

**ASEN 5016
SPACE LIFE SCIENCES**

Spring 2024

**Tues/Thurs 1:00-2:15pm MT
AERO 114**

Instructor: Dr. Allison Anderson

email: apanders@coloradoe.edu

office hours: Wednesday 4-5pm, AERO N303

Zoom:

Passcode:

Course TFs:

Nicole Futch

email: nicole.futch@colorado.edu

Skylar Edwards

email: skylar.edwards@colorado.edu

Classroom Recordings:

Also available via Canvas under Spring 2024 Lecture Videos

We will use Canvas' Discussions board for online discussions related to the technical material of the course. I ask that you post your questions related to course material there, such that other students can review and answer, as well as the instruction team. It is likely that your question may also be a question that other students are having, so posting to Canvas will facilitate availability to everyone. If you have non-technical questions that only relate to yourself you may email myself and our TFs (as appropriate) with the subject line "ASEN 5016: ___".

This course is intended to familiarize engineering students with factors affecting living organisms (ranging from single cells to humans) in the reduced-gravity and increased radiation environment of space flight from orbital freefall to lunar and Martian surface conditions. Unique insight will be gained regarding engineering design requirements for spacecraft habitats, life support systems, spacesuits, and space biology payloads. Life support system drivers, as they relate to basic human survival requirements, are covered initially. Next, the lectures turn to more detailed descriptions of the physiological adaptations that occur to people in space, with pertinent background information presented for each topic. Corresponding biomedical countermeasures used to maintain crew health for long duration missions will also be discussed. Finally, the underlying biophysical

mechanisms affected by gravity, along with experiment design criteria, will be addressed. Current events within NASA's research and exploration mission programs and the emerging commercial human space flight sector are reflected throughout the lecture topics.

To further elaborate on the lecture material discussed in class, a series of integrated homework tasks provides a practical introduction to the process of journal article publishing and research proposal writing, including the anonymous peer review process used for each. The assignment involves writing a short journal article on an approved topic of your choice, your participation as a peer reviewer for the editor, revising your draft per the review comments you receive back, and resubmitting a final manuscript with a corresponding summary of changes made. From this background, you will subsequently prepare a research grant proposal that builds on your selected topic (along with a CV and budget), again goes through peer review, and culminates in a mock review panel. This end-to-end flow closely mimics the standard practice used in the scientific community and is a valuable generic process to experience regardless of your specific research interests.

GRADING 50% - Online Unit Quizzes, Best 5 of 6, 10% each

Will occur roughly every 2 weeks and you will have a week to complete each online, around your own scheduling constraints.

As we will drop your lowest Unit Quiz and you have a 1-week window to complete, there will be no mak-ups

20% - Homework 1, Review Article – grade based on final 'revised and resubmitted' version following peer review

5% - Homework 2, Journal Peer Review – your evaluation effort as a reviewer

20% - Homework 3, Research Proposal – grade based on proposal submittal with consideration of reviewer comments

5% - Homework 4, Proposal Peer Review – your evaluation as a reviewer and participation in the 'Mock Panel Meeting'

All late homework will receive an automatic 10% penalty with a 5% penalty for each additional 24 hr period in which the assignment is late. No exceptions regardless of circumstances.

TEXT *Space Physiology*, Buckey, Oxford University Press, 2006 (required)

Topic-relevant journal articles will also be provided on Canvas throughout the semester

Interesting ancillary/old references for related info on this field of study (not required)

Textbook of Medical Physiology, 12th ed. Guyton and Hall, 2011 (& newer)

Fundamentals of Aerospace Medicine, 4th ed., Dehart and Davis, 2008 (& newer)

Going Higher – Oxygen, Man and Mountains, 5th ed., Houston, 2005 (& newer)

Fundamentals of Space Medicine, Clement, Kluwer Academic Press, 2003

Medicine for Mountaineering – general title, various options

Space Physiology and Medicine, 3rd ed., Nicogossian, Huntoon and Pool, 1994
(out of print, difficult to find)

Bioastronautics Data Book, 2nd ed., Parker and West (eds.), NASA SP-3006,
1973 (1st ed., Webb, 1964, both are out of print, difficult to find)

ASEN 5016 LECTURE TOPICS and REQUIRED READINGS

Note: Order and topics subject to minor revision depending on the speed of lecture progression, guest lectures, and deviations in course material depending on student interest. I try to adapt graduate level classes to discuss topics that are of interest to the students based on questions you ask. Please anticipate completing the readings prior to class to the best of your ability.

Overview of Humans in Space **(January through early February)**

Course Overview & Historical Perspectives on Human Space Flight
Relevant Space Flight Environmental Parameters
Human Spacecraft Life Support Requirements and Considerations
Gravity-Dependent Physical Processes
Respiration and the Oxygen Cascade
Nutrition – Ch. 8 & Temperature Regulation
Motor Control & Chronobiology

Human Physiological Adaptations to Space Flight **(February through March)**

Human Performance Factors
Miscellaneous Physiological Responses to Space
Neuro-Sensory System – Ch. 6 (*balance*) & Ch. 9 (*space motion sickness*)
Hormonal Regulation / Immunological Response

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Cardiovascular System – Ch. 7
Muscular System – Ch. 4
Skeletal System – Ch. 1
Physiology of Extravehicular Activity (EVA) – Ch. 5
Space Biology Experiment Design & Proposal Writing

The week of March 25-29 is spring break and we will not have lectures during this week.

Space Life Science Research (April)

Biomedical Countermeasures – Ch. 11 & 12 (partial)
Radiation Effects – Ch. 3
0g & 1g Analogs (Earth-based and Space-based)
Microbial Responses, Biotechnology & Related Crew Health Issues
Plant and Animal Research in Space
Operational Space Medicine – Ch. 12 (partial)
Psycho-Sociological Aspects – Ch. 2
Astrobiology / Mock Review Panel prep
Course wrap up

Mock Proposal Review Panel – Final Exam Period

Saturday May 4, 2023 from 1:30 pm – 4:00 pm

Aerospace Engineering Sciences & University Policies

Classroom behavior

Students and faculty are responsible for maintaining an appropriate learning environment in all instructional settings, whether in person, remote, or online. Failure to adhere to such behavioral standards may be subject to discipline. Professional courtesy and sensitivity are especially important with respect to individuals and topics dealing with race, color, national origin, sex, pregnancy, age, disability, creed, religion, sexual orientation, gender identity, gender expression, veteran status, political affiliation, or political philosophy.

For more information, see the [classroom behavior policy](#), the [Student Code of Conduct](#), and the [Office of Institutional Equity and Compliance](#).

Requirements for Infectious disease

Members of the CU Boulder community and visitors to campus must follow university, department, and building health and safety requirements and all applicable campus policies and public health guidelines to reduce the risk of spreading infectious diseases. If

public health conditions require, the university may also invoke related requirements for student conduct and disability accommodation that will apply to this class.

If you feel ill and think you might have COVID-19 or if you have tested positive for COVID-19, please stay home and follow the [guidance of the Centers for Disease Control and Prevention \(CDC\) for isolation and testing](#). If you have been in close contact with someone who has COVID-19 but do not have any symptoms and have not tested positive for COVID-19, you do not need to stay home but should follow the [guidance of the CDC for masking and testing](#).

Accommodation for Disabilities, Temporary Medical Conditions, and Medical Isolation

If you qualify for accommodations because of a disability, please submit your accommodation letter from Disability Services to your faculty member in a timely manner so that your needs can be addressed. Disability Services determines accommodations based on documented disabilities in the academic environment. Information on requesting accommodations is located on the [Disability Services website](#). Contact Disability Services at 303-492-8671 or dsinfo@colorado.edu for further assistance. If you have a temporary medical condition, see [Temporary Medical Conditions](#) on the Disability Services website. If you have a required medical isolation for which you require adjustment, please email me immediately. Note that not all accommodations can be met, due to the field component nature of this class, but I will do my best to work with you to come to a resolution that enables to you to participate as best we can.

Preferred Student Names and Pronouns

CU Boulder recognizes that students' legal information doesn't always align with how they identify. Students may update their preferred names and pronouns via the student portal; those preferred names and pronouns are listed on instructors' class rosters. In the absence of such updates, the name that appears on the class roster is the student's legal name.

Honor Code

All students enrolled in a University of Colorado Boulder course are responsible for knowing and adhering to the [Honor Code](#). Violations of the Honor Code may include but are not limited to: plagiarism (including use of paper writing services or technology [such as essay bots]), cheating, fabrication, lying, bribery, threat, unauthorized access to academic materials, clicker fraud, submitting the same or similar work in more than one course without permission from all course instructors involved, and aiding academic dishonesty.

All incidents of academic misconduct will be reported to Student Conduct & Conflict Resolution: honor@colorado.edu, 303-492-5550. Students found responsible for violating the [Honor Code](#) will be assigned resolution outcomes from the Student Conduct & Conflict Resolution as well as be subject to academic sanctions from the faculty member. Visit [Honor Code](#) for more information on the academic integrity policy.

Sexual Misconduct, Discrimination, Harassment and/or Related Retaliation

CU Boulder is committed to fostering an inclusive and welcoming learning, working, and living environment. University policy prohibits [protected-class](#) discrimination and harassment, sexual misconduct (harassment, exploitation, and assault), intimate partner violence (dating or domestic violence), stalking, and related retaliation by or against members of our community on- and off-campus. These behaviors harm individuals and our community. The Office of Institutional Equity and Compliance (OIEC) addresses these concerns, and individuals who have been subjected to misconduct can contact OIEC at 303-492-2127 or email cureport@colorado.edu. Information about university policies, [reporting options](#), and [support resources](#) can be found on the [OIEC website](#). Please know that faculty and graduate instructors must inform OIEC when they are made aware of incidents related to these policies regardless of when or where something occurred. This is to ensure that individuals impacted receive outreach from OIEC about resolution options and support resources. To learn more about reporting and support for a variety of concerns, visit the [Don't Ignore It](#) page.

Religious Accommodations

Campus policy requires faculty to provide reasonable accommodations for students who, because of religious obligations, have conflicts with scheduled exams, assignments or required attendance. Please communicate the need for a religious accommodation in a timely manner. In this class, I request 2 weeks advanced notice. We will work together to come up with a suitable resolution.

See the [campus policy regarding religious observances](#) for full details.

Mental Health and Wellness

The University of Colorado Boulder is committed to the well-being of all students. If you are struggling with personal stressors, mental health or substance use concerns that are impacting academic or daily life, please contact [Counseling and Psychiatric Services \(CAPS\)](#) located in C4C or call (303) 492-2277, 24/7.

Free and unlimited telehealth is also available through [Academic Live Care](#).

The [Academic Live Care](#) site also provides information about additional wellness services on campus that are available to students.