

Welcome to the Program in Exploratory Studies (PES) Info Session

Family Weekend

Hosted by Megan Flaherty-Laing

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Roadmap for Today

- What is PES?
- How we support students
- How you can support your student
 - Questions they can ask to support their students
- Family Resources
- Questions and Open House

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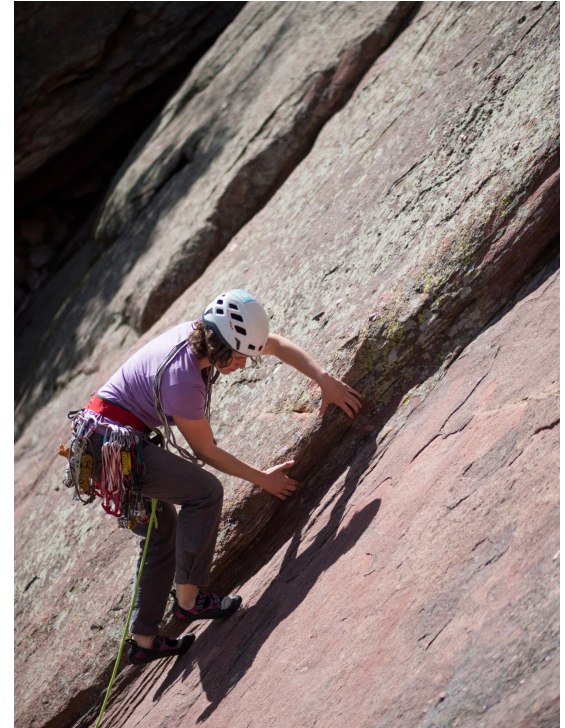
The background of the slide features a faded, high-angle photograph. In the foreground, a large, multi-story university building with a red-tiled roof and numerous windows is visible. Behind the building, a vast mountain range stretches across the horizon under a clear blue sky with some light clouds. The overall image has a soft, semi-transparent overlay to ensure the text is legible.

What is the Program in Exploratory Studies (PES)?

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Program in Exploratory Studies

- Currently home to over 2,500 students
- Space to **explore who you are, what you want, and how to get there**
- Guidance and resources to help you discover and shape your academic journey as you transition into your best fit major
- Non-degree granting program
 - PES students transfer into one of six different colleges/schools, typically after first year



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Transferring into colleges/school at CU Boulder

- Intra-University Transfer (IUT)
- Every college/school sets their own requirements
- Most require:
 - Successful completion of certain courses
 - Meet minimum grade, GPA and credit hours
- Usually takes at least two semesters to complete IUT requirements



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How do we support our students?

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Advising Support



- **Team Based Advising:** Book an individual appointment with any advisor on the Exploratory Studies Team
- **Drop-in Advising:** Monday-Friday 1:00-3:00 PM with additional hours around registration windows
- **Weekly Emails:** Updates on important dates, deadlines and events across campus

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First-Year Academic Experience

- FYXP 1500: First Year Success Seminar
 - 16-week, online, asynchronous course focusing on helping connect you with different campus resources and develop essential tools for college success.
 - Weekly topics and assignments will focus on topics such as wellness, career exploration and navigating the classroom and campus.



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Exploration Resources

- CU Boulder catalog
- MyMajors
- I want to
- O*NET (Occupational Information Network) Interest Profiler
- CU Career Services
- PES Student Spotlights



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Additional Support

- **Academic Support:** Students can connect with their academic advisor to discuss goal-setting, study skills, tutoring options and more!
- **Health & Wellness Support:** Dr. Colleen Ehrnstrom offers dedicated support for PES students (including same day appointments)
- **Basic Needs Support:** Food, housing, and financial resources



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Campus Resources: Tutoring and Academic Support

There are many (free) campus resources for tutoring and academic support . Here are some of the ones we most frequently recommend:

- [ASAP tutoring:](#) Free group (and individual) tutoring available for many courses
- [Mathematics Academic Resource Center \(MARC\):](#) Drop-in tutoring for CU math courses
- [Writing Center:](#) Offers students the opportunity to work one-on-one at any stage of the writing process with professionally trained writing consultants
- [ECON help room:](#) Drop-in tutoring lab for CU Economics courses
- [Physics help room:](#) Drop-in tutoring for CU Physics courses

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Supporting Your Student

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Important Upcoming Dates

- Thursday, Oct. 9: Midsemester Reading Day, no classes, no exams
- Tuesday, Oct. 28: Last Day to...
 - Change Final Exam Schedule
 - Drop a Class
 - Change grade mode
- Monday, Nov. 3: Spring registration begins (by assignment)
- Monday, Nov. 24 - Friday, Nov. 28: Fall Break
- Friday, Dec. 5: Last Day of Classes
- Monday, Dec. 8 - Friday, Dec. 12: Final Exams

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Questions to Ask

- What are you enjoying (or not enjoying) about your classes?
- Have you found any new interests this semester?
- Have you met with an advisor?
- How have you changed over this semester?
- What skills are you working on?
- Where are you finding connection?

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Stay Connected to CU

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Resources for Buff Families

- Buff Family Newsletter
- Buff Family Resource Hub
- Buff Family Webinars and Coffee Hours



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Contact information and helpful links

PES Website: <https://www.colorado.edu/exploratorystudies/>

PES Advising Email: PESadvising@colorado.edu

IUT website: <https://www.colorado.edu/advising/intra-university-transfer>

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Questions?

Join us for our Open House in the PES
Lobby on the second floor of CASE

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