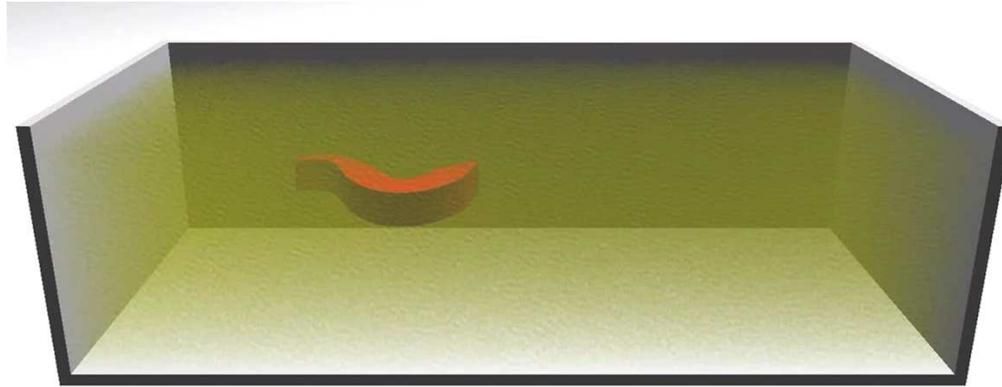


Swimming in Sand, part 3



Daniel I. Goldman

School of Physics

Georgia Institute of Technology

Boulder Summer School on Hydrodynamics

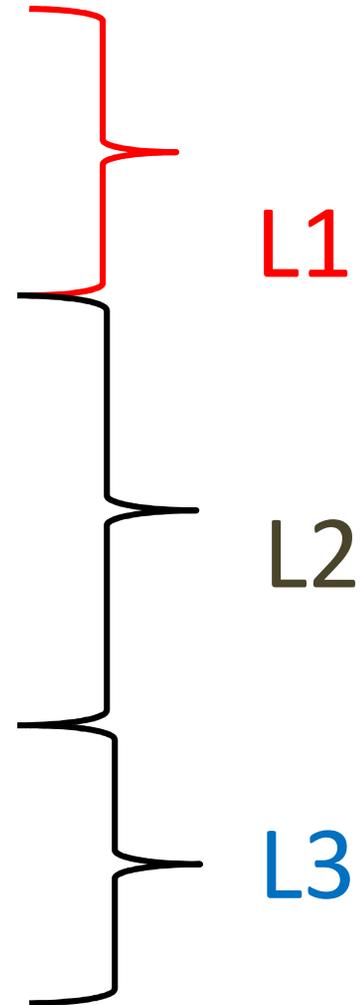
July 25-27

Lectures on the mechanics of interaction with granular media including biological & physics experiments, numerical, theoretical and physical robot models

Topics in the lectures

(revised)

- General principles in terrestrial locomotion
- Intro to granular media
- Drag, lift and flow fields during localized intrusion in granular media
- Modeling approaches: DEM & RFT
- Sandfish biological experiments
- Sandfish modeling: robot
- Sandfish modeling: DEM
- Biological tests of model predictions
- RFT modeling of sand-swimming



Swimming in Sand

Papers:

Maladen et al, Science, 2009

Maladen et al, Robotics: Science & Systems conference 2010 (Best paper award)

Maladen et al, J. Royal Society Interface, 2011

Maladen et al, International Journal of Robotic Research, 2011

Maladen et al, ICRA, 2011

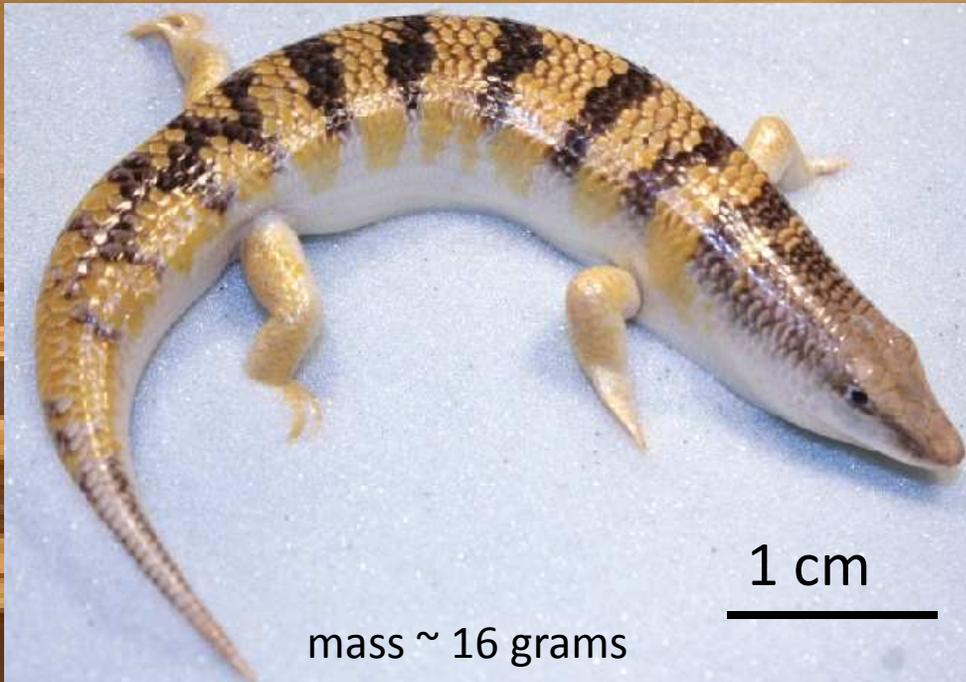


Pdfs and links to movies here:

<http://crablab.gatech.edu/pages/publications/index.htm>

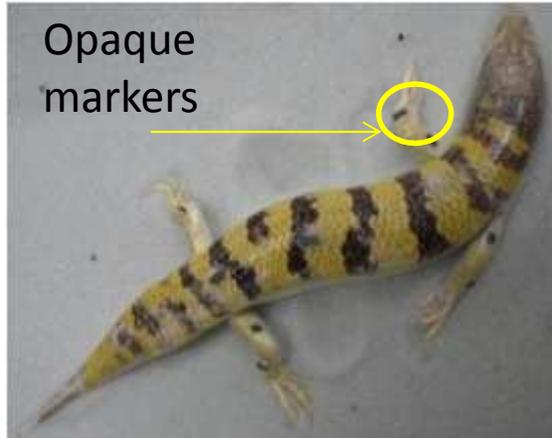
The sandfish lizard

Sandfish (*Scincus scincus*)

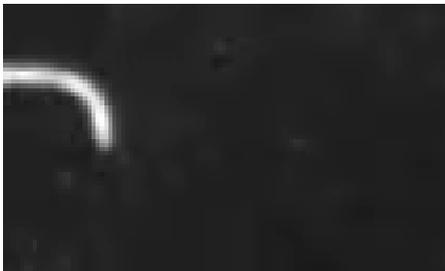


- Native to Sahara desert
- Adaptations for living in sand: countersunk jaw, fringe toes, smooth scales, flattened sidewalls
- One of ~10 species classified *subarenaceous*: “swims” within sand

Swimming without use of limbs



1 mm



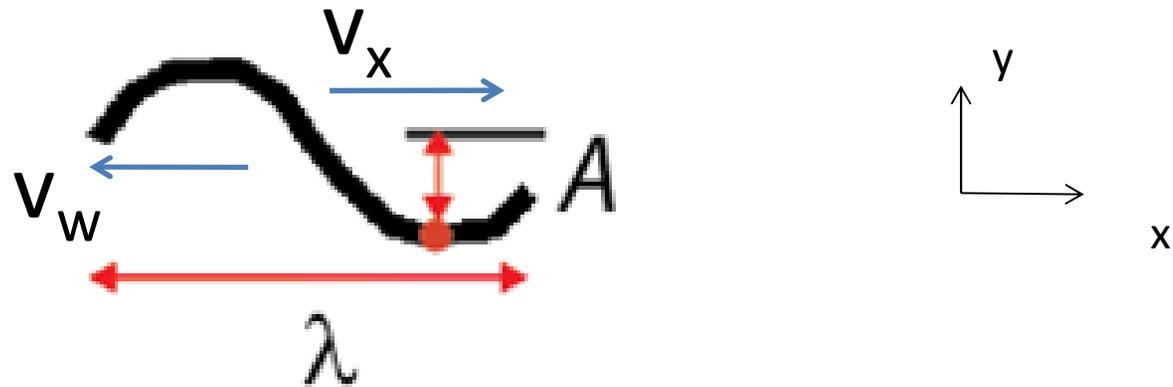
Nematode (*C. elegans*) in fluid
Hang Lu, Georgia Tech



1 cm



Kinematics during steady swimming



fit

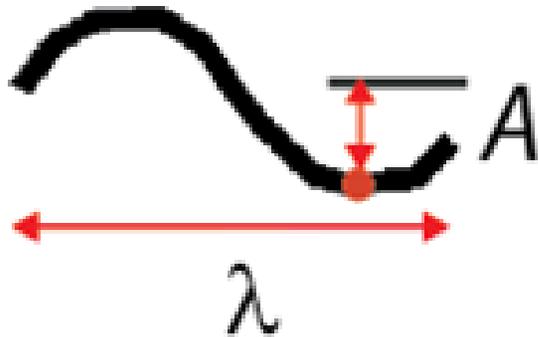
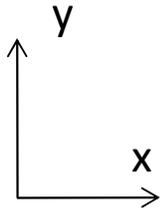
$$y = A \sin \frac{2\pi}{\lambda} (x + v_w t) \quad v_w = \lambda f$$

$R^2 > 0.95$ at all phases in cycle

Single period sinusoidal wave, traveling head to tail

n=11 animals
mass = 16.2 ± 4 g

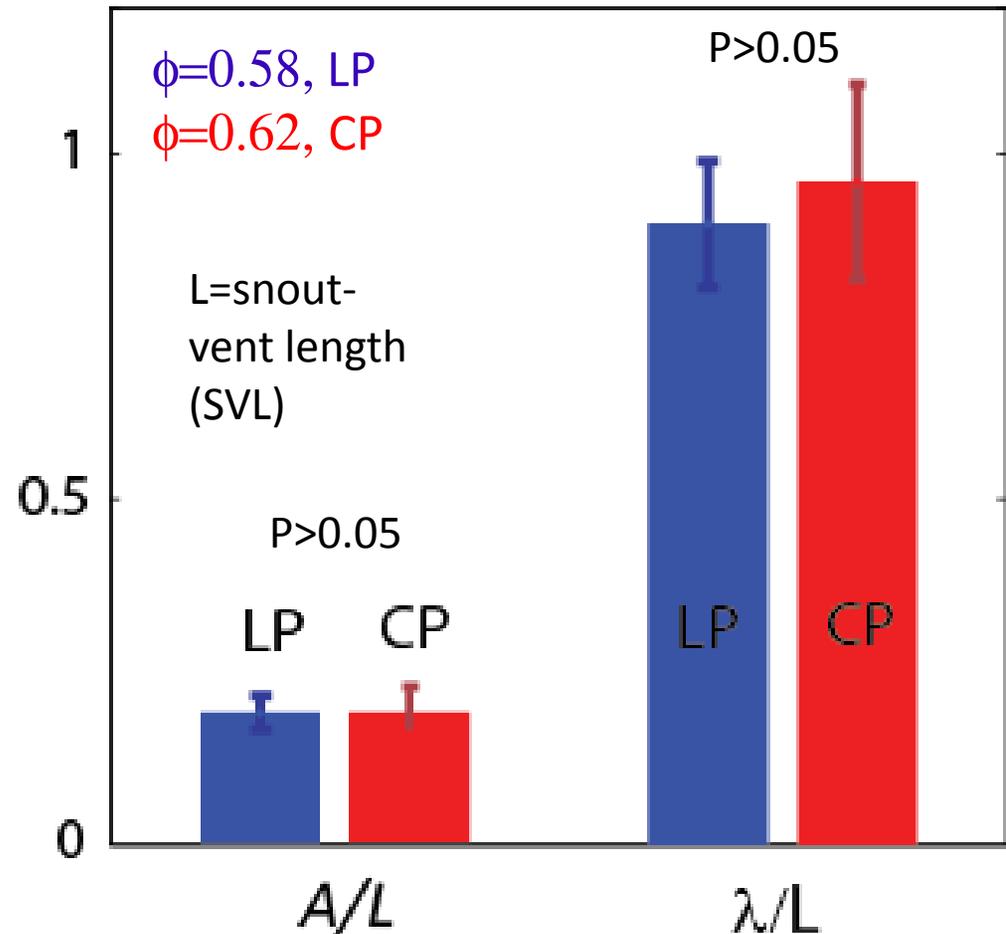
Swimming kinematics



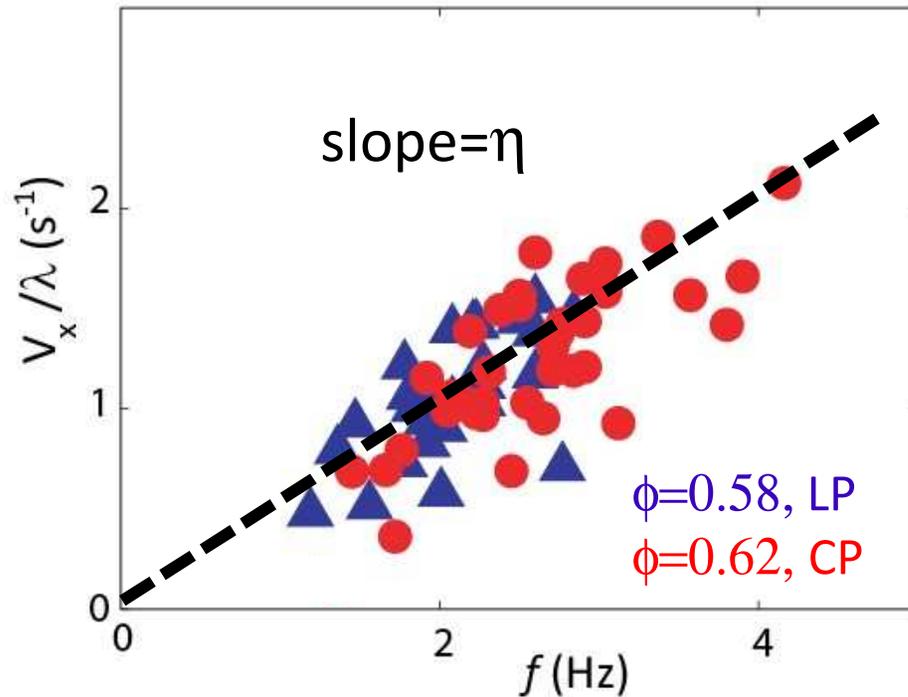
$$A/\lambda = 0.20 \pm 0.04 \text{ LP}$$
$$0.22 \pm 0.06 \text{ CP}$$

n=11 animals
mass=16.2 ± 4 g

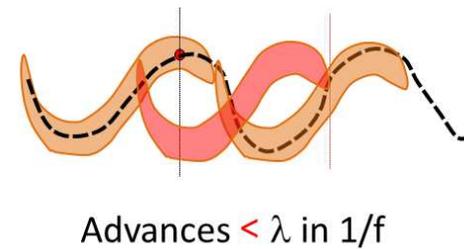
Travelling sinusoidal wave,
kinematics independent of ϕ



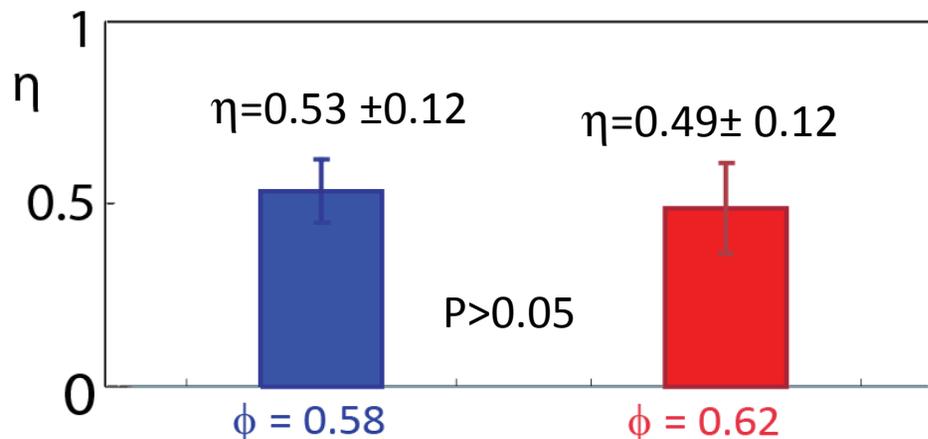
Swimming speed vs frequency & wave efficiency



$$\eta = \frac{v_x}{v_w} = \frac{v_x}{f\lambda} = \frac{v_x / \lambda}{f}$$



Measures amount of "slip" relative to movement in a tube



• Wave efficiency ($\eta \sim 0.5$) is independent of ϕ

n=11 animals
mass = 16.2 ± 4 g

Swimming by the sandfish inspired robot



$$\xi=1,$$
$$A/\lambda=0.2$$
$$f=1 \text{ Hz}$$

10 cm

Robot on the surface

Robot sub-surface Real time

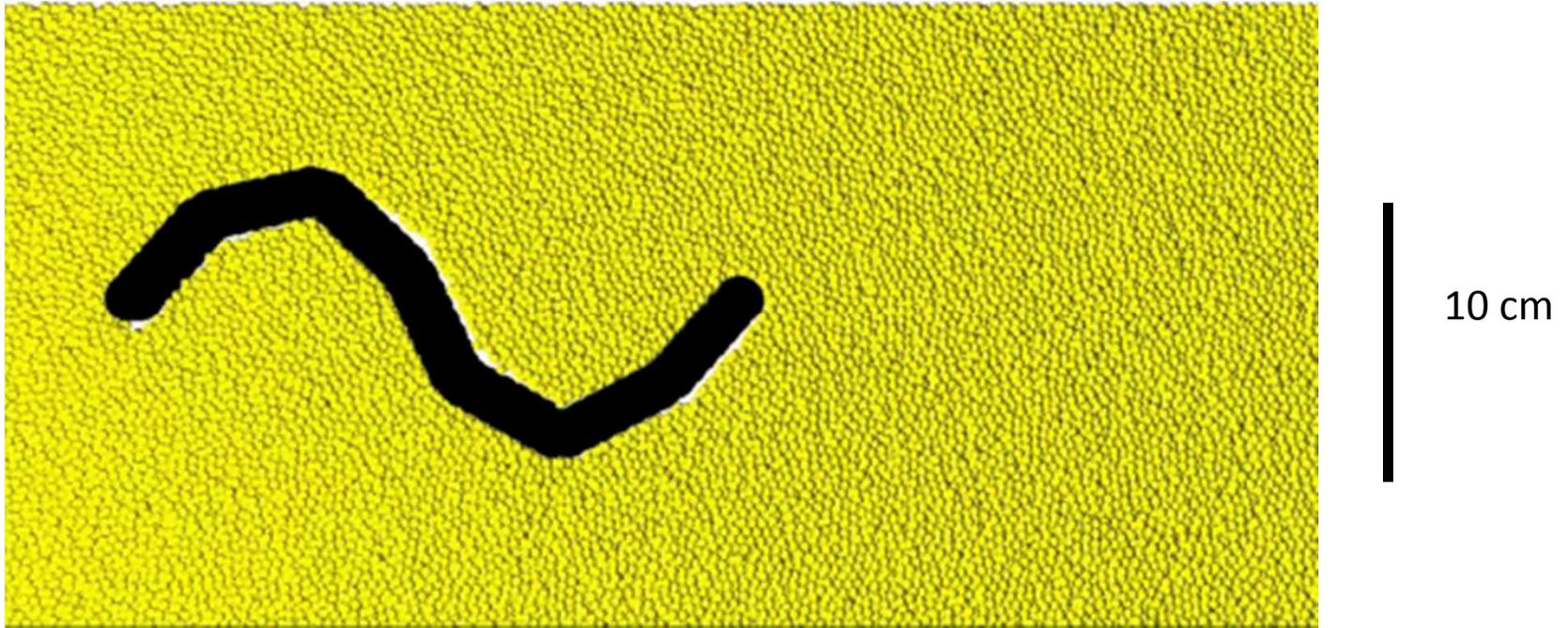
$$\xi=1,$$
$$A/\lambda=0.2$$
$$f=0.25 \text{ Hz}$$

Submerge robot to a depth of 4 cm in closely packed bed

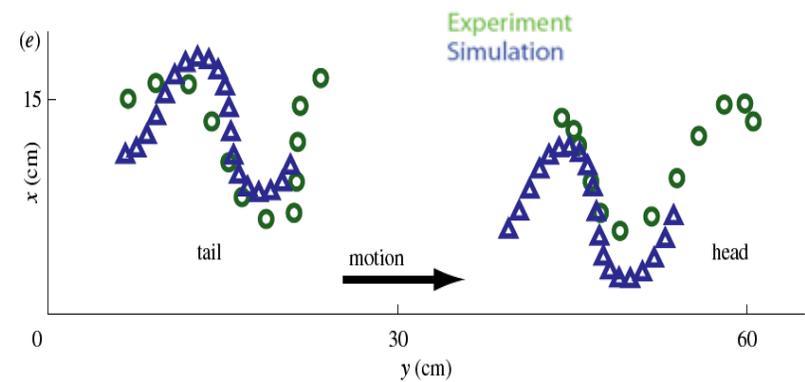


Integrating WM with DEM simulation

Particles above the robot rendered transparent



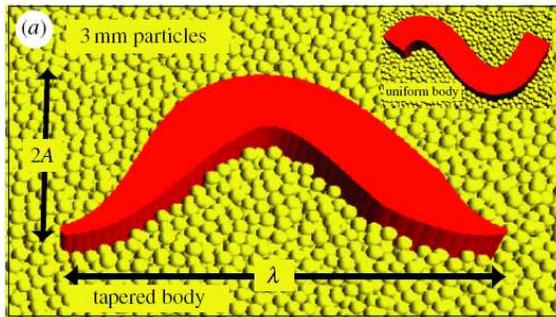
Box dimensions: 108cm x 40cm x 15cm
Number of particles: 3e5
Particle size : 0.6cm



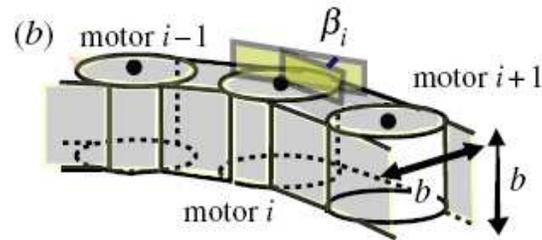
Sandfish scale simulation

Maladen, Ding, Umbanhowar, Goldman, J. Royal Soc. Interface, 2011

50 segment “sandfish” model



← l=10 cm →



Motors controlled to generate sandfish’s traveling sinusoidal wave *kinematics*.

$$\beta(i, t) = \tan^{-1} \left[\frac{2\pi A}{\lambda} \cos \left(\frac{2\pi}{l} x_{i+1} + 2\pi f t \right) \right]$$

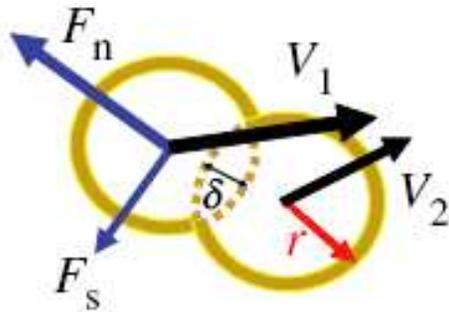
$$\leftarrow \tan^{-1} \left[\frac{2\pi A}{35 \text{ cm}} \cos \left(\frac{2\pi}{200 \text{ pp}} x_i + 2\pi f t \right) \right]$$

~10⁵, 3 mm “glass” particles

Simulate granular medium: Discrete Element Method

(e.g, see book by Rappaport)

Specify particle-particle/particle-intruder interaction rule



elasticity

dissipation

$$F_n = k\delta^{3/2} - G_n v_n \delta^{1/2}$$

$$F_s = \mu F_n$$

friction

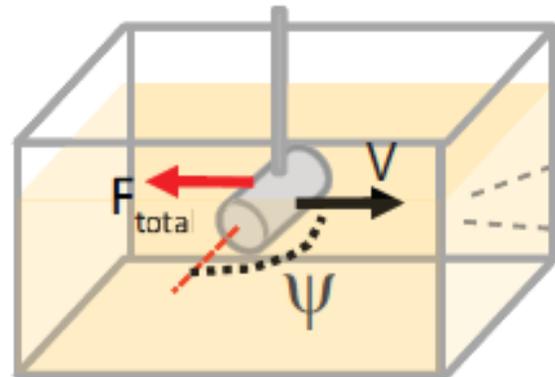
$$k = 2 \times 10^6 \text{ kg s}^{-2} \text{ m}^{-1/2}$$

$$G_n = 15 \text{ kg s}^{-1} \text{ m}^{-1/2}$$

$$\mu_{pp} = 0.1$$

50:50 mix of
3.0, 3.4 mm "glass
spheres"

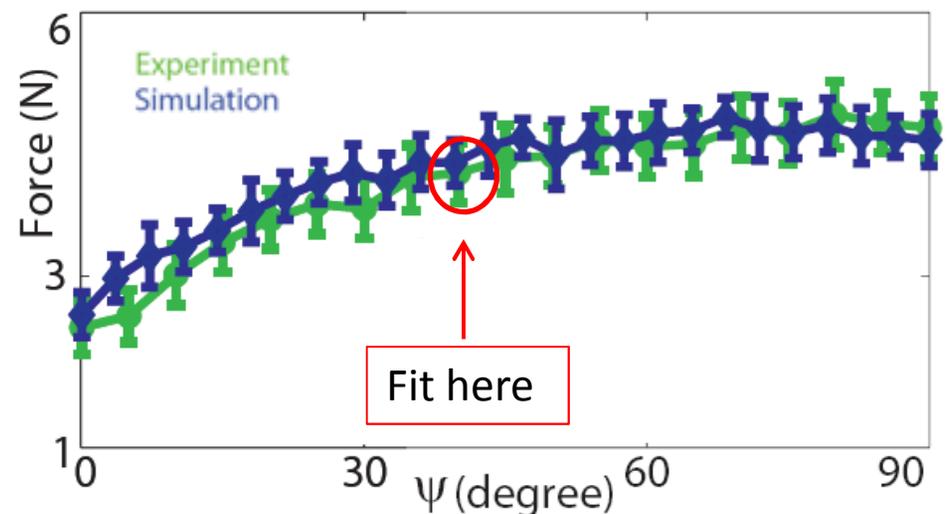
Model validation: rod drag



3 mm
diameter
glass
beads



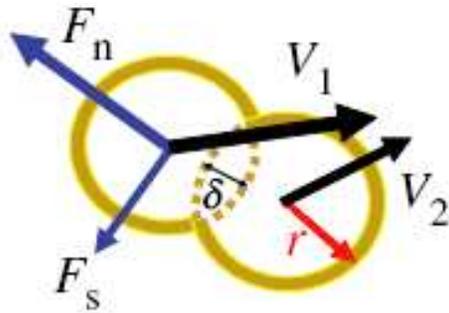
3 cm long
SS
cylinder



Simulate granular medium: Discrete Element Method

(e.g, see book by Rappaport)

Specify particle-particle/particle-intruder interaction rule



Anesthetize animal,
tilt platform until it slides
down, obtain μ_{pb}

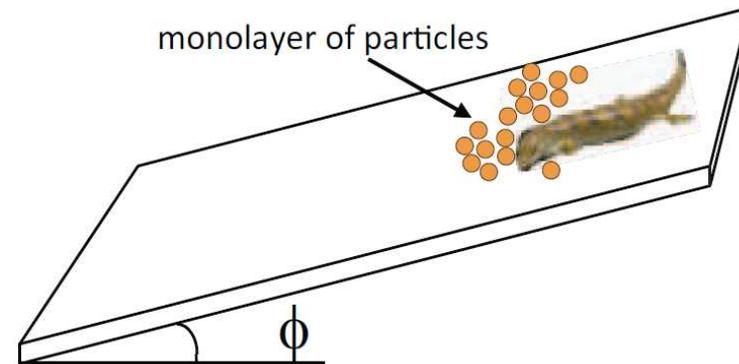
elasticity

dissipation

$$F_n = k\delta^{3/2} - G_n v_n \delta^{1/2}$$

$$F_s = \mu F_n$$

friction



$$k = 2 \times 10^6 \text{ kg s}^{-2} \text{ m}^{-1/2}$$

$$G_n = 15 \text{ kg s}^{-1} \text{ m}^{-1/2}$$

$$\mu_{pp} = 0.1$$

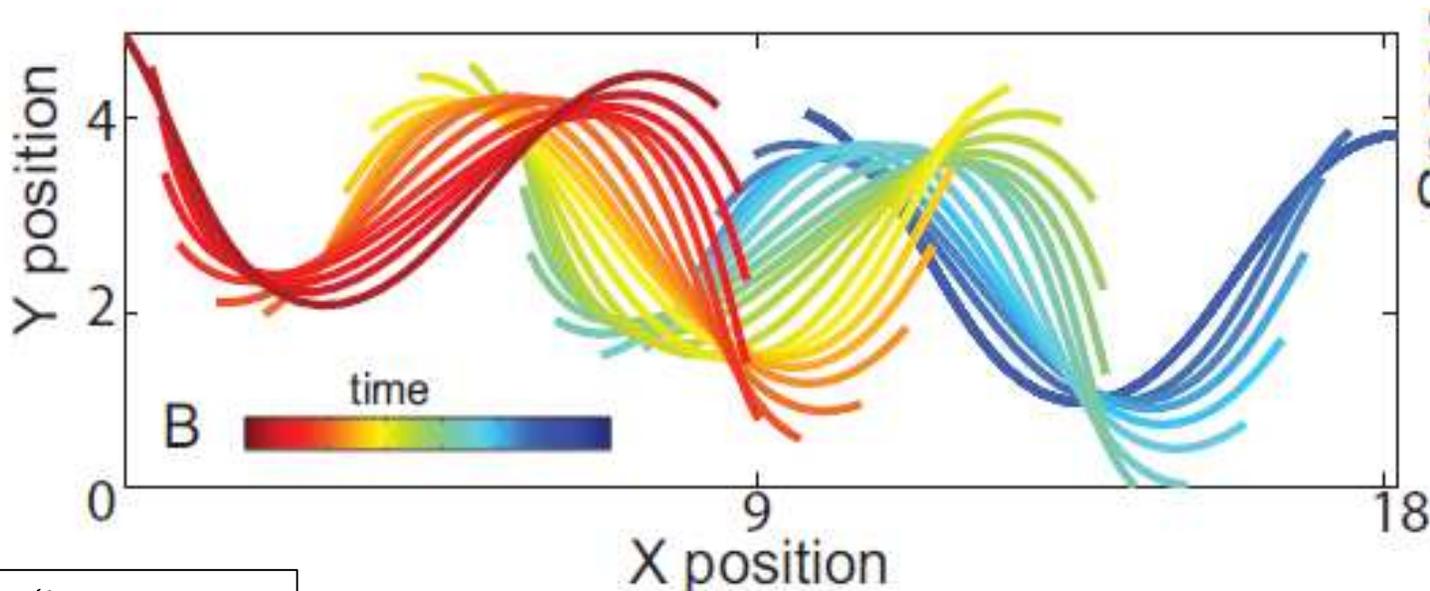
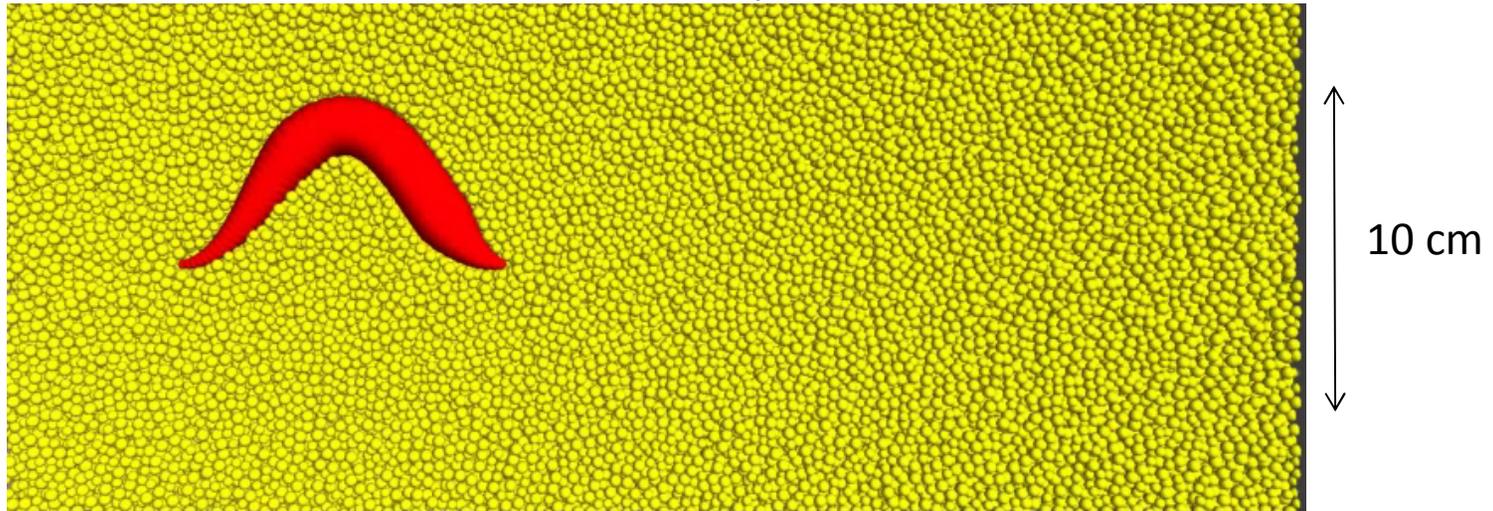
$$\mu_{pb} = 0.27$$

50:50 mix of
3.0, 3.4 mm "glass
spheres)

Animal-particle friction = 0.27

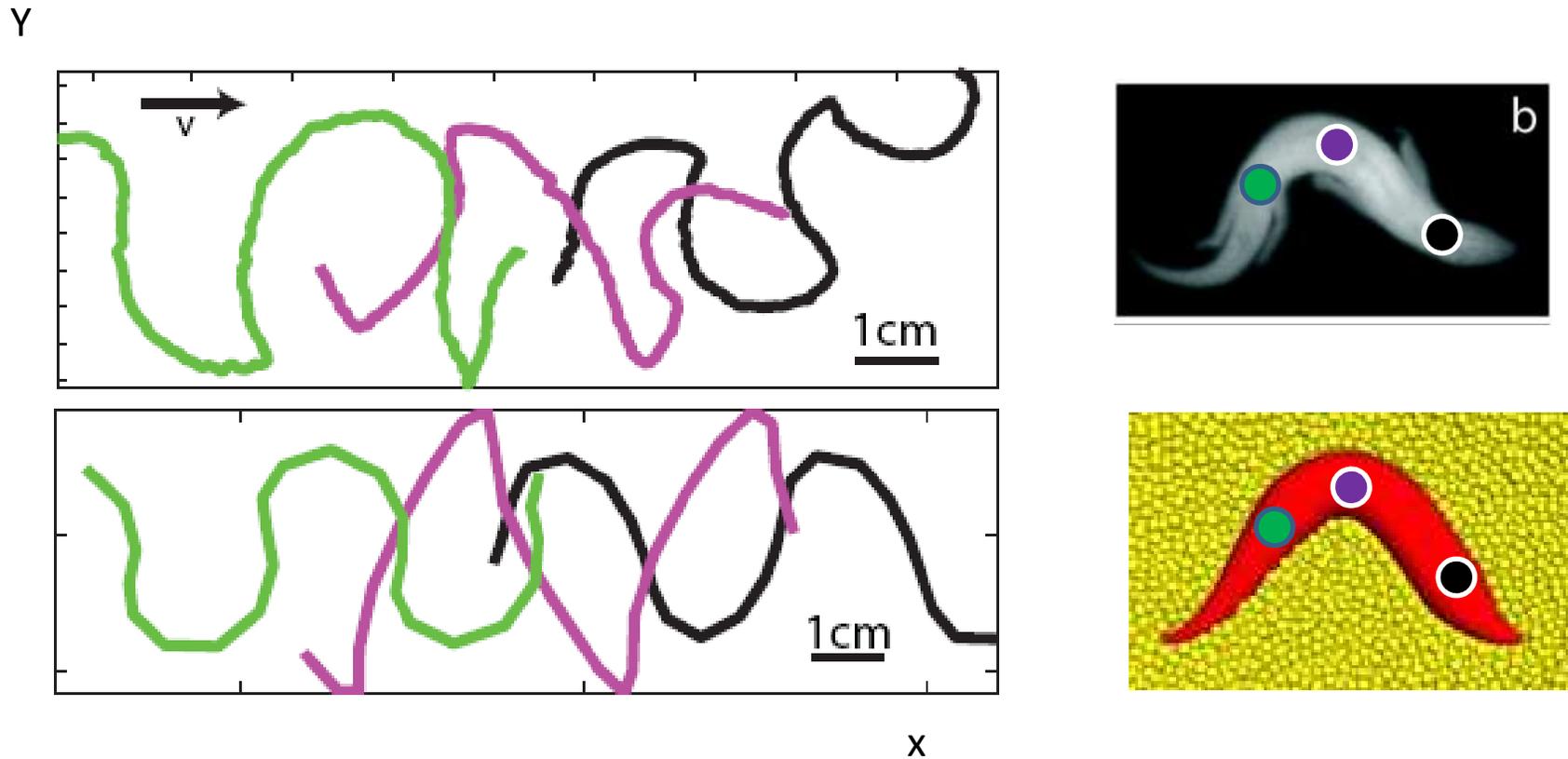
Simulated sand-swimming

Particles above rendered transparent



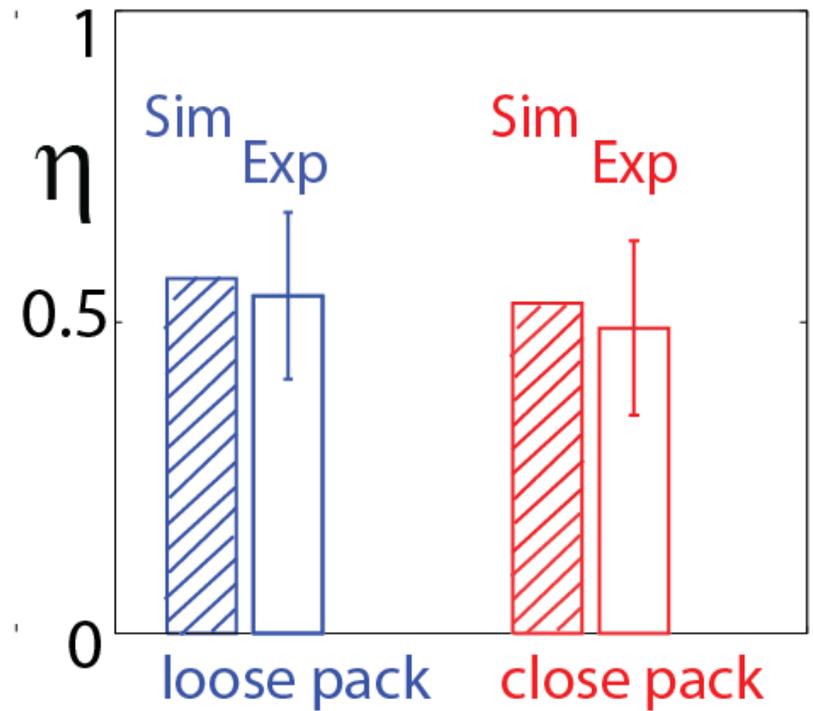
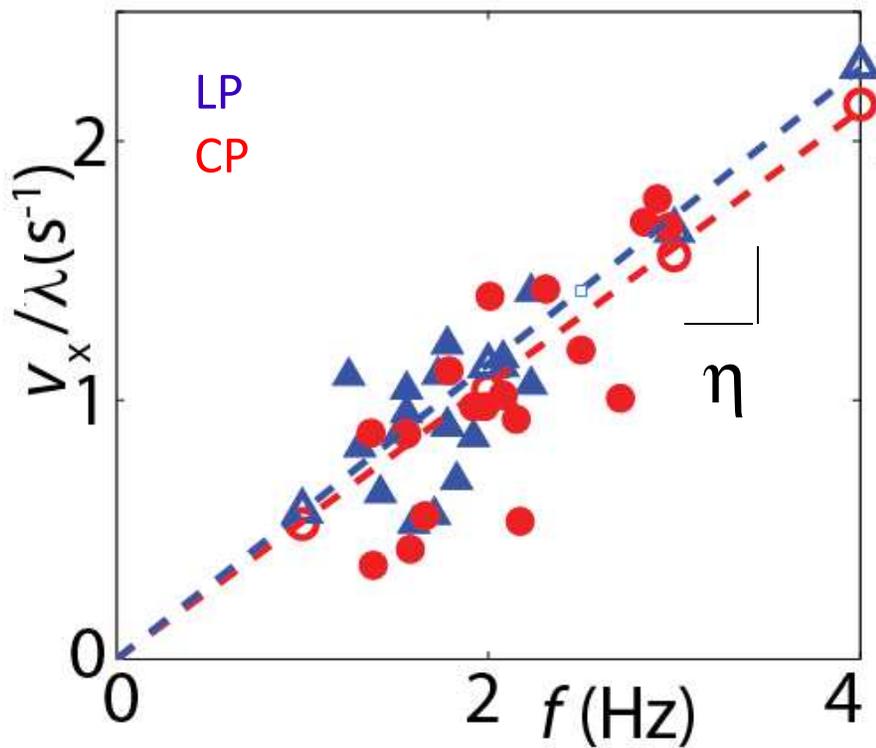
$A/\lambda=0.25, \xi=1, f=1 \text{ Hz}$

Trajectories of body markers



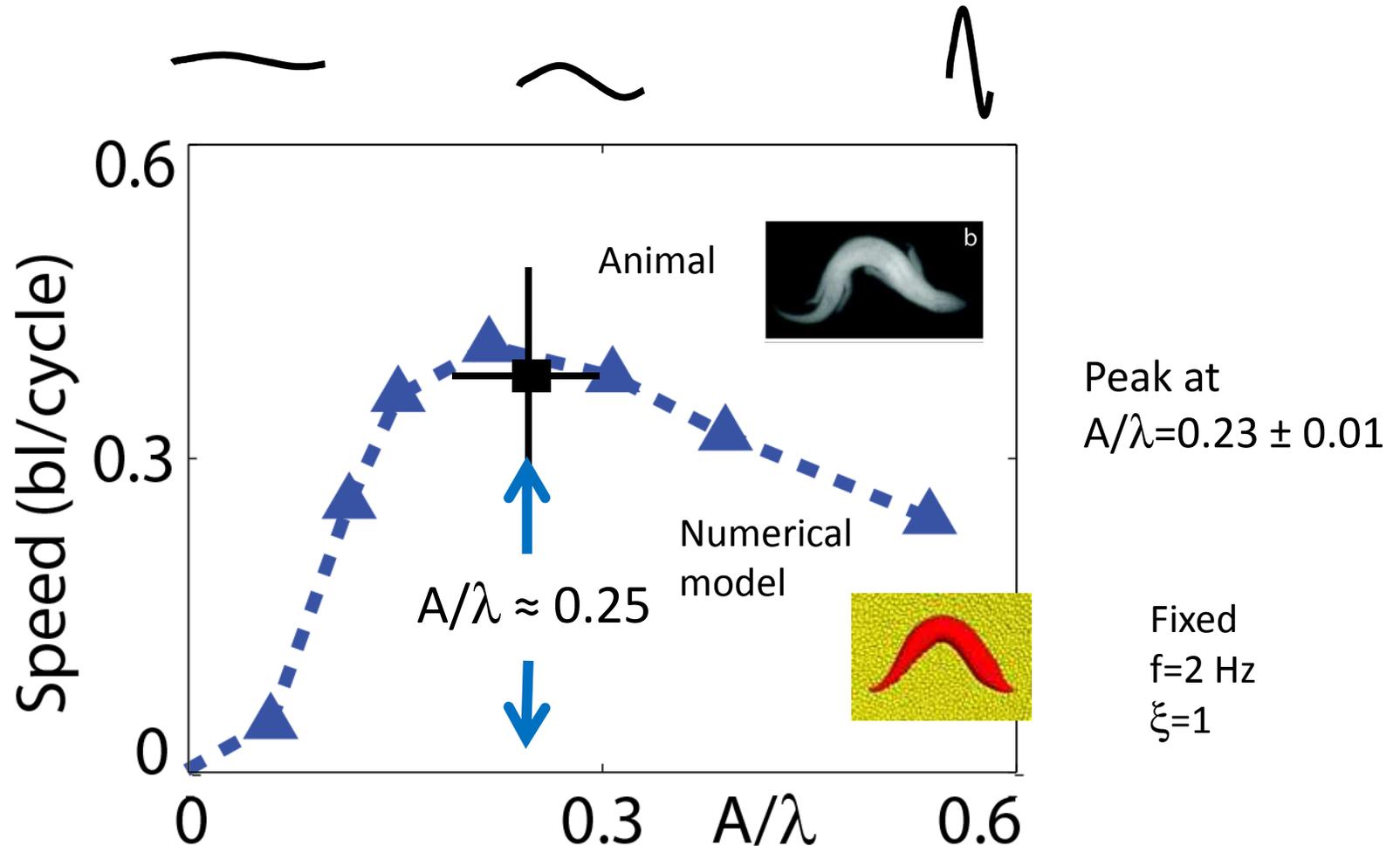
Speed vs frequency and η

Swimming in 3 mm glass particles, in experiment and simulation



$A/\lambda=0.25, \xi=1$

Variation of amplitude-> optimal swimming in sand

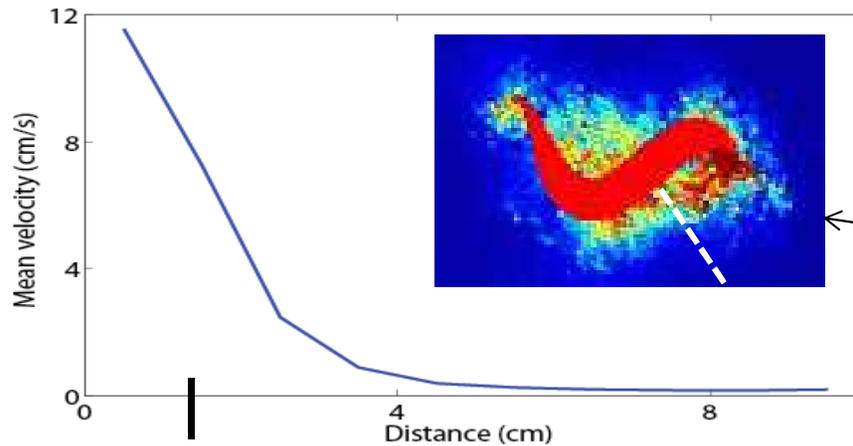
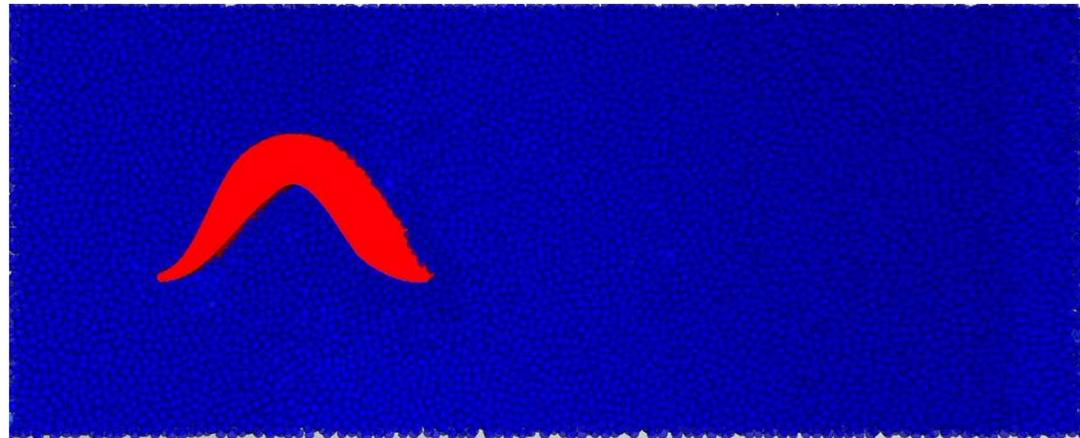


Hypothesis: animal utilizes swimming kinematics which maximize escape into the sand → **a template!**

Localized fluid

Redder particles → higher speed

1 cm



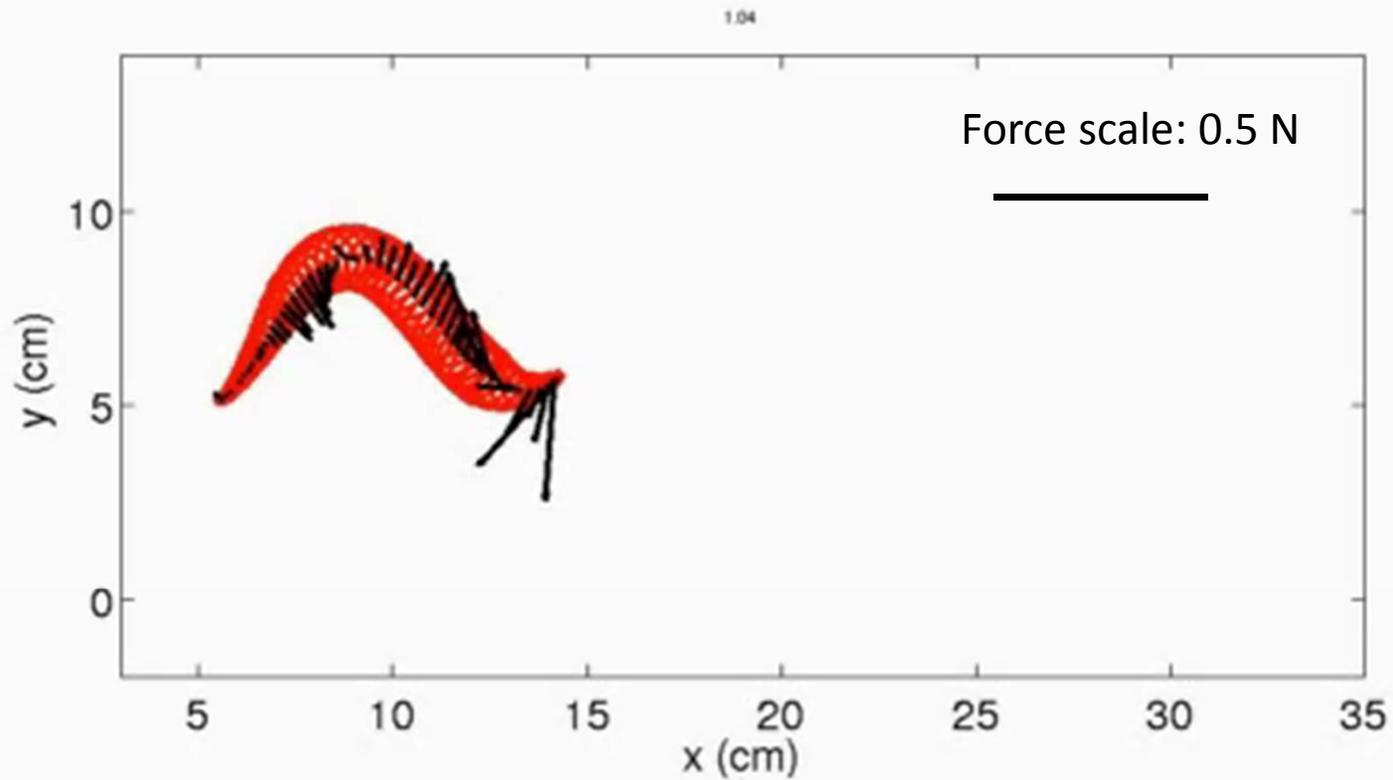
Speed (cm/sec)

max body width

Distance (cm)

Calculate mean particle speed as a function of perpendicular distance from body, along body

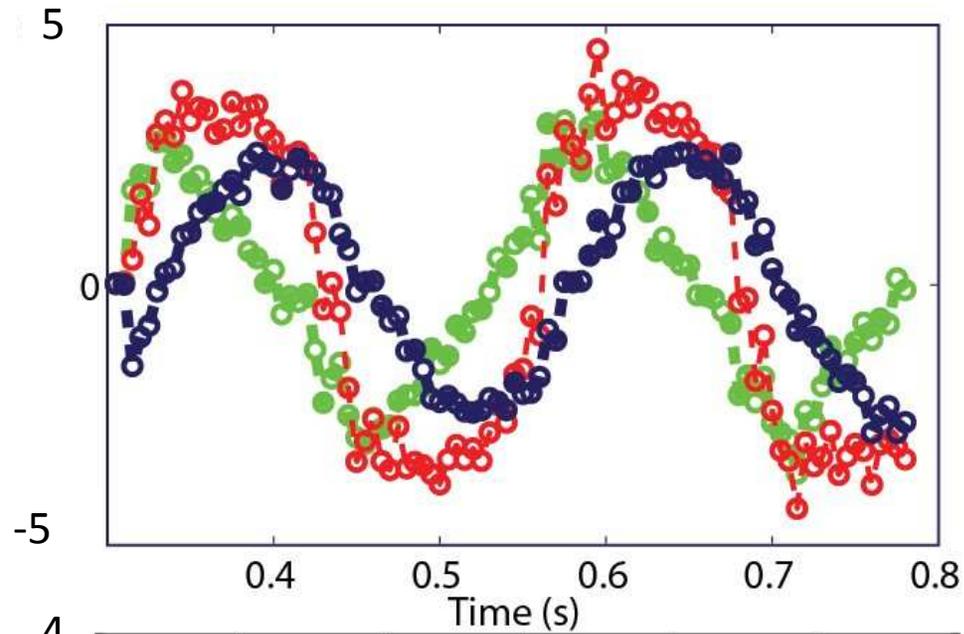
Resistive forces during swimming



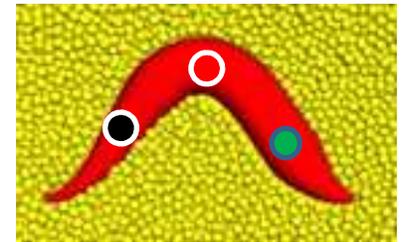
$A/\lambda=0.25, \xi=1$

Motor activation (torque) pattern

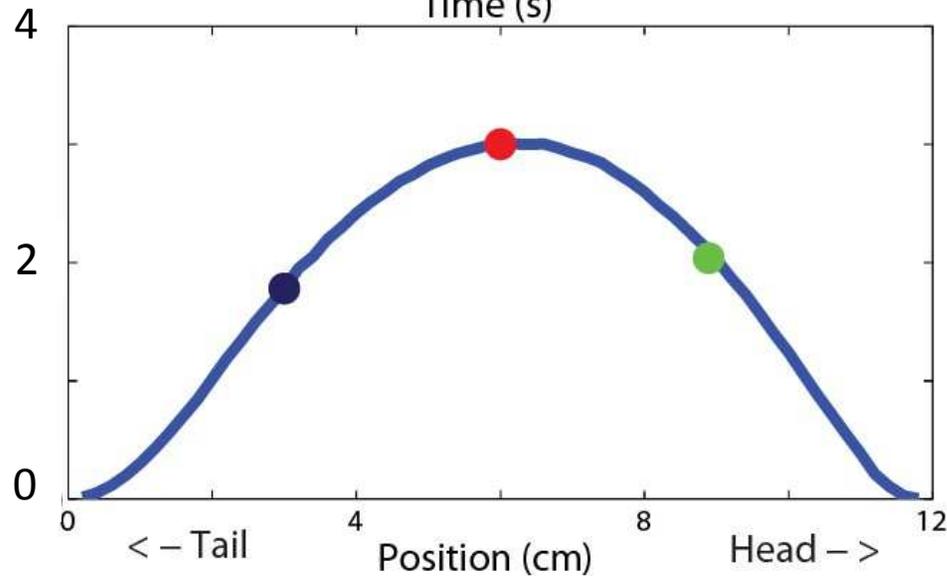
Torque (N-cm)



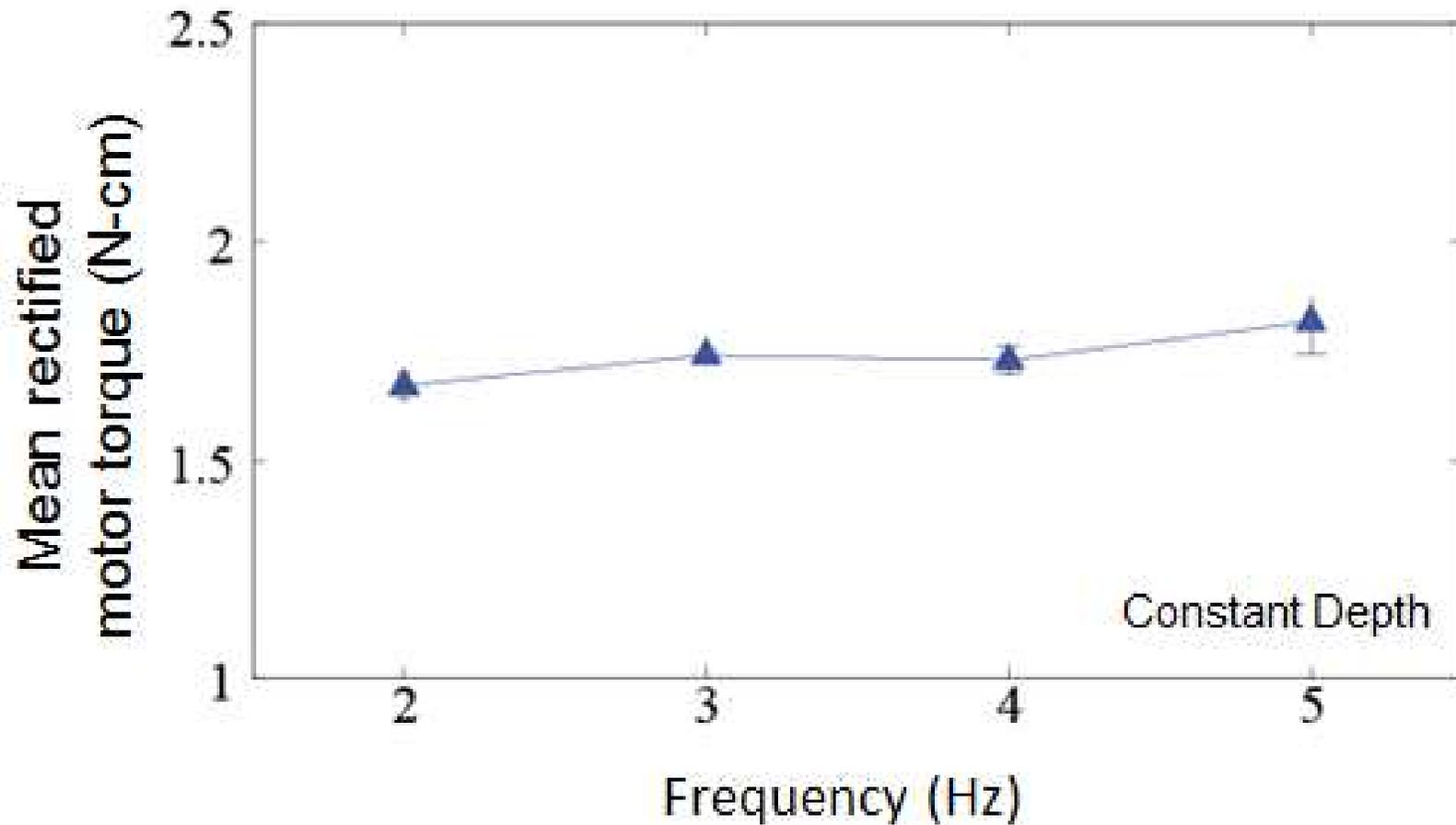
$$A/\lambda=0.2$$



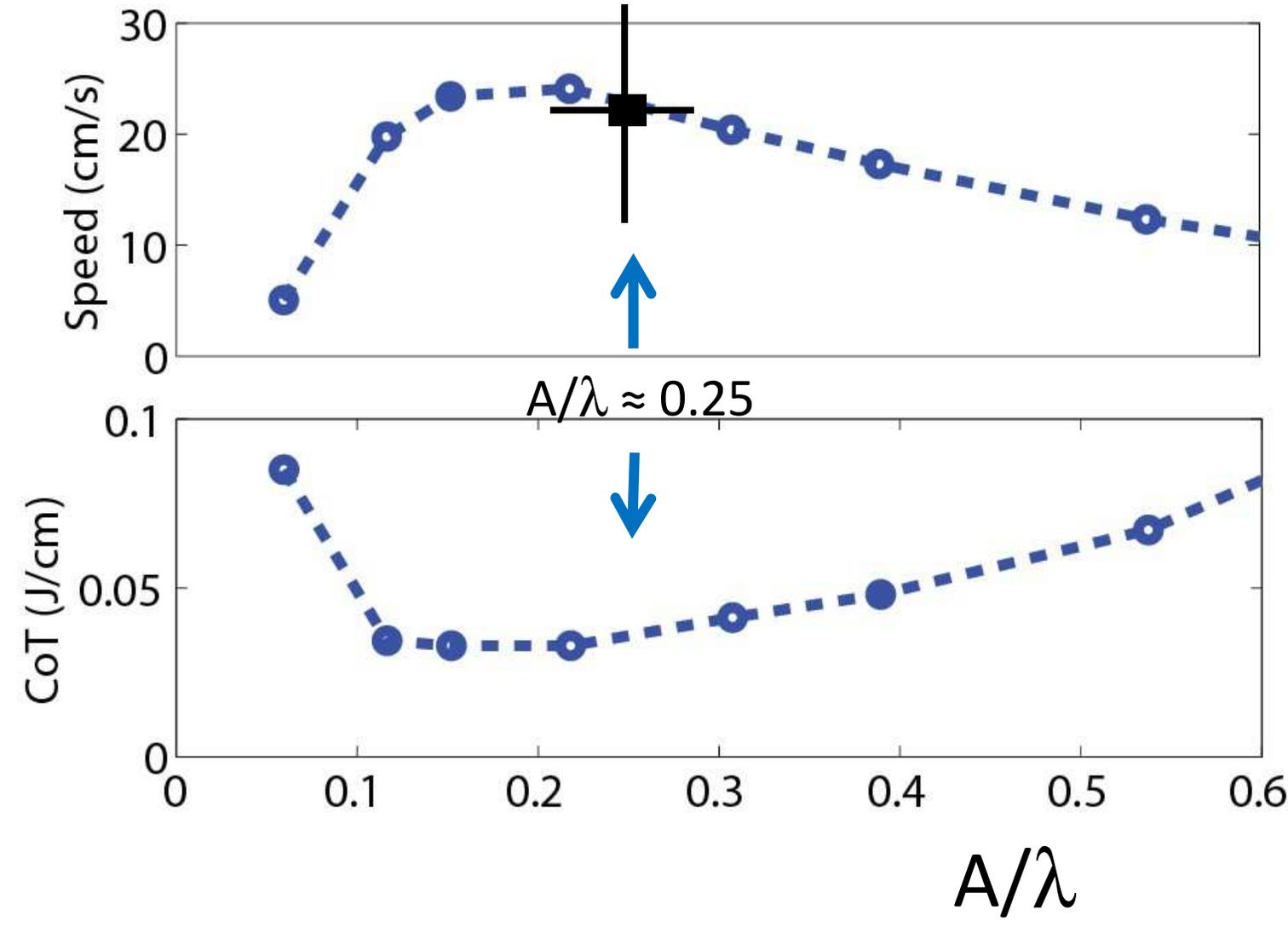
RMS of torque (N-cm)



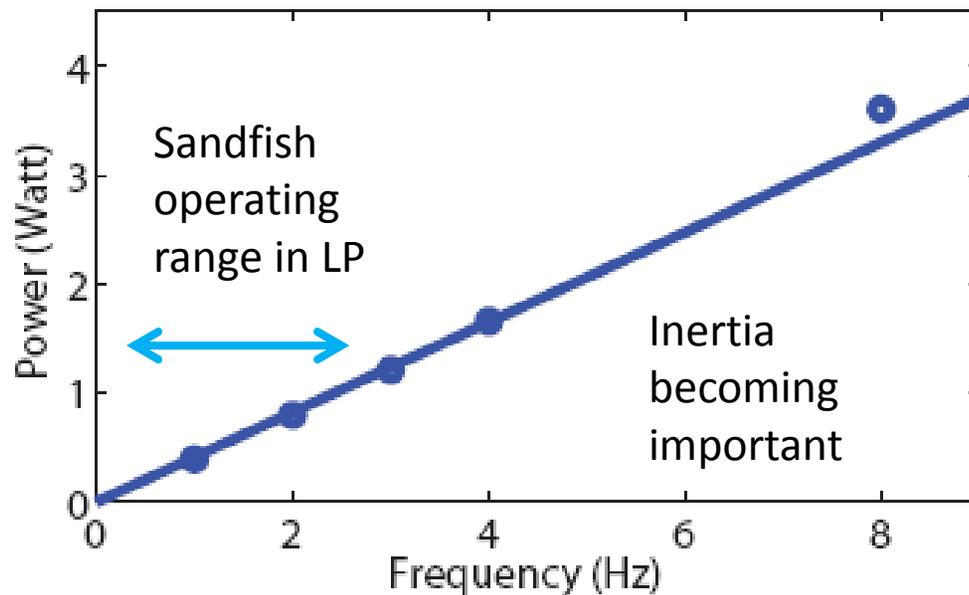
Torque is frequency independent-->
Frictional fluid



Minimum mechanical cost of transport



Power



At $f=2.5$ Hz, total power developed in the 15 gram swimmer is ~ 1 W.

Top is 5 cm below surface

$$1\text{W}/0.015\text{ kg} = 60\text{ W/kg}$$

Vertebrate muscle is capable of ~ 100 W/kg:

--Swoap et al, JEB, 1993 measured 154 W/kg at ~ 40 C in hind limb of desert iguana

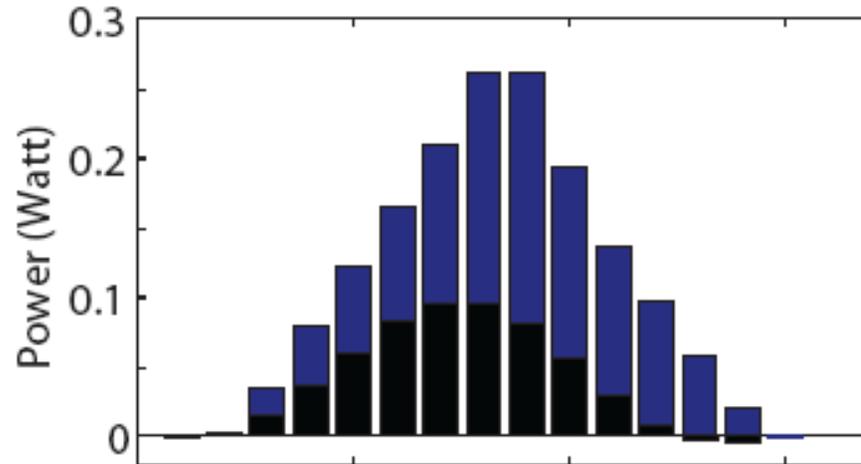
--Carroll & Wainwright, Comp. Bio & Phys, 2006, max of 330 W/kg in epaxial musculature in a bass

so simulation is reasonable in this regard

Power generation and dissipation on the body

Blue= $A/\lambda=0.2$, black= $A/\lambda=0.06$

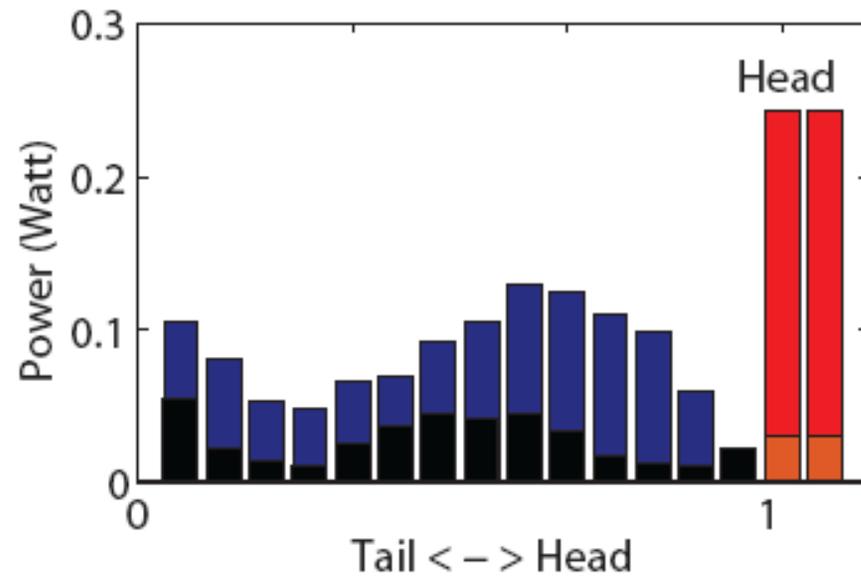
$f=4$ Hz



Power calculated

$$P = \tau \cdot \omega$$

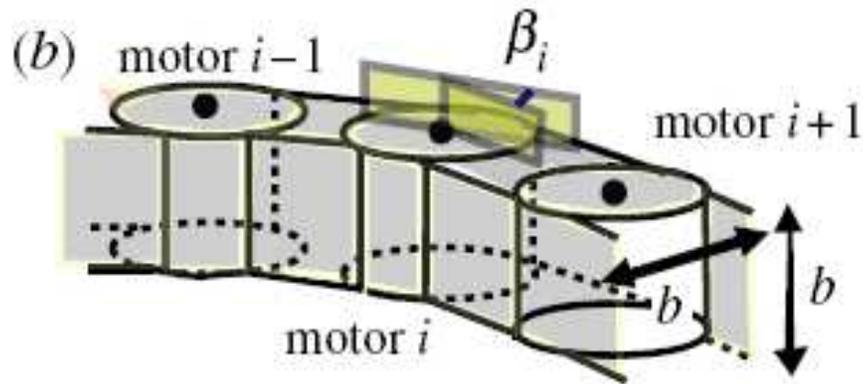
Each bar represents 0.8 cm × 1.6 cm cross-sectional area along the body or on the head.



$$P = F \cdot v$$

Top is 5 cm below surface

Internal actuation generates kinematics



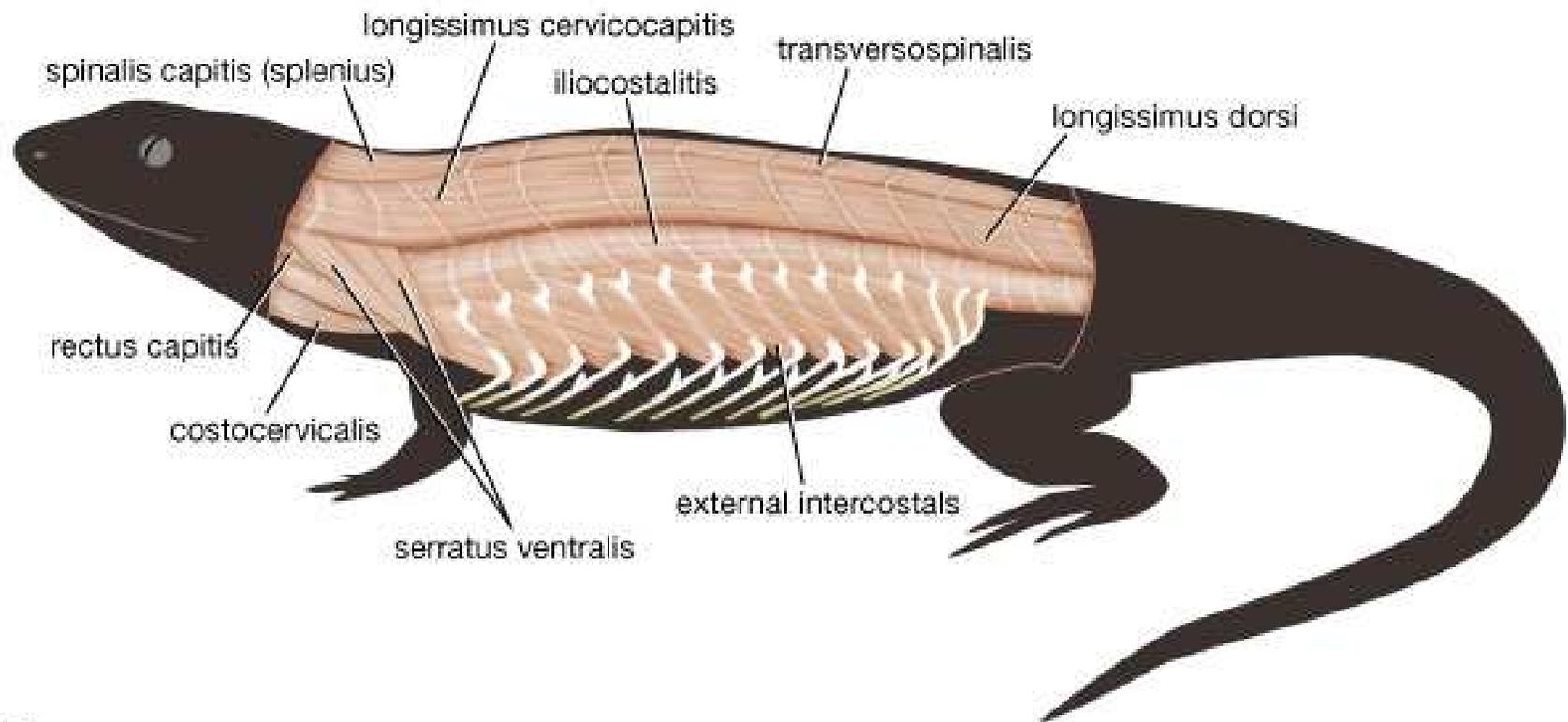
Motor driven



Muscle driven

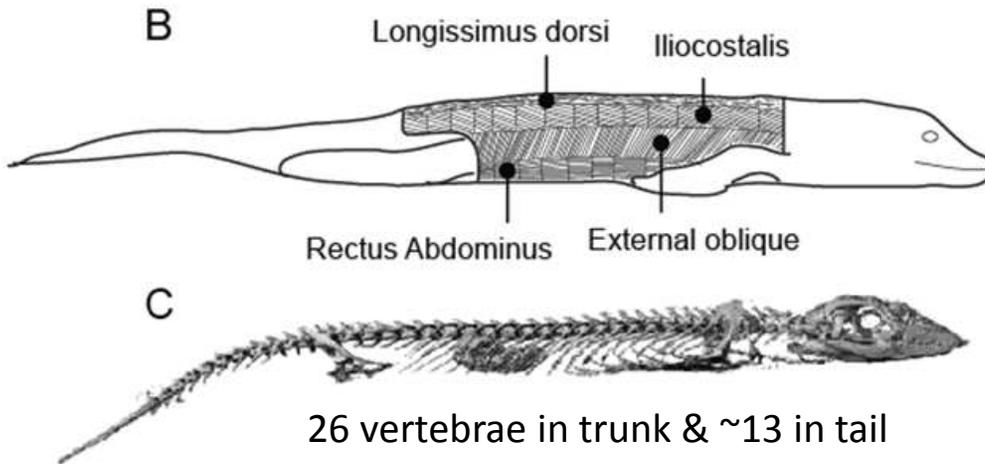
Can we use the model to predict how the sandfish “turns on” its muscles to move its body?

Trunk musculature in a lizard

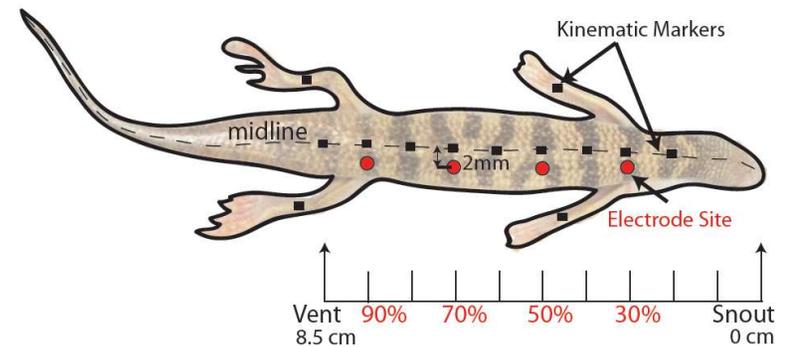


Muscle activity recordings during subsurface swimming

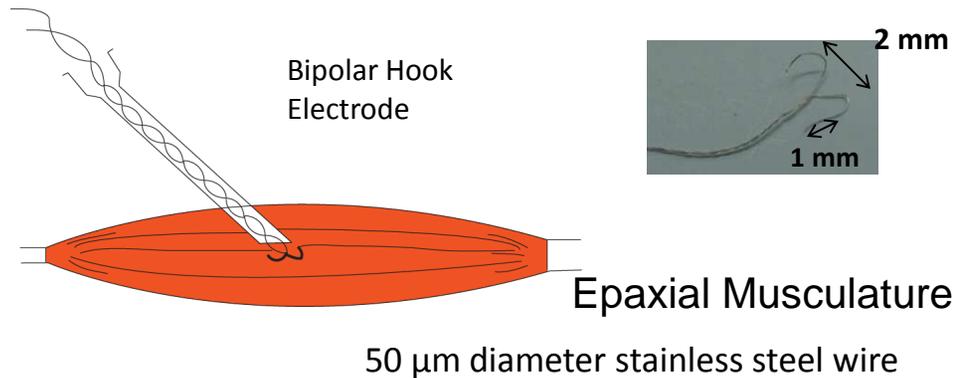
Musculature



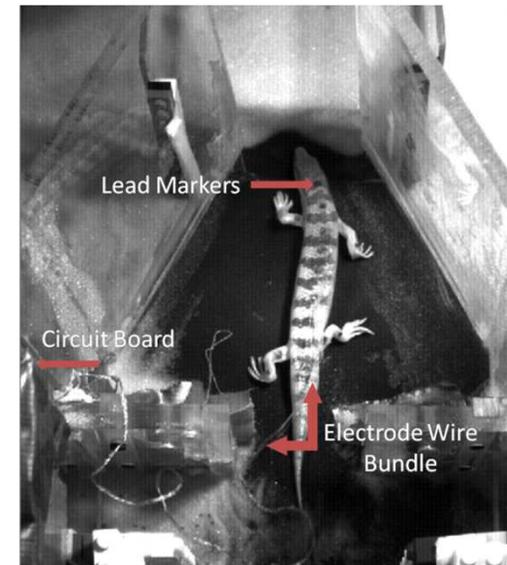
Implantation sites



Recording Technique



Apparatus

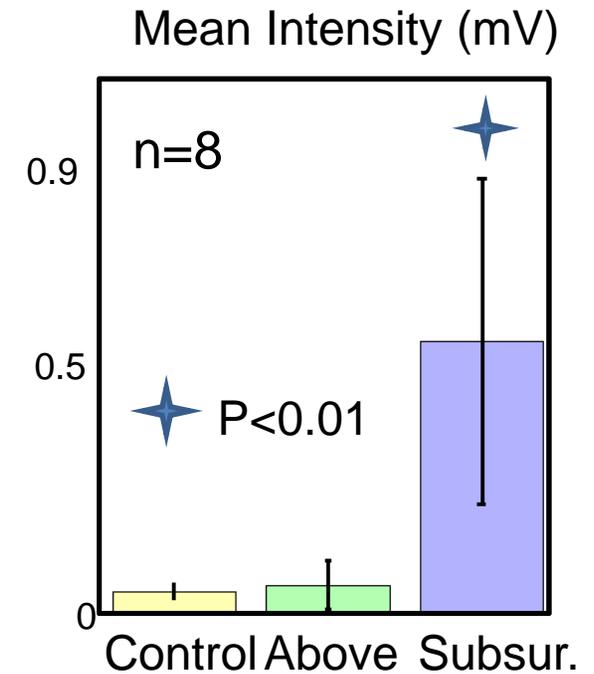
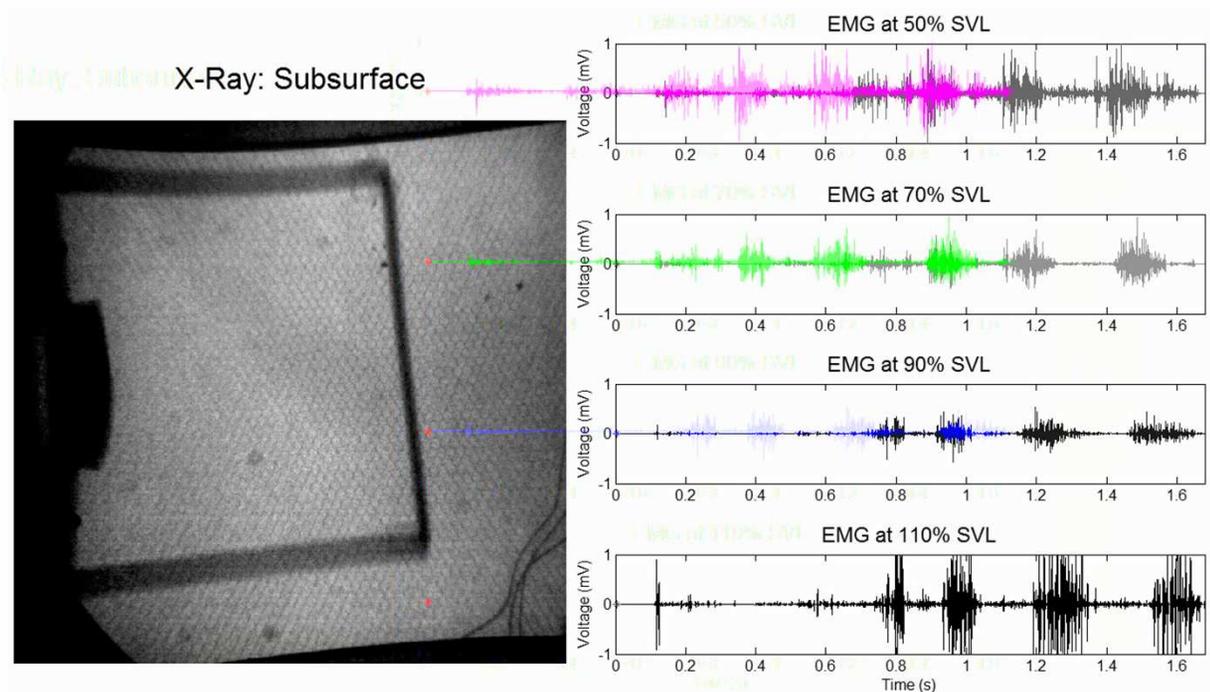


Steinmetz, Goldman, In prep, 2011

Swimming Muscle Activation (EMG)

Steinmetz, Goldman, In prep, 2011

Slowed x10



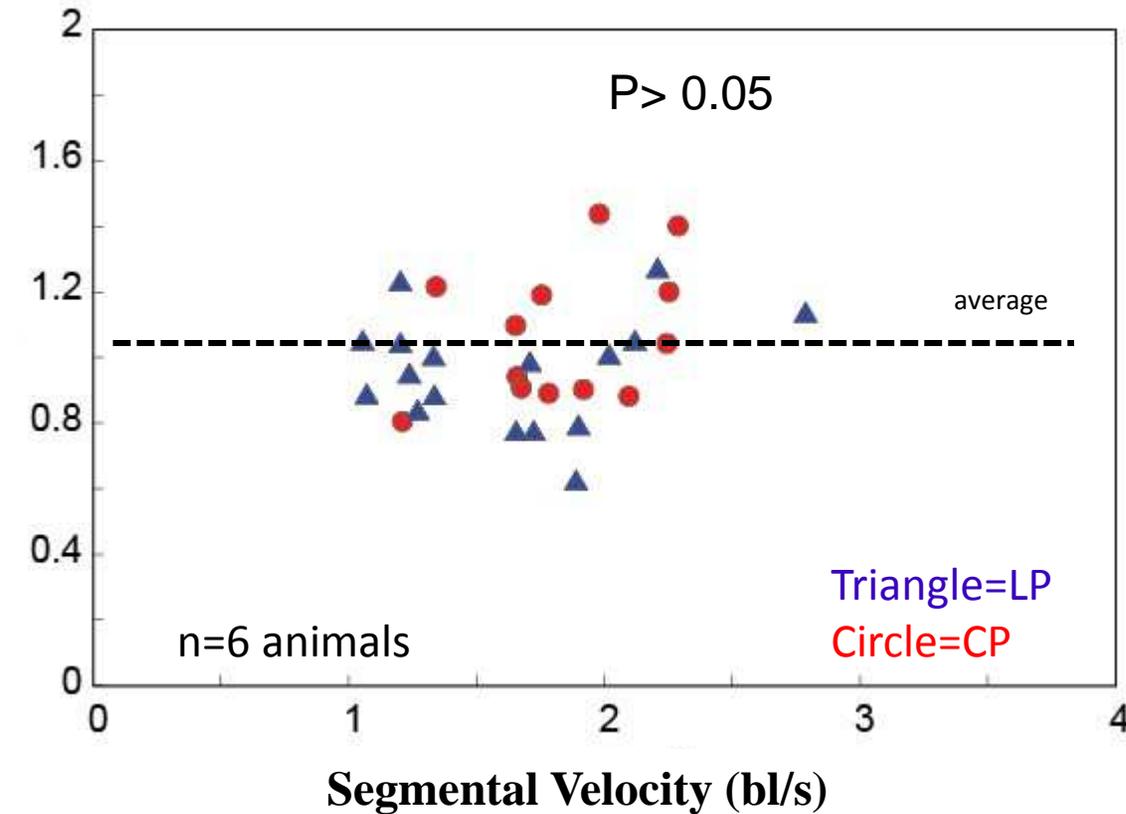
Intensity=EMG burst area/EMG duration

Control: Intensity is recorded when animal is not moving

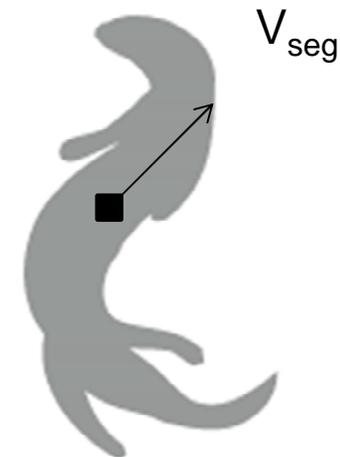
Speed independence

Steinmetz, Goldman, In prep, 2011

Normalized EMG Intensity of 50%
marker at burst 3

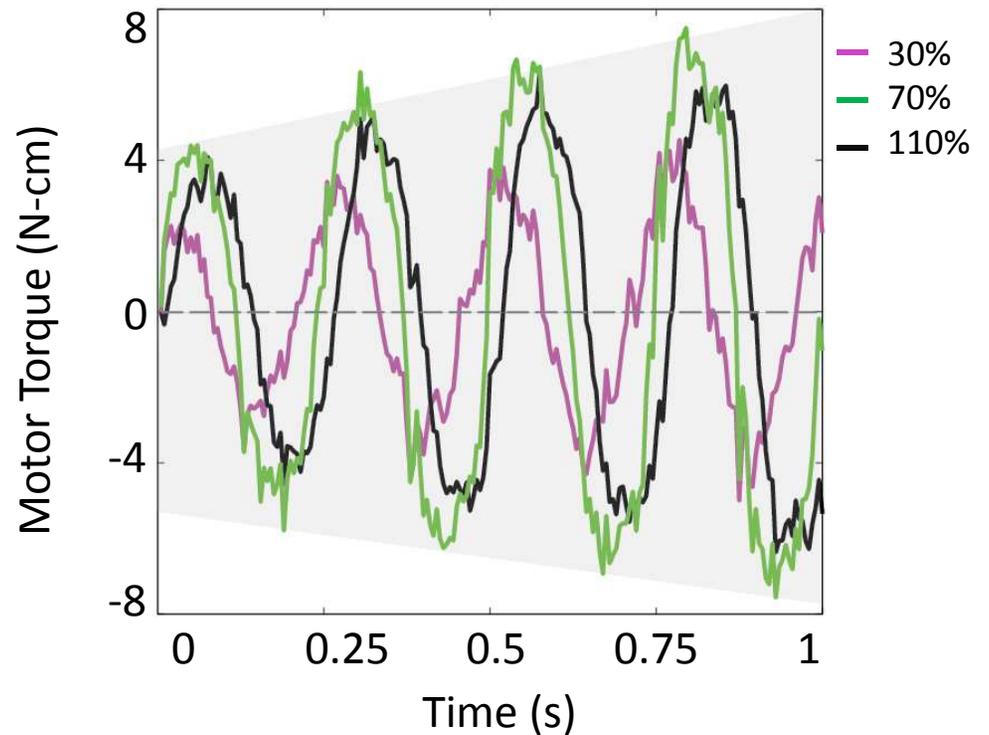
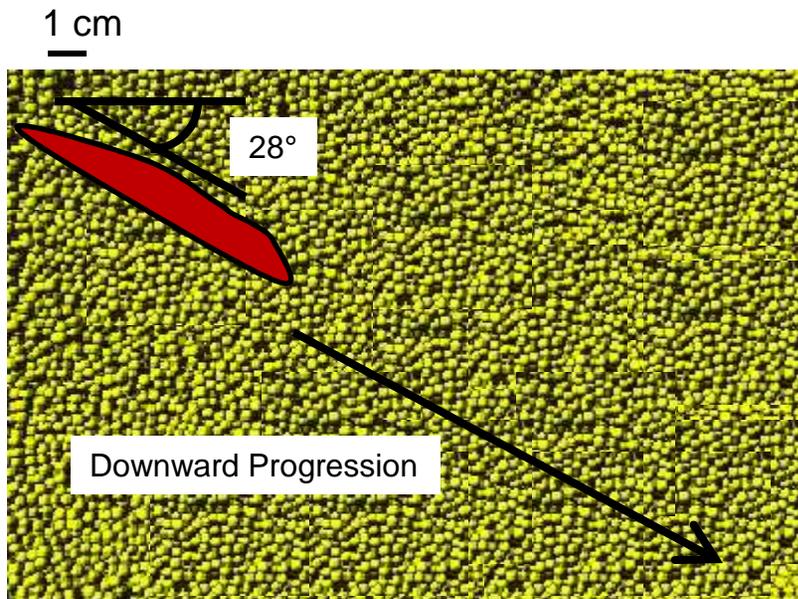


Mean segment velocity for half cycle of unduation

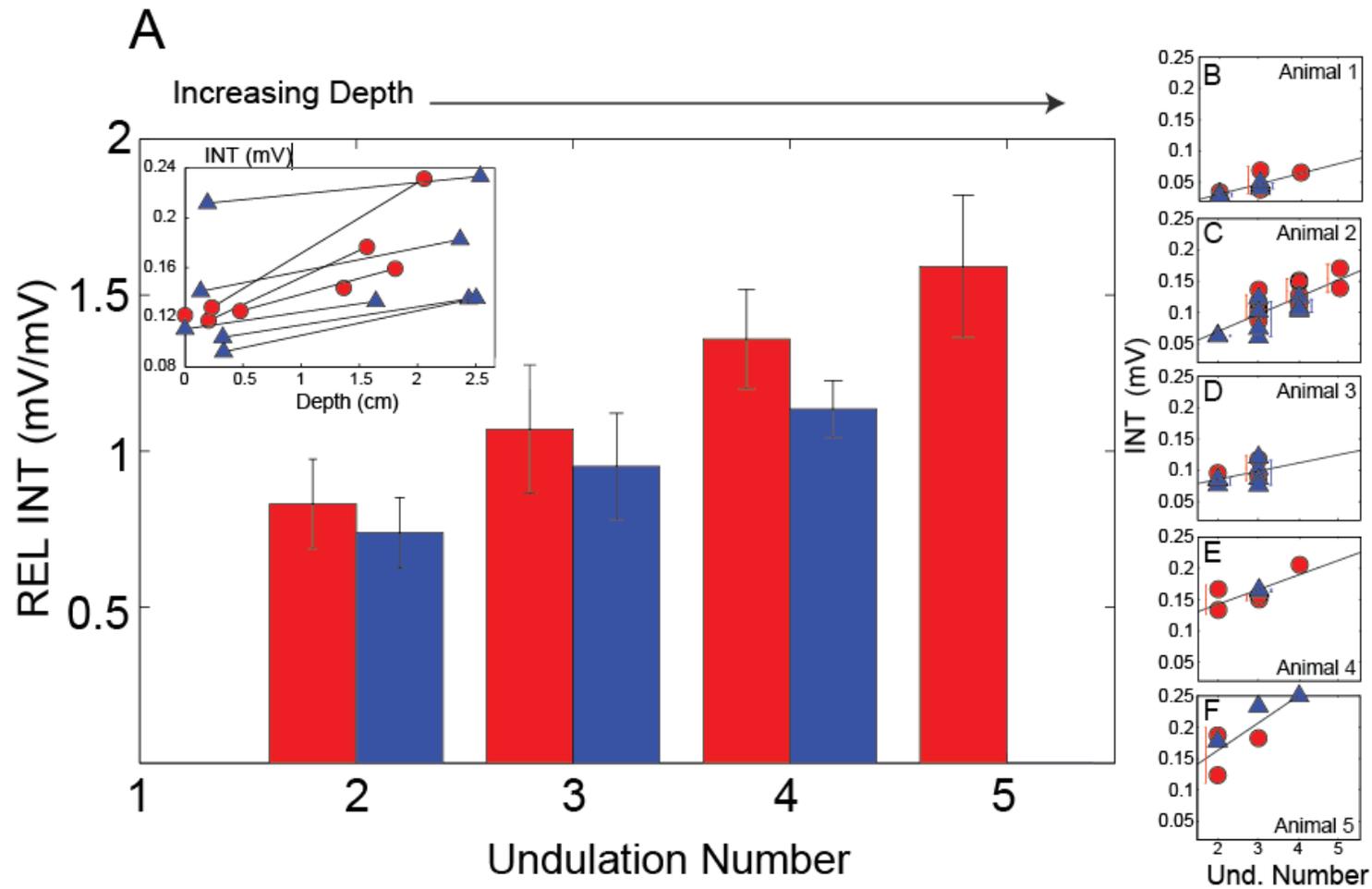


Biological support for frictional fluid picture

Numerical Simulation Predicts an Increase in Motor Torque with Depth



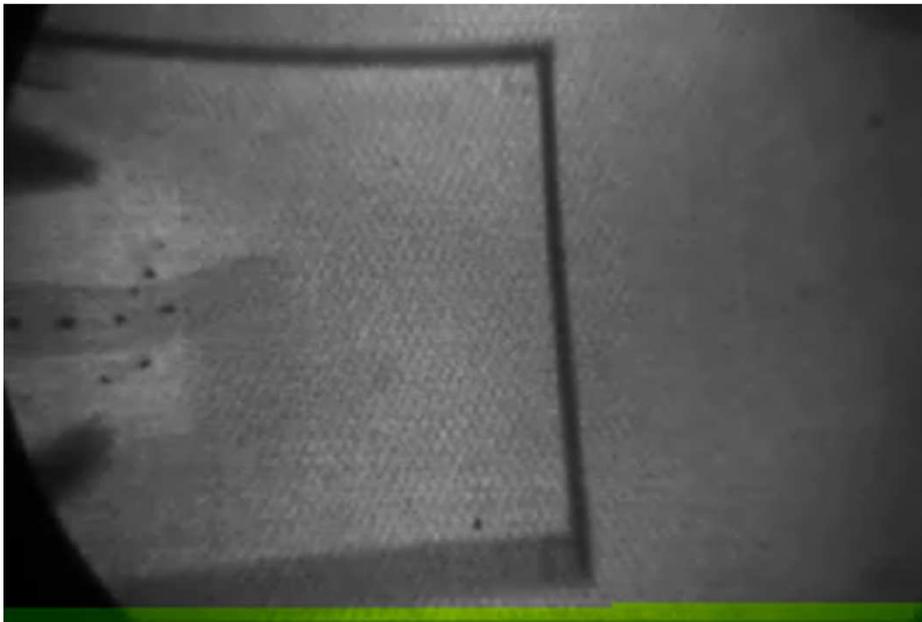
Intensity increases with depth



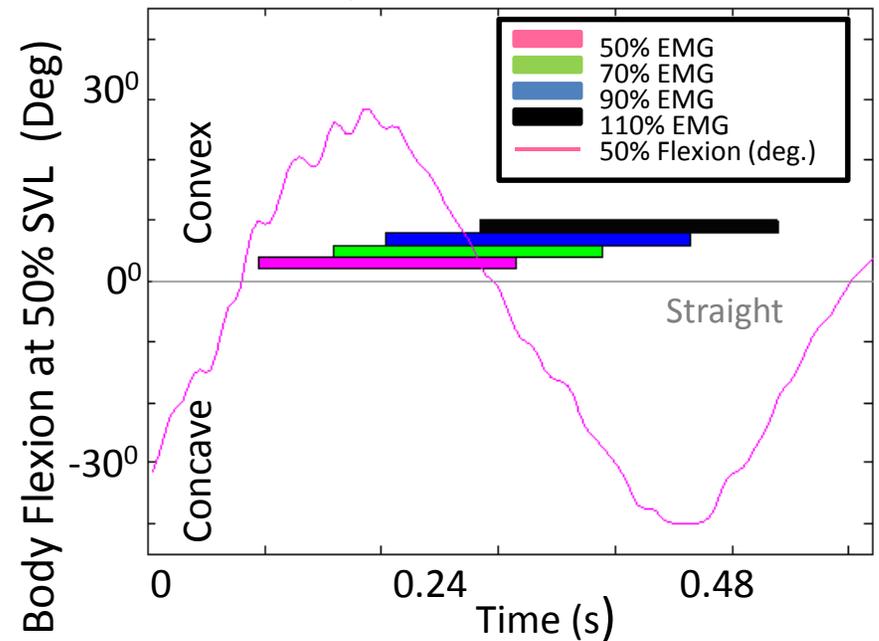
Activation timing of the wave

Slowed x5

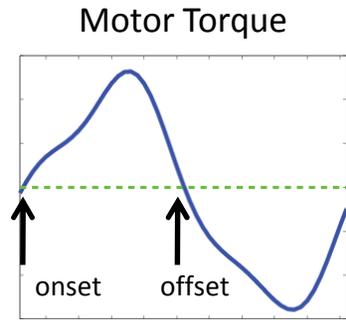
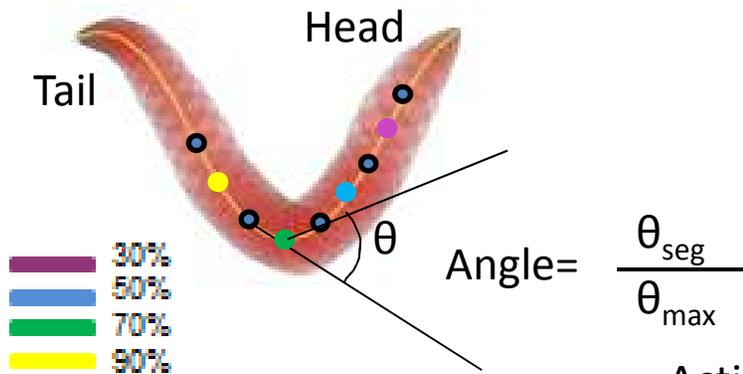
1 cm



EMG Onset Relative to Flexion



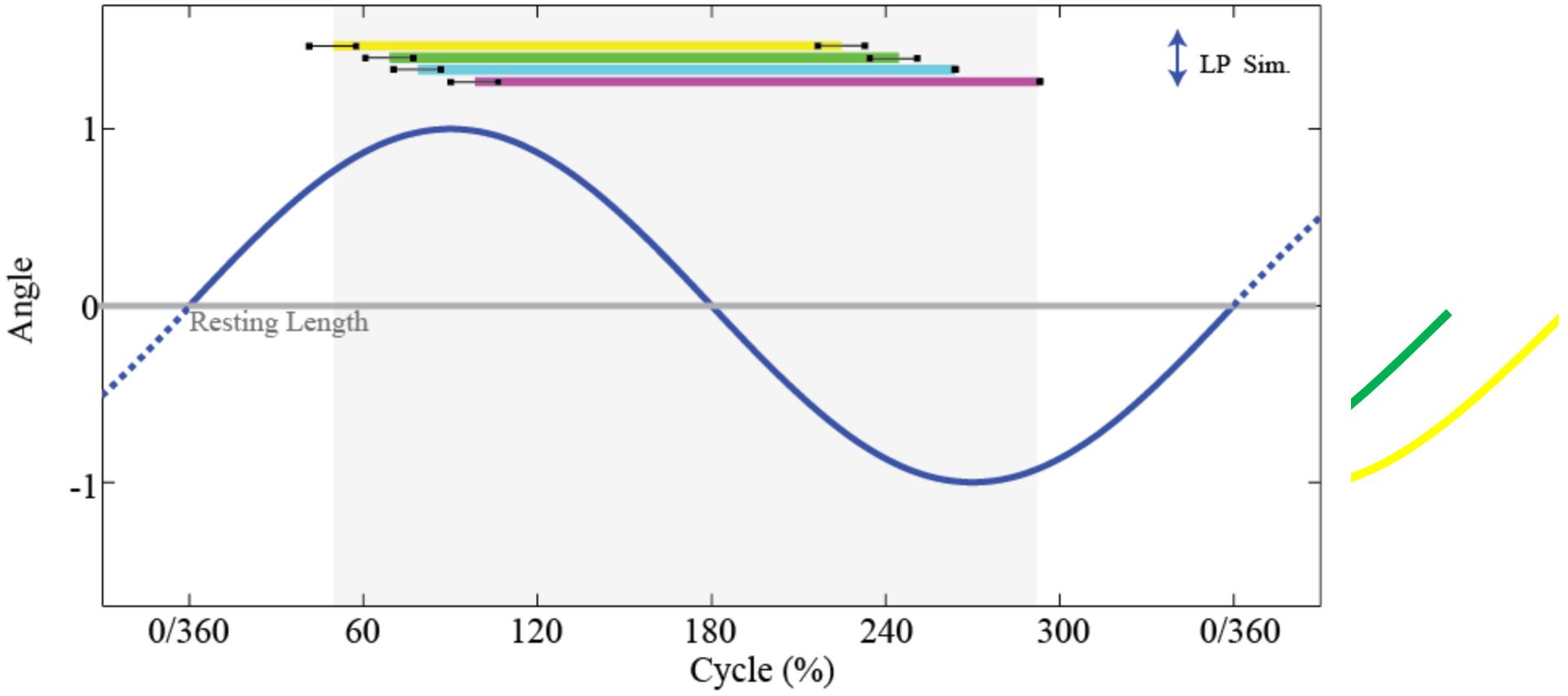
Emergent Activation Pattern with Simple Model



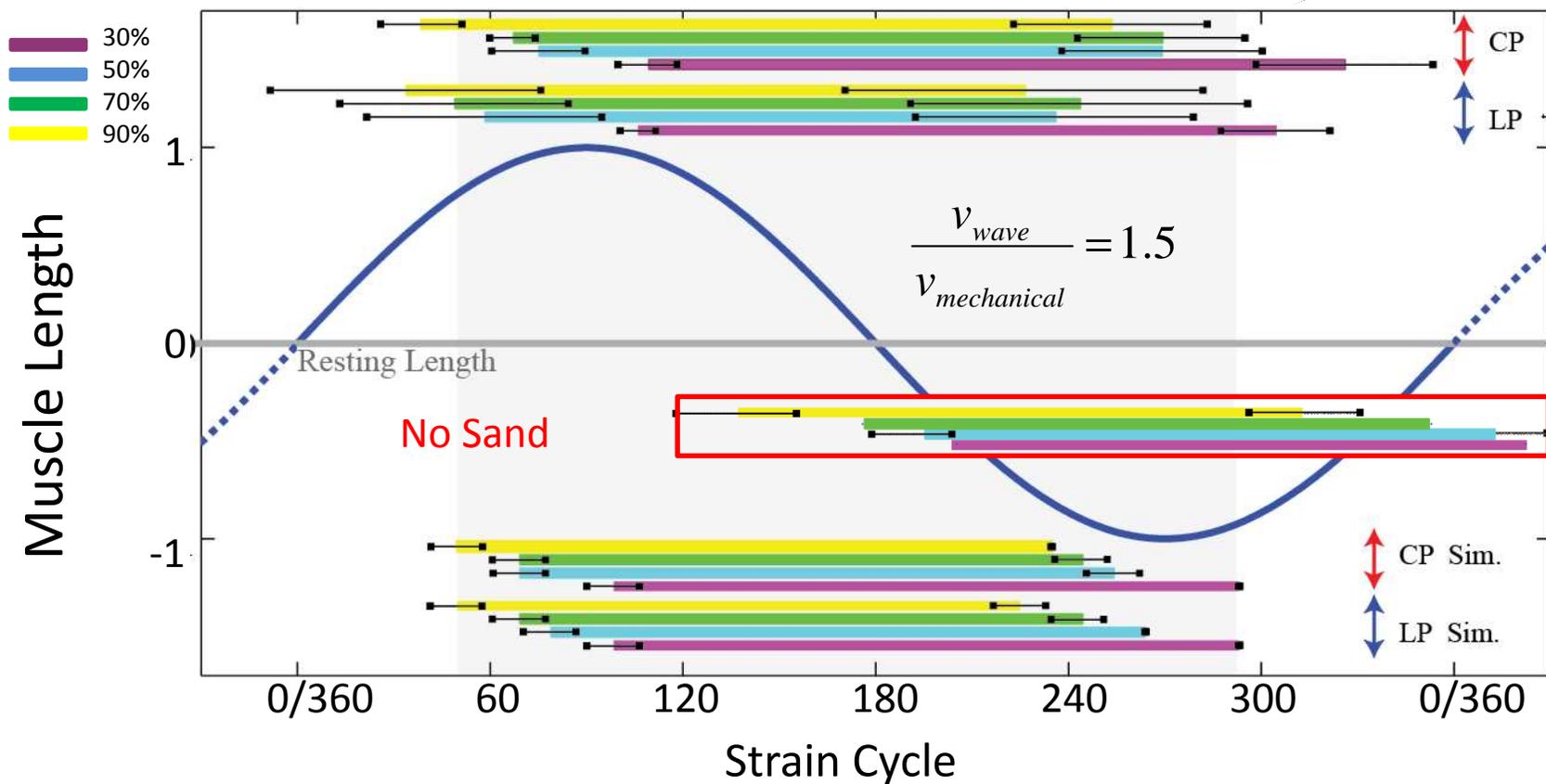
Speed of traveling wave of motor torque is faster than speed of mechanical wave

$$\frac{v_{wave}}{v_{mechanical}} = 2$$

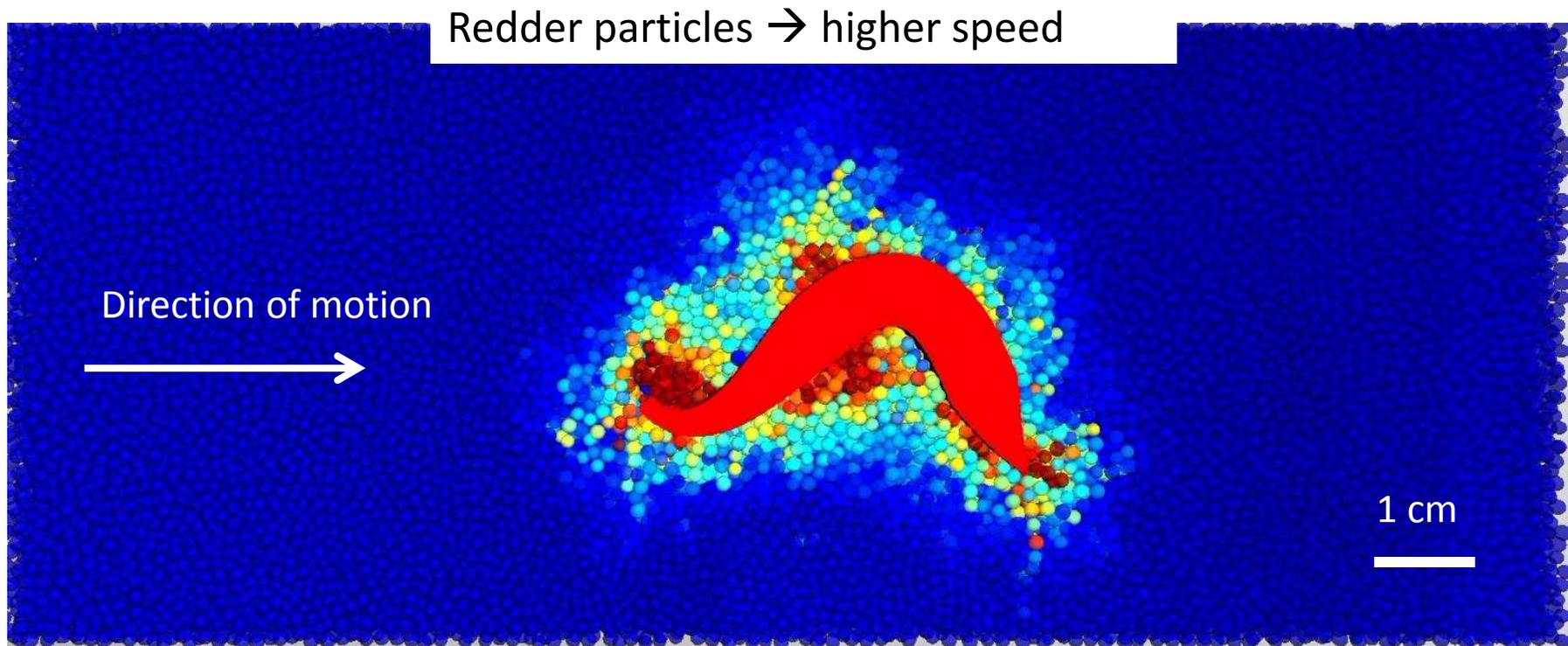
Activation Timing



Timing is similar between experiment and simulation



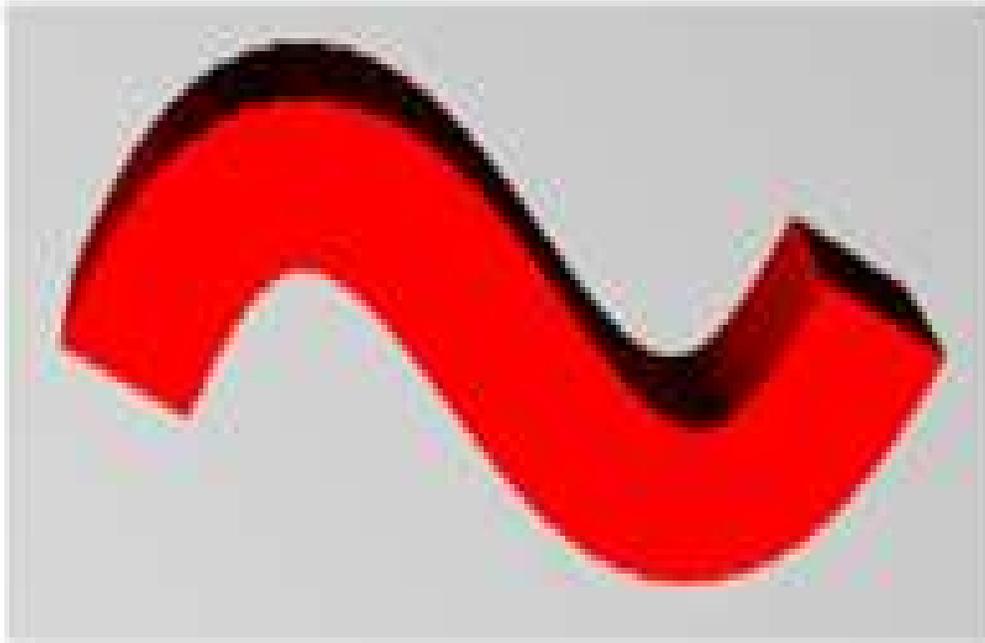
Theory of sand-swimming



- **Goal:** gain analytic understanding using tools developed for small organisms swimming in fluids — *Resistive Force Theory*
- **Simplify:** no taper, flat head (in simulation $\eta=0.45$ for flat head, $\eta=0.57$ for tapered head, difference of $\sim 20\%$)

Resistive force modeling

(after Gray and Hancock, 1954, Taylor 1952)



- **Assume** square cross-section swimming at constant speed at fixed depth with waveform:

$$y = A \sin \frac{2\pi}{\lambda} (x + v_w t) \quad \tan \theta = \frac{dy}{dx} = \frac{2A\pi}{\lambda} \cos \frac{2\pi}{\lambda} (x + v_w t)$$

$$v_y = \frac{dy}{dt} = \frac{2A\pi v_w}{\lambda} \cos \frac{2\pi}{\lambda} (x + v_w t) \quad \psi = \tan^{-1} \left(\frac{v_y}{v_x} \right) - \theta.$$

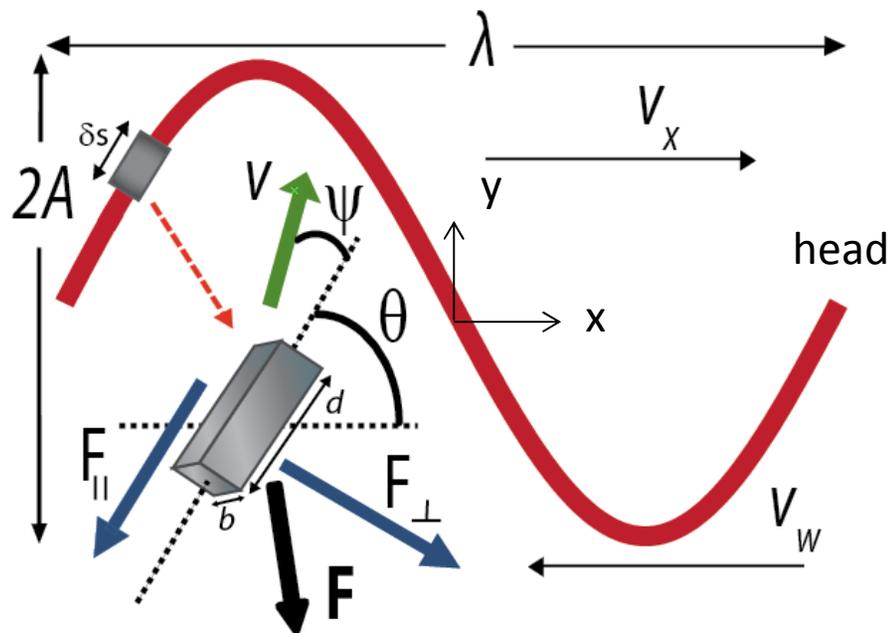
- Non-inertial movement (net thrust=net drag)
- Head drag = flat plate (or for taper use 30% flat plate, Schiffer, 2001)
- Insert force laws to solve for $\eta = v_x / v_w$ for given A, λ and obtain $v_x = \eta v_w = \eta \lambda f$

$$\delta F_x = F_{\perp}(\psi) \sin \theta - F_{\parallel}(\psi) \cos \theta$$

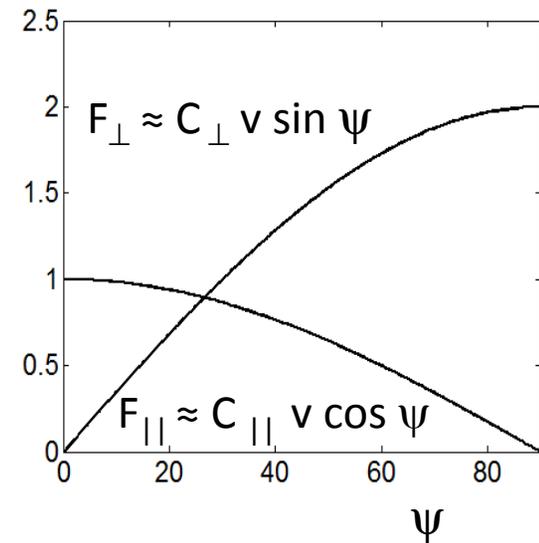
$$\int_0^l \left(\frac{F_{\perp}(\psi)}{\text{area}} \sin \theta - \frac{F_{\parallel}(\psi)}{\text{area}} \cos \theta \right) \sqrt{1 + \tan^2 \theta} b dx + \bar{F}_{head} = 0$$

Resistive force modeling

(after Gray and Hancock, 1954)



In low Re fluids, for long narrow element



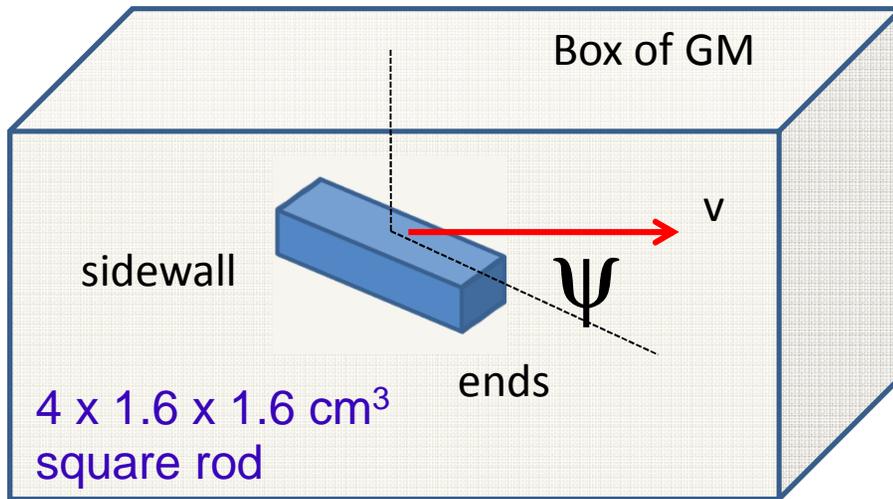
$$\delta F_x = F_{\perp}(\psi) \sin \theta - F_{\parallel}(\psi) \cos \theta$$

$$\int_0^{\lambda} \left(\frac{F_{\perp}(\psi)}{\text{area}} \sin \theta - \frac{F_{\parallel}(\psi)}{\text{area}} \cos \theta \right) \sqrt{1 + \tan^2 \theta} b dx + \bar{F}_{head} = 0$$

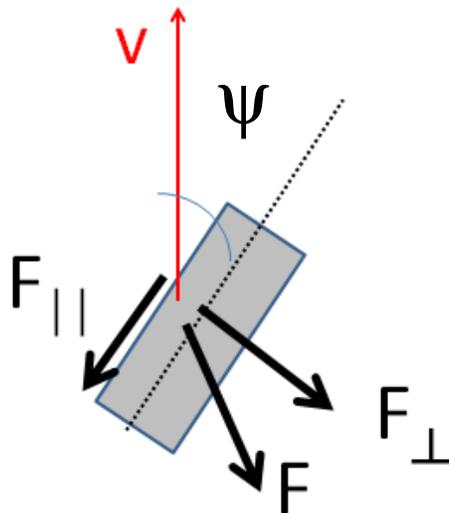
$$C_{\perp} : C_{\parallel} \approx 2:1$$

Granular resistive forces

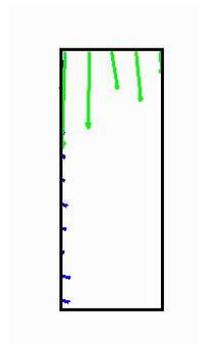
Obtain empirical drag laws for F_{\perp} and F_{\parallel}



- Drag rod in **simulation** of 3 mm “glass” particles while varying φ
- Use simulation to resolve forces on all surfaces
- Average in space and time during **steady state**, divide by area to find surface stresses

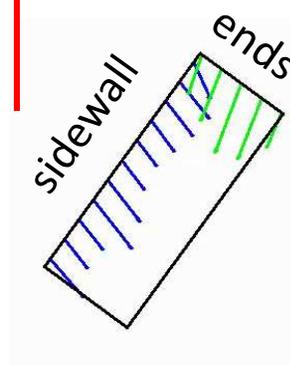


$\varphi=0^\circ$

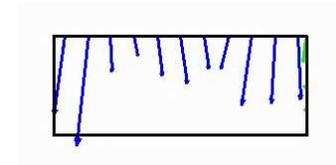


v

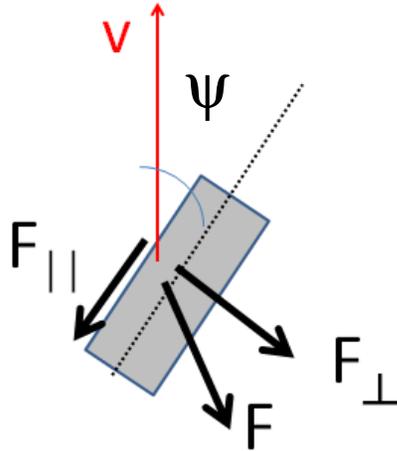
$\varphi=43^\circ$



$\varphi=90^\circ$



Granular resistive forces



Empirical granular resistive force laws

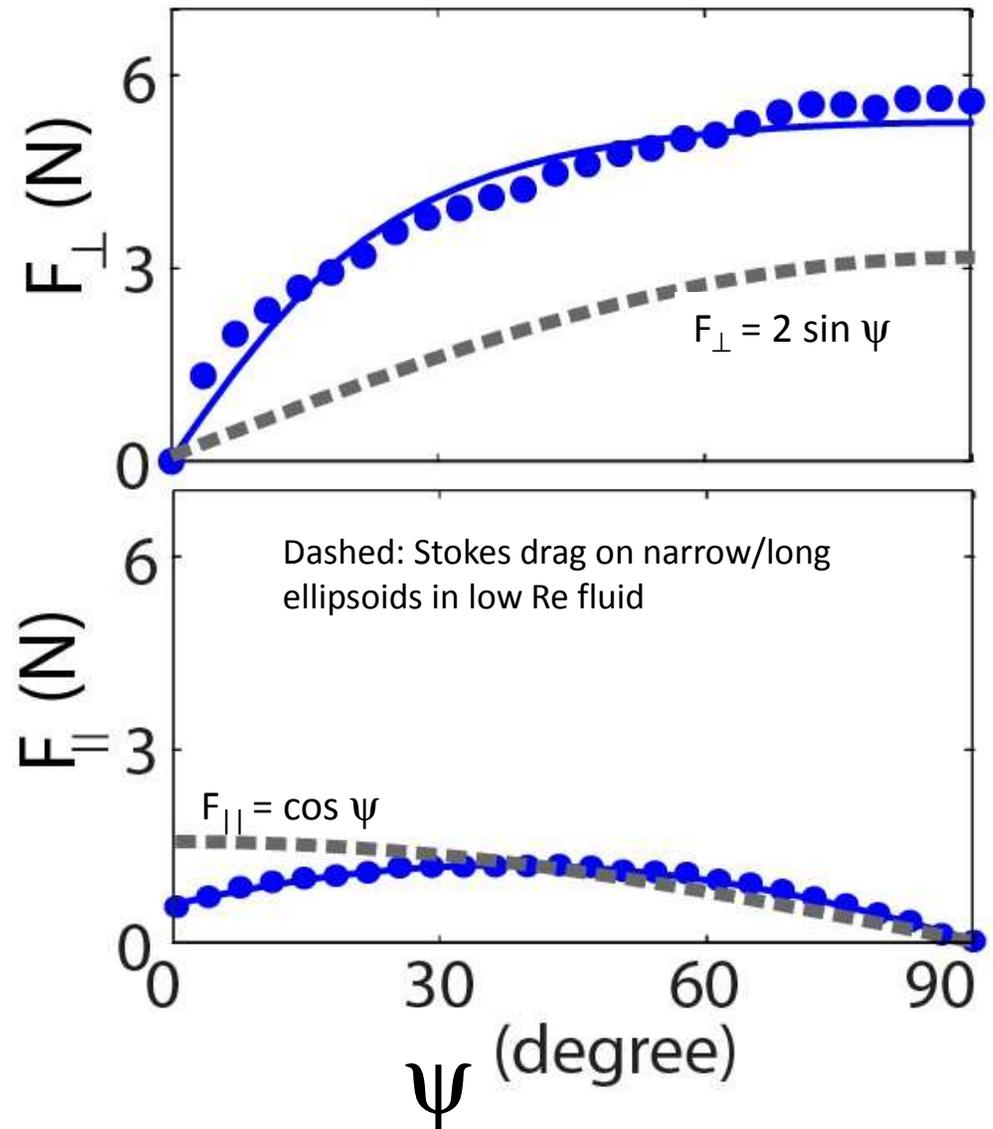
$$F_{\perp} = C_S \sin \beta_0$$

$$F_{||} = [C_F \cos \psi + C_L(1 - \sin \psi)]$$

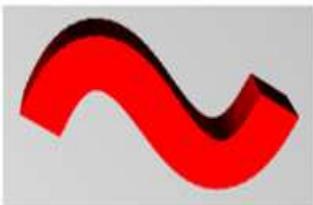
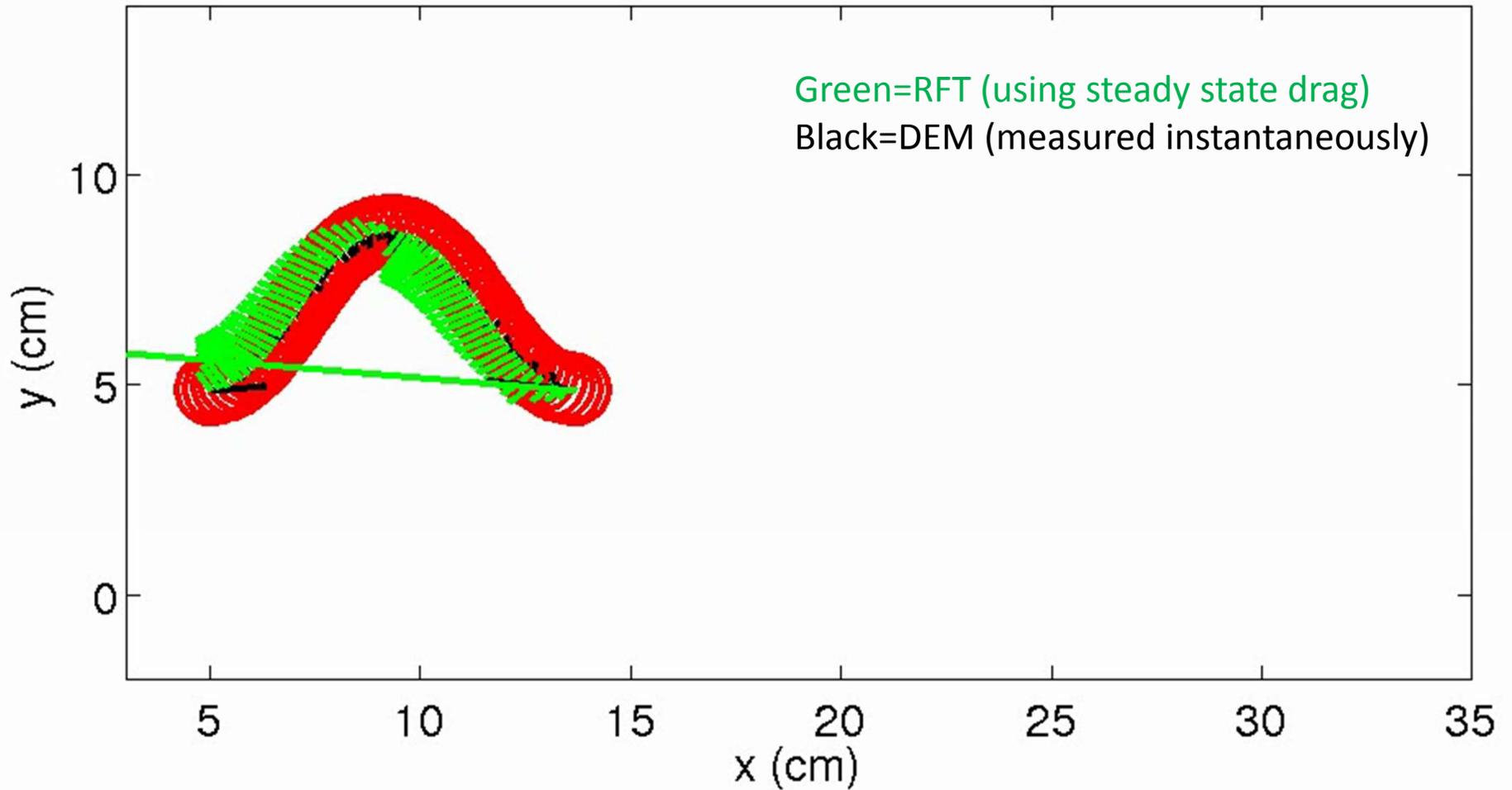
$$\tan \beta_0 = \gamma \sin \psi$$

Independent of speed

(Forces shown for LP)



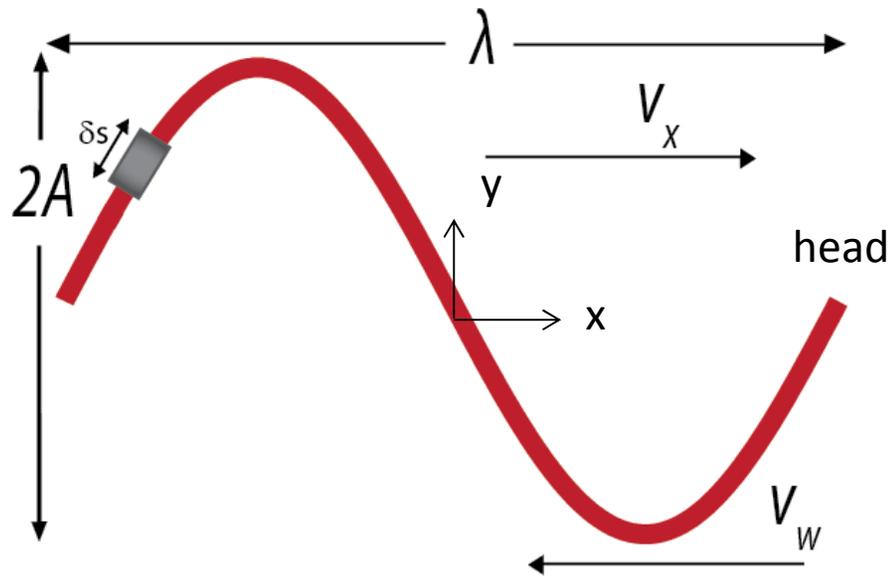
Resistive forces in DEM and RFT



Square body, no taper, 3 mm particles

Resistive force modeling

(after Gray and Hancock, 1954)



- **Assume** square cross-section swimming at constant speed at fixed depth with waveform:

$$y = A \sin \frac{2\pi}{\lambda} (x + v_w t) \quad \tan \theta = \frac{dy}{dx} = \frac{2A\pi}{\lambda} \cos \frac{2\pi}{\lambda} (x + v_w t)$$

$$v_y = \frac{dy}{dt} = \frac{2A\pi v_w}{\lambda} \cos \frac{2\pi}{\lambda} (x + v_w t) \quad \psi = \tan^{-1} \left(\frac{v_y}{v_x} \right) - \theta$$

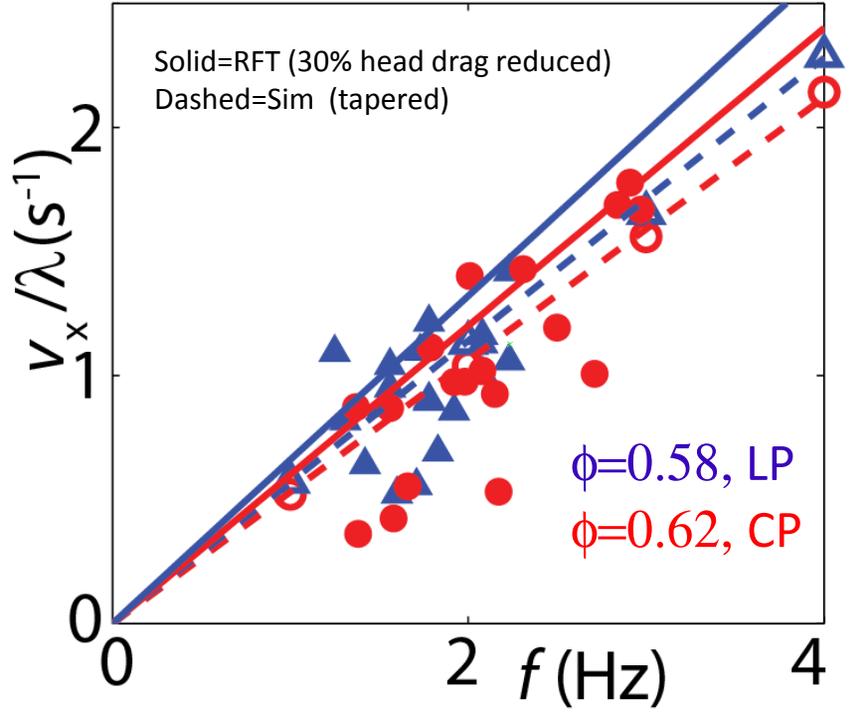
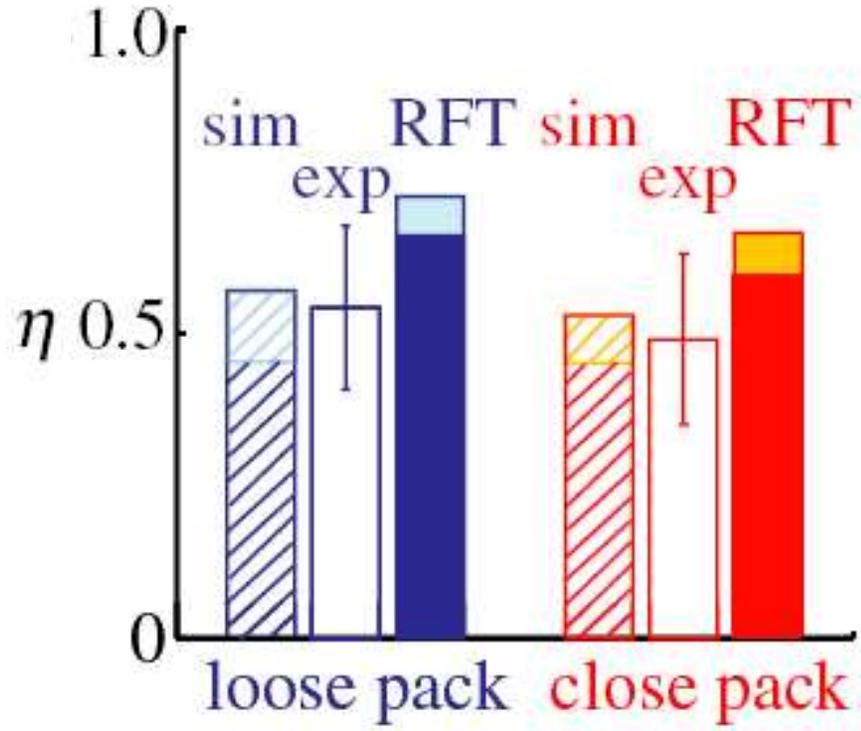
- Non-inertial movement (net thrust=net drag)
- Head drag = flat plate (or for taper use 30% flat plate, Schiffer, 2001)

$$\delta F_x = F_{\perp}(\psi) \sin \theta - F_{\parallel}(\psi) \cos \theta$$

$$\int_0^{\lambda} \left(\frac{F_{\perp}(\psi)}{\text{area}} \sin \theta - \frac{F_{\parallel}(\psi)}{\text{area}} \cos \theta \right) \sqrt{1 + \tan^2 \theta} b dx + \bar{F}_{head} = 0$$

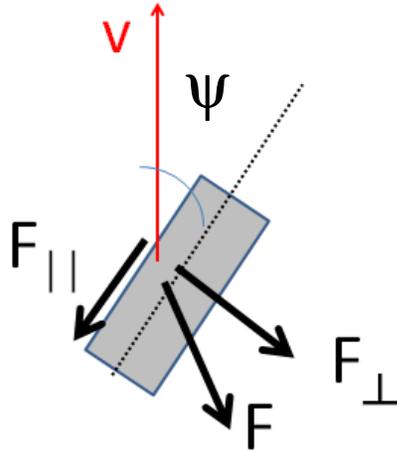
- Insert force laws to solve for $\eta = v_x / v_w$ for given A, λ and obtain $v_x = \eta v_w = \eta \lambda f$

RFT solution



Range=from 30% flat plate drag on head to flat plate head

Granular resistive forces



Empirical granular resistive force laws

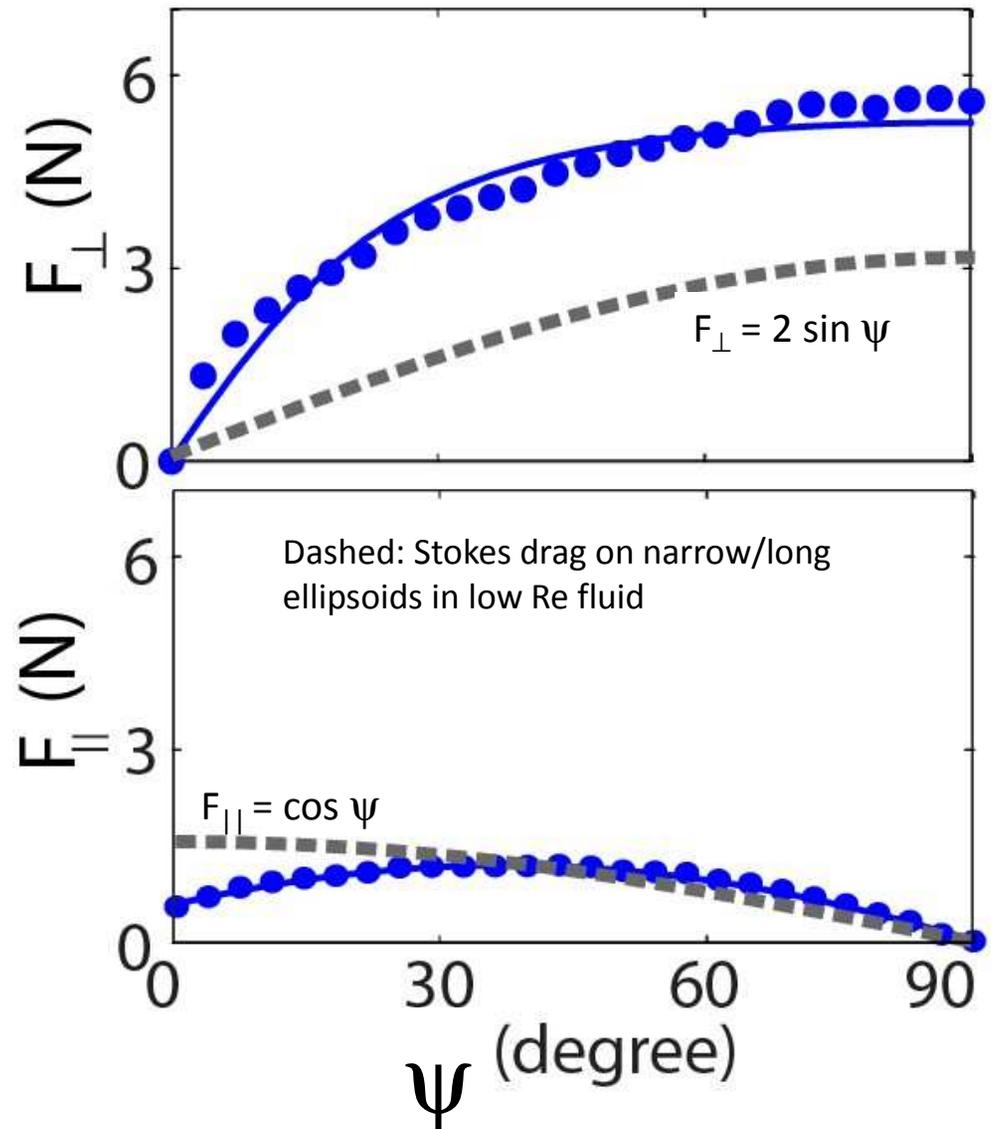
$$F_{\perp} = C_S \sin \beta_0$$

$$F_{\parallel} = [C_F \cos \psi + C_L(1 - \sin \psi)]$$

$$\tan \beta_0 = \gamma \sin \psi$$

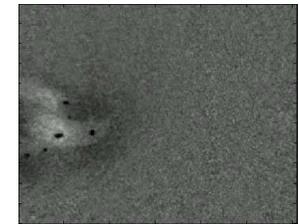
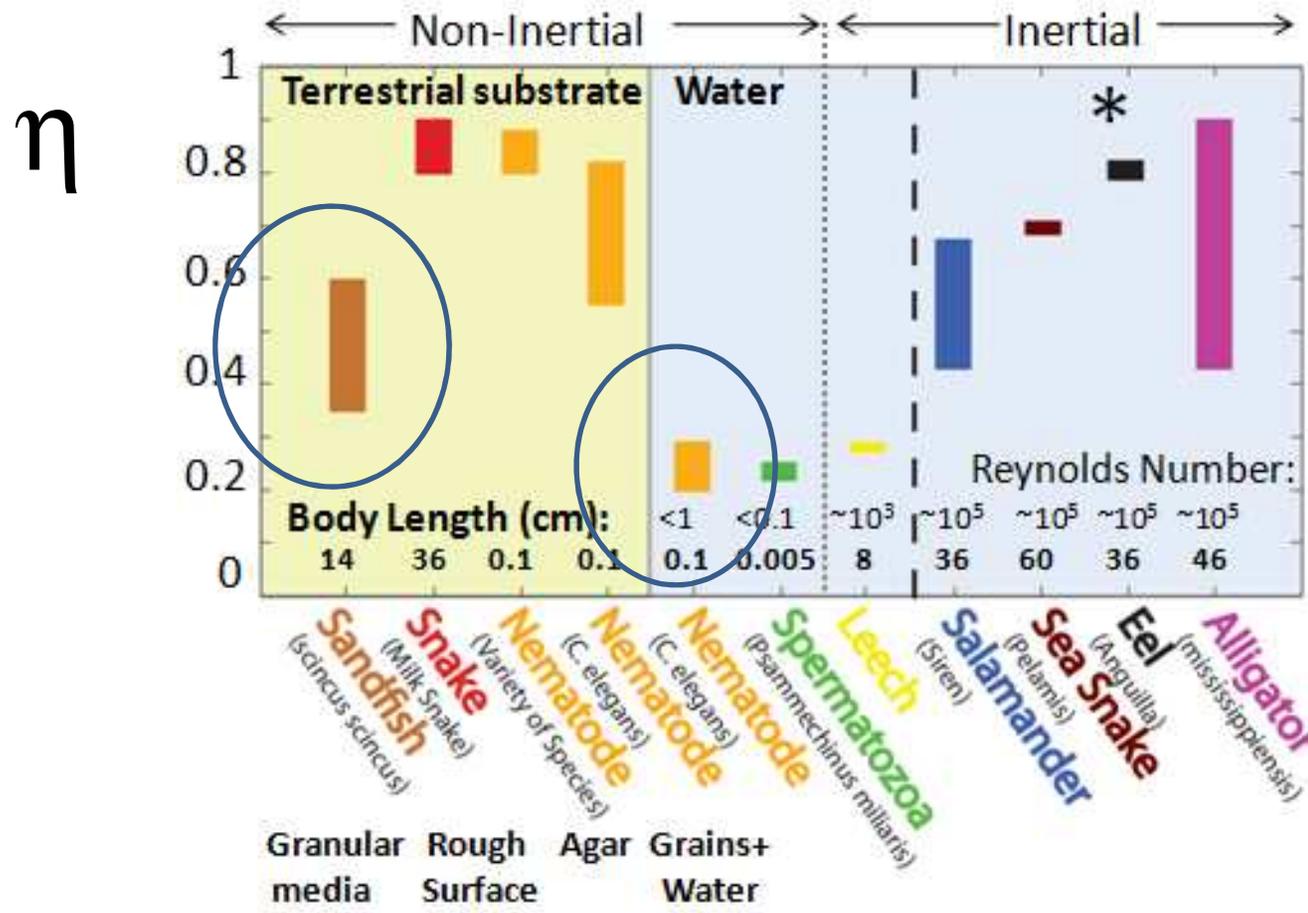
Independent of speed

(Forces shown for LP)

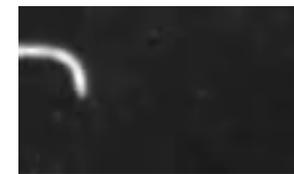


Wave efficiencies of undulatory swimmers

(see Alexander, Vogel, Gray & Hancock, Lighthill, etc..)



100 mm



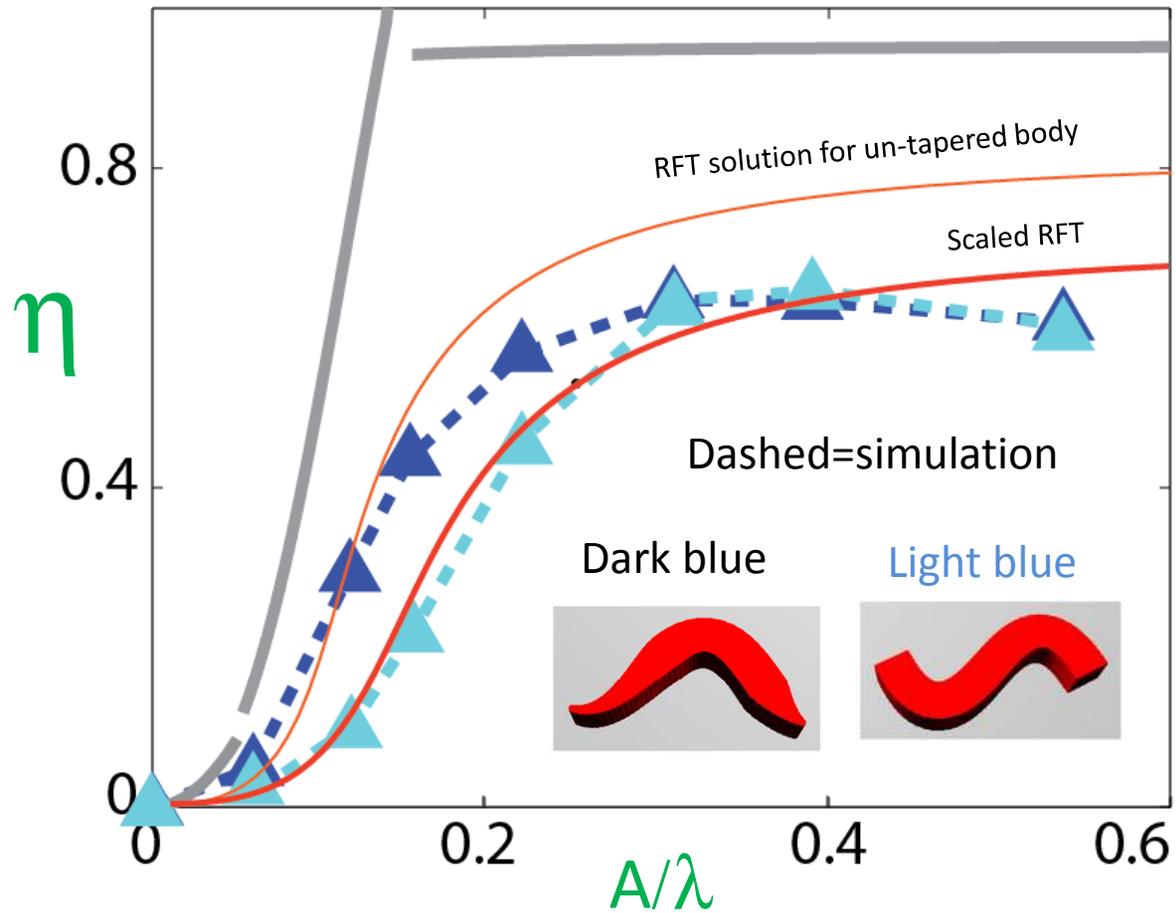
1 mm

Sarah Steinmetz

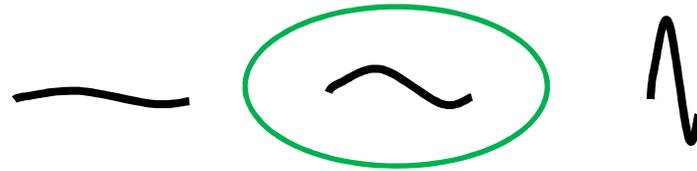
Maladen, et. al (2009), Hu (2010), Jung(2010), Gray and Lissman (1964), Gray and Hancock (1955), Gillis(1996), Fish (1984)

RFT captures form of η vs A/λ

Gray=Analytic solutions (head drag neglected)



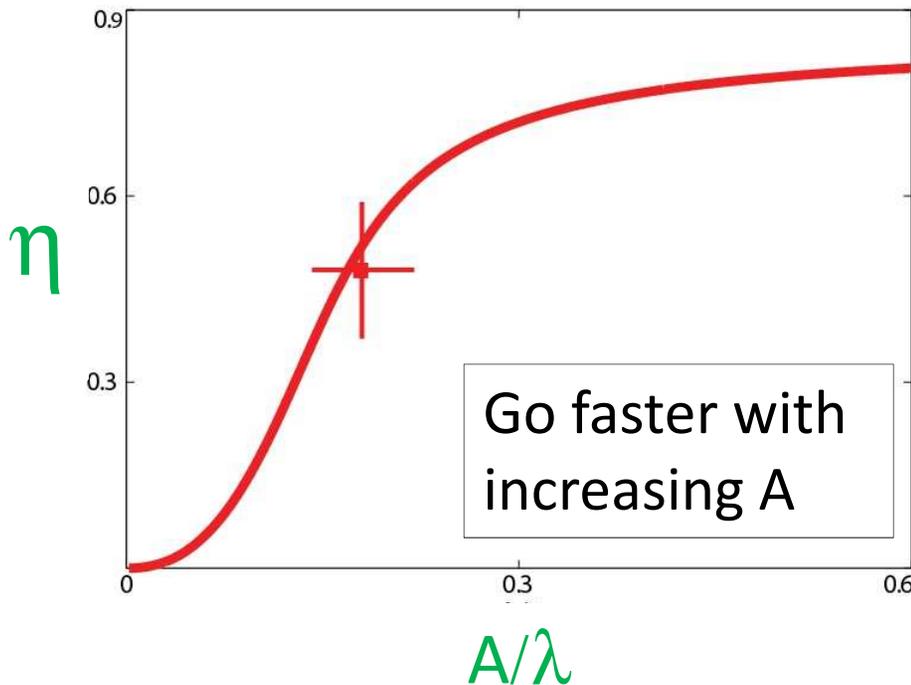
Competition of effects leads to maximum



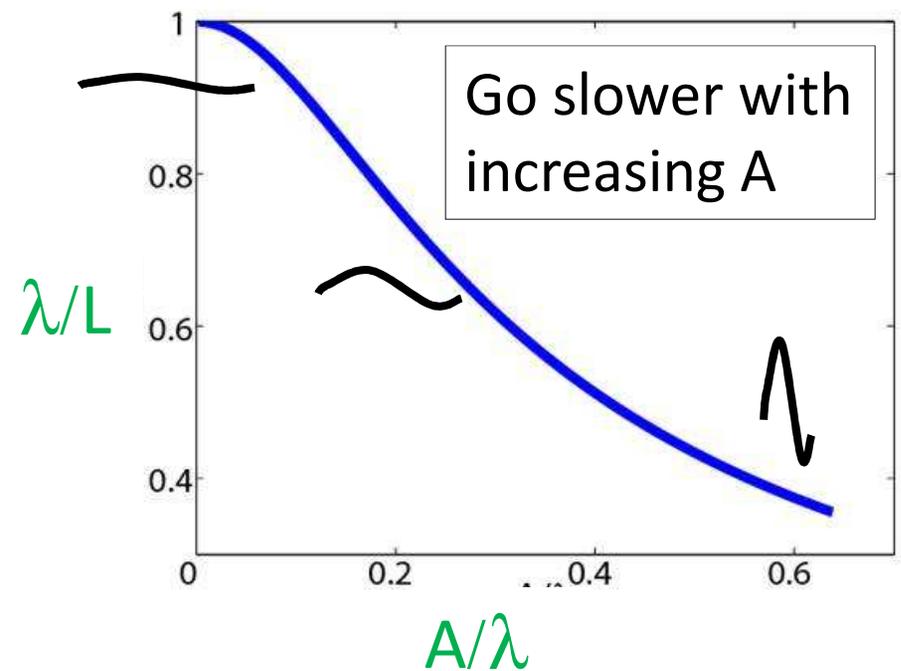
Body lengths/cycle =

$$\frac{v_x}{fL} = \frac{\eta \lambda f}{fL} = \eta \times \frac{\lambda}{L}$$

MEDIUM EFFECT

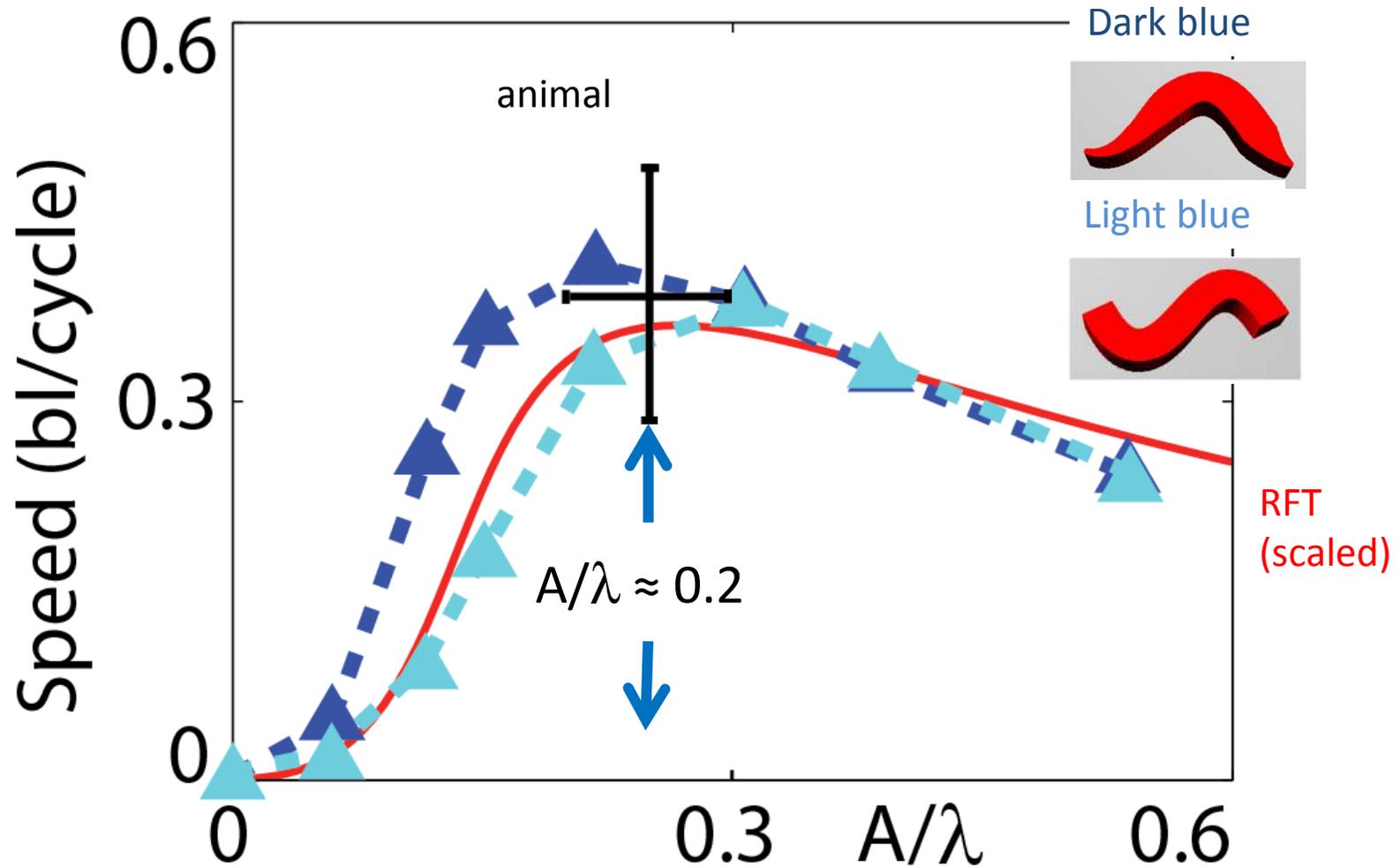


GEOMETRY EFFECT



RFT captures functional form & location of optimum

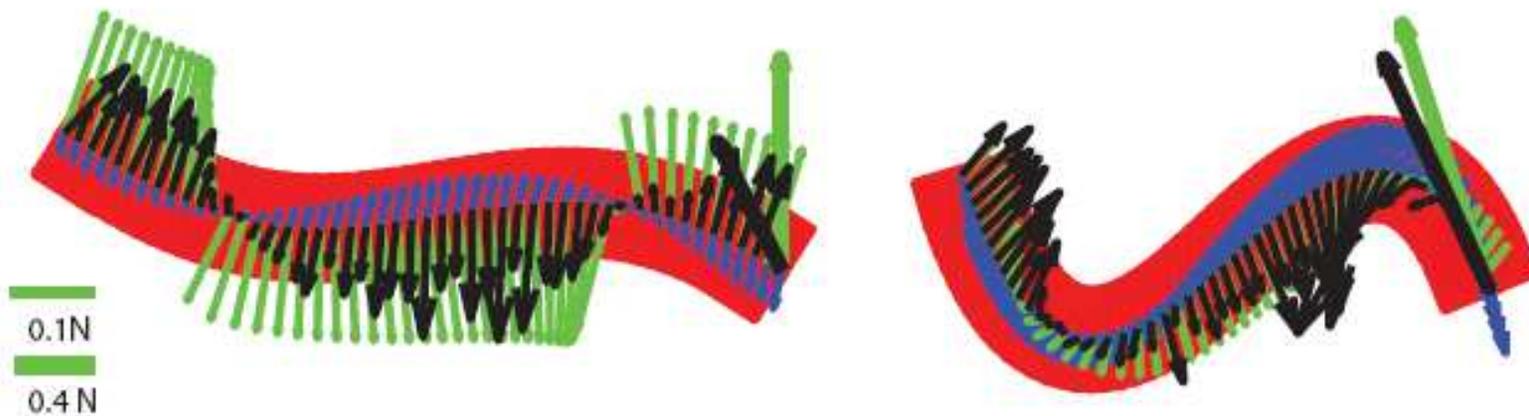
Sandfish simulation in loose packed 3 mm glass beads



RFT force approximation is good at intermediate A/λ but not good instantaneously at small A/λ

$$A/\lambda = 0.06$$

$$A/\lambda = 0.22$$

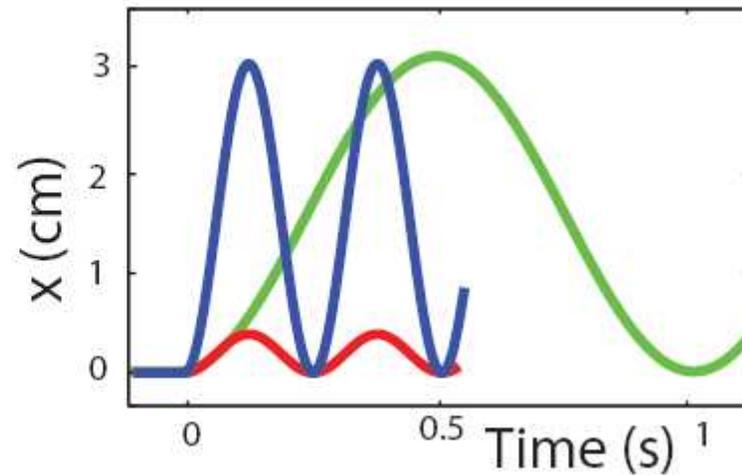
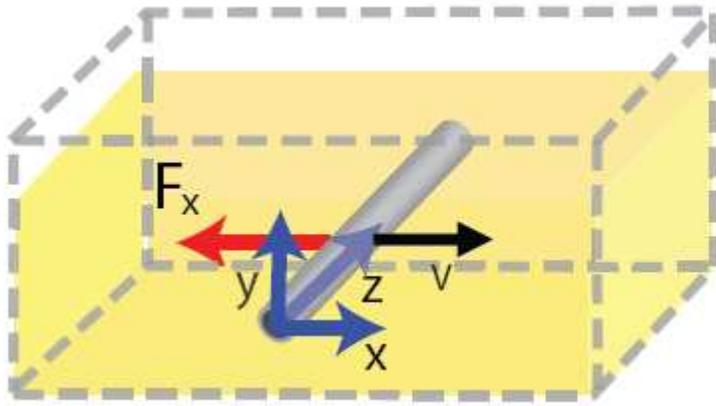


Green=RFT (using steady state drag)

Black=DEM (measured instantaneously)

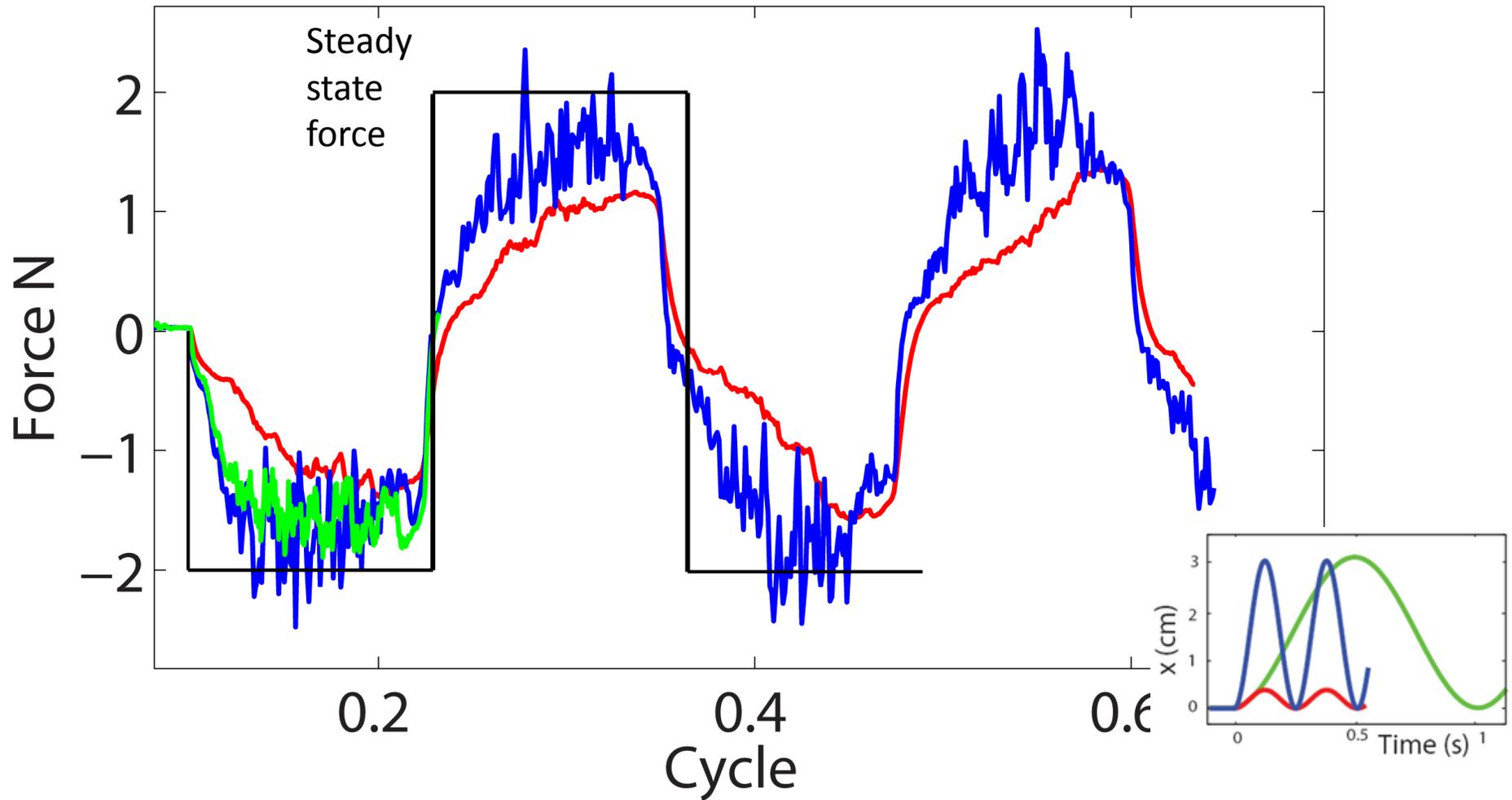
Why thrust is over-estimated in RFT

Examine *transient* response in rod drag



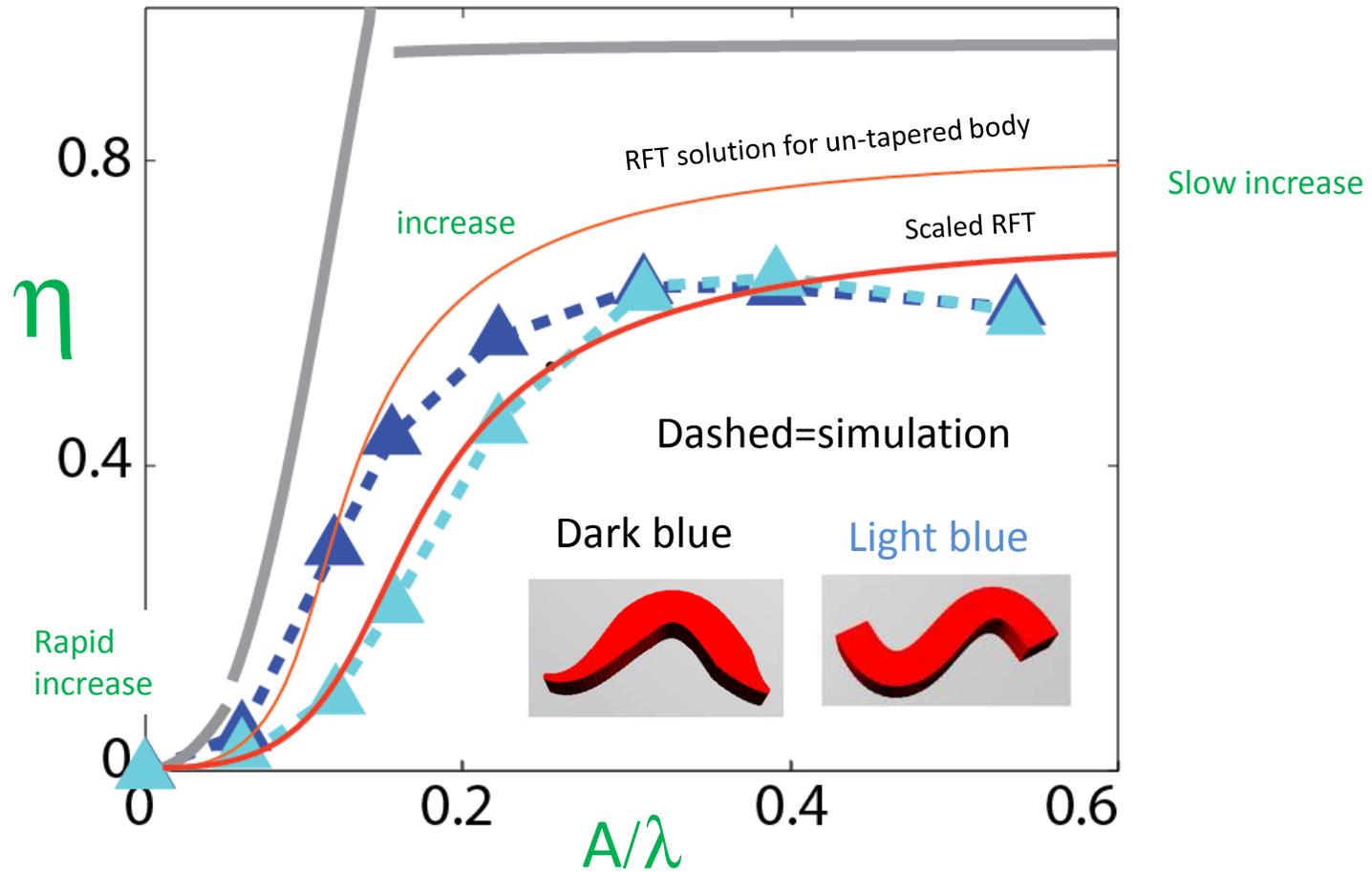
10 cm long rod, 4 cm deep

Force buildup occurs over a characteristic length



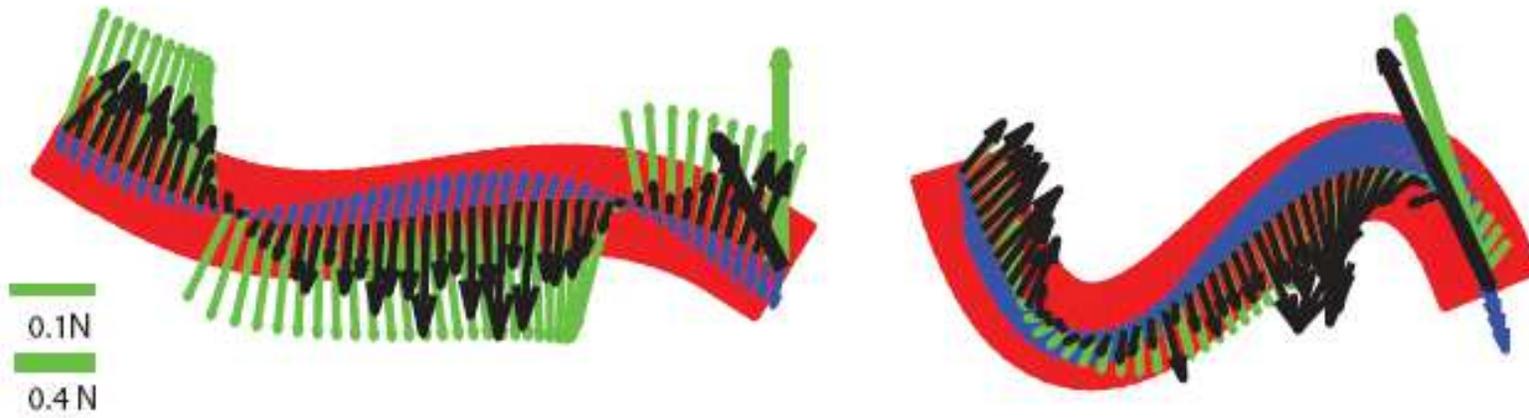
Analytic approximations

Gray=Analytic solutions (head drag neglected)

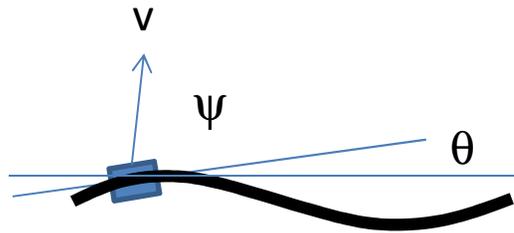


Direction of motion of segments

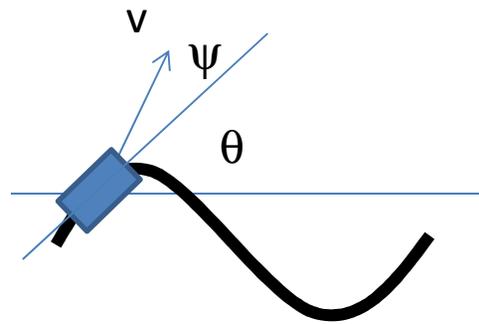
Blue arrows are velocity of each element



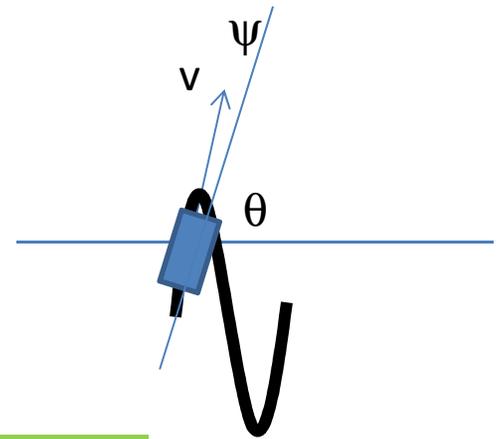
Small A



Intermediate A



Large A

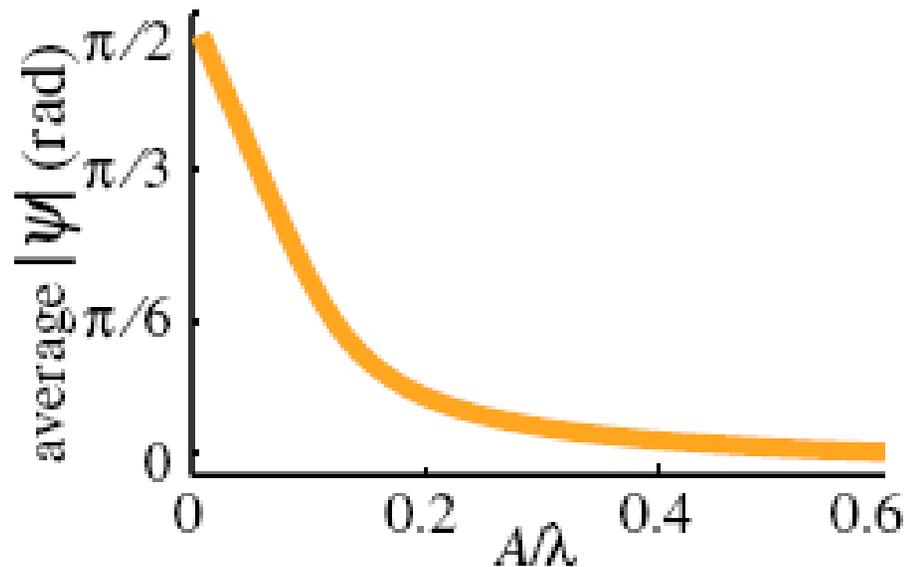


$$y = A \sin \frac{2\pi}{\lambda} (x + v_w t)$$

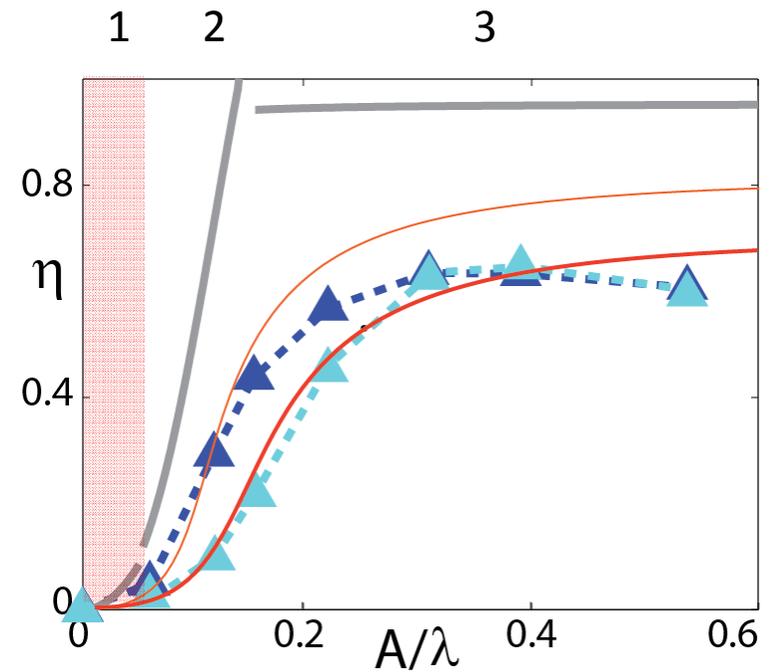
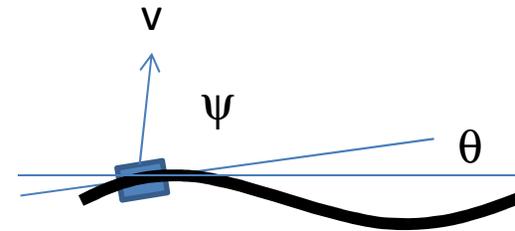
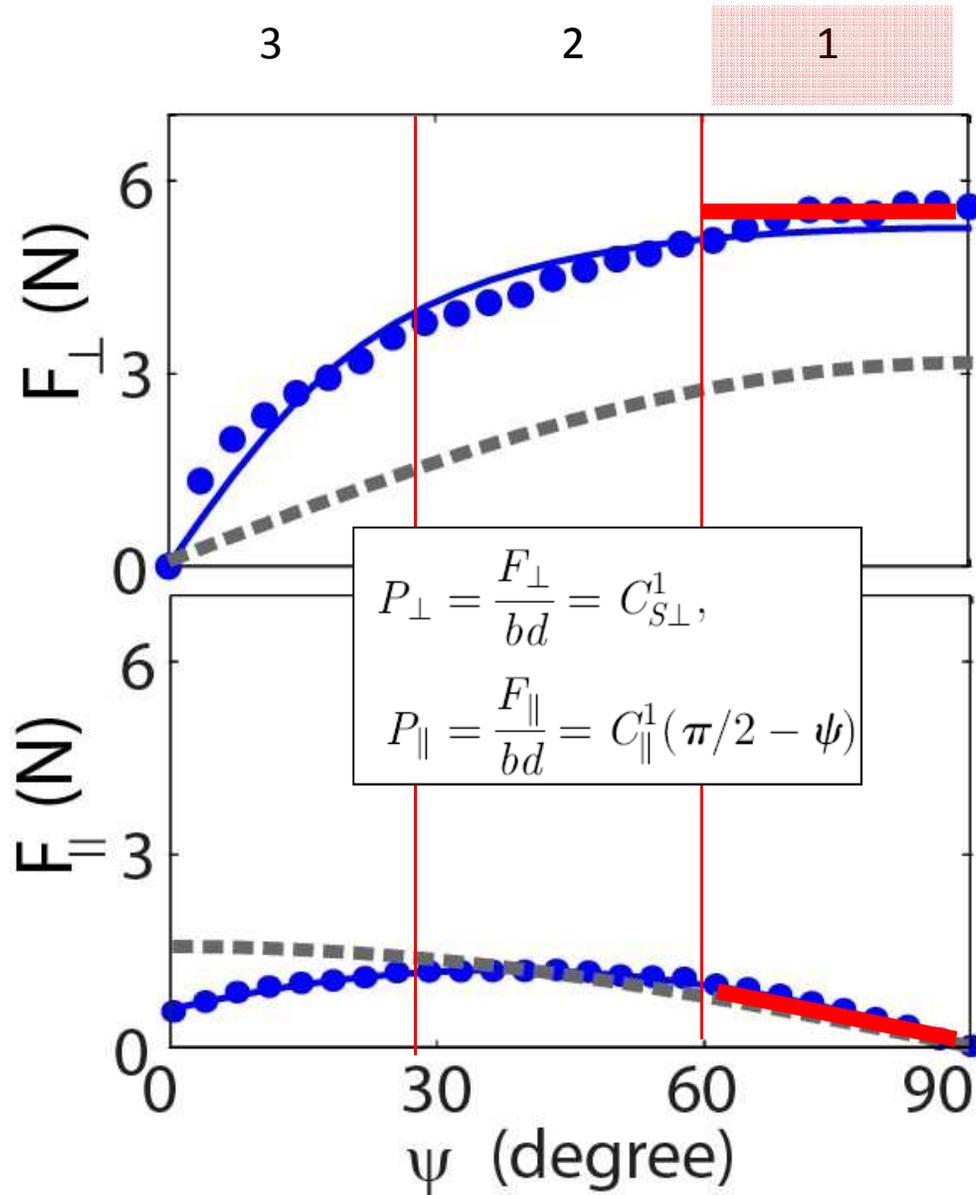
$$\delta F_x = F_{\perp}(\psi) \sin \theta - F_{\parallel}(\psi) \cos \theta$$

$$\tan \theta = \frac{dy}{dx} = \frac{2A\pi}{\lambda} \cos \frac{2\pi}{\lambda} (x + v_w t)$$

$$\psi = \tan^{-1} \left(\frac{v_y}{v_x} \right) - \theta.$$

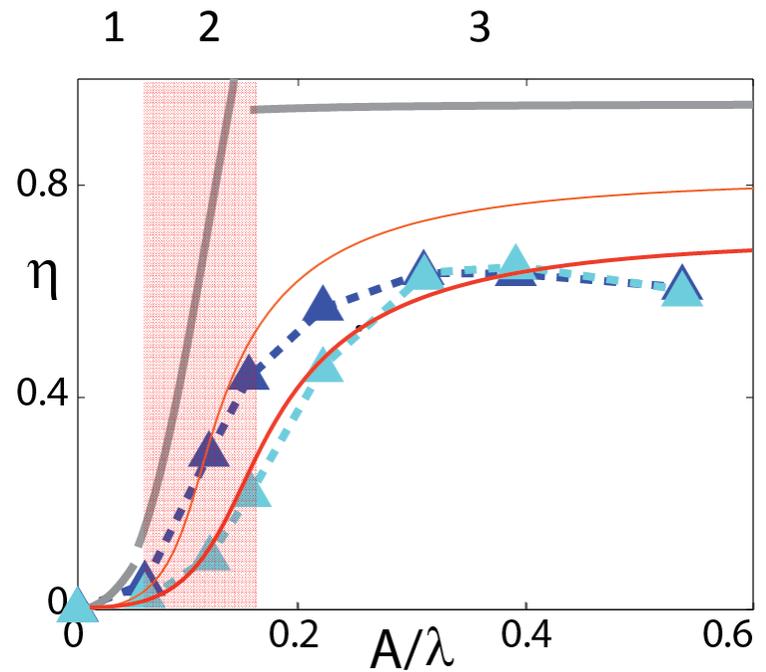
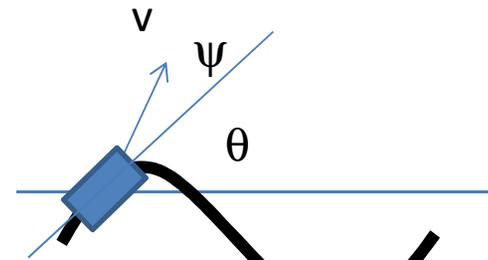
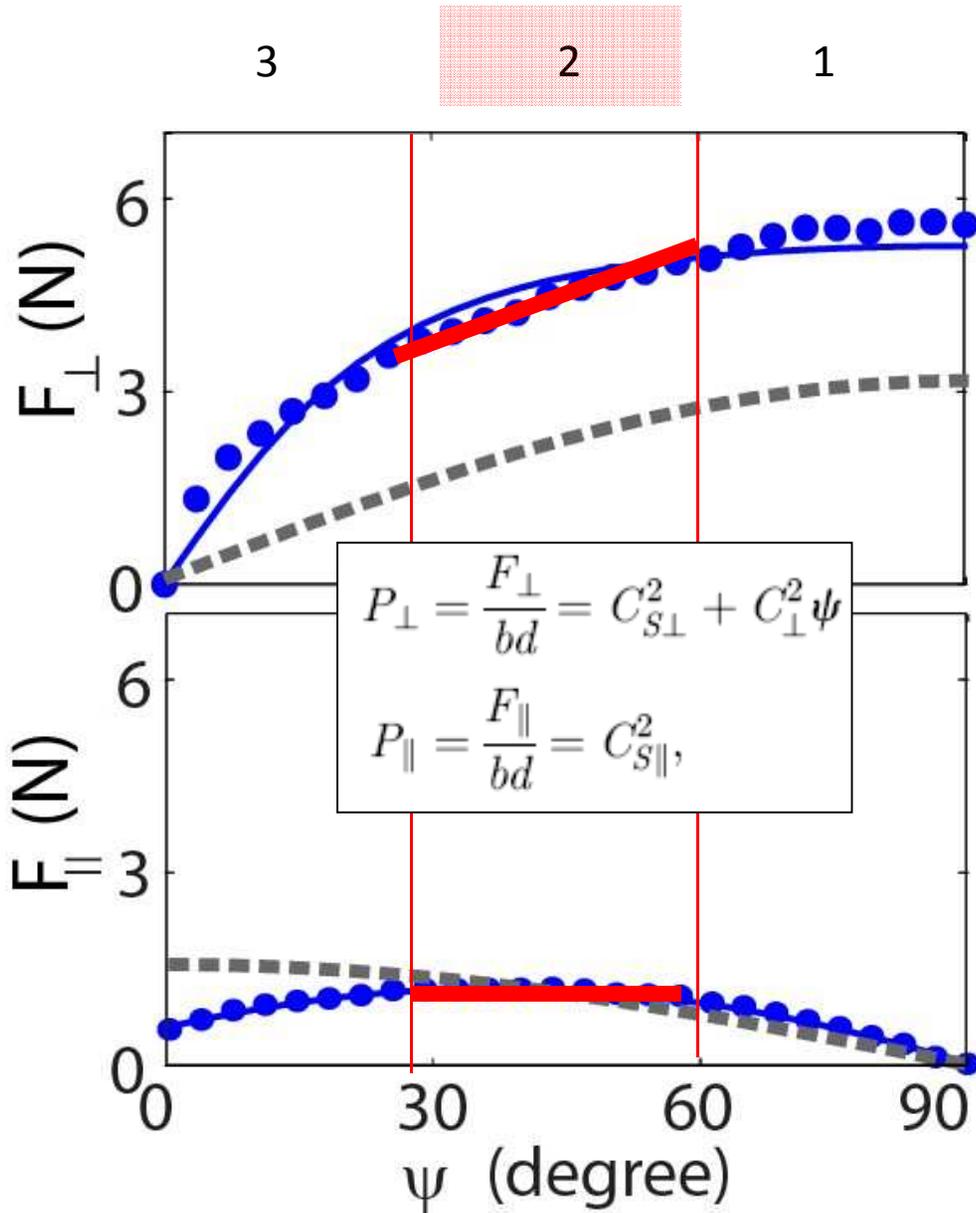


$$\delta F_x = F_{\perp}(\psi) \sin \theta - F_{\parallel}(\psi) \cos \theta$$



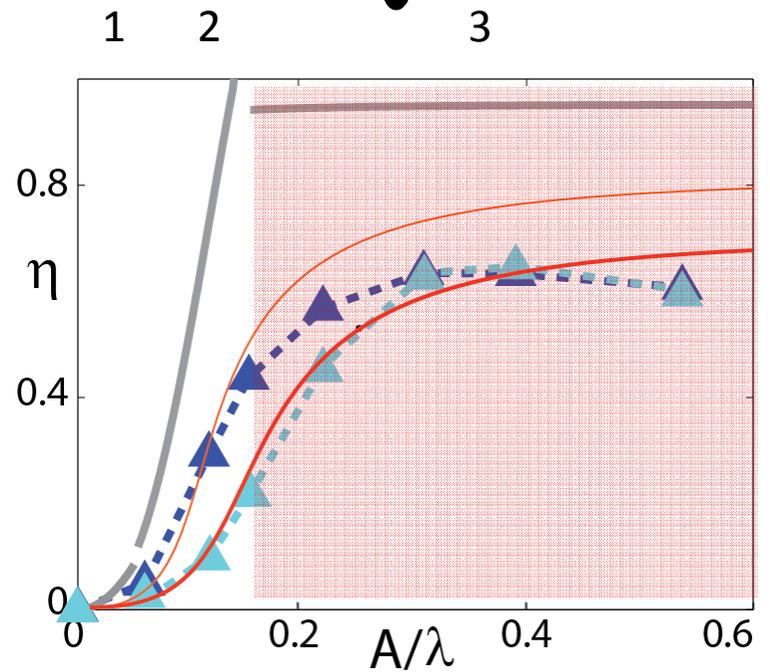
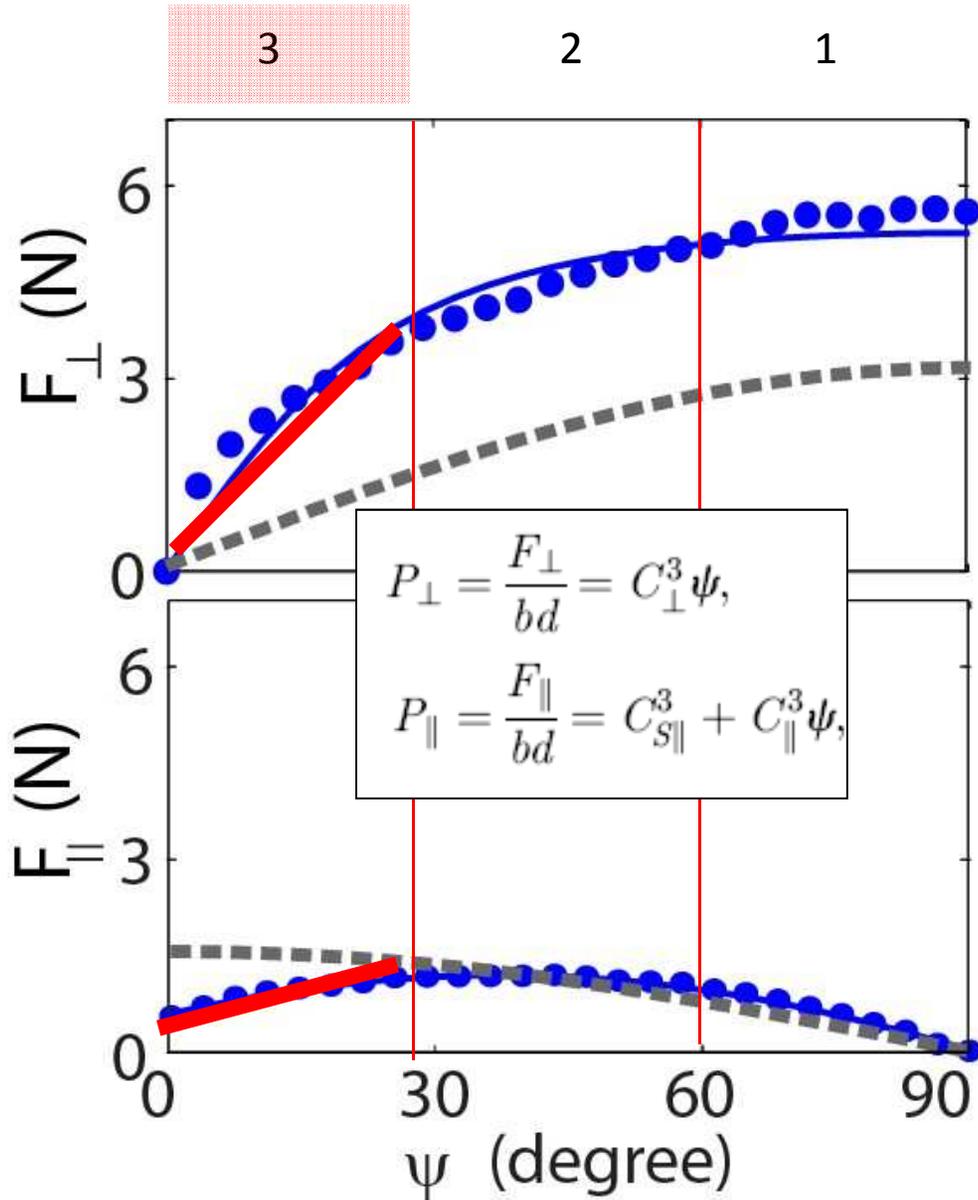
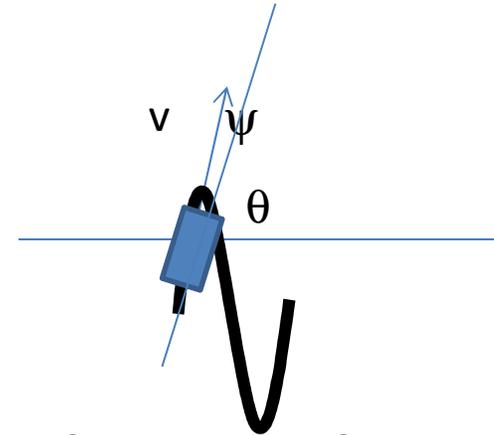
$$\eta = 2\pi^2 \left(\frac{C_{S\perp}^1}{C_{\parallel}^1} - 1 \right) \left(\frac{A}{\lambda} \right)^2$$

$$\delta F_x = F_{\perp}(\psi) \sin \theta - F_{\parallel}(\psi) \cos \theta$$



$$\eta = \left[\frac{C_{S\parallel}^2 - 4C_{S\perp}^2 \frac{A}{\lambda}}{16C_{\perp}^2 \left(\frac{A}{\lambda}\right)^2} + 1 \right]^{-1}$$

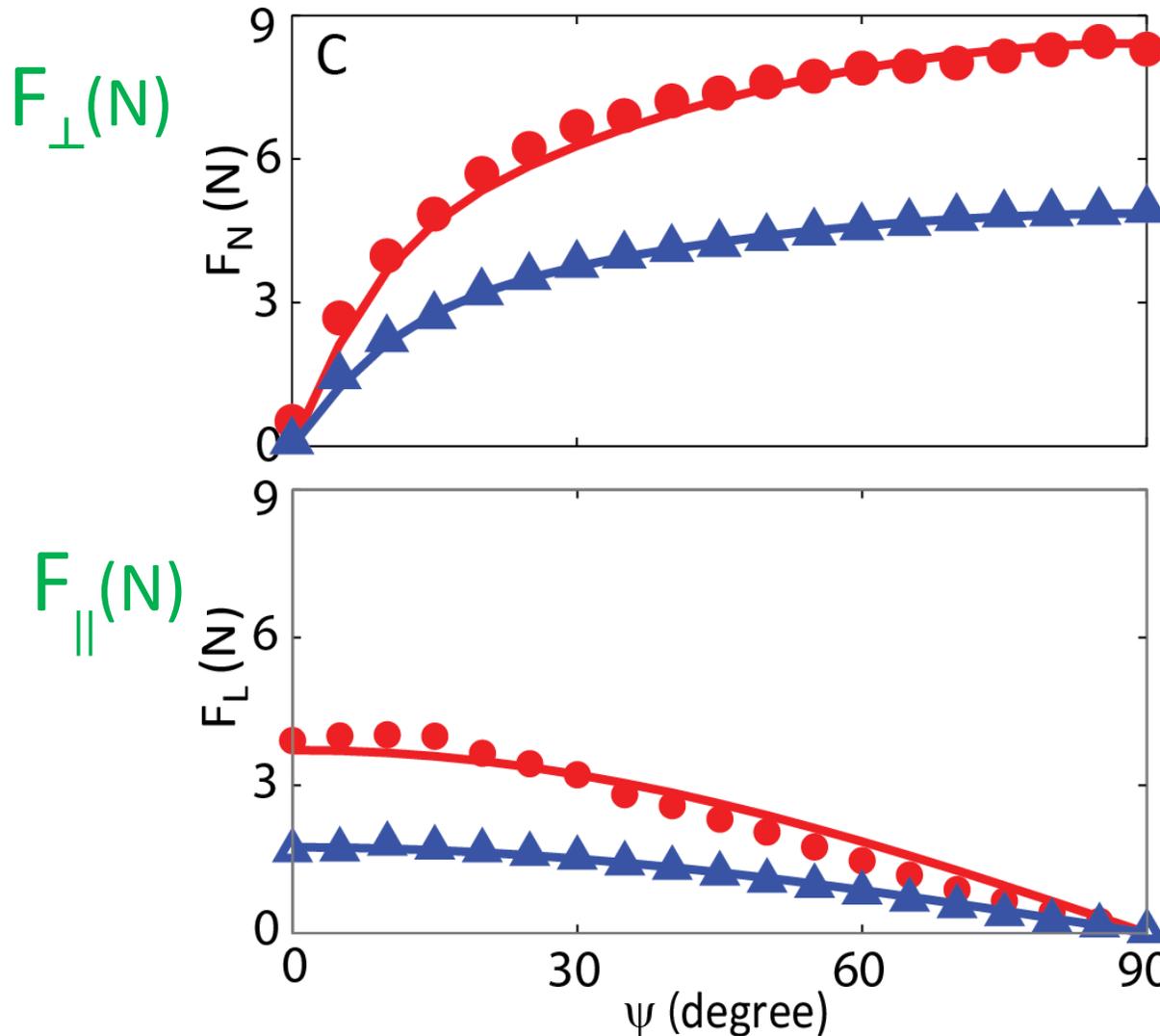
$$\delta F_x = F_{\perp}(\psi) \sin \theta - F_{\parallel}(\psi) \cos \theta$$



$$\eta = 1 - \frac{4C_{s\parallel}^3}{4C_{\perp}^3 - C_{\parallel}^3 (A/\lambda)^{-1}}$$

Why is η independent of ϕ ?

Force laws for 0.3 mm particles



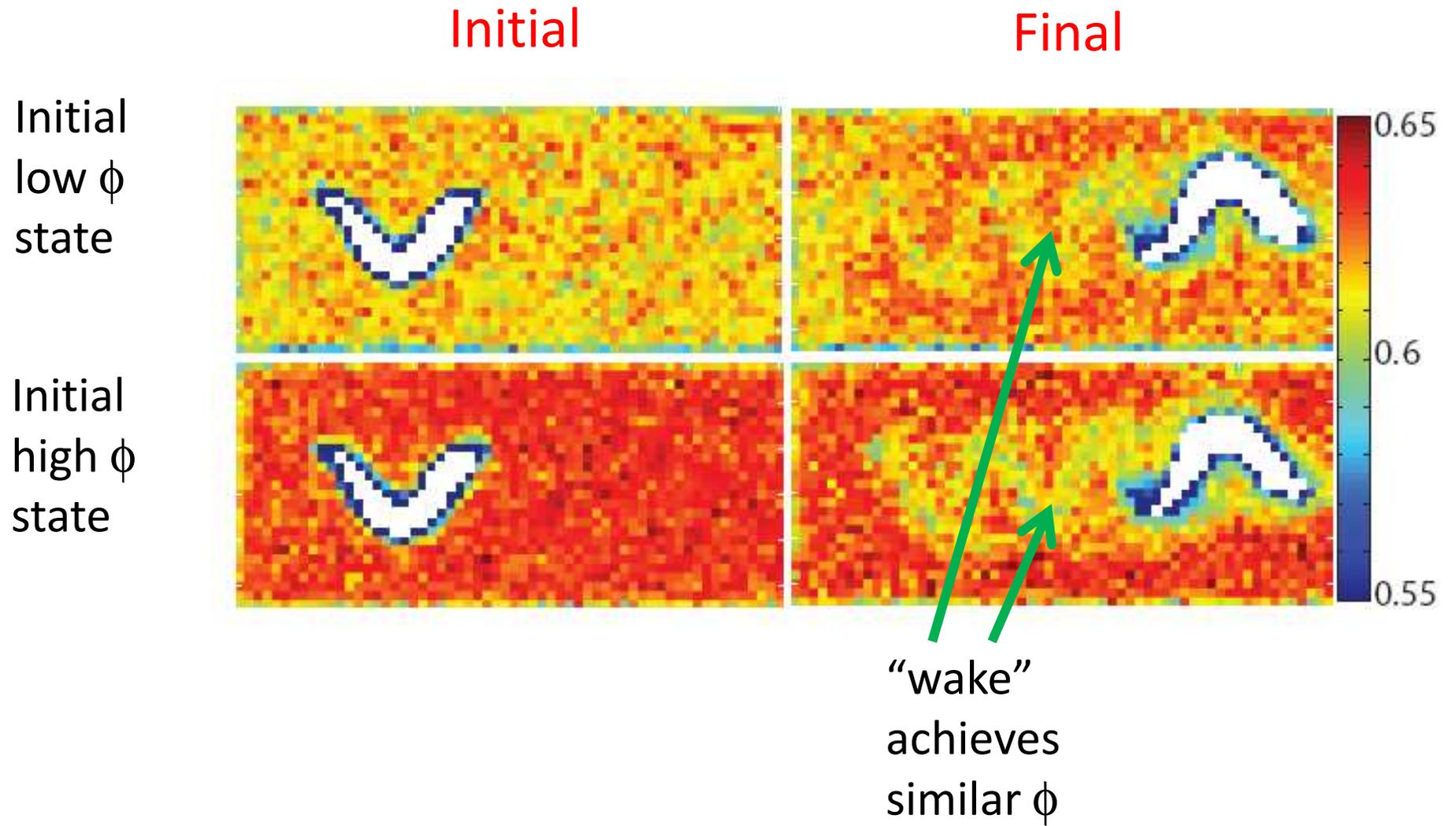
$\phi = 0.62$

$\phi = 0.58$

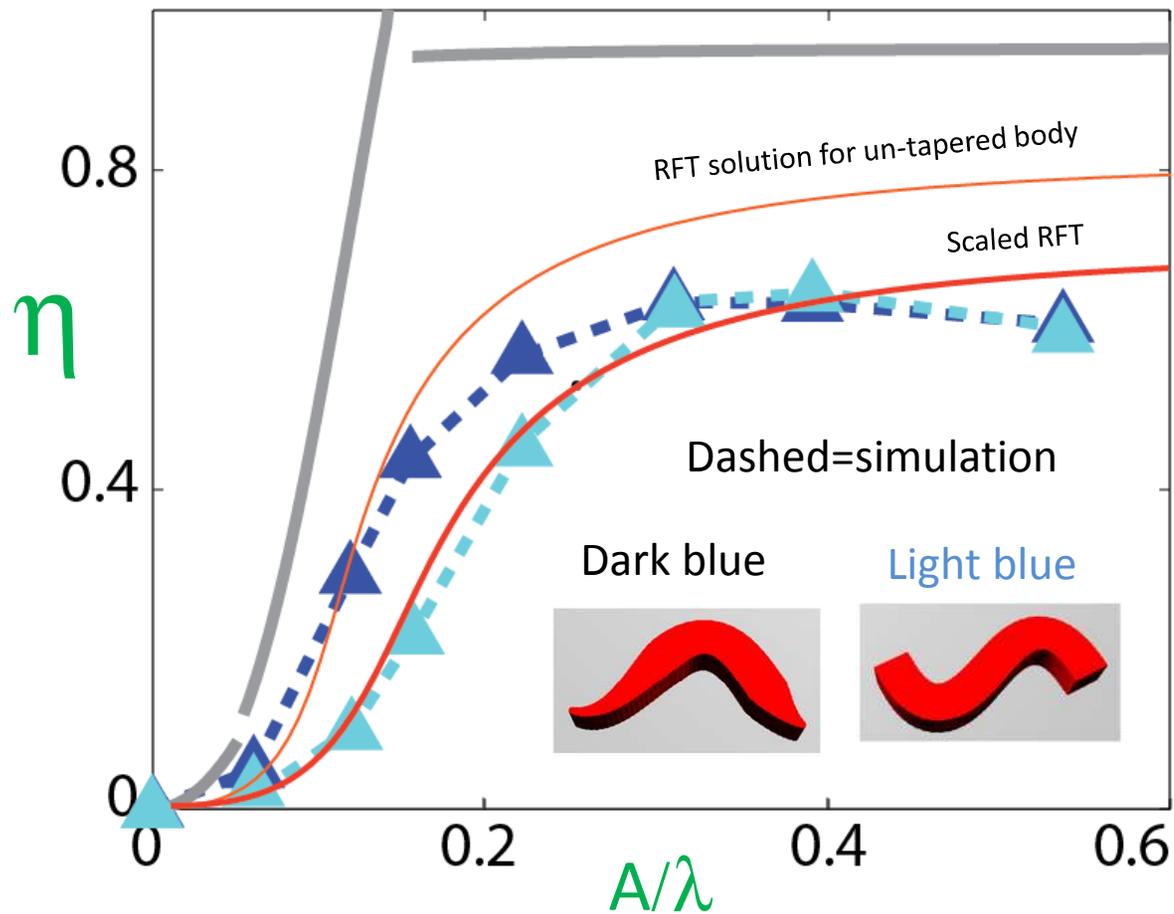
Near
exact
scaling!

OR...

Localized fluid achieves same state



RFT over-estimates η



Hypothesis
scale thrust
(but not
drag) by 50%

Summary

- Yielding terrestrial substrates---solid and fluid-like response to stress
 - many open locomotion questions
- Volume fraction qualitatively affects drag force: LP→fluid-like, CP→fracturing solid
- Granular lift forces are sensitive to shape dependent and can be approximated by summing plate elements
- Sandfish lizard swims within granular media (“frictional fluid”) of different preparations using similar body undulation kinematics
 - **Template for swimming in sand?**
- DEM, robot and RFT models capture mechanics of sand-swimming:
 - v_x vs f , $\eta \approx 0.5$, optimality condition **$A/\lambda = 0.2$**
- RFT systematically deviates from DEM model
 - Ding et al, in prep, will show that instantaneous force=average drag force is not a good approximation