

# **Welcome to the Program in Exploratory Studies (PES) Info Session**

Family Weekend

Hosted by Megan Flaherty-Laing

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# Roadmap for Today

- What is PES?
- How we support students
- How you can support your student
  - Questions they can ask to support their students
- Family Resources
- Questions and Open House

The background of the slide features a faded, high-angle photograph of a university campus. In the foreground, there are several large, multi-story brick buildings with red-tiled roofs and numerous windows. Beyond the buildings, a green lawn and some trees are visible. In the far background, a large, rugged mountain range with steep, rocky slopes rises against a clear blue sky with a few wispy clouds. The overall image is semi-transparent, allowing the text to be clearly legible.

# **What is the Program in Exploratory Studies (PES)?**

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# Program in Exploratory Studies

- Currently home to over 2,500 students
- Space to **explore who you are, what you want, and how to get there**
- Guidance and resources to help you discover and shape your academic journey as you transition into your best fit major
- Non-degree granting program
  - PES students transfer into one of seven different colleges/schools, typically after first year



# Transferring into colleges/school at CU Boulder

- Intra-University Transfer (IUT)
- Every college/school sets their own requirements
- Most require:
  - Successful completion of certain courses
  - Meet minimum grade, GPA and credit hours
- Usually takes at least two semesters to complete IUT requirements





**How do we support our students?**

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# Advising Support



- **Team Based Advising:** Book an individual appointment with any advisor on the Exploratory Studies Team
- **Drop-in Advising:** Monday-Friday 1:00-3:00 PM with additional hours around registration windows
- **Weekly Emails:** Updates on important dates, deadlines and events across campus

# First-Year Academic Experience

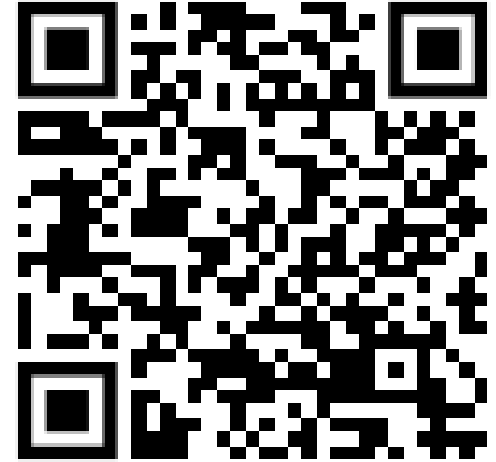
- FYXP 1500: First Year Success Seminar
  - 16-week, online, asynchronous course focusing on helping connect you with different campus resources and develop essential tools for college success.
  - Weekly topics and assignments will focus on topics such as wellness, career exploration and navigating the classroom and campus.





# Exploration Resources

- CU Boulder catalog
- MyMajors
- I want to
- O\*NET (Occupational Information Network)  
Interest Profiler
- CU Career Services



# Additional Support

- **Academic Support:** Students can connect with their academic advisor to discuss goal-setting, study skills, tutoring options and more!
- **Health & Wellness Support:** Dr. Colleen Ehrnstrom offers dedicated support for PES students (including same day appointments)
- **Basic Needs Support:** Food, housing, and financial resources



# Campus Resources: Tutoring and Academic Support

There are many (free) campus resources for tutoring and academic support . Here are some of the ones we most frequently recommend:

- [ASAP tutoring:](#) Free group (and individual) tutoring available for many courses
- [Mathematics Academic Resource Center \(MARC\):](#) Drop-in tutoring for CU math courses
- [Writing Center:](#) Offers students the opportunity to work one-on-one at any stage of the writing process with professionally trained writing consultants
- [ECON help room:](#) Drop-in tutoring lab for CU Economics courses
- [Physics help room:](#) Drop-in tutoring for CU Physics courses

A faded background image of three cartoon characters sitting on the ground. The character on the left is a brown monkey-like creature with a large head and a small body. The character in the middle is a yellow creature with a large head, a small body, and a blue headband. The character on the right is a brown creature with a large head, a small body, and glasses. They are all looking towards the camera. The text "Supporting Your Student" is overlaid in the center of the image.

# **Supporting Your Student**

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# Important Upcoming Dates

- Friday, Nov. 1: Last Day to...
  - Change Final Exam Schedule
  - Drop a Class
  - Change grade mode
- Monday, Nov. 4: Spring registration begins (by assignment)
- Monday, Nov. 25 - Friday, Nov. 29: Fall Break
- Thursday, Dec. 12: Last Day of Classes
- Friday, Dec. 13: Reading Day, no classes, no exams
- Saturday, Dec. 14-Wednesday, Dec. 18: Final Exams

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# Questions to Ask

- What are you enjoying (or not enjoying) about your classes?
- Have you found any new interests this semester?
- Have you met with an advisor?
- How have you changed over this semester?
- What skills are you working on?
- Where are you finding connection?

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# **Stay Connected to CU**

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# Resources for Buff Families

- Buff Family Newsletter
- Buff Family Resource Hub
- Buff Family Webinars and Coffee Hours



# Contact information and helpful links

**PES Website:** <https://www.colorado.edu/exploratorystudies/>

**PES Advising Email:** [PESadvising@colorado.edu](mailto:PESadvising@colorado.edu)

**IUT website:** <https://www.colorado.edu/advising/intra-university-transfer>

# Questions?

Join us for our Open House in the PES  
Lobby on the second floor of CASE

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