

Lecture 4

(4.1)

Time-independent Perturbation Theory

▲ problem: solved H_0 prob. exactly

want to know soln for $H = H_0 + H_1$,

where perturbing Hamiltonian $H_1 \ll H_0$

Ex. H_0 Coulomb field of e & nucleus

H_1 is an additional E or B fields.

time-independent p.t.: H_1 is const in t.

▲ solution:

A. Nondegenerate case of H_0 .

know $|n^0\rangle, E_n^0$ i.e. solved $H_0|n^0\rangle = E_n^0|n^0\rangle$

\Rightarrow take: $|n\rangle = |n^0\rangle + |n^1\rangle + |n^2\rangle + \dots$

$$E_n = E_{n^0} + E_{n^1} + \dots$$

$|n^k\rangle, E_n^k$ — k^{th} order (in powers of H_1)
correction to unperturbed approximation.

(A) Nondegenerate Perturbation theory:

(4.2)

What are these?

$$H|n\rangle = E_n|n\rangle$$

$$(H_0 + H_1)[|n^0\rangle + |n^1\rangle + \dots] = (E_n^0 + E_n^1 + \dots)[|n^0\rangle + \dots]$$

now iteratively solve above eqn in $H_1 \ll H_0$

• 0th order: $H_0|n^0\rangle = E_n^0|n^0\rangle \Rightarrow E_n^0 = E_n$

• 1st order: $H_0|n^1\rangle + H_1|n^0\rangle = E_n^0|n^1\rangle + E_n^1|n^0\rangle$

$\langle n^0| \Rightarrow$

$$\langle n^0|H_0|n^1\rangle + \langle n^0|H_1|n^0\rangle = E_n^0\langle n^0|n^1\rangle +$$

$$+ E_n^1 \underbrace{\langle n^0|n^0\rangle}_1$$

$$\Rightarrow \boxed{E_n^1 = \langle n^0|H_1|n^0\rangle}$$

$\langle m^0| \quad (m \neq n) \Rightarrow$

$$\underbrace{\langle m^0|H_0|n^1\rangle}_{E_m^0\langle m^0|n^1\rangle} + \langle m^0|H_1|n^0\rangle = E_n^0\langle m^0|n^1\rangle + \underbrace{E_n^1\langle m^0|n^0\rangle}_0$$

$$\Rightarrow \langle m^0|n^1\rangle = \frac{\langle m^0|H_1|n^0\rangle}{E_n^0 - E_m^0}$$

what about $\langle n^0|n^1\rangle$? via overall normalization

$$1 = \langle n|n\rangle = (\langle n^0| + \underbrace{\langle n^1|}_{\text{no } |n^0\rangle \text{ contr.}} + \langle n^2|) (|n^0\rangle + \dots)$$

$$\Rightarrow 1 = \langle n^0 | n^0 \rangle + \langle n_{II}^1 | n^0 \rangle + \langle n^0 | n_{II}^1 \rangle$$

$$\Rightarrow \langle n_{II}^1 | n^0 \rangle + \langle n^0 | n_{II}^1 \rangle = 0 \quad (\text{used } \langle n^0 | n_{I}^1 \rangle = 0)$$

purely imaginary
 $\Rightarrow \langle n^0 | n_{II}^1 \rangle = i\alpha$

$$\Rightarrow |n\rangle = |n^0\rangle e^{i\alpha} + \sum_{m \neq n} C_m^{(1)} |m^0\rangle$$

can drop $e^{i\alpha}$ by redefinition $|n\rangle \rightarrow e^{i\alpha} |n\rangle$

& dropping α in $|n^1\rangle$ to 1st order in H_1

note: $\langle n^1 | n^0 \rangle = 0$

• 2nd order:

$$H^0 |n^2\rangle + H^1 |n^1\rangle = E_n^0 |n^2\rangle + E_n^1 |n^1\rangle + E_n^2 |n^0\rangle$$

$\langle n^0 | \Rightarrow$

$$\langle n^0 | H^0 |n^2\rangle + \langle n^0 | H^1 |n^1\rangle = E_n^0 \langle n^0 | n^2 \rangle + E_n^1 \langle n^0 | n^1 \rangle + E_n^2 \langle n^0 | n^0 \rangle$$

$$\Rightarrow E_n^2 = \langle n^0 | H^1 |n^1\rangle = \sum_m' \frac{\langle n^0 | H^1 |m^0\rangle \langle m^0 | H^1 |n^0\rangle}{E_n^0 - E_m^0}$$

$$E_n^2 = \sum_m' \frac{|\langle n^0 | H^1 |m^0\rangle|^2}{E_n^0 - E_m^0}$$

... can keep going to arbitrary order.

$$\textcircled{1} |n\rangle = \left(|n^0\rangle + \sum_{m \neq n} \frac{\langle m^0 | H' | n^0 \rangle}{E_n^0 - E_m^0} |m^0\rangle \right) N'$$

$$\textcircled{2} E_n = E_n^0 + \langle n^0 | H' | n^0 \rangle + \sum_{m \neq n} \frac{|\langle m^0 | H' | n^0 \rangle|^2}{E_n^0 - E_m^0}$$

where N is normalization of perturbed state $|n\rangle$

$N = ?$

$$\langle n | n \rangle = N^2 \left(1 + \sum'_m |c_m|^2 \right)$$

$$\Rightarrow N = \frac{1}{\sqrt{1 + \sum'_m |c_m|^2}} \approx 1 - \frac{1}{2} \sum'_m |c_m|^2 + \dots$$

can one calculate E_n via $\langle n | H | n \rangle$ instead of $\textcircled{2}$? Yes, but need to keep track of N above.

$$H = H_0 + H'$$

$$E_n = \langle n | H_0 + H' | n \rangle = \langle n | H_0 | n \rangle + \langle n | H' | n \rangle$$

$$= N^2 \left[\left(\langle n^0 | + \sum'_m c_m^* \langle m^0 | \right) H_0 \left(|n^0\rangle + \sum'_m c_m |m^0\rangle \right) + \left(\langle n^0 | + \sum'_m c_m^* \langle m^0 | \right) H' \left(|n^0\rangle + \sum'_m c_m |m^0\rangle \right) \right]$$

$$E_n = N^2 \left[E_n^0 + \sum_m' |C_m|^2 E_m^0 + \langle n^0 | H' | n^0 \rangle + \sum_m' (C_m^* \langle m^0 | H' | n^0 \rangle + C_m \langle n^0 | H' | m^0 \rangle) + \text{high order terms} \right]$$

$$E_n = \left(1 - \frac{1}{2} \sum_m' |C_m|^2 \right)^2 \left[\dots \right] \left(\frac{\langle m^0 | H' | n^0 \rangle}{E_n^0 - E_m^0} \right)^2 \text{ (3rd order)}$$

$$E_n \approx \left[E_n^0 - \sum_m' |C_m|^2 (E_n^0 - E_m^0) + \langle n^0 | H' | n^0 \rangle + 2 \sum_m' \frac{|\langle m^0 | H' | n^0 \rangle|^2}{E_n^0 - E_m^0} + \mathcal{O}(3^{rd}) \right]$$

$$E_n \approx E_n^0 + \langle n^0 | H' | n^0 \rangle + \sum_m' \frac{|\langle m^0 | H' | n^0 \rangle|^2}{E_n^0 - E_m^0}$$

✓ agrees w/ 2nd order p.t.

Comments:

- strongest effect from nearby levels due to small denominator
- 2nd order correction $E_0^{(2)} < 0$
- level repulsion
- connection to variational method:

recall $E_0^{\text{varrat}} = \langle \Psi | H | \Psi \rangle$

$$= \langle n^0 | H_0 + H_1 | n^0 \rangle$$

e.g. $| \Psi \rangle = | n^0 \rangle = E_0^{(0)} + \underbrace{\langle n^0 | H_1 | n^0 \rangle}_{E_0^{(1)}}$

↑
simplest
choice.

but pert. theory shows that

$$E_0^{\text{var}} > E_0 = E_0^{(0)} + E_0^{(1)} - |E_0^{(2)}|$$

as expected since E_0^{var} is upper bound

- P.T. is only ok if $\left| \frac{\langle m^0 | H_1 | n^0 \rangle}{E_n^0 - E_m^0} \right| \ll 1$
want large gaps in unperturbed spectrum, fails with gapless excitations → nondegenerate.

- $|n\rangle = |n^0\rangle + \sum_{m \neq n} c^{(m)} |m^0\rangle$

~
admixture of states
other than $|n\rangle$

- selection rules essential; e.g. $\langle m | H_1 | n \rangle$ might vanish!

Examples

1. shifted harmonic oscillator:
'toy' model of dc Stark shift

$$H = \frac{p^2}{2m} + \frac{1}{2} m\omega^2 x^2 - q\mathcal{E}x$$

• Exact soln: (recall final exam P5250)

$$H = \frac{p^2}{2m} + \frac{1}{2} m\omega^2 \left(x - \frac{q\mathcal{E}}{m\omega^2} \right)^2 - \frac{q^2\mathcal{E}^2}{2m\omega^2}$$

$\underbrace{\hspace{10em}}_{\text{shift in } \langle x \rangle = \alpha}$ $\underbrace{\hspace{10em}}_{\text{in } E_n}$

$$\Rightarrow E_n = \hbar\omega\left(n + \frac{1}{2}\right) - \frac{q^2\mathcal{E}^2}{2m\omega^2}$$

$$\Psi_n(x) = N_n H_n\left(\frac{x-\alpha}{x_0}\right) e^{-\frac{(x-\alpha)^2}{2x_0^2}}$$

Note: $\alpha = \frac{q\mathcal{E}}{m\omega^2}$ is also a classical equilibrium shift

Taylor expand E_n, Ψ_n in $\left(\frac{\alpha}{x_0}\right)^2 = \frac{q^2\mathcal{E}^2/2m\omega^2}{\hbar\omega} \ll 1$

$$E_n = E_n^0 - \frac{q^2\mathcal{E}^2}{2m\omega^2}$$

only quadratic correction \rightarrow exact 2nd order p.t.
note $E_n^{(2)} < 0$ as expected.

$$\Psi_0(x) = N_0 e^{-\frac{(x-\alpha)^2}{2x_0^2}} = \underbrace{\Psi_0^{(0)}(x)}_{\text{normaliz. correction.}} e^{+\frac{x\alpha}{x_0^2} - \frac{\alpha^2}{2x_0^2}}$$
$$1 + \frac{\alpha}{x_0^2}x + \frac{\alpha^2}{2x_0^4}x^2 + \dots$$
$$H_1(x) + H_2(x) + \dots$$

more formally translation op. by a

$$|n\rangle = T(a) |n^0\rangle = e^{-i\frac{a}{\hbar}P} |n^0\rangle$$

$$T(a) f(x) = e^{-a\partial_x} f(x) = f(x-a) \checkmark$$

$$\approx (\mathbb{I} - i\frac{a}{\hbar}P) |n^0\rangle$$

$$= (\mathbb{I} - i\frac{a}{\hbar} (\frac{\hbar m\omega}{2})^{1/2} \frac{a-a^\dagger}{i}) |n^0\rangle$$

$$|n\rangle \approx |n^0\rangle + \frac{q\varepsilon}{(2m\hbar\omega^3)^{1/2}} [(n+1)^{1/2} |n+1^0\rangle - n^{1/2} |n-1^0\rangle]$$

$$\begin{cases} x = \frac{x_0}{\sqrt{2}} (a^\dagger + a) \\ p = \frac{i\hbar}{\sqrt{2}x_0} (a^\dagger - a) \end{cases}$$

• perturbation theory:

$$H = H^0 + H^1$$

1st order

$$E_n^1 = \langle n^0 | H^1 | n^0 \rangle = -q\varepsilon \langle n^0 | x | n^0 \rangle$$

$E_n^1 = 0$ ← example of selection rules

Parity ✓ \blacktriangle coord. repres. $\langle n^0 | x | n^0 \rangle \propto \int_{-\infty}^{\infty} |\psi_n^0|^2 x = 0$
odd in x

phonon ✓ \blacktriangle $x = \frac{x_0}{\sqrt{2}} (a^\dagger + a)$
 conservation

$$\Rightarrow \langle n^0 | x | n^0 \rangle \propto \langle n^0 | a^\dagger | n^0 \rangle + \langle n^0 | a | n^0 \rangle = 0$$

Physics: dipolar interaction $\vec{d} \cdot \vec{E}$, but $\langle \vec{d} \rangle = 0$
 in all eigenstates of H.O. $\Rightarrow E_n^1 = 0$. But expect to
 2nd order $E_n^{(2)} \neq 0$ since \vec{d} is induced to linear order
 in \vec{E} : $\vec{d} = \chi \vec{E} \Rightarrow \vec{d} \cdot \vec{E} \approx \frac{1}{2} \chi_n E^2 = E_n^{(2)}$

↙ linear in ϵ

$$|n\rangle = |n^0\rangle + |n^1\rangle + \dots$$

exhibits $\vec{d} \propto \vec{x}$

$$\Rightarrow \langle n | \vec{x} \cdot \vec{\epsilon} | n \rangle \propto \epsilon^2 \checkmark$$

$$|n\rangle = |n^0\rangle + \sum_m |m^0\rangle \frac{\langle m^0 | (-q\epsilon \frac{\hbar}{2m\omega})^{1/2} (a+a^\dagger) | n^0 \rangle}{E_n^0 - E_m^0}$$

$$|n\rangle = |n^0\rangle + q\epsilon \left(\frac{1}{2m\hbar\omega^3}\right)^{1/2} \left[(n+1)^{1/2} |n+1^0\rangle - n^{1/2} |n-1^0\rangle \right]$$

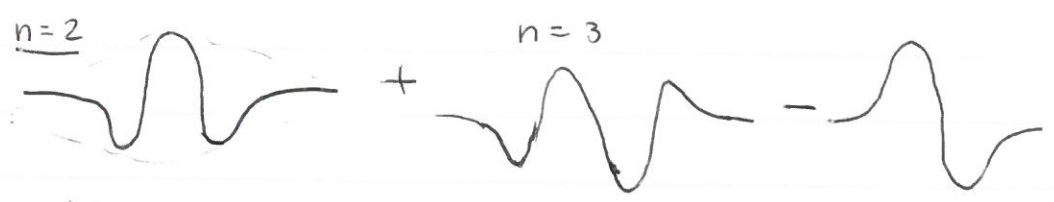
$\propto \frac{q\epsilon x_0}{\hbar\omega}$ ← rigidity of spring
 admixture ± 1 vibrational quanta states.

Note:

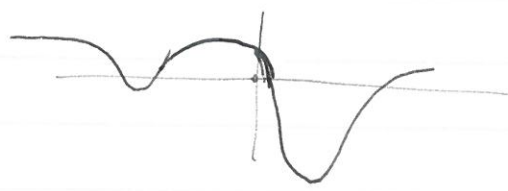
- response (admixture)
 - 0 as $\omega \rightarrow \infty$
 - ↗ as $q\epsilon \uparrow$

• in coord. representation:

$$\Psi_n(x) = \Psi_n^0(x) + \# (\Psi_{n+1}^0(x) \sqrt{n+1} - \Psi_{n-1}^0(x) \sqrt{n})$$



biased toward $x > 0 \Rightarrow d > 0$



2nd order

$$E_n^{(2)} = \langle n^0 | H' | n^0 \rangle = \sum_m \frac{|\langle m^0 | H' | n^0 \rangle|^2}{E_n^0 - E_m^0}$$

$$= q^2 \epsilon^2 \frac{\hbar}{2m\omega} \left(\frac{n+1}{-\hbar\omega} + \frac{n}{\hbar\omega} \right)$$

$$E_n^{(2)} = -\frac{1}{2} \left(\frac{q^2}{m\omega^2} \right) \epsilon^2$$

$\chi_n = \frac{q^2}{m\omega^2}$ - polarizability \Rightarrow units are (length)³ (linear)

$$d = -\frac{\partial E_n}{\partial \epsilon} = \chi \epsilon$$

$$\left| \frac{q^2}{m\omega^2} = \frac{q^2 x_0}{\hbar\omega} \frac{\hbar}{m\omega^2} \right.$$

$$= \left[\frac{E_{\text{total}}}{\hbar\omega} x_0^3 \right] x_0^2 \checkmark$$

Note: $E_n^{(2)} < 0$ since energy is reduced due to interaction of induced d with ϵ

All higher order corrections $E_n^{(k)} = 0$, from exact soln or explicit calculations to kth order.

Digression on Selection Rules:

general statement:

▲ special case

$$[\Omega, H'] = 0$$

$$\Rightarrow \langle \alpha_2 \omega_2 | H' | \alpha_1 \omega_1 \rangle = 0, \text{ unless } \omega_1 = \omega_2$$

$$0 = \langle \omega_2 | [\Omega, H_1] | \omega_1 \rangle$$

$$= (\omega_2 - \omega_1) \langle \omega_2 | H_1 | \omega_1 \rangle \Rightarrow$$

$$\Rightarrow \langle \omega_2 | H_1 | \omega_1 \rangle = 0 \text{ unless } \omega_1 = \omega_2.$$

Ex's:

- $H_1 = Z$ - invariant under U_2 rotation

$$\Rightarrow [L_z, H_1] = 0 \Rightarrow$$

$$\langle m_2 | H_1 | m_1 \rangle = 0, \text{ unless } m_1 = m_2$$

i.e. conservation of z-component of L_z

- $H_1 = X^2$ - even under parity P

$$[P, X^2] = 0 \Rightarrow \langle P | X^2 | P' \rangle = 0$$

unless $P = P'$

$$\text{i.e., } \langle + | X^2 | + \rangle \neq 0 \neq \langle - | X^2 | - \rangle$$

$$\text{but } \langle + | X^2 | - \rangle = 0$$

when $[\Omega, H_1] = 0$

\Rightarrow we say: " H_1 carries no Ω ", i.e. when acting on state, it imparts no Ω to it

i.e. $\Omega(H_1 |w_i\rangle) = w_i (H_1 |w_i\rangle)$

▲ generalization to H_1 that "carries Ω 'charge' "

$[\Omega, H_1] = \Delta\omega H_1$

$\Rightarrow H_1$ acts like ladder op. wrt Ω charge w raising it by $\Delta\omega$

$\Omega(H_1 |w_i\rangle) = (w_i + \Delta\omega)(H_1 |w_i\rangle)$

$\Rightarrow (H_1 |w_i\rangle) = \# |w_i + \Delta\omega\rangle !$

$\Rightarrow \langle w_2 | H_1 |w_1\rangle = \# \langle w_2 | w_1 + \Delta\omega\rangle$
 $= \# \delta_{w_2, w_1 + \Delta\omega} !$

EX'S:

• $\Omega = \hat{n}$, $H_1 = a^\dagger \leftarrow$ has "charge" of +1

$\Rightarrow \langle n_2 | a^\dagger |n_1\rangle \propto \delta_{n_2, n_1+1}$ $[n, a^\dagger] = a^\dagger$

$\Rightarrow H_1 = a$, $[\hat{n}, a] = -a \leftarrow$ "charge" = -1

$\Rightarrow \langle n_2 | a |n_1\rangle \propto \delta_{n_2, n_1-1}$

• $\Omega = P$, $M_1 = X \rightarrow$ odd under parity

$[P, X] \neq 0$, actually $PX + XP = 0$

$$P|p\rangle = p|p\rangle \Rightarrow P(X|p\rangle) = -P(X|p\rangle)$$

$$\Rightarrow \langle p|X|p'\rangle$$

changes parity
+ \rightarrow -
- \rightarrow +

$$= \langle p|-p'\rangle = 0 \text{ unless } p \neq p' \text{ i.e. opposite parity}$$

• Spherical tensor op's T_J^M

operators that transform under rotation like states with $(L, L_z) = (J, M)$ namely under rot.

$$\hat{U}^\dagger \hat{T}_J^M \hat{U} = \sum_{M'} R_{MM'}^{(J)} T_J^{M'}$$

$$\Rightarrow \langle j_2, m_2 | T_J^M | j_1, m_1 \rangle = 0$$

unless $\begin{cases} j_1 + J \geq j_2 \geq |j_1 - J| & \text{addition of } J\text{'s} \\ m_2 = m_1 + M & J_z \end{cases}$

tensor op carries angular momentum (J, M)

explicit real space representation are

spherical harmonics: $T_J^M = Y_{JM}(\theta, \varphi)$

(thought of as coord. repr. ops, rather than wavefns)

⇒ Wigner - Eckart Thm

$$\triangle H_1 = Z \sim T_1^0 \leftarrow M=0 \text{ component of } J=1 \text{ ops.}$$

$$(T_1^{\pm 1} \propto X \pm iY)$$

$$\Rightarrow \langle j_2 m_2 | Z | j_1 m_1 \rangle = 0$$

$$\text{unless } \begin{cases} j_2 = j_1 + 1, j_1, j_1 - 1 \\ \text{and } m_2 = m_1 + 0 \end{cases}$$

$$\triangle H = X \text{ or } Y (\sim T_1^{\pm 1})$$

$$\langle j_2 m_2 | X \text{ or } Y | j_1 m_1 \rangle = 0$$

$$\text{unless } \begin{cases} j_2 = j_1 + 1, j_1, j_1 - 1 \\ m_2 = m_1 \pm 1 \end{cases} \text{ and}$$

△ combine parity & J selection rules:

$$\langle l_2 m_2 | Z | l_1 m_1 \rangle = 0$$

$$\text{unless } \begin{cases} l_2 = l_1 \pm 1 \\ m_2 = m_1 \end{cases} \quad (l_2 = l_1 \text{ violates parity since } Z \text{ is odd})$$

⇒ dipole selection rules

$$H_{\text{dipole}} = -q\vec{r} \cdot \vec{E} \Rightarrow \langle \vec{r} \rangle$$

$$\begin{aligned} & \& \langle l m \rangle \\ & p = (-1)^l \Rightarrow \underline{l_1 \neq l_2} \end{aligned}$$

• Tensor operators (under rotation)

- Scalars (tensors of rank 0)

$$T^{(0)} \xrightarrow{R} T'^{(0)} = U_R T^{(0)} U_R^\dagger = T^{(0)}$$

i.e. using $U_R = e^{-\frac{i}{\hbar} \vec{J} \cdot \vec{\Theta}}$ & looking at infinitesimal $\vec{\Theta} \Rightarrow$

$$[T^{(0)}, \vec{J}] = 0 \Leftrightarrow [J_\pm, T^{(0)}] = [J_z, T^{(0)}] = 0$$

Ex. of $T^{(0)}$ are: $H, L^2, \text{etc.}$

- vectors (tensors of rank 1)

$$T_i^{(1)} \rightarrow T'_i{}^{(1)} = U_R T_i^{(1)} U_R^\dagger = \sum_j R_{ij} T_j^{(1)}$$

$\begin{matrix} \uparrow \\ x, y, z \end{matrix}$ 3 operators that mix with each other $\begin{matrix} \uparrow \\ 3 \times 3 \text{ rot. matrix} \end{matrix}$

$$\Rightarrow [T_i^{(1)}, J_j] = i\hbar \sum_j \epsilon_{ijk} T_k^{(1)}$$

Ex. of $T^{(1)}$ are: $\vec{J}, \vec{L}, \vec{S}, \vec{p}, \vec{r}, \dots$

- Tensor of rank 2

$$T_{ij}^{(2)} \rightarrow T'_{ij}{}^{(2)} = U_R T_{ij}^{(2)} U_R^\dagger = \sum_{i'j'} R_{ii'} R_{jj'} T_{i'j'}^{(2)}$$

Cartesian Tensors

9 operators that mix with each other under rotation

- Cartesian tensor operators of rank n

$T_{i_1 i_2 \dots i_n}^{(n)}$ - 3^n operators that all mix under rotation.

Examples: $T^{(0)} = r^2$, $T_i^{(1)} = r_i = (x, y, z)$

$T_{ij}^{(2)} = r_i r_j$, $T_{ijk}^{(3)} = r_i r_j r_k = (x^3, y^3, z^3, x^2 y, \text{etc})$
 $= (x^2, y^2, z^2, xy, xz, yz)$

... but these do not transform irreducibly i.e. more of them mix than have to by properties of \vec{J} & rotation group.

- Spherical tensors of rank j

T_j^m has $2j+1$ components $m = j, j-1, \dots, -j$

$$T_j^m \xrightarrow{R} U_R T_j^m U_R^\dagger = \sum_{m'} D_{mm'}^{(j)} T_j^{m'}$$

transforms irreducibly like $|j m\rangle$ eigenkets under $U_R |j m\rangle = \sum_{m'} D_{mm'}^{(j)} |j m'\rangle$

T_j^m are convenient because transform simply under rotation; example $T_j^m = Y_{jm}(\theta, \phi)$

Ex. $j=0 ; T_0^0 = 1.$

$j=1 ; T_1^m = (T_1^{+1}, T_1^0, T_1^{-1}) =$

$= (x+iy, z, x-iy) = r Y_1^m(\theta, \varphi)$

→ Consider infinitesimal rot ⇒

$[J_{\pm}, T_j^m] = \pm \hbar [j(j+1) - m(m \pm 1)]^{1/2} T_j^m$

$[J_z, T_j^m] = \hbar m T_j^m$

→ T_j^m are interesting b.c. transform simply and:

$$U_R (T_{j_1}^{m_1} |j_2 m_2\rangle) = U_R T_{j_1}^{m_1} U_R^\dagger U_R |j_2 m_2\rangle$$

$$= \sum_{\substack{m_1' \\ m_2'}} D_{m_1, m_1'}^{(j_1)} D_{m_2, m_2'}^{(j_2)} (T_{j_1}^{m_1'} |j_2 m_2'\rangle)$$

⇒ $T_{j_1}^{m_1} |j_2 m_2\rangle$ transforms like a direct product ket $|j_1, m_1\rangle \otimes |j_2, m_2\rangle!$

⇒ $T_{j_1}^{m_1} |j_2 m_2\rangle$ imparts j_1 angular momentum with component m_1 to $|j_2 m_2\rangle$ producing a ket with $j = j_1 + j_2, j_1 + j_2 - 1, \dots, |j_1 - j_2|$ & $m = m_1 + m_2$

⇒ know a lot about matrix elements of T_j^m

$$\langle n_2 j_2 m_2 | T_j^m | n_1 j_1 m_1 \rangle = 0$$

unless $j_1 + j_2 \geq j_2 \geq |j_1 - j_2|$, $m_2 = m_1 + m$

⇒ Selection rules required by conserv. of angular momentum (rot. invariance).

Hence given a tensor operator, it is very convenient to decompose it into spherical tensors T_j^m , whose matrix elements can be assessed to be 0 (or not) just by rot. invariance selection rules!

- Relation between Cartesian & spherical tensors

• scalar (rank 0), only one → same.

$$\Rightarrow \text{Ex. } \langle n_2 j_2 m_2 | T_0^0 | n_1 j_1 m_1 \rangle = 0$$

unless $j_1 = j_2$ & $m_1 = m_2$

• vector (rank 1) T_x, T_y, T_z cartesian & T_1^+, T_1^0, T_1^-

$$\Rightarrow T_1^\pm = T_x \pm iT_y, T_1^0 = T_z$$

(e.g. $Y_1^\pm = (x \pm iy) \frac{1}{r} = e^{\pm i\phi}$, $Y_1^0 = \frac{z}{r} = \cos\theta$)

Ex's

$$\Rightarrow \langle n_2 j_2 m_2 | T_x | n_1 j_1 m_1 \rangle = \langle n_2 j_2 m_2 | \frac{T_1^- - T_1^+}{\sqrt{2}} | n_1 j_1 m_1 \rangle$$

$$= 0, \text{ unless } j_1 + 1 \geq j_2 \geq |j_1 - 1| \text{ \& } m_2 = m_1 \pm 1$$

$$\langle n_2 j_2 m_2 | T_z | n_1 j_1 m_1 \rangle = \langle n_2 j_2 m_2 | T_1^0 | n_1 j_1 m_1 \rangle$$

$$= 0, \text{ unless } j_1 + 1 \geq j_2 \geq |j_1 - 1|, m_2 = m_1$$

- rank $n > 1$

3^n Cartesian tensors $T_{i_1 i_2 \dots i_n}$

$>$
 $2n + 1$ Spherical tensors $T_n^{m_n}$

Ex. $n = 2 \Rightarrow 9 T_{ij}$'s

& $j = 2 \Rightarrow 5 T_2^m$'s

$l=2: m=\pm 2 \quad x^2 - y^2 \pm i 2xy \cdot e^{\pm i 2\phi}$
 $m=\pm 1 \quad zx \pm izy \cdot e^{\pm i\phi}$
 $m=0 \quad r^2 - 3z^2 = x^2 + y^2 - 2z^2$
 $l=1: m=\pm 1 \quad \vec{r} \times \vec{p} = \vec{V} \Rightarrow V_x \pm i V_y$
 $m=0 \quad V_z$

That's because Cartesian tensors are reducible, since they transform as n^{th} tensor product of rank tensor

$$T_{ijk} = T_i \otimes T_j \otimes T_k$$

recall for states $|j_1 m_1\rangle \otimes |j_2 m_2\rangle =$

$$= \sum_m |j m\rangle \underbrace{\langle j m | j_1 m_1 j_2 m_2 \rangle}_{\text{CG coeff.}}$$

$j_1 + j_2 \geq j \geq |j_1 - j_2|$

Ex. $T_{ij} = T_i \otimes T_j = T_0^0 + \sum_{m=1,0,-1} C_m^{(1)} T_1^m +$

$3 \cdot 3 = 9 = 1 + 3 + 5$ + $\sum_{m=\pm 2, \pm 1, 0} C_m^{(2)} T_2^m$

$\Rightarrow T_{ij}$ consists of 5

3 irreducible representations: a scalar ($j=0$), a vector ($j=1$) and a rank-2 spherical tensor ($j=2$).

\Rightarrow Wigner-Eckart Thm:

$\langle n_2 j_2 m_2 | T_j^m | n_1 j_1 m_1 \rangle$

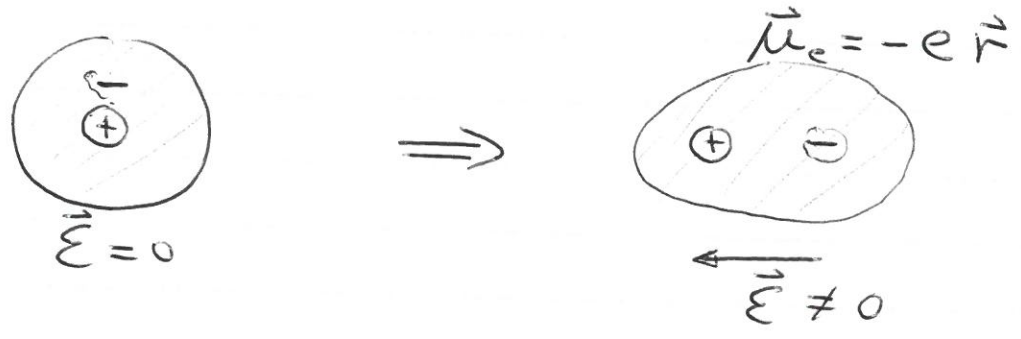
$= \underbrace{\langle n_2 j_2 || T_j || n_1 j_1 \rangle}_{\text{an overall radial factor independent of orientation}} \underbrace{\langle j_2 m_2 | j m; j_1 m_1 \rangle}_{\text{selection rules = C-G coeff}}$

For more details see Shankar; Schiff, L&L.

2. Application of P.T. to Stark effect (Herbert)

(utility of dipole selection rules)

Stark effect - response to constant \vec{E} field.



$$H_1 = -e\phi(\vec{r}_-) + e\phi(\vec{r}_+)$$

$$= +e(\underbrace{\vec{r}_- - \vec{r}_+}_{\vec{r}}) \cdot \vec{E} \equiv -\vec{\mu}_e \cdot \vec{E}$$

$\vec{\mu}_e = -e\vec{r}$; take $\vec{E} = E\hat{z}$

Complete analogy with shifted h. oscill.

1st order:

$$E'_{100} = \langle 100 | eEz | 100 \rangle$$

g.s. = 0 via parity, or Wigner-Eckart thm

$$= N \int_0^{2\pi} d\phi \int_0^\pi d\theta \sin\theta \cos\theta \int_0^\infty dr r^3 |R(r)|^2$$

Physically: charge distribution is spherically symmetric in g.s. (in excited states at least azimuthally symmetric, which is enough) $\Rightarrow \langle \vec{\mu}_e \rangle = 0$

$$E_{100}^{(2)} = \sum'_{nlm} \frac{e^2 \epsilon^2 |\langle nlm | z | 100 \rangle|^2}{E_{100}^0 - E_{nlm}^0}$$

\uparrow ∞ # of terms. < 0 \checkmark

$$E_{100}^0 - E_{nlm}^0 = -E_{Ry} \left(1 - \frac{1}{n^2}\right) = -E_R \frac{n^2 - 1}{n^2} < 0$$

using dipole selection rules: $\frac{e^2}{2a_0}$, $a_0 = \frac{\hbar^2}{me^2}$

$$z \sim T_1^0 \Rightarrow l = 0 + 1 = 1, m = 0 \quad Y_{00} \sim \text{const}$$

$$\Rightarrow E_{100}^{(2)} = \sum_{n=2}^{\infty} \frac{e^2 \epsilon^2 |\langle n10 | z | 100 \rangle|^2}{E_1^0 - E_n^0}$$

$\sim \cos\theta = Y_{10}$ $Y_{10} \propto \cos\theta$

setting bounds:

$$|E_{100}^{(2)}| \leq \frac{e^2 \epsilon^2}{|E_{100}^0 - E_{200}^0|} \sum'_{nlm} |\langle nlm | z | 100 \rangle|^2$$

upper bound:

$$\Rightarrow |E_{100}^{(2)}| \leq \frac{8a_0^3 \epsilon^2}{3} = \langle 100 | z^2 | 100 \rangle - \underbrace{\langle 100 | z | 100 \rangle^2}_0 = a_0^2$$

lower bound:

$$|E_{100}^{(2)}| \geq \frac{e^2 \epsilon^2}{E_{Ry} = 3e^2/8a_0} |\langle 210 | z | 100 \rangle|^2 \quad \leftarrow \text{take only 1st term}$$

$$\Rightarrow |E_{100}^{(2)}| \geq (0.55) \frac{8a_0^3 \epsilon^2}{3} \quad \frac{2^{15} a_0^2}{3^{10}} \approx 0.55 a_0^2 \quad \text{In sum}$$

Actually can do sum exactly (see Shankar pg 462)

$$|E_{100}^{(2)}| = (0.84) \frac{8a_0^3 \epsilon^2}{3}$$

Induced moment $\vec{\mu} = \langle -e\vec{r} \rangle$

$$dW = +e\vec{E} \cdot d\vec{r} = -\vec{E} \cdot d\vec{\mu}$$

$$\vec{\mu} = \chi \vec{E}$$

$$\Rightarrow dW = -\chi \vec{E} \cdot d\vec{E}$$

$$\Rightarrow W = -\frac{1}{2} \chi E^2 = E_{100}^2$$

$$\Rightarrow \boxed{\chi = \frac{18}{4} a_0^3} = 0.56 \text{ \AA}^3$$

exact:

$$\langle n10 | z | 100 \rangle = \frac{1}{\sqrt{3}} \int_0^\infty r^2 dr R_{n10}(r) r R_{100}(r)$$

$$1^2 = \frac{1}{3} \frac{2^8 n^7 (n-1)^{2n-5}}{(n+1)^{2n+5}} a_0^2$$

(B.) Degenerate perturbation theory.

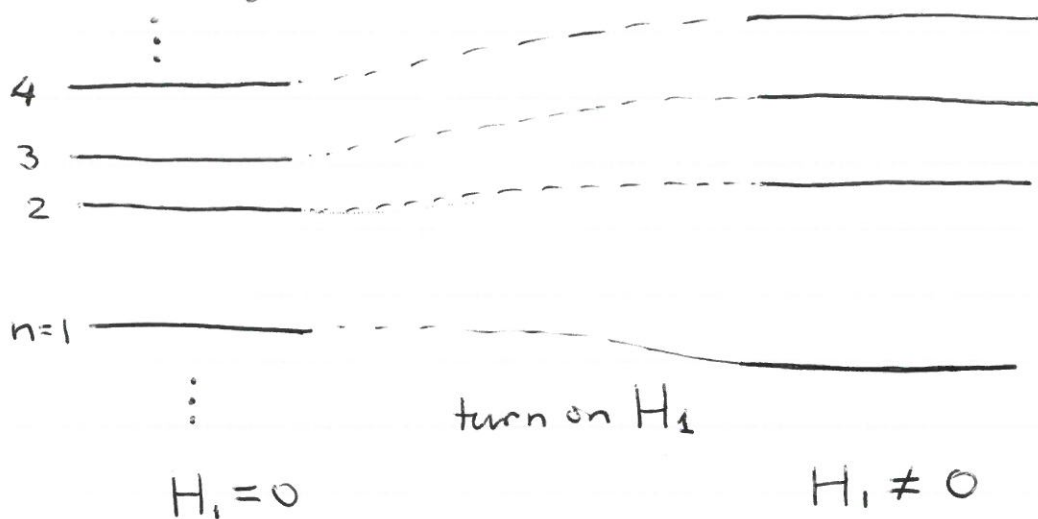
Clearly p.t (nondegen.) breaks down

$$\text{eg. } E_n^{(2)} = \sum_m \frac{|\langle m | H^1 | n \rangle|^2}{E_n^0 - E_m^0} \rightarrow \infty \text{ when}$$

there is degeneracy.

Need to treat degenerate set of states (also nearly degener. ones too) as a set

Physically:



levels never cross, large gaps \Rightarrow p.t. (nondegen.) is good.

$$H_0 |n, m\rangle = E_n^0 |n, m\rangle$$

E_n^0 is degenerate wrt m (independent of m)

$\Rightarrow |n, m\rangle$, for $m = 1, 2, \dots, M$ are degenerate.
what to do? \Rightarrow diagonalize H_1 in this (usually) finite degenerate subspace

$$\langle m | H_1 | m' \rangle = H_{mm'}^1$$

using basis $|\bar{m}\rangle = \sum_m c_m |m\rangle$

that diagonalizes

$H_{mm'}^1$ guarantees that E_n^2 is finite

since $\frac{|\langle \bar{m} | H_1 | \bar{m}' \rangle|^2}{E_m - E_{m'}} = 0 \quad \checkmark$

More formally, derivation of d.p.t.:

$$|n\rangle = \sum_i \alpha_i^{(n)} |n_i^0\rangle + \sum_i \beta_i^{(n)} |n_i^1\rangle + \dots$$

$$E_n = E_n^0 + E_n^1 + \dots$$

$$\Rightarrow (H_0 + H_1) |n\rangle = (E_n^0 + E_n^1 + \dots) |n\rangle$$

0th order: $H_0 \sum_i \alpha_i^n |n_i^0\rangle = E_n^0 \sum_i \alpha_i^n |n_i^0\rangle$

$$\Rightarrow H_0 |n_i^0\rangle = E_n^0 |n_i^0\rangle$$

N -fold degenerate space of states $|n_i^0\rangle$, $i=1, 2, \dots, N$
with eigenvalue E_n^0 .

1st order: $H_0 \sum_i \beta_i^{(n)} |n_i^0\rangle + H_1 \sum_i \alpha_i^{(n)} |n_i^0\rangle$

$= E_n^{(0)} \sum_i \beta_i^{(n)} |n_i^0\rangle + E_n^{(1)} \sum_i \alpha_i^{(n)} |n_i^0\rangle$

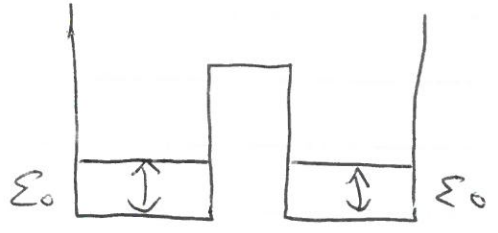
$\langle n_j^0 | \Rightarrow E_n^{(0)} \sum_i \beta_i^{(n)} \langle n_j^0 | n_i^0 \rangle + \sum_i \langle n_j^0 | H_1 | n_i^0 \rangle \alpha_i^{(n)} =$
 $= E_n^{(0)} \sum_i \beta_i^{(n)} \delta_{ji} + E_n^{(1)} \sum_i \alpha_i^{(n)} \delta_{ji}$

$\Rightarrow \sum_j H_{ij}^{(1)} \alpha_j^{(n)} = E_n^{(1)} \alpha_i^{(n)} \leftarrow N \times N$ eigenvalue problem.

$\Rightarrow E_{nm}^{(1)}, \alpha_{jm}^{(n)}, m = 1, 2, \dots, N \leftarrow$ eigenstates generally no longer degenerate.

Normalization: $\sum_{i=1}^N |\alpha_{im}^{(n)}|^2 = 1$.

Ex.



$H^{(0)}$ left/right diagonalized

$H_{L/R}^{(0)} |n_{L,R}^0\rangle = \epsilon_0 |L,R\rangle$

$\langle i | H^0 | j \rangle = \begin{matrix} L & R \\ \begin{pmatrix} \epsilon_0 & 0 \\ 0 & \epsilon_0 \end{pmatrix} \end{matrix}$

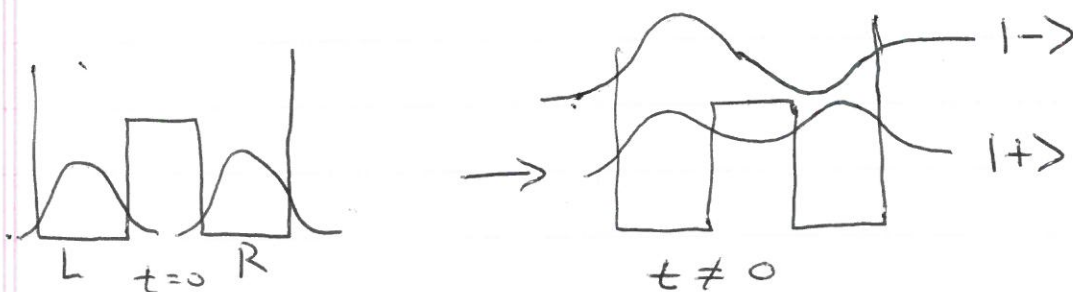
$\langle i | H^1 | j \rangle = \begin{pmatrix} 0 & -t \\ -t & 0 \end{pmatrix}$

$$H_{ij} \alpha_j = E^{(1)} \alpha_i$$

$$\Rightarrow \alpha_i^{\pm} = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ \pm 1 \end{pmatrix}, \quad E_{\pm}^{(1)} = \mp |t|$$

$$\Rightarrow \underline{E_{\pm} = E_0 \mp |t|}$$

independent of t
 δE linear in $|t|$



More generally:

$$\text{What if } H^0 |L/R\rangle = E_{L/R}^0 |L/R\rangle$$

& $E_L^0 \neq E_R^0$ i.e. close but not degenerate

$$\text{but } E_L^0 - E_R^0 \ll |E_{L,R}^0 - E_{n \neq L,R}^0|$$

\Rightarrow focus on $|L\rangle, |R\rangle$ subset of Hilbert space, to lowest order dropping all other states.

$$H_{ij} = \langle i | H | j \rangle, \quad |i\rangle = |L\rangle, |R\rangle$$

diagonalize H_{ij} in this 2×2 subspace.

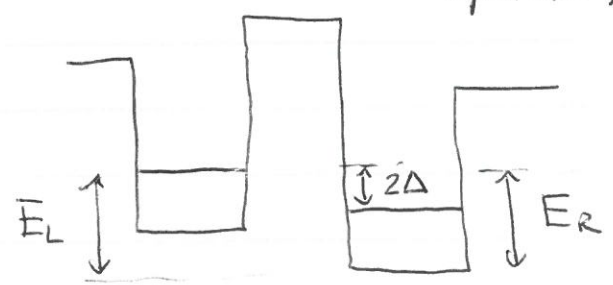
$$(H_0 + H_1)(\alpha_L |L\rangle + \alpha_R |R\rangle + |n'\rangle + \dots)$$

$$= E (\alpha_L |L\rangle + \alpha_R |R\rangle + |n'\rangle + \dots)$$

$$\begin{pmatrix} E_L^0 & H'_{LR} \\ H'_{RL} & E_R^0 \end{pmatrix} \begin{pmatrix} \alpha_L \\ \alpha_R \end{pmatrix} = E \begin{pmatrix} \alpha_L \\ \alpha_R \end{pmatrix}$$

$H'_{LR} = (H'_{RL})^*$ since $H = H^\dagger$ (Hermitian operator)

$$\det \begin{pmatrix} E_L^0 - E & -t \\ -t^* & E_R^0 - E \end{pmatrix} = 0$$



$$\Rightarrow (E_L^0 - E)(E_R^0 - E) = |t|^2$$

$$E^2 - (E_L^0 + E_R^0)E + E_L^0 E_R^0 - |t|^2 = 0$$

$$\Rightarrow \underline{E_{\pm} = E_0 \pm \sqrt{\Delta^2 + |t|^2}}$$

$(E_0 = \frac{1}{2}(E_L^0 + E_R^0))$
 $\Delta = \frac{1}{2}(E_L^0 - E_R^0)$
 linear

two limits:

1. $\Delta \ll |t|$: $E_{\pm} \approx E_0 \mp |t|$ (degenerate p.t.)

2. $\Delta \gg |t|$: $E_{\pm} \approx \underbrace{E_0 \mp \Delta}_{E_{L,R}} \mp \frac{|t|^2}{2\Delta}$ (nondegen. p.t.)

quadratic

2nd order

$$|v\rangle = \underbrace{\sum_i \alpha_i^{(v)} |i\rangle}_{\text{nearly degenerate subspace}} + \underbrace{\sum_{n \neq i} \alpha_n^{(v)} |n\rangle}_{\text{set separated by a large gap from } i\text{'s}}$$

$$(H_0 + H_1) |v\rangle = E_v |v\rangle$$

$$\langle j | \Rightarrow \left(E_j^0 \delta_{ij} + \sum_i \langle j | H_1 | i \rangle \right) \alpha_i^{(v)} + \sum_{n \neq i} \langle j | H_1 | n \rangle \alpha_n^{(v)} = E_v \alpha_j^{(v)}$$

$$\left(E_j^0 \delta_{ij} + H_{ji}^1 \right) \alpha_i^{(v)} + \sum_{n \neq i} H_{jn}^1 \alpha_n^{(v)} = E_v \alpha_j^{(v)}$$

(\Rightarrow to lowest order: $\alpha_{oi}^{(v)}$ soln of $H_{ij} \alpha_{oj}^{(v)} = E_v^0 \alpha_{oi}^{(v)}$)

$$\langle m | \Rightarrow \sum_i \langle m | H_1 | i \rangle \alpha_i^{(v)} + \sum_{n \neq i} \langle m | H_1 | n \rangle \alpha_n^{(v)} \approx 0 \text{ 3rd order}$$

$$+ E_m \alpha_m^{(v)} = E^{(v)} \alpha_m^{(v)}$$

$$\Rightarrow \alpha_m^{(v)} = \sum_i \frac{H_{mi}^1 \alpha_i^{(v)}}{E_0^{(v)} - E_m^0}$$

$$\Rightarrow \sum_i \left[E_j^0 \delta_{ij} + H_{ji}^1 + \sum_{n \neq i} \frac{H_{jn}^1 H_{ni}^1}{E_0^{(v)} - E_m^0} \right] \alpha_i^{(v)} = E^{(v)} \alpha_j^{(v)}$$

to 2nd order accuracy



Note: For exact degeneracy of i states.

$$H_{ij} = E_0 \begin{pmatrix} 1 & & 0 \\ & 1 & \\ 0 & & \dots & 1 \end{pmatrix} + H_{ij}^1$$

\Rightarrow diagonalizing H_{ij} is identical to diagonalizing H_{ij}^1 since $H_{ij}^0 = E_0 \delta_{ij}$ does not change under U^+ (since $\propto \mathbb{1}$)

$$\Rightarrow H_{ij}^1 \rightarrow E_i \delta_{ij} \Rightarrow H_{ij} \rightarrow (E_0 + E_i) \delta_{ij} \checkmark$$

Examples of degenerate p.t.:

1. Stark effect in the $n=2$ levels of Hydrogen.
(ignore spin since H_0, H_1 are spin independent)

$$H_1 = -\vec{\mu}_e \cdot \vec{E} = e z E$$

unlike g.s. $|100\rangle$ (that is nondegenerate)

$|2lm\rangle$ is 4-fold degenerate, i.e.,

$$\underline{\underline{\underline{|200\rangle, |210\rangle, |21-1\rangle, |211\rangle}}}$$

by spectral prop. of $\frac{1}{r}$ potential (conservation of Lenz-Runge vector $\hat{n} = \frac{\vec{p} \times \vec{L}}{m} - \frac{e^2 \vec{r}}{r}$)

by conservation of \vec{L}

How is this degeneracy lifted by eEz ?

Diagonalize: $\langle 2lm | H_1 | 2l'm' \rangle$

$= eE \langle 2lm | z | 2l'm' \rangle \leftarrow 4 \times 4$ matrix.

$$= eE \begin{pmatrix} \langle 200 | z | 200 \rangle & \langle 200 | z | 210 \rangle & \langle 200 | z | 211 \rangle & \langle 200 | z | 21-1 \rangle \\ \vdots & \vdots & \vdots & \vdots \end{pmatrix}$$

Selection rules:

$[Z, L_z] = 0 \Rightarrow Z$ conserves $m \Rightarrow \propto \delta_{m, m'}$
also parity allows finite matrix element s.t. $\delta_{l, l' \pm 1}$

$\Rightarrow \langle 2lm | Z | 2lm \rangle = 0$, etc.

only $\langle 200 | Z | 210 \rangle \neq 0$ (also its c.c.)
(all others vanish!)

$\Rightarrow H'_{l'm, l'm'} = \begin{matrix} & \begin{matrix} 200 & 210 & 211 & 21-1 \end{matrix} \\ \begin{matrix} 200 \\ 210 \\ 211 \\ 21-1 \end{matrix} & \begin{pmatrix} 0 & \Delta & 0 & 0 \\ \Delta & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \end{matrix}$

$\Delta = \langle 200 | Z | 210 \rangle eE = -3eEa_0$

use coord. representation:

$\phi_{200} = \left(\frac{1}{2a_0}\right)^{3/2} 2 \left(1 - \frac{r}{2a_0}\right) e^{-\frac{r}{2a_0}} Y_{0,0}$

$\phi_{21\pm} = \left(\frac{1}{2a_0}\right)^{3/2} 3^{-1/2} \left(\frac{r}{a_0}\right) e^{-\frac{r}{2a_0}} Y_{1,\pm 1}$

$\phi_{210} = \left(\frac{1}{2a_0}\right)^{3/2} 3^{-1/2} \left(\frac{r}{a_0}\right) e^{-\frac{r}{2a_0}} Y_{1,0}$

$\Rightarrow \langle 200 | Z | 210 \rangle = \int_0^\infty r^2 dr (2a_0)^{-3} e^{-\frac{r}{a_0}} \frac{2r}{\sqrt{3}a_0} \left(1 - \frac{r}{2a_0}\right) r \int d\Omega Y_{0,0}^* \cos\theta Y_{1,0}$
 $= -3a_0$

n^2 \vdots $l=3^2 \rightarrow n=3$

————— $\underbrace{\underbrace{0,0}_{1}; \underbrace{1,0,\pm 1}_{3}; \underbrace{2,0,\pm 1,\pm 2}_{5}}_9$

 $l=2^2 \rightarrow n=2$

————— $\underbrace{l=0, m=0; \underbrace{l=1, m=0, \pm 1}_{4}}_{\otimes s = \pm 1/2}$

 $l=1^2 \rightarrow n=1$

————— $\otimes s = \pm 1/2$
1

• Multi-electron atoms.

→ true many-body problem, impossible to treat analytically.

→ Hartree approximation is simplest with each electron obeying single e S.Eqn in a potential, self-consist. determined due to nucleus $-\frac{Ze^2}{r}$ + repulsive Coulomb potential due to N-1 other e's.

$$V_{eff}(r) = -\frac{Ze^2}{r} - e\phi(r)$$

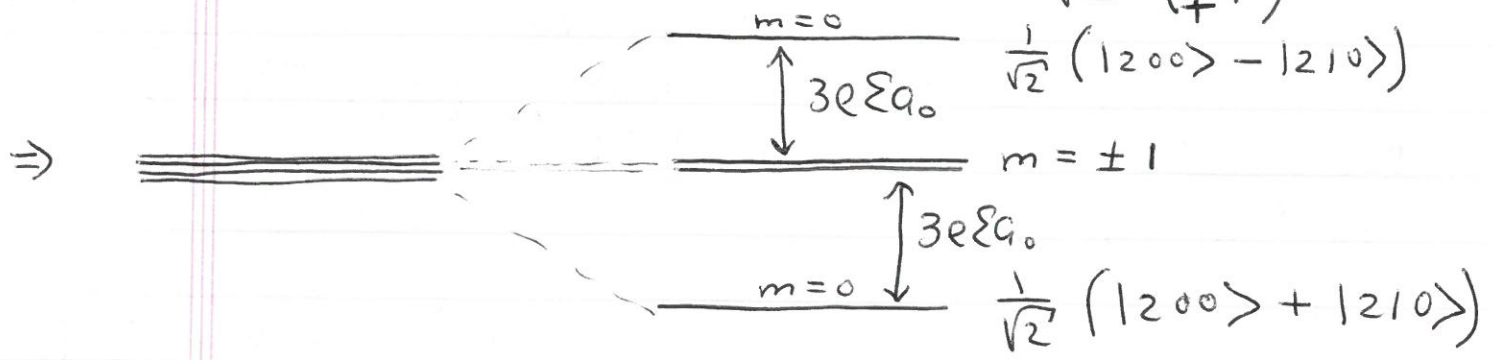
where $\phi(r)$ solves $-\nabla^2\phi = \rho_{N-1}(r)$

E_{nlm} Hartree, but E_{nl} no degeneracy wrt l since $V(r) \neq \frac{1}{r}$ $= -e\phi(r) = -e\sum_{nlm} |\Phi_{nlm}|^2$

E_{nl} goes up with l since higher l , nucleus is more screened, less attractive. self-consist determined

Filling these single particle Hartree states generates Mendeleev's table (1869) & explains props of atoms, affinities etc. \Rightarrow Chemistry.

$\Rightarrow E^{(1)} = \pm 3e\epsilon a_0, |2, \pm\rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ \mp 1 \end{pmatrix}$



2. Relativistic corrections \rightarrow fine structure

A. Kinetic energy:

$H_{kinetic} = \frac{p^2}{2M_p} + (p_e^2 c^2 + m_e^2 c^4)^{1/2} - m_e c^2$

$\approx \frac{p_p^2}{2M_p} + \frac{p_e^2}{2m_e} - \frac{1}{8} \frac{p_e^4}{m_e^3 c^2}$

$\frac{p_{cm}^2}{2M} + \frac{p^2}{2\mu}$

H_1

$\langle p_e \rangle = \alpha m c$

\rightarrow other relativistic corrections
 \rightarrow quantum treatment of E&M \rightarrow QED (photon)
 \rightarrow Lamb shift

Compare:

$\frac{\langle H_1 \rangle}{\langle H_0 \rangle}$

$\approx \frac{\langle p_e^4 \rangle}{m_e^3 c^2 \frac{\langle p_e^2 \rangle}{2m_e}}$

$\frac{\langle p^2 \rangle}{m^2 c^2} \sim 10^{-5}$
 $\alpha^2 \ll 1$

$\alpha = \frac{e^2}{\hbar c} = \frac{1}{137}$

diagonal in (l, m) basis.

$E'_T = -\frac{1}{8m^3 c^2} \langle n, l, m | P^4 | n, l, m \rangle = -\frac{1}{2m c^2} \langle n, l, m | (H_0 + \frac{e^2}{r})^2 | n, l, m \rangle$

$= -\frac{1}{2m c^2} \left[(E_n^0)^2 + 2E_n^0 e^2 \left\langle \frac{1}{r} \right\rangle_{nlm} + e^4 \left\langle \frac{1}{r^2} \right\rangle_{nlm} \right]$

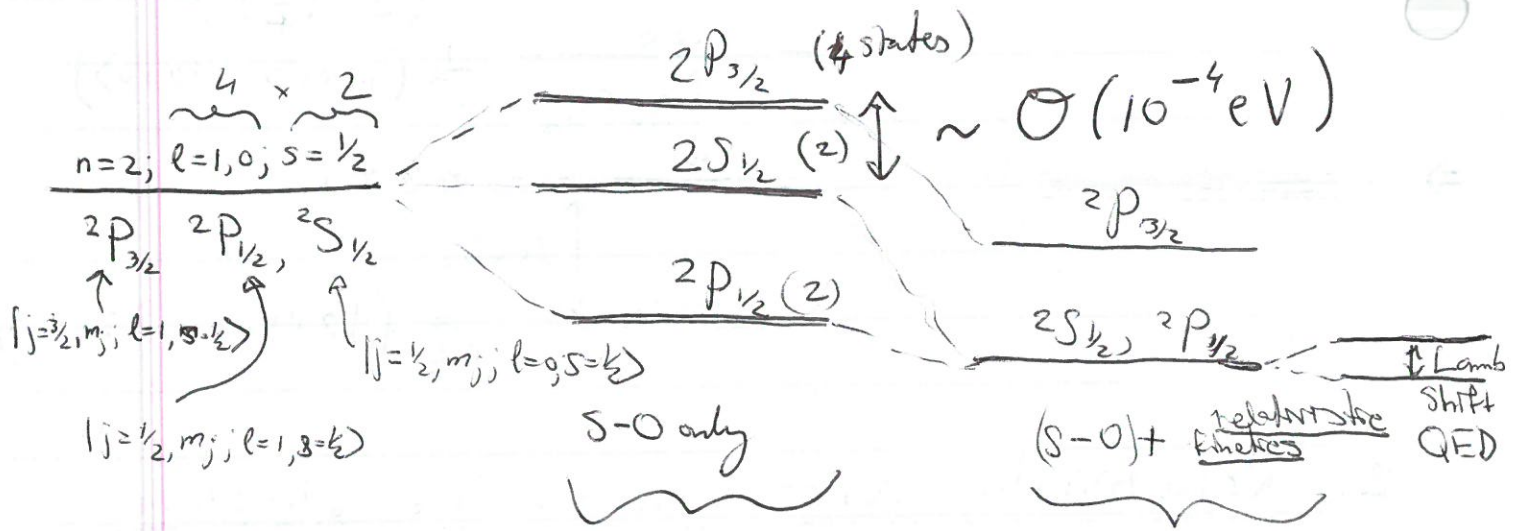
$\left\langle \frac{e^4}{r^2} \right\rangle_{nlm} = \frac{e^4}{a_0^2 n^3 (l + 1/2)}$

$-2E_n^0$ (via virial thm $\langle \vec{r} \cdot \vec{p} \rangle = 0$)
 $\frac{\partial}{\partial t} \langle \vec{r} \cdot \vec{p} \rangle = 0 = \left\langle \frac{\partial H}{\partial p} \cdot p \right\rangle - \left\langle p \cdot \frac{\partial H}{\partial r} \right\rangle$
 $\Rightarrow 2K = -\langle V_{Coul} \rangle$

splits l -degenerate

$\Rightarrow E'_T = -\frac{1}{2} (m c^2) \alpha^4 \left[-\frac{3}{4n^4} + \frac{1}{n^3 (l + 1/2)} \right]$

Note: no off-diagonal terms in l, m basis



$$\vec{S} \cdot \vec{L} \propto (J^2 - L^2 - S^2)$$

\Rightarrow same J but higher L is lower!

only depends on j !
 not l .

(relativity)

B. Spin-orbit interaction:

Recall charged particle moving in \vec{E} field sees in its rest frame $\vec{B} = -\frac{\vec{v}}{c} \times \vec{E}$

\Rightarrow e in proton's coulomb field $\vec{E} = -\vec{\nabla}V_c$

$$\Rightarrow \vec{B} = -\frac{e}{c} \frac{\vec{v} \times \vec{r}}{r^3} = \frac{e}{r^3} \vec{r}$$

$$\Rightarrow H_{s.o} = -\vec{\mu} \cdot \vec{B} = -\frac{e}{mc} \frac{\vec{\mu} \cdot \vec{L}}{r^3}$$

$$H_{s.o} = \frac{e^2}{2m^2c^2} \frac{1}{r^3} \vec{S} \cdot \vec{L} \quad \left(= \frac{-Ze^2}{2m^2c^2} \frac{e}{r} \vec{\nabla}V \vec{S} \cdot \vec{L} \right)$$

\uparrow extra Thomas factor (automatically from Dirac eqn).

$\Rightarrow \vec{S}$ & \vec{L} coupled into $\vec{J} = \vec{S} + \vec{L}$

$$J^2 = S^2 + L^2 + 2\vec{S} \cdot \vec{L}$$

$$\Rightarrow \vec{S} \cdot \vec{L} = \frac{1}{2} (J^2 - L^2 - S^2)$$

$$\Rightarrow H_{s.o} = \frac{e^2}{4m^2c^2 r^3} [J^2 - L^2 - S^2]$$

$$\Rightarrow \langle j' m'; l', \frac{1}{2} | H_{s.o} | j, m; l, \frac{1}{2} \rangle = \delta_{jj'} \delta_{mm'} \delta_{ll'} \frac{e^2}{4m^2c^2} \left\langle \frac{1}{r^3} \right\rangle_{nl} \cdot \hbar^2 [j(j+1) - l(l+1) - 3/4]$$

see Shenkar 17.3.4:

$$\left\langle \frac{1}{r^3} \right\rangle_{nl} = \frac{1}{a_0^3} \frac{1}{n^3 l(l+1/2)(l+1)}$$

$l+1/2 = j$ & $l-1/2 = j$ Only term for $l=0$

$$\Rightarrow E_{s.o}^1 = \frac{1}{4} mc^2 \alpha^4 \frac{l(l+1)}{n^3 (l)(l+1/2)(l+1)}$$

\Rightarrow finite limit even for $l \rightarrow 0$

$$\Rightarrow \left[E_{fine\ structure}^{(1)} = E_T + E_{s.o}^1 = -\frac{mc^2 \alpha^2}{2n^2} \frac{\alpha^2}{n} \left(\frac{1}{j+1/2} - \frac{3}{4n} \right) \right]$$

Hartree Approx to mult-e' atom

$$H = \underbrace{\sum_i \frac{p_i^2}{2m} + V_{\text{ion}}(r_i)}_{\sum_i H_i^0} + \frac{1}{2} \sum_{j \neq i} \underbrace{V_{ee}(|\vec{r}_i - \vec{r}_j|)}_{\frac{e^2}{|\vec{r}_i - \vec{r}_j|}}$$

many body Sch. Eqn:

$$\left[-\frac{\hbar^2}{2m} \nabla_i^2 + V_{\text{ion}}(r_i) + \sum_{j \neq i} V_{ee}(r_i - r_j) \right] \Psi(r_1, r_2, \dots, r_N) = E \Psi(r_1, r_2, \dots, r_N)$$

$$\equiv V_{ee}^{\text{eff}}(r_i) = \sum_{j \neq i} V_{ee}(r_i - r_j)$$

$$\approx \int dr V_{ee}(\vec{r}_i - \vec{r}) \rho(\vec{r})$$

$$\uparrow$$

$$= -e \rho(\vec{r})$$

$$= -e \sum_{n \neq m} |\psi_{nm}(r)|^2$$

⇒ Hartree: reduce to 1-body problem's

$$\left[-\frac{\hbar^2}{2m} \nabla_i^2 + V^{\text{Hartree}}(r_i) \right] \Psi(r_1, \dots, r_N) = E \Psi$$

$$V^{\text{Hartree}}(r_i) = V_{\text{ion}}(r_i) + \int dr V_{ee}(\vec{r}_i - \vec{r}) \rho(\vec{r})$$