# LUKAS SCHAFFER – DOCTORAL STUDENT

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#### **EDUCATION**

PhD Student 2023-Present

University of Colorado Boulder

Clinical Psychology

Certificate in Behavioral, Psychiatric, & Statistical Genetics

Current GPA: 4.00

Advisor: Andrew Grotzinger, PhD

Bachelor of Science 2017-2021

University of Pittsburgh

Biological Science & Psychology

Minor in Chemistry Cumulative GPA: 3.75

Advisor: Anna Marsland, PhD, RN

#### HONORS AND AWARDS

# **Outstanding Associate Member Oral Presentation Award**

2024

54<sup>th</sup> Annual Meeting of the Behavior Genetics Association, London, UK

## Postbaccalaureate Intramural Research Training Award

2021

National Institute of Mental Health

### **Honors in Major - Psychology**

2021

Honors Thesis: "Investigating Personality Traits as Moderators of Inflammatory and Autonomic Responses to Acute Psychological Stress"

Dean's List Multiple

#### RESEARCH EXPERIENCE

#### **Graduate Research Assistant**

2023-Present

Psychiatric, Behavioral, Aging, & Dementia Genomics Research (P-BADGER) Laboratory, Institute for Behavioral Genetics, University of Colorado Boulder PI: Andrew Grotzinger, PhD

- Implementing multivariate genetic methods to elucidate the shared and unique etiologies of childhood-onset neuropsychiatric disorders.
- Leveraging genome-wide data to explore transdiagnostic behavioral and healthrelated features implicated across neurodevelopmental traits.

#### Postbaccalaureate Research Fellow

2021-2023

Section on Developmental Neurogenomics, Human Genetics Branch,

National Institute of Mental Health

PI: Armin Raznahan, MD, PhD

Co-Mentor: Srishti Rau, PhD

- Lead investigation on convergent and divergent effects of supernumerary sex chromosome dosage on multidimensional psychopathology and cognitive phenotypes.
- Independently administered neuropsychological assessments to youth, adolescents, and adults with rare genetic and neurodevelopmental syndromes.

# Senior Undergraduate Research Assistant

2019-2021

Behavioral Immunology Laboratory, University of Pittsburgh

PI: Anna Marsland, PhD, RN

- Assisted in coordinating the efforts of an NIH-funded clinical trial aimed at identifying mitochondrial responses to an acute laboratory stress task.
- Processed biological samples pertinent to 5+ research studies and trained fellow undergraduates in various wet-lab protocols.

## **Undergraduate Research Assistant**

2020-2021

Behavioral Medicine Research Group, University of Pittsburgh

PI: Thomas Karmarck, PhD

- Assessed participant vital signs and recorded medical history in a protocol investigating psychosocial factors implicated in cardiovascular disease.
- Trained research participants and ensured competence in operating ambulatory blood pressure monitoring equipment.

## PEER-REVIEWED JOURNAL ARTICLES

**Schaffer, L.S.**, Breunig, S., Lawrence, J.M. *et al.* Characterizing genetic pathways unique to autism spectrum disorder at multiple levels of biological analysis. *Molecular Autism* 15, 46 (2024). https://doi.org/10.1186/s13229-024-00624-2

**Schaffer, L.S.**, Rau, S., Larsen, I.G., ... Raznahan, A. X- vs. Y-chromosome influences on human behavior: a deep phenotypic comparison of psychopathology in XXY and XYY syndromes. *J Neurodevelop Disord* 16, 56 (2024). <a href="https://doi.org/10.1186/s11689-024-09574-5">https://doi.org/10.1186/s11689-024-09574-5</a>

Larsen, I.G., Moses, R.M., Seifert, B.A., Liu, S., Li, S., Older, A.J., Levitis, E., **Schaffer, L.S.**, Duncan, R., Jodarski, C., Kamen, M., Yan, J., Lalonde, F.M., Ghosh, R., Torres, E., Clasen, L.S., Blumenthal, J., Similuk, M., Raznahan, A., Walkiewicz, M.A. Deep screening for X chromosome parent-of-origin effects on neurobehavioral and neuroanatomical phenotypes in 47,XXY Klinefelter syndrome. *Biological Psychiatry Global Open Science* 4, 6 (2024). https://doi.org/10.1016/j.bpsgos.2024.100391

Raznahan, A., Rau, S., **Schaffer, L.S.,** ... Torres, E. Deep phenotypic analysis of psychiatric features in genetically defined cohorts: application to XYY syndrome. *J Neurodevelop Disord* **15**, 8 (2023). https://doi.org/10.1186/s11689-023-09476-y

Walsh, C. P., Lindsay, E. K., Grosse, P., Natale, B. N., Fairlie, S., Bwint, A., **Schaffer, L.S.**, McMahon, K., Del Duke, C., Forse, J., Lamonja-Vicente, N., & Marsland, A. L. (2023). A systematic review and meta-analysis of the stability of peripheral immune markers in healthy adults. *Brain, behavior, and immunity*, *107*, 32–46. https://doi.org/10.1016/j.bbi.2022.09.011

### PREPRINT PUBLICATIONS UNDER REVIEW

Roybal, M.R., Liu, S., Larsen, I.G., Wass, A., **Schaffer. L.S.**, Ajumobi, T., Whitman, E.T., Warling, A., Clasen, L., Blumenthal, J, Rau, S., Raznahan, A. Age-related differences in psychopathology within sex chromosome trisomies. *medRxiv*: *the preprint server for health sciences*, https://doi.org/10.1101/2024.11.22.24317803

Lawrence, J.M., Foote, I.F., Breunig, S., **Schaffer, L.S.**, Mallard, T.T., Grotzinger, A.D. (2024). Shared genetic liability across systems of psychiatric and physical illness. *medRxiv*: *the preprint server for health sciences*, https://doi.org/10.1101/2024.08.02.24311427

Breunig, S., Lee, Y.H., Karlson, E.W., Krishnan, A., Lawrence, J.M., **Schaffer, L.S.**, Grotzinger, A.D. (2024). Examining the genetic links between clusters of immune-mediated diseases and psychiatric disorders. *medRxiv*: the preprint server for health sciences, https://doi.org/10.1101/2024.07.18.24310651

#### TALKS AND PRESENTATIONS

**Symposium Presentation,** "Genetic Pathways Unique to Autism Spectrum Disorder, Independent of ADHD, at Multiple Levels of Biological Analysis," Behavior Genetics Association Annual Meeting, London, United Kingdom, June 2024.

**Oral Presentation**, "Deep Phenotypic Comparison of X- and Y-Chromosome Dosage Effects on Psychopathology," World Congress on Psychiatric Genetics, Florence, Italy, September 2022.

(Link to talk: https://www.youtube.com/watch?v=Lo4RhGaZfoI)

**Research Presentation,** "Deep Phenotypic Comparison of X- and Y-Chromosome Dosage Effects on Psychopathology," Center for Autism Spectrum Disorders Research Meeting, Children's National Hospital, Washington, D.C., October 2022

# **ABSTRACTS & POSTERS**

<sup>\*</sup>Indicates presenter

<sup>\*\*</sup>Indicates co-presenter

- \*Schaffer, L., Breunig., S., Lawrence, J.M., Foote, I.F., Grotzinger, A.G. (2024, July). Characterizing Genetic Pathways Unique to Autism Spectrum Disorder at Multiple Levels of Biological Analysis. Poster presented at the Ettore Majorana Foundation and Centre for Scientific Culture, Workshop for A New Science of Mental Disorders, Erice, Sicily, Italy.
- \*Schaffer, L., Rau, S., Clasen, L., Warling, A., Whitman, E. T., Nadig, A., McDermott, C., Xenophontos, A., Wilson, K., Blumenthal, J., Torres, E., & Raznahan, A. (2023, April). X-vs. Y-Chromosome Influences on Human Behavior: A Deep Phenotypic Comparison of Psychopathology in XXY and XYY Syndromes. Poster presented at the Society of Biological Psychiatry Annual Meeting, San Diego, CA.
- Seifert, B., Duncan, R., Li, S., Gore, R., **Schaffer, L.**, Yan, J., Torres, E., Similuk, M., Bi, W., Dai, H., Older, A., Ghosh, R., Raznahan, A., & Walkiewics, M. (2022, October). Genome sequencing enables parent of origin analysis of the X chromosome in probands with Klinefelter syndrome. Poster presented at the American Society of Human Genetics Annual Meeting, Los Angeles, CA.
- Duncan, R., Gore, R., Similuk, M., Yan, J., **Schaffer, L.**, Setzer M., Kamen, M., Jodarski, C., Torres, E., Blumenthal, J., Dakic, A., Hunt, D., Mixer, M., Beers, B., Seifert, B., Ghosh, R., Raznahan, A., & Walkiewicz, M. (2022, April). The story of the Identical X: Characterizing the Neurocognitive Phenotype in a 47,XXY Cohort. Poster presented at Virtual Postbac Poster Day, National Institutes of Health, Bethesda, MD.
- \*Schaffer, L., Rau, S., Clasen, L., Gao, Y., Arowolo, R., Whitman, E., Warling, A., Wilson, K., Joseph, L., Thurm, A., Torres, E., Blumenthal, J., Kenworthy, L., & Raznahan, A. (2022, April). Deep phenotypic comparison of X- and Y-chromosome dosage effects on psychopathology. Poster presented at the 13<sup>th</sup> Annual Julius Axelrod Symposium, National Institute of Mental Health, Bethesda, MD.
- Bwint, A., Fairlie, S., & \*\*Schaffer, L. (2021, April). A systematic review and metaanalysis of the stability of peripheral immune markers in healthy adults. Poster presented at the Laurel Highlands Undergraduate Psychology Research Virtual Conference, St. Francis University, Loretto, PA.
- \*Schaffer, L., Manuck, S., Natale, B., Marsland, A.L. (2021, April). Investigating neuroticism as a moderator of inflammatory and autonomic responses to acute psychological stress. Poster presented at Annual Psychology Department Undergraduate Student Research Poster Session, University of Pittsburgh, Pittsburgh, PA.

## WORKSHOPS AND SUPPLEMENTAL TRAINING

Towards a New Science of Mental Disorders: Bridging Evolution and Genetics International School of Ethology, The Ettore Majorana Foundation and Centre for Scientific Culture, 2024

**International Statistical Genetics Workshop – Latent Genetics Course** 

Institute for Behavioral Genetics, 2024

# **NIH Diversity and Inclusion Seminar Series**

National Institutes of Health, 2022

# Advanced Statistical Analysis Using R

Foundation for Advanced Education in the Sciences, 2022

## **NIMH Trainee Statistics Seminar**

National Institute of Mental Health, 2021

## **CLINICAL EXPERIENCE**

## Student Therapist, Raimy Psychology Clinic,

2024-Present

University of Colorado Boulder

• Supervisor: Tamar Kodish, PhD

# Clinical Research Fellow, Outpatient Behavioral Health Clinic,

2021-2023

National Institutes of Health

• Supervisors: Srishti Rau, PhD & Liv Clasen, PhD

#### TEACHING EXPERIENCE

### **Graduate Teaching Assistant**

Fall 2024

Psychological Statistics – Primary Instructor: Dr. Ryan Curtis

University of Colorado Boulder

### **Undergraduate Teaching Assistant**

Multiple

Biochemistry – Primary Instructor: Dr. Erica McGreevy

Psychology of Personality – Primary Instructor: Quyen Do, PhD Candidate

Foundations of Biology I – Primary Instructor: Dr. Erica McGreevy

University of Pittsburgh

### **AD-HOC PEER REVIEWER**

- Developmental Medicine & Child Neurology
- Child Development
- Journal of the American Academy of Child and Adolescent Psychiatry

#### **PROFESSIONAL AFFILIATIONS**

- Behavior Genetics Association, Associate Member
- International Society of Psychiatric Genetics, Member

# Symposium Chair – "Novel Investigations into the Genetic Architectures of Neurodevelopmental Disorders and Traits"

54th Annual Behavior Genetics Association Meeting, London, UK, 2024

# Psychologists Advocating for Systemic Training in Antiracism, President

Professional organization aimed towards eliminating systemic boundaries in the field of clinical psychology and fostering allyship towards marginalized communities

# NextGen Psych Scholars Program, Mentor

Mentor undergraduate and post-baccalaureate students from marginalized backgrounds interested in doctoral-level training in psychology and related fields

## **Project SHORT, Mentor**

Mentor undergraduate and post-baccalaureate students in the process of applying to graduate or professional school

## Brain Exercise Initiative, Volunteer

Lead individuals with Alzheimer's disease through weekly sets of research-based writing, reading, and math exercises with hopes of attenuating rates of cognitive decline

## Curiologie in the Classroom, Volunteer / Lesson Leader

Assist in leading monthly, interactive, after-school lessons to foster excitement for the sciences

#### **SKILLS**

Coding and data analysis: R, SPSS, data visualization, structural equation modeling

Applications: R Studio, R Markdown, REDCap, Microsoft Office

#### PRIMARY RESEARCH INTERESTS

- Behavioral & psychiatric genetics
- Autism spectrum disorders
- Child and adolescent development
- Social behavior
- Biological psychology
- Science communication & dissemination