

Mental Health Crisis Information

This flowchart is intended to help families navigate mental health crises and other concerns they may have about their students.

Is your student aware of CAPS and willing to access crisis services?

YES

If your student knows about CAPS and is willing to access crisis services, you can:

- Direct them to visit the [CAPS crisis page](#)
- Direct them to call CAPS directly at [303-492-2277](tel:303-492-2277) (24/7)
- You can call CAPS at [303-492-2277](tel:303-492-2277) to share your concerns about your student with the clinic.

NO

Continue to the next section.

Are you concerned about your student's safety?

YES

Here are some things that may indicate safety concerns. Your student is:

- Making statements about harming or killing themselves or others
- Struggling to function or they seem severely impaired
- Feeling desperate or hopeless
- Acting or speaking in a bizarre manner

If your student is experiencing any of the above, you can:

Initiate a welfare check

You can call CU Boulder Police at [303-492-6666](tel:303-492-6666). Officers will help assess the situation and may respond with a mental health clinician as part of the response team.

If your student lives off campus, you will be transferred to local police. Many jurisdictions have Co-Responder Programs that send a mental health professional on calls related to distress or mental health concerns.

NO

If you aren't concerned about your student's immediate safety, you can:

- Call CAPS at [303-492-2277](tel:303-492-2277) to talk about next steps.
- Report and/or discuss your concerns with [Student Support & Case Management](#)

I'M UNSURE

If you're unsure about whether your student's safety may be at risk, you can:

- Review [Red Folder](#) for more information about signs of distress and ways to help
- Report and/or discuss your concerns with [Student Support & Case Management](#)

