

m.b.v. GLU Program Study Checklist

Welcome to the **mind. body. voice. Girls Like Us (m.b.v. GLU) program study!** This study is designed for young Black girls and femmes to acquire skills and knowledge about systemic oppression at the intersection of Black and Femme in the context of appearance biases. As part of your participation, you will complete a total of four surveys at different points throughout the program. This guide will help you understand which surveys will need to be completed to participate in the m.b.v. GLU Program study, and which surveys will be distributed throughout the study.

Each survey will take about 45 min to complete, and it is highly recommended you complete the surveys in one sitting. Participants will receive a \$50 gift card of their choice (Amazon, Target, or Starbucks) upon completion of **each** survey, for a total of up to \$200.

Parents of minors who are participating in this study have the option of completing a separate pre and post study survey as well. Each parent survey takes about 15 minutes to complete, and it is highly recommended you complete the surveys in one sitting. Parents will receive a \$20 gift card of their choice (Amazon, Target, or Starbucks) upon completion of **each** survey, for a total of up to \$40.

If you have any questions, please feel free to email us at GirlsLikeUs@colorado.edu.

m.b.v. GLU Program Study Timeline	
Pre-Survey <i>(In order to participate in programming participants need to complete all surveys and forms in this section)</i>	<ul style="list-style-type: none"><input type="checkbox"/> Interest Form for Adult Participants (only for participants 18 years and older)<input type="checkbox"/> Adult Consent Forms (only for participants 18 years and older)<input type="checkbox"/> Interest Form for Parents of Minors (only for parents of minor participants)<input type="checkbox"/> Parent Permission Forms for Minors (only for parents of minor participants)<input type="checkbox"/> Student Assent Forms (only for participants under the age of 18)<input type="checkbox"/> Baseline Survey (all participants must complete)
Program Launch	
Mid-point Survey	<p>Participant Survey</p> <ul style="list-style-type: none"><input type="checkbox"/> Mid-point Survey (this will be distributed once participants are halfway through the program).<input type="checkbox"/> Post Survey (this will be distributed upon completion of the final group meeting).

	<p>Optional Parent Survey</p> <p><input type="checkbox"/> Pre-Survey (this will be distributed prior to your child's first program meeting)</p> <p><input type="checkbox"/> Post-Survey (this will be distributed upon completion of your child's final group meeting)</p>
Post Survey	<p><input type="checkbox"/> 5 month follow up survey (this will be distributed 5 months after the final group meeting)</p>