



Alternative Breaks

2009 Spring Break Site Leader Application

**DUE: NOVEMBER 21, 2008 at 5:00pm in the Volunteer Resource Center,
UMC 344/358**

SITE LEADER INFORMATION

Name		T shirt size	
Phone			
Email address			

How did you hear about Alternative Breaks program? (mark all that apply)

Brochure Buff Bulletin UMC Event
 Volunteer Fair Word of Mouth Other _____

TRIP DATES: Spring Break, March 21st-March 28th, 2009

Please rank your site choices (1=highest; 8=lowest)

Visit www.colorado.edu/vrc for in depth site descriptions.

- Catalina, CA—Catalina Island Conservancy, environment and conservation
- New Orleans, LA—Hands on New Orleans, hurricane disaster relief
- Moab, UT—Plateau Restoration, sustainable environmental conservation
- Maryville, TN—Once Upon a Time in Appalachia, Native American issues
- San Francisco, CA—Project Inform and Project Open Hand, HIV/AIDS
- Chicago, IL—Teach for America, education and youth empowerment
- Cincinnati, OH—Greater Cincinnati Coalition for the Homeless, urban poverty
- Boulder Creek, CA—Camp Campbell Outdoor Science School, education

TRIP NAME	INITIAL DEPOSIT to VRC OFFICE <u>DUE FRIDAY JANUARY</u> <u>16, 2009</u>	FINAL DEPOSIT to VRC OFFICE <u>DUE WEDNESDAY</u> <u>FEBRUARY 4, 2009</u>	TOTAL SITE LEADER COST
San Francisco, CA	\$200	\$140	\$340
Moab, UT	\$150	\$100	\$250
Cincinnati, OH	\$200	\$190	\$390
New Orleans, LA	\$300	\$205	\$505
Catalina, CA	\$200	\$100	\$300
Maryville, TN	\$225	\$200	\$425
Chicago, IL	\$200	\$200	\$400
Boulder Creek, CA	\$105	\$100	\$205

APPLICATION PROCESS

Please type or print your responses to the following questions on a separate sheet. Site leaders are selected according to answers to the questions listed below and an interview.

1. Trip rankings: Please explain your first trip choice. Would you be willing to lead a trip that is not your first choice? If not, please address why
2. What about the Alternative Break program interests you? Why would you rather participate in Alternative Breaks instead of going with a group of friends on vacation?
3. If you have been involved in community service previously, express your motivations and relate your experiences. If you have not been involved in community service before, what prompted you to get involved now? (*Prior service involvement has NO bearing on selection)

Organization	Position	Dates

4. As a site leader, you will be in charge of leading your peers. How would you foster respect as a site leader, given that fact that participants will be your age or older?
5. What do you think goes into making an effective team and creating good group dynamics?
6. Would you still be willing to be a participant if not chosen as a site leader?

FINANCIAL NEED QUESTIONS (optional)

1. Please indicate the amount of need \$_____.
2. How will financial aid assist you in participating on a trip?

Application continued on following page

Site Leader Interviews

Site Leader interviews will be Monday, December 1st through Friday, December 5th.
Your interview will last about twenty minutes. Please arrive at least 5 minutes early.

MARK AN X IN ALL THE TIME SLOTS YOU ARE BUSY!

If you are unavailable during all of these times please include the times you are available.

	Monday, December 1st	Tuesday, December 2nd	Wednesday, December 3rd	Thursday, December 4th	Friday, December 5th
8:00					
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**PLEASE TURN IN ALL APPLICATION MATERIALS BY FRIDAY NOV 21ST TO THE VOLUNTEER RESOURCE
CENTER OFFICE, UMC 344/358**

**IF YOU HAVE ANY QUESTIONS, PLEASE CALL 303-492-7632 OR 719-314-7807 OR E-MAIL US AT
ALTBREAK@COLORADO.EDU**

CU ALTERNATIVE BREAKS EXPECTATIONS for CO-SITE LEADERS

- I. ATTEND ALL MANDATORY FUNCTIONS AND ACTIVITIES**
 - a. Orientation meeting, December 11, 6:30 pm (room TBD)
 - b. Pre-departure meetings with your group
 - i. Meetings will be approximately 1 hour per week during Spring semester and will cover vital details of trip issue education and logistics. As a site leader, it is your responsibility to attend!!!!
 - c. ALTERNATIVE SPRING BREAK: Saturday March 21st—Saturday March 28th
 - d. Re-orientation meetings in April, dates TBD
- II. COORDINATE AB SPECIFIC TASKS**
 - a. Plan and facilitate all pre-break group meetings
 - b. Plan and facilitate daily reflection during the trip
 - c. Work closely with fellow Site Leaders in implementation of tasks
 - i. All trips are led by two site leaders. All planning and organization will be coordinated with you by the Site Leader Coordinators on the Alternative Breaks board. Responsibilities will be shared equally by the two site leaders.
 - d. Incorporate issue education into meetings
- III. RELAY ALL NECESSARY INFORMATION TO YOUR PARTICIPANTS**
 - a. Get participants psyched for the upcoming trip!
- IV. INSURANCE INFORMATION**
 - a. For your safety, we ask that all participants be covered by health insurance or purchase a temporary insurance plan. By signing below I confirm that I have health insurance coverage or intend to purchase temporary insurance. Policy information will be collected prior to trip departure and kept on file for emergencies.
- V. UPHOLD ALTERNATIVE BREAKS MISSION, RULES, GOALS, AND INTEGRITY**
 - a. Be a good role model and supportive to participants and their needs
 - b. ADHERENCE TO ALCOHOL AND DRUG FREE POLICIES DURING INVOLVEMENT WITH ALTERNATIVE BREAKS

SITE LEADER BENEFITS INCLUDE:

- I. Discount on trip fee**
 - a. All trips will be discounted between 1/3 and 1/2 of the total trip price
- II. Leadership training and experience**
- III. Become educated about a particular issue and work towards social justice**
- IV. Help a community in need and much more!**

CRITERIA FOR SELECTING ALTERNATIVE BREAKS SITE LEADERS

- Application responses and interview
- Motivation and sincerity in volunteerism
- Positive communication throughout application process
- Good conflict resolution skills
- Open to diversity of ideas and people
- Willingness to learn

PAYMENT OF SITE LEADER FEE

- a. Initial deposit due to VRC by January 16, 2009
 - b. Remainder of fee due to VRC by February 4, 2009
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Thank you for taking the time to fill out an application. You will be notified of your interview time no later than November 28th—so check your e-mail over Fall Break!!!! If you have any questions, please contact Meghan Montgomery in the VRC in UMC 358 at 303-492-7632 or at altbreak@colorado.edu.

I have read and agree to the above information:

Applicant Signature: _____ Date: _____

Parent/Guardian Signature (required if under the age of 18): _____ Date: _____

Please return all application materials to Volunteer Resource Center, UMC 344/358. Deadline is November 21st at 5:00