



ALEXX SHILLING

CHOREOGRAPHER . MOVEMENT ARTIST . EDUCATOR

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EDUCATION

UCLA's Department of World Arts and Cultures/Dance 2010 - 2013
M.F.A. in Dance and Choreography

Open Source Forms Teacher Certification with Stephanie Skura In progress

Maureen Fleming Technique/Fleming Elastics 2007
Certified Teacher, Assistant to M. Fleming (Kripalu Institute, La Mama)

SHRI YOGA with Sadie Nardini and Brendan McCall 2004
200-hour Certified Teacher

Jennifer Kries/The Method with Master Teacher Jeanne Donohue 2000
Certified Instructor on Mat and Apparatus, Assistant to Ms. Donohue

Skidmore College Saratoga Springs, NY 1995-1999
B.S. in Dance with Honors, Concentration in Philosophy and English

ACADEMIC and EDUCATIONAL EMPLOYMENT

LOYOLA MARYMOUNT UNIVERSITY DANCE DEPARTMENT 2015 - present
Pilates Specialist
Rehearsal Director / Assistant to Prof. Kristen Smiarowski, Serving on Senior Thesis Committees

THE WOODEN FLOOR, Santa Ana, CA 2013 - 2015
Faculty, Modern/ Post-Modern Dance

THE MOVING JOINT, Los Angeles, CA 2011 - present
Pilates and Yoga Instructor, Pilates Teacher Trainer

UCLA SUMMER DANCE INTENSIVE 2014 - 2015
Faculty, Modern/ Post-Modern Dance

BERKLEE SCHOOL OF MUSIC SUMMER INTENSIVE 2013
Musical Theatre Core Faculty, Dance Specialist

UCLA 's DEPARTMENT of WORLD ARTS & CULTURES / DANCE 2010 - 2015

Guest Lecturer and Teaching Associate

Radiant Pilates, a Somatic Approach (DANCE 159) Fall 2012, Summer 2013 - 2015

Beginning Modern/ Postmodern Dance (DANCE 15) Winter 2012

Graduate Teaching Associate

Introduction to Dance Studies, with Prof. Anurima Banerji(WAC 45)

Dance Composition: Languages, with Prof. Cheng -Chieh Yu (DANCE 67A)

Dance Composition: Locations with Professor Lionel Popkin (DANCE 117)

Graduate Student Researcher

Research and Production Assistant to Performance Artist/Professor Dan Froot.

2011 - 2012

PERIDANCE CAPEZIO CENTER, New York , NY

2002 - 2010

Faculty

Taught open level Pilates and Modern Technique to professional and pre-professional dancers

Developed and taught Pilates, Composition and Anatomy for Peridance Teen Intensive

THE RADIANT MOVEMENT STUDIO New York , NY

2008 - 2010

Founder / Director, Instructor, Curator

RADIANT PILATES at LIVNG PROOF New York, NY

2005 - 2010

Founder / Director, Manager, Master Teacher

AMERICAN DANCE FESTIVAL (ADF), Durham, NC

2003

Summer Dance School Faculty, Pilates

ORIGINAL CHOREOGRAPHIC WORK

You Buck, I Plod (in progress - in collaboration with Sarah Leddy)

November 2018

GOLD SERIES No 1 at ARC Pasadena, CA

Canción del Inmigrante (in collaboration with Latin Alt-Rock Band Cuñao

May 2018

A Folk Opera presented by Santa Ana Sites at the Bower's Museum, CA

Nothing There There (in progress)

September 2017 - present

PAM Residencies, Recipient of Asylum Arts Small Grant, Annenberg Beach House

CULTURE LAB: TRUTH at Silver Lake Independent JCC

June 2017

(in collaboration with Andrea Hodos, Betsy Medvedovsky and Brendan Eder)

Rage Walk Rise (in progress)

2015 - present

Highways Performance Space, Hammer Museum 's REAL LIFE: IN STUDIO, Live Arts Los Angeles

Fortunato (in collaboration with Cuñao)

2016

SOKA Performing Arts Center, San Pedro Festival of the Arts,

Hollywood Forever's Dia de los Muertos Celebration

Be Cool (in collaboration with performer Carol McDowell)

2016

Solo Dolo Series at Highways Performance Space, Pieter Pasd, ARC Pasadena

<i>The Other Side of Stillness</i> (Installation)	2016
Recipient of Dance on Camera Festival's Works-in-Progress Screening: Elinor Bunin Monroe Theatre, Lincoln Center; Anita's Walk, Chashama (NY), Annenberg Beach House (Santa Monica, CA)	
<i>Absence: a History</i>	2013/ 2015
Highways Performance Space, Pieter Pasd, UCLA's Glorja Kaufman Hall, homeLA	
<i>The Other Side of Stillness (Live)</i>	2014
Santa Monica's Tongva Park After Hours Series, Annenberg Beach House, Hammer Museum's Made in L.A. and Restore Westwood, Pieter Plays the River, Pieter Pasd	
<i>Below the Metal Skin (Video) in collaboration with Ann Robideaux</i>	2012
Moviehouse at 3rd Ward (NY), Oklahoma Dance Film Festival, Outlet Dance Project (NJ), homeLA (CA)	
<i>Charitè , Six Nights, Volkerkunde (in collaboration with Quintan Ana Wikswo)</i>	2013
Jüdisches Museum München, Ebenböckhaus Residency, Munich, Germany	
<i>pivot point</i>	2010 - 2013
UCLA's Wilson Plaza, DUC Cord Conference	
<i>this dance is stolen</i>	2012
REDCAT, Glorja Kaufman Theatre/UCLA , LAMA Presents at Diavolo Studios, Gowanus Guest Room Series at Spoke the Hub (NY)	
<i>SONDERBAUTEN: The Special Block (in collaboration with Quintan Ana Wikswo)</i>	2011
Jüdisches Museum München/ Munich, Germany; Los Angeles Museum of the Holocaust, Yeshiva University Museum Theatre	
<i>The Burial Line (Film)</i>	2010
Anatomy Riot, Alexandria Hotel (LA), Moviehouse at 3rd Ward (NY)	
<i>Ann and Alex's Greatest Hits! (in collaboration with Ann Robideaux)</i>	2009
Chashama, 44th St. Storefront (NY)	
<i>LILAC DANCES (in collaboration with Ann Robideaux)</i>	2009
Aboard the Tender "Lilac" Steamship; some performances presented with Open House New York	
<i>Drawing Lightscapes (in collaboration with Ann Robideaux)</i>	2009
Gallery MC (NY), Queens Theatre in the Park (NY)	
<i>The Long Nighters in: A Very Short Day (Film)</i>	2009
Queens Theatre in the Park, Bronx Academy of Arts & Dance (NY)	
<i>The Long Night (in collaboration with Ann Robideaux)</i>	2007 / 2009
Dance New Amsterdam (NY), Bushwick Starr (NY)	
<i>No One Has Imagined Us (Video)</i>	2008
Estrogenius Festival, NY	

<i>Love, Loulie. (in collaboration with Ann Robideaux)</i> Merce Cunningham Studio (NY) Galapagos Art Space (NY)	2006 / 2007
<i>Journey I</i> Bronx Academ of Arts & Dance (NY), Greenspace (NY)	2007
<i>We Remember (re-mixed)</i> Skidmore College (Saratoga Springs, NY), Merce Cunningham Studio (NY)	2006
<i>The Breadgivers / A Living Museum (in collaboration with Ann Robideaux)</i> Eldridge Street Synagogue (NY)	2006
<i>The Sun Is Over the Yardarm</i> Aboard the Lightship “Frying Pan” (NY)	2004 / 2005
<i>Royz, Royz</i> Dance New Amsterdam (NY)	2005
<i>In the Land of the Luminous</i> Bushwick Starr (NY)	2004
<i>Pedestal Blues</i> Bronx Academy of Arts & Dance, WAX (NY)	2004
<i>Lose A Good Thing</i> Dance Chicago! Athaneum Theatre (IL)	2003
<i>I had you</i> American Dance Festival (NC), Bronx Academy of Arts & Dance (NY)	2003
<i>We Remember</i> MTV’s 9-11 Video Postcards (Television);4 Danspace Project’s Food For Thought Series, Dixon Place (NY)	2002
<u>DANCE PERFORMANCE EXPERIENCE (selected)</u>	
Kevin Williamson’s <i>SUPER</i> Brand Library (CA)	2018
Victoria Mark’s <i>The Truth (in progress)</i> Crystal Bridges Museum (AK)	2017
Nickels Sunshine’s <i>Take Me With You</i> Redcat NOW Festival	2017
Richard Rivera’s <i>Bach 2 in the Red Zone</i> Bronx Academy of Arts & Dance (NY)	2017
Laurel Jenkins’ <i>B A S E</i> The Getty Museum	2016
Victoria Mark’s <i>Watch This!</i> HCC (FL), Pieter Pasd (CA)	2016
Victoria Marks’ <i>Not Everything is About You.</i> homeLA, HCC (FL)	2015

Rebecca Pappas' <i>a dance concerning itself with history and memory</i> Motion Pacific, Highways (CA) Gertrude Pearlman Theatre (Mexico)	2015
Sarah Leddy's <i>A Beautiful Game</i> REDCAT	2015
Victoria Marks' <i>Tourette Floret</i> (solo) HCC (Tampa), Triskelion (NYC), Highways, Electric Lodge	2014
Victoria Marks' <i>Solar Duplex</i> HCC (FL), REDCAT, Highways, Electric Lodge, ALOUD at the LA Library	2014
Laurel Jenkins' <i>IMAGE ACTION TEXT</i> Automata Gallery, Highways, Glorja Kaufman Theatre/UCLA, Pieter Pasd (LA)	2013 - 2014
Rebecca Bryant's <i>Suite Female</i> Miles Playhouse (LA)	2012
Ros Warby's <i>Last Man Standing</i> Glorja Kaufman Theatre/UCLA	2012
Sarah Leddy's <i>standTALL</i> Glorja Kaufman Theatre/UCLA, Pieter Pasd (LA)	2012
Victoria Marks' <i>Medium Big Inefficient Considerably Imbalanced Dance.</i> REDCAT NOW Festival (LA)	2012
Hana van der Kolk's <i>Vessels</i> Hammer Museum (LA)	2011
Victoria Marks' <i>Smallest Gesture/Grandest Frame</i> REDCAT, Cal Arts Commuter Fest, Pieter Pasd (CA)	2010-2011
Mimi Yin's <i>Multiverse</i> Chashama 38th St. Storefront (NY)	2010
Mimi Yin's <i>RGB Y.</i> New Haven Arts & Ideas Festival (CT)	2010
Richard Rivera/PHYSUAL <i>Various Repetory</i> Jacob's Pillow, Tribeca Performing Arts Center, BAAD, Harlem Stage, The White Room	2003 - 2010
Alan Danielson's <i>(re)View</i> Danspace Project, University Settlement (NY)	2008 - 9

AWARDS and RESIDENCIES

California Arts Council Creative Communities Grant with SIJCC	2018
Asylum Arts Small Grant	2017
PAM Residency	2017
Yiddishkayt's HELIX PROJECT, Artist-in-Residence	2016-7
Institute of Jewish Creativity, INQUIRY FELLOWSHIP	2016
Asylum Arts RECIPROCITY RETREAT FELLOW	2016
Dance Film Association's Selection: Production Grant - WIP Screening	2016
UCLA 's Hothouse Residency	2015
CHIME Mentorship Grant with Bob Een, CA	2015
CCI ARC Grant, California	2014
Millay Colony Group Residency, NY	2013
Ebenbökhaus Residency in collaboration with Jüdisches Museum, Munich, Germany	2013
University of California Institute for Research in the Arts Mini-Grant	2013
UCLA Graduate Student Association Discretionary Funds Grant	2013
UCLA Graduate Fellowship	2012-2013
Dragon's Egg Summer Residency, CT	2012
Roter Summer Research Grant, UCLA 's Center for Jewish Studies	2011
Forti Family Endowed Scholarship	2011 & 2012

Evelyn and Mo Ostin Performing Arts Award	2011
Elaine Krown Klein Fine Arts Fellowship	2011
Lower Manhattan Cultural Council's Manhattan Community Arts Fund Grant	2005

PUBLICATIONS

Emergency Index Vol. 3 (2013)

Emergency Index Vol. 4 (2014)

Infinite Body (Blog) Summer 2013: *Dance Saved My Life*

<http://infinitebody.blogspot.com/2013/07/dance-saved-my-life.html>

Contact Quarterly Winter/Spring 2012: *On Planking*

PRESS/MENTION OF WORK

LA Dance Review, Beth Megill on *GOLD SERIES No 1: You Buck, I Plod & Be Cool*

<https://ladancereview.org/2018/11/18/gold-lame-never-looked-so-good/>

See Dance, Jeff Slayton on *The Other Side of Stillness (Installation)*, 2017

<http://seedance.com/news/alex-shilling-presents-film-side-stillness-pieter/>

See Dance, Jeff Slayton on *Rage Walk Rise*, 2017

<http://seedance.com/news/evening-convulsive-experimental-performance-highways/>

Pod de Deux Podcast, Jessica Williams & Clara Peterson, *DOCF: The Other Side of Stillness*, 2016

<https://poddedeux.com/tag/alex-makes-dances/>

See Dance, Jeff Slayton on *Fortunato*, 2016

<http://seedance.com/news/2016-san-pedro-festival-arts-dance/>

The New York Times, Claudia LaRocco, "When the Hokey Pokey Isn't Enough," 2008

<http://www.nytimes.com/2008/05/18/arts/dance/18laro.html>

The New York Times, Jennifer Dunning on *The Long Night*, 2006

<http://www.nytimes.com/2007/03/03/arts/dance/03piva.html>

Contact Quarterly, *Excursion (Metal): Collapsable (Boat)*, Brendan McCall 2005

<https://contactquarterly.com/cq/vol-31-no-2>

Dance Spirit Magazine on *The Sun Is Over the Yardarm* 2005

Attitude Magazine on *The Sun Is Over the Yardarm* 2004

CONFERENCES

2018: Jews & Jewishness in the Dance World, Arizona State University; Presenter

2013: Tactical Bodies, CORD (Congress on Research in Dance), UCLA

Presenter/ Performer, *pivot point*

<http://www.pivotpointforever.tumblr.com>

ORGANIZATIONS and CURATORIAL

Founder, Artistic Director, *alex makes dances*

2010 - Present

New York (2001-2010), Los Angeles (2010 - present)

Founder, Co-Curator, *Hi, Solo Series* with Devika Wickremesinghe

2015 - Present

Artist Advisory Board Member, *Pieter Pasd*

Co-Founder, Co-Artistic Director, *FIELDSHIFT | FURTHER*

2011 - 2015

Founding Member, *Queens Academy of Arts and Dance (QUAAD)*

Co-Founder and Co-Artistic Director, *ann and alex make dances*

2004 - 2010

Co-Founder and Curator, *Body Blend Series at Dixon Place* with Sara Juli

2002 - 2004

ADDITIONAL DANCE and THEATRE STUDIES (selected)

Re-Choreographing the Self with Deborah Hay	2017
Open Source Forms w. Stephanie Skura Seattle, WA	2016, ongoing
Skinner Releasing Technique w. L. Popkin and L. Jenkins, Los Angeles, CA	2011 - 2016
Meredith Monk Residency and Performance, Los Angeles, CA	2012 - 2013
Hatha and Anusara Yoga w. Elena Brower, New York / LA	2002 - 2010
Kundalini Yoga w. Ann Robideaux, New York , NY	2003 - 2010
Tap Technique w. Germaine Salsberg and others, New York , NY	2001- 2010
Pilates and Idiokinesis w. Jeanne Donohue, New York , NY	2000 - 2010
Assistant to Ms. Donohue	
Alexander Technique w. Ros Warby and Carolyn Serota, CA / NY	2006 and 2013
Gaga Intensive Workshops, Batsheva Dance Company, New York , NY	2011
Josè Limòn Technique, Limòn Institute, New York , NY	2007 - 2010
Idiokinesis and Neuromuscular Re-patterning , Irene Dowd, NY	2004 - 2009
Goat Island Performance Group, Chicago, IL	2006
SITI Company Winter Intensive, New York , NY	2006
Jump Rhythm Jazz Project, Chicago, IL	2003 - 2004
Mask and Clown Workshops w. Ariane Anthony and Co. New York , NY	2000 - 2003
Modern Technique, Jazz, Fosse Technique and Repertory with Bill Hastings	1993 - 2010
Assistant to Mr. Hastings	2000 - 2006
Pilobolus Summer Institute w. Jonathan Wolken, NE Harbor, ME	1999
Mark Morris Dance Group Summer Intensive, Saratoga Springs, NY	1999
Luigi Technique w. Luigi Faccuito, Saratoga Springs and New York NY	1999-2002
Pepàtian w. Meriàn Soto, Saratoga Springs, NY	1998
Bill T. Jones/Arnie Zane Company Summer Intensive, Saratoga Springs, NY	1999
Matt Mattox Freestyle Jazz Technique, Red Bank , NJ	1991-1995