CAREER DECISION-MAKING

SELF ASSESSMENT
Interests, Values, Skills,
Personality Traits,
Strengths, Work History,
Family Influence,
Personal Constraints

IDENTIFYING AND EXPLORING OPTIONS
* Research
* Informational Interviews
* Experience: Volunteer, Job Shadow

GOAL-SETTING AND PLANNING
* Select career/job goal
* Develop an action plan

IMPLEMENTING THE PLAN
* Prepare Resume
* Network
* Interview Preparation
* Education, Training, Volunteering
* Career Coaching
* Current Job Duties Discussions

JOB SELECTION or REFINEMENT
* Job Interviews and
* Job Selection or
* Pursue degree/training or
* Current Job Realignment

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