



CU Science Discovery and Rocky Mountain National Park Family Adventure Equipment List

We will be outdoors the entire time. The elevation is 7,800-8,500 feet. Plan to bring comfortable clothing for pleasant days, afternoon rain and cool evenings. All food and group gear such as kitchen items, stoves, fuel and instructional supplies will be provided. REI is donating the rental of four 4-person tents and ground cloths. Rental of sleeping bags is available for \$5/bag.

CLOTHING AND PERSONAL ITEMS

- Hiking boots or sturdy shoes
- Warm jackets for cool nights and mornings
- Long underwear for cool nights and mornings
- Hats and gloves or mittens
- Comfortable camping clothes, short, long pants, t-shirts
- Poncho or rain/wind resistant jacket
- bandanas for each camper are nice for a variety of uses
- Personal toilet kit: toothpaste, toothbrush, liquid soap, brush, lotion
- Thin bath towel, hand towels and wash rags
- Insect repellent (do NOT bring the aerosol type, please)
- SUN PROTECTION:** hat, sunscreen, lip protection, sunglasses with strap
- Prescribed medications and allergy medicines in labeled, weather proof container

Parents will be responsible for administering medication to family members.

EQUIPMENT

- Day pack to carry lunch, water bottle, jacket
- Sleeping bags. Good to 30 degrees. (Rental available for \$5 each)
- Foam pad or therma-rest (for under sleeping bags for comfort and insulation from ground)
- Water bottles with screw top lid (best to prevent leaking in day pack)
- Small flashlight with extra batteries
- Whistle on a cord to wear around neck when hiking
- Miscellaneous duffel bag for organizing or dirty clothing

TENTS

Please provide your own tent and ground cloth. If you need to reserve a tent, please let us know!

NICE TO HAVE BUT NOT NECESSARY

Small camera plus film, binoculars, compass

Please keep electronics such as iPods and alcoholic beverages at home

You must RSVP to Deb to reserve an REI tent (no charge) or sleeping bag (\$5).

QUESTIONS? (Call Deb, Science Discovery Wilderness Camp

Director 303-735-6628 or debra.kulcsar@colorado.edu

www.colorado.edu/sciencediscovery

www.nps.gov/romo