Results: Anxiety and Depression

Anxiety (STAI) vs. Depression (CESD)

Baseline 1 to Follow Up
Results: Traumatic Impact of Cancer and Fear of Recurrence

Note: Baseline 1 to 2 was 1.5 weeks; Baseline 2 to 3 was 1.5 weeks, Baseline 3 to Post was 8 weeks; Post to Follow Up was 12 weeks. Error bars represent 1 standard error around the mean.
Results: Vitality and Pain Improvement

- Vitality (RAND SF-36)
- Pain improvement (RAND SF-36)
**Results:** Sense of Life Meaning & Comprehensibility

- Life Meaning (OLQ)
- Life Comprehension (OLQ)
- Life Manageability (OLQ)