University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

Application Status In Progress

BIOGRAPHIC INFORMATI	ION		
PROFILE			
Legal First Name: Middle Name: Last Name: Suffix: Sex: DENTPIN:	Kelsey – FEMALE 76135223	Materials Under Another Name: Nickname: Former First Name: Former Middle Name: Former Last Name: My First Name: My Middle Name:	Yes – Kelsey –
<b>BIRTH INFORMATION</b>			
Date of Birth: City: County: State: Country:	Lafayette Lafayette Parish Louisiana United States		
CONTACT INFORMATI	ON		
Address Type: Address: County:	Current Jefferson County	Address:	nanent rson County
Country: Valid Until Date: Preferred Phone Number Email:	United States Type: Mobile		ed States
, · · ·			
CITIZENSHIP STATUS			
Citizenship Status: Country of Citizenship: Other Citizenship: Length of stay in US:	U.S. Citizen United States — —		rado rson County years
RACE/ETHNICITY			
Do you consider yourself to Answer: No	o be of Hispanic/Latino origin?	American Indian or Alaska Native Asian Black or African American Native Hawaiian or other Pacific I White	-
OTHER INFORMATION			
Native Language: Additional Language:	English French <b>Proficie</b>	ncy Level: Intermediate	

University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

<b>BIOGRAPHIC INFORMA</b>	ATION CONTINUED
OTHER INFORMATIC	DN
Military Status:	Not a member of the military
Have you previously atte	ended a health profession program?
Answer: Program Type: Program Attended D Attended From: Attended To: Eligible to Return: Reason for Leaving:	No Description:
Have you ever been disc or school? Answer:	iplined for student conduct violations (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college
Have you ever been disci school? Answer:	iplined for academic performance (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or No
Albwer.	
Have you ever had any co locality?	ertification, registration, license or clinical privileges revoked, suspended or in any way restricted by an institution, state or
Answer:	No

University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery Application Status In Progress

CADEMIC HISTORY	,						
HIGH SCHOOL GR	ADUATION STATUS						
Туре:	High School Diple	oma	Date Red	ceived:	05/2006		
HIGH SCHOOL AT	TENDED						
Name	I	ocation		Dates Attend	ed	Graduated	Homeschool
GEORGE WASHINGT SCHOOL	FON HIGH (	Cedar Rapids, IA, U	IS	08/2002 - 0	5/2006	Yes	No
STANDARDIZED T	ESTS						
UNOFFICIAL DAT							
Date A	cademic Perceptual Average Ability	Quantative Reasoning	Reading Comprehension	Biology	General Chemistry	Organic Chemistry	Total Science
07-12-2023	25 22	21	23	30	24	25	26
COLLEGES ATTEN							
009542 COMMUN	NITY COLLEGE OF DE	INVER					
Start Date:	01-2024		Still Curi	rent:	Yes		
End Date:	Current		Primary:		No		
State:	Colorado						
Major 2nd M	lajor/Minor	Status	Degree Verified	De	gree Name	Degree D	ate
No Degree Defined							
001370 UNIVERS	ITY OF COLORADO -	BOULDER					
Start Date:	05-2022		Still Curi	rent:	Yes		
End Date:	Current		Primary:		No		
State:	Colorado						
Major 2nd M	lajor/Minor	Status	Degree Verified	Dej	gree Name	Degree D	ate
No Degree Defined							
001360 METROP	OLITAN STATE UNIVE	RSITY OF DEN	/ER				
Start Date:	08-2023		Still Curi	rent:	Yes		
End Date:	Current		Primary:		No		
State:	Colorado						
Major 2nd M	lajor/Minor	Status	Degree Verified	Deg	gree Name	Degree D	ate
No Degree Defined							
							$\wedge$
							Ť

University of Colorado School of Dental Medicine

Applicant ID

Application Status In Progress

### ACADEMIC HISTORY CONTINUED

COLLEGES ATTENE	DED						
001869 IOWA STATE UNIVERSITY							
Start Date: End Date: State:	08-2006 05-2011 Iowa		Still Current: Primary:	No Yes			
Major	2nd Major/Minor	Status	Degree Verified	Degree Name	Degree Date		
Women's Studies	Journalism / French	Degree Awarded	Yes	Bachelor of Arts and Science	05-2011		
Journalism	<ul> <li>– / Communications</li> </ul>	Degree Awarded	Yes	Bachelor of Arts and Science	05-2011		

#### COURSEWORK

### 001869 IOWA STATE UNIVERSITY

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Freshman Se	emester Fall 2006: Completed	l 🗸 Verified							
FRNCH 201	INTERMED FRENCH I	French	Not Applicable		4.0		А	А	
LIB 160	LIB INSTRUCTION	Library Science	Not Applicable		0.5		S	None	
CON E 120X	CORNERST LEARN COMM	Engineering	Not Applicable		1.0		S	None	
ENGR 101	ENGINEERING ORIENTN	Engineering	Not Applicable		0.0		S	None	
MATH 165	CALCULUSI	Calculus	Not Applicable		4.0		В	В	
MATH 142	TRIG&ANALY GEOMETRY	Mathematics	Not Applicable		3.0		B-	B-	

Freshman S	emester Spring 2007:	Completed   Verifie	ed	
MATH 166	CALCULUSII	Calculus	Not Applicable	4,0
FRNCH 101	ELEMENTRY FRENCH I	French	Other Tests	4.0

			lests			
CON E 120X	CORNERST LEARN COMM	Engineering	Not Applicable	1.0	S	None
CON E 110	INTRO CONSTRUC ENGR	Engineering	Not Applicable	1.0	A	А
FRNCH 202	INTERMED FRENCH II	French	Not Applicable	4.0	A	A
ENGL 105	FIRST-YR COMPOS II	Composition	Not Applicable	3.0	A	А
FRNCH 102	ELEMENTRY FRENCH II	French	Other Tests	4.0	Ţ	None
ENGL 104	FIRST-YR COMPSITN I	Composition	Other Tests	3.0	т	None
ENGR 160	ENGR PROB W/CPR LAB	Engineering	Not Applicable	3.0	B+	B÷
Freshman S	emester Summer 2007:	Completed 🗸 Veri	fied			
FRNCH 395	STUDY ABROAD	French	Study Abroad	8.0	A-	A-

А

Т

А

None

# Example Only

CALCULATED GPA				
Title	Туре	Quality Points	Graded Hours	GPA Score
BCP Totais	Subject	137.4	40.01	3.43
Biochemistry	Subject	0.0	0.00	0.00
Biology/Zoology	Subject	108.0	28.01	3.86
Inorganic Chemistry	Subject	29.3	12.00	2.44
Physics	Subject	0.0	0.00	0.00
Organic Chemistry	Subject	0.0	0.00	0.00
Other Sciences	Subject	25.3	6.33	4.00
Mathematics	Subject	42.0	12.00	3.50
English	Subject	14.3	4.33	3.31
BehavioralSciences	Subject	52.7	14.67	3.59
Other Non-Science	Subject	315.0	89.00	3.54
Freshman	Year	100.0	30.00	3.33
Sophomore	Year	102.0	31.00	3.29
Junior	Year	118.0	31.00	3.81
Senior	Year	112.0	31.00	3.61
Baccalaureate	Year	432.0	123.00	3.51
Post-Baccalaureate	Year	154.7	43.35	3.57
Cumulative Undergraduate	Year	586.7	166.35	3.53
Graduate	Year	0.0	0.00	0.00
Overall	Year	586.7	166.35	3.53
Freshman Science	Year	25.0	7.00	3.57
Sophomore Science	Year	15.0	4.00	3.75
Junior Science	Year	0.0	0.00	0.00
Senior Science	Year	0.0	0.00	0.00
Baccalaureate Science	Year	40.0	11.00	3.64
Post-Baccalaureate Science	Year	122.7	35.35	3.47
Cumulative Undergraduate Science	Year	162.7	46.35	3.51
Graduate Science	Year	0.0	0.00	0.00
Overall Science	Year	162.7	46.35	3.51
Freshman Non-Science	Year	75.0	23.00	3.26
Sophomore Non-Science	Year	87.0	27.00	3.22
Junior Non-Science	Year	118.0	31.00	3.81
Senior Non-Science	Year	112.0	31.00	3.61
Baccalaureate Non-Science	Year	392.0	112.00	3.50
Post-Baccalaureate Non-Science	Year	32.0	8.00	4.00
Cumulative Undergraduate Non-Science	Year	424.0	120.00	3.53
Graduate Non-Science	Year	0.0	0.00	0.00
Overall Non-Science	Year	424.0	120.00	3.53

University of Colorado School of Dental Medicine

### SUPPORTING INFORMATION

#### EXPERIENCE

Experience Type: Recognition Type: Title: Employer: Academic Enrichment Received Academic Credit Study Abroad - Lyon, France Iowa State University - French Department Ames Iowa 50011 United States

Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details: 05-13-2007/07-15-2007 Full-time 168 8 1344

As an undergraduate, I studied abroad for two months in Lyon, France, where I lived with a French-only speaking family. This was not only an experience of a lifetime, but also a practice in being a fish out of water. It is humbling to be completely outside your comfort zone, from food and language to culture and social nuances. I learned self-reliance, flexibility, and resilience as I navigated language, train and bus schedules, and classwork. My very kind French mother, Sylvie, patiently corrected my grammar day-by-day, and by the time I departed, I was conversationally fluent in French.

**Doctor of Dental Surgery** 

Applicant ID

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

### SUPPORTING INFORMATION CONTINUED

EXPERIENCE			
Experience Type: Recognition Type: Title: Employer: Supervisor:	Dental Experience Volunteer Dental Experience - Volunteering (General Dentistry) Lafayette Dental Excellence 511 Crossing Dr. Suite #200 Lafayette Colorado 80026 United States Leo Polinkovsky	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	09-13-2023/ Current Part-time 4 5 20 I joined Dr. Polinkovsky's team as a weekly volunteer. I will be supporting the front desk and patient check in, and will also have the opportunity to observe procedures and assist the dental team as
	DDS +13033090963	Permit to Contact:	needed. The majority of my prior dental experience has been at a non-profit clinic, and I appreciate this opportunity to learn how a private practice runs, from scheduling and insurance to managing staff and patient relationships. I am also eager to observe Dr. Polinkovsky, who demonstrates excellent communication, good listening, and kindness to each of his patients, along with conservative care. Yes
Experience Type:	Dental Experience	Experience Dates:	08-31-2022/05-17-2023
Recognition Type:	Volunteer	Status:	Part-time
Title:	Volunteer Chair-side Assistant - Dental	Hours per Week:	1
	Aid	Total Weeks:	15
Employer:	Dental Aid	Total Hours:	15
	4155 Darley Ave Boulder	Experience Details:	I volunteer regularly at Dental Aid, a
	Colorado 80305		nonprofit clinic, as a chair-side assistant. I clean instruments & exam rooms, retrieve
	United States		supplies during procedures, and interact
Supervisor:	Dr. Jose Mena DDS & Dental Director +13034997072 jmena@dentalaid.org	Permit to Contact:	with patients. My goal is to make the day a little bit easier for the Dental Aid staff. I love connecting with our patients, particularly if they are feeling nervous about a procedure. Whether it is holding their hand during a numbing shot, having a dance party to country music while we wait for the dentist to return, or hearing about the joys and trials of their everyday lives, it is a privilege to spend time with them. Yes

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

#### SUPPORTING INFORMATION CONTINUED

#### EXPERIENCE

Experience Type: Recognition Type: Title: Employer: Extracurricular Activities Volunteer Toastmasters Membership Toastmasters International - Pioneer Club Lakewood Colorado 80232 United States Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details: 08-30-2019/04-30-2020 Part-time 2 32 64

Part of my role at Denver Kids, Inc., often required speaking to donors and staff in larger groups. When I had prepared remarks to give, I always felt comfortable, but I wanted to increase my ability to speak off the cuff. I joined Toastmasters in order to improve these improvisational speaking skills. This was an excellent group with which to practice, as they not only encourage prepared remarks but also have opportunities to get up and speak on spontaneous topics. It was an experience that stretched my comfortability and ultimately helped me improve my public speaking.

Experience Type: Recognition Type: Title: Employer:

Extracurricular Activities Volunteer Rowing Crew Des Moines Rowing Club Des Moines Iowa United States Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details: 05-01-2012/11-01-2013 Part-time 3 50 150

After I graduated college, I was looking for a regular activity that included camaraderie and also a challenge! The Des Moines Rowing club provided just that. Myself and a group of seven other women went from knowing nothing about rowing to racing in a regatta. Practices and extra conditioning could be grueling, and rowing as a team required significant trust (the river water was only a few inches away) as well as a willingness to examine your own form that could be impacting the whole boat. Teamwork-pulling our boat down the river all together-was special and powerful.

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

### SUPPORTING INFORMATION CONTINUED

EXPERIENCE			
Experience Type: Recognition Type: Title: Employer: Supervisor:	Extracurricular Activities Volunteer Hobbies - SCUBA Diving PADI - Professional Association of Diving Instructors Other/Unknown United States +18007297234	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details: Permit to Contact:	01-26-2003/ Current Part-time 1 1040 1040 I was certified as a PADI Junior Open Water Diver at age 14, and achieved my Advanced Open Water and Enriched Air Nitrox certifications by 19. I have also completed courses in underwater photography. SCUBA certifications require classwork as well as pool and open water dives. I love diving because of the technical skill and detail required for safety, as well as the opportunity to travel, explore, and appreciate underwater creatures and ecosystems. My favorite experiences include diving with sharks in the Red Sea and exploring Japanese WWII shipwrecks in the Federated States of Micronesia. Yes
Experience Type: Recognition Type: Title: Employer:	Extracurricular Activities Volunteer Hobbies - Sewing/Quilting N/A Other/Unknown United States	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	01-01-1995/ Current Part-time 2 1400 2800 Creativity has always been a passion of mine, something that was fostered by my mother. She taught me how to sew at a young age, and as I grew, she taught me how to quilt. Quilting requires many skills-creativity, a cohesive vision, precision, and attention to detail. I love all of these aspects of quilting projects-1 want the end result to be beautiful, but I also want every seam and corner to match, and every stitch to be accurate.

Having a creative outlet is very important to me and I find great value in setting aside time to nurture this hobby.

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

#### SUPPORTING INFORMATION CONTINUED

	D	-		E N		-
ニハ		н.	<b>N</b> I	EI		E

Recognition Type: Comp Title: Senio Deve Employer: Denv	orado 80203	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	09-01-2017/05-13-2022 Full-time 40 235 9400 At Denver Kids, Inc., a nonprofit serving
Unite Supervisor: Miche VP of +172	ed States helle Maldonado of Development 204231747 helle_maldonado@dpsk12.org		underrepresented populations through high school graduation and on to college, I supported fundraising and marketing efforts. I regularly coached our students to tell their stories publicly at events and connected them with our supporters. I learned to collaborate with a wide range of people from many backgrounds, including our students, staff, board of directors, and community members. This advocacy work was both personally and professionally rewarding, and cemented the requirement for service to others in
		Permit to Contact:	my future path as a non negotiable. Yes
Recognition Type: Comp Title: Proje Creat Employer: Mitte 5085 Des N Iowa Unite Supervisor: Darby Presid	loyment apensated ect Coordinator/Manager - Mittera ative era Creative 5 NE 17th St Moines a 50313 ed States by Oppold ident of Creative & Technology 153435353	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	07-01-2012/05-01-2015 Full-time 40 150 6000 When I took this job, I joined a small creative team that was a new arm of an established printing company. While we had the stability of the larger company, we were basically a startup. That meant my job was wearing many hats every day, from managing ad schedules and writing creative copy to meeting with clients and running out to buy a shrimp fork for a photo shoot. My role connected the dots between many different people and departments, and I was able to hone my problem solving and efficiency skills. Above all, I learned to roll with the punches! Yes

### University of Colorado School of Dental Medicine

Applicant ID **Doctor of Dental Surgery** 

#### SUPPORTING INFORMATION CONTINUED

EXPERIENCE			
Experience Type: Recognition Type: Title: Employer: Supervisor:	Employment Compensated Editorial Apprenticeship Meredith Corporation (Dotdash Meredith) 1716 Locust Street Des Moines Iowa 50309 United States Ann Klein Senior Editor +15152843000	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details: Permit to Contact:	08-30-2010/05-06-2011 Part-time 16 32 512 I pursued an additional undergraduate year at lowa State with the goal of securing a magazine apprenticeship at Meredith Corporation, coordinated by the lowa State journalism school. There were limited slots with a competitive application and interview process. I earned one spot, and spent my additional college year balancing school work, and two full days a week as an editorial apprentice, where I wrote creative copy and fact-checked for magazines we published for clients such as Publix Super Markets. I learned to balance client needs and internal dynamics with editors and designers. Yes
Experience Type: Recognition Type: Title: Employer:	Employment Compensated Sports Reporter Iowa State Daily Newspaper Ames Iowa 50011 United States	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	01-01-2010/05-06-2011 Part-time 6 50 300 As I pursued a degree in Journalism, I applied to write for the Iowa State Daily newspaper. I was assigned to the sports department, first covering gymnastics and then women's volleyball and basketball. I didn't know much about any of those sports when I started out, but I had so much fun learning the intricacies of each. I found great satisfaction in getting to know the gymnasts, players and coaches, and communicating their successes and

challenges to the campus community, on tight deadlines. I particularly enjoyed writing features-I found it very important to humanize these amazing athletes.

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

#### SUPPORTING INFORMATION CONTINUED

#### **EXPERIENCE**

Experience Type: Recognition Type: Title: Employer: Employment Compensated Coffee Shop Barista Cafe Diem 229 Main St Ames Iowa 50010 United States

### Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:

Part-time 12 88 1056 One of my jobs during college was at a coffee shop. It was a popular local establishment, and as a barista, I loved getting to interact with the general public and getting to know the regular customers. This role required balancing many tasks as well as good customer

service, and interacting with many different personalities. I enjoyed the fast pace, human connection, and brightening people's day with their favorite coffee

11-01-2007/08-01-2009

Experience Type: Recognition Type: Title:

Employer:

Research Received Academic Credit Research Group - Women's Studies Feminist Research in Action Iowa State University Women's Studies Program Ames Iowa 50011 United States Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details: 01-11-2010/05-07-2010 Part-time 3 16

48

drinks.

As part of my degree in Women's Studies, I took a course in qualitative research. A small group of us designed and executed a study to determine the experiences and treatment of administrative assistants across the Iowa State campus. We each interviewed multiple assistants and spent many hours parsing through interview transcripts to compile our findings. Our group had to not only think critically, but also challenge many of our own biases and assumptions. It was fascinating to partake in this humanistic, non-numerical approach to research that stoked my intellectual curiosity.

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

### SUPPORTING INFORMATION CONTINUED

#### XPERIENCE

LAFERIENCE			
Experience Type: Recognition Type: Title: Employer: Supervisor:	Dental Shadowing (In-Person) Volunteer Shadowing - Periodontics/Surgery Boulder Implants & Periodontics 2575 Pearl Street Ste. 330 Boulder Colorado 80302 United States Dr. Jonathan Boynton DMD +13039388300	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details: Permit to Contact:	05-31-2023/05-31-2023 Temporary 4 1 4 1 4 Nshadowed Dr. Boynton during two extraction surgeries. One procedure turned out to be very difficult due to the patient's history of radiation therapy on his jaw, making his teeth/roots brittle and prone to breakage. Dr. Boynton was methodical, gentle, and calm, extracting each root shard carefully, and insisting on X-rays to ensure all fragments had been removed. I appreciated how he counseled the patient post-surgery-he encouraged an approach that would take more time, but would ultimately lead to a better outcome. I could tell the patient understood his treatment plan and felt reassured. Yes
* Experience Type: Recognition Type: Title: Employer: Supervisor:	Dental Shadowing (In-Person) Volunteer Shadowing - Dental Aid - General Dentistry Dental Aid 4155 Darley Ave Boulder Colorado 80305 United States Dr. Jose Mena DDS & Dental Director +13034997072 jmena@dentalaid.org	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	08-31-2022/05-17-2023 Part-time 3 22 66 I shadowed Dr. Mena at a nonprofit clinic, weekly. This clinic provides dental care to those who may not have access elsewhere due to financial limitations. Patients of all ages and backgrounds often came to us with inconsistent previous care. Dr. Mena was very busy, but his calm and attentive demeanor never alerted patients to the frantic pace of the clinic. I hope to emulate his commitment to treating each and every patient with kindness and respect, and his conservative approach to care. The most important thing I learned from him is. "There is nothing like your natural tooth structure."

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

### SUPPORTING INFORMATION CONTINUED

Experience Type: Recognition Type: Title: Employer:	Dental Shadowing (In-Person) Volunteer Shadowing - Emergency Dentistry Emergency Dental Care USA 7500 E Arapahoe Rd Suite 202 Centennial Colorado 80112 United States	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	08-20-2022/08-27-2022 Part-time 3 2 6 Shadowing Dr. Salas was a fascinating view into the world of Emergency Dentistry on a weekend. In quick succession, I saw him extract abscessed
Supervisor:	Dr. Carlos Salas Dentist +17206157129	Permit to Contact:	teeth, consult for an implant, prepare a patient for a denture, and file a broken crown. Dr. Salas's approachable demeanor made patients visibly relax under stressful/unexpected circumstances, and one patient who had visited him before even said, "This is the first time I've ever looked forward to going to the dentist." Many of the patients who came in had issues due to lack of regular care, which confirmed my strong belief in preventative dentistry. Yes

1

Generated: 2024-09-26 04:43PM

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

#### SUPPORTING INFORMATION CONTINUED

EXPERIENCE			
* Experience Type: Recognition Type: Title: Employer: Supervisor:	Volunteer Compensated Volunteer Diversity, Equity, Inclusion & Belonging Committee Member Denver Kids, Inc. 780 Grant Street Denver Colorado 80203 United States Michelle Maldonado VP of Development +17204231747 michelle_maldonado@dpsk12.org	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	09-01-2020/05-13-2022 Part-time 1 25 25 At Denver Kids, Inc., I had the honor of being a member of our inaugural Diversity, Equity, Inclusion, and Belonging (DEIB) committee. We were tasked with identifying areas to increase inclusion throughout the organization, and working with students, staff, and the board of directors to create a public stance on our organization's core DEIB beliefs. Being a part of this committee required deep self reflection, and a commitment to having difficult conversations. I was grateful for the opportunity to practice leaning into the uncomfortability that is often required for meaningful change. Yes
Recognition Type: Va Title: C Employer: La 18 Ca Ia U Supervisor:	Volunteer Volunteer Cat Foster and Cat Care Volunteer Last Hope Animal Rescue 1823 16th Ave SW Cedar Rapids Iowa 52404 United States +13192004880	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	02-01-2016/04-01-2017 Part-time 2 50 100 Being of service is one of my core values, whether it is to people or animals. At Last Hope Animal Rescue, an all-volunteer nonprofit, I volunteered as both a shelter cat caregiver and also fostered cats in my home. At the shelter, I loved caring for the cats by keeping their areas clean and playing with them. I also took great satisfaction in fostering cats, particularly a pregnant cat that had been abandoned. She was able to have her kittens in a safe place and then the whole family got adopted into loving homes. I know her trajectory would have been different if she had stayed outdoors. Yes

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

#### SUPPORTING INFORMATION CONTINUED

EXPERIENCE			
* Experience Type: Recognition Type: Title: Employer: Supervisor:	Volunteer Compensated Volunteer Women's Group at Mittera Creative Mittera Creative 5085 NE 17th St Des Moines Iowa 50313 United States Darby Oppold President of Creative & Technology +15153435353	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details: Permit to Contact:	05-01-2014/05-01-2015 Part-time 1 50 50 While I worked at Mittera, I was a member of our inaugural Women's Group. Mittera is a conglomerate of many far- flung midwest printing plants, an industry that had historically been dominated by males in the field. As we grew to include other services, we decided to form a group to provide support for women who may have been previously isolated. We met regularly to connect and learn, and we also started a women-women mentorship program within the company to foster female leadership. My own mentor, May, was instrumental in supporting my confidence and career growth. Yes
Experience Type: Recognition Type: Title: Employer:	Volunteer Volunteer Volunteer Student Admissions Representatives (STARS) Iowa State University - Admissions Ames Iowa 50011 United States	Experience Dates: Status: Hours per Week: Total Weeks: Total Hours: Experience Details:	09-01-2008/05-06-2011 Part-time 1 96 96 During my undergraduate time at Iowa State University, I gave campus tours to prospective students. There were pages of campus information to memorize and deliver to 20-40 students and parents as we toured campus. This role required careful attention to time, managing large groups of people, and communicating clearly and concisely. I knew that most often, students and parents wouldn't

remember most of the details, but they would remember the impression of the day, and I took great joy in welcoming these often nervous groups to a place that

I loved.

University of Colorado School of Dental Medicine

### SU

### Applicant ID Doctor of Dental Surgery

UPPORTING INFORMAT	ION CONTINUED	
* AWARDS		
Name: Organization: Date:	Associated Collegiate Press P Associated Collegiate Press 10-29-2011	Description: For the 2010-2011 school year, the Iowa State Daily newspaper was awarded print and online Pacemaker awards by the Associated Collegiate Press. These awards recognize excellence in student journalism based on content, coverage, writing, reporting and more. During this timeframe, I contributed more than 35 articles for print and online publication at the Daily, including features and coverage of women's volleyball and basketball.
* HONORS		
Name: Organization: Date:	Magna Cum Laude Iowa State University 05-07-2011	<b>Description:</b> Graduated with Magna Cum Laude Honors, Spring 2011
HONORS		
Name: Organization: Date:	Dean's List Iowa State University 12-15-2010	Description: Dean's List Fall 2010
HONORS		
Name: Organization: Date:	Dean's List Iowa State University 05-15-2010	Description: Dean's List Spring 2010
HONORS		
Name: Organization: Date:	Dean's List Iowa State University 12-15-2009	Description: Dean's List Fall 2009
HONORS		
Name: Organization: Date:	Dean's List Iowa State University 05-15-2009	Description: Dean's List Spring 2009
HONORS		
Name: Organization: Date:	Dean's List Iowa State University 12-15-2008	Description: Dean's List Fall 2008
HONORS		
Name: Organization: Date:	Dean's List Iowa State University 05-15-2008	Description: Dean's List Spring 2008

University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

**Application Status In Progress** 

#### SUPPORTING INFORMATION CONTINUED

#### ACHIEVEMENTS

#### HONORS

Name:

Organization: Date: Dean's List Iowa State University 05-15-2007 Description: Dean's List Spring 2007

#### PERSONAL STATEMEN

The response you enter below will appear in your application exactly as you type it. Using all capital letters or not capitalizing properly does not present a professional image to your application. Additionally, your Personal Statement is shared with all programs you apply to, so do not personalize it for a specific dental school. Please explain why you want to pursue a dental career.

Answer: "Joe" lay back, relaxed in the dental chair, with oversized sunglasses on to block out the exam room lights and his blond hair draped back from his face. Remaining in the room to keep him company as we waited for frenetically busy Dr. Mena to check on another patient, I asked Joe about himself.

Quietly, he whispered to me about a decade of addiction. Substance abuse had colored every inch of his life, but at 38 years old, his dedicated rehabilitation efforts were paying off. He had just achieved permanent housing, graduated from a recovery program, and gotten a job. That's why he was visiting that day-one in a series of many appointments over the last year to slowly repair his damaged teeth, a physical remnant and an emotional reminder of his past.

Joe's pride in his recovery was evident, and it was combined with sincere gratitude for Dr. Mena and Dental Aid, a nonprofit where he received affordable dental care. As a volunteer chairside assistant, I knew experiences like Joe's were a common thread among many of our patients. But the unbidden trust and vulnerability he honored me with as we sat side by side that afternoon, I held to my heart as an extraordinary gift.

Joe didn't know, but I have personally seen the impacts of substance abuse. My mother grew up in that environment, and the odds of breaking the cycle were not in her favor. I will forever be in ave of her bravery and tenacity in building a new path for herself. Although she left that world behind, the damage that was done followed her-a shadow of trauma and anxiety. She was my primary caregiver, but as a child, I became her emotional caretaker in so many ways. I kept this quiet from peers and teachers, learning early on that what I saw from people on the surface was often never fully reflective of the darkness swirling underneath. This mindfulness is what draws me to connect with people based on our shared humanity-and why I love working with patients at Dental Aid, like Joe.

My mother often found solace in artistic projects, and I was enveloped in her creative world of cross-stitching and quilting, standing on a stepstool to help her cut garment patterns and learning to sew on a tiny machine. Conversely, my reverence for science and logic, and thirst for knowledge, was cultivated by my father-a science enthusiast-who loved to ask me "tough questions" before school every day, ranging in topics from gravity to how planes fly.

As I grew, I was forever searching for a path that would marry my love of creativity and science. In the meantime, my driving force was always advocating for people. For the last five years, I worked at a nonprofit supporting low-income students through high school graduation, and on to college. As part of my role in spreading awareness and raising funds for our mission, I helped these students speak their truth, tell their stories in their own way, and connect with our supporters.

One student, "Rosa," had been in our program for 10 years and had just become a first-generation college graduate. When I selected her to be an event keynote speaker, she asked me, "Why? Why did you pick me? I'm not special. I don't belong here." I reassured her that she did in fact belong, and that her voice and story mattered. Still skeptical, she and I met week after week for nearly three months. By the time she climbed on stage in front of a ballroom full of people, I saw a young woman who was claiming her power, owning her story, and who brought the house down with her 17-minute speech.

I loved collaborating with students like Rosa, who were fighting against and overcoming deep, systemic odds. However, I knew pieces were still missing in my own career-and I was ready to answer tough science questions on my own. As a dentist, I want to continue walking alongside those who are most vulnerable, help patients feel seen and heard, and use both my creativity and a thorough knowledge of the human body to have an impact on the oral & overall health of my patients.

I hope to work with patients just like Joe, who deserve quality dental care as much as anyone else. When Dr. Mena returned to the room that day, despite his busy caseload, he was calm and present, taking his time as if Joe was his only patient. As Joe left the room after his appointment, I said, "I'm so proud of you!" He replied with a joyful fist bump and a beaming grin, new filling in place, and one step further down his road to recovery.

University of Colorado School of Dental Medicine

Applicant ID **Doctor of Dental Surgery** 

## CUSTOM QUESTIONS

#### EUROPEAN UNION DATA PROTECTION

Are you currently located in a European Union country, Iceland, Liechtenstein, Norway, or Switzerland?

Answer: No

#### CANADIAN CITIZENSHIP DETAILS



Answer: No Status

### ADEA AADSAS APPLICANT AGREEMENTS

¢

1.

\*

The following statements are referred to as the ADEA AADSAS Conduct Guidelines. Please read each statement carefully and confirm your acceptance below:

You will behave in a manner consistent with the professional, ethical, and legal standards of the dental professions as outlined in the ADA Principles of Ethics and Code of Conduct, including in your interactions with ADEA AADSAS staff and with school staff and faculty.

You have read and understand the application instructions and school-specific application and admissions requirements. You acknowledge that you are responsible for monitoring the status of your application and ensuring supporting documents are submitted by posted deadlines.

You agree to provide only accurate and complete information and materials to ADEA AADSAS. You acknowledge that (i) misrepresenting information, (ii) omitting information in such a way as to make a statement false, erroneous, or misleading, or (iii) providing false, erroneous, or misleading information in the application and admissions process may jeopardize your application or result in other actions by a school. Reports of incomplete, misleading, missing, or false information may result in the reported information being posted to your application(s).

You agree to only create an ADEA AADSAS account for yourself and to secure your ADEA AADSAS password for the security of your account. You are solely responsible for any use of your account.

You acknowledge official transcripts are required by ADEA AADSAS for all college-level institutions that you have previously attended. You understand that (i) failure to provide these required documents may result in your application being incomplete and (ii) foreign or international transcripts must first be evaluated by World Education Services (WES) or Education Credential Evaluators (ECE) and the official evaluation must be provided to ADEA AADSAS.

You acknowledge that all written passages that you provide to ADEA AADSAS as part of the application and admissions process, including your personal statement and your descriptions of experiences, are your own and are not written, in part or in whole, by a third party.

You acknowledge that, if you participate in the Academic Update (AU), you are responsible for completing AU during the scheduled and posted periods. This includes, but is not limited to, providing new coursework, updating your transcript and resubmitting your application. AU is optional.

You acknowledge that it is your responsibility to inform the dental schools of any changes in your information after submitting your application. This includes, but is not limited to, legal infractions, conduct violations, and contact information.

Answer: By checking this box, you confirm that you will abide by the ADEA AADSAS Conduct Guidelines.

University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery Application Status In Progress

### CUSTOM QUESTIONS CONTINUED

### ADEA AADSAS RELEASE STATEMENTS

\*Consent to Release Application Materials

Answer: By checking this box, you confirm that you give permission for ADEA to release your application materials to the schools that you designate. Each school may use your application information for admission purposes and otherwise in accordance with such school's policies. For information regarding a school's policies, see the school's website or contact the school directly. To the fullest extent permitted by applicable law, ADEA excludes all liability arising from the use of your information by any school.

### University of Colorado School of Dental Medicine

Applicant ID

#### CUSTOM QUESTIONS CONTINUED

#### ADEA AADSAS ADDITIONAL USAGE TERMS

Access and Review of Evaluations. Under the Family Educational Rights and Privacy Act of 1974 (FERPA), unless you choose to waive your right to inspect and review confidential letters and confidential statements of recommendation, you may have a right to access such letters and statements submitted with your application after you begin attendance at a dental school if that school saves such letters and statements post-enrollment. Even if you have not waived your right to inspect and review such letters and statements, FERPA does not give you the right to inspect and review such records submitted to a school until you are admitted to and attending that school. ADEA does not provide applicants access to such letters and statements; only school(s) can provide such access, but access is not guaranteed.

No Agent Relationship. The role of ADEA AADSAS in the collection and transmission of information and materials does not mean that ADEA is your agent or an agent of any school. ADEA has no authority to alter or waive any requirement of any school. Any disputes you have with a school must be resolved directly with that school.

Direct Contact Only. If you need information regarding your application or your use of ADEA AADSAS, you should contact ADEA Customer Service directly (i.e., your parents and/or spouse should not contact ADEA regarding your application or use of ADEA AADSAS).

No Return of Application Materials. Application materials submitted to ADEA AADSAS will not be released or returned to you, including confidential letters and confidential statements of recommendation submitted on your behalf regardless of your response to the FERPA waiver.

Right to Investigate. ADEA and the schools that you designate to receive your application materials may investigate application information.

Disclosure of Status. Beginning March 1 of each year, if you hold offers at more than one school, your status will be disclosed to all other schools that you designated to receive your application materials and may result in offers being changed or revoked, as outlined in the ADEA AADSAS® Guidelines for Dental Schools When Extending Offers of Admission.

Refunds. In the event of any errors or omissions related to the handling or processing of your application by ADEA AADSAS, your sole and exclusive remedy is to request a refund from ADEA in accordance with the ADEA CAS Refund Policy. A refund is not guaranteed and refund requests are reviewed at ADEA's discretion. Errors or omissions that are your responsibility are not subject to refund in a current or future application cycle.

### University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery Application Status In Progress

#### CUSTOM QUESTIONS CONTINUED

#### ADEA AADSAS ADDITIONAL USAGE TERMS

Communications from ADEA. ADEA's primary methods of communication to applicants regarding ADEA AADSAS matters are via email and text. You are responsible for providing ADEA with up-to-date and accurate contact information.

Use and Disclosure of Application Information. ADEA may use and disclose your application information in accordance with the ADEA Privacy Policy. You acknowledge that your application information may be (i) used for research, applicant tracking and reporting purposes by ADEA and (ii) shared with third parties, including tuition assistance services, that are involved in the application and admissions process. In addition, if you opt-in to participate in research being conducted by third parties that is related to the application and admissions process, ADEA may share your application information with such third parties.

Program Materials Information and other content requested from you in the Program Materials section of ADEA AADSAS is determined by each school. ADEA is not responsible for, and assumes no liability for, such requests, including whether such requests comply with applicable state or federal laws.

No Warranties. ADEA AADSAS IS PROVIDED "AS IS." ADEA MAKES NO WARRANTIES REGARDING ADEA AADSAS AND DISCLAIMS ANY AND ALL EXPRESS OR IMPLIED WARRANTIES OF ANY KIND, INCLUDING BUT NOT LIMITED TO ANY WARRANTIES OF MERCHANTABILITY, NON-INFRINGEMENT OF INTELLECTUAL PROPERTY, FITNESS FOR A PARTICULAR PURPOSE, OR WARRANTIES ARISING BY COURSE OF DEALING OR CUSTOM OR TRADE.

Limitation of Liability. IN NO EVENT SHALL ADEA BE LIABLE FOR ANY INDIRECT, INCIDENTAL, CONSEQUENTIAL, SPECIAL, EXEMPLARY, OR PUNITIVE DAMAGES, ARISING OUT OF OR RELATING TO YOUR USE OF ADEA AADSAS. THE LIABILITY OF ADEA FOR BREACH OF THIS AGREEMENT OR OTHERWISE ARISING OUT OF OR RELATING TO YOUR USE OF ADEA AADSAS SHALL NOT EXCEED TWO THOUSAND DOLLARS (\$2,000). THIS LIMITATION OF LIABILITY SHALL APPLY TO THE FULLEST EXTENT PERMITTED BY LAW.

Miscellaneous. The laws of Washington, DC (USA) shall govern this agreement, without reference to its choice of law rules. You agree that any suit, action, or proceeding arising out of or relating to this agreement shall be instituted only in a court sitting in Washington, DC (USA). You hereby waive any objection to, and irrevocably submit to the jurisdiction of, any such court. If any provision of this agreement is deemed unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable and shall not affect the validity and enforceability of any remaining provisions. ADEA's failure to enforce the strict performance of any provision of this agreement will not constitute a waiver of ADEA's right to subsequently enforce such provision or any other provisions of this agreement.

University of Colorado School of Dental Medicine

Applicant ID

UED
-----

ADEA AADSAS ADDITIONAL USAGE TERMS

Answer: By checking this box, you confirm that you have read, you understand, and you agree to be bound by this ADEA AADSAS Applicant Agreement (including, without limitation, all ADEA AADSAS Conduct Guidelines, ADEA AADSAS Release Statements, and ADEA AADSAS Additional Usage Terms).

#### PROGRAM PLAN/INTENT TO APPLY

1. Indicate when you plan to begin dental school. I plan to begin:

Answer: This is a test account (I am a student or parent).

#### APPLICATIONS TO OTHER HEALTH PROFESSIONS

*	1.	Have you previously, or are you currently applying to a health profession school other than dental school?	
		Answer: No	

#### **EDUCATION INTERRUPTION**

\*

\* 1. Has your education ever been interrupted or affected adversely for reasons other than deficiencies in conduct, academic performance, or COVID-19?

Answer: No

#### MILITARY SERVICE INTERRUPTION

1. Has your education been interrupted because of military service?

Answer: No

### PREVIOUS APPLICATIONS TO US DENTAL SCHOOLS

\* 1. Have you ever applied to US dental school prior to the present application cycle?

Answer: No

University of Colorado School of Dental Medicine

Applicant ID Doctor of Dental Surgery

Application Status In Progress

#### CUSTOM QUESTIONS CONTINUED

\*

### FIRST-GENERATION COLLEGE STUDENT

Are you a first-generation college student? A first-generation college student is defined as a student whose parent(s)/legal guardian(s) have not earned an associate or bachelor degree. This means that you are the first in your family to attain an associate or bachelor degree.

Answer: No