



CU Science Discovery Wilderness Camps Yellowstone Wolf Trek

Pack your daypack for the van ride: FULL water bottle, rain jacket, reading book, lunch and beverage. **IPack items in a duffel bag and label all of your belongings. Please do NOT bring perfume/cologne. Look for UNSCENTED lotions, creams, etc. We will be bear camping (locking all food and toiletries in bear boxes when not in use). NO exceptions.**

CLOTHING AND PERSONAL ITEMS

- Hiking boots or sturdy shoes, **broken in** and water-proofed
- 2 pair of STURDY sneakers, if no hiking boots
- water shoes for raft trip (Chaco's, Teva's, or old sneakers)
- Socks: 2 pair of wool; 3 pair of cotton
- Underwear for the week
- Long underwear top and bottom
- 2 pair of comfortable long pants
- 2 pair of nylon or quick dry shorts
- 2 pair of sweatpants or fleece pants
- 1 pair of pants for horseback riding
- 3 long sleeve t-shirts
- 3 **quick dry** t-shirts
- Wool sweater or fleece jacket**
- Warm jacket, warm hat and gloves or mittens...wool, fleece, etc.
- Rain jacket or parka**
- 2 bandanas
- Personal toilet kit: small toothpaste/brush, liquid soap, brush, lotion, band-aids
- 1 hand towel and 1 thin bath towel
- Swimsuit
- Insect repellent (do NOT bring the aerosol type, please)
- SUN PROTECTION a MUST!**, hat, sunscreen, sunglasses with strap, lip protection
- Prescribed medications and allergy medicines in labeled, weather-proof container.

Parents: send medications in the original container.

ESSENTIAL EQUIPMENT

- BINOCULARS and camera!**
- WHISTLE on a cord to wear around neck**
- Day pack to carry hiking gear
- Light-weight polyester sleeping bag with stuff sack. Good to 30 degrees.
- Foam pad or therma-rest
- Ground cloth for tent
- 2 or 3 person light-weight TENT with **rain fly, if available**
- Unbreakable mug, silverware, medium-size bowl and plate in mesh LABELED bag.
- Two quart water bottles with screw top lid (or "Camel Back")
- Small flashlight with extra batteries
- Miscellaneous plastic bags i.e. zip-locs. large garbage bag for organizing or dirty clothing

GREAT TO HAVE BUT NOT NECESSARY

- Book to read in van, personal journal or sketch book

Please do not bring

iPods, electronics, pocket knives, hair dryers, expensive items

QUESTIONS? Call Deb, Wilderness Camp Director 303-735-6628;

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