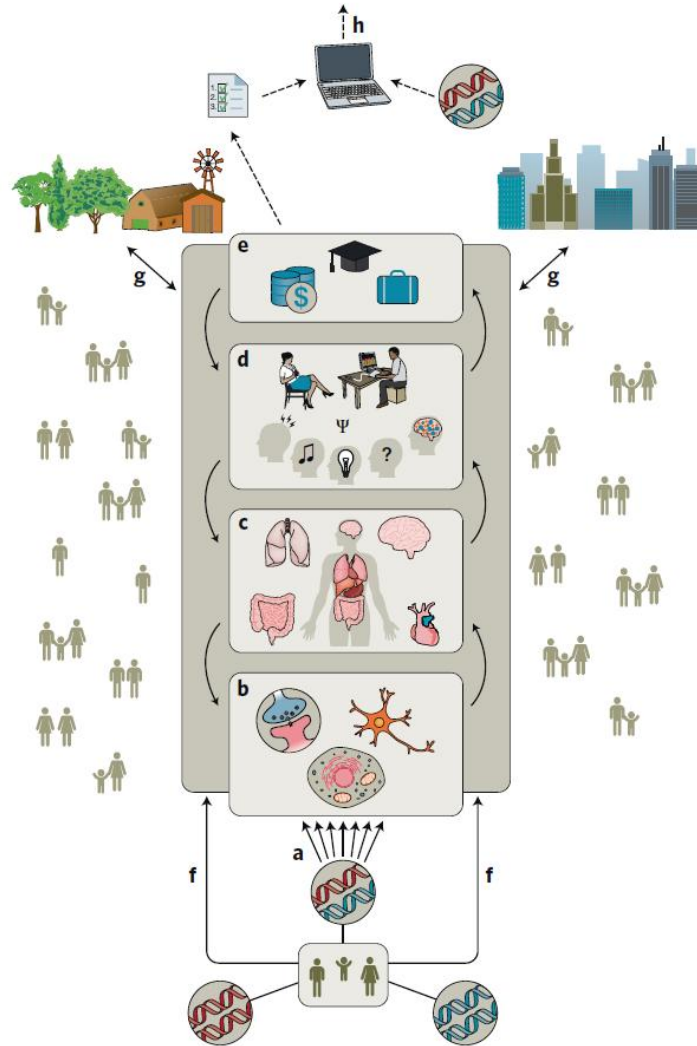
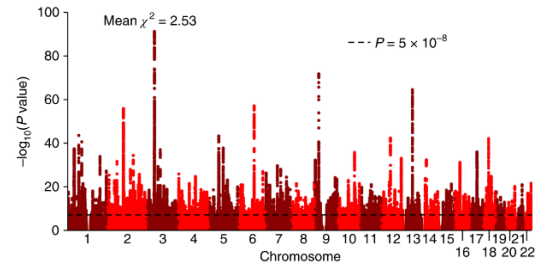


# Genome-Wide Association Studies

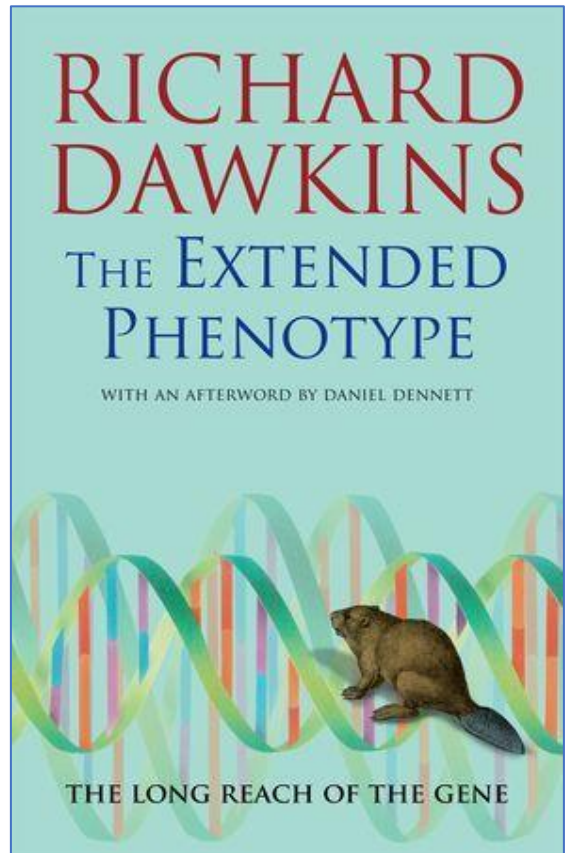
## Part 4: gene-environment correlations and assortative mating

International Statistical Genetics Workshop – 2026



## Dissecting polygenic signals from genome-wide association studies on human behaviour

Abdel Abdellaoui and Karin J. H. Verweij



“Phenotype” should include all effects that a gene has on its environment, both **inside** and **outside** the body of the individual organism.

# Socio-economic status is a social construct with heritable components and genetic consequences

Received: 16 June 2024

Abdel Abdellaoui<sup>1</sup>✉, Hilary C. Martin<sup>2</sup>, Martin Kolk<sup>3,4</sup>, Adam Rutherford<sup>5</sup>,  
Michael Muthukrishna<sup>6,7,8</sup>, Felix C. Tropf<sup>9,10,11</sup>, Melinda C. Mills<sup>12,13,14</sup>,  
Brendan P. Zietsch<sup>15</sup>, Karin J. H. Verweij<sup>1</sup> & Peter M. Visscher<sup>16,17</sup>

Accepted: 25 February 2025

Published online: 26 March 2025

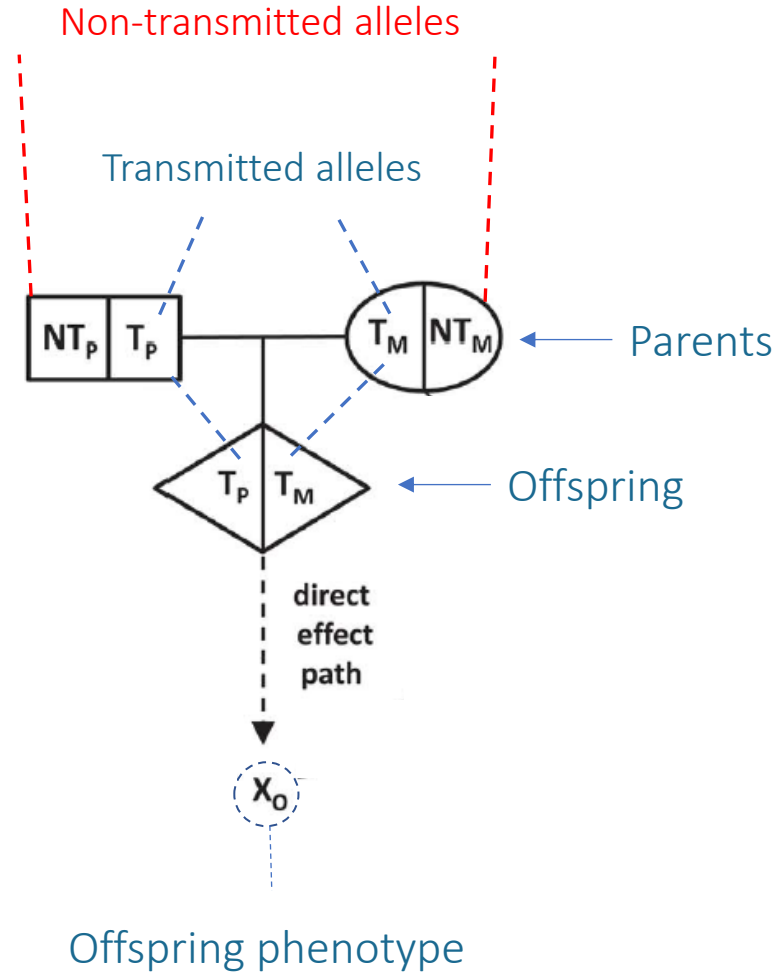


gene-environment correlations in families

HUMAN GENOMICS

# The nature of nurture: Effects of parental genotypes

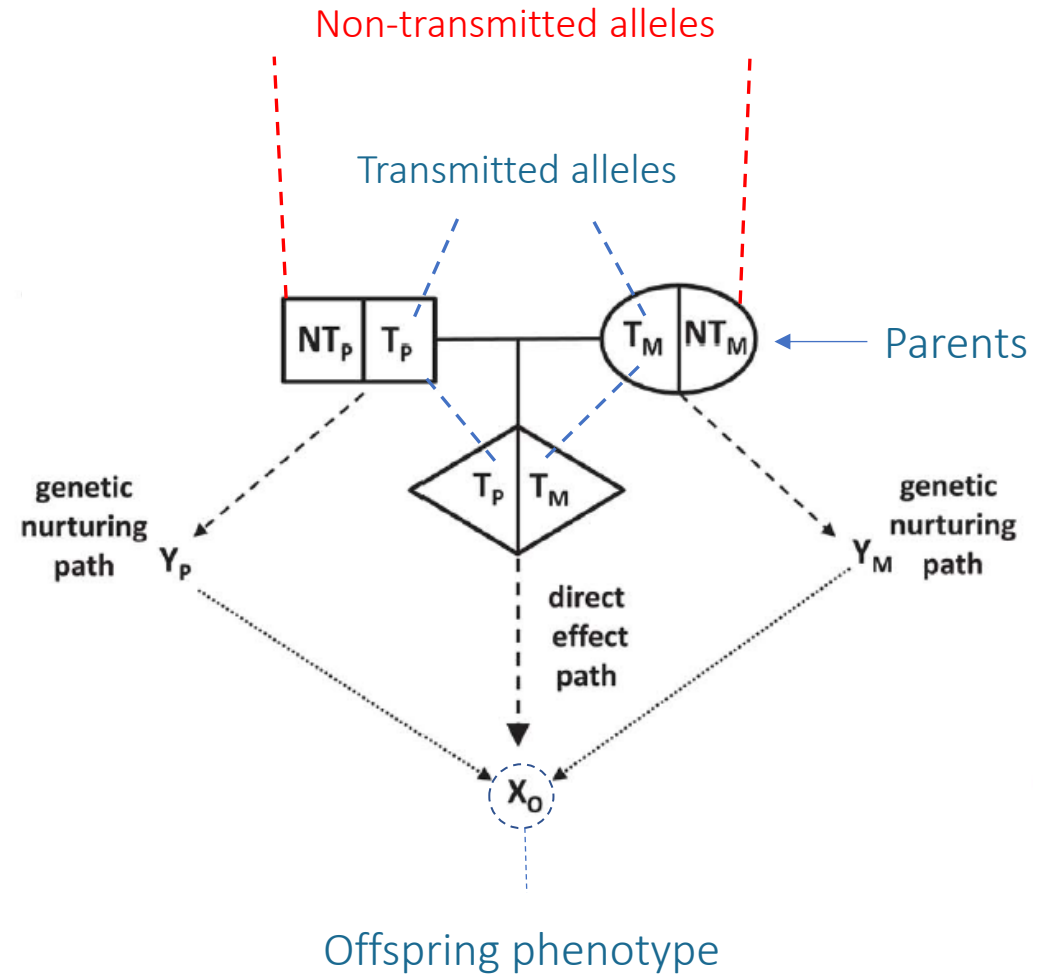
Augustine Kong,<sup>1,2,3\*</sup> Gudmar Thorleifsson,<sup>1</sup> Michael L. Frigge,<sup>1</sup>  
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Stefania Benonisdottir,<sup>1</sup> Asmundur Oddsson,<sup>1</sup> Bjarni V. Halldorsson,<sup>1</sup> Gisli Masson,<sup>1</sup>  
Daniel F. Gudbjartsson,<sup>1,3</sup> Agnar Helgason,<sup>1,7</sup> Gyda Bjornsdottir,<sup>1</sup>  
Unnur Thorsteinsdottir,<sup>1,8</sup> Kari Stefansson<sup>1,8\*</sup>



HUMAN GENOMICS

# The nature of nurture: Effects of parental genotypes

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Unnur Thorsteinsdottir,<sup>1,8</sup> Kari Stefansson<sup>1,8\*</sup>

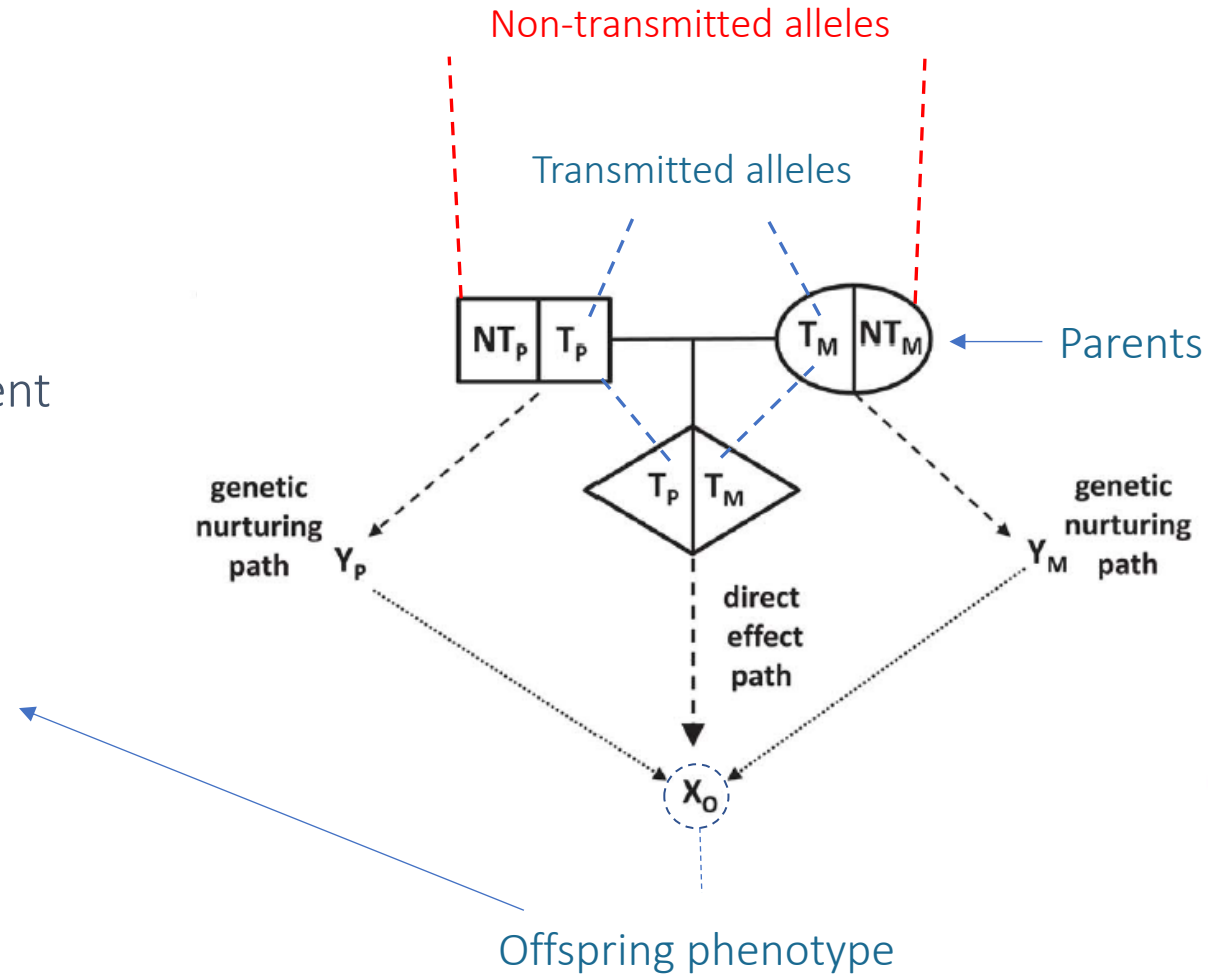


# The nature of nurture: Effects of parental genotypes

Augustine Kong,<sup>1,2,3\*</sup> Gudmar Thorleifsson,<sup>1</sup> Michael L. Frigge,<sup>1</sup>  
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Unnur Thorsteinsdottir,<sup>1,8</sup> Kari Stefansson<sup>1,8\*</sup>

Non-transmitted educational attainment alleles are associated with:

- Educational attainment
- Age at first child
- High-density lipoprotein (HDL)
- BMI
- Fasting glucose level
- Height
- Cigarettes per day
- Overall health



Research Article




Psychological Science  
2020, Vol. 31(5) 582–591  
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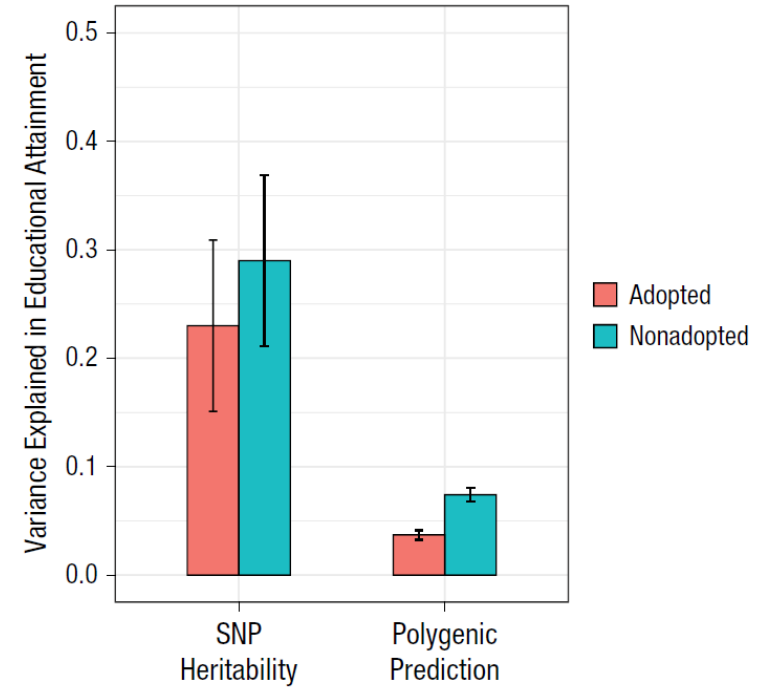


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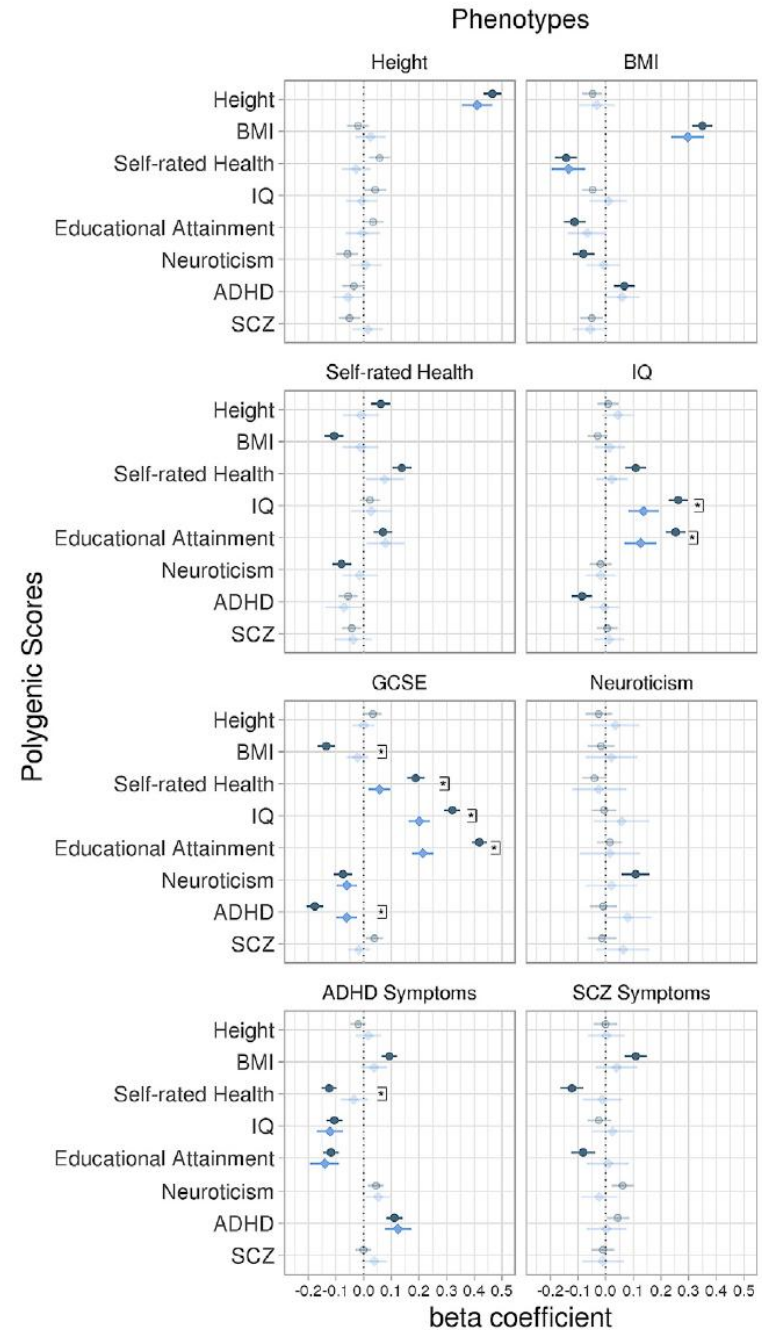


## Comparison of Adopted and Nonadopted Individuals Reveals Gene–Environment Interplay for Education in the UK Biobank

Rosa Cheesman<sup>1</sup> , Avina Hunjan<sup>1,2</sup>, Jonathan R. I. Coleman<sup>1,2</sup>, Yasmin Ahmadzadeh<sup>1</sup>, Robert Plomin<sup>1</sup>, Tom A. McAdams<sup>1</sup>, Thalia C. Eley<sup>1,2</sup>, and Gerome Breen<sup>1,2</sup>



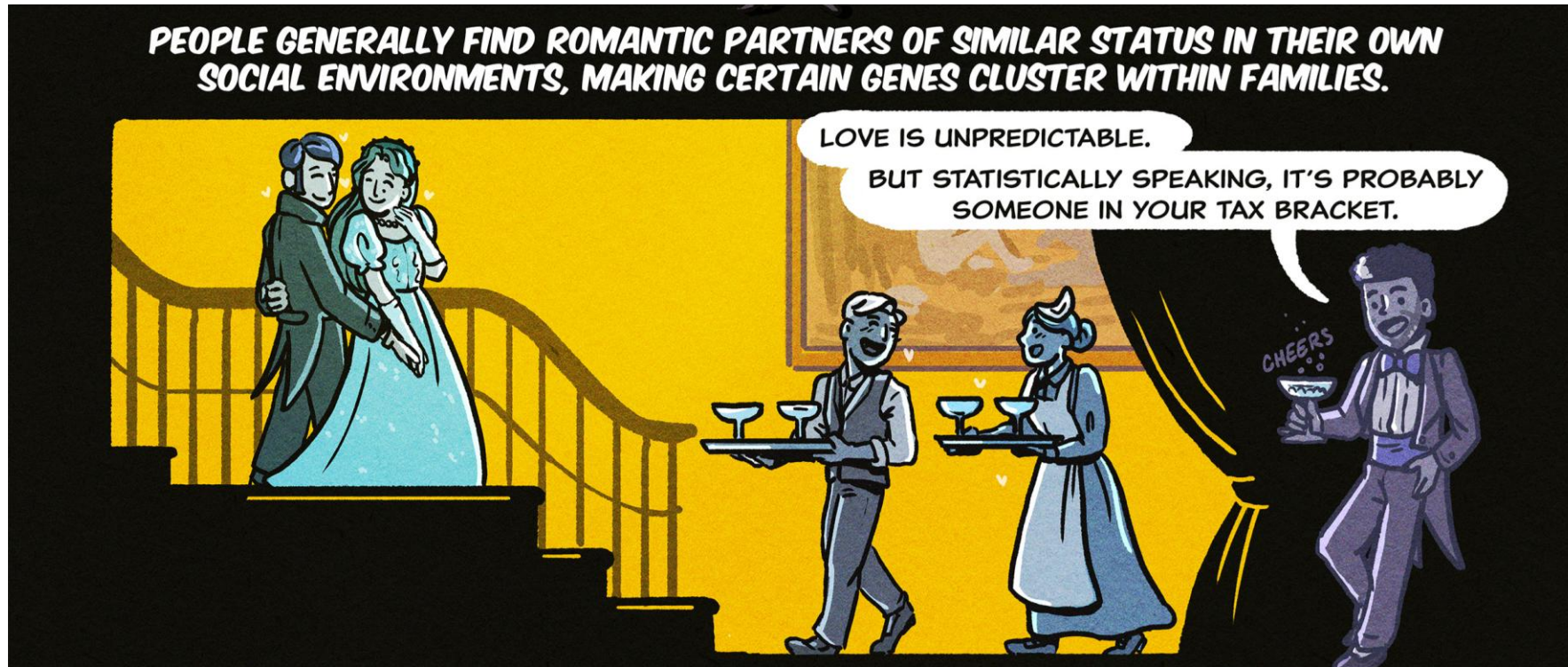
Predictive power of polygenic scores of cognitive traits (intelligence & education) was 60% greater between families than within families.



### Comparing Within- and Between-Family Polygenic Score Prediction

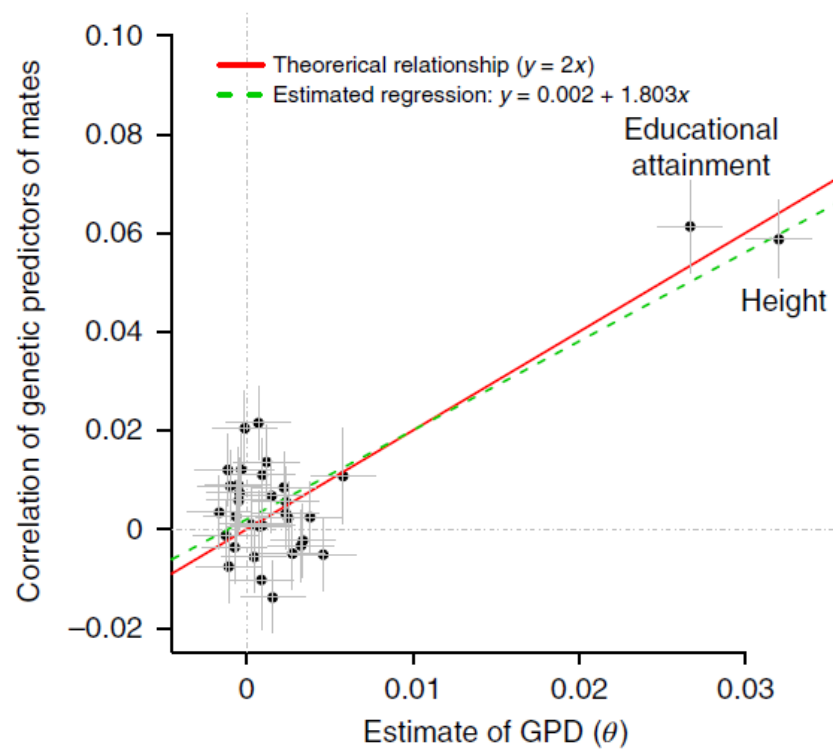
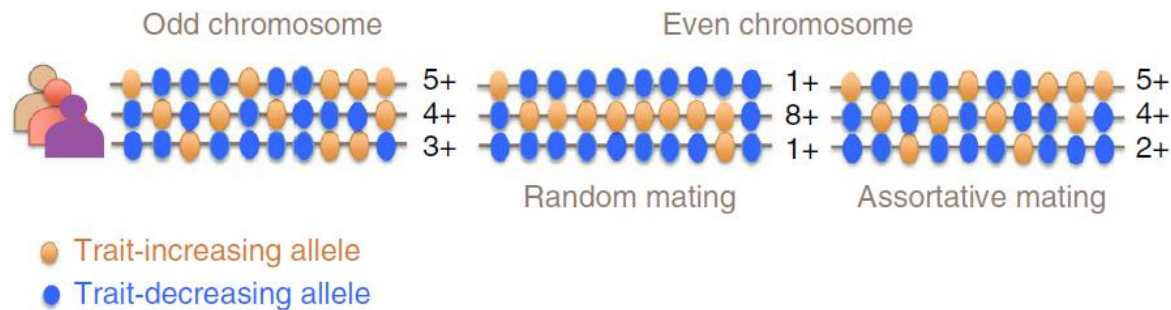
Saskia Selzam,<sup>1,\*</sup> Stuart J. Ritchie,<sup>1</sup> Jean-Baptiste Pingault,<sup>1,2</sup> Chandra A. Reynolds,<sup>3</sup> Paul F. O'Reilly,<sup>1,4</sup> and Robert Plomin<sup>1</sup>

assortative mating



### Assortative mating:

- increases genetic differences **between** families and **decreases** them **within** families
- **inflates** genetic effect estimates in GWASs

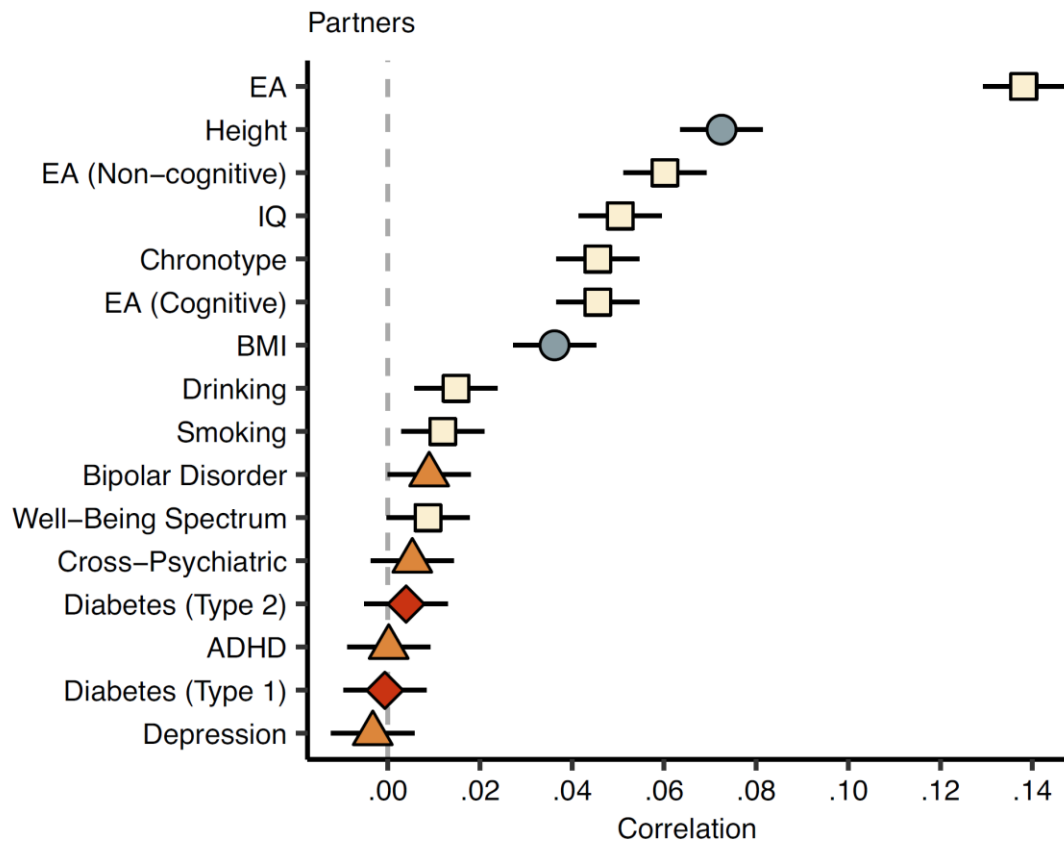


nature  
human behaviour

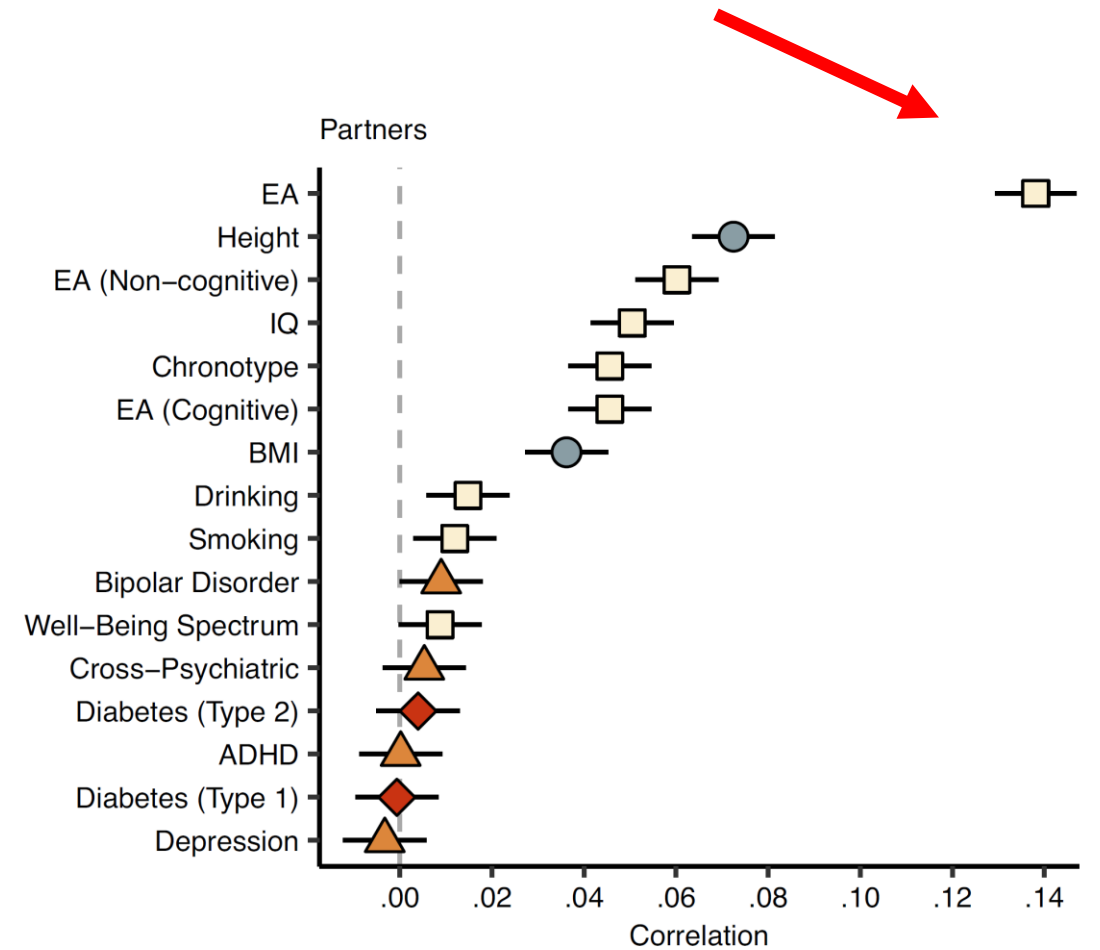
LETTERS  
<https://doi.org/10.1038/s41562-018-0476-3>

## Imprint of assortative mating on the human genome

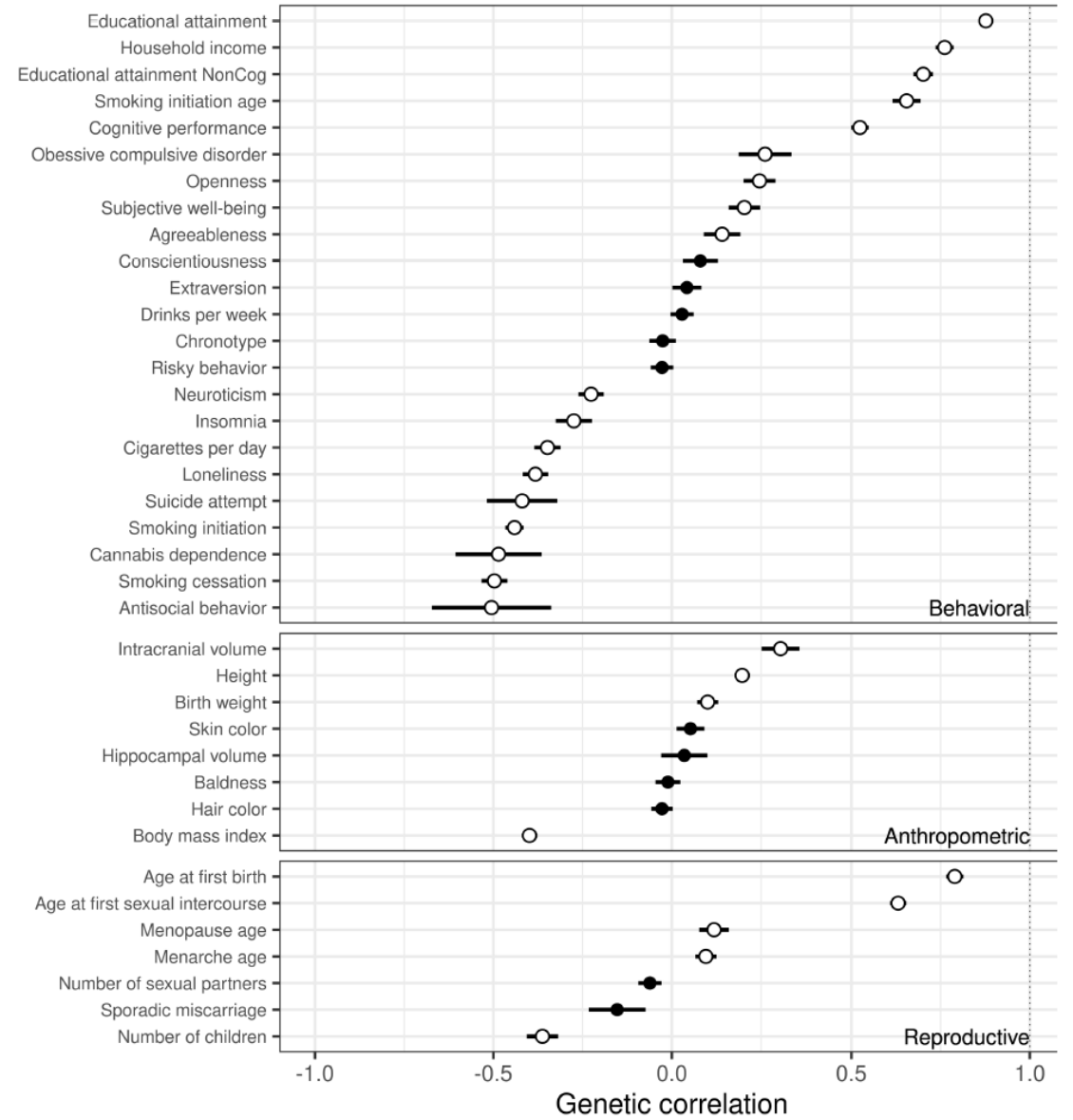
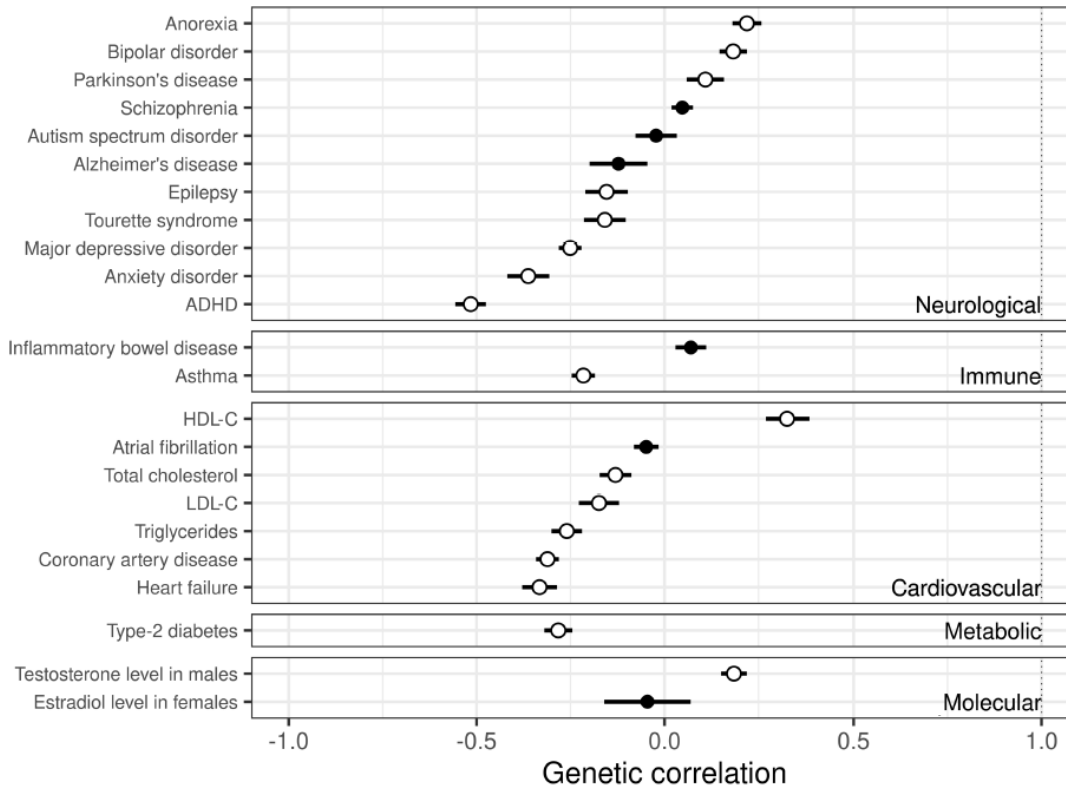
Loic Yengo<sup>1\*</sup>, Matthew R. Robinson<sup>1,2</sup>, Matthew C. Keller<sup>3</sup>, Kathryn E. Kemper<sup>1</sup>, Yuanhao Yang<sup>1</sup>, Maciej Trzaskowski<sup>1</sup>, Jacob Gratten<sup>1,4</sup>, Patrick Turley<sup>5,6</sup>, David Cesarini<sup>7,8,9</sup>, Daniel J. Benjamin<sup>7,10,11</sup>, Naomi R. Wray<sup>1,12</sup>, Michael E. Goddard<sup>13,14</sup>, Jian Yang<sup>1,12</sup> and Peter M. Visscher<sup>1,12\*</sup>



**Fig. 3 | Correlations between family members.** Polygenic index correlations (with 95% CIs) for various traits between various family members:

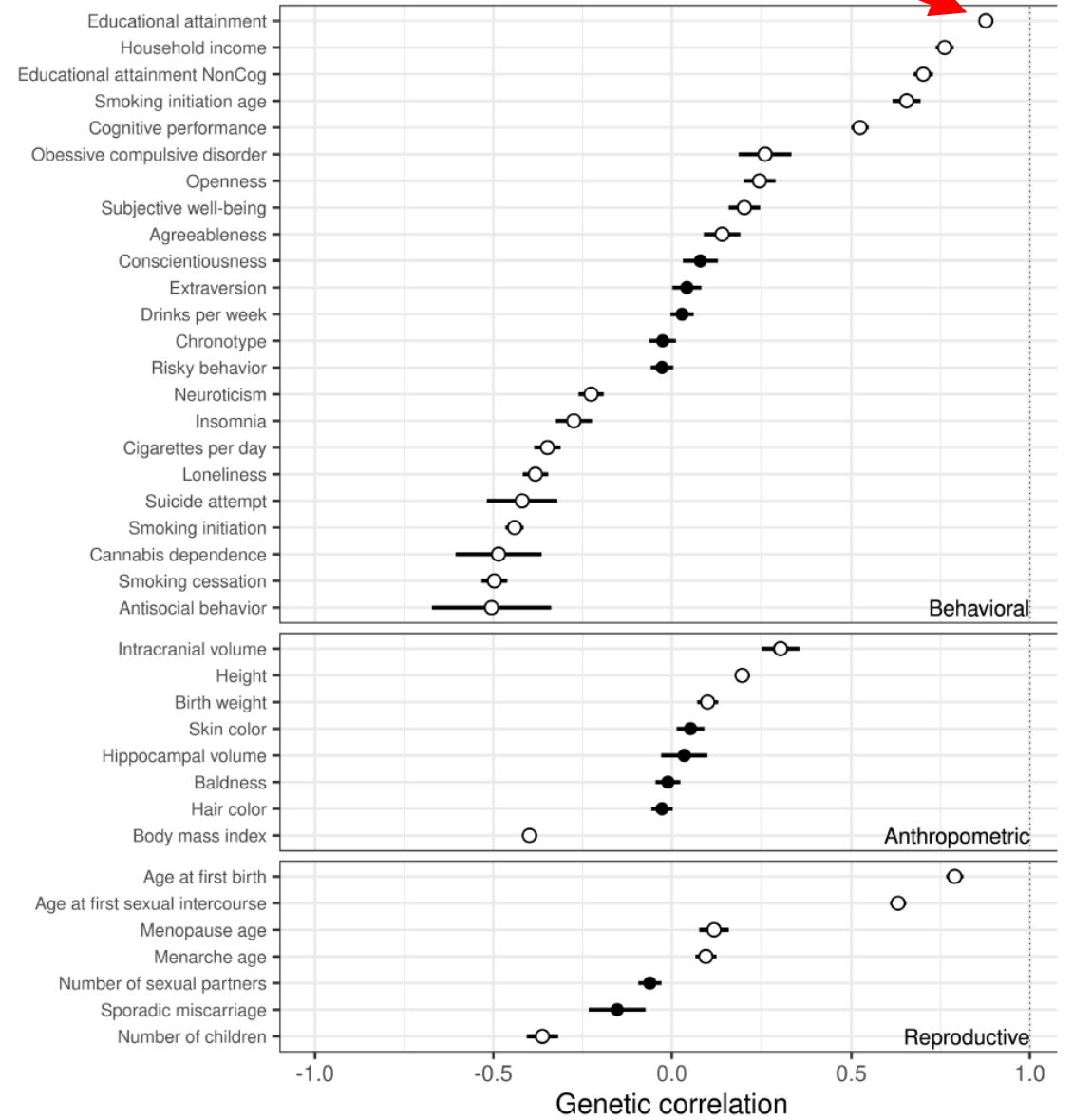
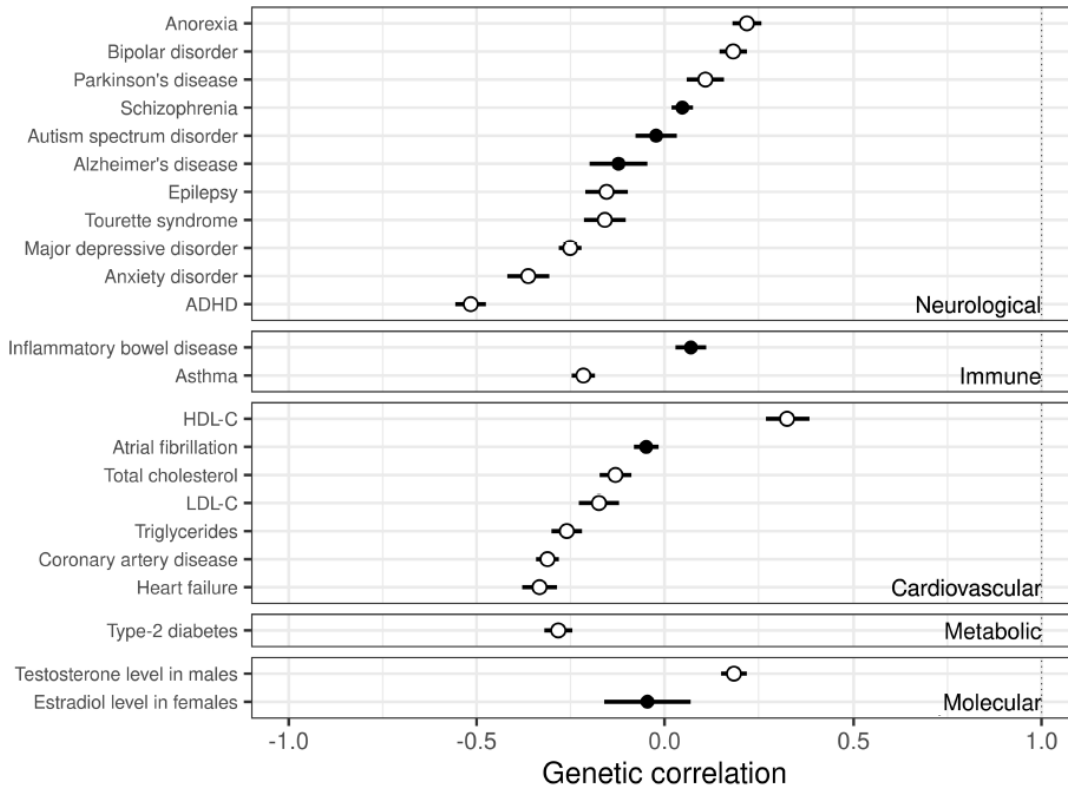


**Fig. 3 | Correlations between family members.** Polygenic index correlations (with 95% CIs) for various traits between various family members:



## Genetic basis of partner choice

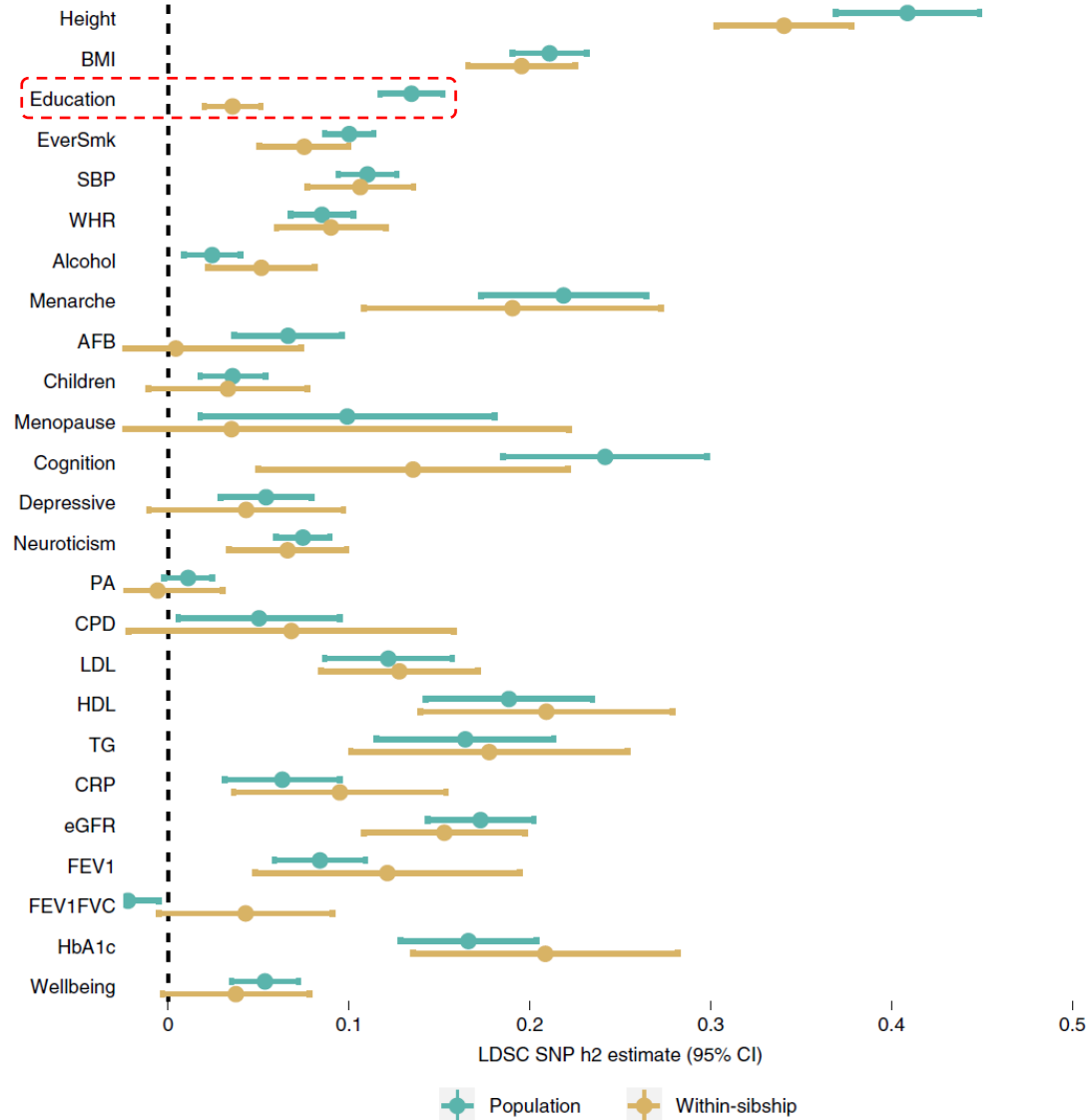
Qinwen Zheng, Sjoerd van Alten, Torkild Hovde Lyngstad, Edoardo Ciscato, Zhongxuan Sun, Jiacheng Miao, Yuchang Wu, Stephen Dorn, Boyan Zheng, Alexandra Havdahl, Elizabeth C. Corfield, Michel Nivard, Titus J. Galama, Patrick Turley, Pierre-André Chiappori, Jason M. Fletcher, Qiongshi Lu  
doi: <https://doi.org/10.1101/2025.02.03.636375>

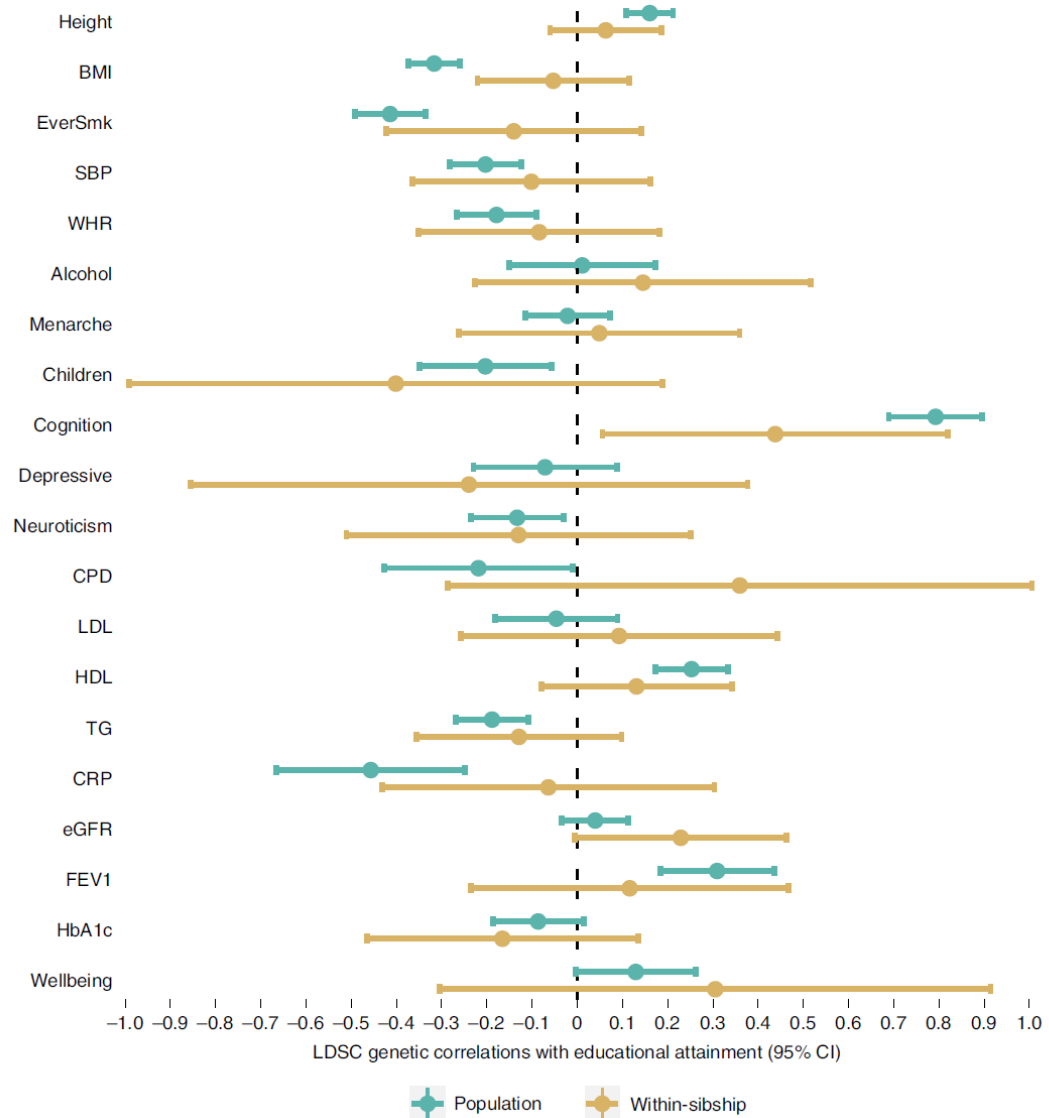


## Genetic basis of partner choice

Qinwen Zheng, Sjoerd van Alten, Torkild Hovde Lyngstad, Edoardo Ciscato, Zhongxuan Sun, Jiacheng Miao, Yuchang Wu, Stephen Dorn, Boyan Zheng, Alexandra Havdahl, Elizabeth C. Corfield, Michel Nivard, Titus J. Galama, Patrick Turley, Pierre-André Chiappori, Jason M. Fletcher, Qiongshi Lu  
doi: <https://doi.org/10.1101/2025.02.03.636375>

within-family GWAS





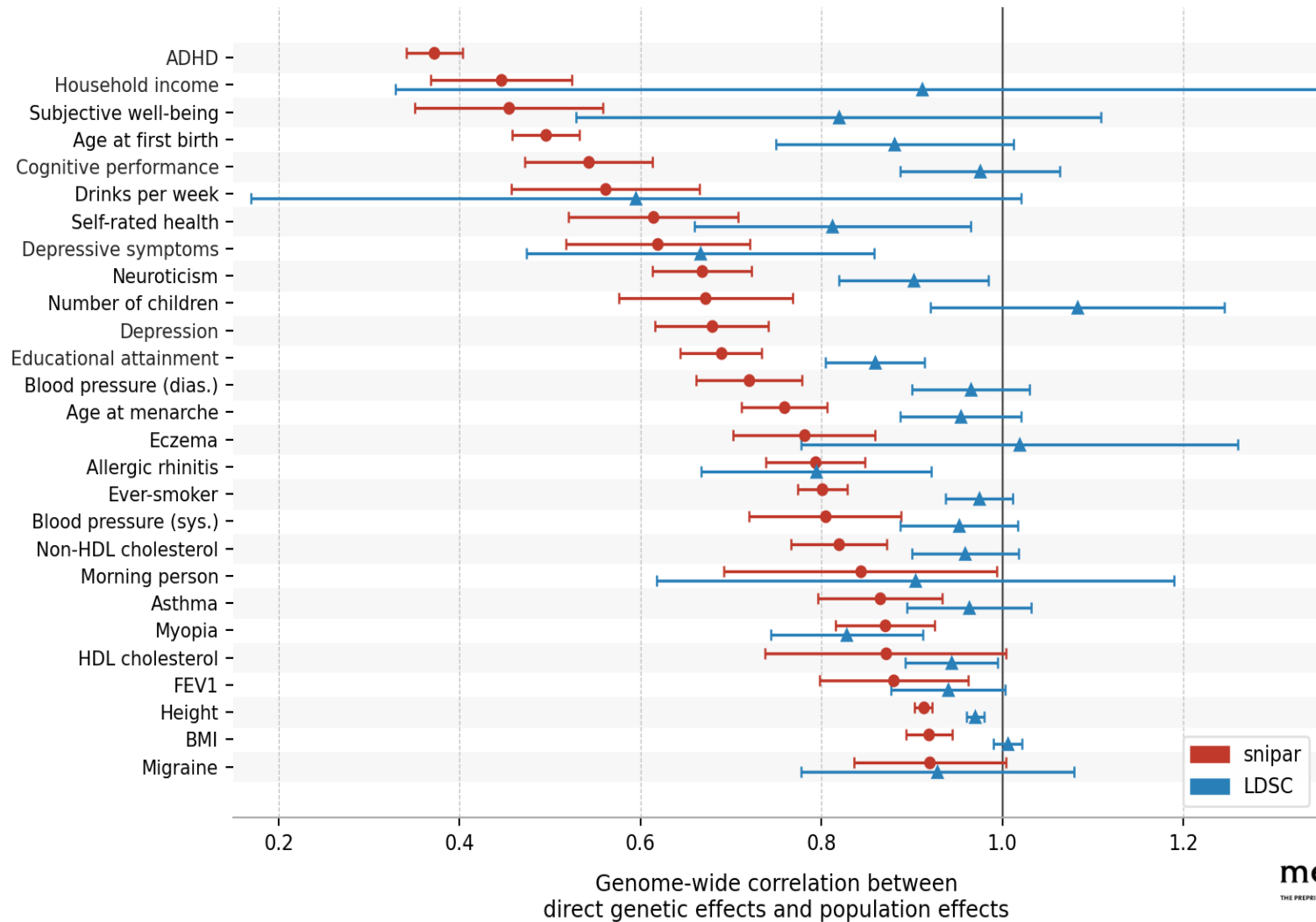
nature genetics ARTICLES

<https://doi.org/10.1038/s41588-022-01062-7>

Check for updates

**OPEN**

**Within-sibship genome-wide association analyses decrease bias in estimates of direct genetic effects**



### Family-GWAS reveals effects of environment and mating on genetic associations

Tammy Tan<sup>1</sup>, Hariharan Jayashankar<sup>2</sup>, Junming Guan<sup>2</sup>, Seyed Moeen Nehzati<sup>2</sup>, Mahdi Mir<sup>2</sup>, Michael Bennett<sup>4</sup>, Esben Agerbo<sup>3</sup>, Rafael Ahlskog<sup>4</sup>, Ville Pinto de Andrade Anapaz<sup>2</sup>, Stefania Benonisdottir<sup>6</sup>, Dorret I. Boomsma<sup>7</sup>, Archie Campbell<sup>8,9</sup>, Christopher F. Chabris<sup>10</sup>, Zhengming Chen<sup>11</sup>, China Kadoorie Biobank Collaborative Group, Eco de Geus<sup>12,13</sup>, Erik A. Ehli<sup>14</sup>, Abdelrahman G. Elnahas<sup>15</sup>, Estonian Biobank Research Team<sup>16</sup>, Finngen<sup>17</sup>, Andrea Ganna<sup>5,18</sup>, Alexandros Giannelis<sup>19</sup>, Liisa Hakaste<sup>5,20</sup>, Caroline Hayward<sup>21</sup>, Jouke-Jan Hottenga<sup>14,22</sup>, Mikkel Aagaard Houmark<sup>23</sup>, Jaakko Kaprio<sup>5</sup>, Antti Latvala<sup>24</sup>, James J. Lee<sup>19</sup>, Mikko Lehtovirta<sup>7</sup>, Liming Li<sup>25,26,27</sup>, LifeLines Cohort Study<sup>28</sup>, Kuang Lin<sup>11</sup>, Richard Karlsson Linné<sup>29,30,31</sup>, Stefano Lombardi<sup>5,32,33</sup>, Nicholas G. Martin<sup>34</sup>, Matt McGue<sup>19</sup>, Sarah E. Medland<sup>34</sup>, Andres Metspalu<sup>15,16</sup>, Brittany L. Mitchell<sup>14</sup>, Guiyan Ni<sup>35</sup>, Ilja M. Nolte<sup>36</sup>, Matthew T. Oetjens<sup>30</sup>, Sven Oskarsson<sup>4</sup>, Teemu Palviainen<sup>5</sup>, Raslni B. Prasad<sup>5,37</sup>, Anu Reigo<sup>15</sup>, Kadri Reis<sup>15</sup>, Julia Sidorenko<sup>35</sup>, Karri Silventoinen<sup>38</sup>, Harold Snieder<sup>36</sup>, Tinamajja Tuomi<sup>5,39,37,39</sup>, Bjarni J. Vilhjalmsson<sup>40,41,42</sup>, Robin G. Walters<sup>11</sup>, Emily A. Willoughby<sup>19</sup>, Jonathan Flint<sup>43</sup>, Loic Yengo<sup>35</sup>, Peter M. Visscher<sup>11,35</sup>, Augustine Kong<sup>44</sup>, Elliot M. Tucker-Drob<sup>45</sup>, Richard Border<sup>46,47</sup>, David Cesarini<sup>1,48,49</sup>, Patrick Turley<sup>50,51</sup>, Aysu Okbay<sup>52</sup>, Daniel J. Benjamin<sup>1,2,53</sup>, Alexander Strudwick Young<sup>4,2,53</sup>

## Standard GWAS

*requires: unrelated individuals*

$$y_i = \beta_l g_{il} + x_i' \alpha + \varepsilon_i$$

$\beta_l$  population effect

$g_{il}$  focal individual's genotype

$x_i' \alpha$  covariates (age, sex, PCs)

## Standard GWAS

*requires: unrelated individuals*

$$y_i = \beta_j g_{ij} + x_i' \alpha + \varepsilon_i$$

$\beta_j$  population effect

$g_{ij}$  focal individual's genotype

$x_i' \alpha$  covariates (age, sex, PCs)



$\beta$  conflates direct effects  
with gene-environment correlation  
(rGE), assortative mating (AM), and  
population stratification

nature genetics ARTICLES  
<https://doi.org/10.1038/s41588-022-01062-7> Check for updates

**OPEN**  
**Within-sibship genome-wide association analyses decrease bias in estimates of direct genetic effects**

## Standard GWAS

*requires: unrelated individuals*

$$y_i = \beta_l g_{il} + x_i' \alpha + \varepsilon_i$$

$\beta_l$  population effect

$g_{il}$  focal individual's genotype

$x_i' \alpha$  covariates (age, sex, PCs)



## Sib-GWAS

*requires: sibling pairs*

$$y_i = \beta_l G_{il}^C + G_{f(i)}^F + x_i' \alpha + \varepsilon_i$$

$\beta_l$  direct genetic effect

$$G_{il}^C = G_{il} - G_{f(i)}^F \quad (\text{within-family deviation})$$

$$G_{f(i)}^F = \text{mean sibling genotype}$$

$\beta$  conflates direct effects with gene-environment correlation (rGE), assortative mating (AM), and population stratification

## Standard GWAS

*requires: unrelated individuals*

$$y_i = \beta_l g_{il} + x_i' \alpha + \varepsilon_i$$

$\beta_l$  population effect

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$x_i' \alpha$  covariates (age, sex, PCs)

## Sib-GWAS

*requires: sibling pairs*

$$y_i = \beta_l G_{il}^C + G_{f(i)l}^F + x_i' \alpha + \varepsilon_i$$

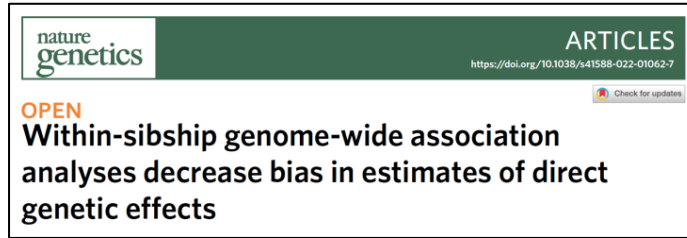
$\beta_l$  direct genetic effect

$$G_{il}^C = G_{il} - G_{f(i)l}^F \quad (\text{within-family deviation})$$

$$G_{f(i)l}^F = \text{mean sibling genotype}$$

$\beta$  conflates direct effects with gene-environment correlation (rGE), assortative mating (AM), and population stratification

Including the family genetic background as a covariate isolates the random within-family variation due to Mendelian segregation, which captures more of the direct effect



### Standard GWAS

*requires: unrelated individuals*

$$y_i = \beta_l g_{il} + x_i' \alpha + \varepsilon_i$$

$\beta_l$  population effect  
 $g_{il}$  focal individual's genotype  
 $x_i' \alpha$  covariates (age, sex, PCs)

$\beta$  conflates direct effects with gene-environment correlation (rGE), assortative mating (AM), and population stratification

### Sib-GWAS

*requires: sibling pairs*

$$y_i = \beta_l G_{il}^C + G_{f(i)}^F + x_i' \alpha + \varepsilon_i$$

$\beta_l$  direct genetic effect  
 $G_{il}^C = G_{il} - G_{f(i)}^F$  (within-family deviation)  
 $G_{f(i)}^F =$  mean sibling genotype

Including the family genetic background as a covariate isolates the random within-family variation due to Mendelian segregation, which captures more of the direct effect

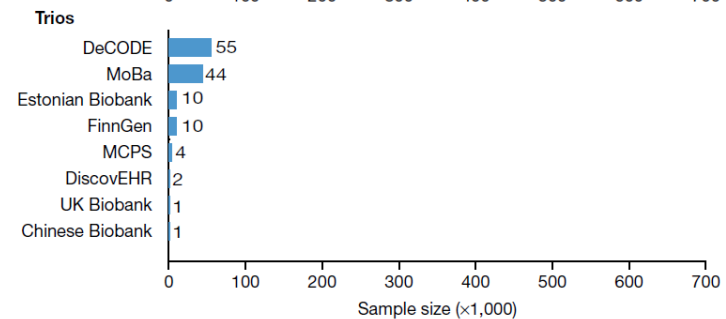
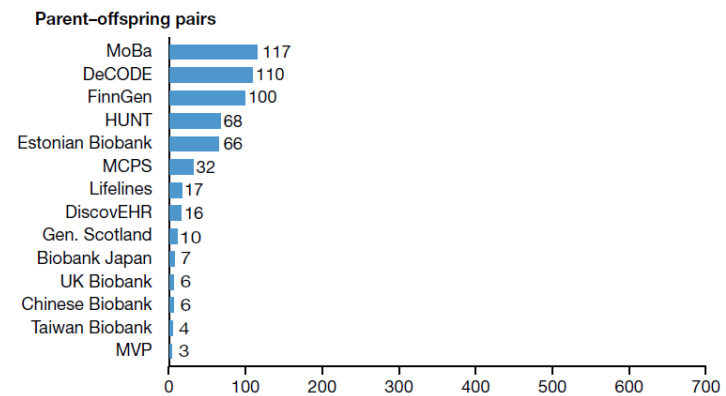
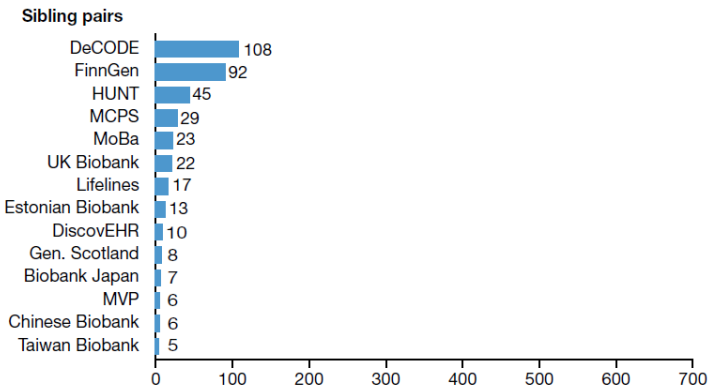
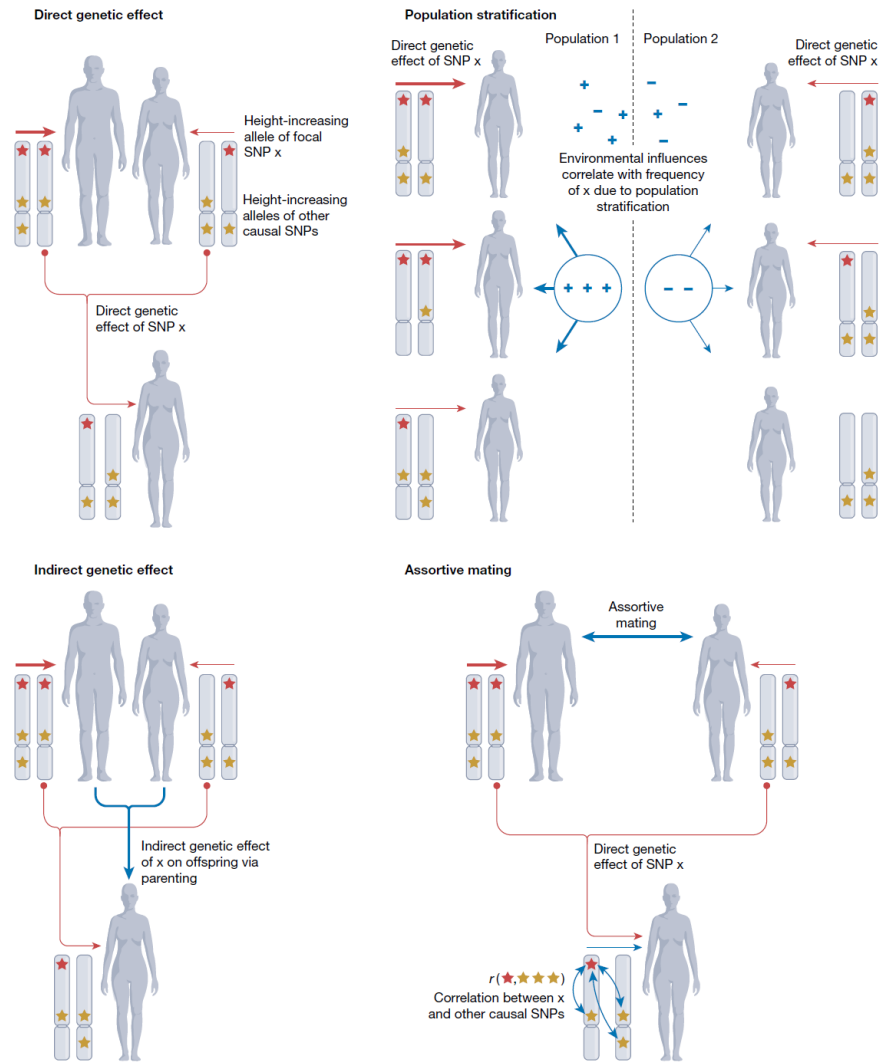


### Family-based GWAS (FGWAS)

*requires: trios/sib pairs (parental G can be imputed)*

$$y_i = \beta_l g_{il} + g_{p(i)} + g_{m(i)} + x_i' \alpha + \varepsilon_i$$

$\beta_l$  direct genetic effect  
 $g_{p(i)}$  paternal genotype (non-transmitted)  
 $g_{m(i)}$  maternal genotype (non-transmitted)



Perspective

Nature | Vol 634 | 24 October 2024

# The importance of family-based sampling for biobanks

<https://doi.org/10.1038/s41586-024-07721-5> Neil M. Davies<sup>1,3,21</sup>, Gibran Hemani<sup>4,5</sup>, Jenae M. Neiderhiser<sup>6</sup>, Hilary C. Martin<sup>7</sup>, Melinda C. Mills<sup>8,9,10</sup>, Peter M. Visscher<sup>11,12</sup>, Loïc Yengo<sup>13</sup>, Alexander Strudwick Young<sup>13,14</sup> & Matthew C. Keller<sup>15,16,17</sup>

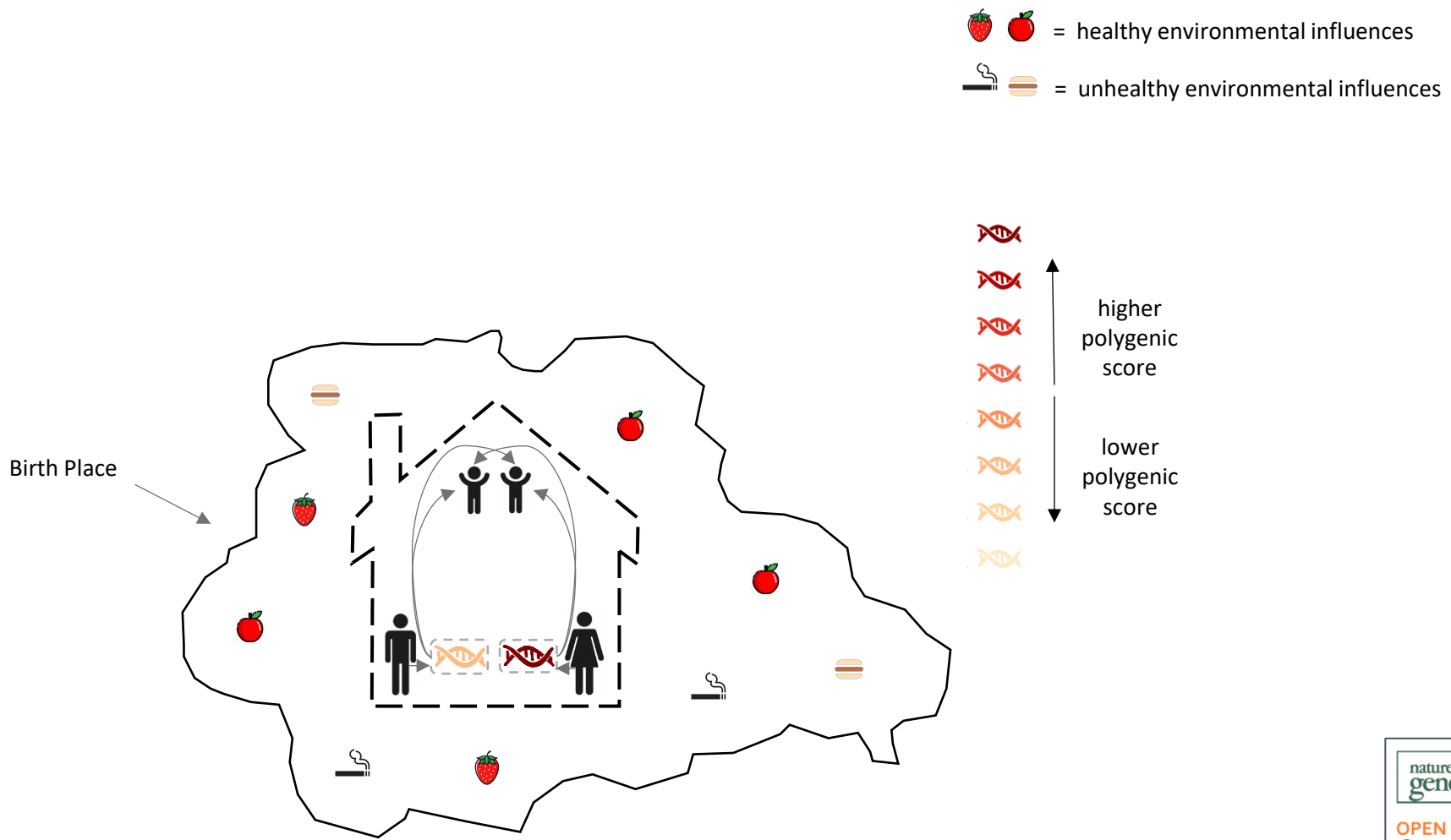
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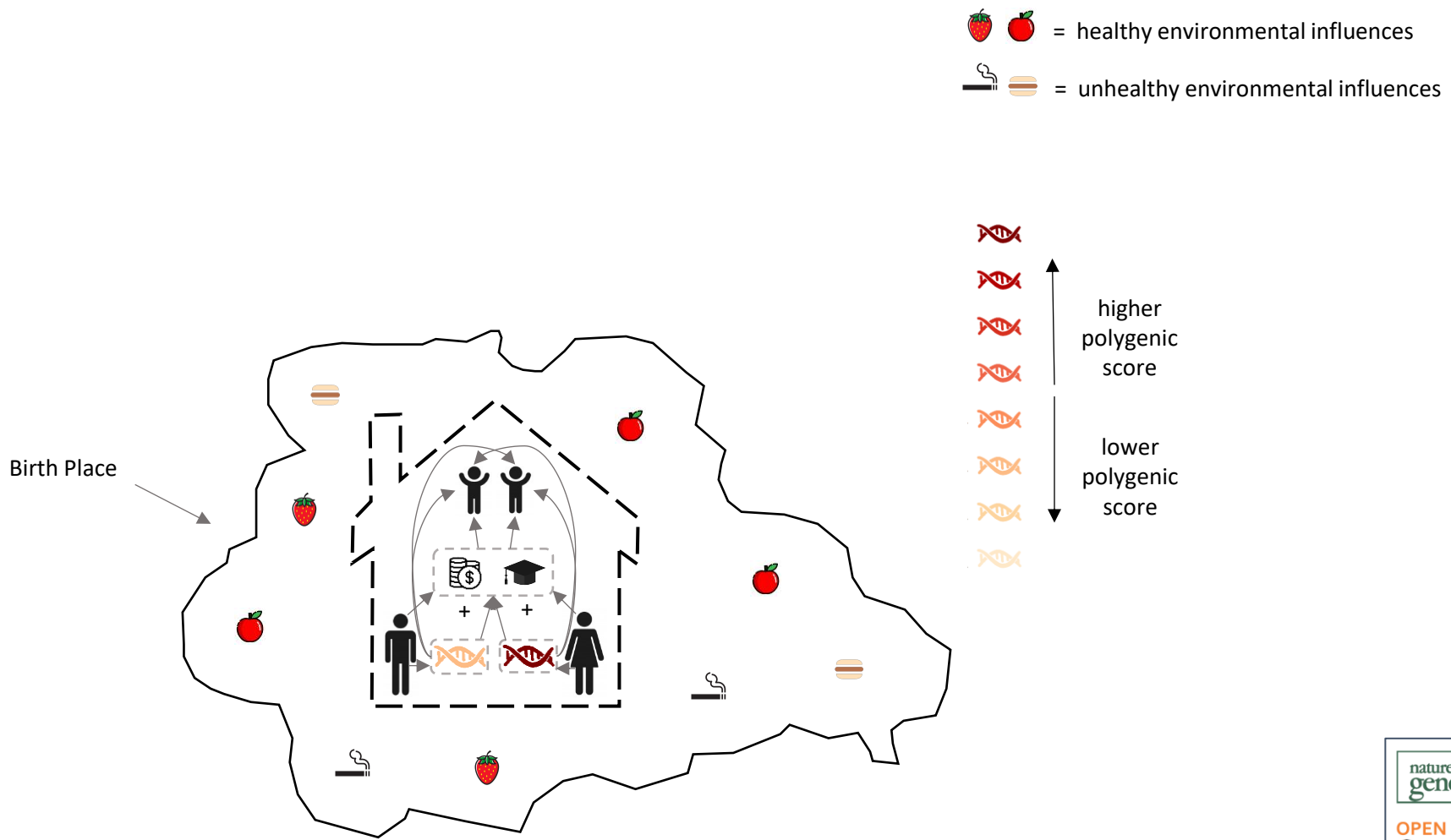
Accepted: 13 June 2024

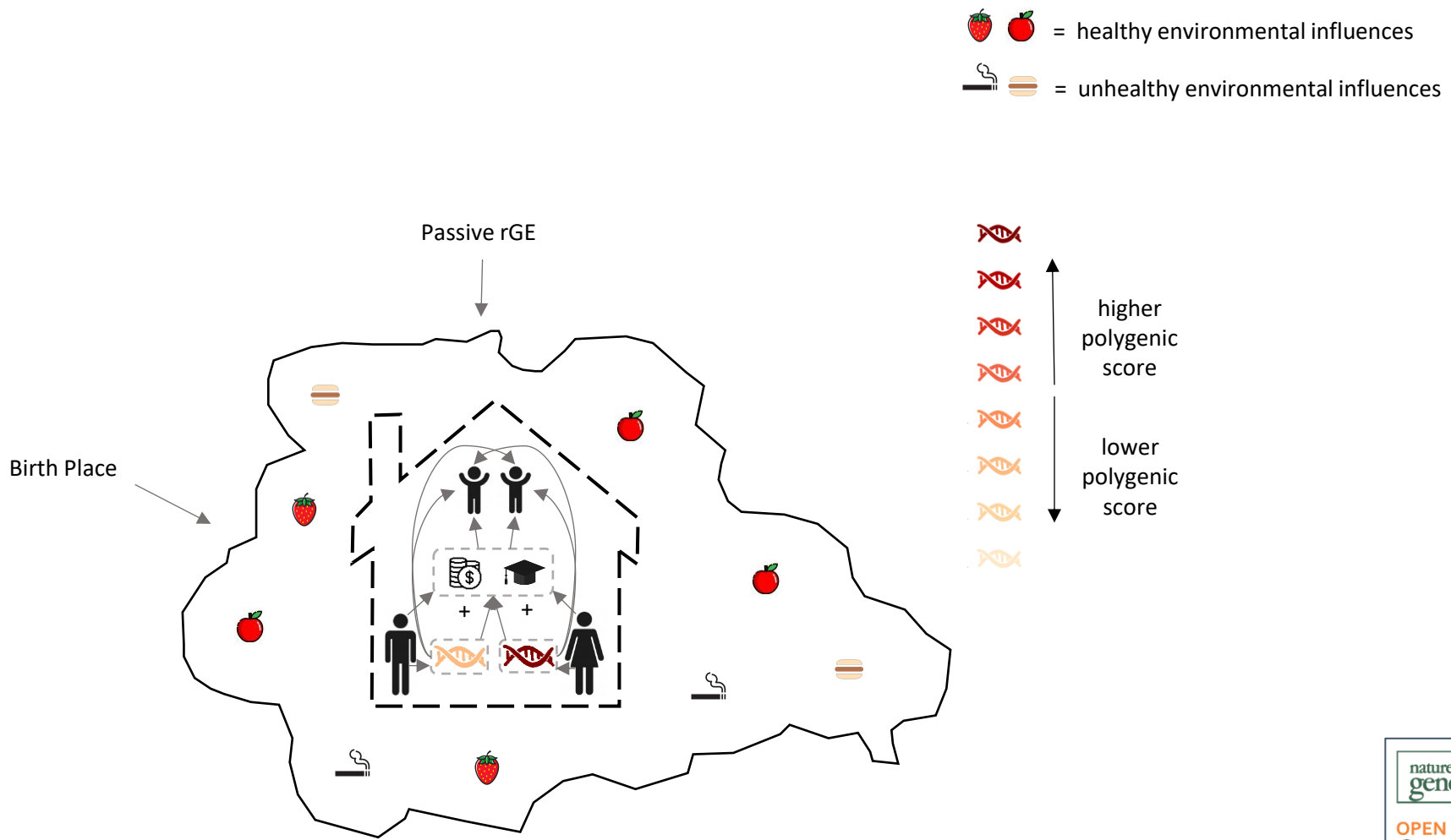
Published online: 23 October 2024

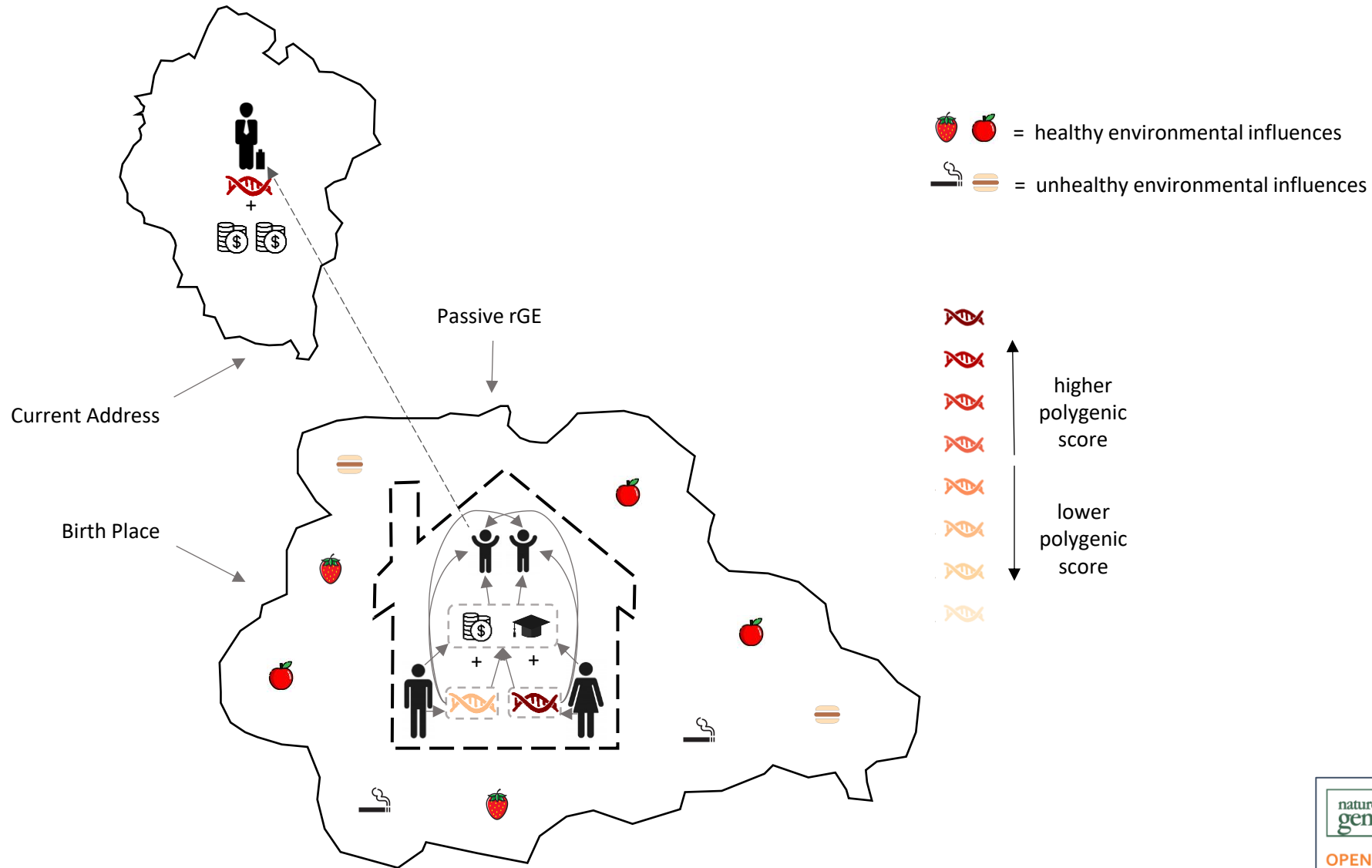
gene-environment correlations across  
geographic regions

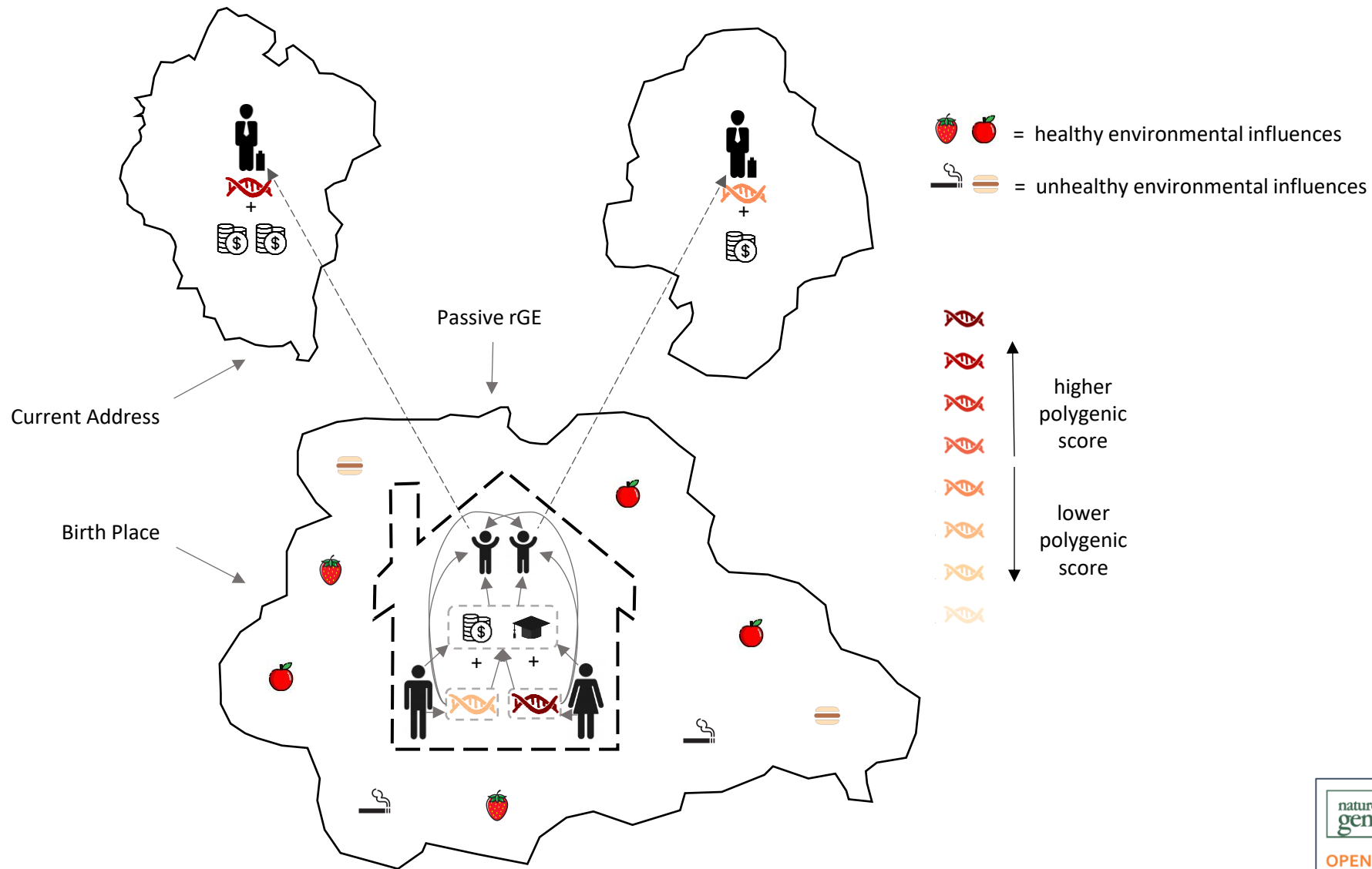


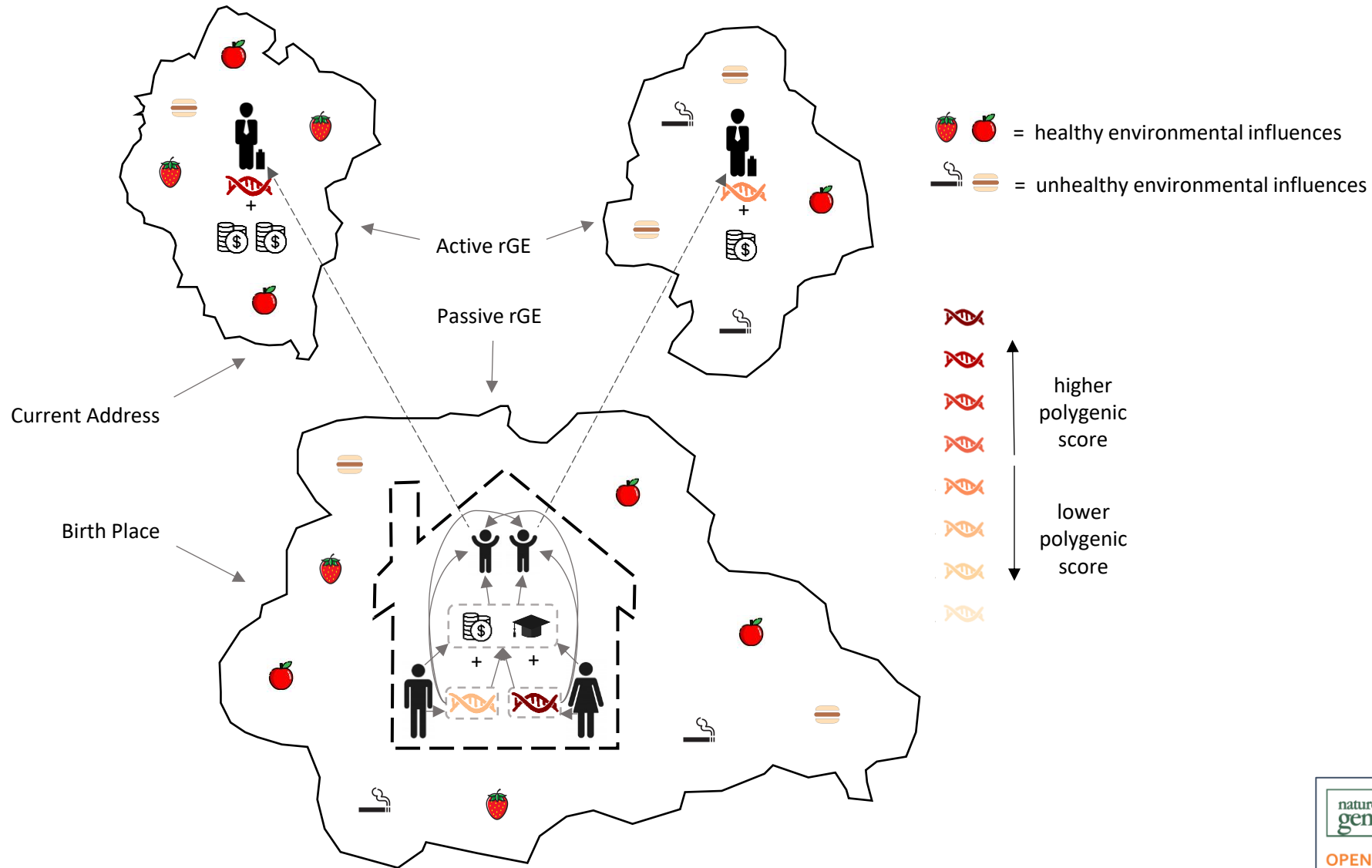








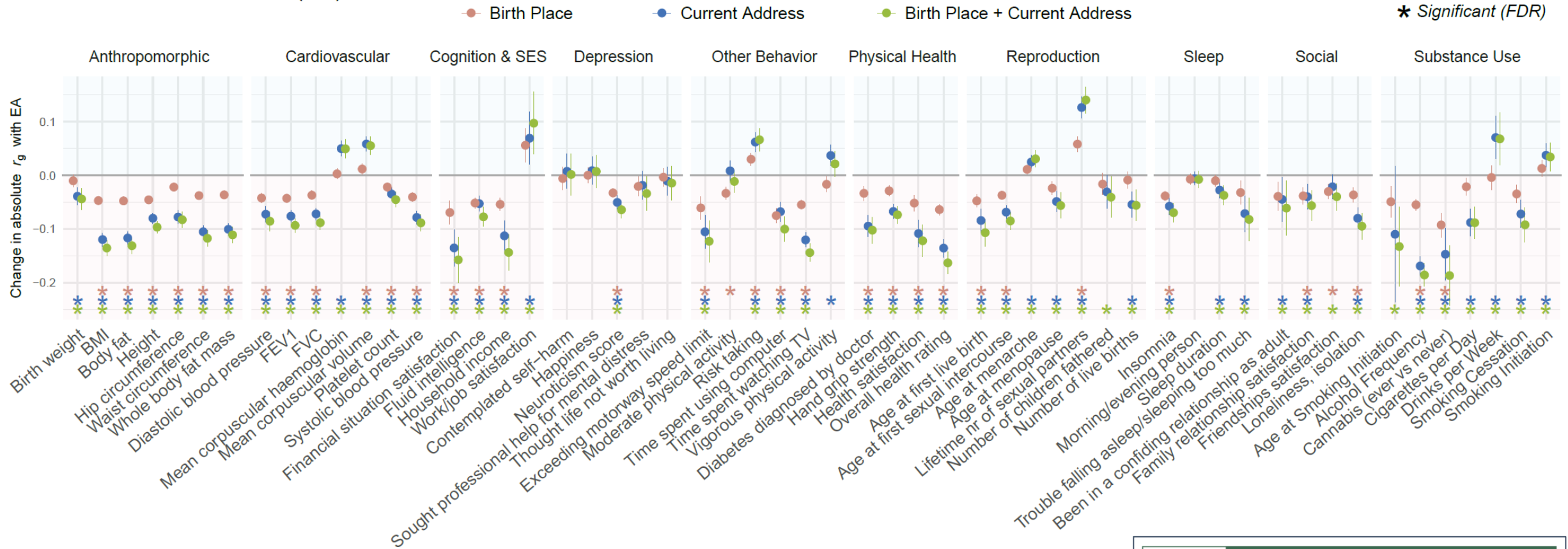




within-region GWAS

# Genetic correlation with educational attainment decreases after including geographic region as covariate

## Educational Attainment (EA)



Now go have fun running a GWAS and good luck interpreting that mess of an output!

