# Syllabus **ASEN 3036 Introduction to Human Space Flight**

This course introduces students to the challenges and rewards of human space flight. Historical and current space programs and spacecraft will be discussed, along with the motivation, cost and rationale for human space exploration. An overview of the space environment will be presented in the context of what is needed to sustain human life and health, including physiological and psychological concerns, in a space habitat. Current events including space research will also be highlighted. Students will learn about the astronaut selection and training processes. Finally, anomalies, mission operations and future program directions, with some insight into career planning, will be covered. The emphasis on learning will be to understand the way humans approach the exploration of space and how such a bold endeavor affects us individually and as humans. Students will be encouraged to explore through readings and research different perspectives of spaceflight to include political, scientific, historical, economic, cultural, and social as well as to consider the impact on our future.

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**Prerequisites:** *none*, open to all majors at any level

**Space Minor:** This class is one of the elective courses for the CU Space Minor that is open to any undergraduate student from any major. For more information on the CU Space Minor see: <a href="http://www.colorado.edu/spaceminor/learn-more">http://www.colorado.edu/spaceminor/learn-more</a>

**Textbook:** Harrison, A., "Spacefaring - The Human Dimension", University of California Press, Los Angeles, CA, 2001

Grading Breakdown: Homework 15%, Project 20%, Quizzes 30%, Exams 35%

Course Website: <a href="http://www.colorado.edu/ASEN/asen3036/">http://www.colorado.edu/ASEN/asen3036/</a>

#### **Required Readings:**

- Harrison, A., "Spacefaring The Human Dimension", University of California Press, Los Angeles, CA, 2001
- NASA Strategic Plan, NASA Journey to Mars, various NASA reports
- Various articles provided on the course website

#### **Suggested Readings:**

- O'Neill, G. K., *The High Frontier Human Colonies in Space*, Space Studies Institute Press, Princeton, NJ, 1989
- Hurt, H., For All Mankind, The Atlantic Monthly Press, New York, NY, 1988
- Kranz, G. Failure Is Not an Option, Simon and Schuster, New York, NY, 2000
- Burrough, B., *Dragonfly NASA and the Crisis Aboard Mir*, Harper Collins, New York, NY, 1998

- Jones, T., Sky Walking An Astronaut's Memoir, Harper Collins, New York, NY, 2006
- Mullane, M., *Riding Rockets The Outrageous Tales of a Space Shuttle Astronaut*, Scribner, New York, NY, 2006
- Any science fiction by H.G. Wells, Jules Verne, Isaac Asimov, Robert Heinlein, Arthur C. Clark

## Essay / Project / Case Study:

Students will research and write about topics associated with human spaceflight and the social, political, and technical implications. Essays or case study format is used to explore complex human spaceflight issues to extend the students knowledge and allow detailed contextual analysis of specific topics or events. Students will be asked to write about current topics associated with human spaceflight. Examples are:

- NASA budget implications on human spaceflight
- US space accidents
- Future human space exploration

A project assignment is used to have students develop a plan for an exploration spacecraft using all information learned in the semester about human spacecraft systems. Result of the project will be a written report or a verbal presentation.

## **Lecture Topics:**

Introduction and Course Overview. Why Space?

History of Human Spaceflight

Spacecraft Overview

Space Environment

Life Support Requirements

Physiological Effects and Countermeasures

Operational Space Medicine

Spaceflight Analogs and Human Factors

Life Support Systems

Habitability and Crew Accommodations

**Astronaut Selection and Training** 

Psychology of Spaceflight - Group Dynamics, Stress, and Coping

Space Accidents and Anomalies

Working in Space

**Robotics** 

Extra Vehicular Activity - Physiology and Space Suit Design

Special Topic – Guest Lecture

Mission Operations and Planning

**Surface Elements** 

Space Research

Space Tourism

Next Human Spacecraft Systems

Space Future – Settlements, Migration

Space Career Planning

Space Policy and Funding

### **ASEN 3036 Detailed Lecture Topics:**

Introduction and Why space? (1 hour)

Administration for the class, background information

Philosophical perspective

Reasons for going to space

NASA and our national space policy

History of human spaceflight (1 hour)

People

**Programs** 

Spacecraft

Space environment (1 hours)

Hazards

Space operational medicine

Countermeasures

Physiological effects of spaceflight (1 hour)

Human response

Long term health

Biomedical aspects

Psychological and sociological aspects of human spaceflight (3 hours)

Crew interactions and international crew aspects

Habitability

Group dynamics

Stress and coping

Life support systems (2-3 hours)

Environmental control and life support systems

Spacecraft systems examples

Human factors for spaceflight (1 hour)

Current and recent spacecraft overview and space flight analogs (3 hours)

Space Shuttle

**International Space Station** 

Russian Soyuz

Commercial spacecraft

Analogs for space and interplanetary destinations

Living in space (2 hours)

Hygiene

Recreation

General performance factors

Living and working on the ISS

Space Programs (1 hour)

**NASA** 

International programs

Programmatic structure

Historical perspectives

Philosophical considerations

Astronaut selection and training (1-2 hours)

Selection process and advice

Astronaut Candidate training

Crew training

Extra Vehicular Activity (1 hour)

Physiology of space walking

Space suit design

Robotics (1 hour)

Human interface

Autonomous vs. controlled

Surface Elements (1 hour)

Human habitats

Surface vehicles

Space mission accidents and anomalies (1 hours)

Spaceflight case studies

Apollo 1

Challenger

Columbia

Russian mishaps

Technical aspects

Ethical and moral aspects

Management decision making

Space Mission Operations and Planning (1 hour)

Space research (1 hour)

Humans as subjects

Current topics

Space current events and projects (1 hour)

Space tourism plans (1 hour)

Past and current activities

Future

Future of Spaceflight (1 hour)

US future programs

Moon and Mars

Space settlements – when, where, how

Interstellar migration challenges

Continuing the dream of human spaceflight (1 hour)

Funding

Public opinion

**Politics** 

Career planning insight (1 hour)

Bioastronautics classes and study opportunities

Engineering challenges

Biomedical challenges

Career opportunities

Guest Lectures (0-2 hours)

Invited lecturers from NASA, aerospace companies, former astronauts

Lectures on special topics of current interest