

Shelley Gresko

1170 Jay St, Boulder, CO 80302 - (703) 554.5181 - shelley.gresko@colorado.edu

EDUCATION:

University of Colorado Boulder

2019 - Present: Predoctoral Student in Clinical Psychology

2021: M.A., Clinical Psychology

Brown University Providence, RI

2014: B.A. Anthropology

RESEARCH EXPERIENCE:

Center for Alcohol and Addiction Studies, Brown University Research Assistant in Providence, RI

Jan 2017-Jul 2019

- Lead research assistant for Project YouMATter, duties included: assessed Medication Assisted Treatment Program for the RI Department of Corrections, analyzed data for program evaluations, cleaned and managed data, conducted follow-up interviews, edited IRB submissions, wrote and edited publications, prepared grant submissions, supervised intern and volunteer, trained new research assistants
- Clinical research assistant for study investigating effects of Very Low Nicotine Cigarettes on individuals with substance use disorders, duties included: led weekly assessments, collected data, scheduled and tracked participants, provided counseling and brief advice for smoking cessation

The Trauma Center, Justice Resource Institute Clinical Research Assistant in Brookline, MA

Sept 2016-Dec 2017

Conducted diagnostic and follow up clinical interviews with children and adolescents who experienced complex trauma, led aptitude assessments, organized and entered data, received clinical supervision

Center for Alcohol and Addiction Studies, Brown University; Clinical Research Volunteer in Providence, RI

Aug 2016-Jan 2017

Wrote research manuscripts on perceptions and marketing of evidence-based practices under the guidance of Dr. Sara Becker

Bradley Hospital Sleep for Science Lab; Research Volunteer in Providence, RI

June-Sept 2016

Data entry, pulled archival data, prepared research study for participants, literature reviews

Brown University/Butler Hospital; Research Intern in Providence, RI

June-Sept 2013

Led interviews with incarcerated individuals at the RI Correctional Institute regarding mental health treatment in prison, organized research data

PUBLICATIONS:

Gresko, S.A., Rieselbach, M., Corley, R. P., Reynolds, C. A., Rhee, S. H. (2022). Associations Between Parenting Characteristics and Adolescent Substance Use: A Genetically Informed, Longitudinal Adoption Study. Manuscript submitted to *Development and Psychopathology*.

Martin, R.A., **Gresko, S.A.,** Brinkley-Rubinstein, L., Stein, L.A. & Clarke, J.G. (2019). Post-Release Treatment Uptake among Participants of the Rhode Island Department of Corrections Comprehensive Medication Assisted Treatment Program. *Preventive Medicine*.

Clarke, J.G., Martin, R.A., **Gresko, S.A.,** Rich, J.D. (2018). The first comprehensive program for opioid use disorder in a statewide correctional facility. *American Journal of Public Health, 108*(10), 323.

Becker, S.J., Weeks, B.J., Escobar, K.I., Moreno, O., DeMarco, C.R., & **Gresko, S.A.** (2018). Impressions of "Evidence-Based Practice": a direct-to-consumer survey of caregivers concerned about adolescent substance use. *Evidence-Based Practice in Child and Adolescent Mental Health, 3*(2), 70-80.

CONFERENCE PRESENTATIONS:

Rieselbach, M., **Gresko, S.**, Corley, R., Hewitt, J., & Rhee, S. (2021, July) *A protective role of internalizing symptoms in adolescent substance use: social competence and harm avoidance as potential mediators*. Poster presented at the Behavior Genetics Association Conference, Remote.

Gresko, S., Rieselbach, M., Corley, R., Reynolds, C., Rhee, S. (2021, April). *Causal mechanisms underlying parental influences on adolescent substance use*. Poster presented at the Society for Research in Child Development Conference, Remote.

Rieselbach, M., **Gresko, S.**, Corley, R., Hewitt, J., & Rhee, S. (2021, April) *A protective role of internalizing symptoms in adolescent substance use: social competence and harm avoidance as potential mediators*. Poster presented at the Society for Research in Child Development Conference, Remote.

Gresko, S. A., Rieselbach, M., & Rhee, S. H. (2020, June) *Causal mechanisms underlying parental influences on adolescent substance use*. Poster presented at the Behavior Genetics Association Conference, Remote.

Martin, R., **Gresko, S.**, Hurley, L. & Clarke, J. (2019, November). *Reasons for MAT Treatment Change: Examining Patient Experiences and Preferences in the Rhode Island Department of Corrections*. Poster presented at the American Public Health Association, Philadelphia, PA.

Martin, R., **Gresko, S.**, Barber, L., Hurley, L. & Clarke, J. (2019, June). *Evaluating evidence-based treatment for OUD in a US correctional system: Program Participant Impressions*. Poster to be presented at the College on Problems of Drug Dependence, San Antonio, TX.

Martin, R., **Gresko, S.**, Barber, L. & Clarke, J. (2019, April). *Providing evidence-based practice for OUD in a US correctional system: Program Participant Perspectives*. Poster presented at the Harm Reduction International Conference, Porto, Portugal.

Martin, R., **Gresko, S.**, Barber, L. & Clarke, J. (2019, March). *Medication for Addiction Treatment: Challenges and Facilitators to Continuity of Care from Prison to Community* (peer session). 12th Academic & Health Policy Conference on Correctional Health, Las Vegas, NV.

Martin, R. A., **Gresko, S.A.**, Rich, J.D., Hurley, L. & Clarke, J. G. (2018, November). *New Directions for MAT: Comprehensive Treatment in Rhode Island's Department of Corrections*. Presentation at the American Public Health Association, San Diego, CA.

Martin, R.A., Hurley, L., **Gresko, S.**, Rich, J., & Clarke, J.G. (2018, Oct). *New Directions for MAT: Comprehensive Treatment in Rhode Island's Department of Corrections*. Poster presented at the Vermont Center on Behavior and Health, Burlington, VT.

Martin, R. A., Tidey J. W., Colby, S. M., **Gresko, S.**, & Rohsenow, D. J. (2018, June). *Aggression among smokers with SUD: Relationship to Smoking and Substance Use*. Poster presented at the College on Problems of Drug Dependence, San Diego, CA.

Gresko, S., Potee, B., Clarke, J., Martin, R.A. (2018, April). *Identifying OUD and Referral to MAT among Incarcerated Populations*. Poster presented the annual Brown University Public Health Research Day, Providence, RI.

Martin, R. A., **Gresko, S.**, Hurley, L., & Clarke, J. G. (2018, March). *Partnering to expand MAT in RI's Department of Corrections: Improving public health*. Poster presented at the Annual Convention of the American Society of Addiction Medicine, San Diego, CA. American Society of Addition Medicine, New York, NY

Martin, R. A., Martin, S. A., Stein, L. A., Bock, B., **Gresko, S.**, & Clarke, J. J. (2018, February). *Perceived Health Vulnerability Moderates Smoking Outcomes after Forced Abstinence from Smoking in Prison*. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.

INVITED PRESENTATIONS:

Martin, R.A., **Gresko, S.A.**, Barber, L. You MATter: The Opioid Epidemic and Medication Assisted Treatment in RI Department of Corrections. CAAS Rounds. Center for Alcohol & Addiction Studies. Brown School of Public Health. Providence, RI, January, 2018.

AWARDS:

T32 Training Grant Recipient	2021-2022
Honorable Mention, National Science Foundation Graduate Student Research Fellowship	2021
Teamwork Award, Rhode Island Department of Corrections	2017
Award honoring Brown University Medication Assisted Treatment Team for accomplishments	

CLINICAL EXPERIENCE:

Integrated Health Home Team, Mental Health Partners; Pre-Doctoral Clinical Extern in Boulder, CO

Sept 2021-present

Provide psychological treatment for individuals at community mental health center. Approaches include ACT, CBT, and Pain Reprocessing Therapy. Presenting concerns include anxiety and mood disorders, personality disorders, and chronic pain, with co-occurring medical issues. Supervisor: Jean Rosmarin, Ph.D.

Attention, Behavior, and Learning Clinic, University of Colorado Boulder; Pre-Doctoral Clinician in Boulder, CO

Aug 2021-present

Provide neuropsychological and psychodiagnostic assessment, treatment formulation and recommendations, and feedback for children and adolescents. Presenting concerns include attention problems, learning disabilities, and anxiety and mood disorders. Supervisor: Nomita Chhabildas, Ph.D.

Raimy Psychology Clinic, University of Colorado Boulder; Pre-Doctoral Clinician in Boulder, CO

Aug 2020-present

Provide psychological evaluation and treatment for individuals at the primary training clinic for the University of Colorado Boulder Ph.D. program. Supervisors: Mark Whisman, Ph.D.; Tina Pittman-Wagers, Psy.D.

Brain Behavior Clinic, University of Colorado Boulder; Pre-Doctoral Clinician in Boulder, CO

Aug 2020-Aug 2021

Provided neuropsychological and psychodiagnostic assessment, treatment recommendations, and feedback for adults. Common presenting concerns included attention problems, learning disabilities, and memory problems. Supervisor: Emily Richardson, Ph.D.

The Teen Parenting Program, Justice Resource Institute; Residential Counselor in North Attleboro, MA

Sep 2015-Dec 2016

Taught child-care and living skills to adolescent mothers in a group home setting, counseled residents in distress, provided support regarding financial and social goals, worked with high-risk clinical populations.

Spurwink RI; Direct Support Worker in East Greenwich, RI

Dec 2014-Jun 2015

Delivered medical and therapeutic care to men with developmental disabilities and psychopathology in a group home, administered medication, advocated for clients.

RESEARCH SKILLS:

Trained in administering the SCID, WISC-V, WAIS-IV, Woodcock-Johnson Tests of Achievement, Various Neuropsychological Evaluation Measures, Clinician-Administered PTSD Scale for Children and Adolescents-5; leading the Developmental Trauma Diagnostic Interview, the NIH Toolbox for the Assessment of Neurological and Behavioral Function, Cognition Domain, the UCLA PTSD-RI, among others

Proficient in SPSS, R, and MPlus data analysis

Proficient in Excel

CITI for Human Subjects Protection Trained and Certified

TEACHING:

Intro to Psychology, CU Boulder Department of Psychology and Neuroscience

Teaching Assistant, Spring 2021, Instructors: Angela Bryan and Cinnamon Bidwell

Psychological Research Methods, CU Boulder Department of Psychology and Neuroscience

Teaching Assistant, Fall 2020, Instructor: Ryan Curtis

Psychological Statistics, CU Boulder Department of Psychology and Neuroscience
Teaching Assistant, Spring 2020, Instructor: Matthew Keller

Abnormal Psychology, CU Boulder Department of Psychology and Neuroscience
Teaching Assistant, Fall 2019, Instructor: Vyga Kaufmann

Guest Lectures:

Psychological Statistics, CU Boulder Department of Psychology and Neuroscience, March 2020
Dependent Sample T-Tests

Abnormal Psychology, CU Boulder Department of Psychology and Neuroscience, November 2019
Opioid Use Disorder and MOUDs in Corrections

OTHER HONORS AND AWARDS

Julie Sloan Award in Visual Arts	2014
Marlene Malik 3D Award in Visual Arts	2014
Brown University Creative Arts Council Grant for 3D Installation	2014
IBM Thomas J. Watson Memorial Scholarship for Academic Achievement	2010-2014
Student Undergraduate Scholarship for Independent Research, University of Southern California	2012
Director's Scholarship, University of Southern California for Academic Achievement	2011-2012
Dean's List, University of Southern California	2010-2012
University Scholarship, University of Southern California for Academic Achievement	2010-2011

