

## m.b.v. GLU Program FAQ

Welcome to the m.b.v. GLU Program FAQ page! Below you will find answers to common questions about the REDCap which is the survey portion of the program.

| Access & Login  |   |
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| How do I access my surveys?                                     | <p>Each survey link is unique to the person we send it to. Please do not share your survey link with anyone!</p> <p>We will send the survey via text or email prior to the survey deadline, along with reminders to complete the surveys.</p> |
| Can I complete my surveys on my phone, or do I need a computer? | Yes, participants can complete surveys on phone, tablet, computer, etc.   |
| Do I need to create an account to complete study surveys?       | No, we will text and email participants their personal survey link once we have received all consent and assent forms and confirmed eligibility for the study.  |

| m.b.v. GLU Program Study Enrollment Form   |   |
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| How do I enroll in the m.b.v. GLU program? | <p>To enroll, participants (and their parent if under the age of 18) must complete the enrollment form, consent and/or assent forms provided by the research team. Once we have received this information and we have confirmed eligibility for the study, we will send the "baseline" survey to complete, which takes about 45 min.</p> <p><b><i>To be fully enrolled, all potential participants must complete all parent permission (if under 18), consent/assent forms and the baseline survey prior to the first scheduled group meeting.</i></b></p> <p>If participants are under the age of 18, a parent or guardian will need to complete</p> |

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|  | <p>the enrollment form on their child's behalf and complete all parent permission forms.</p>   |
| <p>What happens after I submit my enrollment form?</p> | <p>Participants will receive a confirmation email or text message.</p> <p>Once the parent or guardian for participants under the age of 18 has completed the enrollment form (which includes the parent permission form), we will send an email and/or text to both the participant and their parent with a link to the assent form for the participant to complete. This must be filled out by the participant in order to participate in the program.</p> <p>The consent form for participants over the age of 18 is included in the initial enrollment link.</p> <p>Once we have received the enrollment form and/or assent forms and confirmed eligibility for the study, we will send you a link to your baseline survey.</p> <p>We will send an email or text if you or your child are not eligible to participate in the study.</p> |
| <p>Is there a deadline to enroll in this program?</p>  | <p>Yes, participants must complete all enrollment, consent and/or assent forms, and their baseline survey prior to their first group meeting.</p> <p>Please see "m.b.v. GLU program study checklist" for more information.</p>   |
| <p>Can I participate if I don't live in Colorado?</p>  | <p>All participants must be residents of Colorado. If you reside in a city outside of Colorado, you are not eligible for this study.</p>   |

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| <p>What is the optional parent survey?</p>                                      | <p>In the parent permission form, parents/guardians are asked whether they would like to opt into a portion of our study where you will provide information about your perception of your child's body image, mental health, and your engagement with these topics.</p> <p>Parents/guardians will complete a baseline survey which will be sent once your child is fully enrolled in the program, and must be completed prior to their first group meeting. A second post-survey will be sent after your child has completed their final group session.</p> <p>Parents/guardians will receive a \$20 gift card for each survey you completed.</p> |
| <p>Who should I contact if I am having trouble with the enrollment process?</p> | <p>Please contact <a href="mailto:GirlsLikeUs@colorado.edu">GirlsLikeUs@colorado.edu</a> for any issues regarding enrollment.</p>   |
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| <p><b>m.b.v. GLU Colorism Study Enrollment Form</b></p>                         |   |
| <p>How do I enroll in the Colorism Study?</p>                                   | <p>To enroll, participants (and their parent if under the age of 18) must complete the enrollment form, consent and/or assent forms provided by the research team. Once we have received this information and we have confirmed eligibility for the study, we will send the "demographic" survey to complete, which takes about 15 min.</p> <p><b><i>To be fully enrolled, all potential participants must complete all parent permission (if under 18), consent/assent forms and the demographic survey.</i></b></p>   |

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| <p>What happens after I submit my enrollment form?</p>                          | <p>Participants will receive a confirmation email or text message.</p> <p>Once the parent or guardian for participants under the age of 18 has completed the enrollment form (which includes the parent permission form), we will send an email and/or text to both the participant and their parent with a link to the assent form for the participant to complete. This must be filled out by the participant in order to participate in the program.</p> <p>The consent form for participants over the age of 18 is included in the initial enrollment link.</p> <p>Once we have received the enrollment form and/or assent forms and confirmed eligibility for the study, we will send you a link to your demographic survey.</p> <p>We will send an email or text if you or your child are not eligible to participate in the study.</p> |
| <p>Is there a deadline to enroll in this program?</p>                           | <p>There is no specific deadline for this study. We will continue to enroll participants for the colorism study until the study is complete.</p> <p>Please see “Colorism Study Checklist” for more information.</p>   |
| <p>Can I participate if I don’t live in Colorado?</p>                           | <p>All participants must be residents of Colorado. If you reside in a city outside of Colorado, you are not eligible for this study.</p>  |
| <p>Who should I contact if I am having trouble with the enrollment process?</p> | <p>Please contact <a href="mailto:GirlsLikeUs@colorado.edu">GirlsLikeUs@colorado.edu</a> for any issues regarding enrollment.</p>   |

| Survey Completion   |   |
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| How do I know which surveys I need to complete and when?              | <p>You will receive a text and email notification from our team with a survey link and deadline for each survey. You will receive text and email reminders if you have not completed your survey.</p> <p>Please see “m.b.v. GLU Program Study Checklist” and “Colorism Study Checklist” for more information.</p> |
| What happens if I miss a survey deadline?<br>Can I still complete it? | If you miss a survey deadline, please reach out to <a href="mailto:GirlsLikeUs@colorado.edu">GirlsLikeUs@colorado.edu</a> .   |
| Can I save my progress and return later to finish a survey?           | Yes, participants can save their progress and return later to finish their survey. However, we highly recommend participants try to complete each survey in one sitting.  |
| How will I know if my survey was successfully submitted?              | Once participants complete and submit their survey, they should see a confirmation message on the screen indicating that their response has been recorded.  |
| Will I receive reminders to complete my surveys?                      | Yes, participants will receive email or text reminders if they have not completed a survey.   |

| Technical Issues   |  |
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| What should I do if I am having trouble accessing my survey? | <p>If participants are having trouble accessing surveys, please try the following:</p> <ol style="list-style-type: none"> <li>1. Check your internet connection</li> <li>2. Try a different browser</li> <li>3. Clear your cache</li> <li>4. Ensure the link is correct</li> </ol> <p>If issues persist, contact the research team (<a href="mailto:GirlsLikeUs@colorado.edu">GirlsLikeUs@colorado.edu</a>).</p> |

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| My survey froze or didn't save my responses. How do I fix this?                           | <p>If your survey froze or didn't save, please try the following:</p> <ol style="list-style-type: none"> <li>1. Refresh the page</li> <li>2. Check your internet connection</li> <li>3. Try using a different browser</li> </ol> <p>If the issue persists, contact the research team for assistance (<a href="mailto:GirlsLikeUs@colorado.edu">GirlsLikeUs@colorado.edu</a>).</p> |
| I accidentally submitted my survey before finishing. Can I go back and edit my responses? | No, once participants have completed their survey they cannot change their responses.   |
| What should I do if I experience a technical error while completing my survey?            | Please contact ( <a href="mailto:GirlsLikeUs@colorado.edu">GirlsLikeUs@colorado.edu</a> ) if you are experiencing a technical error.  |

| Privacy & Data Security                                   |  |
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| Who will have access to my survey responses?              | Only authorized members of the GLU team will have access to your responses. Your data will be kept confidential and stored securely.   |
| Are my responses anonymous, and how is my data protected? | While the research team will be able to see participant responses, any identifying information will be removed or deidentified for analysis and publication of study results. We will use the data strictly for research purposes and will maintain confidentiality for any identifying information. |
| Can I withdraw my responses after submitting them?        | <p>Once you have submitted your survey, you will not be able to change or withdraw your responses.</p> <p>If you decide to withdraw from the study at any point, you may request that we delete your data, and it will not be included in any subsequent analysis or publication.</p>                |

| Compensation & Follow Up  |   |
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| How will my survey completion be tracked for compensation?  | The research team will track your survey completion for compensation through the submission records in our system (REDCap).   |
| <p>How much do I get paid for participating in the research studies?</p> <p>When and how will I receive my compensation for completing surveys?</p> | <p>For the <b>m.b.v. GLU program study</b>, participants are compensated <b>\$50</b> for each survey they complete. They can earn a total of up to <b>\$200</b> if they complete all study surveys, including the 5 month follow up. Parents/guardians who opt into the parent study will receive a \$20 gift card for each survey completed. They can earn a total of \$40 if they complete all surveys.</p> <p>For the <b>m.b.v. GLU Colorism study</b>, participants will receive \$25 for each interview.</p> <p>Participants will indicate which gift card they would like to receive (i.e., Target, Amazon, Starbucks) after completing their survey or interview. Gift cards will be sent to participants via email or text.</p> <p>Participants will receive compensation once each survey or interview is completed.</p> |
| What happens if I only complete some of the surveys in the m.b.v. GLU program study? Will I still be compensated?                                   | <p>Participants are compensated <b>\$50</b> for each survey they complete. They can earn a total of up to <b>\$200</b> if they complete all study surveys, including the 5 month follow up.</p> <p>If they do not participate in at least <b>80%</b> of the program, they will not be eligible to complete the post, survey or <b>5 month</b> follow up survey.</p>   |
| How will I know when it's time to complete the follow-up survey in 5 months?  | Participants will receive an email and/or text with the survey link when it is time to complete the 5-month survey.   |

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