# HEALTH BEHAVIOR QUESTIONNAIRE 

High School Form

Spring 1992

## INSTRUCTIONS

1. Please answer the questions in the order they appear in the booklet.
2. Check the circle that shows your best answer to each question.
3. There are no right or wrong answers. Please be as truthful as you can.
4. Your answers will be completely confidential. No one but us can know how you answered the questions. Only the last page in the booklet will have your name on it, and that page will be removed from the booklet when you turn it in. No one but us will ever see the answers.
5. You have the right to skip any question that you do not want to answer.
6. You can stop filling out the questionnaire at any time you wish.

## We hope you enjoy taking the questionnaire!

## PLEASE GO TO PAGE 1AND BEGIN ANSWERING THE QUESTIONS.

We'd like to begin with some questions about health. How important is each of the following things to you?

11. In general, how is your health?
0 Excellent
0 Very Good
0 Good
0 Fair
0 Poor
12. Do you have to avoid hard physical exercise or games because of your health?

0 No 0 Yes If "Yes", why? $\qquad$
13. Since the school year began, how often have you been sick enough that you had to stay home?
0 Never
0 Once or
Twice
0 3-6
Times
07 or More Times
14. How often in the past year did you go to see a doctor because you were sick?
0 Never
0 Once
0 Twice
0 Three or More Times
15. When you're sick enough to need a doctor, where do you usually go for medical care?
0 The health clinic at my school 0 Hospital or
emergency
room
0 My private doctor
0 Neighborhood clinic
0 I wouldn't know where
to go
16. In the last year, have you ever gone to the school nurse?
0 There is no school nurse at my school
0 No 0 Once
0 Twice
$0 \quad \begin{gathered}\text { Three or More } \\ \text { Times }\end{gathered}$
17. In the last year, have you ever gone to the school social worker?
0 There is no school social worker at
0 No
0 Once
0 Twice
0 Three or More Times my school

## QUESTIONS 18 AND 19ARE FOR STUDENTS AT EAST, MANUAL, LINCOLN:

18. Are you signed up (registered) for the School-Based Clinic?
0 Yes
0 No
0 I Don't Know
19. In the last year, have you ever gone to the School-Based Clinic?
0 No
0 Once
0 Twice
0 Three or More Times
20. How tall are you? $\qquad$ Feet and $\qquad$ Inches
21. Has your height changed a lot in the past year?

0 No 0 Yes
22. How do you feel about your height?
$0 \quad$ Would Like to be a Lot Shorter
0 Would Like to be a Little Shorter
0 My Height is About Right
0 Would Like to be a Little Taller
0 Would Like to be a Lot Taller
23. How much do you weigh? $\qquad$ Pounds
24. Has your weight changed a lot in the past year?

0 It's gone down a lot
0 It hasn't changed very much
0 It's gone up a lot
25. How do you feel about your weight?

0 Would Like to Lose at Least 10 Pounds
0 Would Like to Lose Several Pounds
0 My Weight Is About Right
0 Would Like to Gain Several Pounds
0 Would Like to Gain at Least 10 Pounds
26. Do you think being very overweight can have an effect on the health of young people your age?
0 Very Serious Effect
0 Serious
Effect
0 Mild
Effect
0 Almost No Effect
27. How much sleep do you usually get each night during the school week?

| 0 | Less than 6 hours a night | 0 | 82 hours |
| :--- | :--- | :--- | :--- |
| 0 | 6 hours | 0 | 9 hours |
| 0 | 62 hours | 0 | 92 hours |
| 0 | 7 hours | 0 | 10 hours |
| 0 | 72 hours | 0 | More than 10 hours a night |
| 0 | 8 hours |  |  |

28. What time do you usually get to bed at night during the school week?

$$
\begin{array}{llllllllll}
0 & 9 \mathrm{pm} & 0 & 10 \mathrm{pm} & 0 & 11 \mathrm{pm} & 0 & 12 \mathrm{am} & 0 & 1 \mathrm{am} \\
0 & 9: 30 \mathrm{pm} & 0 & 10: 30 \mathrm{pm} & 0 & 11: 30 \mathrm{pm} & 0 & 12: 30 \mathrm{am} & &
\end{array}
$$

29. In the past six months, have you had trouble falling asleep or staying asleep at night?
0 Not at All
0 A Little
0 Some
0 A Lot
30. What time do you usually get up in the morning on school days?
0 5:30 am
06 am
0 6:30 am
07 am
0 7:30 am 08 am
$08: 30 \mathrm{am}$ or Earlier
. 6 or Later
31. Do you think getting less than 8 hours of sleep each night can have an effect on the health of young people your age?
0 Very Serious
Effect
0 Serious
Effect
0 Mild
Effect
0 Almost No
Effect
32. How often do you brush your teeth?
0 After Every
Meal
0 Twice a Day
0 Once a Day
0 Every Couple of Days
33. How often do you use dental floss to clean between your teeth?
0 Once a Day or More
0 Every Couple of Days
0 About Once a Week
0 Almost Never
34. How often do you use an anti-cavity rinse after brushing (like Act, Plax, Viadent, or Lavoris)?
0 Once a Day or More
0 Every Couple of Days
0 About Once
0 Almost Never
a Week

The following questions are about your background.

1. In what month were you born?
0 Jan
0 Feb
0 July
0 Aug
0 March
0 Sept
0 April
0 May
0 June
0 Oct
0 Nov
0 Dec
2. In what year were you born?
01971
01972
01973
01974
01975
01976
01977
3. What sex are you?

0 Male 0 Female
4. What grade are you in?
0 7th
0 8th
0 9th
0 10th
0 11th
0 12th

## QUESTIONS 5, 6, AND 7 ARE FOR PEOPLE WHO HAVE FINISHED OR DROPPED OUT OF SCHOOL:

5. What is the highest grade that you completed in school?
0 8th
0 9th
0 10th
0 11th
0 12th
(IF YOU MARKED 12TH GRADE, PLEASE GO TO QUESTION 8 BELOW.)
6. Do you plan someday to get a GED (General Equivalency Diploma) or to go back to high school?
0 Yes, Go Back to High School
0 Yes, Get a GED
0 No
7. Are you studying now to get a GED (General Equivalency Diploma)?
0 Yes
0 No
8. What kind of grades do you usually get? (If you're no longer in school, what kind of grades did you usually get when you were in school?)

0 Mostly A's
0 Mostly A's and B's
0 Mostly A's and B's, and some C's
0 Mostly B's
0 Mostly B's and C's
0 Mostly B's and C's, and some D's
0 Mostly C's
0 Mostly C's and D's
0 Mostly C's and D's, and some F's
0 Mostly D's
0 Mostly D's and F's
9. Mark below all of the people you are living with this year.

0 Mother
0 Father
0 Stepmother
0 Stepfather
0 Older brothers or stepbrothers. How many? $\qquad$
0 Younger brothers or stepbrothers. How many?
0 Older sisters or stepsisters. How many? $\qquad$
0 Younger sisters or stepsisters. How many? $\qquad$
0 Foster parents
0 Grandparents
0 Aunts and/or uncles
0 Your husband or your wife
0 Your own child (or children). How many? $\qquad$
0 Other people. Who? $\qquad$
10. Is your mother living?

0 Yes 0 No
11. Is your father living?

0 Yes 0 No
12. If both your parents are alive, do they live together? (IF EITHER ONE IS NOT LIVING, PLEASE GOON TO QUESTION 13).

0 Yes
0 No, they're divorced
0 No, they're separated and not living together
13. What is your family background? Mark the one best answer.

0 White Non-Hispanic or Anglo
0 White Hispanic (Mexican, Puerto Rican, Cuban, or Latin American)
0 Black
0 Indian or Native American
0 Asian
0 Pacific Islander
0 Other. What? $\qquad$
14. What is the highest grade each of your parents completed in school? Please answer for your Father (or stepfather or male guardian--whichever one you live with) and for your Mother (or stepmother or female guardian--whichever one you live with).

| Father | Mother |  |
| :---: | :---: | :--- |
|  | 0 | Less than 8th grade |
| 0 | 0 | Completed 8th grade, but did not go to high school |
| 0 | 0 | Went to high school but did not graduate |
| 0 | 0 | Graduated from high school, but did not go to college <br> or other schools |
| 0 | 0 | Had special job training after high school |
| 0 | 0 | Went to college, but did not graduate |
| 0 | 0 | Some education after college, like graduate school, <br> medical school, law school |
| 0 | I don't know |  |

15. Is your father (or stepfather or male guardian--whichever one you live with):

0 Working at a job full time
0 Working at a job part time
0 Going to school, not working at a job
0 Out of work or not working at a job. How long has he been out of work? $\qquad$
0 Retired
0 I don't know
16. What is the name of his job (for example, construction worker, cook, bank clerk, teacher, office manager), and what sorts of things does he do on the job?
17. Is your mother (or stepmother or female guardian--whichever one you live with):

0 Working at a job full time
0 Working at a job part time
0 Going to school, not working at a job
0 Out of work or not working at a job. How long has she been out of work?
0 A homemaker, not working at a job
0 Retired
0 I don't know
18. What is the name of her job (for example, factory worker, sales clerk, bus driver, librarian, computer programmer), and what sorts of things does she do on the job?
19. Do you work at a paying job, including after school or on weekends?

0 Yes $\quad 0$ No IF YOU MARKED NO, PLEASE GO TO QUESTION ION PAGE 8.
20. How many hours a week do you work during an average week (Monday through Friday)?
__ Hours
21. How many hours do you work on an average weekend (Saturday and Sunday)?
$\qquad$ Hours
22. What is the name of your job (for example, cook, food server, sales clerk, baby sitter, etc.)?
$\qquad$
$\qquad$
23. How do you feel about your job?
0 I Like It a Lot
0 It's
Okay
0 I Don't Like It Very Much
24. Does your work make you tired at school?
0 I don't go
0 Never
0 Sometimes 0
$\begin{array}{lll}\begin{array}{l}\text { About half } \\ \text { the time }\end{array} & 0 \quad \text { Most Days }\end{array}$ to school
25. Working at my job teaches me a lot I need to know.
0 Strongly
0 Agree
0 Disagree
0 Strongly Agree Disagree
26. Working at my job makes me feel good about myself.
0 Strongly
0 Agree
0 Disagree Agree
0 Disagree
0 Strongly Disagree
27. My job is a good place to meet new friends.
0 Strongly Agree
0 Agree
0 Disagree
0 Strongly Disagree
28. Since I started working at a job, school just doesn't seem as important to me.
0 Strongly
0 Agree
0 Disagree
0 Strongly
Agree
Disagree
29. Since I started working at a job, I spend less time than I used to on schoolwork.
0 Strongly
0 Agree
0 Disagree
0 Strongly
Agree
Disagree
30. In the past six months, how much stress or pressure have you felt because of your job?
0 None
0 Only a
0 A Fair
Amount

The next questions are about how you see your self.

1. How well do you get along with others your age?
0 Very Well
0 Pretty Well
0 Not Too Well
0 Not Well at All
2. How well do you live up to what other people expect of you?
0 Very Well
0 Pretty Well
0 Not Too Well
0 Not Well at All
3. What about your ability to do well in school work?
0 Very Able
0 Pretty Able
0 Not Too Able
0 Not Able at All
4. How much common sense do you have for dealing with everyday problems?
0 A Great Deal
0 A Fair Amount
0 Not Too Much
0 Not Much at All
5. How well do you make decisions about important things in your life?
0 Very Well
0 Pretty Well
0 Not Too Well
0 Not Well at All
6. How well do you resist peer pressure from the rest of the group?
0 Very Well
0 Pretty Well
0 Not Too Well
0 Not Well at All
7. How sure are you that you can learn new skills when you need them?
0 Very Sure
0 Pretty Sure
0 Not Too Sure
0 Not Sure at All
8. How attractive are you to the opposite sex?
0 Very
0 Fairly
0 Not Too
Attractive
0 Not Attractive At All
9. On the whole, how satisfied are you with yourself?
0 Very
Satisfied
0 Pretty
Satisfied
0 Not Too
Satisfied
0 Not Satisfied at All

Think about the kinds of things you usually do after school and on weekends.

1. About how many hours do you usually spend each week:

|  | None | One Hour A Week | 2-3 <br> Hours <br> A Week | 4-5 <br> Hours <br> A Week | $6-7$ <br> Hours <br> A Week | 8 or <br> M ore <br> Hours <br> A Week |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a. Doing homework? | 0 | 0 | 0 | 0 | 0 | 0 |
| b. Sitting around with friends? | 0 | 0 | 0 | 0 | 0 | 0 |
| c. Taking part in an organized sport or recreation program? | 0 | 0 | 0 | 0 | 0 | 0 |
| d. Reading for fun? | 0 | 0 | 0 | 0 | 0 | 0 |
| e. Talking on the telephone? | 0 | 0 | 0 | 0 | 0 | 0 |
| f. Working out as part of a personal exercise program (like running or biking)? | 0 | 0 | 0 | 0 | 0 | 0 |
| g. Just sitting and listening to music? | 0 | 0 | 0 | 0 | 0 | 0 |
| h. Playing pickup games like basketball, touch football, etc.? | 0 | 0 | 0 | 0 | 0 | 0 |
| i. Doing things with your family? | 0 | 0 | 0 | 0 | 0 | 0 |
| j. Just sitting around doing nothing? | 0 | 0 | 0 | 0 | 0 | 0 |
| k. Practicing different physical activities (like shooting baskets, or working on dance routines or cheerleading routines)? | 0 | 0 | 0 | 0 | 0 | 0 |
| 1. Taking care of younger brothers and sisters? | 0 | 0 | 0 | 0 | 0 | 0 |

2. Do you think not exercising regularly can have an effect on the health of young people your age?
0 Very Serious
Effect
0 Serious Effect
0 Mild Effect
0 Almost No Effect
3. On an average school day, how many hours do you usually watch TV?

| 0 | None | 0 | 32 hours |
| :--- | :--- | :--- | :--- |
| 0 | 1 hour or less | 0 | 4 hours |
| 0 | 12 hours | 0 | 42 hours |
| 0 | 2 hours | 0 | 5 hours |
| 0 | 22 hours | 0 | 52 hours |
| 0 | 3 hours | 0 | 6 hours |
|  | 0 | More than 6 hours |  |

4. On an average day on the weekend, how many hours do you usually watch TV?

| 0 | None | 0 | 42 hours |
| :--- | :--- | :--- | :--- |
| 0 | One hour or less | 0 | 5 hours |
| 0 | 12 hours | 0 | 52 hours |
| 0 | 2 hours | 0 | 6 hours |
| 0 | 22 hours | 0 | 7 hours |
| 0 | 3 hours | 0 | 8 hours |
| 0 | 32 hours | 0 | 9 hours |
| 0 | 4 hours | 0 | 10 hours |
|  | 0 | More than 10 hours |  |

5. Do you think just sitting around a lot can have an effect on the health of young people your age?
0 Very Serious
Effect
0 Serious Effect
0 Mild
Effect
0 Almost No Effect
6. Think back over the last year. What were the most important things that happened to you or that you did during the year?

The next questions are about what's important to you in your life.

| HOW IMPORTANT IS IT TO YOU: | Very <br> Important | Somewhat <br> Important | Not Too <br> Important |
| :--- | :--- | :--- | :--- |

1. To decide for yourself
how to spend your free time?
2. To get at least a $B$ average

0 this year?
3. To choose your own clothes?
4. To be free to use the money you have the way you want to?
5. To be considered a bright student by your teachers?
6. To make your own plans about what you're going to do with your life?
7. To be thought of as a good student by the other students?
8. To come out near the top of the class on exams?
9. To make your own decisions
about what movies to see or books to read?
10. To have good enough grades

0 to get into college?

The next several questions are about school and school work.

1. How do you feel about going to school?
0 I Like It
0 It's
Okay
0 I Don't Like
It Very Much
2. How do you feel about your teachers?
0 I Like
Most of Them
0 They're Okay
0 I Don't Like Most of Them
3. Are any of your classes too hard for you?
0 No
0 One or Two
0 Several
0 All of Them
4. Are any of your classes too easy for you?
0 No
0 One or Two
0 Several
0 All of Them
5. I'm learning a lot from being in school.
6. Being in school makes me feel good about myself.
7. If you get good grades in school, most kids won't like you.
8. My classes at school help me learn things I'll need to know later in life.
9. Staying in school is important for my future.
10. I feel some pressure from my friends not to do too well in school.
11. Getting an education is the key to success in life.
12. Being in school helps me to become the person I'd like to be.
13. Finishing high school is not that important for what I want to do with my life.
14. Are you planning to go to college?
0 Yes
0 Maybe
0 No
15. Is it important to your parents (or the adults you live with) that you do well in school?
0 Not Too Important
0 Important
0 Very Important
16. Is it important to your friends that you do well in school?
0 Not Too Important
0 Important
0 Very Important
17. If you asked your parents to help you with your homework, would they try to help?
0 Definitely
Would
0 Probably
Would
0 Probably
0 Definitely
Would Not
Would Not
18. Do your parents ask if you've gotten your homework done?
0 Hardly Ever
0 Sometimes
0 Often
19. If students act up and make trouble at your school, do they get away with it?
0 Hardly
0 Sometimes
0 Most of the Time
20. Do you have any friends who have dropped out of school?
0 None
0 Some
of Them
0 Most
0 All of of Them of Them Them
21. Have you ever thought seriously about dropping out of school?
0 No, Never
0 Yes, Once
0 Yes, More Than Once
22. Have you ever talked seriously to your parents about dropping out of school?
0 No, Never
0 Yes, Once
0 Yes, More than Once
23. Have you ever stopped going to classes for a while because you were seriously thinking about dropping out of school?
0 No, Never
0 Yes, Once
0 Yes, More Than Once
24. Are you currently thinking about dropping out of school?
0 No
0 Yes, I think about it from time to time
0 Yes, I think about it often
25. Have you ever dropped out of school for a while?
0 No
0 Yes, Once
0 Yes, More Than Once

The next two questions ask about religion.

| 1. HOW IMPORTANT IS IT TO YOU: | Not <br> Important |  | Very <br> amportant |
| :---: | :---: | :---: | :---: |
| amportant |  |  |  |
| Io be able to rely on religious teachings <br> when you have a problem? | 0 | 0 | 0 |
| b. To believe in God? | 0 | 0 | 0 |
| c. To rely on your religious beliefs as a guide <br> for day-to-day living? | 0 | 0 | 0 |
| d. To be able to turn to prayer when you're <br> facing a personal problem? | 0 | 0 | 0 |

2. How many times have you gone to religious services during the past six months?

0 Once a week or more
0 2-3 times a month
0 About once a month
0 About every other month
0 Once or twice
0 None in the past six months

The next questions are about your parents (or the adults you live with, like your step-parents or guardians) and your friends.

1. Would your friends agree with your parents (or the adults you live with) about what is really important in life?
0 No
0 A Little
0 A Lot
2. Would your friends agree with your parents (or the adults you live with) about the kind of person you should become?
0 No
0 A Little
0 A Lot
3. Would your friends agree with your parents (or the adults you live with) about what you should be getting out of being in school?
0 No
0 A Little
0 A Lot
4. If you had to make a serious decision about school, who would you depend on most for advice --your friends or your parents?

|  | Parents and |  |
| :---: | :---: | :---: |
| 0 Friends | 0 Friends | 0 Parents |
| Most | the Same | Most |

5. If you had to make a serious decision about your personal life, who would you depend on most for advice--your friends or your parents?

|  | Parents and |  |
| :---: | :---: | :---: |
| 0 Friends | 0 Friends | 0 Parents |
| Most | the Same | Most |

6. What about how to take care of your health? Who do you listen to the most--your friends or your parents?

|  | Parents and |  |
| :---: | :---: | :---: |
| 0 Friends | 0 Friends | 0 Parents |
| Most | the Same | Most |

7. What about your outlook on life--what's important to do and what it is important to become? Who has had the most influence on you, your friends or your parents?

|  | Parents and |  |
| :---: | :---: | :---: |
| 0 Friends | 0 Friends | 0 Parents |
| Most | the Same | Most |

8. How often do your parents (or the adults you live with) show interest in what you think or in how you feel about different things?
0 Almost
Always
0 Sometimes
0 Hardly
Ever
9. How close do you feel to your family?
0 Very Close
0 Close
0 Not Too Close
10. When you are having problems with school or schoolwork, can you talk them over with your
parents?
0 Almost
Always
0 Much of
the Time
0 Once in
a While
0 Almost
Never
11. When you are having problems in your personal life, can you talk them over with your parents?
0 Almost
0 Much of
the Time
0 Once in
a While
0 Almost Never
12. Besides your parents, is there another adult you can talk to when you are having problems with school or schoolwork?

| 0 Almost | 0 Much of | 0 Once in | 0 Almost |
| :---: | :---: | :---: | :---: |
| Always | the Time | a While | Never |

13. Besides your parents, is there another adult you can talk to when you are having problems in your personal life?
0 Almost
0 Much of
0 Once in
a While
0 Almost
Never
14. How strict are your parents with you?
$0 \begin{array}{ll}0 & \text { Very } \\ & \text { Strict }\end{array}$
0 Strict
0 Not Too
Strict
15. How many close friends do you have?
0 None
0 One
02 or 3
04 or More
16. Are your friends interested in what you think and how you feel?
0 Almost
0 Sometimes
0 Hardly
Always
0 Sometimes Ever
17. When you have personal problems, do your friends try to understand and let you know they care?
0 Almost
0 Sometimes
0 Hardly
Always
Sometimes
18. If you were going to do something people think is wrong, would your friends try to stop you?
0 Definitely
Would
0 Probably
Would
0 Probably
Would Not
0 Definitely Would Not

A REM IN DER: If you don't live with your mother or father, please answer the questions for the adults you do live with, like your step-parents or guardians.

1. Do these people pay attention to eating a healthy diet? (Please answer for each person.)
Your Mother?
0 A Lot of
Attention
$0 \begin{gathered}\text { Some } \\ \text { Attention }\end{gathered}$
0 Almost No
Attention
Your Father?
0 A Lot of
Attention
$0 \begin{gathered}\text { Some } \\ \text { Attention }\end{gathered}$
0 Almost No
Attention
Your Best Friend?
0 A Lot of Attention
0 Some
Attention
0 Almost No Attention
2. How about the attention they pay to getting enough exercise?

| Your Mother? | 0 A Lot | 0 Some | 0 Almost None |
| :--- | :--- | :--- | :--- |
| Your Father? | 0 A Lot | 0 Some | 0 Almost None |
| Your Best Friend? | 0 A Lot | 0 Some | 0 Almost None |

3 .How about the attention they pay to getting enough sleep?

| Your Mother? | 0 A Lot | 0 Some | 0 Almost None |
| :--- | :--- | :--- | :--- |
| Your Father? | 0 A Lot | 0 Some | 0 Almost None |
| Your Best Friend? | 0 A Lot | 0 Some | 0 Almost None |

4. How about their attention to using seat belts when in a car?
Your Mother?
Your Father?
0 A Lot
0 Some
0 Almost None
Your Best Friend?
0 A Lot
0 Some
0 Almost None
0 A Lot
0 Some
0 Almost None
5. Do your friends usually sit around a lot instead of getting some exercise or working out?
0 None of
0 Some of Them Do
0 Most of Them Do
0 All of Them Do
6. How many of your friends eat a lot of "junk food" instead of a healthy diet?
0 None of Them Do
0 Some of Them Do
0 Most of
Them Do
0 All of Them Do
7. In the past six months, how much stress or pressure have you felt at school?
0 None at All
0 Only a Little
0 A Fair Amount
0 A Lot
8. In the past six months, how much stress or pressure have you felt at home?
0 None
$0 \begin{aligned} & \text { Only a } \\ & \text { Little }\end{aligned}$
0 A Fair
0 A Lot
at All
Amount
9. In the past six months, how much stress or pressure have you felt in your personal or social life?
0 None at All
0 Only a
Little
0 A Fair Amount
10. In the past six months, have you:

|  | Not at <br> Just felt really down about things? | $\frac{\text { All }}{0}$ | $\frac{\text { A Little }}{0}$ | $\frac{\text { Some }}{0}$ | $\frac{\text { A Lot }}{0}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Felt pretty hopeless about the future? | 0 | 0 | 0 | 0 |  |
| Spent a lot of time worrying about <br> little things? | 0 | 0 | 0 | 0 |  |
| Just felt depressed about life <br> in general? | 0 | 0 | 0 | 0 |  |

IN THE PAST SIX MONTHS, HOW OFTEN HAVE YOU:

|  | Hardly <br> Ever | Several <br> Times | Very <br> Often |
| :--- | :---: | :---: | :---: |
| 1. Done something dangerous just <br> for the thrill of it? | 0 | 0 | 0 |
| 2. Gotten into some risky sports <br> because they were exciting? | 0 | 0 | 0 |
| 3. Done some pretty risky things <br> because it was a real kick? | 0 | 0 | 0 |
| 4. Taken chances with your safety <br> when you were out at night <br> because it was exciting? | 0 | 0 | 0 |

5. In the past six months, how often did you ride in a car when a friend who had been drinking or using drugs was driving it?
0 Never

| 0 Once or | 0 | $3-5$ |
| :--- | :---: | :--- |
| Twice | Times |  |

06 or More
Times
6. When you're riding in a car that a friend is driving, do you use your seat belt?
0 Hardly
Ever
0 Some of the Time
0 Most of the Time
0 Almost Always
7. When you're riding in a car that your mother or father is driving, do you use your seat belt?
0 Hardly Ever
0 Some of the Time
0 Most of the Time
0 Almost Always

How wrong do you think it is to do the following things?

| HOW WRONG IS IT: | Not <br> Wrong | A Little <br> Wrong | Wrong <br> 1. To start a fist fight or shoving match? | Very <br> Wrong |
| :--- | :---: | :---: | :---: | :---: |
| 2. To shoplift from a store? | 0 | 0 | 0 | 0 |
| 3. To damage or mark up public or <br> private property on purpose? | 0 | 0 | 0 | 0 |
| 4. To lie to a teacher to cover up <br> something you did? | 0 | 0 | 0 | 0 |
| 5. To take things that don't belong to you? | 0 | 0 | 0 | 0 |
| 6. To stay out all night without permission? | 0 | 0 | 0 | 0 |
| 7. To damage school property on purpose? <br> 8. To lie to your parents about where you have <br> been or who you were with? | 0 | 0 | 0 | 0 |
| 9. To skip school without permission? | 0 | 0 | 0 | 0 |
| 10. To hit someone because you didn't <br> like what they said or did? | 0 | 0 | 0 | 0 |
| 11. To be in a fight with members of a gang? | 0 | 0 | 0 | 0 |
| 12. To carry a weapon, like a knife or gun? | 0 | 0 | 0 | 0 |
| 13. To have a serious fight at school? | 0 | 0 | 0 | 0 |

## In this section, we ask about driving (either cars or motorcycles).

1. Have you driven a car or a motorcycle in the past six months?

0 No (IF YOU MARKED "NO," PLEASE GO TO PAGE 21.)
0 Yes, a car
0 Yes, a motorcycle
0 Yes, both
2. Do you have a driver's license or a learner's permit?

0 No
0 Yes, a Learner's Permit
0 Yes, a Driver's License
3. How long have you had your driver's license?

0 Still have a learner's permit
0 Less than a month $0 \quad 6$ months to a year
$0 \quad 1$ or 2 months $\quad 0 \quad 1-12$ years
$0 \quad 3$ or 4 months $\quad 0 \quad 12-2$ years
05 or 6 months 0 More than 2 years
4. Do you own a car or a motorcycle?

0 No 0 Yes If "Yes", what year and make is it? $\qquad$

If "No," is there a car or a motorcycle you can use when you want to?
0 No
0 Yes
5. About how many miles do you drive in an average week?

| 0 | 0 miles a week | 0 | $41-50$ |
| :--- | :--- | :--- | :--- |
| 0 | $1-10$ miles a week | 0 | $51-75$ |
| 0 | $11-20$ | 0 | $76-100$ |
| 0 | $21-30$ | 0 | More than 100 miles a week |
| 0 | $31-40$ |  |  |

6. In an average week, how much of your driving do you do after 8 o'clock at night?
0 None of It
0 Some of It
0 Most of It
7. When you're driving by yourself, do you use your seat belt?
0 Hardly
Ever
0 Some of the Time
0 Most of the Time
0 Almost
Always
8. When you're driving with a friend in your car, do you use your seat belt?
0 Hardly
Ever
0 Some of the Time
0 Most of the Time
0 Almost
Always

| 9. DURING THE PAST SIX MONTHS, HOW OFTEN DID YOU: | Never | Once or Twice | $\begin{gathered} \begin{array}{c} 3-5 \\ \text { Times } \\ \hline \end{array} \end{gathered}$ | 6 or M ore Times |
| :---: | :---: | :---: | :---: | :---: |
| a. Drive after you'd had one or two drinks of alcohol (cans of beer)? | 0 | 0 | 0 | 0 |
| B. Drive more than 20 miles an hour over the speed limit? | 0 | 0 | 0 | 0 |
| c. Drive through a stop sign without coming to a full stop? | 0 | 0 | 0 | 0 |
| d. Pass a car in a no-passing zone? | 0 | 0 | 0 | 0 |
| e. Drive after you'd had three or more drinks of alcohol (cans of beer)? | 0 | 0 | 0 | 0 |
| f. Take chances for the fun of it when driving in traffic? | 0 | 0 | 0 | 0 |
| g. Drive too close to the car in front of you ("tailgate")? | 0 | 0 | 0 | 0 |
| h. Drive at high speed through a neighborhood or school zone? | 0 | 0 | 0 | 0 |
| i. Drive after you had used marijuana? | 0 | 0 | 0 | 0 |
| j. Drive through a red light? | 0 | 0 | 0 | 0 |
| k. Race a car on city streets? | 0 | 0 | 0 | 0 |
| 1. Cut in front of another car at full speed so you could make a turn? | 0 | 0 | 0 | 0 |
| m . Take some risks while you were driving in traffic because it makes driving more fun? | 0 | 0 | 0 | 0 |

10. In the past six months, have you gotten a ticket for speeding or any other traffic violation (not a parking ticket)?
0 Never
0 Once
0 Twice
0 Three or More Times
11. In the past six months, have you had a traffic accident because you were driving carelessly?
0 Never
0 Once
0 Twice
0 Three or More Times

In your home, how strict are the rules you have to follow:

1. About when and how much television you
Very
Strict

0

## N ot Too Strict

0

Not Strict atAll 0 can watch?
2. About letting your family know where you're going when you go out?
3. About getting your homework done?
4. About dating and going to parties?

0

0 at night?
6. About what time you go to bed at night?

0
0
0
7. About getting chores done around the house?

This section asks about smoking.

1. Have you ever smoked a cigarette?

0 No, never

## IF YOU CHECKED ONE OF THESE TWO CIRCLES, GO TO QUESTION 5.

0 Yes, but only once
0 A few times
0 More than a few times
2. During the past month, how many cigarettes have you smoked on an average day?

| 0 | About 2 packs or more a day | 0 | Between one and five cigarettes a day |
| :--- | :--- | :--- | :--- |
| 0 | About 12 packs a day | 0 | Less than one cigarette a day |
| 0 | About a pack a day | 0 | None at all |
| 0 | About half a pack a day |  |  |

3. How old were you when you first smoked a cigarette?
$\qquad$ Years Old
4. How old were you when you started smoking on a pretty regular basis, like one or two times a week?
$\qquad$ Years Old
5. How do your parents feel about someone your age smoking cigarettes?
0 They Strongly
0 They
Disapprove
0 They Neither Disapprove
Nor Approve Nor Approve
6. Does either of your parents (or step-parents or guardians) smoke cigarettes?
0 Neither Does
0 Father Only
0 Mother Only
0 Both Do
7. How many of your friends smoke cigarettes on a pretty regular basis?
0 None
0 Some of Them
0 Most of Them
0 All of Them
8. Do you think smoking can have an effect on the health of young people your age?
0 Very Serious Effect
0 Serious Effect
0 Mild Effect
0 Almost No Effect
9. Have you ever tried chewing tobacco?

0 No, never
IF YOU CHECKED ONE OF THESE TWO CIRCLES,
0 Yes, but only once $\} \quad$ GO TO QUESTION 13.
0 A few times
0 More than a few times
10. During the past month, how often have you used chewing tobacco?

0 Once a week or less
0 A couple of times a week
0 Nearly every day
0 Several times a day
11. How old were you when you first tried chewing tobacco?
$\qquad$ Years Old
12. How old were you when you started using chewing tobacco on a pretty regular basis?
$\qquad$ Years Old
13.Do you think using chewing tobacco can have an effect on the health of young people your age?
0 Very Serious Effect
0 Serious
Effect
0 Mild
Effect
0 Almost No
Effect

## AREMINDER

PLEASE ANSWER ALL OF THE QUESTIONS AS TRUTHFULLY AS POSSIBLE. YOU MAY
SKIP ANY QUESTION THAT YOU WOULD RATHER NOT ANSWER.
$\underline{\text { BUT REMEMBER THAT YOUR ANSWERS WILL NOT BE SEEN BY ANYONE BUT US. }}$

Do you agree or disagree with each of the statements below?

|  | Strongly <br> Agree | Agree | Disagree | Strongly <br> Disagree |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 1. I often feel left out of things <br> that other kids are doing. | 0 | 0 | 0 | 0 |
| 2. I sometimes feel unsure about who <br> I really am. | 0 | 0 | 0 | 0 |
| 3. It's not up to me to help out <br> when people I know are having <br> problems. | 0 | 0 | 0 | 0 |
| 4. It's hard to know how to act most <br> of the time since you can't tell <br> what other people expect. | 0 | 0 | 0 | 0 |
| 5. Hardly anything I'm doing in my <br> life means very much to me. | 0 | 0 | 0 | 0 |

## This section is about al cohol.

1. Have you ever had a drink of beer, wine, or liquor--not just a sip or a taste of someone else's drink?
0 Yes
0 No
2. Have you had a drink of beer, wine, or liquor more than two or three times in your life--not just a sip or a taste of someone else's drink?
$\begin{array}{ll}0 \text { Yes } \quad 0 \text { No } & \rightarrow \text { IF YOU MARKED "NO", PLEASE G O TO } \\ & \text { QUESTION 12ON PAGE } 25 .\end{array}$
3. Think about the first time you had a drink of beer, wine, or liquor. Were you with your parents or other adults in your family?

0 No
0 Yes. If your answer is "Yes," how old were you then? $\qquad$ Years Old
4. Think about the first time you had a drink of beer, wine, or liquor when you were not with your parents or other adults in your family. How old were you then?
$\qquad$ Years Old

0 I only drink alcohol when I'm with my family.
5. How much of your drinking do you do with your parents?
0 None of It
0 Some of It
0 Most of
It
0 All of
It
6. During the past six months, how often did you drink alcohol?

0 Every day
0 Four or five days a week
0 Two or three days a week
0 Once a week
0 Two or three days a month
0 About once a month
$03-4$ times in the past 6 months
0 Once or twice in the past 6 months
0 Not at all. $\rightarrow$ IF YOU MARKED "NOT AT ALL," PLEASE SKIP TO QUESTION 12 ON PAGE 25 AND GO ON FROM THERE.
7. Think of all the times you have had a drink during the past six months. How much did you usually drink each time?

0 Nine or more cans of beer, glasses of wine, or drinks of liquor
0 Seven or eight
0 Six
0 Five
0 Four
0 Three
0 Two
0 One
0 Less than one can of beer, glass of wine, or drink of liquor
8. Over the past six months, how many times did you drink five or more drinks (of beer, wine, or liquor) when you were drinking?
0 Never
02 or 3 days a month
0 Once
0 Once a week
0 2-3 Times
0 Twice a week
$04-5$ Times
0 More than twice a week
0 Once a month
9. Over the past six months, how many times has each of the following happened because you had been drinking?

| Never | Once | Twice | 3-4 <br> Times <br> 5 or M ore |
| :--- | :--- | :--- | :--- | :--- |
| Times |  |  |  |

You've gotten into trouble with your
$0 \quad 0$
$0 \quad 0$
$0 \quad 0$
$0 \quad 0$ parents because you had been drinking.

You've had problems at school or with
0
0
0
0
0
schoolwork because you had been
drinking.

You've had problems with your friends
0
0
0
0
0
because you had been drinking.

You've had problems with someone you
0
0
0
0
0 were dating because you had been drinking.

You've gotten into trouble with the
0
0
0
0
0
10. In the past six months, about how many times have you gotten drunk or "very, very high" on alcohol?
0 Never
02 or 3 days a month
0 Once
0 Once a week
0 2-3 Times
0 Twice a week
0 4-5 Times
0 More than twice a week
0 Once a month
11. How much of your drinking takes place on weekends (Friday and Saturday nights)?
0 None of It
0 Some of It
0 Most of It
0 Nearly All of It
12. How do you think your parents feel about someone your age drinking alcohol?
0 They Strongly
0 They
Disapprove
Disapprove
0 They Neither Disapprove Nor Approve
13. How do most of your friends feel about someone your age drinking alcohol?
0 They Strongly
Disapprove
0 They
Disapprove
0 They
Approve
0 They Strongly Approve
14. How many of your friends drink alcohol fairly regularly?
0 None
0 Some of Them
0 Most of Them
0 All of Them
15. Do your friends ever pressure you to drink or to drink more than you do now?
0 Never
0 Once in
a While
0 Often
0 All the Time
16. If you wanted some beer, wine, or liquor, how easy would it be for you to get some?
0 Very Difficult
0 Fairly
Difficult
0 Fairly
Easy
0 Very
Easy
17. Do you think daily use of alcohol can have an effect on the health of young people your age?
0 Very Serious
Effect
0 Serious
Effect
0 Mild Effect
0 Almost No Effect

The following questions are about eating.

1. How often do you skip breakfast?
0 Most Mornings
0 Some Mornings
0 Almost
Never
2. How often do you skip lunch?
0 Most Days
0 Some Days
0 Almost Never
3. How often do you eat dinner with your family?
0 Most Days
0 Some Days
0 Almost Never
4. Do you usually snack instead of eating regular meals?
0 Most of
0 Some of the Time
0 Almost Never
5. Do you think skipping breakfast most days can have an effect on the health of young people your age?
0 Very Serious Effect
0 Serious Effect
0 Mild Effect
0 Almost No Effect
6. Think about your usual eating habits.

| DO YOU PAY ATTENTION TO: | A Lot | Some | None |
| :--- | :--- | :--- | :--- | :--- |
| a. Seeing that your diet is healthy? | 0 | 0 | 0 |
| b. Keeping down the amount of salt you eat? | 0 | 0 | 0 |
| c. Eating only as much as your body really needs? | 0 | 0 | 0 |
| d. Keeping down the amount of fat you eat? | 0 | 0 | 0 |
| e. Drinking enough milk every day? | 0 | 0 | 0 |
| f. Eating some fresh vegetables every day? | 0 | 0 | 0 |
| g. Eating in a healthy way even when you're with friends? | 0 | 0 | 0 |
| h. Eating healthy snacks like fruit instead of candy? | 0 | 0 | 0 |
| i. Eating foods that are baked or broiled rather than fried? | 0 | 0 | 0 |

7. Do you think eating a lot of "junk food" can have an effect on the health of young people your age?
0 Very Serious Effect
0 Serious Effect
0 Mild
Effect
0 Almost No Effect

|  | $\underline{0 f t e n}$ |  | Almost <br> Sometimes |  |
| :--- | :---: | :---: | :---: | :---: |
| 8. Dover |  |  |  |  |
| 9. Do you ever eat more than you really need to? | 0 | 0 | 0 |  |
| 10. Do you ever keep on eating even after you feel full? | 0 | 0 | 0 |  |
| 11. Do you ever eat because you're upset about something? <br> 12. Do you ever eat just because you're bored? | 0 | 0 | 0 | 0 |

13. In the past six months, about how many times have you started a diet to lose weight?
0 Never
0 Once
0 2-3 Times
04 or More Times
14. Are you on a diet to lose weight now?
0 No
0 Yes
15. In the past six months, have you ever used diet pills or laxatives to help you to lose weight or to stay thin?
0 Never
0 Once or Twice
0 Several Times
0 Often
16. In the past six months, have you ever made yourself throw up as a way to lose weight or to stay thin?
0 Never
0 Once or Twice
0 Several Times
0 Often

Think about how you see your future.

|  | I think the chances are: |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Very <br> High | High | About Fifty-Fifty | Low | Very <br> Low |
| WHAT ARE THE CHANCES THAT: |  |  |  |  |  |
| 1. You will graduate from high school? | 0 | 0 | 0 | 0 | 0 |
| 2. You will go to college? | 0 | 0 | 0 | 0 | 0 |
| 3. You will have a job that pays well? | 0 | 0 | 0 | 0 | 0 |
| 4. You will be able to own your own home? | 0 | 0 | 0 | 0 | 0 |
| 5. You will have a job that you enjoy doing? | 0 | 0 | 0 | 0 | 0 |
| 6. You will have a happy family life? | 0 | 0 | 0 | 0 | 0 |
| 7. You will stay in good health most of the time? | 0 | 0 | 0 | 0 | 0 |
| 8. You will be able to live wherever you want to in the country? | 0 | 0 | 0 | 0 | 0 |
| 9. You will be respected in your community? | 0 | 0 | 0 | 0 | 0 |
| 10. You will have good friends you can count on? | 0 | 0 | 0 | 0 | 0 |

DURING THE PAST SIX MONTHS, HOW OFTEN HAVE YOU:

|  | Never | Once | Twice | $\begin{gathered} 3-4 \\ \text { Times } \\ \hline \end{gathered}$ | 5 or M ore Times |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Started a fist fight or shoving match? | 0 | 0 | 0 | 0 | 0 |
| 2. Shoplifted from a store? | 0 | 0 | 0 | 0 | 0 |
| 3. Damaged or marked up public or private property? | 0 | 0 | 0 | 0 | 0 |
| 4. Lied to a teacher to cover up something you did? | 0 | 0 | 0 | 0 | 0 |
| 5. Taken things that didn't belong to you? | 0 | 0 | 0 | 0 | 0 |
| 6. Stayed out all night without permission? | 0 | 0 | 0 | 0 | 0 |
| 7. Damaged school property on purpose? | 0 | 0 | 0 | 0 | 0 |
| 8. Lied to your parents about where you have been or who you were with? | 0 | 0 | 0 | 0 | 0 |
| 9. Skipped school without permission? | 0 | 0 | 0 | 0 | 0 |
| 10. Hit someone because you didn't like what they said or did? | 0 | 0 | 0 | 0 | 0 |
| 11. Been in a fight with members of a gang? | 0 | 0 | 0 | 0 | 0 |
| 12. Carried a weapon, like a knife or a gun? | 0 | 0 | 0 | 0 | 0 |
| 13. Had a serious fight at school? | 0 | 0 | 0 | 0 | 0 |

The next questions are about drugs.

1. How do most of your friends feel about someone your age using marijuana?
0 They Strongly
0 They
Disapprove
0 They Don't
Seem to Care
$\begin{array}{ll}0 & \text { They } \\ \text { Approve }\end{array}$
2. How many of your friends use marijuana (pot, grass, weed, hash)?
0 None
0 Some of Them
0 Most of Them
0 All of Them
3. Have you ever tried marijuana?

0 No, never $\rightarrow$ IF YOU MARKED NEVER, PLEASE SKIP TO QUESTION 8 BELOW.
0 Yes, once
0 Yes, more than once
4. How old were you when you first tried marijuana?
$\qquad$ Years Old
5. Have you ever gotten high or stoned from using marijuana?
0 Have Not Used Marijuana
0 Have Used It, But Never Gotten High
0 Have Gotten High Once

0 Have Gotten High More than Once

6. In the past six months, how often have you used marijuana?

| 0 Never | 0 | 2-3 Times a Month |
| :--- | :--- | :--- |
| 0 Once | 0 | Once a Week |
| 0 2-3 Times | 0 | 2 or 3 Times a Week |
| 0 4-5 Times | 0 | 4 or 5 Times a Week |
| 0 Once a Month | 0 | Every Day |

7. In the past six months, have you ever been high at school from having used marijuana?
0 Never
0 Once or
Twice
0 Several Times
8. How do your parents feel about someone your age using marijuana?
0 They Strongly
0 They
Disapprove
0 They Neither Disapprove Nor Approve
9. If you wanted to get some marijuana, how easy would it be for you?
0 Very
Difficult
0 Fairly
Difficult
0 Fairly
0 Very
Easy
Easy
10. Do you think being a marijuana user can have an effect on the health of young people your age?
0 Very Serious
0 Serious Effect
0 Mild Effect
0 Almost No Effect
11. Have you used any of the following drugs? If you have, please answer how many times you used each drug in the past six months.

Pills (Uppers, Downers, Tranquilizers)
Crack (Rock)
Cocaine
LSD (acid)
PCP (angel dust)
Paint, glue, or other things you inhale
Heroin

| 0 | No | 0 | Yes |
| :--- | :--- | :--- | :--- |
| 0 | No | 0 | Yes |
| 0 | No | 0 | Yes |
| 0 | No | 0 | Yes |
| 0 | No | 0 | Yes |
| 0 | No | 0 | Yes |
| 0 | No | 0 | Yes |

in Past 6 M onths

Times
Times
Times
Times
Times
Times
___ Times

HOW SURE ARE YOU THAT YOU WILL:

| Very | Pretty | Not Too |
| :--- | :--- | :--- |
| Sure | Sure | Sure |

1. Get at least a $B$ average this year?

0
0
0
2. Be considered a bright student by your teachers?
3. Come out near the top of the class on exams?
4. Have good enough grades to get into college?
5. Be thought of as a good student by

0
0

## This section is about dating and sex.

1. How often in the past six months did you go out on a date with someone of the opposite sex?

0 Not at all
0 Once or twice in the past 6 months
$03-4$ times in the past 6 months

0 About once a month
0 Two or three times a month
0 Once a week or more
2. Are you dating someone fairly regularly or going steady now?

0 Yes 0 No
3. Think of all your friends of the same sex you are. How many of them have had sexual intercourse ("gone all the way") with someone of the opposite sex?
0 Almost None
0 Some of
Them
0 Most of Them
4. When kids your age have sexual intercourse, do they usually use some kind of birth control method or contraceptive (like condoms, birth control pills, or foam)?
0 Almost All Do
0 Most Do
0 Some Do
0
Almost None Do
5. How much peer pressure is there on kids your age to have sex?
0 None
0 A Little
0 A Fair Amount
0 A Lot
6. Kids my age are just too young to have sex.
0 Strongly Agree
0 Agree
0 Disagree
0 Strongly Disagree
7. It's better not to have sex rather than to risk getting pregnant.
0 Strongly Agree
0 Agree
0 Disagree
0 Strongly Disagree
8. These next questions are about contraception or birth control. Please mark whether you agree or disagree with them.

|  | Strongly Agree | Agree | Disagree | Strongly <br> Disagree |
| :---: | :---: | :---: | :---: | :---: |
| a. It's smart to use birth control to prevent an unplanned pregnancy. | 0 | 0 | 0 | 0 |
| b. Using birth control is just too much of a hassle. | e. 0 | 0 | 0 | 0 |
| c. It's a good idea to use condoms to protect against getting AIDS. | 0 | 0 | 0 | 0 |
| d. It's just not right to use birth control. | 0 | 0 | 0 | 0 |
| e. The whole idea of birth control is embarrassing to me. | 0 | 0 | 0 | 0 |
| f. Teenagers who use birth control show they care about themselves and their future. | 0 | 0 | 0 | 0 |

9. Have you ever had sexual intercourse ("gone all the way") with someone of the opposite sex?

0 Yes $\quad 0$ No $\rightarrow$ IFYOUMARKED "NO", GOTOQUESTION $10 N$ PAGE 34.
10. How old were you the first time you had sexual intercourse? $\qquad$ Years Old
11. What was your relationship to your first sexual partner?

0 Engaged
0 Going Steady
0 Friend
0 Knew Each Other a Little
0 Other $\qquad$
12. (a) That first time you had sex, did you or your partner use any kind of birth control method or contraceptive (like condoms, birth control pills, or foam)?
0 No
0 Yes
0 I don't remember
(b) If "Yes", what type of birth control method or contraceptive was used?
13. In your life, how many people have you had sexual intercourse with? $\qquad$ People
14. In the past year, how many times, if any, have you had sexual intercourse? $\qquad$ Times

## IF YOU HAVEN'T HAD SEXUAL INTERCOURSE IN THE PAST YEAR, PLEASE GO ON TO QUESTION 18 ON PAGE 34.

15. In the past year, how many people have you had sexual intercourse with? $\qquad$ People
16. (a) When you had sex in the past year, did you make sure that some kind of birth control method or contraceptive was used, either by you or by the other person?
0 Almos
0 Most of
0 About Half
0 Some of
0 Hardly 0 Never Always the Time of the Time the Time Ever
(b) When you had sex in the past year, what type of birth control method or contraceptive, if any, was usually used?
0 None
0 Birth control pills only
0 Birth control pills and condoms
0 Foam, cream, or jelly only
0 Condoms only
0 Diaphragm or cervical cap
0 Condoms and foam, cream, or jelly
0 Withdrawal ("pulling out")
0 Rhythm method ("safe days")
0 Other
(c) If contraception was not used, what was the reason?
(d) When you had sex in the past year, who usually made the decision about whether or not to use birth control?
0 I Did
0 My Partner Did
0 We Both Did
(e) The last time you had sex, what type of birth control method or contraceptive was used?
17. When you had sex in the past year, how often was a condom (rubber) used?
0 Almost Always
0 Most of the Time
0 About Half of the Time
0 Some of the Time
0 Hardly 0 Never Ever
18. Have you ever been pregnant or made a girl pregnant?
0 No
0 Yes, Once
0 More Than Once
If "Yes", what did you and your partner do about the pregnancy?
0 Had the baby and kept it
0 Had the baby and gave it up for adoption
0 Had a miscarriage (lost the baby)
0 Had an abortion

## These next questions are about different types of school and community activities.

1. Do you belong to any school clubs or organizations, like the drama club, school newspaper, peer counselors, and so on?
0 No
0 Yes, one
0 Yes, two or more

If yes, which ones? $\qquad$
2. Do you belong to any community youth groups, like Boy Scouts, Girl Scouts, the "Y," or others?
0 No
0 Yes, one
0 Yes, two or more
3. Do you do any kind of volunteer work in the community?

0 No 0 Once in a While 0 Fairly Often

HOW MANY OF YOUR FRIENDS:

1. Are in school clubs or organizations?
2. Go to church or religious services pretty regularly?
3. Are in community youth groups, like

Scouts, Boys Club or Girls Club, the "Y", etc.?
4. Get good grades in school?
5. Do volunteer work in the community?
6. Take part in organized sports?
7. Spend a lot of time doing things with their families?

| All of <br> Them | Most of <br> Them | Some of <br> Them | None |
| :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | 0 |

$\begin{array}{llll}0 & 0 & 0 & 0\end{array}$
$\begin{array}{llll}0 & 0 & 0 & 0\end{array}$

0
0

0
$0 \quad 0$
$0 \quad 0$
$\begin{array}{llll}0 & 0 & 0 & 0\end{array}$

Do you agree or disagree with each of the following statements about health?

1. If I do things right, it's easy to stay in good health.
$0 \quad \begin{gathered}\text { Strongly } \\ \text { Agree }\end{gathered}$
0 Agree
0 Disagree
$0 \begin{aligned} & \text { Strongly } \\ & \text { Disagree }\end{aligned}$
2. I can get sick no matter how much I try to take care of myself.
0 Strongly
0 Agree
0 Disagree
$\begin{array}{ll}0 & \text { Strongly } \\ & \text { Disagree }\end{array}$ Agree

0 Disagree
0 Strongly
0 Strongly
Agree
0 Agree
Disagree
4. Kids my age are just too young to do much about their health.
0 Strongly
0 Agree
0 Disagree
$\begin{array}{ll}0 & \text { Strongly } \\ \text { Disagree }\end{array}$ Agree
5. Staying healthy seems to be mostly a matter of luck for me.
0 Strongly
0 Agree
0 Disagree
0 Strongly
Disagree
6. I might get sick more often if I didn't take care of myself.
0 Strongly
0 Agree
0 Disagree
0 Strongly
Disagree
7. It's easy for me to stay healthy if I eat right and get enough sleep and exercise.
0 Strongly
0 Agree
0 Disagree
0 Strongly
Disagree
8. People in my family just seem to get sick easily.
0 Strongly
0 Agree
0 Disagree
0 Strongly Disagree
9. Once I'm sick, there is not much I can do to get better except wait.
0 Strongly
0 Agree
0 Disagree
0 Strongly
Disagree

We want to find out what teenagers think about AIDS and what they know about AIDS.
You need to understand two related words used in this survey: AIDS and HIV.
AIDS stands for acquired immunodeficiency syndrome.
AIDS is caused by the virus, HIV.
HIV stands for human immunodeficiency virus. HIV is the virus that causes AIDS.

0 Yes
0 No
9. Have you ever talked about AIDS/HIV infection with your parents or other adults in your family?

$$
\begin{array}{lll}
0 \text { Yes } & 0 & \text { No }
\end{array}
$$

10. Getting AIDS isn't something teenagers really have to worry about.
0 Strongly
0 Agree Agree
0 Disagree
0 Strongly
Disagree
11. AIDS is not as big a problem as it's made out to be.
0 Strongly
0 Agree
0 Disagree
0 Strongly
Agree

Disagree
12. Do you ever worry about getting AIDS yourself?
0 No
0 Yes, a Little
0 Yes, a Lot

Can a person get AIDS/HIV infection from:

1. Holding hands with someone?

Yes
0 $\frac{\text { No }}{0} \quad \frac{\text { Not Sure }}{0}$
2. Sharing needles used to inject (shoot up) drugs?
3. Being bitten by mosquitoes or other insects?
4. Giving blood?

0
5. Having a blood test?

0
6. Using public toilets? 0
7. Having sexual intercourse without a condom (rubber)?
8. Being in the same class with a student who
$0 \quad 0$ has AIDS/HIV infection?

1. Can you tell if people are infected with the AIDS virus (HIV) just by looking at them?
2. Can a person who has the AIDS virus (HIV) infect someone else during sexual intercourse?
3. Can a pregnant woman who has the AIDS virus (HIV) infect her unborn baby with the virus?
4. Is there a cure for AIDS/HIV infection?
$\frac{\text { Yes }}{0}$
$\frac{\text { No }}{0}$
Not Sure

0
0

0
0

0
0
5. Is it true that only homosexual (gay) men can

0
0 get AIDS/HIV infection?

Can people reduce their chances of becoming infected with the AIDS virus (HIV):

| Yes | No | Not Sure |
| :---: | :---: | :---: |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |

## We would like to know what you thought of the questionnaire so we can make it better next time.

1. How interesting were the questions?
0 Very Interesting
0 Fairly Interesting
$0 \quad$ Not Too
Interesting
2. Did the questions deal with things that are important for someone your age?
0 Most of
0 About Half
0 Some of Them Did
3. Were there any sections that were too personal for you?
0 No
0 Yes

If "Yes", which ones? $\qquad$
4. Were there any sections that you didn't like for some other reason?
0 No
0 Yes

If "Yes", which ones? Why? $\qquad$
$\qquad$
5. Are there any other things we should have asked about? What? $\qquad$
$\qquad$
6. If we should want to get back in touch with you in the future, even ten years from now, would that be all right with you?
0 Yes
0 No

## THANK YOU VERY MUCH FOR BEING PART OF THIS STUDY! <br> WE REALLY APPRECIATE YOUR WORKING WITH US IN THIS RESEARCH. YOU ARE HELPING US TO UNDERSTAND MORE ABOUT THE LIVES AND HEALTH OF YOUNG PEOPLE.

THANKS!

# THIS SHEET WILL BE REMOVED FROM YOUR 

 BOOKLET WHEN YOU HAND IT IN.YOUR NAME WILL NEVER AGAIN BE TOGETHER WITH YOUR ANSWERS

YOUR FULL NAME: $\qquad$
Last First Middle

YOUR HOME ADDRESS $\qquad$ Number Street

City State
Zip

YOUR MOTHER'S (or female guardian's) NAME: $\qquad$

YOUR FATHER'S (or male guardian's) NAME: $\qquad$

YOUR TELEPHONE NUMBER: $\qquad$

Please list one person, other than your parents, who could help us get in touch with you in the future:

FULL NAME: $\qquad$

ADDRESS: $\qquad$

|  | Sumber |  |
| :---: | :---: | :---: |
| City | State |  |

$\qquad$

