HEALTH BEHAVIOR QUESTIONNAIRE

High School Form

Spring 1992

INSTRUCTIONS

- 1. Please answer the questions in the order they appear in the booklet.
- 2. Check the circle that shows your best answer to each question.
- 3. There are no right or wrong answers. Please be as truthful as you can.
- 4. Your answers will be completely confidential. No one but us can know how you answered the questions.

 Only the last page in the booklet will have your name on it, and that page will be removed from the booklet when you turn it in. No one but us will ever see the answers.
- 5. You have the right to skip any question that you do not want to answer.
- 6. You can stop filling out the questionnaire at any time you wish.

We hope you enjoy taking the questionnaire!

PLEASE GO TO PAGE 1 AND BEGIN ANSWERING THE QUESTIONS.

We'd like to begin with some questions about health. How **important** is each of the following things to **you**?

HOV	W IMPORTANT IS	IT TO YOU:	Not Too Important	Somewhat Important	Very <u>Important</u>				
1.	To feel in good sl	nape?	0	0	0				
2.	To feel like you henergy?	ave plenty of	0	0	0				
3.	To know that you right about what		0	0	0				
4.	To be able to play and sports witho tired too quickly?	ut getting	0	0	0				
5.	To keep yourself health all year lo		0	0	0				
6.	Not to get sick will like the flu is goin		0	0	0				
7.	To get better quic you're sick?	ckly whenever	0	0	0				
8.	To keep yourself takes some extra		0	0	0				
9.	To know that you health?	are in excellent	0	0	0				
10.	To have good hea eating and exercise		0	0	0				
11.	In general, how is	your health?							
	0 Excellent	0 Very Good	0 Good	0	Fair	0 Poor			
12. I	Oo you have to avo	id hard physical exerc	cise or games becaus	e of your health?					
	0 No 0 Yes	If "Yes", why?				_			
13. 5	Since the school yea	ar began, how often ha	ave you been sick en	ough that you	had to stay home?				
	0 Never	0 Once or Twice	0 3-6 Times	0 7 or 1 Tim					
14. How often in the past year did you go to see a doctor because you were sick ?									
	0 Never	0 Once	0 Twice	0 Three or More	Times				

15. When	you're sick	enough to nee	d a do	octor, wr	nere do y	ou usuali	y go for me	edical car	e?
cli	e health nic at y school	0 Hospital of emergency room		-	private ctor	0 Nei clir	ghborhood nic		I wouldn't know where to go
16. In the	last year, ha	ve you ever g	one to	the sch	ool nurs	e?			
	ere is no sch rse at my scl		0 N	lo (0 Once	e 0	Twice		hree or More Times
17. In the	last year, ha	ve you ever g	one to	the sch	ool socia	al worker?			
soc	ere is no sch tial worker a ny school		0 N	Io (0 Once	e 0	Twice	0 T	hree or More Times
QUEST	IONS 18 AN	ND 19 ARE FO	OR ST	UDENT	TS AT E	AST, MAI	NUAL, LIN	NCOLN:	
18. Are	you signed	up (registered) for tl	ne Scho o	ol-Based	l Clinic?			
0 Ye	es	0 No		0 1	I Don't I	Know			
19. In th	ne last year, l	have you ever	gone	to the S o	chool-Ba	ased Clinic	c?		
0 N	0	0 Once		0 7	Twice		0 Three o	or More T	Гimes
20. How t	all are you?	Feet an	d	Inches					
21. Has yo	our height cl	hanged a lot i	n the p	ast year	?				
0 N	o 0 Ye	es	-	•					
22. How o	do you feel a	ıbout your hei	ght?						
0 0 0 0	 Would Like to be a Lot Shorter Would Like to be a Little Shorter My Height is About Right Would Like to be a Little Taller 								
23. How r	nuch do you	ı weigh?	_ Pou	ınds					
24. Has yo	our weight c	hanged a lot i	n the _]	past year	r?				
0 0 0	It's gone d It hasn't ch It's gone u	nanged very n	nuch						

25. How do :	you feel about your weig	ght?		
0	Would Like to Lose a			
0	Would Like to Lose S			
$0 \\ 0$	My Weight Is About 1 Would Like to Gain S		3	
0	Would Like to Gain a			
26. Do you tl	nink being very overwei	ight can have a	n effect on the health	of young people your age?
0	Very Serious Effect	0 Serious Effect	0 Mild Effect	0 Almost No Effect
27. How mu	ch sleep do you usually	get each nigh t	t during the school we	ek?
0	Less than 6 hours a nig	ght	0 82 hours	
0	6 hours		0 9 hours	
0	62 hours 7 hours		0 92 hours 0 10 hours	
0 0	72 hours			10 hours a night
28. What tim	ne do you usually get to	bed at night d	uring the school week	?
	pm 0 10 pm :30 pm 0 10:30 p		1 pm 0 12 a 1:30 pm 0 12:3	
29. In the pa s	st six months, have you	had trouble fa	lling asleep or staying	asleep at night?
0	Not at All	0 A Little	0 Some	0 A Lot
30. What tim	e do you usually get up	in the mornin	g on school days?	
	30 am 0 6 am arlier	0 6:30 am	0 7 am 0 7:30	0 am 0 8 am 0 8:30 am or Later
	nink getting less than 8 l ople your age?	hours of sleep	each night can have ar	n effect on the health of
0	Very Serious Effect	0 Serious Effect	0 Mild Effect	0 Almost No Effect
32. How ofte	en do you brush your tee	eth?		
0 After M	Every 0 Twi		0 Once a Day	0 Every Couple of Days
33. How ofte	en do you use dental flos	ss to clean betv	veen your teeth?	
0 Once	e a Dav 0 Eve	ery Couple	0 About Once	0 Almost Never
or N	•	Days	a Week	
34. How ofte	n do you use an anti-ca	vity rinse after	brushing (like Act, Pla	ax, Viadent, or Lavoris)?
0 Once or M	•	ery Couple Days	0 About Once a Week	0 Almost Never

The following	questions are	about vou	r bacl	kground.
THE TOHOWING	questions are	. ubbut you	Duci	Ngi Ouriu.

1. In what month were you born?

0 Jan 0 Feb 0 March 0 April 0 May 0 June 0 July 0 Aug 0 Sept 0 Oct 0 Nov 0 Dec

2. In what year were you born?

3. What sex are you?

0 Male 0 Female

4. What grade are you in?

0 7th 0 8th 0 9th 0 10th 0 11th 0 12th

QUESTIONS 5, 6, AND 7 ARE FOR PEOPLE WHO HAVE FINISHED \underline{OR} DROPPED OUT OF SCHOOL:

5. What is the highest grade that you completed in school?

Triat is the highest grade that you completed in school.

0 8th 0 9th 0 10th 0 11th 0 12th

(IF YOU MARKED 12TH GRADE, PLEASE GO TO QUESTION 8 BELOW.)

6. Do you plan someday to get a GED (General Equivalency Diploma) or to go back to high school?

0 Yes, Go Back to High School

0 Yes, Get a GED

0 No

7. Are you studying now to get a GED (General Equivalency Diploma)?

0 Yes

0 No

- 8. What kind of grades do you **usually** get? (If you're no longer in school, what kind of grades did you usually get <u>when you were in school</u>?)
 - 0 Mostly A's
 - 0 Mostly A's and B's
 - 0 Mostly A's and B's, and some C's
 - 0 Mostly B's
 - 0 Mostly B's and C's
 - 0 Mostly B's and C's, and some D's
 - 0 Mostly C's
 - 0 Mostly C's and D's
 - 0 Mostly C's and D's, and some F's
 - 0 Mostly D's
 - 0 Mostly D's and F's

9. Mark below all of the people you are living with this year.
0 Mother 0 Father 0 Stepmother 0 Stepfather 0 Older brothers or stepbrothers. How many? 0 Younger brothers or stepbrothers. How many? 0 Older sisters or stepsisters. How many? 0 Younger sisters or stepsisters. How many? 0 Foster parents 0 Grandparents 0 Grandparents 0 Aunts and/or uncles 0 Your husband or your wife 0 Your own child (or children). How many? 0 Other people. Who?
10. Is your mother living?
0 Yes 0 No
11. Is your father living?
0 Yes 0 No
12. If both your parents are alive, do they live together? (IF EITHER ONE IS NOT LIVING, PLEASE GO ON TO QUESTION 13).
0 Yes0 No, they're divorced0 No, they're separated and not living together
13. What is your family background? Mark the one best answer.
 0 White Non-Hispanic or Anglo 0 White Hispanic (Mexican, Puerto Rican, Cuban, or Latin American) 0 Black 0 Indian or Native American 0 Asian 0 Pacific Islander 0 Other. What?

14. What is the **highest** grade each of your parents completed in school? Please answer for your Father (or stepfather or male guardian--whichever one you live with) **and** for your Mother (or stepmother or female guardian--whichever one you live with).

<u>Father</u>	Mother	
0	0	Less than 8th grade
0	0	Completed 8th grade, but did not go to high school
0	0	Went to high school but did not graduate
0	0	Graduated from high school, but did not go to college or other schools
0	0	Had special job training after high school
0	0	Went to college, but did not graduate
0	0	Graduated from college
0	0	Some education after college, like graduate school, medical school, law school
0	0	I don't know

15. Is vour	father (or ste	epfather or male	guardianwhichever o	ne vou live with):
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0	Working at	a job	full	time

- 0 Working at a job part time
- 0 Going to school, not working at a job
- Out of work or not working at a job. How long has he been out of work?
- 0 Retired
- 0 I don't know

16.	What is the name of his job (for example, construction worker, cook, bank clerk, teacher, office
	manager), and what sorts of things does he do on the job?

- 17. Is your mother (or stepmother or female guardian--whichever one you live with):
 - 0 Working at a job **full time**
 - 0 Working at a job **part time**
 - O Going to school, not working at a job
 - Out of work or not working at a job. How long has she been out of work?
 - 0 A homemaker, not working at a job
 - 0 Retired
 - 0 I don't know
- 18. What is the name of her job (for example, factory worker, sales clerk, bus driver, librarian, computer programmer), and what sorts of things does she do on the job?

19. Do you work at a paying job, including after school or on weekends?								ends?	
20.	Ноч	0 Yes w many hours a	0 N week d					E GO TO QUESTION 1 ON PAGE 8 (Monday through Friday)?	3.
				_Hours					
21.	Hov	w many hours d	lo you w	ork on an a	average	weekend (Sat	urda	ay and Sunday)?	
				_ Hours					
22.	Wha	at is the name o	f your jo	b (for exan	nple, coo	k, food server	r, sal	les clerk, baby sitter, etc.)?	
23.	— Ноw	v do you feel ab	out your	job?					
	0	I Like It a Lot	0	It's Okay	0	I Don't Like Very Much	It		
24.	Does	s your work ma	ke you ti	red at scho	ool?				
	0	I don't go to school	0	Never	0	Sometimes	0	About half 0 Most Days the time	
25.	Wor	king at my job t	eaches n	ne a lot I ne	eed to kn	iow.			
	0	Strongly Agree	0	Agree	0	Disagree	0	Strongly Disagree	
26.	Wor	king at my job 1	nakes m	e feel good	l about n	nyself.			
	0	Strongly Agree	0	Agree	0	Disagree	0	Strongly Disagree	
27.	Му ј	ob is a good pla	ice to me	et new frie	ends.				
	0	Strongly Agree	0	Agree	0	Disagree	0	Strongly Disagree	
28.	Since	e I started work	ing at a j	ob, school	just does	sn't seem as in	npo	rtant to me.	
	0	Strongly Agree	0	Agree	0	Disagree	0	Strongly Disagree	
29.	Since	e I started work	ing at a j	ob, I spend	l less tim	e than I used	to o	on schoolwork.	
	0	Strongly Agree	0	Agree	0	Disagree	0	Strongly Disagree	
30.	In th	e past six mont	hs, how	much stres	s or pres	sure have yo	u fel	It because of your job?	
	0	None at All	0	Only a Little	0	A Fair Amount	0	A Lot	

The next questions are about **how you see your self**.

1. Hc	ow well do you get alo	ong	with others your age?				
(Very Well	0	Pretty Well	0	Not Too Well	0	Not Well at All
2. Hc	ow well do you live u	p to	what other people exp	ect (of you?		
(Very Well	0	Pretty Well	0	Not Too Well	0	Not Well at All
3. WI	hat about your ability	to c	do well in school work?	,			
() Very Able	0	Pretty Able	0	Not Too Able	0	Not Able at All
4. Hc	ow much common ser	nse (do you have for dealinફ	g wi	th everyday problems	?	
() A Great Deal	0	A Fair Amount	0	Not Too Much	0	Not Much at Al
5. Ho	ow well do you make	dec	isions about important	thir	ngs in your life?		
(Very Well	0	Pretty Well	0	Not Too Well	0	Not Well at All
6. Hc	ow well do you resist	pee:	r pressure from the rest	of	the group?		
(Very Well	0	Pretty Well	0	Not Too Well	0	Not Well at All
7. Hc	ow sure are you that y	ou (can learn new skills wh	en :	you need them?		
() Very Sure	0	Pretty Sure	0	Not Too Sure	0	Not Sure at All
8. Hc	ow attractive are you	to th	ne opposite sex?				
) Very		Fairly	0	Not Too	0	Not Attractive
	Attractive		ttractive		Attractive		At All
9. Or	n the whole, how satis	fied	are you with yourself	,			
() Very		Pretty		Not Too	0	Not Satisfied
	Satisfied	۲	Satisfied	٢	Satisfied		at All

Think about the kinds of things you usually do after school and on weekends.

1. About how many hours do you usually spend **each week**:

	<u>None</u>	One Hour <u>A Week</u>	2-3 Hours <u>A Week</u>	4-5 Hours <u>A Week</u>	6-7 Hours <u>A Week</u>	8 or More Hours <u>A Week</u>
a. Doing homework?	0	0	0	0	0	0
b. Sitting around with friends?	0	0	0	0	0	0
c. Taking part in an organized sport or recreation program?	0	0	0	0	0	0
d. Reading for fun?	0	0	0	0	0	0
e. Talking on the telephone?	0	0	0	0	0	0
f. Working out as part of a personal exercise program (like running or biking)?	0	0	0	0	0	0
g. Just sitting and listening to music?	0	0	0	0	0	0
h. Playing pickup games like basketball, touch football, etc.?	0	0	0	0	0	0
i. Doing things with your family?	0	0	0	0	0	0
j. Just sitting around doing nothing?	0	0	0	0	0	0
k. Practicing different physical activities (like shooting baskets, or working on dance routines or cheerleading routines)?	0	0	0	0	0	0
1. Taking care of younger brothers and sisters?	0	0	0	0	0	0

	0 Very Serious Effect	0	Serious Effect	0	Mild Effect	0	Almost No Effect
3. On an a	verage school day, hov	v many	hours d	o you usua	lly watch T	V?	
0	None		0	32 hours			
0	1 hour or less		0	4 hours			
0	12 hours		0	42 hours			
0	2 hours		0	5 hours			
0	22 hours		0	52 hours			
0	3 hours		0	6 hours			
			0	More than	6 hours		
4. On an a	verage day on the weel	kend, l	now man	y hours do	you usuall	y watch T	TV?
0	None		0	42 hours			
	One hour or less			5 hours			
	12 hours			52 hours			
	2 hours			6 hours			
	22 hours			7 hours			
	3 hours			8 hours			
0	32 hours			9 hours			
0	4 hours			10 hours			
				More than	10 hours		
5. Do you	think just sitting aroun	d a lot	can have	an effect or	n the health	of young	g people your age?
	0 Very Serious	0	Serious		Mild	0	Almost No
	Effect		Effect		Effect		Effect
	ack over the last year. 'during the year?	What v	vere the 1	most impor	tant things	that happ	pened to you or that

The next questions are about **what's important to you** in your life.

HOW IMPORTANT IS IT TO YOU:	Very <u>Important</u>	Somewhat <u>Important</u>	Not Too <u>Important</u>
1. To decide for yourself how to spend your free time?	0	0	0
2. To get at least a B average this year?	0	0	0
3. To choose your own clothes?	0	0	0
4. To be free to use the money you have the way you want to?	0	0	0
5. To be considered a bright student by your teachers?	0	0	0
6. To make your own plans about what you're going to do with your life?	0	0	0
7. To be thought of as a good student by the other students?	0	0	0
8. To come out near the top of the class on exams?	0	0	0
9. To make your own decisions about what movies to see or books to read?	0	0	0
10. To have good enough grades to get into college?	0	0	0

The next several questions are about school and school work.

1. How do you feel about going to school?

0 I Like It	0 It's	0 I Don't Like
a Lot	Okay	It Very Much

2. How do you feel about your teachers?

0 I Like	0 They're	0 I Don't Like
Most of Them	Okay	Most of Them

	Wiost of Them	Chay	Wiost of Them	
3. Are an	ny of your classe	s too hard for you?		
C) No	0 One or Two	0 Several	0 All of Them
4. Are an	ny of your classe	s too easy for you?		
C) No	0 One or Two	0 Several	0 All of Them

			Strongly <u>Agree</u>	<u>Agree</u>	<u>Disagree</u>	Strongly <u>Disagree</u>		
5.	I'm learning a lot from being in school.		0	0	0	0		
6.	Being in school makes me feel good about myself.	0	0	0	0			
7.	If you get good grades in school, most kids won't like you.		0	0	0	0		
8.	My classes at school help me learn things I'll need to know later in life.		0	0	0	0		
9.	Staying in school is important for my future.		0	0	0	0		
10.	I feel some pressure from my friends to do too well in school.	s not	0	0	0	0		
11.	Getting an education is the key to su in life.	ccess	0	0	0	0		
12.	Being in school helps me to become I'd like to be.	the person	0	0	0	0		
13. Finishing high school is not that important for what I want to do with my life.			0	0				
14.	Are you planning to go to college?							
	0 Yes 0 Maybe	0	No					
15.	Is it important to your parents (or the	adults you liv	e with) that yo	u do well i	n school?			
	0 Not Too Important	0 Importan	t	0 Very	y Important			
16.	Is it important to your friends that yo	ou do well in so	hool?					
	0 Not Too Important	0 Importan	t	0 Ver	y Important			
17.	17. If you asked your parents to help you with your homework, would they try to help?							
	0 Definitely 0 Probabl Would Would	y	0 Probably Would Not	(0 Definitely Would Not			
18.	18. Do your parents ask if you've gotten your homework done?							
	0 Hardly Ever 0 Sometimes 0 Often							
19.	If students act up and make trouble a	t your school, o	do they get aw	ay with it?				
	0 Hardly 0 So Ever	metimes	0 Most of the Tire					

20. Do you have any friends who have dropped out of school?								
0 None of Them	0 Some of Them	0 Most of Them	0 All of Them					
21. Have you ever though	21. Have you ever thought seriously about dropping out of school?							
0 No, Never	0 Yes, Once	0 Yes, More Than Or	nce					
22. Have you ever talked seriously to your parents about dropping out of school?								
0 No, Never	0 Yes, Once	0 Yes, More than On	ce					
23. Have you ever stopped dropping out of school		while because you wer	e seriously thinking about					
0 No, Never	0 Yes, Once	0 Yes, More Than Or	nce					
24. Are you currently thin	king about dropping o	ut of school?						
0 No	0 Yes, I think about if from time to time	it	0 Yes, I think about it often					
25. Have you ever dropped out of school for a while?								
0 No	0 Yes, Once	0 Yes, More Than Or	nce					

The next two questions ask about religion.

1. HOW IMPORTANT IS IT TO YOU:	Not <u>Important</u>	<u>Important</u>	Very <u>Important</u>
a. To be able to rely on religious teachings when you have a problem?	0	0	0
b. To believe in God?	0	0	0
c. To rely on your religious beliefs as a guide for day-to-day living?	0	0	0
d. To be able to turn to prayer when you're facing a personal problem?	0	0	0

- 2. How many times have you gone to religious services during the past six months?
 - 0 Once a week or more
 - 0 2-3 times a month
 - 0 About once a month
 - 0 About every other month
 - 0 Once or twice
 - 0 None in the past six months

The next questions are about your parents (or the adults you live with, like your step-parents or guardians) and your friends.

1.	. Would your friends agree with your parents (or the adults you live with) about what is really important in life?					
	0 No	0 A Little	0 A Lot			
2.	Would your friends agree with you should become?	h your parents (or the ac	dults you live with) about the kind of person			
	0 No	0 A Little	0 A Lot			
3.	Would your friends agree with be getting out of being in school		dults you live with) about what you should			
	0 No	0 A Little	0 A Lot			
4.	If you had to make a serious de-your friends or your parents		no would you depend on most for advice			
	0 Friends Most	Parents and 0 Friends the Same	0 Parents Most			
5. If you had to make a serious decision about your personal life, who would you depend on most for adviceyour friends or your parents?						
		Parents and				
	0 Friends	0 Friends	0 Parents			
	Most	the Same	Most			
6.	What about how to take care of	of your health? Who do	you listen to the mostyour friends or your parents?			
		Parents and				
	0 Friends	0 Friends	0 Parents			
	Most	the Same	Most			
7.	What about your outlook on li has had the most influence on		do and what it is important to become? Who ir parents?			
		Parents and				
	0 Friends	0 Friends	0 Parents			
	Most	the Same	Most			
8.	How often do your parents (or you feel about different things		n) show interest in what you think or in how			
	0 Almost Always	0 Sometimes	0 Hardly Ever			

9.	How close do you feel t							
	0 Very Close	0 Close	0 Not Too Close					
10.	When you are having p	oroblems with school or	schoolwork, can yo	ou talk them over with your	parents?			
	0 Almost Always	0 Much of the Time	0 Once in a While	0 Almost Never				
11.	When you are having p	problems in your person	al life, can you talk	them over with your parents	s?			
	0 Almost Always	0 Much of the Time	0 Once in a While	0 Almost Never				
12.	Besides your parents, is schoolwork?	is there another adult yo	ou can talk to wher	n you are having problems v	vith school or			
	0 Almost Always	0 Much of the Time	0 Once in a While	0 Almost Never				
13.	Besides your parents, is there another adult you can talk to when you are having problems in your personal life?							
	0 Almost Always	0 Much of the Time	0 Once in a While	0 Almost Never				
14.	How strict are your par	ents with you?						
	0 Very Strict	0 Strict	0 Not Too Strict					
15.	How many close friend	ls do you have?						
	0 None	0 One	0 2 or 3	0 4 or More				
16.	Are your friends intere	sted in what you think a	nd how you feel?					
	0 Almost Always	0 Sometimes		Iardly ver				
17.	When you have personal problems, do your friends try to understand and let you know they care?							
	0 Almost Always	0 Sometimes		Iardly ver				
18.	If you were going to do	something people think	s is wrong, would y	vour friends try to stop you?				
	0 Definitely Would	0 Probably Would	0 Probably Would No	0 Definitely t Would Not				

A REMINDER: If you don't live with your mother or father, please answer the questions for the adults you do live with, like your step-parents or guardians.

1. Do these peo	ople pay attent	ion to	eating a healt	hy diet?	(]	Please ans	wer for e	ach	person.)
Your Moth	ner?		Lot of ention		C) Some Attention	l		0 Almost No Attention
Your Fath	er?		Lot of ention		C) Some Attention	ı		0 Almost No Attention
Your Best	Friend?		Lot of ention		C) Some Attention	l		0 Almost No Attention
2. How about t	the attention th	ney pay	y to getting en	ough ex	ker	cise?			
Your Motl	ner?	0 A	Lot	0 Som	e	(O Almos	t N	one
Your Fath	er?	0 A	Lot	0 Som	e	() Almos	t N	one
Your Best	Friend?	0 A	Lot	0 Som	e	(0 Almos	t N	one
3 .How about the attention they pay to getting enough sleep ?									
Your Moth	ner?	0 A	Lot	0 Som	e	() Almos	t N	one
Your Fath	er?	0 A	Lot	0 Som	e	() Almos	t N	one
Your Best	Friend?	0 A	Lot	0 Som	e	(0 Almos	t N	one
4. How about t	their attention	to usi r	ng seat belts w	hen in	a c	car?			
Your Moth	ner?	0 A	Lot	0 Som	e		0 Almo	ost l	None
Your Fath	er?	0 A	Lot	0 Some		(0 Almost None		
Your Best	Friend?	0 A	Lot	0 Som	ne 0 Almost None		one		
5. Do your frie	nds usually sit	arour	ıd a lot instead	of getti	ng	g some exe	rcise or v	vor	king out?
	None of Them Do	0	Some of Them Do	C)	Most of Them Do		0	All of Them Do
6. How many	of your friends	eat a l	ot of "junk foo	d" inste	ad	l of a healtl	hy diet?		
	None of Them Do	0	Some of Them Do	C)	Most of Them Do		0	All of Them Do

1. In the past	six months, how	mu	ch stress or pres	ssure	have yo	ou felt at sc	hoc	o1?		
0	None at All	0	Only a Little	0	A Fair Amou		0	A Lot		
2. In the past	six months, how	mu	ch stress or pres	ssure	have yo	ou felt at ho	me	??		
0	None at All	0	Only a Little	0	A Fair Amou		0	A Lot		
3. In the past	six months, how	mu	ch stress or pres	ssure	have yo	ou felt in yo	our	personal or	social life?	
0 1	None at All	0	Only a Little	0	A Fair Amou		0	A Lot		
4. In the past	six months, have	yo	u:	N						
Just felt	really down abou	t thi	ngs?	Not Al 0	<u>l</u>	A Little		<u>Some</u> 0	<u>A Lot</u> 0	
Felt pret	ty hopeless about	the	future?	0		0		0	0	
	Spent a lot of time worrying about little things?					0		0	0	
Just felt o	depressed about l al?	ife		0		0		0	0	
IN THE PAS	IN THE PAST SIX MONTHS, HOW OFTEN HAVE YOU:									
				Hard Eve	•	Several <u>Times</u>		Very <u>Often</u>		
1. Done som	nething dangerous ill of it?	s jus	st	0		0		0		

2. Gotten into some risky sports because they were exciting?

3. Done some pretty risky things because it was a real kick?

4. Taken chances with your safety

when you were out at night because it was exciting?

	e past six m g drugs was		ten did you r	ide in a ca	when a frie	nd who had been drinking or					
0 N	0 Never 0 Once o Twice		0 3-5 Times	0 6	or More Times						
6. Whe	n you're rid	ing in a car tha	at a friend is	driving, do	you use you	ır seat belt?					
0	Hardly Ever	0 Some of the Time		_	Most of the Time	0 Almost Always					
7. Whe	7. When you're riding in a car that your mother or father is driving, do you use your seat belt?										
0	Hardly Ever		Some of he Time	0	Most of the Time	0 Almost Always					

How wrong do you think it is to do the following things?

HOW WRONG IS IT:	Not <u>Wrong</u>	A Little <u>Wrong</u>	Wrong	Very <u>Wrong</u>
1. To start a fist fight or shoving match?	0	0	0	0
2. To shoplift from a store?	0	0	0	0
3. To damage or mark up public or private property on purpose?	0	0	0	0
4. To lie to a teacher to cover up something you did?	0	0	0	0
5. To take things that don't belong to you?	0	0	0	0
6. To stay out all night without permission?	0	0	0	0
7. To damage school property on purpose?	0	0	0	0
8. To lie to your parents about where you have been or who you were with?	0	0	0	0
9. To skip school without permission?	0	0	0	0
10. To hit someone because you didn't like what they said or did?	0	0	0	0
11. To be in a fight with members of a gang?	0	0	0	0
12. To carry a weapon, like a knife or gun?	0	0	0	0
13. To have a serious fight at school?	0	0	0	0

In this section, we ask about driving (either cars or motorcycles).

1. Have y	you	driven a car or	a n	notor	cycle i	in the	pa	st six n	nonths?			
		0 No (IF YO 0 Yes, a car 0 Yes, a moto 0 Yes, both			RKED	"NO,	," P	LEASI	E GO TO PAC	GE 21.)		
2. Do you	u ha	ove a driver's lic	ens	se or	a learr	ner's p	eri	mit?				
		0 No 0 Yes, a Learn 0 Yes, a Drive										
3. How 1	ong	have you had	you	r dri	ver's li	icense	?					
	0 0 0	Still have a lea Less than a mo 1 or 2 months 3 or 4 months 5 or 6 months			ermit		0	1 <i>-</i> 12 12 <i>-</i> 2				
4. Do you	u ov	vn a car or a mo	otor	cycle	e?							
	0	No		0	Yes	If "Ye	es",	what y	ear and make	e is it?		
	If "	No," is there a o	car (motoro Yes	cycle <u>y</u>	you	ı can u	se when you v	want to?		
5. About	hov	w many miles d	lo y	ou d	rive in	an a	ver	age we	ek?			
	0	0 miles a week 1-10 miles a we 11-20 21-30 31-40					0	41-50 51-75 76-100 More) than 100 mile	s a week		
6. In an a	aver	age week, how	mu	ıch o	f your	drivi	ng	do you	do after 8 o'c	lock at nig	gh	ıt?
	0	None of It			Some of It			0	Most of It			
7. When	you	ı're driving by y	/ou:	rself,	, do yo	u use	yo	ur seat	belt?			
	Har Eve	•	0		ne of Time			0	Most of the Time	()	Almost Always
8. When	you	ı're driving witl	h a i	frien	d in yo	our ca	ır, c	do you	use your seat	belt?		
	Har Eve:	•	0		ne of Time			0	Most of the Time	()	Almost Always

9. DURING THE PAST SIX MONTHS,

HOW OFTEN DID YOU:	<u>Never</u>	Once or <u>Twice</u>	3-5 <u>Times</u>	6 or More <u>Times</u>
a. Drive after you'd had one or two drinks of alcohol (cans of beer)?	0	0	0	0
B. Drive more than 20 miles an hour over the speed limit?	0	0	0	0
c. Drive through a stop sign without coming to a full stop?	0	0	0	0
d. Pass a car in a no-passing zone?	0	0	0	0
e. Drive after you'd had three or more drinks of alcohol (cans of beer)?	0	0	0	0
f. Take chances for the fun of it when driving in traffic?	0	0	0	0
g. Drive too close to the car in front of you ("tailgate")?	0	0	0	0
h. Drive at high speed through a neighborhood or school zone?	0	0	0	0
i. Drive after you had used marijuana?	0	0	0	0
j. Drive through a red light?	0	0	0	0
k. Race a car on city streets?	0	0	0	0
l. Cut in front of another car at full speed so you could make a turn?	0	0	0	0
m. Take some risks while you were driving in traffic because it makes driving more fun?	0	0	0	0

	he past six months arking ticket)?	, ha	ve you gotten a tic	cket	for speeding or an	y otl	ner traffic violation (<u>not</u>
0	Never	0	Once	0	Twice	0	Three or More Times
11. In t	he past six months	, ha	ve you had a traff	ic ac	ccident because you	ı we	ere driving carelessly?
0	Never	0	Once	0	Twice	0	Three or More Times

In your home, how strict are the **rules** you have to follow:

	Very	Not Too	Not Strict
1. About when and how much television you can watch?	Strict 0	Strict 0	<u>at All</u> 0
2. About letting your family know where you're going when you go out?	0	0	0
3. About getting your homework done?	0	0	0
4. About dating and going to parties?	0	0	0
5. About being home by a certain time at night?	0	0	0
6. About what time you go to bed at night?	0	0	0
7. About getting chores done around the house?	0	0	0

This section asks about smoking.

1. Have you **ever** smoked a cigarette?

0	No, never)	IF YOU CHECKED ONE OF THESE TWO CIRCLES

Yes, but only once

GO TO QUESTION 5.

0 A few times0 More than a few times

During the past month, how many cigarettes have you smoked on an average d	rage aa	a on an avera	smokea on	ive vou si	cigarettes l	now many	montn, 1	e past	ng the	Durin	2.
--	---------	---------------	-----------	------------	--------------	----------	----------	--------	--------	-------	----

0	About 2 packs or more a day	0	Between one and five cigarettes a day
0	About 12 packs a day	0	Less than one cigarette a day
0	About a pack a day	0	None at all
0	About half a pack a day		

3. How old were you when you **first** smoked a cigarette?

Years Old

4. How old were you when you started smoking **on a pretty regular basis**, like one or two times a week?

______Years Old

5. How do your parents feel about someone your age smoking cigarettes?

0 They Strongly
0 They
0 They Neither Disapprove
Disapprove
Nor Approve

6. Does either of your parents (or step-parents or guardians) smoke cigarettes?

0 Neither Does 0 Father Only 0 Mother Only 0 Both Do

7.	How n	nany of your fi	riends smo	oke c	igarettes (on a pre	etty regula	ar basis?				
	0	None	0 Son	ne of	Them	ı	0 Most o	of Them		0	All of Them	
8.	Do you	ı think smokin	ıg can hav	e an	effect on	the heal	th of your	ng people	yoı	ur age?		
	0	Very Serious Effect			Serious Effect	1	0 Mild Effect		0	Almost I Effect	No	
9.	Have y	ou ever tried o	chewing to	obaco	co?							
	0 0	No, never Yes, but only o A few times More than a fe			F YOU CI GO TO QI		D ONE C ON 13.	OF THES	E TV	WO CIRC	CLES,	
10.	0 0 0	once a week of A couple of tin Nearly every of Several times	or less nes a wee day		nave you	used ch	ewing tob	pacco?				
11.	How o	ld were you w	hen you f	irst t	ried chew	ing tob	acco?					
						Years C	ld					
12.	How o	ld were you w	hen you s	tarte	d using cl	hewing	tobacco o	n a pretty	y reş	gular bas	is?	
						Years C	ld					
13.E	o you t	hink using che	ewing toba	acco (can have	an effec	t on the h	ealth of y	oun	g people	your age?	
	0	Very Serious Effect			Serious Effect	ı	0 Mild Effect		0	Almost I Effect	No	

A REMINDER

PLEASE ANSWER ALL OF THE QUESTIONS AS TRUTHFULLY AS POSSIBLE. YOU MAY SKIP ANY QUESTION THAT YOU WOULD RATHER NOT ANSWER.

BUT REMEMBER THAT YOUR ANSWERS WILL NOT BE SEEN BY ANYONE BUT US.

Do you agree or disagree with each of the statements below?

	Strongly <u>Agree</u>	<u>Agree</u>	<u>Disagree</u>	Strongly <u>Disagree</u>
I often feel left out of things that other kids are doing.	0	0	0	0
2. I sometimes feel unsure about who I really am.	0	0	0	0
3. It's not up to me to help out when people I know are having problems.	0	0	0	0
4. It's hard to know how to act most of the time since you can't tell what other people expect.	0	0	0	0
5. Hardly anything I'm doing in my life means very much to me.	0	0	0	0

This section is about alc	ohol.	
1. Have you ever had a d of someone else's dr	-	uor not just a sip or a taste
0 Yes	0 No	
2. Have you had a drink taste of someone else		more than two or three times in your lifenot just a sip or a
0 Yes		YOU MARKED "NO", PLEASE GO TO UESTION 12 ON PAGE 25.

3. Think about the first time you had a drink of beer, wine, or liquor. Were you with your parents or other adults in your family?

0 No

0 Yes. If your answer is "Yes," how old were you then? ____ Years Old

4. Think about the first time you had a drink of beer, wine, or liquor when you were not with your parents or other adults in your family. How old were you then?

Years Old

0 I only drink alcohol when I'm with my family.

5. How n	nuch of your drin	king do you do v	vith your	parents?				
0	None of It	0 Some of It	0	Most of It	0	All of It		
6. During	the past six mo n	iths , how often d	id you di	rink alcohol?	?			
0 0 0 0 0 0	 0 Every day 0 Four or five days a week 0 Two or three days a week 0 Once a week 0 Two or three days a month 0 About once a month 0 3-4 times in the past 6 months 0 Once or twice in the past 6 months 0 Not at all. → IF YOU MARKED "NOT AT ALL," PLEASE SKIP TO QUESTION 12 ON PAGE 25 AND GO ON FROM THERE. 							
7. Think o		u have had a dri	nk duri n	ng the past s	ix month	ıs . How much did you usually drin	ık	
	0 Nine or more of Seven or eight 0 Six 0 Five 0 Four 0 Three 0 Two 0 One 0 Less than one of	·				r		
	he past six mon t you were drinkii		imes did	you drink	five or m	nore drinks (of beer, wine, or lique	r)	
	0 Never 0 Once 0 2-3 Times 0 4-5 Times 0 Once a month		0 Once 0 Twice					

9. Over the **past six months**, how many times has each of the following happened **because you had been drinking**?

8	<u>Never</u>	<u>Once</u>	<u>Twice</u>	3-4 <u>Times</u>	5 or More <u>Times</u>
You've gotten into trouble with your parents because you had been drinking.	0	0	0	0	0
You've had problems at school or with schoolwork because you had been drinking.	0	0	0	0	0
You've had problems with your friends because you had been drinking.	0	0	0	0	0
You've had problems with someone you were dating because you had been drinking.	0	0	0	0	0
You've gotten into trouble with the police because you had been drinking.	0	0	0	0	0

10. In the past six months , about how n	nany times have you gotten drunk or "very, very high" on alcohol?
0 Never	0 2 or 3 days a month
0 Once	0 Once a week
0 2-3 Times	0 Twice a week
0 4-5 Times	0 More than twice a week
0 Once a month	

11. How much of your drinking takes place on weekends (Friday and Saturday nights)?

0	None	0	Some	0	Most	0	Nearly All
	of It		of It		of It		of It

12. How do you think **your parents** feel about someone your age drinking alcohol?

0 They Strongly	0 They	0 They Neither Disapprove
Disapprove	Disapprove	Nor Approve

13. How do most of **your friends** feel about someone your age drinking alcohol?

0 They Strongly	0 They	0 They	0 They Strongly
Disapprove	Disapprove	Approve	Approve

14. How many of your friends drink alcohol fairly regularly?							
0	None	0 Some of	Them	0	Most of	Them	0 All of Them
15. Do you	r friends ever p	oressure you	to drink or to	o drinl	k more th	an you do n	ow?
0	Never	0 Once in a While		0 (Often		0 All the Time
16. If you v	vanted some b	eer, wine, or l	liquor, how	easy w	ould it b	e for you to §	get some?
	Very Difficult	0 Fa Diff	irly ïcult		0 Fairl Easy		0 Very Easy
17. Do you	think daily us	e of alcohol c	an have an e	effect o	n the hea	lth of young	people your age?
0	Very Serious Effect	0	Serious Effect	C	Mild Effect	0	Almost No Effect
The follow	ing questions	are about ea	ting.				
1. How ofte	en do you skip	breakfast?					
	0 Most Morr	nings	0 Some Mo	orning	S	0 Almost	Never
2. How ofte	en do you skip	lunch?					
	0 Most Days		0 Some Da	ıys		0 Almost	Never
3. How ofte	en do you eat c	linner with y	our family?				
	0 Most Days		0 Some Da	ıys		0 Almost N	Jever
4. Do you ı	ısually snack i	nstead of eati	ng regular n	neals?			
	0 Most of the Time		0 Some of the Time			0 Almost Never	
5. Do you tl	nink skipping l	oreakfast mos	st days can h	ave ar	effect or	n the health o	of young people your
0	Very Serious Effect	0	Serious Effect	(Mild Effect	0	Almost No Effect

6. Think about **your usual** eating habits.

DO	YOU PAY ATTENTION TO:	A Lot	<u>Some</u>	None
a.	Seeing that your diet is healthy?	0	0	0
b.	Keeping down the amount of salt you eat?	0	0	0
c.	Eating only as much as your body really needs?	0	0	0
d.	Keeping down the amount of fat you eat?	0	0	0
e.	Drinking enough milk every day?	0	0	0
f.	Eating some fresh vegetables every day?	0	0	0
g.	Eating in a healthy way even when you're with friends?	0	0	0
h.	Eating healthy snacks like fruit instead of candy?	0	0	0
i.	Eating foods that are baked or broiled rather than fried?	0	0	0

7. Do you think eating a lot of "junk food" can have an effect on the health of young people your age?

0 Very Serious	0 Serious	0 Mild	0 Almost No
Effect	Effect	Effect	Effect

	<u>Often</u>	<u>Sometimes</u>	Almost <u>Never</u>
8. Do you ever eat more than you really need to?	0	0	0
9. Do you ever eat even when you're not really hungry?	0	0	0
10. Do you ever keep on eating even after you feel full?	0	0	0
11. Do you ever eat because you're upset about something?	0	0	0
12. Do you ever eat just because you're bored?	0	0	0

13. In the past six months, about how many times have you started a diet to lose weight?

- 0 Never 0 Once 0 2-3 Times 0 4 or More Times
- 14. Are you on a diet to lose weight now?

 0 No
 0 Yes
- 15. In the past six months, have you ever used diet pills or laxatives to help you to lose weight or to stay thin?
 - 0 Never 0 Once or Twice 0 Several Times 0 Often
- 16. In the past six months, have you ever made yourself throw up as a way to lose weight or to stay thin?
 - 0 Never 0 Once or Twice 0 Several Times 0 Often

Think about how you see your future.

Think about now you see your ruture.		I think the chances are:						
WHAT ARE THE CHANCES THAT:	Very <u>High</u>	<u>High</u>	About <u>Fifty-Fifty</u>	<u>Low</u>	Very <u>Low</u>			
1. You will graduate from high school?	0	0	0	0	0			
2. You will go to college?	0	0	0	0	0			
3. You will have a job that pays well?	0	0	0	0	0			
4. You will be able to own your own home?	0	0	0	0	0			
5. You will have a job that you enjoy doing?	0	0	0	0	0			
6. You will have a happy family life?	0	0	0	0	0			
7. You will stay in good health most of the time?	0	0	0	0	0			
8. You will be able to live wherever you want to in the country?	0	0	0	0	0			
9. You will be respected in your community?	0	0	0	0	0			
10. You will have good friends you can count on?	0	0	0	0	0			

DURING THE PAST SIX MONTHS, HOW OFTEN HAVE YOU:

		Never	<u>Once</u>	<u>Twice</u>	3-4 <u>Times</u>	5 or More <u>Times</u>
1.	Started a fist fight or shoving match?	0	0	0	0	0
2.	Shoplifted from a store?	0	0	0	0	0
3.	Damaged or marked up public or private property?	0	0	0	0	0
4.	Lied to a teacher to cover up something you did?	0	0	0	0	0
5.	Taken things that didn't belong to you?	0	0	0	0	0
6.	Stayed out all night without permission?	0	0	0	0	0
7.	Damaged school property on purpose?	0	0	0	0	0
8.	Lied to your parents about where you have been or who you were with?	0	0	0	0	0
9.	Skipped school without permission?	0	0	0	0	0
10.	Hit someone because you didn't like what they said or did?	0	0	0	0	0
	Been in a fight with members a gang?	0	0	0	0	0
	Carried a weapon, like a knife a gun?	0	0	0	0	0
13.	Had a serious fight at school?	0	0	0	0	0

1.	How do most of your	friends feel about	someone you	age using mariju	ana?
	0 They Strongly Disapprove	0 They Disappro		They Don't Seem to Care	0 They Approve
2.	How many of your fri	ends use marijuan	a (pot, grass, v	veed, hash)?	
	0 None	0 Some of Ther	m 0	Most of Them	0 All of Them
3.	Have you ever tried n	narijuana?			
	 0 No, never → IF Y 0 Yes, once 0 Yes, more than one 		EVER, PLEAS	E SKIP TO QUES	STION 8 BELOW.
4.	How old were you who	en you first tried m	arijuana?		
		Year	s Old		
5.	Have you ever gotten h	igh or stoned from	n using mariju	ana?	
	0 Have Not Used Marijuana	0 Have Used But Never Go		0 Have Gotten High Once	0 Have Gotten High More than Once
6.	In the past six months ,	how often have yo	ou used mariju	ana?	
	0 Never0 Once0 2-3 Times0 4-5 Times0 Once a Month	0	2-3 Times a Once a Wee 2 or 3 Times 4 or 5 Times Every Day	k a Week	
7.	In the past six months	s, have you ever be	en high at sch	ool from having ι	used marijuana?
	0 Never	0 Once or Twice	0 Sev Tin		Often
8.	How do your parents	feel about someon	e your age usi	ng marijuana?	
	0 They Strongly Disapprove	0 Th Disa	ney approve	•	Neither Disapprove Approve
9.	If you wanted to get s	ome marijuana, ho	w easy would	it be for you?	
	0 Very Difficult	0 Fairly Difficult	0 Fairly Eas	0 Very sy Easy	

10.	Do you	think being a ma	rijuana user can have a	n effect	on the	heal	lth of you	ing people your age?
	0	Very Serious Effect	0 Serious Effect	0	Mild Effect		0	Almost No Effect
		you used any of t	he following drugs? If	you hav	ve, plea	ase a	nswer ho	ow many times you used each drug i
					Eve			Times Used
					Use	ed		in Past 6 Months
	Pills (U	ppers, Downers,	Tranquilizers)	0	No	0	Yes	Times
	Crack ((Rock)		0	No	0	Yes	Times
	Cocain	e		0	No	0	Yes	Times
	LSD (a	cid)		0	No	0	Yes	Times
	PCP (a	ngel dust)		0	No	0	Yes	Times
	Paint, g	glue, or other thin	gs you inhale	0	No	0	Yes	Times
	Heroin			0	No	0	Yes	Times
HOW	W SURI	E ARE YOU THA	T YOU WILL:		Very <u>Sure</u>		Pretty <u>Sure</u>	Not Too <u>Sure</u>
1. Ge	et at lea	st a B average this	s year?		0		0	0

2. Be considered a bright student by your

3. Come out near the top of the class

4. Have good enough grades to get into

5. Be thought of as a good student by the other students?

teachers?

on exams?

college?

This section is about dating and sex.

f. Teenagers who use birth control show they care about themselves and their future.

1. How often in the past six i	months did you go o	out on a date	with someone o	of the opposite sex	?		
0 Not at all0 Once or twice in the0 3-4 times in the past		0 Tw	0 About once a month0 Two or three times a month0 Once a week or more				
2. Are you dating someone for the open section of the open section	airly regularly or go 0 No	ing steady n	ow?				
3. Think of all your friends o ("gone all the way") with so			ny of them have	had sexual interce	ourse		
0 Almost None	0 Some of Them		Most of Them	0 All of Them			
4. When kids your age have or contraceptive (like cond				d of birth control r	method		
0 Almost All Do	0 Most Do	0 Some I	Do 0 Almos	st None Do			
5. How much peer pressure	is there on kids you	r age to have	esex?				
0 None	0 A Little	0 A Fa	ir Amount	0 A Lot			
6. Kids my age are just too y	oung to have sex.						
0 Strongly Agree	0 Agree	0 Disa	gree 0	Strongly Disagree	2		
7. It's better not to have sex r	ather than to risk ge	tting pregna	nt.				
0 Strongly Agree	0 Agree	0 Disa	ngree 0	Strongly Disagree	2		
8. These next questions are a disagree with them.	bout contraception o	or birth cont	rol. Please mark	whether you agre	e or		
		Strongly <u>Agree</u>	Agree	<u>Disagree</u>	Strongly <u>Disagree</u>		
a. It's smart to use birth co to prevent an unplanne		0	0	0	0		
b. Using birth control is just	st too much of a has	sle. 0	0	0	0		
c. It's a good idea to use co		0	0	0	0		
d. It's just not right to use l	oirth control.	0	0	0	0		
e. The whole idea of birth is embarrassing to me.	control	0	0	0	0		

9. Have you ever had sexual intercourse ("	gone all the way") with someone of the opposite sex?
0 Yes $0 \text{ No} \rightarrow \mathbf{I}$	F YOU MARKED "NO", GO TO QUESTION 1 ON PAGE 34.
10. How old were you the first time you ha	d sexual intercourse?Years Old
11. What was your relationship to your first	t sexual partner?
 0 Engaged 0 Going Steady 0 Friend 0 Knew Each Other a Little 0 Other 	
12. (a) That first time you had sex, did you contraceptive (like condoms, birth co	or your partner use any kind of birth control method or ntrol pills, or foam)?
0 No 0 Yes	0 I don't remember
(b) If "Yes", what type of birth control me	ethod or contraceptive was used?
13. In your life , how many people have yo	u had sexual intercourse with?People
IF YOU HAVEN'T HAI	y, have you had sexual intercourse?Times D SEXUAL INTERCOURSE IN THE PAST YEAR,
	ON TO QUESTION 18 ON PAGE 34.
15. In the past year, how many people have16. (a) When you had sex in the past ye contraceptive was used, either by year.	ar, did you make sure that some kind of birth control method or
	About Half 0 Some of 0 Hardly 0 Never of the Time Ever
 (b) When you had sex in the past year, we used? 0 None 0 Birth control pills only 0 Birth control pills and condo 0 Condoms only 0 Condoms and foam, cream, 	0 Rhythm method ("safe days")
(c) If contraception was not used, what v	vas the reason?
(d) When you had sex in the past year control? 0 I Did 0 My Partner Di	who usually made the decision about whether or not to use birth 0 We Both Did

17. When you had	d sex in the past	year, how often w	was a con	dom (rub	ber) used?			
0 Almost Always	0 Most of the Time	0 About Half of the Time		Some of he Time	0 Hardly Ever	0 Never		
18. Have you eve	r been pregnant	or made a girl pr	egnant?					
0 No		0 Yes, Once			0 Mc	ore Than On	ce	
		If "Yes", what	did you a	ınd your p	oartner do al	bout the pre	gnancy?	
	 0 Had the baby and kept it 0 Had the baby and gave it up for adoption 0 Had a miscarriage (lost the baby) 0 Had an abortion 							
These next quest	tions are about o	different types of	school a	nd comm	unity activi	ties.		
1. Do you belong counselors, and		ubs or organizati	ons, like t	he drama	club, school	l newspaper	, peer	
0 No	0 Yes	, one	0 Yes,	two or m	ore			
If yes, wl	nich ones?							
								
2. Do you belong	to any commun	ity youth groups	, like Boy	Scouts, G	irl Scouts, th	ne "Y," or oth	ers?	
0 No	0 Yes	, one	0 Yes,	two or m	ore			
3. Do you do any	kind of volunte	er work in the co	mmunity	?				
0 No	0 One	ce in a While		0 Fairl	y Often			
HOW MANY OF	YOUR FRIENI	OS:		All of Them	Most of Them	Some of Them	<u>None</u>	
1. Are in school c	lubs or organiza	tions?		0	0	0	0	
2. Go to church of services pretty				0	0	0	0	
3. Are in community youth groups, like Scouts, Boys Club or Girls Club, the "Y", etc.?				0	0	0	0	
4. Get good grade	es in school?			0	0	0		0
5. Do volunteer work in the community?				0	0	0	0	
6. Take part in or	ganized sports?			0	0	0	0	
7. Spend a lot of t with their famil			0	0	0	0		

D	o you	agree or disagree with	h each of	the followin	g statements about health ?		
1.	If I d	o things right, it's easy	to stay i	n good healt	th.		
	0	Strongly Agree	0	Agree	0 Disagree	0	Strongly Disagree
2.	I can	get sick no matter ho	w much I	try to take o	care of myself.		
	0	Strongly Agree	0	Agree	0 Disagree	0	Strongly Disagree
3.	If I g	et sick, there are thing	s I can do	to get bette	er faster.		
	0	Strongly Agree	0	Agree	0 Disagree	0	Strongly Disagree
4.	Kids	my age are just too yo	oung to d	o much abo	ut their health.		
	0	Strongly Agree	0	Agree	0 Disagree	0	Strongly Disagree
5.	Stayi	ing healthy seems to b	e mostly	a matter of l	luck for me.		
	0	Strongly Agree	0	Agree	0 Disagree	0	Strongly Disagree
6.	I mig	ght get sick more ofter	if I didn	't take care o	of myself.		
	0	Strongly Agree	0	Agree	0 Disagree	0	Strongly Disagree
7.	It's e	asy for me to stay hea	lthy if I ea	at right and	get enough sleep and exercise.		
	0	Strongly Agree	0	Agree	0 Disagree	0	Strongly Disagree
8.	Peop	ole in my family just se	eem to ge	t sick easily.			
	0	Strongly Agree	0	Agree	0 Disagree	0	Strongly Disagree
9.	Once	I'm sick, there is not r	nuch I ca	n do to get b	etter except wait.		
	0	Strongly Agree	0	Agree	0 Disagree	0	Strongly Disagree

We want to find out what teenagers think about AIDS and what they know about AIDS.

You need to understand two related words used in this survey: AIDS and HIV.

AIDS stands for acquired immunodeficiency syndrome.

AIDS is caused by the virus, **HIV**.

HIV stands for human immunodeficiency virus. **HIV** is the virus that causes **AIDS**.

		<u>Yes</u>	<u>No</u>	Not Sure
1.	Should students your age be taught about AIDS/HIV infection in school?	0	0	0
2.	Have you been taught about AIDS/HIV infection in school?	0	0	0
3.	Should a student with AIDS/HIV infection be allowed to go to your school?	0	0	0
4.	Would you be willing to be in the same class with a student with AIDS/HIV infection?	0	0	0
5.	Do you know where to get good information about AIDS/HIV infection?	0	0	0
6.	Do you know where to get tested to see if you are infected with the AIDS virus (HIV)?	0	0	0
7.	Do you know how to keep from getting the AIDS virus (HIV)?	0	0	0
8.	Have you ever talked about AIDS/HIV infection with a	friend?		
	0 Yes 0 No			
9.	Have you ever talked about AIDS/HIV infection with y	our parents or	other adult	es in your family?
	0 Yes 0 No			
10.	Getting AIDS isn't something teenagers really have to w	orry about.		
	0 Strongly 0 Agree Agree	0 Disa	gree	0 Strongly Disagree
11.	AIDS is not as big a problem as it's made out to be.			
	0 Strongly 0 Agree Agree	0 Disa	gree	0 Strongly Disagree
12.	Do you ever worry about getting AIDS yourself?			
	0 No 0 Yes, a Little	0 Yes,	a Lot	

Can a person get AIDS/HIV infection from:

	1 0 ,			
1.	Holding hands with someone?	$\frac{\text{Yes}}{0}$	<u>No</u> 0	Not Sure 0
2.	Sharing needles used to inject (shoot up) drugs?	0	0	0
3.	Being bitten by mosquitoes or other insects?	0	0	0
4.	Giving blood?	0	0	0
5.	Having a blood test?	0	0	0
6.	Using public toilets?	0	0	0
7.	Having sexual intercourse without a condom (rubber)?	0	0	0
8.	Being in the same class with a student who has AIDS/HIV infection?	0	0	0
1.	Can you tell if people are infected with the AIDS virus (HIV) just by looking at them?	$\frac{\text{Yes}}{0}$	<u>No</u> 0	Not Sure 0
2.	Can a person who has the AIDS virus (HIV) infect someone else during sexual intercourse?	0	0	0
3.	Can a pregnant woman who has the AIDS virus (HIV) infect her unborn baby with the virus?	0	0	0
4.	Is there a cure for AIDS/HIV infection?	0	0	0
5.	Is it true that only homosexual (gay) men can get AIDS/HIV infection?	0	0	0

Can people <u>reduce</u> their chances of becoming infected with the AIDS virus (HIV):

		<u>Yes</u>	<u>No</u>	Not Sure
1.	By <u>not</u> having sexual intercourse (being abstinent)?	0	0	0
2.	By using condoms (rubbers) during sexual intercourse?	0	0	0
3.	By <u>not</u> having sexual intercourse with a person who has injected (shot up) drugs?	0	0	0
4.	By taking birth control pills?	0	0	0

We would li	ke to know what	you thought of the quest	tionnaire so we can make it better	next time.
1. How interes	esting were the qu	uestions?		
0	Very Interesting	0 Fairly Interesting	0 Not Too Interesting	
2. Did the qu	estions deal with	things that are important	for someone your age?	
0	Most of Them Did	0 About Half of Them Did	0 Some of Them Did	
3. Were there	e any sections tha	t were too personal for yo	u?	
0	No	0 Yes		
	,	t you didn't like for some (other reason?	
0	No	0 Yes		
If "Yes"	, which ones? W	hy?		
5. Are there	e any other things	we should have asked ab	out? What?	
6. If we shoulable all right wi		ck in touch with you in the	e future, even ten years from now, v	would that be
0	Yes	0 No		

THANK YOU VERY MUCH FOR BEING PART OF THIS STUDY!

WE REALLY APPRECIATE YOUR WORKING WITH US IN THIS RESEARCH.
YOU ARE HELPING US TO UNDERSTAND MORE ABOUT
THE LIVES AND HEALTH OF YOUNG PEOPLE.

THANKS!

NOW PLEASE FILL IN THE NAME SHEET ON THE NEXT PAGE

NAME SHEET

THIS SHEET WILL BE REMOVED FROM YOUR BOOKLET WHEN YOU HAND IT IN.

YOUR NAME WILL NEVER AGAIN BE TOGETHER WITH YOUR ANSWERS

YOUR FULL NAME: _			
	Last	First	Middle
YOUR HOME ADDRI	ESS:		
		Number	Street
	City	State	Zip
	City	State	2.17
NOTED MOST INDICA		NAME:	
YOUR MOTHER'S (or	temale guardian's	NAME:	
YOUR FATHER'S (or 1	male guardian's) N	AME:	
YOUR TELEPHONE I	NUMBER:		
Please list one person,	other than your pa	rents, who could help	us get in touch with you in the future:
FULL NAME:			
	Last	First	Middle
ADDRESS:	Number	Street	
	1 (61110 01	Street	
	City	State	Zip
TEI EDHONE NII IMRI	ED.		