

## **BFA Student Affairs Committee Report**

2022/2023 Academic Year

Prepared by June Gruber, Chair

### **Committee Members**

June Gruber (Chair)	Psychology and Neuroscience (Arts & Sciences)
Núria Silleras-Fernández	Spanish and Portuguese (Arts & Sciences)
Maureen Floriano	IPHY (Arts & Sciences)
Amanda Carrico	Environmental Studies (Arts & Sciences)
Anja Lange	Herbst Program (Engineering)
Courtney McDonald	University Libraries
Andrew Goodwin	Chemical and Biological Engineering (Engineering)
Brian Valente-Quinn (on sabbatical)	Department of French and Italian (Arts & Sciences)
Amanda Carrico (on sabbatical)	Environmental Studies (Arts & Sciences)
Cynthia Villanueva (student rep)	Psychology and Neuroscience (Arts & Sciences)
Juliana Czar (student rep)	Psychology and Neuroscience (Arts & Sciences)

### **Resource Members**

JB Banks, Acting Vice Chancellor for Student Affairs and Dean of Students  
Jess Doty & Leisha Conners-Bauer, Assistant Vice Chancellor of Health and Wellness  
Daryl Maeda, Dean and Vice Provost of Undergraduate Education  
Taylor Weinsz, Tri-Executive President, CU Student Government  
Devin Cramer, Acting Dean of Student Affairs

### **Summary of Key Agenda Items**

#### *October 20, 2022*

- Review existing mental health resources on campus and necessary updates to share with faculty.
- Discussion led by Leisha Conners-Bauer (Acting Assistant Vice Chancellor for Health and Wellness) on mental health resource updates (e.g., Silvercloud replaced with Welltrack, Academic live care available for students)
- Optional syllabus statement on mental health shared by Leisha Conners-Bauer she had been working on in collaboration with Daryl Maeda, Dean and Vice Provost of Undergraduate Education. BFA feedback solicited.
- Discussed future 2022/2023 agenda: items discussed include reviewing mental health training for faculty, revising student code of conduct faculty are facing, and preparing mental health resource email to send to all faculty this AY.

#### *November 03, 2022*

- Review and approve student representatives to join BFA SAC (1 graduate student, 1 undergraduate student)
- Discussed optional mental health syllabus statement, made revisions, sent to Daryl Maeda (Dean and Vice Provost of Undergraduate Education) and Leisha Conners-Bauer (Acting Assistant Vice Chancellor for Health and Wellness).

#### *November 17, 2022*

- Presentation led by Leisha Conners-Bauer (Acting Assistant Vice Chancellor for Health and Wellness) on stand mental health training for faculty. Noted there are multiple levels of mental health training available including:
  - Skillsoft training (15 minutes) focused on recognizing (how to recognize if someone is in distress), responding, and referring (to mental health resources)
  - Instructor-led training (2 hours): A department can request training that focuses on in vivo discussion and walking through potential scenarios together.
  - Advanced-skill level: mental health first-aid.
- Discussed future priority items including discussing with CUSF about instituting October fall break (to support student wellness)

#### *December 8, 2022*

- Presentation led by Devin Cramer (Acting Dean of Student Affairs) on classroom behavioral concerns: <https://www.colorado.edu/policies/student-classroom-course-related-behavior>
- Discussed desire to refine the policy (last updated 2015) in collaboration with the BFA to address newly arising behavioral issues among students related to more frequent and several mental health challenges. Limitations of current policy include:
  - Policy primarily focuses on disruptive or defiant behavior, does not include behavioral concerns that arise and may be connected to psychiatric issues.
  - Policy pertains primarily to behavior *inside* the classroom, does not speak to behavior occurring over email, Canvas chat, or during office hours.
  - Policy could include more guidance on how to address and document issues earlier in the process, including setting up expectations in writing earlier on.
- June Gruber noted issues raised in BFA meetings including CRC campus updates and student honor code policy.
- Planned Spring 2023 meeting schedule.

#### *February 17, 2023*

- Recap of agenda items covered in Fall 2022 meetings
- Discussion led by Jennifer Koch (CAPS) on three primary domains of mental health resources including options that include:
  - Remote, off campus: Academic live care (<https://www.colorado.edu/health/academiclivecare>)
  - In-person, off campus: Thriving campus (<https://colorado.thrivingcampus.com/>)
  - In-person, on campus: CAPS (C4C 3<sup>rd</sup> floor), though note it does have tele-health option if students are in Colorado.
- Finalized and shared optional mental health syllabus statement with Daryl Maeda (Dean and Vice Provost of Undergraduate Education) and Leisha Conners-Bauer (Acting Assistant Vice Chancellor for Health and Wellness)
- Devin Cramer (Acting Dean of Student Affairs) discussed steps to revise Classroom Behavior policy, including adding more supportive language around mental health concerns, and supporting students and providing information about resources available on and off-campus.

#### *April 8, 2023*

- Discussed election/re-election of BFA SAC Committee Seats
- Reviewed email draft requested by Lynne Howard with mental health resources to BFA Chair for approval to send out before end of semester to all faculty.

- Student representative Kimberly Fung (CUSG) on request for additional reading/wellness day for students.
  - CUSG working closely with Devin Cramer to implement a reading day (Fall and Spring semesters) and wellness day (Fall semester)
  - Fall 2024 is last leg of current 5-year academic calendar, then updated for next 5-year segment so have opportunity to implement greater flexibility for student support.
  - Discussed pros and cons of different days to implement these reading/wellness days.
  - CUSG will remain in contact with BFA SAC to continue discussion.
- Devin Cramer (Acting Dean of Student Affairs) shared updates on honor code and student conduct code policies, decision to form working groups moving forward.
- Discussed desired agenda items for Fall 2023: ongoing student mental health concerns, prioritizing safety (e.g., clarity on campus policies during lockdowns and improvement to current campus alert policies), honor code and student conduct code working groups