



CU Science Discovery Wilderness Camps Wolf Tracks and Backpacks Equipment List

We will be outdoors the entire time. Pack items in your backpack. Label and organize your belongings in clear plastic bags or stuff sacks to keep items organized and dry, just in case!

___ SACK LUNCH and SNACK FOR THE FIRST DAY, full water bottle, rain jacket, book.
___ \$15-25* spending money for one lunch, a snack on the road, and a souvenir, if permission is given by parents. Please put in a small envelope with name and amount. We will collect this before departure.

CLOTHING/PERSONAL ITEMS

- ___ Hiking boots, **broken in** and water proofed
- ___ 1 pair of sneakers or sturdy walking shoes
- ___ Socks: 3 pair of wool or polypro
- ___ 3 pair underwear
- ___ Long underwear top and bottom (synthetic or wool)
- ___ 2 pair of comfortable long pants (zip-off legs, if you have them)
- ___ 1 long sleeve shirts (for sun)
- ___ 2 quick dry t-shirts
- ___ Wool sweater or FLEECE jacket
- ___ Warm hat and light weight gloves
- ___ Rain jacket (ESSENTIAL; seam sealed)
- ___ 2 bandanas
- ___ Personal toilet kit: small toothpaste, toothbrush, liquid soap, band-aids, mole-skin (if you have)
- ___ 1 hand towel (quick dry chamois)
- ___ Insect repellent (LOTION) and HEAD NET
- ___ **SUN PROTECTION a MUST!** BRIMMED HAT, sunscreen, sunglasses with strap, lip protection
- ___ Prescribed medications and allergy medicines in the ORIGINAL labeled, bottle. Store inside a LABELED zip-loc bag.

EQUIPMENT

- ___ Backpack for the overnight (plan on carrying 25% of your weight)
- ___ Light-weight polyester sleeping bag with stuff sack. Good to 30 degrees.
- ___ Foam pad or therma-rest
- ___ Personal ground cloth
- ___ Plastic mug (16 oz), spoon, medium-size bowl in mesh LABELED bag.
- ___ TWO screw-top water bottles (total 64 oz.)
- ___ Small flashlight or (headlamp) with extra batteries
- ___ Whistle on a cord to wear around neck when hiking
- ___ Miscellaneous plastic bags i.e. zip locs. large garbage bag for organizing or dirty clothing

NICE TO HAVE BUT NOT NECESSARY

- ___ Small camera, compass, pocket knife with a locking blade
- Please do not bring iPods or electronics

QUESTIONS? Call Deb, Camp Director 303-735-6628; debra.kulcsar@colorado.edu
Or contact Jason at 303-827-1019, jasonm_lawrence@hotmail.com

Please keep in mind that, although we will assist students with their belongings, we cannot be responsible for lost, stolen or forgotten items.