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Mechanisms of Thermal Atomic Layer Etching

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Cite This: Acc. Chem. Res. 2020, 53, 1151–1160		Read Online		
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CONSPECTUS: Atomic layer control of semiconductor processing is needed as critical dimensions are progressively reduced below the 10 nm scale. Atomic layer deposition (ALD) methods are meeting this challenge and produce conformal thin film growth on high aspect ratio features. Atomic layer etching (ALE) techniques are also required that can remove material with atomic layer precision. ALE processes are defined using sequential, self-limiting reactions based on surface modification and volatile release. Plasma ALE methods employ energetic ion or neutral species to release the modified material anisotropically using sputtering. In contrast, thermal ALE processes utilize gas species to release the modified material isotropically using thermal reactions. Thermal ALE can be viewed as the "reverse of ALD".



There are a number of mechanisms for thermal ALE that have developed over the last five years. This Account will first examine the fluorination and ligand-exchange mechanism for thermal ALE. This mechanism is applicable for many metal oxide and metal nitride materials. Subsequently, the "conversion etch" mechanisms will be explored that are derived from the conversion of the surface of the substrate to a new material. The "conversion etch" mechanisms are needed when the initial material does not have a viable etching pathway via fluorination and ligand-exchange or when the material has a volatile fluoride. The thermal ALE mechanisms founded on either oxidation or halogenation of the initial substrate will then be examined with an emphasis on metal thermal ALE. Lastly, thermal ALE mechanisms will be considered that are based on self-limiting surface ligands or temperature modulation mechanisms. These various mechanisms offer a wide range of pathways to remove material isotropically with atomic layer control.

Thermal ALE will be required to fabricate advanced semiconductor devices. This fabrication will increasingly occur beyond the limits of lithography and will extend into the third dimension. The situation is like Manhattan during the advent of skyscrapers. When there was no more room on the ground, building started to move to the third dimension. Three-dimensional devices require a sequential series of deposition and etching steps to build the skyscraper structures. Some etching needs to be vertical and anisotropic to make the elevator shafts. Other etching needs to be horizontal and isotropic to form the hallways. The mechanisms of thermal ALE will be critical for the definition of isotropic ALE processes.

Reaching beyond the limits of lithography will also increase the need for maskless processing. The mechanisms of thermal ALE lead to strategies for selective etching of one material in the presence of many materials. In addition, area-selective deposition can benefit from the ability of thermal ALE to enhance deposition on the desired growth surfaces by removing deposition from other surrounding surfaces. Looking ahead, thermal ALE will continue to provide unique capabilities and will grow in importance as a nanofabrication processing technique.

1. INTRODUCTION

With continued miniaturization, atomic layer processing is increasingly important for nanofabrication. There is a need for atomic layer control for both deposition and removal of material. Sequential, self-limiting surface reactions provide the foundation for atomic layer deposition (ALD) and atomic layer etching (ALE). ALD is a well-established technique that underlies semiconductor device fabrication and many other applications.¹ ALE is a relative newcomer that is still in the developmental stage.^{2,3}

ALE can be subdivided into two categories: plasma ALE^{2,4} and thermal ALE.⁵ Both plasma and thermal ALE utilize sequential surface modification and removal reactions. Plasma ALE removes surface species with energetic ions or neutral atoms.^{2,4} Because of the directionality of the energetic ions and neutral atoms, plasma ALE yields anisotropic etching that is needed to fabricate high aspect ratio features.² In contrast, the randomness of gas species and the self-limiting nature of thermal ALE reactions produce isotropic and conformal etching.^{6,7} Thermal ALE can be viewed as the reverse of ALD.^{1,8} Both

thermal ALE and ALD rely on binary surface reaction sequences.

Received: February 22, 2020 Published: June 1, 2020



A schematic for thermal ALE based on surface modification and volatilization reactions is shown in Figure 1. The first surface



Figure 1. Schematic of ALE process based on sequential surface modification and volatile release reactions.

modification reaction produces an altered surface layer. The second reaction then liberates volatile etch products from this altered surface layer. Ideally, both of these surface reactions are self-limiting. The repetition of these surface modification and volatilization reactions defines the thermal ALE process.

This Account considers the mechanisms of ALE processes that are only dependent on temperature or involve thermal annealing. ALE processes that involve ions or energetic neutral atoms for the volatile release process are not considered in this survey. Some plasma processes that are utilized only for surface modification are included in this Account. The goal is to introduce the many possible pathways for thermal ALE and to inspire the development of new mechanisms.

2. FLUORINATION AND LIGAND-EXCHANGE MECHANISM

The main thermal ALE mechanism for metal oxides is based on fluorination and ligand-exchange reactions.⁹ Fluorination is the surface modification reaction. Fluorination is thermochemically favorable because most metal fluorides are more stable than their corresponding metal oxides.⁹ One difficulty with fluorination is that some metal fluorides are volatile. These metal oxides require a different thermal ALE mechanism.

Ligand-exchange is the reaction that volatilizes the modified surface. Ligand-exchange is a metal-exchange transmetalation reaction between adjacent metal centers.^{10,11} Ligand-exchange reactions are useful to replace fluorine in the metal fluoride with ligands that break the strong metal–fluorine–metal bridge bonding that stabilizes the metal fluoride.¹² This ligand replacement leads to volatile complexes that can desorb from the surface.

2.1. Thermal Al₂O₃ ALE

The first fluorination and ligand-exchange reaction utilized HF and $Sn(acac)_2$ as the reactants for Al_2O_3 ALE.⁵ The original intent of using these reactants was to grow SnF_2 by an ALD process on an Al_2O_3 ALD surface. However, these reactions were observed to etch the Al_2O_3 instead of depositing SnF_2 .⁵ Figure 2 shows quartz crystal microbalance (QCM) results that observed the linear loss of mass versus number of Al_2O_3 ALE cycles at 200 °C. The mass loss of $-8.4 \text{ ng/(cm^2 cycle)}$ is



Figure 2. Mass change versus time during Al_2O_3 ALE at 200 °C using HF and $Sn(acac)_2$ as the reactants. Reproduced with permission from ref 5. Copyright 2015 American Chemical Society.

equivalent to an etch rate of 0.28 Å/cycle.⁵ These results suggested that a new class of reactions similar to the "reverse of ALD" was possible to remove material.

Subsequent studies explored the mechanism of Al_2O_3 ALE with HF and $Sn(acac)_2$.¹³ These investigations identified the growth of surface fluoride and loss of Al_2O_3 during the HF exposure. Likewise, the loss of surface fluoride was monitored during the $Sn(acac)_2$ exposure.¹³ The ligand-exchange reaction transfers acac ligands to the AlF₃ surface layer. Presumably, SnF(acac) remains volatile after the ligand-exchange reaction. The Al species probably become volatile as $AlF(acac)_2$ or $Al(acac)_3$ after multiple ligand-exchange reactions or redistribution of acac ligands on the surface.

Additional studies explored other precursors for the ligandexchange reaction. Trimethylaluminum (TMA) was observed to etch Al_2O_3 together with HF for the fluorination reaction.¹⁴ These results were remarkable because TMA is the main precursor for Al_2O_3 ALD using H_2O as the oxygen precursor.¹⁵ With only the change of H_2O to HF, the TMA reactant can etch Al_2O_3 . The ligand-exchange reaction between TMA and AlF_3 is shown in Figure 3. This reaction produces $AlF(CH_3)_2$



Figure 3. Ligand-exchange reaction between AIF_3 and $AI(CH_3)_3$. Reproduced with permission from ref 9. Copyright 2016 American Chemical Society.

(dimethylaluminum fluoride, DMAF) from the TMA reactant.^{6,14} In addition, $AlF(CH_3)_2$ may also be the volatile etch product from the AlF_3 surface after two ligand-exchange reactions or redistribution of CH_3 ligands on the surface.⁶

The overall reaction for $\rm Al_2O_3$ ALE using HF and TMA can be written as

$$Al_2O_3 + 6HF + 4Al(CH_3)_3 \rightarrow 6AlF(CH_3)_2 + 3H_2O$$
(1)

This reaction can be divided into individual HF and TMA reactions: $^{\rm 14}$

$$(A)Al_2O_3|Al_2O_3^* + 6HF \to Al_2O_3|2AlE_3^* + 3H_2O \qquad (2)$$

$$(B)Al_2O_3|2AlF_3^* + 4Al(CH_3)_3 \rightarrow Al_2O_3^* + 6AlF(CH_3)_2$$
(3)

The Al_2O_3 that is etched during the ALE reactions is designated by $Al_2O_3^*$. The asterisks indicate the surface species and the vertical lines separate the various species. A schematic for Al_2O_3 ALE is also displayed in Figure 4.



Figure 4. Schematic of Al_2O_3 ALE based on fluorination with HF and ligand-exchange with $Al(CH_3)_3$.

Mass spectrometry studies confirmed the presence of $AlF(CH_3)_2$ etch products.⁶ However, DMAF was observed as the dimer of DMAF with itself (DMAF/DMAF) or with TMA (DMAF/TMA).⁶ These dimers are favored because of strong bridge bonding between fluorine and the Al metal centers. Fluorine forms stronger bridge bonds between the Al metal centers than CH_3 .⁶ Knowledge of the bridge bonding strengths suggests that fluorine forms bridge bonds in the dimers and CH_3 ligands are in the terminal positions. The terminal CH_3 ligands facilitate desorption of the dimer from the surface.⁶

Temperature also was a key variable for Al₂O₃ ALE. The HF and TMA reactants led to Al₂O₃ ALE at >250 °C.^{14,16} The etch rates were progressively larger at higher temperatures where the sequential reactant exposures yield etching by fluorination and ligand-exchange.¹⁴ The HF and TMA reactants could also produce AlF₃ ALD at T < 250 °C where the sequential reactant exposures led to metal fluoride growth by an ALD process.¹⁶ Competition between Al₂O₃ ALE and AlF₃ ALD was also observed in studies on SiO₂ nanoparticles.¹⁷

There is also competition between Al_2O_3 ALE and AlF_3 growth when using HF and TMA as the reactants during rapid Al_2O_3 ALE.¹⁸ For rapid Al_2O_3 ALE, there is no purge time, and the HF and TMA exposures overlap in time and produce AlF_3 CVD.¹⁸ The subsequent TMA exposure outside of the overlap with HF is then able to spontaneously etch AlF_3 .¹⁶ After removing the AlF_3 CVD layer, TMA can proceed to remove the AlF_3 layer on the surface of the Al_2O_3 substrate. The spontaneous etch of AlF_3 by TMA allows rapid Al_2O_3 ALE to be performed with a short cycle time without a purge.

Additional experimental studies explored the fluorination of Al_2O_3 by HF.¹⁹ Higher HF pressure increased the Al_2O_3 fluorination and the Al_2O_3 etch rate. Fluoride thicknesses up to 5–6 Å were measured for higher HF pressures of 4–8 Torr.¹⁹ These high HF pressures yielded Al_2O_3 etch rates of ~2.5 Å/ cycle at 300 °C.¹⁹ Theoretical studies have also examined the fluorination of Θ - Al_2O_3 by HF.²⁰ These investigations revealed that a self-limiting fluoride coverage is obtained on Θ - Al_2O_3 . The experimental studies were consistent with a fluoride composition of Al_2O_4 .¹⁹

2.2. Other Materials, Reactants, and Effect of Film Structure

The fluorination and ligand-exchange mechanism is applicable for many other metal oxides including HfO_2 and ZrO_2 .^{7,21,22} In addition to $Sn(acac)_2$ and TMA, many different metal precursors such as $AlCl(CH_3)_2$ (dimethylaluminum chloride (DMAC)), $SiCl_4$ and $TiCl_4$, have been effective for the ligandexchange reaction.^{7,22,23} These metal precursors provide various ligands, such as acac, CH_3 , and Cl. Different degrees of etching selectivity are derived from these ligands.

Etching selectivity results for TMA are shown in Figure 5a.²³ Together with HF for fluorination, TMA is able to etch Al_2O_3



Figure 5. Film thickness versus number of ALE cycles for various materials using HF as fluorine reactant and (a) TMA or (b) DMAC as metal precursor for ligand-exchange. Reproduced with permission from ref 23. Copyright 2016 American Chemical Society.

and HfO₂. However, TMA is not able to etch TiN, ZrO₂, SiO₂, or Si₃N₄. Al₂O₃ is able to etch because AlF(CH₃)₂ is a stable and volatile etch product. HfO₂ etches at a lower rate, presumably because possible etch products such as HfF(CH₃)₃ or Hf(CH₃)₄ are not as stable and volatile as AlF(CH₃)₂. In comparison, ZrO₂ etches at a negligible rate. The differences between HfO₂ and ZrO₂ are surprising because the properties of Hf and Zr are usually similar. However, Hf(CH₃)₄ has a higher stability than Zr(CH₃)₄ and the Hf-CH₃ bond energy is larger than the Zr-CH₃ bond energy.^{24,25}

Another example of selectivity for DMAC is displayed in Figure 5b.²³ In similarity to the results for TMA in Figure 5a, Al_2O_3 and HfO₂ are etched by DMAC together with HF for fluorination. These results are anticipated because TMA and DMAC both have CH₃ ligands for the ligand-exchange reaction. In addition, DMAC is able to etch ZrO₂. The ability of DMAC to etch ZrO₂ is believed to be linked to the Cl ligand on DMAC. A ligand-exchange reaction between DMAC and the fluoride layer on ZrO₂ can transfer Cl ligands that can form stable and volatile Zr complexes.

Stronger fluoride precursors than HF may be needed for thermochemically favorable fluorination. SF_4 and XeF_2 are two stronger fluorination reactants that have been explored for thermal ALE. SF_4 was demonstrated for Al_2O_3 ALE and VO_2 ALE.²⁶ Metal nitrides can also be etched using thermal ALE based on fluorination and ligand-exchange reactions. XeF_2 was reported to be necessary for GaN ALE.²⁷ In contrast, SF_4 and HF were not successful for GaN ALE.²⁷ The difficulty in etching GaN may be related to the crystallinity of the GaN films. However, AlN ALE was observed for crystalline AlN films using HF and $Sn(acac)_2$ as the reactants.²⁸

The effect of film crystallinity has been studied for amorphous and crystalline HfO_2 , ZrO_2 , and $HfZrO_4$ films.²⁹ The amorphous films all etched faster than the crystalline films under the same reaction conditions. HfO_2 ALE results for amorphous and crystalline HfO_2 films using HF and TiCl₄ as the reactants at 250 °C are displayed in Figure 6.²⁹ Crystallinity reduces the etch rate. This reduction may be related to the higher density of the crystalline films. Fluorination of the metal oxides results in a



Figure 6. Thickness change versus number of ALE cycles for crystalline and amorphous HfO_2 using HF and $TiCl_4$ as reactants. Reproduced with permission from ref 29. Copyright 2020 American Vacuum Society.

volume expansion. This volume expansion may be easier for the a morphous films. $^{29}\,$

3. CONVERSION MECHANISMS

Many materials do not have a direct pathway for thermal ALE based on fluorination and ligand-exchange reactions. Some metal oxides will form a volatile fluoride and etch spontaneously. Other metal fluorides after fluorination may not easily form stable and volatile etch products with various metal precursors. For example, Figure 5 showed that the TMA and DMAC metal precursors were not able to etch TiN, SiO₂, or Si₃N₄ under the reaction conditions employed at 250 or 300 °C.²³ These materials do not have accessible pathways to stable and volatile etch products.

One possible strategy for these materials is to use a metal precursor to convert the surface of the original metal oxide to another metal oxide. This conversion process occurs because the original metal oxide is not as stable as the resulting metal oxide. The stability of the metal oxides can be determined by their heats of formation. In addition, Ellingham diagrams or thermochemical calculations can be used to predict the possible conversion of one oxide to another more stable oxide. A metal nitride can also be converted to another more stable nitride.

3.1. Conversion, Fluorination, and Ligand-Exchange

The conversion mechanism was initially observed for ZnO ALE using HF and TMA.³⁰ QCM studies revealed much larger mass losses during TMA exposures than expected from ligand-exchange reactions. These large mass losses suggested that TMA converts the surface of the ZnO substrate to a more stable Al_2O_3 surface layer. The Al_2O_3 surface layer can then be fluorinated and subsequently removed by the TMA ligand-exchange reaction. The TMA can continue to convert the underlying ZnO surface to Al_2O_3 . A schematic illustrating the ZnO ALE surface chemistry via the conversion, fluorination, and ligand-exchange mechanism is shown in Figure 7.³⁰



Figure 7. Schematic for ZnO ALE using HF and TMA as reactants. TMA removes AlF_3 layer by ligand-exchange and then converts the surface of underlying ZnO to an Al_2O_3 surface layer. Reproduced with permission from ref 30. Copyright 2017 American Chemical Society.

Another example of the conversion, fluorination, and ligandexchange mechanism is thermal SiO₂ ALE using HF and TMA.³¹ TMA is able to convert the surface of SiO₂ to Al₂O₃. This conversion process requires higher pressures of TMA than the TMA pressures of ~40 mTorr that were utilized in the TMA results shown in Figure 5a.²³ At reactant pressures of 1.0 and 4.0 Torr, SiO₂ etch rates were 0.18 and 0.27 Å/cycle, respectively.³¹ Corresponding Fourier transform infrared (FTIR) spectroscopy

studies confirmed the conversion of Si–O stretching vibrations to Al–O stretching vibrations. The FTIR investigations also observed greater conversion at higher reactant pressures. A schematic of thermal SiO₂ ALE via conversion to Al_2O_3 or aluminum oxide silicate is shown in Figure 8.³¹



Figure 8. Schematic for SiO₂ ALE using TMA and HF as reactants. TMA removes AlF₃ layer by ligand-exchange and then converts surface of underlying SiO₂ to an Al₂O₃ surface layer. Reproduced with permission from ref 31. Copyright 2017 American Chemical Society.

3.2. Conversion and Fluorination to Volatile Fluoride

Another class of conversion reactions produce metal oxides that spontaneously etch to produce volatile fluorides after fluorination. These conversion reactions readily lead to pathways for thermal ALE. One useful reactant for conversion and fluorination to a volatile fluoride is BCl₃. BCl₃ can convert metal oxides to B_2O_3 because B_2O_3 is a very stable metal oxide. In addition, B_2O_3 can be etched spontaneously using HF.³² The spontaneous etch products are believed to be BF₃ and B(OH)F₂.

 WO_3 ALE using BCl₃ and HF is an example of an ALE process that may occur via conversion and fluorination to a volatile fluoride. The proposed mechanism for WO_3 ALE is shown in Figure 9.³² The surface of WO_3 is first converted to a B_2O_3 surface layer by BCl₃ exposure. Subsequently, the B_2O_3 surface layer is spontaneously etched by HF. The underlying WO_3 is not spontaneously etched by HF and serves as an etch stop. Mass spectrometry studies are needed to confirm this etching mechanism.

4. OXIDATION MECHANISMS

Oxidation is a useful step for many thermal ALE pathways. Oxidation changes the oxidation number of the element that may be critical to obtain the correct oxidation state for the stable, volatile etch product. Oxidation can oxidize elemental metals to metal oxides. Elemental metals have an oxidation state of zero. Many volatile metal etch products have the metal oxidation state



Figure 9. Schematic for WO₃ ALE using BCl₃ and HF as reactants. BCl₃ converts the surface of WO₃ to a B_2O_3 surface layer. HF then spontaneously etches the B_2O_3 surface layer. Reproduced with permission from ref 32. Copyright 2017 American Chemical Society.

in 2+, 3+, or 4+. Oxidation can also convert metal nitrides to metal oxides. Many metal nitrides have the metal in the 3+ oxidation state. However, many stable etch products require the metal in the 4+ oxidation state.

4.1. Oxidation and Fluorination to Volatile Fluoride

TiN ALE using O₃ and HF as the reactants is an example of oxidation and fluorination to a volatile fluoride.³³ The oxidation state of Ti in TiN is 3+. The oxidation state for most stable volatile Ti complexes is 4+. TiN can be oxidized to TiO₂ using ozone. This oxidation converts the Ti oxidation state to 4+. After the oxidation of TiN to TiO₂, the TiO₂ surface layer can be spontaneously etched using HF. A schematic of TiN ALE is displayed in Figure 10.³³ TiN etch rates of 0.2 Å/cycle were measured at 250 °C. The TiN etch rate was also self-limiting versus O₃ and HF exposure times.³³



Figure 10. Schematic for TiN ALE using O_3 and HF as reactants. O_3 oxidizes TiN to TiO₂. HF then spontaneously etches the TiO₂ surface layer. Reproduced with permission from ref 33. Copyright 2017 American Chemical Society.

W ALE using O₂ and WF₆ is another example of oxidation and fluorination to a volatile fluoride.³⁴ For W ALE, the W surface is first oxidized to WO₃ using O₂. This oxidation changes the oxidation state of W from 0 to 6+. Subsequently, WF₆ is able to etch the WO₃ surface layer by forming volatile WO_xF_y species. This W ALE procedure is consistent with previous studies where WF₆ was observed to spontaneously etch WO₃ at >180 °C during WO₃ ALD.^{35,36}

4.2. Oxidation, Conversion, Fluorination, and Ligand-Exchange

Oxidation can also be used together with conversion to define other thermal ALE mechanisms. The oxidation and conversion pathway is critical to define thermal Si ALE.³⁷ For thermal Si ALE, Si is first oxidized to produce a surface SiO₂ layer. Subsequently, the surface SiO₂ layer is converted to Al₂O₃ or an aluminum oxide silicate using TMA at higher pressures as discussed in Section 3.1. The Al₂O₃ or aluminum oxide silicate is then removed by fluorination and ligand-exchange reactions as discussed in Section 2.1. A schematic for thermal Si ALE is shown in Figure 11.³⁷



Figure 11. Schematic for Si ALE using O₂, HF, and Al(CH₃)₃. O₂ oxidizes Si to SiO₂. HF converts the top Al₂O₃ layer to AlF₃. Al(CH₃)₃ removes the AlF₃ surface layer by a ligand-exchange reaction and then converts SiO₂ to Al₂O₃. Reproduced with permission from ref 37. Copyright 2018 American Chemical Society.

Results for Si ALE based on spectroscopic ellipsometry studies are displayed in Figure 12.³⁷ Si ALE using a O_2 , HF, and TMA reaction sequence yields a Si etch rate of 0.4 Å/cycle at 290 °C.³⁷ The ellipsometric investigations also monitor a SiO₂ layer with a thickness of ~11 Å that exists on the Si surface during Si ALE. This SiO₂ layer is continuously formed from Si oxidation and then converted to an Al₂O₃ or aluminum oxide silicate surface layer by the TMA exposure prior to removal by fluorination and ligand-exchange reactions.

Si₃N₄ ALE can also be accomplished using the oxidation, conversion, fluorination and ligand-exchange mechanism.³⁸ Because Si₃N₄ is more difficult to oxidize than Si, O₃ is preferable to O₂ for the oxidation reaction. Similar etch rates are measured for Si₃N₄ ALE and Si ALE under comparable reaction conditions with O₃ as the oxidant for Si₃N₄ ALE and O₂ as the oxidant for Si ALE. A Si₃N₄ etch rate of 0.47 Å/cycle was measured at 290 °C using an O₃-HF-TMA reactant sequence.³⁸

4.3. Oxidation, Conversion, and Fluorination to Volatile Fluoride

Oxidation can also be combined with conversion and fluorination to a volatile fluoride to define another thermal ALE mechanism. This pathway was utilized for thermal W ALE.³² The W substrate was first oxidized using ozone to form a



Figure 12. Si ALE using O₂, HF, and Al(CH₃)₃ as reactants at 290 °C. Si etching occurs with an etch rate of 0.4 Å/cycle, while the top SiO₂ layer remains constant at ~11 Å. Reproduced with permission from ref 37. Copyright 2018 American Chemical Society.

 WO_3 surface layer. The WO_3 surface layer was then removed using BCl_3 and HF as the reactants as discussed in Section 3.2. BCl_3 converts the WO_3 surface layer to a B_2O_3 surface layer. HF can then spontaneously etch the B_2O_3 surface layer. A schematic showing this three-step process is given in Figure 13.³²



Figure 13. Schematic for W ALE using O_2/O_3 , BCl₃, and HF. O_2/O_3 oxidizes W to WO₃. BCl₃ converts WO₃ to B_2O_3 . HF then spontaneously etches B_2O_3 . Reproduced with permission from ref 32. Copyright 2017 American Chemical Society.

In situ spectroscopic ellipsometry measurements monitored both the WO₃ surface layer and the underlying W film thicknesss during W ALE. Figure 14 shows the WO₃ and W thicknesses during W ALE at 207 °C.³² The WO₃ thickness displayed in Figure 14a oscillates as the WO₃ layer is increased in thickness by O₃ exposures and then etched by BCl₃/HF exposures. While the WO₃ thickness is oscillating, the underlying W film thickness decreases linearly as W is progressively converted into WO₃. The results in Figure 14b yield a W etch rate of 2.44 Å/cycle.³² Additional experiments determined that the individual O₃, BCl₃, and HF exposures were self-limiting.³²



Figure 14. W ALE using O_2/O_3 , BCl₃, and HF as reactants at 207 °C. (a) WO₃ thickness increases after O_2/O_3 exposure and decreases after BCl₃/HF exposure. (b) W etching occurs with an etch rate of 2.44 Å/ cycle. Reproduced with permission from ref 32. Copyright 2017 American Chemical Society.

4.4. Oxidation and Ligand Volatilization

Oxidation is critical for thermal metal ALE. Oxidation increases the oxidation state of the metal. Subsequently, various ligands can extract the oxidized metal and produce a metal complex that is both stable and volatile. Copper thermal ALE is an example of this mechanism using oxidation with O₂ or O₃ to increase the Cu oxidation number and yield Cu₂O or CuO, respectively.³⁹ The Cu₂O is then believed to interact with hexafluoroacetylacetone (hfacH) in a disproportionation reaction to form volatile Cu(hfac)₂ and elemental Cu.³⁹ This process produced an etch rate of 0.9 Å/cycle at 275 °C.³⁹ Alternatively, the CuO is thought to interact with hfacH to produce Cu(hfac)₂ and H₂O.³⁹ This process yielded an etch rate of 84 Å/cycle at 275 °C.³⁹

Metal ALE using oxidation and ligand volatilization has also been performed using an O_2 plasma to oxidize the metal. Fe, Cu, Co, Pd, and Pt have been oxidized using an O_2 plasma to change the oxidation state of the metal.⁴⁰ Subsequently, the metal oxide has been removed using various organic ligands such as formic acid.⁴⁰ The metal etch rates varied from 5 Å/cycle for Pt to 42 Å/ cycle for Fe.⁴⁰ The etch rates also were proportional to the oxide thicknesses produced by the O_2 plasma.⁴⁰

5. HALOGENATION MECHANISMS

Halogenation is another key step for the thermal ALE of metals. Like oxidation, halogenation changes the oxidation state of the metal. This change may be necessary for the metal to obtain the correct oxidation state to yield stable, volatile etch products. The metal complexes will have an oxidation state determined by the number of halide ligands. In addition, the metal complexes will also contain additional two-electron donor ligands to obey the "18 electron rule" or "16 electron rule".⁴¹

Guidelines to determine stable metal complexes are given by the Covalent Bond Classification (CBC) method.⁴² X ligands are one-electron donors such as halogens like Cl. L ligands are two-electron donors like PR₃ or NR₃. The stable metal complex has an initial number of d-electrons. The metal will add electrons by binding X and L ligands to obtain 18 or 16 electrons in its outer shell.⁴² For example, Ni has 10 d-electrons, and Ni complexes typically have NiX₂L₃ or NiX₂L₂ configurations. One approach for Ni ALE is to create volatile nickel compounds that are either NiX₂L₃ or NiX₂L₂ formed by sequential surface reactions.

5.1. Halogenation and Ligand Volatilization

Halogenation followed by ligand exposure has been demonstrated for Co ALE.⁴³ The pathway to volatilization involved chlorination using Cl_2 to form $CoCl_x$ surface species. The oxidation state of cobalt was increased by chlorination. Subsequently, hfacH exposures are believed to extract the oxidized Co species by forming $Co(hfac)_xCl_y$ volatile complexes. A schematic showing this halogenation and ligand volatilization process is given in Figure 15.⁴³ Co etch rates were determined



Figure 15. Schematic of Co ALE with Cl_2 and hfacH as reactants. Cl_2 chlorinates the Co surface in Step I. hfacH removes $Co(hfac)_2Cl_2$ in Step II. Reproduced with permission from ref 43. Copyright 2019 American Vacuum Society.

using scanning electron microscopy of Co film cross sections before and after Co ALE. The Co etch rates varied from 2 Å/ cycle at 140 °C to 16 Å/cycle at 185 °C.⁴³

5.2. Chlorine/Fluorine Ligand Exchange

Halogenation is also an effective mechanism for thermal ALE if the fluorides and chlorides of materials have different volatilities. In the first step, a self-limiting fluorination process can be used to form a stable fluoride layer on the substrate. In the second step, a chlorine/fluorine ligand-exchange process can be employed to yield volatile chloride species. This chlorine/fluorine ligandexchange mechanism was utilized to define TiO₂ ALE with WF₆ and BCl₃ as the reactants.⁴⁴ The TiO₂ ALE process was viable at temperatures ≤ 170 °C because the fluoride is stable but the chloride is volatile.⁴⁴ A TiO₂ etch rate of ~0.6 Å/cycle was observed at 170 °C. In contrast, TiO₂ was etched spontaneously by WF₆ at higher temperatures because the fluoride is volatile.⁴⁴ TiO₂ ALE has also been used together with TiO₂ ALD for areaselective TiO₂ ALD.⁴⁵

6. SELF-LIMITING SURFACE LIGAND MECHANISMS

Some materials are etched by precursors where the buildup of species on the surface from the precursor eventually stops the etching. The species that limit the etching can then be removed by a second precursor to define the ALE process. An example of this self-limiting surface ligand mechanism is AlF_3 ALE using $Sn(acac)_2$ and HF as the reactants.⁴⁶ $Sn(acac)_2$ can undergo a

ligand-exchange reaction with AlF_3 . This ligand-exchange reaction is believed to produce volatile SnF(acac) from $Sn(acac)_2$. In addition, the ligand-exchange reaction also yields $AlF_2(acac)$ on the surface.

The etching of AlF₃ by Sn(acac)₂ is self-limiting and is known to saturate with acac species on the surface.⁴⁶ A subsequent HF exposure is required to maintain the AlF₃ ALE process. The HF exposure is thought to lead to the fluorination reaction: AlF₂(acac) + HF(g) \rightarrow AlF₃ + acacH(g). This fluorination reaction reforms the AlF₃ surface and allows the AlF₃ ALE process to continue versus Sn(acac)₂ and HF exposures.

Another related example is ZnO ALE using acetylacetone (acacH) and O_2 plasma as the reactants.⁴⁷ acacH is proposed to etch ZnO by forming Zn(acac)₂ and H₂O. However, the ZnO surface also becomes covered by acacH adsorption products that limit the reaction. The subsequent O_2 plasma reaction then removes these acacH adsorption products and allows the ZnO ALE to continue versus sequential acacH and O_2 plasma exposures. A schematic of the proposed mechanism for ZnO ALE is shown in Figure 16.⁴⁷ ZnO etch rates varied from 0.5 to 1.3 Å/cycle at temperatures between 100 and 250 °C.⁴⁷



Figure 16. Schematic of ZnO ALE using acacH and O₂ plasma as reactants. acacH produces $Zn(acac)_2$ and also forms self-limiting acac surface ligands in reaction A. O₂ plasma removes acac surface ligands in reaction B. Reproduced with permission from ref 47. Copyright 2018 American Chemical Society.

7. TEMPERATURE MODULATION MECHANISMS

Another class of thermal ALE reactions is based on temperature annealing. A surface modification reaction is first performed at lower temperature. Subsequently, the surface modified layer is desorbed by heating to higher temperature. The temperature is then returned to the initial temperature to repeat the thermal ALE process.

For example, a thermal modulation mechanism for Si_3N_4 ALE is based on the formation of an $(NH_4)_2SiF_6$ layer on the Si_3N_4 surface.⁴⁸ This ammonium salt layer can be formed by exposure of a hydrofluorocarbon plasma to the Si_3N_4 surface at 20 °C. Subsequently, the substrate is thermally annealed to 150 °C to desorb the $(NH_4)_2SiF_6$ layer.⁴⁸ A schematic of Si_3N_4 ALE using this temperature modulation mechanism is shown in Figure 17.⁴⁸ This Si_3N_4 ALE process produced a Si_3N_4 etch rate of 16 Å/cycle.⁴⁸

A temperature modulation mechanism has also been employed for Si ALE.⁴⁹ The Si surface is first oxidized to a SiO₂ layer using an O₂ plasma. The SiO₂ layer is then converted



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Figure 17. Schematic of SiN ALE using surface modifying hydrofluorocarbon plasma and thermal annealing. Reproduced with permission from ref 48. Copyright 2017 IOP Publishing.

to an $(NH_4)_2SiF_6$ layer using a NH_3/NF_3 plasma. Subsequently, the substrate is thermal annealed to desorb the ammonium salt layer.⁴⁹ In addition, MoS_2 ALE has been performed using an O_2 plasma to form an amorphous MoO_3 monolayer on the MoS_2 surface at 200 °C.⁵⁰ Subsequently, the MoO_3 monolayer can be desorbed by thermal annealing to 500 °C.⁵⁰

8. CHALLENGES AND FUTURE PROSPECTS

Thermal ALE has developed rapidly over the last five years. The Intel etch group proposed the possibility of thermal ALE using sequential, self-limiting surface reactions in their seminal perspective in 2015.³ Many materials, including metal oxides and metal nitrides, can now be etched using thermal ALE mechanisms. A current important challenge is the development of thermal ALE mechanisms for metals. Another critical goal for thermal ALE is selectivity between various materials. Many studies have illustrated that the different ligands involved in ligand-exchange reactions can provide pathways for selectivity.²³ Investigations of new ligands for thermal ALE are needed to expand the options for selectivity between different materials. In addition, a deeper understanding of thermal ALE requires spectroscopic analysis of the species formed on the surface and the volatile products released to the gas phase.

Thermal ALE will become increasingly critical for nanofabrication as dimensions continue to shrink and devices become more three-dimensional. A key application for thermal ALE will be fabrication of advanced devices such as FinFETs and gate-all-around FETs.⁵¹ Plasma ALE and thermal ALE will need to be used together to provide anisotropic and isotropic etching. There also may be possibilities for hybrid approaches where low energy ions may remove self-limiting surface species during thermal ALE.²⁸ These hybrid approaches may be able to allow thermal ALE to display anisotropic properties similar to those of plasma ALE.

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Notes

The author declares no competing financial interest.

ACKNOWLEDGMENTS

The author thanks all coworkers in the George group who contributed to the understanding of thermal ALE mechanisms. The research performed by the George group that was presented in this paper was funded by the NSF, DARPA, SRC, Intel, Tokyo Electron, and the State of Colorado.

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