO) colorimetric assay was used to measure the amount of sulfated glycosaminoglycans (sGAGs).29 Total collagen content was assessed using the hydroxyproline assay and assuming a 10% hydroxyproline content in collagen.30 Bovine cartilage explants were also analyzed for biochemical and DNA content.

**Immunohistochemistry.** At weeks 0 (24 h postencapsulation), 4, and 12 half constructs were harvested for immunohistochemical analysis (IHC) (n = 2). Constructs were fixed overnight in 4% paraformaldehyde at 4 °C and transferred to 30% sucrose in PBS for 2–3 d. Samples were embedded in TissueTek OCT compound (Sakura Finetek USA, Torrance, CA) and frozen in isopentane and liquid nitrogen. Sections (10 μm) were obtained from the center of the construct (the cut side) with a Leica CM1850 cryostat (Leica Microsystems Inc., Buffalo Grove, IL). Sections were stained with primary antibodies for collagen II (1:50, C7510-21C, US Biologicals, Swampscott, MA) and aggrecan (1:100, ab3778, Abcam). Prior to antibody treatment, sections underwent antigen retrieval (Retrievagen A, BD Biosciences, San Jose, CA) and were treated with 200 U hyaluronidase (Sigma-Aldrich, St. Louis, MO) (for antaggrecan), or 3.4 mU keratanase I (MP Biomedical, Solon, OH), and 10 mU chondroitinase-ABC (Sigma-Aldrich) (for aggrecan) for 1 h at 37 °C. After primary antibody treatment, sections were treated with either AlexaFluor 488 or 546 conjugated secondary antibodies (Invitrogen, Carlsbad, CA) for collagen II and aggrecan, respectively. Cell nuclei were counterstained with DAPI (Invitrogen). Stained sections were mounted with Fluoromount-G (Southern Biotech, Birmingham, AL) and imaged via laser scanning confocal microscopy at 100X and 400X. Sections receiving no primary antibody treatment served as negative controls.

**Modeling.** Since the global growth process and local degradation around cells occur at different length-scales (millimeter and micrometer, respectively), we adopted a hierarchical multiscale approach that follows three steps (Figure 2). At the submicro level, the model...
describes the hydrogel properties (i.e., cross-linking density and mechanical properties) that evolve over time as the hydrogel degrades. At the microlevel, the construct is described by representative volume elements (RVEs) containing a finite number of cells embedded in a hydrogel whose cross-link density \( \rho_c \) can vary with distance \( x \) and time \( t \) such that \( \rho_c(x,t) \). Diffusion of ECM molecules depends on hydrogel cross-linking. At the macro scale, large populations of cells are considered as well as their effect on the evolution of mechanical properties that result from hydrogel degradation and ECM growth.

The model at the submicroscale was used to describe hydrogel properties as a function of space and time resulting from hydrogel degradation. The polymer network undergoes hydrolytic degradation of ester bonds that flank the ends of each crosslink. Hydrogel degradation continues until it reaches reverse gelation, the point at which a sufficient number of cross-links has been cleaved such that the hydrogel transitions from a solid polymer network to highly branched soluble polymer chains. The critical cross-link density, \( \rho_c \), is defined as the cross-link density when the hydrogel reaches reverse gelation. The value of \( \rho_c \) was determined experimentally by degrading PEG-CAP hydrogels in chondrocyte growth medium, but in the absence of cells. The cross-link density immediately prior to reverse gelation was determined from the experimental measurements of mass swelling ratio, density of the polymer and solvent, and the compressive modulus, which relate to cross-link density through Flory-Rehner and rubber elasticity theories following methods described by Akalp et al.33

The mechanics of the hydrogel construct, which comprises the hydrogel and deposited ECM are dictated by two mechanisms. First, the degradation of the gel which is assumed to follow a pseudo-first-order kinetics such that

\[
\rho_c(t) = \rho_c^0 e^{-kt} \quad \text{when} \quad \rho_c > \rho_c^0
\]

\[
\rho_c = 0 \quad \text{when} \quad \rho_c \leq \rho_c^0
\]

where \( k \) is a pseudo-first-order reaction rate constant for hydrolysis. While, polycaprolactone has been shown to degrade by enzymes (e.g., esterases and lipases), we have observed no appreciable influence of the culture medium or medium conditioned by chondrocytes on hydrogel degradation (unpublished data). Therefore, hydrolysis is considered to be the primary mechanism of degradation. When the hydrogel reaches reverse gelation \( \rho_c \), the hydrogel is no longer cross-linked. The kinetic constant was determined experimentally by fitting the degradation of PEG-CAP gels (as described above for determining \( \rho_c \)) to an exponential decay function. Second, the diffusion of cell-secreted ECM molecules occurs at the cell membrane and is modeled with the classical reaction–diffusion equation

\[
dk_m/\partial t = D_m \nabla^2 k_m - S_m
\]

where \( k_m \) is the unlinked fluid-like ECM concentration, \( D_m \) is the diffusion constant and \( S_m = k_m g_m \) is the rate of linkage of ECM molecules depending linearly on \( k_m \). The constant \( k_m \) is calculated to fit the model prediction and experimental observations. The rate of production of ECM at the cell surface is described in terms of the flux, \( f_m \), which is assumed to behave homoeostatically as \( f_m = f_m^0 (1 - \frac{c_m}{c_{m,ph}}) \) and applied as boundary condition for solving eq 2. The deposition of solid-like linked ECM is given by \( \partial k_m/\partial t = S_m \) where \( \tau \) is the concentration of linked ECM.

To model diffusion of newly synthesized and secreted ECM molecules, several assumptions were made. We only consider the main two cartilage ECM molecules, aggrecan and collagen type II, which make up the majority of the ECM of cartilage. Because these two ECM macromolecules are quite large (collagen type II has been reported to be 20,000 nm and full length aggrecan has been reported to be up to 400 nm) relative to the mesh size of the hydrogel \( (ca. 10–100 \text{ nm}) \), their diffusion will be restricted to the space immediately surrounding the cell.33 The diffusivity of the ECM molecules, \( D_m \), vanishes to zero when the hydrogel is intact. Once the hydrogel cross-link density reaches the critical cross-linking density at reverse gelation \( (i.e., \rho_c \leq \rho_c^0) \),

diffusion of the ECM molecules occurs and is assumed to follow diffusion in the swelling solvent (i.e., culture medium, which is assumed to have similar properties to water) at 37 °C estimated by the Stokes–Einstein relationship.

Solving the above linear equations with standard finite element techniques in the RVE, it is possible to evaluate the mechanical properties of the Young’s modulus, \( E \), of any point in the microscale domain. The modulus is determined through the knowledge of the cross-link density and ECM concentration. At any point in the microscale domain, the modulus of the construct comprises one of the following: the polymer network, the ECM, or the encapsulated cells. The three components are assumed to be noninterpenetrating; that is, each point is made up of only one component. At small strains, the stress–strain relationship for each component can be generalized from rubber elasticity as

\[
\sigma = \frac{E_m}{(1 + \nu \sigma)} \left( \epsilon + \frac{\nu}{(1 - 2\nu)} \epsilon^T \epsilon \right) \quad \text{for} \quad \epsilon = \text{hydrogel (i.e., the polymer network)}; \quad \text{ECM (i.e., synthesized neatissue)}; \quad \text{or cells}
\]

where \( \sigma \) is the stress tensor, \( \epsilon \) is the strain tensor, \( I \) is the identity tensor, \( E \) is the Young’s modulus, \( \nu \) is the Poisson’s ratio, \( T \) is the gas constant, and \( T \) is the temperature. The Poisson’s ratio for the polymer network was assumed to be close to 0.5 for elastic materials. The Poisson’s ratio for cartilage ECM is taken as 0.23.36,39 The modulus of the polymer network was estimated from the rubber elasticity theory33 assuming a linear elastic model described by

\[
E_{\text{gel}} = 2(1 + \nu)\rho_g RTQ^{1/3}
\]

This relationship has been used to relate the mechanical properties to cross-link density for similar PEG hydrogels.31 The chondrocytes are also treated as incompressible components with an elastic modulus of \( \sim 0.6 \text{ kPa} \).43 The modulus of ECM is assumed to be linearly proportional to the concentration of linked ECM molecules that form a solid 3D network; \( E_{\text{ECM}} \propto \tau \). We assume that the ECM and chondrocytes follow linear elastic behavior when under small strains and quasi-static loading.

At the microscale, RVEs are used to model local hydrogel degradation as well as synthesis, transport, and deposition of ECM molecules. The model is based on a multiphasic mixture formulation that predicts the evolution of hydrogel mechanical properties as a function of hydrogel degradation and the diffusion and deposition of ECM. Using computational homogenization techniques that consist of computing the overall compressive stress on the RVE resulting from a compressive strain of 10%, it is possible to calculate the effective Young’s modulus of the construct at different times during the hydrogel degradation–tissue growth process. The overall stress of the RVE derived from homogenization methods is given as

\[
\sigma = \frac{1}{V} \int_V \sigma_i \, dV = \frac{1}{V} \int_{\partial V} \left[ (\tau_n x + \tau_s \bar{x}) \right] \, dS
\]

where \( V \) and \( \partial V \) are the volume and boundary surface of the RVE, and \( i \) and \( j \) can take values 1, 2, and 3 to represent different directions. The vector \( \bar{x} \) is the position vector and \( \tau \) is the traction vector at the boundary surface of the RVE. The modulus of the RVE is given by

\[
E = \frac{\sigma_{11}}{\epsilon_{11}}
\]

where \( \sigma_{11} \) and \( \epsilon_{11} \) are the average uniaxial compressive stress and strain on the RVE in the direction of loading (direction 1). Boundary conditions are applied on the RVE to produce an overall compressive strain of \( \epsilon_{11} \) in the direction of loading while it is unrestrained in the other two normal directions (directions 2 and 3).

To further examine the evolution of the construct at the macroscale, we build a macroscopic RVE for which the cell density located at a
macroscopic point $x$ is represented by a heterogeneous function $f(x)$ a priori determined by a cell cluster analysis on microscopy images stained for live cells (see Hydrogel Construct Characterization section). This was done by counting the number of cells in a rectangular window, small enough to capture local variations in cell distribution, that is traversed over the entire image to obtain the spatial distribution of cell density $f(x)$ in the construct. On the basis of this analysis from multiple images that are from different regions in a construct, regions of relative increased cell density (local maxima) were identified and are herein referred to as cell clusters. The average distance of cells from the center point of the dense region is said to be the cluster size. Using a simple model, the cell clusters and their distribution were characterized using a cluster fraction, which is defined by the average cluster area and number of clusters per unit area of the image, and the cell area fraction within the cluster ($f_c$) and the background regions ($f_b$). A cluster map was generated from each representative microscopy image of live cells. The 2D cluster maps were translated to 3D by adjusting the number of cell clusters, cluster cell population proportionally based on the size and shape of the cluster and thickness of the section in the microscopy image. Clusters were randomly placed within the matrix for each cell density, and the cluster shapes were randomly generated corresponding to the average cluster volume using a self-avoiding random walk algorithm.\(^4\) Thus, the function $f(x)$, together with the mapping determined at the microscope, enables us to follow the time evolution of each point in the construct through the function $E(x,t) = E(f(x),t)$. As shown in Figure 2 (macrolevel), a finite-element analysis is then performed to compute the macroscopic secant modulus of the construct using a computational homogenization procedure similar to that introduced at the microscale.

**Statistics.** Mechanical and biochemical data are presented as the mean with standard deviation ($n = 3$) or in a dot plot. One-way ANOVA with cell density as the factor was performed for the initial construct characterization at Week 0. Two-way ANOVA was performed in Minitab 17 for modulus and biochemical data with cell construct characterization at Week 0. Two-way ANOVA with cell density as the factor was performed for the initial mean with standard deviation ($\mu \pm \sigma$) from three simulations.

<table>
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<th>RESULTS</th>
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| **Chondrocyte Encapsulation and Network Heterogeneities.** The experimental system consisted of primary bovine chondrocytes that were encapsulated in a photoclickable and hydrolytically susceptible hydrogel based on PEG-CAP chemistry. Three cell densities were investigated at 50 million (M), 100 M, and 150 M cells per milliliter of precursor solution prior to encapsulation, which are referred to as low, medium, and high cell density, respectively. The cell-laden hydrogels were characterized one-day postencapsulation. Viable cells were evident, although some dead cells were also present (Figure 3A). All cell densities exhibited heterogeneous cell distribution with the higher cell densities presenting denser regions of cells. Cell number was determined based on DNA content and the number of cells that were encapsulated with each cell seeding density increased proportionally as expected (Figure 3B). The compressive modulus of the hydrogel in the absence of cells was determined to be 46 kPa, but was lower for the cell-laden hydrogels and decreased ($p < 0.0001$) with increasing cell density (Figure 3C).

The computational model was initially used to describe the hydrogel with encapsulated cells, but prior to hydrogel degradation and ECM deposition. The model parameters (Table 1) included the modulus of the hydrogel, which was assumed to be 46 kPa, as measured experimentally, and the modulus of a chondrocyte, which was assumed to be $\sim 0.6$ kPa.\(^4\) To capture the experimentally observed spatial heterogeneities in cell distribution, cell clusters were introduced into the computational model (parameters listed in Table 2). At the microscale, the volume fraction of cells ($f$) can vary where regions have high cell concentration, which are referred to as clusters, and other regions have low cell concentration, which are referred to as background. Herein, cell clusters are defined by local regions of increased cell density $f$ identified by a local cell density map from live cell microscopy images (Figure 4A). Once characterized, 3D simulations were carried out where the clusters were randomly placed in 3D. Representative simulations show cluster size and distribution for each cell density case (Figure 4B). In addition, representative simulations showing the cellular distribution in the background and in the cluster regions are also shown. At the macroscopic scale, regions of high cell density (i.e., a cell cluster) and similar regions of low cell density (i.e., background) are captured in the model. With increasing cell concentration, the clusters were denser (i.e., high local cell density) though the proximity of clusters was not affected by cell seeding density. The experimentally determined initial modulus of the acellular hydrogel was used in the model for the hydrogel modulus. Accounting for spatial heterogeneities in cell distribution and the presence of cells, the computational model predicted the macroscopic compressive modulus of the cell-laden hydrogels with increasing cell density (Figure 4C). A decrease ($p < 0.0001$) in the modulus with increasing cell concentration was observed, but not to the same extent that was observed experimentally. For example, in the high cell density condition, the model predicted a $\sim 5\%$ drop compared to $\sim 80\%$ drop that was observed experimentally.

To investigate heterogeneities that result from a spatial variation in cross-link density surrounding the encapsulated cells, we introduce into the model the parameter, $R_L$ (Figure 5A). $R_L$ is defined as the distance between the outer surface of the cell membrane, where cross-link density is zero, and the location at which the cross-link density equals $99\%$ of the initial cross-link density (i.e., that of the initial hydrogel in the absence of cells). For simplicity, we report $R_L/R_a$ where $R_a$ is the radius of the construct. Although the model was able to capture the population of clustered cells, it did not predict the same variations in cross-link density as were observed in the experiments. To further explore this result, additional simulations were performed that incorporated $R_L$ into the model (Figure 6A). These additional simulations show that $R_L$ had a significant effect on the cross-link density at the center of the cell cluster. For example, the model predicted a $\sim 20\%$ drop in cross-link density compared to $\sim 80\%$ drop that was observed experimentally. This result suggests that the location of the cross-link density must be determined at the cellular scale rather than at the macroscopic scale. Further exploration of the relationship between the location of the cross-link density and the spatial distribution of cells may be necessary to better understand the observed heterogeneities.\(^4\)
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Simulations were run with varying values of cluster size and distribution determined above for each cell (Figure 5B). With increasing cell volume fraction, overlap in cross-link density (i.e., distance that is experimental modulus (Figure 5D). Each simulation was run with a randomly generated cluster distribution resulting in variations between each simulation. A value of 27 was estimated for \( R_d/R_c \) or an \( R_d \) of 135 \( \mu \text{m} \) for the constructs. The experimental modulus and the computationally determined modulus with an \( R_d/R_c \) of 27 are also shown in Figure 5E. The experimentally determined modulus shown in Figure 5E is the same as in Figure 4C.

### Tissue Deposition in Chondrocyte-Laden Hydrogels.

Cell-laden hydrogels for each cell density were cultured up to 12 weeks and assessed for compressive modulus, cellular content, and biochemical content (Figure 6 with results from a two-way ANOVA reported in Table 3). The compressive modulus varied (\( p = 0.001 \)) with time and was moderately affected (\( p = 0.1 \)) by cell density. There was interaction (\( p = 0.01 \)) between time and cell density. For example, the modulus for the low cell density condition dropped (\( p = 0.01 \)) with time. DNA content did not vary (\( p = 0.86 \)) with time, but was affected (\( p < 0.001 \)) by cell density, as expected. The sulfated glycosaminoglycan (sGAG) content increased (\( p < 0.001 \)) with time and was moderately affected (\( p = 0.08 \)) by cell density. By week 12, the high cell density condition had the highest sGAG content. When normalized to DNA, sGAG was affected (\( p = 0.053 \)) by cell density and affected (\( p < 0.001 \)) by time with the highest sGAG content in the high cell density condition at week 12. Total collagen content increased (\( p < 0.001 \)) with time and was moderately affected (\( p = 0.08 \)) by cell density. By week 12, the high cell density condition had the highest total content. When normalized to DNA, cell density was no longer a factor in total collagen content. In general, there was minimal interaction between cell density and time for sGAG and collagen and when normalized to DNA.

The quality and spatial organization of the newly deposited ECM was assessed by immunohistochemistry for aggrecan and collagen II (Figure 7), the two major ECM molecules that makeup cartilage. Aggreccan and collagen II were detected as early as one-day postencapsulation (referred to as week 0) and both ECM molecules were present throughout the 12 week culture period for all hydrogel conditions regardless of cell density. In all cell density conditions, the ECM was localized to the pericellular space at day 1 (week 0). In the low cell density hydrogel (Figure 7A) at week 4, the spatial distribution of ECM differed between constructs showing either ECM restricted to the pericellular space or interconnected ECM between adjacent cells. By week 12, an ECM had formed across the entire construct. In the medium cell density (Figure 7B) and high cell

### Table 1. Model Parameters

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<th>value</th>
<th>units</th>
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<td>( f_{p} )</td>
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### Table 2. Cluster and Background Parameters

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<th>background (f_b)</th>
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<td>0.012</td>
</tr>
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</tr>
<tr>
<td>150 M</td>
<td>0.038</td>
<td>0.077</td>
<td>0.034</td>
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</table>

of a cell. In other words, a value of \( R_d/R_c = 5 \) indicates a distance that is 5\( \times \) the cell radius or 25 \( \mu \text{m} \). We adopted a simple empirical relationship to describe cross-link density as a function of distance (x) from the cell surface:

\[
\rho_c(x) = \rho_c^0 \left(1 - \exp\left(-k \frac{x}{R_d}\right)\right) \quad \text{with} \quad k = \ln(0.01)
\]

To illustrate the effect of \( R_d \) on the spatial variation of hydrogel cross-link density using our model, two macroscopic volume fraction of cells were investigated, \( f = 0.05 \) and \( f = 0.20 \), and over a range of \( R_d/R_c \) values from 0 to 27. The normalized cross-link density (i.e., \( \rho_c/\rho_c^0 \)) was determined as a function of distance from one cell to another (denoted by \( d_{cell} \)) (Figure 5B). With increasing cell volume fraction, \( d_{cell} \) decreases. Several key observations can be made. For an \( R_d \) of zero, the normalized cross-link density is uniform and at a value of 1 across the entire distance between two cells, regardless of the volume fraction of cells. With increasing \( R_d \), the cross-link density varies across the distance between two cells. When the \( R_d \) of two cells overlaps, the maximum cross-link density is lower than the initial cross-link density of bulk hydrogel. With a higher volume fraction of cells where cells are closer together, the maximum cross-link density between two cells is even lower for the same cell radius or 25\( \times \) the cell radius or 25 \( \mu \text{m} \). We adopted a simple empirical relationship to describe cross-link density as a function of distance (x) from the cell surface:
density (Figure 7C) conditions, the ECM by week 4 was interconnected and present throughout all constructs. Similar results were observed at week 12.

**Computational Modeling of Hydrogel Degradation and ECM Growth.** The computational model was then used to describe the cross-link density, ECM accumulation in the hydrogel and compressive modulus as a function of culture time up to 30 days (Figure 8), at which point the hydrogel had degraded. The model used the cluster analysis described above for each of the three cell densities and a value of 27 for $R_q/R_c$. The remaining model parameters are given in Table 1. The ECM homeostatic concentration ($c_{m,0}$) was determined from the ECM (collagen and GAG) concentration of fresh juvenile bovine cartilage explants. The ECM production rate per cell ($f_m^p$) was calculated from the total ECM synthesis produced over the first 4 weeks divided by 28 days and the total number of cells at 4 weeks. $f_m^p$ was assumed to be constant. The simulation results are shown in Figure 8. The average cross-link density decreased with time concomitant with an increase in average ECM accumulation in the hydrogel for all cell densities (Figure 8A). The high cell density condition, which started with the lowest initial average cross-link density, led to the greatest amount of ECM accumulation within the hydrogel by day 30. Snap shots of cross-link density and ECM accumulation from 3D simulations are shown at day 0, 15, and 30 (Figure 8B). The low cell density condition had more diffuse and less dense regions of accumulated ECM. On the contrary, regions of dense ECM are observed in the medium cell density condition and were even more pronounced in the high cell density condition. The compressive modulus of the construct, which combines the modulus of the hydrogel and the modulus of the ECM, as a function of time was also determined in the simulations (Figure 8C). The modulus decreased for all conditions, which corresponded to a decrease in the cross-linking density with minimal deposited ECM. However, the modulus begins to increase as the ECM forms its own interconnected matrix. This transition occurred the earliest in the high cell density condition and took the longest to occur in the low cell density condition. The experimentally measured modulus corresponded to the simulation results at day 28.

**DISCUSSION**

This study describes local heterogeneities within a cell-laden hydrogel that arise from two phenomena: (a) clustering of cells and (b) spatial variations in the hydrogel cross-link density. Using a combined experimental and theoretical approach, the local heterogeneities were defined along with spatiotemporal mapping of both cross-link density and ECM evolution. With increasing cell density within the hydrogel, the local heterogeneities were further magnified. Results from this work demonstrate that with increasing local heterogeneities, the amount of deposited ECM is higher concomitant with improved ECM evolution and an overall higher modulus. Taken together, our findings point toward heterogeneities as being important to achieve macroscopic ECM evolution in hydrolytically degradable PEG hydrogels.

When cells were encapsulated in the PEG-CAP hydrogels, a stark decrease in the compressive modulus was observed, which was more pronounced with higher cell concentrations at the time of encapsulation. The volume fraction of cells, which are softer than the hydrogel, ranged from 0.014 to 0.038 in the hydrogel that arise from two phenomena: (a) clustering of cells and (b) spatial variations in the hydrogel cross-link density. Using a combined experimental and theoretical approach, the local heterogeneities were defined along with spatiotemporal mapping of both cross-link density and ECM evolution. With increasing cell density within the hydrogel, the local heterogeneities were further magnified. Results from this work demonstrate that with increasing local heterogeneities, the amount of deposited ECM is higher concomitant with improved ECM evolution and an overall higher modulus. Taken together, our findings point toward heterogeneities as being important to achieve macroscopic ECM evolution in hydrolytically degradable PEG hydrogels.

When cells were encapsulated in the PEG-CAP hydrogels, a stark decrease in the compressive modulus was observed, which was more pronounced with higher cell concentrations at the time of encapsulation. The volume fraction of cells, which are softer than the hydrogel, ranged from 0.014 to 0.038 in the hydrogel and was not sufficient to explain the large drop in modulus. This observation, thus, led to the introduction of heterogeneities into our previously developed computational model in an effort to explain the results. The presence of cell clusters was evident in the hydrogels through confocal microscopy images. The clustering of cells is attributed to cell aggregation that occurred during the processing of the cells prior to encapsulation. Chondrocytes, along with other cell types, are known to aggregate,
were not perfectly dispersed within the hydrogel immediately after encapsulation. Accounting for cell clusters within the model confirmed a decrease in modulus with increasing cell concentration, but not to the same degree that was observed experimentally. Given the prior evidence that chondrocytes interact with propagating radicals during encapsulation, chondrocytes may quench the radicals and inhibit polymerization. Since radicals are short-lived, this termination would be restricted to regions nearby cells. With the introduction of R_d combined with the presence of cell clusters, the model was able to explain the experimentally observed drop in modulus. In regions with cell clusters where cells are in close proximity to one another, their R_d’s overlap such that the overall cross-linking density in these regions is lower. With increasing cell concentration, the distance between cells within the background (i.e., not in clusters) and the distance between clusters become smaller and can begin to approach R_d such that even in the bulk the overall cross-link density may be lower. Thus, the increasing number and size of cell clusters coupled with a high value of R_d is able to explain the reduction in the overall compressive modulus with increasing cell density.

The value for R_d/ R_c was estimated to be ~27 or equivalent to an R_d of ~135 μm. There are several factors that may impact the magnitude of the R_d region, including diffusion and termination of radicals and the hydrophilic nature of the monomers. Propagating radicals can be stabilized by the surrounding chemistry, which increases their lifetime and thus will increase the probability of interacting with cells. The addition of hydrophobic caprolactone units to the multiarm PEG creates an amphiphilic molecule where block copolymers of PEG and caprolactone groups have been shown to form micelles in aqueous solvents. Thus, it is reasonable to postulate that as cells terminate radicals, the effects on propagation may extend farther into the polymerizing solution due to the amphiphilic nature of the PEG-CAP chemistry. In support of this postulation, several studies have reported a drop in modulus after encapsulating chondrocytes at a cell seeding density of 50 M in hydrogels formed by radical mediated polymerization. For example, the compressive modulus dropped by 10% in a PEG hydrogel formed from 8-arm PEG-NB with peptide sensitive cross-links, by 18% in PEG hydrogels formed from PEG dimethacrylate monomers, and by 42% in a hydrogel formed by copolymerizing poly(lactic acid)-b-PEG-b-poly(lactic acid) dimethacrylate with acrylated poly(vinyl alcohol).

The latter chemistry, which experienced the greatest drop in modulus, is the least hydrophilic. Moreover, in the study with the PEG hydrogel containing peptide cross-linkers, the R_d/ R_c was estimated to be three or an R_d of ~15 μm. Thus, the hydrophilic nature of the monomers appears to have a significant effect on the value of R_d.

The presence of an R_d and clusters is able to explain the observed ECM growth within the different hydrolytically degradable hydrogels. In regions of lower cross-link density (i.e., in the clusters), the hydrogel will reach reverse gelation much faster within the cell clusters when compared to regions where the cells are more dispersed and farther apart (i.e., in the background). This phenomenon enables ECM elaboration and ECM connectivity between adjacent cells in the clusters while the background regions maintain a cross-linked hydrogel. Thus, the transition from hydrogel to ECM depends on the number of cells, clusters, and cluster size. Indeed, our results show that in the low cell density condition, which has smaller

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**Figure 5.** (A) Schematic of R_d. The radius R_d is defined as the zone where the hydrogel cross-link density is reduced due to the cell’s interaction with radicals. As such, R_d controls the cross-link density at a distance x from the cell surface. (B) The effect of R_d on the spatial variation in hydrogel cross-link density between two cells. Two cases are shown for a low local cell volume fraction (f = 0.05) and a high local cell volume fraction (f = 0.20) for varying values of R_d. Results from 3D simulations for f = 0.05 and f = 0.20 are shown for the two cases for R_d/R_c = 7 where cells (green) are embedded within a hydrogel. The spatial variation in cross-link density (ρ_f) is shown decreasing from red (equivalent to the bulk cross-link density) to blue (equivalent to the reverse gelation point). The distance between cells (d_{cell}) varies based on the volume fraction and was 3.43 and 1.42 μm for f = 0.05 and f = 0.20, respectively. (C) Simulation results are shown for the macroscopic compressive modulus for the two cases of cell volume fraction as a function of R_d/R_c. The modulus is normalized to the modulus at R_d = 0. The black line represents f = 0.05 and the gray line represents f = 0.20. Simulation data are presented as mean with standard deviation for n = 3. (D) Simulations for the initial compressive modulus of low, medium, and high cell seeding density are shown as a function of cell volume fraction as a function of PEG and caprolactone groups have been shown to form
cell clusters, the overall modulus drops by \(~50\%\) at 4 weeks. This observation is consistent with the idea that, although the hydrogel is degrading, there is substantial macroscopic ECM that forms within the large cluster regions, which contributes to the overall modulus.

The model was able to capture the overall evolution of ECM growth and construct modulus as a function of time for the PEG-CAP hydrogels with varying initial cell concentrations. Since the model describes hydrogel degradation that is coupled to ECM molecule transport and deposition, but does not describe maturation of the ECM alone, the model was limited to the time scale of hydrogel degradation (~30 days). Results from the model provide insights into the spatiotemporal behavior of the construct as it transitions from hydrogel to ECM. Experimental limitations prevent the real time continuous analysis of the modulus evolution. The model provides insights into the drop in modulus that occurs as the constructs degrade initially prior to significant ECM deposition and elaboration. This effect was most pronounced in the low cell density condition, which reported a ~70\% modulus drop in the first ~24 days prior to recovery of the modulus by 30 days. The medium and high cell density cases reached a minimum modulus at earlier times and exhibited a greater recovery in the first 30 days. The simulation results support the idea that higher cell seeding densities lead to increased ECM connectivity through the following mechanisms. Encapsulation at high cell densities leads to an overall lower bulk cross-link density as single cells in the background and cells within the clusters are closer together, and this leads to overlapping R_d's. This effect causes the hydrogel to reach reverse gelation faster especially in the clusters, which creates space for ECM transport and deposition within the clusters. As clusters are closer together, interconnectivity of the ECM between clusters occurs leading to an overall ECM interconnectivity within the hydrogel.

Long-term by 12 weeks, the engineered neo-cartilage tissue was largely similar across all three conditions. The low cell density condition by week 12 reached a modulus that was similar to the medium and high cell density conditions at

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week 4, where the latter two conditions appeared to maintain their mechanical properties after week 4. The high cell density condition resulted in the greatest total amount of deposited ECM per construct and on a per cell basis. These findings suggest that differences in the spatiotemporal degradation of the hydrogel due to the local heterogeneities have profound effects on neotissue growth. Herein, our findings indicate that starting with a lower cell seeding density, which corresponds to a higher initial modulus, results in less ECM deposition, a considerable drop in mechanical properties, and a slow transition to an interconnected neotissue. Alternatively, starting with a high cell seeding density, which corresponds to a lower initial compressive modulus, results in a more rapid transition to intact neo-cartilage. Although the modulus in the high cell density condition was relatively low at 8 kPa, hydrogels can be readily designed with hydrolytically susceptible bonds that have a higher hydrolysis kinetic constant than the ester bonds used in this study. Thus, a hydrogel with a higher initial cross-linking density and hence modulus can be designed to achieve similar degradation rates to those investigated in this work.

Overall, this study highlights the importance of heterogeneities within a cell-laden hydrolytically labile hydrogel. On the contrary, homogeneous networks, such as those formed from orthogonal click reactions, have been promoted for their consistent properties throughout the polymer network. This aspect is important when studying the effects of local cues, such as matrix stiffness, on cells encapsulated in 3D hydrogels. However, in the context of tissue engineering, our results strongly point to the need to introduce local heterogeneities into the network structure to improve matrix connectivity and promote a seamless transition from hydrogel to neotissue.

There are several limitations in this study that are important to note. We assumed an average value of $R_d$ based on the experimentally determined decrease in bulk compressive modulus when increasing the cell seeding density. However, chondrocytes were isolated from full thickness cartilage and are a heterogeneous population of cells that may have different cellular responses, leading to heterogeneous evolutions in $R_d$. The model did not account for any changes in the cell population that arise due to cell proliferation and cell death. However, the cell number as measured experimentally through DNA content did not change with culture time and thus may not have been a significant factor for the model. This study is limited to one biological donor and thus variations in $R_d$ and cell clustering may vary from donor to donor which requires additional studies.

**CONCLUSIONS**

Using a combined experimental and computational approach, this study introduces the importance of local heterogeneities in achieving a seamless transition from hydrogel to neotissue in cell-laden hydrolytically labile hydrogels formed from radical mediated polymerizations. Two local heterogeneities were identified. The first is the presence of cell clusters. The second is the local inhibition of the polymerization in the vicinity of the cell creating a region with reduced cross-linking. When combined, the two local heterogeneities create regions within the cell clusters that have a low cross-link density and thus degrade the fastest and create space for ECM transport and deposition. With increasing cell concentration within the hydrogel the local heterogeneities are magnified and this improves the overall outcome with enhanced mechanical properties and overall higher amounts of ECM. Future studies will explore controlling cell cluster formation, which may allow for even more control over the evolution of ECM. Although, this study focused on chondrocytes, mammalian cells have a natural capacity to protect themselves from radicals, and thus network heterogeneities are likely be present in other contexts.

Figure 7. Representative confocal microscopy images of immunohistological sections stained for collagen II and aggrecan after 1 day (i.e., week 0), week 4, or week 12 of culture for hydrogel with low (A), medium (B), and high (C) cell densities. Nuclei are stained with DAPI (blue). Scale bar = 20 μm.
cell types. Collectively, the presence of heterogeneities is key for the success of hydrolytically degradable hydrogels.

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**Notes**  
The authors declare no competing financial interest.

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