ACADEMIC SKILLS STRATEGIES WORKSHOPS
See updated listings at: http://www.colorado.edu/sasc/skills

February 2 – February 20, 2015
ALL CU STUDENTS ARE WELCOME!

Time Management: The Cornerstone of Building Great Study Skills
Feb. 2, Monday, 4-5pm, Fleming 150
Feb. 11, Wednesday, C4C N320, 3-4:00pm
Feb. 19, Thursday, 11am-noon, Fleming 265 A
The #1 identified area affecting almost all students; Time Management is Step 1 for establishing solid study skills. Walk out with a plan for the semester!

Test Taking: Mid Terms are here!
Feb. 04, Wednesday, 2-3pm, Fleming 150 (NOTE: Added Workshop)
Feb. 12, Thursday, 3-4:00pm, Fleming 150
Get ready for your midterms: What to do before, during, after.

Own That Book! Learn to read and comprehend
Feb. 16, Monday, 3-4pm, Fleming 150
Feeling overwhelmed? We will show you the most tried and true method for getting through the reading, and best of all—Remembering what you have read!!! Essential for anyone who wants to ensure consistent, successful results in courses involving--and being tested on--textbook readings.

CU Money Sense Series---CU Money Sense: Budget for Your Life
Feb. 18, Wednesday, 1:00-1:45pm, Fleming 150
Budgets are awesome! In this workshop, you’ll learn how to tell your money where to go instead of wondering where it went by tracking your expenses
Presenter: Niomi Williams, Assoc. Prog. Director, CU Money Sense

Let’s Talk Tuesdays: Academic Skills Walk Ins! Tues., 2-3:30 pm, Fleming 190
Feb. 3 Feb. 10 Feb. 17
Confidential and personal. All questions, in any major or academic area are welcomed.

Yoga Snacks for EveryStudent©!
Feb. 6 Feb. 13 (no class Feb.20)
Come to have fun! Mats provided or bring your own.

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