

ACTION PLAN

GOALS

short-term



long-term



more?

When thinking of goals, start at the end and work backwards: *what will it take to get there?*
Are your goals realistic? challenging? aligned with your strengths?

ACTION PLAN

GOALS

how will you reach them?

for my first short-term goal, I will... and check in on:

for my second short-term goal, I will... and check in on:

for my third short-term goal, I will... and check in on:

for my first long-term goal, I will... and check in on:

for my second long-term goal, I will... and check in on:

for my third long-term goal, I will... and check in on:

Patience | Practice | Progress | Pay-off