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Activity: Hopscotch!

Developed by Jami Sullivan and Sienna Whitcher for CU Boulder's Children's Book Festival 2024, Open Education Resource, Creative

Commons. Available at colorado.edu/event/bookfest





Grade Level: 2nd

Content Area: Physical Education

Standard Category: Movement Competence and Understanding

Grade Level Expectation: Demonstrate the elements of movement in combination with a variety of locomotor skills.

Evidence Outcome: Identify major characteristics of the skills of walking, running, jumping, hopping, and leaping.

Colorado Academic Standard information retrieved from https://www.cde.state.co.us/apps/standards

View the full standards at

https://www.cde.state.co.us/standardsandinstruction/standards



Hopscotch is a fun outdoor game that challenges you both physically and mentally! In *No More Señora Mimí*, Ana is shown throughout the book being active, and one of the activities she does is hopscotch on the way to school and in the park with Sra. Mimí and Abuela. Students will be able to challenge themselves and learn about different ways to hop!

This activity can be an individual, small group or whole class activity:

- Individual: Have each student draw themselves a path 1-10 and hop through it.
- Small group: Have students in a small group help each other build the path; then, take turns hopping through it, waiting in line.
- Whole class: Have teacher or students build the path; then the students wait in line to hop through the path.



Materials

- Masking tape
 Masking Tape Link
- Scissors to cut the tape <u>Scissors Link</u>
 - ChalkChalk Link



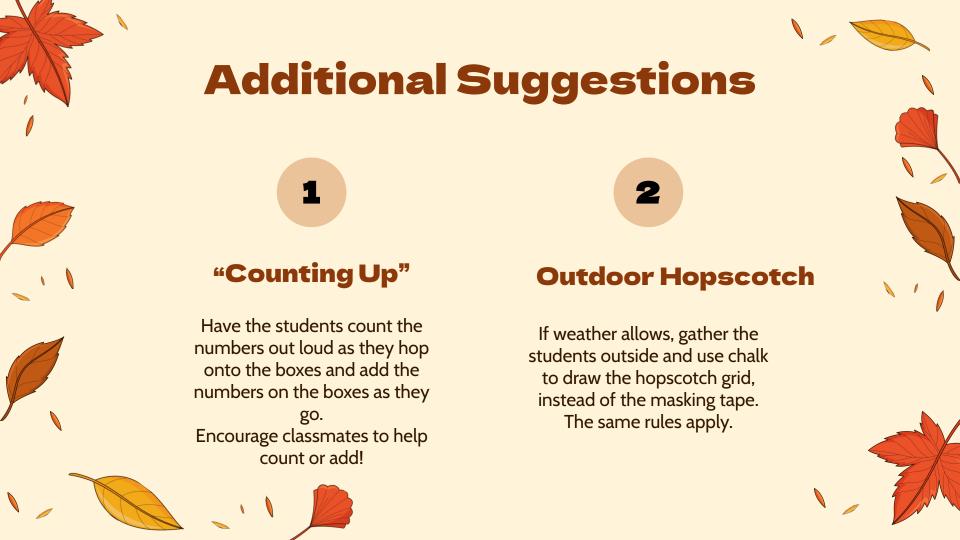
- Introduction: Introduce to the students that they will be playing a fun physical activity to relate to the book No More Señora Mimí to help them demonstrate a variety of locomotor skills.
- Opening Question: Have you ever played hopscotch with family and friends?
- Pick a spot: Move some desks around to make an open area in the middle of the classroom about 5 feet by 10 feet.
- Draw the grid: Place masking tape on the ground in various
 boxes like the picture to the right. Example of the Grid
- Numbers: In the boxes, draw numbers 1-10 starting from the bottom up. You can do this by drawing numbers with masking tape or laminating numbers to stick to the ground.
- Lead the students: Have the students get into a single file line behind the first box.





Goal: Explain that you hop on the boxes and can't step on the lines.

- **Demonstration:** Demonstrate hopscotch yourself to the students or ask for a volunteer to demonstrate.
- **Explain:** Explain that only one foot can go into each box, and when it's two boxes, each foot goes into one box.
- Students rotate through the activity. Have the students count the number of boxes as they hop.
- Once the students are familiar with the game, have them leap this time. After that, have the students jump with one foot. Discuss how each way to move is different.
- **Encourage the students to cheer on their classmates!**
- Wrap Up: Have the students reflect on their hopscotch experience and have them raise their hands to share the best part of this activity. Additionally, ask them the different ways they have previously played the game and bring up discussion about the ways they jump, hop, and leap.
- Closing Question: How has Mimi's body language towards Ana playing hopscotch changed as the story progresses?



We also hope you can join us on Saturday, November 9 at the Boulder Public Library to meet the illustrator, Brittany Cicchese, and hear more about No More Señora Mimí in-person...along with other authors and illustrators! For more information, visit https://www.colorado.edu/event/boo kfest

