



CU Science Discovery Wilderness Camps Equipment List

IWe will be outdoors the entire time. Pack items in a duffel bag. Label and organize your belongings in clear plastic bags or stuff sacks to keep items organized and dry, just in case!

___ SACK LUNCH FOR THE FIRST DAY, full water bottle, rain jacket, and a book for the ride.
___ \$25-50* spending money for one lunch, a snack on the road, and a souvenir, if permission is given by parents. Please put in a small envelope with name and amount. We will collect this before departure.

CLOTHING/PERSONAL ITEMS

- ___ Hiking boots, **broken in** and water-proofed.
- ___ 1 pair of sneakers or sturdy walking shoes (2 pair of sneakers if no hiking boots)
- ___ Water sandals (NO flip flops or crocs) or old sneakers for water activities
- ___ Socks: 2 pair of wool or polypro; 3 pair of cotton
- ___ Underwear for the week
- ___ Long underwear top (just in case)
- ___ 2 pair of comfortable long pants (zip-off legs, if you have them)
- ___ 2 pair of nylon or quick dry shorts
- ___ 2 long sleeve shirts (for sun)
- ___ 3 quick dry t-shirts
- ___ Wool sweater or FLEECE jacket
- ___ Warm hat and light weight gloves
- ___ Rain jacket (**THIS IS ESSENTIAL FOR ALL MISSION:WOLF TRIPS**)
- ___ 2 bandanas
- ___ Personal toilet kit: small toothpaste/brush, liquid soap, brush, lotion, band aids,
___ 1 each: wash cloth, hand towel, thin bath towel
- ___ Swimsuit
- ___ Insect repellent (Lotion only, please)
- ___ **SUN PROTECTION a MUST!** BRIMMED HAT, sunscreen, sunglasses with strap, lip protection
- ___ Prescribed medications and allergy medicines in the ORIGINAL labeled, bottle. Store inside a LABELED zip-loc bag.

EQUIPMENT

- ___ Day pack to carry hiking gear
- ___ Light-weight polyester sleeping bag with stuff sack. Good to 30 degrees.
- ___ Foam pad or therma-rest
- ___ Ground cloth for tent
- ___ 2 or 3 person light-weight tent with rain fly, if available (to be shared)
- ___ Unbreakable mug, silverware, medium-size bowl and plate in mesh LABELED bag.
- ___ TWO screw-top water bottles
- ___ Small flashlight with extra batteries
- ___ **Whistle on a cord to wear around neck when hiking**
- ___ Miscellaneous plastic bags i.e. zip locs. large garbage bag for organizing or dirty clothing

NICE TO HAVE BUT NOT NECESSARY

- ___ Small camera, binoculars, compass
- Please do not bring iPods, electronics, pocket knives, hair dryers, etc.

QUESTIONS? Call Deb, Camp Director 303-735-6628; debra.kulcsar@colorado.edu

Please keep in mind that, although we will assist students with their belongings, we cannot be responsible for lost, stolen or forgotten items.