# Accidents, Exposures, Injuries, Illnesses Procedures

**Emergency Medical Treatment:** In case of emergency call 911 or go to the closest urgent care facility or medical emergency room.

# **Non-Emergency Medical Treatment**

- Employees
  - For non-emergency or follow-up medical care for work related injury/illness, go to one of the CU Designated Medical Providers (Concentra, HealthOne, Arbor, Workwell, CCOM). Their contact information is on the <u>URM website</u> on the workers' compensation information page.
  - If injury is after hours or while traveling, go to the nearest urgent care facility or medical emergency room, then contact University Risk Management (888) 812-9601 or (303) 860-5682 for further instructions.
- Students, Other Non-Employees
  - o Contact your personal healthcare provider for guidance.

# Reporting

- Report the injury immediately to your supervisor.
- Report the incident on the <u>URM website</u> general liability (non-employees) or workers' compensation (employees) form using the in-network form if reporting using the CU internet and out-of-network form if using another internet system.

### **Medical Bill Payment**

- Non-employees submit bills to your personal health insurance carrier for payment.
- Employees: Request that all bills from medical providers be sent to URM.

**University Risk Management** 

1800 Grant Street, Suite 700

Denver, CO 80203

Fax: 303-860-5680

Contact URM if you need assistance or have questions (303)860-5682/(888)812-9601.

# **Needlestick & Body Fluid Exposure**

A bloodborne pathogen exposure is one that might place you at risk for HBV, HCV, or HIV infection and is defined as a percutaneous injury (e.g., a needlestick or cut with a sharp object) or contact of mucous membrane or non-intact skin (e.g., exposed skin that is chapped, abraded, or afflicted with dermatitis) with blood, tissue, or other body fluids that are potentially infectious. Prompt treatment is essential because, in some cases, post exposure treatment may be recommended and it should be started as soon as possible.

### **On-line Resource Information**

- CDC's Exposure to Blood, http://www.cdc.gov/hai/
- Mountain Plains AIDS Education & Training Center's <u>PEP Steps</u>, http://www.mpaetc.org/default.asp

<u>Students, non-employees, volunteers, and others</u> should seek immediate treatment. Contact your personal healthcare provider for guidance. The closest campus facilities that may treat Students include the following.

- Anschutz Medical Campus
  - University of Colorado Hospital: Infectious Disease Clinic at Anschutz Outpatient Pavilion, 1637 Aurora Court, 7th floor, between 8:00 AM and 4:00 PM Monday-Friday, or the Emergency Department after hours.
- Denver Campus
  - Health Center at Auraria Plaza Building, Suite #150, between 8:00AM and 5:00 PM
     Monday-Thursday, Friday 8:00 AM and 3:00 PM (303-556-2525)
- Boulder Campus
  - CU Boulder Students: Wardenburg Health Center, 18<sup>th</sup> and Broadway, between 8:00
     AM and 5:00 PM Monday-Friday (303-492-5432).
- UCCS Campus
  - UCCS Students: The Student Health Center is located in the Parking Garage Offices which are on the East side of the structure on ground level. Entrance is through the Dept. of Public Safety, Parking Division, Room #109. (719-255-4444).

# Reporting

- Report the injury immediately to your University supervisor or representative.
- You must report a needlestick/exposure on the URM website using the needlestick form.

## **Medical Bill Payment**

- Submit bills to your health insurance for payment.
- Contact URM for assistance with any unpaid medical bills.

<u>Employees (Faculty, staff, paid student workers, residents, fellows, students in internships, clinical rotations or practicums)</u> Employees covered by CU workers' compensation should seek immediate treatment.

## **Emergency Medical Treatment**

- If injury is after hours or while traveling, go to the nearest urgent care facility or medical emergency room, then contact University Risk Management (888) 812-9601 or (303) 860-5682 for further instructions.
- Boulder Campus
  - o Boulder Community Hospital
- UCCS Campus
  - o Concentra, CCOM, Memorial Hospital
- Anschutz Medical Campus
  - University of Colorado Hospital: Infectious Disease Clinic at Anschutz Outpatient
     Pavilion, 1637 Aurora Court, 7th floor, between 8:00 AM and 4:00 PM Monday-Friday,
     or the Emergency Department after hours.
- Clinical Off-Campus Exposures
  - University of Colorado Hospital Go to the Infectious Disease Clinic at Anschutz
     Outpatient Pavilion, 1637 Aurora Court, 7th floor, between 8:00 AM and 4:00 PM
     Monday-Friday, or the Emergency Department after hours.
  - Children's Hospital Colorado Go to Employee Health Services, 13123 East 16th Avenue, B260, between 8:00 AM and 4:00 PM Monday –Friday, or the Emergency Department after hours.
  - Denver Health Medical Center Go to the Occupational Health and Safety Center (corner of 6th Avenue and Bannock, 4th Floor) between 8:00 AM - 3:30 PM Monday through Friday or the Emergency Department after hours.
  - Other Hospitals, Clinics or Laboratories Off-Campus Follow the off-campus facility's
     Bloodborne Pathogen Policy for initial handling of exposures and source patient testing.

# Non-emergency and Follow up Care

For non-emergency or follow-up medical care for work related injury/illness, go to one of the CU
Designated Medical Providers (Concentra, HealthOne, Arbor, WorkWell, CCOM). Their contact
information is on the <u>URM website</u> on the <u>workers' compensation</u> information page.

### Reporting

- Report the injury/illness immediately to your supervisor. Interns and off-campus employees should also report the injury/illness to their off-campus supervisor (hospital, clinical rotation or employer supervisor).
  - You must file a worker's compensation claim form within 4 days of the injury/exposure.
     Report the incident on the URM website using the in-network needlestick form if

- reporting using the CU internet system and out-of-network form if using another internet system.
- If you have completed a report at the hospital or clinic where the incident occurred, the off-campus clinical facilities or you can fax or email their incident report form directly to 303-860-5680 or <a href="mailto:urm@cu.edu">urm@cu.edu</a> in lieu of completing the CU on-line form.

# **Medical Bill Payment**

Request that all bills from medical providers be sent to URM. Forward all bills you receive to URM.

University Risk Management 1800 Grant Street, Suite 700 Denver, CO 80203

Phone: 303-860-5682 or 888-812-9601

Fax: 303-860-5680

## Questions

- Additional current information and guidance is on the <u>URM website</u> on the <u>workers'</u> compensation information page.
- Please direct any workers' compensation questions to University Risk Management (303)860-5682/(888)812-9601.

#### **Definitions**

**Employees:** Employees are covered by University Workers' Compensation benefits. Employees may include faculty, staff, student worker, resident, fellow, and students participating in a bona-fide academic or clinical internship, clinical rotation, or practicum. The off-site programs have agreements defining workers' comp requirements. Employee examples:

- Faculty or staff working on or off campus in the course and scope of their job
- Residents working in clinical locations such as UCH, TCH, DH, etc.
- Fellows participating in an international clinical rotation
- Student interns working at an employer who is participating in a CU internship (formal agreement in place).

**Students**: Students who do not fall under the Employees category as outlined above should refer to their own personal insurance. Personal health or international health insurance will respond to injuries or illnesses as a result of participating in University activities, including on and off campus academic and experiential learning. Student examples:

- Students in classes, class-related labs, shops and other class related activities
- Students in a study abroad program
- Students participating in an off-campus activity such as a field trip to the Art Museum, the Grand Canyon or an international elective
- Students shadowing or volunteering

**Others:** Volunteers, consultants, contractors, visitors, and other non-employees involved in University activities may be covered by their personal health insurance or their employer's workers' compensation for injuries/illnesses. University workers' compensation or medical insurance does not apply.

# **Workers' Compensation Process for University Employees**

#### **Medical Treatment**

- In case of emergency call 911 or go to the closest urgent care facility or medical emergency room.
- For non-emergency or follow-up medical care for work related injury/illness, go to one
  of the CU Designated Medical Providers (Concentra, HealthOne, Arbor, WorkWell,
  CCOM). Their contact information is on the <u>URM website</u> on the <u>workers'</u>
  compensation information page.
- If injury is after hours or while traveling, go to the nearest urgent care facility or medical emergency room, then contact University Risk Management (888) 812-9601 or (303) 860-5682 for further instructions.

# Reporting

- Report the injury immediately to your supervisor.
- Interns and off-campus employees should also report the injury to their off-campus supervisor (hospital, clinical rotation, or employer supervisor).
- You must file a worker's compensation injury report form within 4 days of the
  injury/exposure. Report the incident on the <u>URM website</u> using the in-network
  form if reporting using the CU internet and out-of-network form if using another
  internet system.

# **Medical Bill Payment**

Request that all bills from medical providers be sent to URM. Forward all bills you receive to URM.

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### Questions

- Additional current information and guidance is on the <u>URM website</u> on the <u>workers'</u> compensation information page.
- Please direct any workers' compensation questions to University Risk Management (303)860-5682 or (888)812-9601.

# Injury/Illness While Traveling Internationally

#### Pre-Travel

- International Health Insurance: The University recommends international travelers
  purchase International Health Insurance to provide coverage for medical and evacuation
  while traveling abroad. International health carriers can provide medical, evacuation
  and repatriation coverage; research in-country facilities; can communicate and
  coordinate with in-country facilities; can assist with facility admittance; can work with
  foreign currency and billing issues.
  - Coverage is available through independent providers such as HTH, International SOS, FrontierMEDEX. The traveler should contact providers directly to procure the relevant coverage.
  - CU Denver has negotiated an international travel health insurance program for students through HTH. Faculty traveling on business may be eligible to purchase this coverage. For more information or to purchase please contact ECI (866 780-3824 or info@eciservices.com).
  - Everyone on a CU-Boulder Study Abroad program is provided with limited health and accident insurance, administered by International Educational Exchange Services (IEES). Any other faculty or staff travelling with students internationally, (includes conferences, fields trips, and research travel) should contact Study Abroad for further information.
    <a href="http://www.colorado.edu/OIE/internationaltravel.html">http://www.colorado.edu/OIE/internationaltravel.html</a> Individual's travelling internationally should contact an independent provider. CU-Boulder students who have Golden Buff should contact the plan administrator to discuss international coverages.
- Travel Clinic: International destinations may not have access to medical care similar to care in the US. CDC and CU advise of the importance of visiting a travel medicine specialist or a doctor familiar with travel medicine to answer your questions and make specific recommendations at least 4-6 weeks before your trip. They can provide detailed information on health conditions, advice about pre-existing conditions that may require management while you are abroad, and have access to prophylactic medications and vaccines. Note that travel to any foreign nation with prescription medications may require documentation.
  - Review <u>CDC</u> and <u>International SOS</u> travel medical information based on your itinerary.
  - Meet with a travel clinic specialist (e.g. <u>University of Colorado Hospital</u> (720)848-0805), <u>Rose Medical Center</u> (303) 468-6986, <u>Denver Health Medical Center</u>, <u>Porter Hospital</u>, <u>Wardenburg Health Center</u>, or <u>Passport Health</u> (303 422-8728)) to discuss and receive guidance on country specific issues, your medical assessment and the potential exposures based on your specific activity and location.

 If hands-on patient care may be provided or you are involved in activities that pose a risk for blood/body fluid exposure, assess your program's access to testing and prophylactic medicines for bloodborne pathogens and other location specific exposures.

#### Medical Treatment

- Contact your International Health Insurance carrier for guidance and identification of an appropriate medical provider in the country you are located.
- Additional information and guidance may be available through the University's assistance membership (membership number 11BCAS000006) with <u>International SOS</u>.

## Reporting

- Report the injury/illness immediately to your University supervisor or representative.
- Interns and off-campus employees should also report the injury to their off-campus supervisor (hospital, clinical rotation or employer supervisor).
- Report the incident on the <u>URM website</u> as soon as possible or forward information to urm@cu.edu if on-line reporting is inaccessible.
- If working at an off-site facility that requires their report be completed, you can submit it to URM at <a href="mailto:urm@cu.edu">urm@cu.edu</a> or fax to (303)860-5680 in lieu of the CU on-line report.

### **Medical Bill Payment**

Your international health insurer is responsible for payment of international medical services. Please contact your provider for treatment and bill handling procedures.

University Risk Management may also be responsible for payment of services related to an on-the-job-injury/exposure. Contact URM for guidance <a href="mailto:urm@cu.edu">urm@cu.edu</a>.

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Phone: 303-860-5682 or 888-812-9601

Fax: 303-860-5680

# Questions

- Additional current information and guidance is on the <u>URM website</u> on the <u>workers'</u> <u>compensation</u> information page and on the <u>International Travel</u> webpage.
- Please direct any workers' compensation questions to University Risk Management (303)860-5682/(888)812-9601 or <u>urm@cu.edu</u>.