**Scholarship Application: Cultivating Compassion and Dignity in Ourselves and Our Schools Certificate**

Below are the questions that appear on the scholarship application. Please use this space to draft your responses and then enter them [here](https://redcap.ucdenver.edu/surveys/?s=M3N3LMNDK3KEHYN3).

Email

First Name

Last Name

Alternate Email

Preferred Phone Number

Alternate Phone Number

What is your gender?

What is your ethnic identity?

What is your age?

What school district do you work in?

What is the name of your school?

What is your position at your school and/or district? (please include the grade level and subject area you work in as applicable)

How many years have you been an educator?

Do you hold a leadership position in your school or district, either formal or informal? Please describe.

In what ways do you contribute leadership in your school or community? This could include a formal leadership position as well as informal ways of offering leadership.

Why are you interested in completing the Compassion & Dignity certificate?

Do you have prior experience with compassion and/or dignity? Prior experience could include life experience, training, or course experience. If yes, please describe your experience.

We strongly encourage educators to take this course sequence with a colleague or two. Are you signing up with other educators at your school or district?

If yes, please enter their names.

How do you envision collaborating with this person or group of people? If you currently have a working relationship with them, please describe.

If you are accepted to receive the scholarship, you will have the opportunity to work with a meditation coach in a small group format on a monthly basis while you complete your coursework. Would you be interested in working with a meditation coach?

Do you have a current meditation practice? Please take a few moments to tell us about your practice (e.g., how often you practice, how you practice, etc.). This information will help us to form meditation groups.

Are you able to commit to completing the four-course sequence between June 2023 and July 2024? Coursework will all be online and will take approximately 5-8 hours per week from June 2023 through May 2024 AND approximately 15-20 hours per week for three weeks in the summer of 2024.

How do you envision scheduling 5-8 hours of coursework into your weekly routine? Please be specific.

How comfortable are you taking online, asynchronous courses? Your response to this question will only be used to plan and provide supports for the online learning experience.

If there were a research study conducted about the impacts of participation in the compassion and dignity digital certificate, would you consider participating? Note: Your response in no way obligates you to participate.

Upload the letter of support from a school leader (e.g., your principal, AP, or dean). Please use the template provided on the Compassion & Dignity Scholarship Webpage and here.

Is there anything else you would like us to know?