



J-1 Student Work Opportunities

EMPLOYMENT TYPE	ON-CAMPUS EMPLOYMENT	ACADEMIC TRAINING	EMPLOYMENT DUE TO ECONOMIC HARDSHIP
ELIGIBILITY	<ul style="list-style-type: none">▪ Must maintain J-1 status	<ul style="list-style-type: none">▪ Must maintain J-1 status	<ul style="list-style-type: none">▪ Must demonstrate economic hardship▪ Must maintain J-1 status
HOURS PER WEEK	<ul style="list-style-type: none">▪ 20 hours/week during school▪ Full-time during vacation periods	<ul style="list-style-type: none">▪ 20 hours/week during school▪ Full-time during vacation periods	<ul style="list-style-type: none">▪ 20 hours/week during school▪ Full-time during vacation periods
LENGTH OF PERMISSION	No limit, as long as maintaining status and GPA. Your Responsible Officer can authorize for 1 year at a time.	Yes, the limit is whichever is shorter of: <ul style="list-style-type: none">▪ The number of months you have studied, OR▪ 18 months (undergrads)▪ 18 months (Grads)▪ 36 months (Post-Docs only)	No limit. Your Responsible Officer can authorize you for 1 year at a time, as long as you have a documented need.
APPLY TO	ISSS for letter of authorization	ISSS. For post-study Academic Training, <u>apply before you complete your studies.</u> You must have a job offer in hand.	ISSS
PROCESSING TIME	Immediate	3 business days	3 business days
DOCUMENTS NEEDED	None	<ul style="list-style-type: none">▪ Offer letter from employer, with goals and objectives of your training program, dates of employment, and location.▪ Letter from Academic Adviser recommending Academic Training (see handout.)	Documentation of economic hardship

For more information please see our [J-1 Employment Information](#).