



**13th annual  
RANSforming**

**March 9 & 10, 2019  
CU Boulder**

# Welcome to the 13th Annual TRANSforming Gender Conference!

If you have not registered, please stop  
by the registration table on the first floor  
and sign in to get a name tag.

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This conference would not be possible  
without the sponsorship and hard work of:



Center for Inclusion  
and Social Change

UNIVERSITY OF COLORADO **BOULDER**



The Office of Diversity, Equity, and Community Engagement  
UNIVERSITY OF COLORADO **BOULDER**



O U T B O U L D E R C O U N T Y

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*Conference art by Briannah Hill*  
*briannah.hill@colorado.edu*  
*<https://www.redbubble.com/people/ArtsyQT>*

# Considerations

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## Saturday Night Social

Social Hour for TGC Presenters & Attendees hosted by Out Boulder County's Transgender Steering Committee at the Boulder Pridehouse, food provided; sober space.

Meet, mingle, and socialize!



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## Bathrooms

All bathrooms in Koelbel will be considered gender neutral during the conference.

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## Photography

We ask that you refrain from taking photographs or video unless consent has been given. Not everyone is out in their home communities and we want to ensure that this conference remains welcoming and comfortable for all who attend.

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## Pronouns

Please do not make any assumptions about a person's pronouns. We want everyone at the conference to feel respected, recognized and welcome. If you are unsure about someone's pronouns just ask, they will be happy to tell you.

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## Food

- C4C dining hall: All you can eat at our award winning dining hall for \$12 + tax. We have reserved the Colorado Room in the main dining hall where you can join other attendees from the conference; it is located across from the Persian station. The C4C building is located SW of Koelbel.
- Baseline and Broadway: Subway, Starbucks, Einstein's Bagels, Taco Bell, Wendy's, Bewing Market Coffee, May Wah, The Taj (approx. 10 min walk)
- Baseline and Highway 36: Cafe Mexicali, Mo's BBQ, Cosmo's Pizza, Sprouts Grocery (approx. 15-20min walk)

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## Suggestions

We are always looking for ways to improve the conference. If you have suggestions please make note of them on one of the session evaluations



*4th Annual*  
**Gender Expansive Fashion Show**  
*With Special Guest:*  
**PHOENIX,**  
**Colorado's Trans Community Choir**

**Saturday, March 16, 2019**

**4p - 6p** Reception to follow

Cairn Christian Church, 1700 Stonehenge Dr, Lafayette, CO



# Koelbel map

Mountains

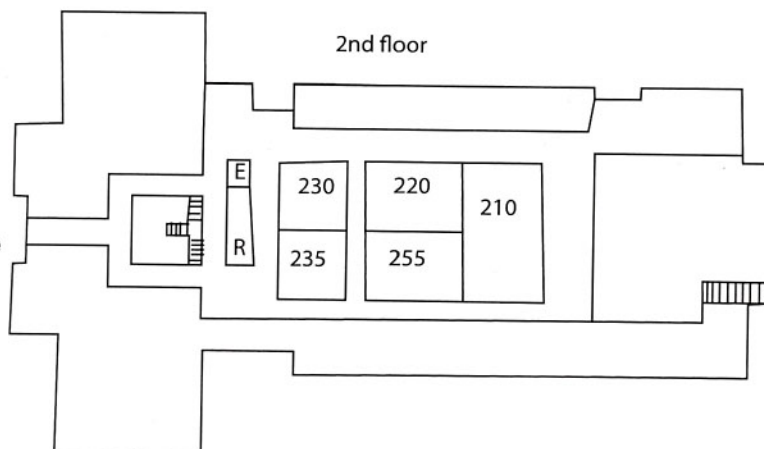


1st floor

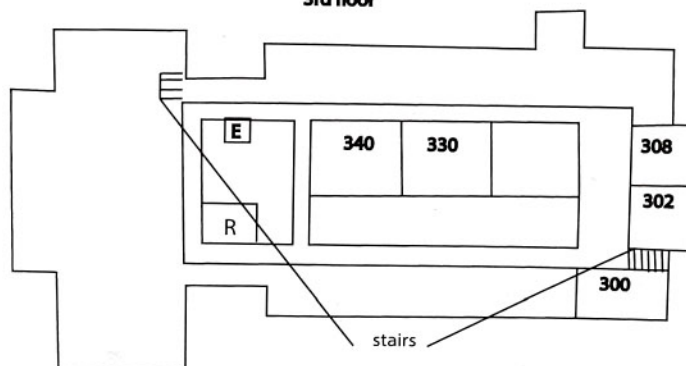


2nd floor

Main entrance



3rd floor



Saturday, 10-11:15am

S127

**Queer Sex Ed**

Sara Connell

Comprehensive sex ed for students usually means discussing LGBTQ people, safe barrier methods and accurate information without shame, but what if we dreamed bigger? What if we included social and emotional health? What if our sexual health was radically inclusive of trans and queer bodies, polyamorous relationships and kink? What if we didn't say "men and women" as code for "penis and vulva"? My name is Sara and I am the host of Queer Sex Ed Podcast. Wanna dream big with me?

210

**Gender in the Classroom: Affirming Trans and A/Gender Nonconforming Students in K-12 Schools**

Felix Le Fevre

Felix Lefevre, a transgender and nonbinary school-based mental health therapist in Adams County public schools, has spent a lot of time getting to know the specific difficulties, needs, questions, and gifts that trans, nonbinary, and a/gender nonconforming kids show up to class with. This session will be an informal break-out for teachers, school psychologists, and anyone else who works in K-12 schools. The session will begin with a short presentation on what Felix has found to be the most important things for schools to know and will then shift into a question-and-answer format for the remainder of the time. Special attention will also be given to the ways in which other identities intersect with gender to affect kids' experiences at school. If desired, school professionals will also be able to explore Felix's experience as a nonbinary, trans adult coming out at work in public schools.

220

**Film and Discussion: *Rainbow Warriors***BSEEDZ  
LGBTQ Youth

Buried Seedz of Resistance is a youth-led organization working to end cycles of violence in the LGBTQ community through art, media, and education, while centering the experiences of queer/trans youth of color. The film *Rainbow Warriors* was created by and for young queer and two spirit people of color to portray the resiliency our community demonstrates in response to the emotional and physical effects of suicide. The film remains positive while covering emotional and triggering topics by focusing on solutions and real world experiences of overcoming and healing from trauma.

"In remembering our sacredness, our connectedness to Mother Earth, to each other, to our communities, we courageously continue to choose to live our lives." Come and meet new members from BSEEDZ and learn about their visions.



**Saturday, 10-11:15am****235****Voice and Communication to Express Gender**

**Jen Walentas  
Lewan  
Anna Daggett  
Stephanie  
Hilliard  
Cassandra  
McClennaghan  
Stephanie  
Szafranski**

Voice and other speech, language and communication behaviors are important factors in perception of gender. Individuals may elect to change their communication style to express their gender identity. This workshop will include:

- Characteristics typically associated with feminine and masculine voice communication
- Overview of voice modification options, including audio samples
- Interactive demonstration of voice assessment tasks and training techniques, including possible training features for voice feminization
- Education regarding community and online resources for vocal health and training

**302****Overlapping Identity: Gender Diversity among Autistic Adults**

**Joelle Maslak**

Research has shown a correlation between autism and gender diversity – there is substantial overlap in membership in both communities. If either community ignores the needs of the other, they are ignoring the needs their own community. Too often queer autistic people feel as if they are strangers in both communities. While these communities are often seen as separate, Joelle will describe the overlap and make a case for intersectionality. She will draw upon the vibrant and powerful self-advocacy of both groups and demonstrate how both communities can become more through practical ideas for inclusion that benefit both. In addition, some introductory information about autism and the connection to gender diversity will be presented.

**308****Trans Allyship 101**

**Peer Education  
Team, Center  
for Inclusion  
and Social  
Change**

Do you have questions about what “transgender” is all about? Or how about all those other gender identities listed on Facebook? Perhaps you have a question you have always wanted to ask but didn’t know how to phrase it or who to talk to? Come to this session and get your terminology on! We will cover basics and beyond to make sure you are set for the rest of the conference.

**Room**

**13th annual  
TRANSforming Gender Conference**

**Saturday, 10-11:15am**

**340**

**Dara  
Hoffman  
Fox**

**From Nervous Uncertainty to Compassionate Sensitivity: An Introduction to Providing Affirmative Care for Your Trans and Nonbinary Clients as a Cisgender Mental Health Practitioner**

Are you a cisgender mental health practitioner who is eager to work with trans and nonbinary clients yet find yourself challenged by feelings of nervous uncertainty? Are you concerned you will accidentally say or do something insensitive? Good news – there are steps a cis person can take to become more aware of how their gender is different from Trans/NB. This, coupled with detailed discussion around Trans/NB experiences, can help create depth of understanding needed to provide affirmative care with compassionate sensitivity. This training offers the opportunity for cisgender mental health practitioners, in an atmosphere of support and encouragement, to gain more confidence in their ability to serve Trans/NB clients.



Saturday, 11:30-12:45 pm

S127

**A Closed Session for Parents of Transgender Youth**

Reaca Pearl

This panel is made up of parents of transgender youth. This session will be for parents and loved ones of trans youth to ask questions and receive support from a panel of parents who have been and are currently navigating transition and raising a transgender child. Gender awesome folx are always welcome (some of our parents are gender expansive too) but please be advised that some cis parents new to this process may ask questions that could be triggering for trans folx. Please consider capacity to hold that space compassionately when deciding to attend.

210

**Film: *Kuma Hina: The True Meaning of Aloha***

*Kuma Hina* is a powerful film about the struggle to maintain Pacific Islander cultures and values within the westernized society of modern day Hawai'i. It is told through the lens of an extraordinary Native Hawai'ian who is both a proud and confident mahu (transgender woman) and an honored and respected kurmu (teacher) cultural practitioner, and community leader. This documentary features Hinaleimoana Wong-Kalu, our keynote speaker for Saturday. This film is also available on Amazon if you would like to watch before/after the conference.

220

**Interrogating Whiteness and Masculinity in Trans and Nonbinary Spaces**Jasmine  
Suryawan

Skye Niles

Cam Thomas

Riley  
Mancuso

Radi Leonesio

This panel presentation focuses on critical discussions about white masculinity in Trans/NB spaces. We explore questions about the ways in which white masculinity may impact power dynamics within Trans/NB spaces, and create uneven feelings of inclusion, value and belonging. We aim to discuss the ways in which learning to recognize and understand these complex dynamics of power, privilege, and marginalization can also lead to being able to create more inclusive and equitable Trans/NB spaces and groups. We explore practical tools and steps that white, trans masculine folx can take in order to promote more diversity in representation and inclusion within Trans/NB communities. This panel is formatted as a Q&A with discussion and includes opportunity for audience members to participate and interact.

**Transgender Voice: Providing a Needed Service in a Socially Conscious Way**By Kathe Perez  
Room 230

Our understanding of the medical, sociological, psychological and communication processes for transgender and gender nonconforming people is in its nascency. One of things we do know for gender-binary trans people, is that their voices are a key element in their sense of congruence with both their inner gender identity and outer gender expression. Kathe Perez has assembled in team of CU-Boulder students in marketing, journalism, speech therapy, and neuroscience to develop a manner of delivering an important service (changing the voice) in a socially conscious manner. Note new time and room.

# 13th annual TRANSforming Gender Conference

## Saturday, 11:30-12:45 pm

### **Transmasculine Transitions: Dealing with the Loss of Identity, Voice and Community after Reaching the Point of Passing in Masculine Spaces**

When transitioning to the point of passing as masculine, how do we address the issues of loss of voice, identity and community in queer spaces? In this panel discussion we will discuss the problems associated with loss of identity, community and/or our voices in queer and other spaces. Where do transmasculine individuals fit within the greater social construct of movements like #MeToo without having to out ourselves in order to validate our existence within those spaces?

### **Native Queer/Trans Identity: Diversity Across Nations**

The intersections of gender, sexuality, and Indigenous heritage call for a closer look at Native history, culture, and the effects of colonization on Native queer people. Indigenous nations across the world have diverse understandings of queer identities within cultural, linguistic, and historical narratives. Before colonizers arrived to the Americas, Native queer individuals were regarded as powerful, knowledgeable members of society who took on important responsibilities. Today, LGBTQ2 Native identities are being revitalized and decolonized by connecting to Indigenous values and tradition. In this discussion, we will uncover the history, vocabulary, and decolonizing strategies of queer Native people by offering insight into several Indigenous nations while connecting with our own respective tribal affiliations and LGBTQ2 identities.

### **Theatre Speaking to the Transgender Experience**

*IN TRANSIT* is a short play that allows an entry point to the conversation around transgender issues and identity. Providing a platform and vocabulary for robust and open dialogue, the piece was written by a young trans playwright during the Curious New Voices National Collective, a playwriting intensive in summer 2018.

“You could help me understand it.” When Oliver’s older brother drives the pair to Chicago to pick up testosterone to aid in Oliver’s transition, the siblings get into a weighty discussion on identity. Through open dialogue and family banter, we explore the challenges facing this transgender teen, both physical and

## **Saturday, 11:30-12:45 pm**

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**302**

**Facilitated  
by Jona Fine**

### **Queer Voices: A Gathering and Reading by local LGBTQ Writers and Poets**

This is a gathering and reading by local LGBTQ writers and poets. There are so many amazing queer local poets and authors that have beautiful experiences to share to create community. Come listen to some powerful and radical local queer voices. Hosted by Queer\* writing group.

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**340**

**Sam Long**

### **Sharing the Stories of Trans Educators**

Teachers and educators play a vital role in our society – they are expected to inspire, to advise, and to lead by example. But what happens when teachers transgress the expectations of gender? How do they navigate the institutions in which they work? How do colleagues, students, and families react? What is the impact on their communities? Join us as a panel of K-12 educators from the Denver area share their stories and answer questions.

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## **Lunch 12:45-1:50 pm**

If you are eating in the C4C dining hall please join us in the Colorado Room located directly across from the Persian Station in the Southwest corner of the dining hall. The dining hall does NOT take cash, and the cost is \$12+ tax. All you can eat.



**13th annual  
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**Saturday, 2-3:15pm**

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**Hinleimoana Wong-Kalu**



**The Road to My Future: Following the  
Footsteps of My  
Ancestors**

The map navigating my life in the present with the goal of reaching my future is found in following the pathways of my ancestors. Trusting and believing in the values, principles and fundamentals of the people and culture that I come from are my insurance coverage for dealing with the man made highways, byways as well as the

**Saturday, 3:30-4:45 pm**

210

**Representative Brianna Titone: Colorado's First Elected Transgender Woman**

Representative Titone will talk about her experience as one of the first openly transgender women to win public office. Rep. Titone will speak up about the challenges of running for, winning and keeping her office in one of the most politically polarized districts in Colorado. As one of only four transgender representatives in the United States, it is hoped that Rep. Titone's story - from apprehension to acclaim - will inspire a generation of transgender leaders to stand up, take the reins and fight for their destiny as visible, equal and empowered participants in our democracy.

S127

**Trans People of Color Panel**

This panel highlights trans people of color. We will be asking our panelists to share their experiences, thoughts, and challenges that are unique to being trans and a person of color as well as how white trans people can be more inclusive and better allies.

220

**Sharing the Stories of Trans Educators**

This seminar will offer all the ins and outs to educators, administrators, and college staff in promoting transgender diversity and inclusion in all aspects of the university. From the classroom to dorm life to medical and to the outlying community, this seminar will teach participants awareness of resources, strategies, and skills to meet the needs of trans students. Led by Dr. Zooney Pook, a Lebanese Trans woman, who has created successful policies such as preferred name rule and Gender Inclusive Housing at New Mexico State University, you will get the experience of an educator and administrator who has taught, advocated for, and worked closely with transgender students to ensure their success. This seminar will take an intersectional approach, examining deeply the variety of positions and backgrounds that transgender bodies emerge from, to offer a deeply rooted praxis to promote transgender inclusion, diversity and success.

230

**Coping with (Well Meaning) Allies**

Have you experienced the well-meaning ally who unintentionally says something offensive, does something inappropriate or generally sticks their foot in their mouth? In this session we will discuss different approaches to dealing with the missteps and mistakes that allies may make. We will ascertain how to address your own needs while educating our allies and building stronger relationships moving forward.

**Representative  
Brianna  
Titone**

**Hina Wong-Kalu  
Briannah Hill  
Starr Graham  
Maritza Oliva**

**Zooney Pook**

**Jasmy  
Weatherhead**



**Room**

**13th annual  
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**Saturday, 3:30-4:45 pm**

**235**

**K.  
Woodzick**

**The Nonbinary Monologues Project: Encouraging Representation from the Page to the Stage**

In 2017, under the recommendation of Leigh Fondakowski, K. Woodzick founded the Nonbinary Monologues Project. This online resource features audition material for non-binary, transgender and gender nonconforming actors. Woodzick will outline the process of creating and maintaining this resource, as well as offering best practices for supporting TGNC artists and students.

**255**

**Felix  
Le Fevre**

**A Place for Us: Trans and Nonbinary Discussion on Gender, Religion, and Belonging (Trans, Nonbinary, and GNC only)**

Transgender, nonbinary, and gender nonconforming folks like myself often find ourselves excluded, alienated, or just plain uncomfortable in religious and spiritual settings. From churches to covens, it is often hard to find a place to belong. This session will not have the answers but its goal is to be a place for us to discuss our experiences, feelings, frustrations, hopes, and successes in our searches for religious and spiritual communities. In order to create a place where we can feel safe enough to share our experiences, this session will be limited to attendees who do not exclusively identify with the gender they were assigned at birth, or who are questioning their gender identities.

**300**

**Arin Moriarty  
Quin  
Livingston  
Z Ziemann**

**Queer and Trans Storytime 1**

Join us for queer-focused storytime, crafting, and community building. We will read picture books that celebrate queer and trans families written by queer, trans, and two spirit people, and lead a fun craft project. This program is intended to create space centered on younger conference participants and provide a break from heavier topics. The books are aimed at 4-8 year olds but have been historically enjoyed by queers and queer spawn of all ages. This program is intended to be inclusive of all ages and ability levels, and all materials will be provided.

\*This session will be offered twice, with different books and crafts each time..



## **Transgender Voice: Providing a Needed Service in a Socially Conscious Way**

**Kathe Perez**

Our understanding of the medical, sociological, psychological, and communication processes for transgender and GNC people is in its nascency. One of the things we do know for gender-binary trans people, is that their voices are a key element in their sense of congruence with both their inner gender identity and outer gender expression. Kathe Perez has assembled a team of CU Boulder students in marketing, journalism, speech therapy, and neuroscience to develop a manner of delivering an important service (changing the voice) in a socially conscious manner.

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**308**

## **Trans Behind Bars**

**Paul Gross**

Many people wonder what happens to transgender people when they get arrested and are incarcerated in the Colorado Department of Corrections. Some of the answers may surprise you. Others seem like common sense, but we all know about common sense. Much of the information will be taken from the regulations as well as personal experience.

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# 13th annual TRANSforming Gender Conference

## Saturday, 5-6:15 pm

### **The Gift of the Trans Healer: Peer Supervision Group for Queer, Gender Nonconforming, and Trans Mental Health Providers**

What unique gifts do we bring to our work as transgender, genderqueer, and gender nonconforming healers, counselors, and mental health providers? How can we meaningfully and intentionally incorporate our gender identity into the healing work we do with others?

In this workshop we will consider together how our queer and trans identities strengthen our capacity as community leaders and healers. Sorin will guide participants to discuss the specific impact that queer, trans, and gender nonconforming mental health providers have on the populations they serve. We will also discuss barriers to adequate professional development as trans folks and consider the unique opportunities we have to forge our own paths in community.

### **DIY Relationships**

Our relationships are often held to limited cis- and hetero-normative standards. How do we unpack those societal expectations and actively build relationships that reflect the needs, wants, and boundaries of everyone involved? Join us for a look at the fundamentals of building your own DIY relationships with the intimate people in your life, whether friends, family, lovers, playmates, etc. This program will feature presentation components, small group discussions and plenty of reflection time to consider what is right for you.

### **(Trans) Forming the Academy: Shifting the Educational Experiences of Trans and Nonbinary Students**

As a societal institution, education reflects the dynamics and social structures of the society it exists in. In the US, this means oppressive systems such as racism, sexism, homophobia, and ableism are embedded in our schools and places of learning. However, research on the specific impacts of institutional transphobia and cissexism remains relatively sparse. Transgender, nonbinary, and gender nonconforming students remain on the margins in education. How can educators build more inclusive and celebratory environments for their trans/nonbinary

**Saturday, 5-6:15 pm****255****Briannah Hill****Unlearning the Racial Biases and Anti-Blackness in the LGBTQIA+ Community**

This session will educate folks about the actions of racial bias and anti-blackness that happens within the LGBTQIA+ community, whether that be on a personal or institutional level. It will also give hands-on tools to disrupting and unlearning racial bias and Anti-Blackness when it arises, what to do, when to know to speak out and when to step back. Come to this session vulnerable and leave with confidence in knowing where you stand between being an ally or an accomplice.

**300****Fleurette King****To Serve and Protect All Genders: Police and Security Agencies and Gender Diversity**

This workshop will facilitate discussion and share information about how police officers, security agencies and their partners can better serve the diverse communities of gender identities and expressions, including trans people. Participants will share historic and current experiences with police officers and other protective agencies. Attendees will gain resources and strategies to enhance the relationship and engagement.

**302****Sam Sharpe****Queering Biology**

This workshop will bring together principles of evolutionary biology, human development, and gender studies scholarship to present a holistic and accessible view of biological sex, gender, and self-identification. The goal of this workshop is to equip attendees to utilize biology as a source of empowerment for, rather than invalidation of, queer, trans and intersex individuals. I will conclude the workshop with a reflection on how my own positionality and life experiences motivates this work and provide time for questions and the opportunity for audience members to share personal stories.



## Saturday, 5-6:15 pm

308

### **Performing "Queer": How the Performance Aspect of Identity Helps and Harms Us**

Gwendalynn  
Roebke

Queer is complicated. There is no correct kind of queerness and yet, as queer culture mainstreams, it has become susceptible to a narrowing in order to be more palatable. With mainstreaming there comes the need to fit ill constructed categories through outward performance that do not reflect internal truths. While identity can be asserted and developed through external performance, there are times when coercion into acting a certain way can be deeply damaging.

This session aims to discuss the pressures to perform inauthentic versions of ourselves to satisfy other people's ideas around queer identity. We will discuss how queer expression/aesthetic is based in systems of oppression, don't incorporate intersectional realities, and how even within queer communities there exists gatekeeping around identity based on outward expression.

340

### **Pleasure, Communication, and Dysphoria: Finding Authentic Sexuality as a Trans Person**

Sara  
Connell

How can trans people and our partners work together to find safe ways to explore sexuality when our bodies might also hold dysphoria and pain? This session will be a combination of group discussion, personal activities, and small group activities that will help trans people discover what barriers may exist in expressing sexuality and strategies for moving through or around those barriers alone or with partners. No one will be required to share any information about their personal sex life and all activities will be optional, not required. This space is about exploring intimacy of all kinds, including kink, polyamory, and intimacy as an asexual person. All sexualities and genders are welcome to attend this session but the discussion will be focused on trans people.

## Saturday, 7-9 pm

### **Social Hour at Boulder Pridehouse, 2132 14th St., Boulder**

Social Hour for TGC Presenters & Attendees hosted by Out Boulder County's Transgender Steering Committee at the Boulder Pridehouse, food provided; sober space.

Meet, mingle, and socialize!

**Sunday, 10-11:15 am****S127****Trans Forming Families and Loved ones Towards Acceptance****Nora  
Alwah**

Are you a family member or loved one feeling uncertain about how to best support your loved one as they navigate their gender identity/transition?

When a transgender individual comes out, there can be painful challenges within the family/relational system. Considering the vulnerabilities of trans people, it can be supportive for family members and loved ones to have a framework of understanding of their process. In this session, practical tools are provided to begin deepening your relationship with your loved one.

**220****Trans Allyship 101****Peer Education  
Team  
Center for  
Inclusion and  
Social Change**

Do you have questions about what "transgender" is all about? Or how about all those other gender identities listed on Facebook? Perhaps you have a question you have always wanted to ask but didn't know how to phrase it or who to talk to? Come to this session and get your terminology on! We will cover basics and beyond to make sure you are set for the rest of the conference.

**235****Trans\*Continental: Navigating the Obstacles and Enjoying the Benefits of Traveling while Transgender****Abel Estrada  
Charlie  
Wellington  
Sara Connell**

Travel can be an extremely beneficial and rewarding experience for anyone, however as trans identifying individuals there are some very real considerations that should be taken into account. What should I do to prepare for the TSA check? Should my documented gender match my presenting gender? How do I know the place I am traveling to is safe? Should I be out when I am abroad? We will explore all of these things and more during this interactive session.

**255****Understanding the Biology of Gender****Fawn Oates**

Biological sex is a seemingly easy, but actually very difficult concept to understand. People are often in the difficult position of having to explain the intricacies of gender to another person who may be hostile to any idea outside of the traditional binary. Come to this session to understand the intricacies of how biological gender is formed and how to explain this to others. A concrete model of biological sex is given with a handout that can help you explain it to others who haven't been exposed to these ideas and why gender is more complicated than just male and female. Intersexed conditions will be discussed to help illustrate how we understand each piece of the gender puzzle. Attendees will be left with the skills to educate others about gender variance and diversity.

300

## Being with Gender Dysphoria through Mindful Presence

Ray Lewey

Too often we as trans\* individuals reject aspects of ourselves and our bodies, or we receive messages by the dominant cis narrative that our bodies and our experiences are something that should be rejected and ashamed of. But what if we were to stop disowning those aspects of ourselves? What if we could begin to bring presence to our bodies, no matter how painful or uncomfortable a place they may be?

Mindfulness is the practice of turning our awareness toward present-moment experience with an attitude of warmth, acceptance, and non-judgement. Through basic mindfulness meditation practices, we will explore ways of "Coming In": into ourselves, our bodies, and our direct experience.

302

## Beyond Equality and Inclusion: Reimagining Our Vision for Social Change

Sam  
Bullington

The imagined destination for social justice in U.S. society is often termed as "equality" and "inclusion" but what are the power dynamics inherent in this model? Such models are based on assimilation into a dysfunctional mainstream, which requires marginalized peoples to become more like privileged folks and doesn't require privileged folks to change at all. Their role is "helping" marginalized folks become more like them, which will only bolster their dominance in society and perpetually create new outsider groups. I instead call for a decentering framework to prioritize marginalized voices/well-being and point to the need for change within privileged communities – for their own happiness, in addition to a more just society.

340

## My Masculinity Matters: Navigating Masculinity Under the Trans Umbrella

Patrice  
Palmer

Masculinity has been a concept shaped in patriarchal Eurocentric colonial ideology and visibility. Masculinity, as it relates to skin tone and cultural identity, is a concept that has been plagued with misogyny, toxicity and violence as a descriptor of the racialized male experience. Trans and Nonbinary masculinity is the mirroring of these nuances. How can a Trans/Nonbinary masculine presenting person learn how to be a "mxm/man"? How does my cultural identity show up in my masculinity? Redefining this key identity is the first step in changing the culture. Understanding the role that masculinity plays and being proud of your cultural identity within this construct will give masculine presenting people the opportunity to TRANSform the narrative.

102

Free HIV Testing all day into 5pm



**Sunday, 11:30-12:45pm****S127****Eve E.****Supporting and Loving Your Transgender Child: Perspectives from a Trans Parent**

Life for transgender youth is often difficult and hostile. It is crucial that the home can be a safe and affirming space. This workshop is specifically aimed at informing parents how to better support their trans children. The presenter, Eve is a trans woman, who is also a parent of a trans teenager.

The workshop will cover many different topic areas including: unique struggles faced by trans youth; theory and techniques for affirming your children on their journey of gender self-discovery; best practices for interpersonal interactions with trans people; how to advocate for your children in school and medical settings; skills for "trauma informed" parenting; and navigating potential issues with friends and family.

**210****Cole Hart****Sam Bullington****Marika Barth****Z. Ziemann****Ravyn Wayne****Affirmation? So You are Transmasculine, Now What? Panel**

A panel/audience discussion on the messy reality of living in and shaping our transmasculine bodies. This session will center the experiences of trans masculine folks, focusing on a myriad of factors that influence our choices and access regarding HRT, surgery, and other elements of physical transition.

**220****Kyle  
Inselman****Trans at Work: A Facilitated Discussion about Gender in Career and Workplace**

Trans issues in the workplace are only beginning to be discussed in detail both in academia and in the public sphere. According to the 2015 US Transgender Survey (USTS), 30% of trans people nationwide have experienced anti-trans mistreatment at work and 77% have taken actions such as hiding their identity or delaying transition to avoid mistreatment. It is vital that trans people learn about the issues they potentially face in work and career, as well as talk about these issues with each other to create supportive professional and community networks. This session is part lecture, part discussion, and facilitated by professional career coach and CU Boulder Alum, Kyle Inselman. Kyle brings nearly 5 years of experience in collegiate career services including national-level trans inclusion work in the fields of career development and higher education. Learn about issues facing trans people at work, hear tips to fit your needs no matter your identity and career. This is not limited to "how to transition at work," and therefore the session is open to all gender identities and any level of outness or transition.

**Sunday, 11:30-12:45pm****235****Randi  
Reinhold****How to be an Ally and Mentor for LGBTQ+ Youth**

We are living in a time when social constructs such as gender, sexuality and race are being examined, questioned and challenged. It is a time of deconstructing rigid "norms" and rethinking how we define ourselves and each other in the world. Amidst all of this, LGBTQ+ young people continue to struggle to feel seen, validated and accepted. It is a time ripe with opportunity, and this session is designed to empower trans\* identified folx and their allies to step up in support of our youth. We will examine current thinking around the social and emotional experiences of LGBTQ+ youth and discuss support strategies for building positive relationships with the young people in our lives who may be struggling in relation to their sexuality and/or gender identity. This work will involve active listening and role play.

**255****TK Morton  
Phoenix  
Schroeder****Queer Activism Burnout**

This interactive workshop will discuss the discourse of queerness, transness, and activism and the severity of burnout for students with queer and trans identities. We will discuss various topics such as: how our queerness and transness relates to activism, how to identify burnout, mental health from an intersectional lens and more! Through this workshop participants will be able to create and bring tangible resources back to their various campuses and communities to be able to support queer and trans people experiencing burnout. This will be coming from the perspective of two trans activists and practitioners who work and attend higher ed.

**300****Davy le Jones  
Ngyuyen****Speaking the Body into its Own Significance: Workshop and Performance**

The body and its lived experience, when concerned with sex and gender, finds itself at the crossroads of the personal, political, artistic, cultural, environmental and so on. Indeed, alongside race theory and politics, the navigation of sex and gender is at the forefront of how one is able to come to terms with living and being in the world. This workshop seeks to lend eyes and a mouth to those experiences; that is, that it attempts to provide different sets of framework and vocabulary with which we can navigate our lifeworld. Of particular importance is the relationships with one another. The ensuing discussion ought to enhance an individual's ability to give name, indeed significance, within their surrounding contexts and world. This can take many forms such as art, activism or community building. Several poems will be performed to introduce just one way that an individual can attempt to claim or reinstate themselves in the world.



**Room**

**13th annual  
TRANSforming Gender Conference**

**Sunday, 11:30-12:45pm**

**302**

**Trans and Polyamorous: Knowing and Communicating Your Desires**

**Nadia Brecl  
Charlie  
Wellington**

Other people can't read your mind—if you want something, ask for it!

In this workshop, we will tackle dominant assumptions about communication in relationships and help you discover your wants, needs, and how to communicate them. We will share tools for navigating conflict, tending to yourself, and negotiating boundaries. Regardless of your relationship orientation or practices, these communications skills could be useful for anyone. All are welcome!

**308**

**Sub-Alternate Safe Space: What the BDSM Counterpublic Can Teach us About Consent**

**Roxy Leiser**

This lecture will elucidate that common BDSM practice of “enthusiastic consent.” What is it? How is it established? And what does that model look like on a wider scale? We will also discuss how this practice helps to cultivate a safe space for its members, and how this same effect could be obtained in other scenarios.

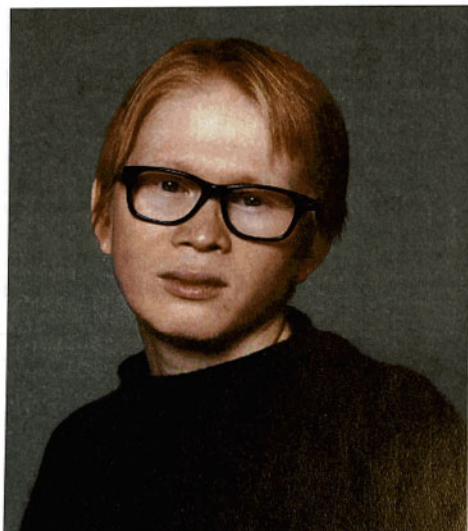
**102**

**Free HIV Testing all day until 5pm**

**Lunch 12:45-1:50 pm**

If you are eating in the C4C dining hall please join us in the Colorado Room located directly across from the Persian Station in the Southwest corner of the dining hall. The dining hall does NOT take cash, and the cost is \$12+ tax. All you can eat.





210/80

**Are You Satisfied?  
Why Trans Stories Matter**

In this talk, Meredith Talusan makes a case for the importance of specific, nuanced trans storytelling, both as an editor and as an author, as a way to dismantle the unjust expectation that trans people experience no regret or dissatisfaction about our decisions around gender expression and transition. Rather than arguing against transition because of potential dissatisfaction like Jesse Singal, or that happiness should not be the goal of transition like Andrea Long Chu, this talk makes the case that no trans story can be measured through a single fixed lens, even one as forceful as happiness, which is why compelling, individual trans stories are and will always be vital.

## Room

# 13th annual TRANSforming Gender Conference

## Sunday, 3:30-4:45pm

**S127**

### **Transgender Romance Panel**

**Out Boulder  
County's  
Trans  
Steering  
Committee**

Are you curious about what it's like to be trans in a relationship or be in a relationship with someone who is trans?

Join us for a panel discussion in which binary and non-binary trans community members will share their perspectives, experiences, and insights of being transgender in relationships. Attendees will gain a greater knowledge of the transgender relationship experiences, and begin to understand the romantic/sexual aspects of transgender partners. A variety of trans identities and diverse relationship combinations will be represented. Mature content may be discussed.

**210**

### **How to Write a Trans Story**

**Meredith  
Talusán**

Many trans people have a desire to tell their own, authentic stories, whether to those in their immediate vicinity or to the outside world. But in a society that consistently disseminates stereotypes, misconceptions, and hackneyed tropes about trans people, it can be really challenging for us to tell our specific stories in a way that compels people to listen. This workshop will explore methods and resources for effective storytelling so that participants can offer their unique perspectives. We will break down the major hurdles that trans storytellers often encounter, and try to get to the core of what each workshop participant wants to communicate about their trans experience. We will also discuss the means through which participants can tell their stories, whether in real life, online, or through various media.

**220**

### **Bridging the Gaps of Generational Divides**

**Everett  
Dietzler**

Our panel will explore the experiences of three distinct generations within the transgender community. We will look at how historical and cultural context has had different impacts on the lives of Millennials, Generation X, and the Stonewall generation. We will examine how the generations learn from and influence one another. We will discuss the importance of intersectionality and checking what privilege we do have when making space for one another. By doing so, we hope to be able to connect on a more empathetic level as a community so we may become a more united front in fighting for our liberation.

## Sunday, 3:30-4:45pm

235

### Guide to Being a Trans Ally

Kimberly  
Jackson  
and PFLAG  
Boulder

It is all about the journey. In this workshop hosted by PFLAG Boulder County participants will learn basic LGBTQ terminology including sex, gender, sexual orientation, gender identity and gender expression. You will learn what it means to be a trans\* ally, how to work through barriers of feeling awkward and the fear of making mistakes. You will come away with at least five positive ways to be a trans ally and will feel confident to go further on your ally journey. This workshop will include handouts and brochures.

255

### Critiquing and Unlearning Whiteness

Jackson  
Reingel

Briannah  
Hill

This session is for white identified folks only. It will teach how racism/white privilege work as a system through various forms of oppression and structures and build our individual capacities to create change. This session will give light and tools to those who are wanting to join the fight for radical racial justice, whether that be putting your body on the line and advocating, or dismantling the systems that continuously put down marginalized communities.

300

### Queer and Trans Storytime 2

Arin Moriarty  
Quin  
Livingston  
Z Ziemann

Join us for a queer-focused storytime, craft, and community building. We will read picture books that celebrate queer and trans families written by queer, trans, and two spirit people, and lead a fun craft project. This program is intended to create space centered on younger conference participants and provide a break from heavier topics. The books are aimed at 4-8 year olds but have been historically enjoyed by queers and queer spawn of all ages. This program is intended to be inclusive of all ages and ability levels, and all materials will be provided.

\*This session will be offered twice, with different books and crafts each time..

302

### Queering Improv

Late Notice  
Improv

What does it mean to perform? Trans people have to navigate different presentations of their identities on a daily basis, and improv is a unique space where individuals explore personality through physicality. In this session, Late Notice Improv, CU Boulder's only improv team of all women and nonbinary performers, will guide attendees through the basics of improv comedy with interactive activities and exercises. The session will also relate how improv can be an empowering and fun practice for trans people. Improv offers trans people a space to exercise freedom in how they embody themselves and their gender expression. Improve also allows performers to experiment with different identities and fosters confidence in social settings off-stage.



**Room**

**13th annual  
TRANSforming Gender Conference**

**Sunday, 3:30-4:45pm**

**308**

**Oak and Maria**

**Shed What Doesn't Serve You: An Anti-Colonial Workshop for Emotional Evolution**

Join us for 75 minutes of intentional reflection on embodying anti-colonial communication and queer4queer and trans4trans survival skills. In this workshop, you will receive a copy of the zine "Shed What Doesn't Serve You: An Anti-Colonial T4T Homemade Workbook." In our time together, facilitators will use this workbook as a tool to teach DBT (Dialectical Behavioral Therapy) as it applies to emotional survival skills, unlearning white supremacy, safety planning, boundary setting, building consent skills, and more! Participants can take this workbook home to continue self-reflection and share with others.

**340**

**Fawn Oates**

**Finding Strength from Struggle**

When having a life-shifting experience, often the fear is that we will never find happiness again. Gender transition can be a whirlwind of emotional experiences for the person transitioning, as well as for their friends and family members. Come to a better understanding of your personal experiences by giving space and acceptance to the feelings of loss that accompany any significant life change. Gain concrete understandings of the source of our reactions and ways to gain emotional growth and resilience through difficulties, rather than getting lost in the trauma and fear.

**102**

**Free HIV Testing all day until 5pm**

**13th annual  
TRANSforming Gender Conference****Sunday, 5-6:15pm****S127  
Li  
Brookens****Genderqueer, Nonbinary, Gender Nonconforming Facilitated Discussion.**

Join us in this session to share and discuss challenges unique to genderqueer and nonbinary identities and process what you have learned and experienced at the TGC this year. This is a safe space to ask questions, share feelings, and be amongst those who share your identity. This session is closed to people who do not identify as genderqueer or nonbinary.

**220  
Ravyn  
Wayne****FTM and Trans Masculine Facilitated Discussion.**

Join us in this session to share and discuss challenges unique to FTM and trans masculine identities and process what you have learned and experienced at the TGC this year. This is a safe space to ask questions, share feelings, and be amongst those who share your identity. This session is closed to people who do not identify as ftm or trans masculine.

**255  
Tamara  
Williams  
Van Horn****Queer and Trans People of Color Facilitated Discussion.**

Join us in this session to share and discuss challenges unique to queer and trans people of color identities and process what you have learned and experienced at the TGC this year. This is a safe space to ask questions, share feelings, and be amongst those who share your identity. This session is closed to people who do not identify as queer/trans people of color.

**255  
Sarah  
Williams****Significant Others, Family, Friends and Allies Facilitated Discussion.**

Join us in this session to share and discuss challenges unique to SOFFA identities and process what you have learned and experienced at the TGC this year. This is a safe space to ask questions, share feelings, and be amongst those who share your identity. This session is closed to people who do not identify as SOFFA.

**340  
Jenn  
Molde****MTF and Trans Feminine Facilitated Discussion.**

Join us in this session to share and discuss challenges unique to MTF and trans feminine identities and process what you have learned and experienced at the TGC this year. This is a safe space to ask questions, share feelings, and be amongst those who share your identity. This session is closed to people who do not identify as MTF or Trans feminine.